



Solid tumours showing oligoprogression to immune checkpoint inhibitors have the potential for abscopal effects

Makoto Ito¹ · Souichiro Abe¹ · Sou Adachi¹ · Yukihiko Oshima¹ · Arisa Takeuchi² · Wataru Ohashi³ · Takashi Iwata⁴ · Tetsuya Ogawa⁵ · Akiko Ota⁶ · Yasuaki Kubota⁷ · Takahito Okuda⁸ · Kojiro Suzuki¹

Received: 20 September 2023 / Accepted: 16 November 2023 / Published online: 14 December 2023
© The Author(s) 2023

Abstract

Purpose Given the uncertainty surrounding the abscopal effect (AE), it is imperative to identify promising treatment targets. In this study, we aimed to explore the incidence of AE when administering radiotherapy to patients with oligoprogressive solid tumours while they are undergoing treatment with immune checkpoint inhibitors (ICIs).

Materials and methods In this multicentre prospective observational study, oligoprogressive disease was defined as a < 20% increase in lesions compared to > 2 months before enrolment. We enrolled patients who requested radiotherapy during the ICI rest period between 2020 and 2023. AE was considered present if ≥ 1 non-irradiated lesion decreased by $\geq 30\%$ before the next line of systemic therapy started.

Results Twelve patients were included in this study; the common primary lesions were in the lungs (four patients) and kidneys (three patients). AEs were observed in six (50%) patients, with a median time to onset of 4 (range 2–9) months after radiotherapy. No significant predictors of AEs were identified. Patients in the AE group had a significantly better 1-year progression-free survival (PFS) rate than those in the non-AE group ($p = 0.008$). Two patients from the AE group were untreated and progression-free at the last follow-up. Four (33%) patients experienced grade 2 toxicity, with two cases attributed to radiotherapy and the other two to ICI treatment. No grade 3 or higher toxicities were observed in any category.

Conclusion Patients with oligoprogressive disease may be promising targets with potential for AEs. AEs can lead to improved PFS and, in rare cases, to a certain progression-free period without treatment.

Secondary Abstract Irradiating solid tumours in patients with oligoprogressive disease during immune checkpoint inhibitor therapy may be a promising target with the potential for abscopal effects (AEs). AEs can lead to improved progression-free survival and, in rare cases, to a certain progression-free period without treatment.

Keywords Abscopal effect · Immune checkpoint inhibitors · Oligoprogressive disease · Oligometastasis · Radiotherapy · PD-L1

✉ Makoto Ito
itou.makoto.292@mail.aichi-med-u.ac.jp

¹ Department of Radiology, Aichi Medical University Hospital, 1-1 Yazako-Karimata, Nagakute, Aichi 480-1195, Japan

² Department of Radiation Oncology, Anjo Kosei Hospital Aichi Prefectural Welfare Federation of Agricultural Cooperatives, 28 Higashihiroku, Anjo-Cho, Anjo, Aichi 446-8602, Japan

³ Department of Biostatistics, Clinical Research Center, Aichi Medical University, 1-1 Yazako-Karimata, Nagakute, Aichi 480-1195, Japan

⁴ Department of Oncology Center, Aichi Medical University Hospital, 1-1 Yazako-Karimata, Nagakute, Aichi 480-1195, Japan

⁵ Department of Otorhinolaryngology-Head and Neck Surgery, Aichi Medical University Hospital, 1-1 Yazako-Karimata, Nagakute, Aichi 480-1195, Japan

⁶ Department of Oncology, Toyota Memorial Hospital, 1-1-1 Heiwa-Cho, Toyota, Aichi 471-8513, Japan

⁷ Department of Urology, Toyota Memorial Hospital, 1-1-1 Heiwa-Cho, Toyota, Aichi 471-8513, Japan

⁸ Department of Radiation Oncology, Toyota Memorial Hospital, 1-1-1 Heiwa-Cho, Toyota, Aichi 471-8513, Japan

Introduction

With the advent of immunotherapy, the prognosis of patients with advanced-stage cancer has considerably improved. Immune checkpoint inhibitors (ICIs) are typical examples of such drugs, and their use has expanded recently to treat various solid tumours [1]. However, favourable responses are limited to a small number of patients, and the emergence of resistance to ICIs is a significant concern [2, 3]. If the effect is poor, the next line of treatment is considered. However, there are frequently no effective treatment options, especially for frail patients. Therefore, activating antitumour immunity through additional treatments is currently the focus of attention. This strategy is exemplified by a combination of systemic therapies that reprogram the immune microenvironment of tumours [4, 5]. Another option is to combine ICI therapy with radiotherapy.

Although radiotherapy is a local treatment, it is also used to relieve symptoms and reduce the overall tumour burden in advanced cases. Simultaneously, the abscopal effect (AE), though rare, is a phenomenon where antitumour immunity is induced, leading to the regression of tumours outside the irradiated area [6]. Improved prognosis is a result of the AE and is highly beneficial for patients [7, 8]. However, the AE has been criticised for its unpredictable occurrence. Numerous reports have shown few or no AEs resulting from the combination of ICI and radiotherapy [9–12]. Radiotherapy imposes a time and cost burden on the patient and sometimes severe toxicity. Therefore, targeting AEs and using radiotherapy extensively without the goal of pain relief or local control are inappropriate. It is necessary to identify promising targets for which the AE can be expected to have a high probability of success.

In this study, we focused on a condition called oligoprogressive disease. Oligoprogressive disease is not clearly defined; however, it refers to patients with slow or limited progression during systemic treatment [13]. Although patients with oligoprogressive disease are at an advanced stage, local treatments, such as surgery and radiotherapy, may improve prognoses [14]. We hypothesised that patients with oligoprogressive disease who received radiotherapy during ICI treatment would have a high rate of AEs. This prospective multicentre observational study aimed to investigate the incidence of AEs based on the hypothesis.

Materials and methods

Patients

We conducted a multicentre prospective observational study of patients who underwent radiotherapy between November 2020 and January 2023. The cohort comprised patients with solid tumours that were oligoprogressive in response to ICI administration. No clear consensus existed on the definition of oligoprogressive disease when this study was designed. Therefore, oligoprogressive disease was defined as a < 20% increase in lesions compared to > 2 months before enrolment, which implies categorising it within the stable disease category. Other eligibility criteria were as follows: (1) age at enrolment ≥ 20 years; (2) Eastern Cooperative Oncology Group performance status of 0–2; (3) expected survival ≥ 3 months; (4) diagnosis of solid tumour (excluding haematological disease) and receiving ICI; (5) irradiated target with a long (total) diameter ≥ 3 cm; and (6) > 1 lesion, other than the irradiated target, being evaluated. The exclusion criteria were as follows: (1) multiple cancers (concurrent overlapping cancers or iatrogenic overlapping cancers with a disease-free interval of ≤ 5 years); (2) stroke, cerebral haemorrhage or myocardial infarction within 6 months before enrolment; (3) autoimmune disease (excluding type I diabetes, manageable thyroid disease and skin disease); (4) use of immunosuppressive drugs or adrenal corticosteroids (prednisolone equivalent ≥ 30 mg/d); (5) measurable lesions after radiotherapy were brain lesions only or skin lesions only; (6) planned to discontinue ICI after radiotherapy; and (7) history of irradiation at the same site as the present case (re-irradiation). Patients who requested radiotherapy and met all inclusion criteria and none of the exclusion criteria were included in the analysis. As this was an exploratory observational study, the study size was determined based on the number of patients expected to be included in the timeframe.

This study was approved by the Ethics Committee of Aichi Medical University Hospital in Japan (application number 2020–147), Anjo Kosei Hospital, and Toyota Memorial Hospital with an opt-out approach regarding the analysis before this study. This study was conducted in accordance with the tenets of the Declaration of Helsinki and its subsequent amendments.

Immunotherapy and radiotherapy

ICIs included anti-programmed cell death-1 (PD-1) antibodies (pembrolizumab and nivolumab) as a mainstay. Anti-PD-1 antibodies were administered alone or in

combination with other types of ICIs or systemic therapy. Any number of pretreatment systemic therapy lines could be used; however, as stated in the eligibility criteria, at least 2 months had to elapse between the start of ICI administration and that of radiotherapy. The treatment schedule followed a standard regimen for each disease. If grade 2 toxicity was observed according to the Common Terminology Criteria for Adverse Events (CTCAE), the administration was suspended until the patient recovered to grade 1. We terminated administration in cases of serious adverse events, such as grade ≥ 3 toxicity or confirmed overt progressive disease (PD), according to Response Evaluation Criteria in Solid Tumours (RECIST) version 1.1 [15].

Radiotherapy was administered during the rest period, ensuring avoidance of concurrent ICI administration. We used 6- or 10-MV X-rays from linear accelerators in all cases. Although dose fractionation was determined by the physician in charge, considering clinical information, such as target size and location, all patients underwent hypofractionated radiotherapy to ensure that irradiation was completed during the rest period. Patients were treated with three-dimensional conformal radiation therapy or intensity-modulated radiation therapy.

Outcome evaluation

The primary endpoint was the rate of the AE. An AE was considered present if at least one of the non-irradiated lesions decreased by at least 30% by the time the disease was classified as PD (i.e. before the next line of systemic therapy began). The secondary endpoints were irradiation completion rate, local effect, 1-year overall survival (OS) rate, 1-year progression-free survival (PFS) rate and toxicity rate. Local effects of the irradiated area were assessed objectively by a physician based on RECIST after 3 months (range: 2–4 months), and those with a complete response (CR) or partial response (PR) were considered responders. In addition, patients subjectively rated whether there was an improvement in pain relief. Toxicity was graded according to CTCAE version 5.0. We measured the time from the date of initiation of radiotherapy to the event. Programmed cell death ligand 1 (PD-L1) expression was classified according to the tumour proportion score as strongly positive ($\geq 50\%$), positive (1–49%), negative ($< 1\%$) or unknown. These classifications were based on existing data measured on explanted specimens or biopsy results, irrespective of the site to be irradiated. Only one patient had received systemic therapy before sample collection.

Statistical analyses

All statistical analyses were performed using EZR version 1.55 (Saitama Medical Center, Jichi Medical University, Saitama, Japan) based on R and R Commander [16]. Patient characteristics were compared using Fisher's exact test for categorical variables and Student's *t*-test or the Mann–Whitney *U* test for continuous variables. Certain quantitative variables were grouped and analysed as categorical variables. Additionally, the Kaplan–Meier method was used to estimate survival rates, and comparisons were performed using the log-rank test. Statistical significance was set at $p < 0.05$.

Results

Primary endpoint outcomes and patient characteristics

Twelve Japanese patients met the inclusion criteria, of whom six (50%) had AEs. The median time from irradiation to AE confirmation was 4 (range 2–9) months. Table 1 summarises patient characteristics grouped according to the presence or absence of the AE. The most common primary disease was lung cancer, and the histological type was adenocarcinoma, with bone and lymph node irradiation for pain relief in most cases. The univariate analysis revealed no factors that significantly contributed to the occurrence of the AE. For immunohistochemistry of PD-L1, the 22C3 pharmDx assay was used, except in one melanoma case for which the 28–8 pharmDx assay was used. All three patients with strongly positive PD-L1 expression had AEs, whereas the three patients with negative PD-L1 expression did not. The AE group had predominantly male ($p = 0.061$) patients and had higher baseline white blood cell counts ($p = 0.093$). Table 2 shows details of the case-specific PD-L1 expression and treatment. The clinical course of each patient, starting with the administration of the ICI, is shown in Fig. 1.

Typical examples of the AE

Case 1

An 83-year-old male patient was diagnosed with large-cell lung cancer. Owing to the presence of multiple distant metastases from the time of diagnosis, pembrolizumab (200 mg/body/3 weeks) was used as the first-line treatment. Four months after treatment initiation, the patient requested radiotherapy owing to increasing pain from the left inguinal lymph node metastasis despite a mild increase shown on imaging (Fig. 2a). Palliative radiotherapy was performed with 30 Gy/5 fractions. Two months later, the left inguinal lymph node metastasis decreased in size, and the pain

Table 1 Patient characteristics grouped by the presence or absence of the abscopal effect

	AE+ (n=6)	AE- (n=6)	p
Median age in years (range)	71 (47–83)	66 (31–76)	0.630
<i>Sex</i>			0.061
Male	6 (100%)	2 (33%)	
Female	0 (0%)	4 (66%)	
<i>Performance status</i>			0.999
0	4 (66%)	4 (66%)	
1	1 (17%)	2 (33%)	
2	1 (17%)	0 (0%)	
<i>Primary sites</i>			0.766
Lung	3 (50%)	1 (17%)	
Kidney	1 (17%)	2 (33%)	
Head and neck	1 (17%)	1 (17%)	
Others	1 (17%)	2 (33%)	
<i>Pathology</i>			0.766
Adenocarcinoma	3 (50%)	1 (17%)	
Clear cell carcinoma	1 (17%)	2 (33%)	
Squamous cell carcinoma	1 (17%)	1 (17%)	
Others	1 (17%)	2 (33%)	
<i>PD-L1 expression (tumour proportion score)</i>			0.156
Strongly positive (≥ 50%)	3 (50%)	0 (0%)	
Positive (1–49%)	1 (17%)	1 (17%)	
Negative (< 1%)	0 (0%)	3 (50%)	
Unknown	2 (33%)	2 (33%)	
<i>Blood sampling data at registration</i>			
White blood cell count (/μl)	7750 (4800–11000)	4550 (2900–8200)	0.093
Neutrophil (/μl)	5369 (3768–7979)	3179 (1430–6708)	0.132
Lymphocyte (/μl)	1093 (485–3124)	991 (608–1268)	0.699
CD4/CD8 rate	1.71 (0.63–3.27)	1.73 (1.27–3.65)	0.548
Total protein (g/dL)	7.0 (6.3–7.6)	7.1 (6.0–7.8)	0.872
Albumin (g/dL)	3.6 (2.3–4.3)	3.9 (3.2–4.4)	0.422
C-reactive protein (mg/dl)	1.34 (0.19–19.63)	0.245 (0.01–4.27)	0.485
<i>Number of ICI lines</i>			0.999
1	4 (66%)	3 (50%)	
2	1 (17%)	1 (17%)	
≥ 3	1 (17%)	2 (33%)	
<i>Current ICI agent</i>			0.999
Nivolumab (monotherapy)	2 (33%)	3 (50%)	
Nivolumab (combined therapy)	1 (17%)	0 (0%)	
Pembrolizumab (monotherapy)	3 (50%)	1 (17%)	
Pembrolizumab (combined therapy)	0 (0%)	2 (33%)	
Duration of ICI administration to RT (months)	3 (2–17)	4 (2–11)	0.999
<i>Number of lesions</i>			0.455
1–5	2 (33%)	0 (0%)	
> 5	4 (66%)	6 (100%)	
<i>Purpose of RT</i>			0.999
Pain relief	3 (50%)	4 (66%)	
Reduction of lesions	2 (33%)	1 (17%)	
Improvement of stenosis	1 (17%)	1 (17%)	
<i>Irradiated tumour sites</i>			0.740
Bone	2 (33%)	4 (66%)	
Lymph node	3 (50%)	1 (17%)	

Table 1 (continued)

	AE+ (n=6)	AE- (n=6)	p
Others	1 (17%)	1 (17%)	
<i>Number of lesions for RT</i>			0.318
1	2 (33%)	5 (83%)	
2	2 (33%)	0 (0%)	
≥ 3	2 (33%)	1 (17%)	
PTV (cc)	135.6 (29.7–276.1)	99.3 (41.4–579.0)	0.699
<i>RT dose</i>			0.455
50 Gy/4 fx	1 (17%)	0 (0%)	
40–20 Gy/5 fx	5 (83%)	4 (66%)	
30 Gy/10 fx	0 (0%)	2 (33%)	
<i>RT method</i>			0.455
IMRT	6 (100%)	4 (66%)	
3DCRT	0 (0%)	2 (33%)	
<i>Median follow-up (years)</i>	1.8 (0.5–2.3)	0.9 (0.5–1.9)	0.240

Data are presented as median (range) or number (%)

AE abscopal effect, *n* total number of patients, *PD-L1* programmed cell death ligand 1, *CD* cluster of differentiation, *ICI* immune checkpoint inhibitor, *RT* radiotherapy, *PTV* planning target volumes, *fx* fractions, *IMRT* intensity-modulated radiotherapy, *3DCRT* three-dimensional conformal radiotherapy

disappeared (Fig. 2b). Pembrolizumab treatment continued, and another imaging scan 2 months later showed a marked reduction in unirradiated left iliac lymph nodes (Fig. 2c and d).

Case 2

An 82-year-old male patient was diagnosed with lung adenocarcinoma. He had brain metastases at diagnosis; therefore, pembrolizumab (200 mg/body/3 weeks) was used as a first-line treatment after stereotactic radiotherapy to the brain. Pembrolizumab was effective and continued long term; however, after 1 year, the tumours grew slowly, particularly in the primary left upper lobe lesion. One year and 5 months after the start of pembrolizumab treatment, radiotherapy was performed on the left primary lung lesion with 35 Gy/5 fractions to reduce the volume (Fig. 3a). Three months after irradiation, the primary lesion shrunk (Fig. 3b). Simultaneously, pembrolizumab treatment was discontinued because of the presence of grade 2 radiation pneumonitis, which resolved mildly after a short course of steroids. However, pembrolizumab treatment was not restarted and was terminated after a follow-up visit 3 months later because the non-irradiated mediastinal lymph node metastases and other lesions decreased or disappeared (Fig. 3c and d). One year and 10 months after irradiation, the primary lesion had enlarged again (Fig. 3e), and positron emission tomography revealed uptake (Fig. 3f). A thoracoscopic left upper quadrant resection was performed as no other noteworthy lesions were found, although recurrence was considered likely. However, the pathological results showed only necrosis and fibrosis with no malignancy, indicating that this

was a pseudoprogression following radiotherapy. The patient was alive without treatment or progression on the last observation date (2 years and 3 months after irradiation).

Secondary endpoint outcomes

All 12 (100%) patients completed radiotherapy. The number of responders at 3 months (median) post-irradiation was nine (75%; CR, one case; PR, eight cases). Palliative effects were achieved in all seven cases where radiotherapy was performed for pain relief. Survival curves are shown in Fig. 4. Patients in the AE group had a significantly better 1-year PFS than those in the non-AE group (80.0% vs 0.0%, $p=0.008$). Although the difference was not significant, the 1-year OS was better in patients in the AE group (100.0% vs 75.0%, $p=0.104$). Two patients in the non-AE group died during the last follow-up. Of the remaining 10 patients, two from the AE group were untreated and progression-free.

Grade 2 toxicity was observed in four (33%) patients: three in the AE group and one in the non-AE group. Two patients had radiotherapy-related pneumonia and oesophagitis, whereas the remaining two had ICI-related pneumonia and enteritis. No grade 3 or higher toxicities were observed in any category.

Discussion

To the best of our knowledge, this is the first study to analyse the incidence of AEs as a primary endpoint when irradiating Japanese patients with oligoprogressive tumours during ICI

Table 2 Details of case-specific PD-L1 expression and treatment

Cases	Primary sites	Pathology (carcinoma)	PD-L1 expression		Systemic therapy	RT dose	RT location	Num-ber of lesions	AE
			Measurement lesion	Sampling method					
1	Lung	Large cell	Primary (lung, NI)	Surgical specimens	Pembrolizumab	30 Gy/5 fx	Lymph node	> 5	Yes
2	Lung	Adeno	Primary (lung, I)	Biopsy	Pembrolizumab	35 Gy/5 fx	Lung	3	Yes
3	Lung	Adeno	Metastasis (lymph node, NI)	Surgical specimens	Pembrolizumab	50 Gy/4 fx	Lymph node	3	Yes
4	HN	Squamous cell	Primary (nasal cavity, NI)	Biopsy	Nivolumab	25 Gy/5 fx	Lymph node	> 5	Yes
5	Stomach	Adeno	NA	NA	Nivolumab	35 Gy/5 fx	Bone	> 5	Yes
6	Kidney	Clear cell	NA	NA	Nivolumab + Ipilimumab	20 Gy/5 fx	Bone	> 5	Yes
7	HN	Squamous cell	Metastasis (liver, I)	Biopsy	Nivolumab	40 Gy/5 fx	Liver	> 5	No
8	Orbit	Melanoma	Metastasis (nasal cavity, NI)	Biopsy	Nivolumab	30 Gy/5 fx	Bone	> 5	No
9	Kidney	Clear cell	Metastasis (lymph node, NI)	Surgical specimens	Nivolumab	30 Gy/10 fx	Lymph node	> 5	No
10	Lung	Adeno	Primary (lung, NI)	Biopsy	Pembrolizumab + Carboplatin + Pemetrexed	30 Gy/10 fx	Bone	> 5	No
11	Bladder	Transitional cell	NA	NA	Pembrolizumab	30 Gy/5 fx	Bone	> 5	No
12	Kidney	Clear cell	NA	NA	Pembrolizumab + Lenvatinib	35 Gy/5 fx	Bone	> 5	No

HN Head and neck, PD-L1 programmed cell death ligand 1, NI non-irradiated, I irradiated, NA not applicable, RT radiotherapy, AE abscopal effect

Fig. 1 Clinical course of each patient, starting with the administration of the ICI. *ICI* immune checkpoint inhibitor, *RT* radiotherapy, *AE* abscopal effect

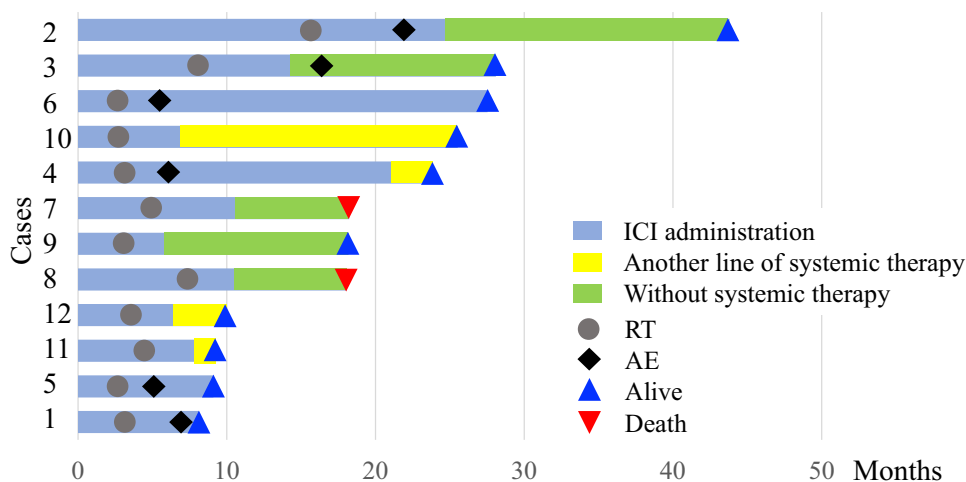
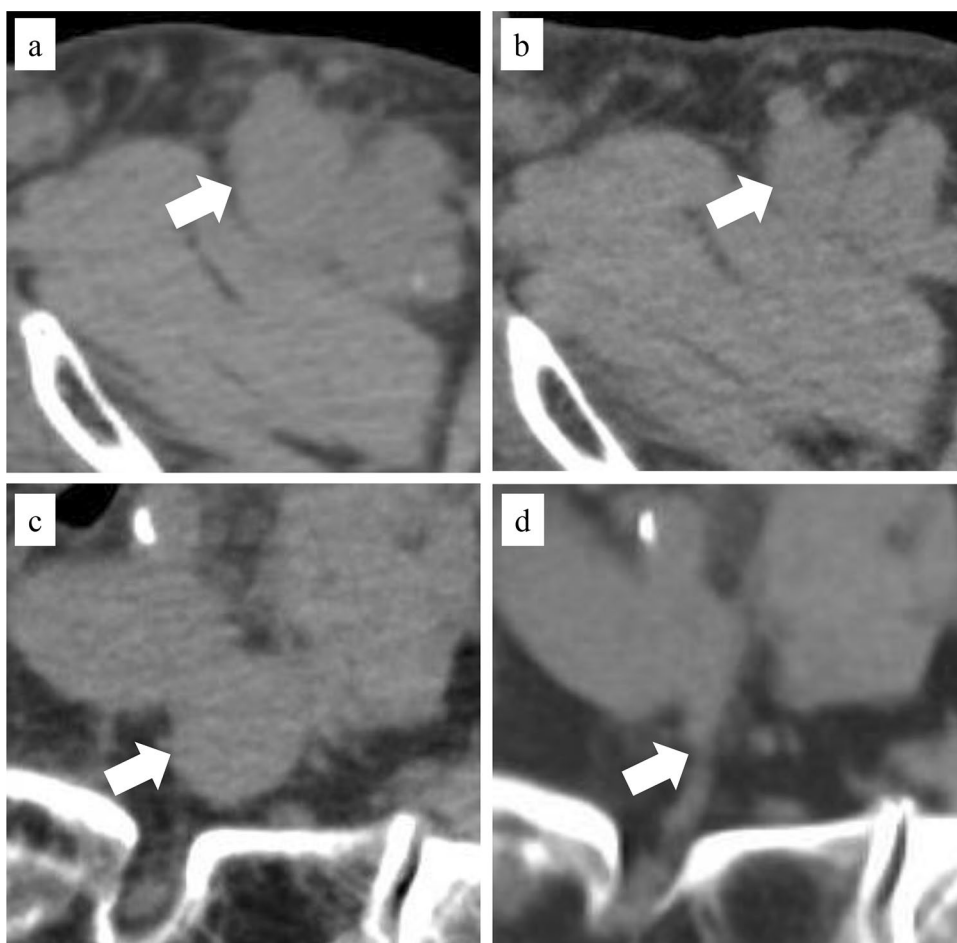


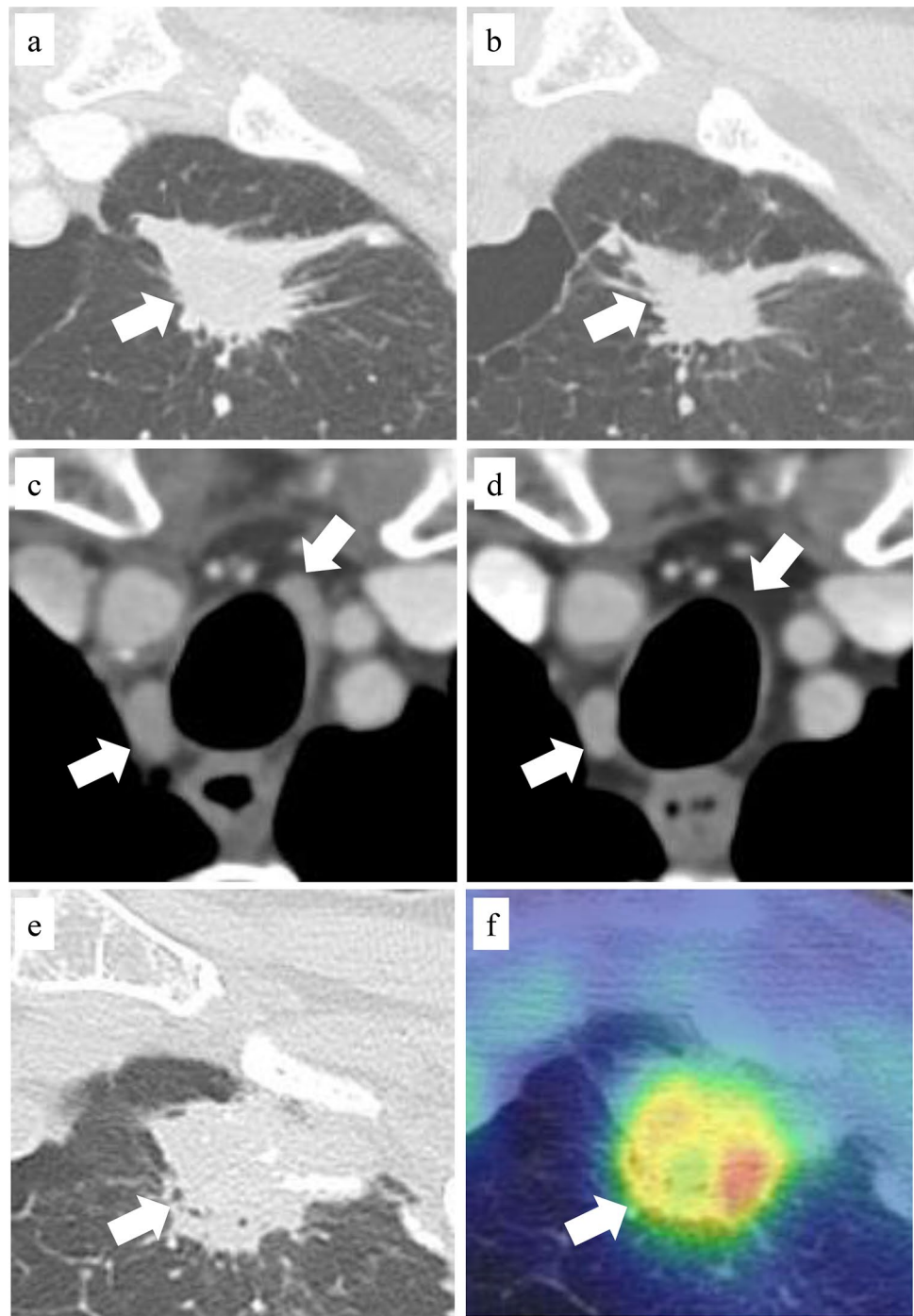
Fig. 2 CT image of case 1. **a** Left inguinal lymph node before radiotherapy; **b** left inguinal lymph node 2 months after radiotherapy; **c** left iliac lymph node before radiotherapy (unirradiated assessment lesion); and **d** left iliac lymph node 4 months after radiotherapy (unirradiated assessment lesion). White arrow, tumour; *CT* computed tomography



therapy. In six of the 12 (50%) patients, AEs were identified, implying that lesions outside the radiation field showed volume reduction. Patients in the AE group had a significantly better 1-year PFS than those in the non-AE group ($p=0.008$), and two patients were untreated, with PFS, at the end of follow-up. No grade 3 or higher toxicities were found during the observation period.

Although the role of radiotherapy in advanced cancer has been limited to palliation, its indications have expanded recently. Oligometastatic disease, which generally presents with fewer than five metastases, is a prime candidate [17, 18]. Radiotherapy for oligometastatic disease is largely beneficial for improving prognosis [19–21]. Recently, oligoprogressive disease has gained attention as the next target for

Fig. 3 CT and PET/CT images of case 2. **a** Left primary lung lesion before radiotherapy; **b** left primary lung lesion 3 months after radiotherapy; **c** mediastinal lymph node before radiotherapy (unirradiated assessment lesion); **d** mediastinal lymph node 6 months after radiotherapy (unirradiated assessment lesion); **e** left primary lung lesion 1 year and 10 months after radiotherapy; and **f** left primary lung lesion 1 year and 10 months after radiotherapy (PET/CT). White arrow, tumour; *CT* computed tomography, *PET* positron emission tomography



radiotherapy. Kim et al. conducted a systematic review of eight prospective trials on the local treatment of oligoprogressive disease [14]. An analysis of 290 patients showed that there may be a benefit of adding local treatment to systemic treatment for lung, prostate and kidney cancers. Particularly, a study on non-small cell lung cancer demonstrated that stereotactic radiotherapy improved PFS and OS compared to systemic therapy alone. Another study focused on the combination of ICI and radiotherapy in patients with

oligoprogressive disease. Chicas-Sett et al. conducted an observational study of stereotactic radiotherapy in patients with metastatic non-small cell lung cancer or melanoma that progressed despite anti-PD-1 antibodies [22]. The primary endpoint in 50 patients was an objective response rate of 42%, with a good median PFS (14.2 months) and median OS after stereotactic body radiation therapy (37.4 months). Our results are similar to those of their report in that the AEs of radiotherapy improved PFS and played a role in delaying the

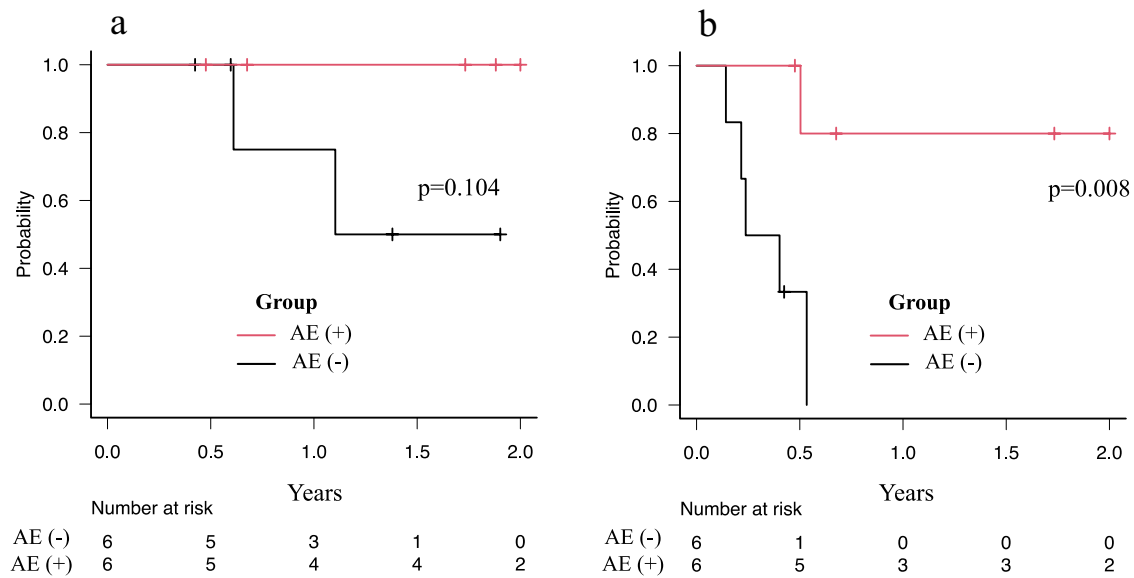


Fig. 4 Kaplan–Meier curves for OS (A) and PFS (B) in the patient groups separated by AEs. OS overall survival, PFS progression-free survival, AE abscopal effect

new systemic treatment line. We believe that our results will help formulate hypotheses for future randomised controlled trials of oligoprogressive disease.

Although this study showed an AE rate of 50%, it was difficult to determine whether this number was high, as the definition of the AE varies slightly from study to study and is not well established. Previous studies reported considerable heterogeneity regarding design, inclusion criteria and treatment variables [23–25]. This point is reported in detail with historical background as drawbacks in defining AEs by Demaria et al. [26]. We should be particularly careful when interpreting trials where ICI and radiotherapy are concurrently initiated [25, 27]. In this case, lesion reduction outside the irradiated field may reflect the effect of ICI therapy and thus overestimate the AEs. Demaria et al. advocate for a combination with radiotherapy in patients who do not respond to immunotherapy alone as one approach to correctly target AEs [26]. In this study, the rate of AE was assessed accordingly. Taking this important issue into account, our survey of previous reports of combined ICI and radiotherapy showed a median AE rate of approximately 25% (range 0–65%) [9–11, 22, 28–30]. Therefore, we believe that the oligoprogressive diseases on which we focused are relatively promising targets for the AE.

Combining another predictor with oligoprogressive disease status may further increase the expected AE value. Numerous potential predictors have been addressed in previous reports [31]. However, predictors of the AE have not been established, and no statistically significant factors were found in this study. Although a retrospective study reported that lymphocyte count is a predictor of AEs, this study did

not show the same result [32]. We interpret this as lymphocyte counts being susceptible to other factors, such as infection. A few previous studies have focused on PD-L1 expression and AEs. For example, Yaguchi et al. reported that a patient with lung cancer who was strongly positive for PD-L1 had almost complete resolution of lesions, including non-irradiated areas, after radiotherapy and anti-PD-1 antibodies [33]. Notably, in our study, all three strongly positive patients also experienced AEs, and all three negative patients experienced no AEs, although this indicated no significant difference. Some scholars have argued that PD-L1 expression alone has limitations in successfully predicting, as it may also indicate T-cell exhaustion and thus reduced systemic efficacy [34]. Therefore, further research is required to establish predictive factors.

Our study was limited by its non-interventional nature, lack of a control group and small sample size. Notably, this study's definition of oligoprogressive disease did not always correspond to that used in previous studies. Recently, the American Radium Society suggested a definition of oligoprogression as ≤ 3 discrete areas of progression in non-small cell lung cancer in prior or ongoing systemic therapy [13]. Although it may require considerable time to reach a consensus on definitions for all cancer types and to coordinate opinions with other associations, future clinical trials should consider these recommendations. Another limitation is the possibility of including pseudoprogression after ICI treatment in eligible patients. Pseudoprogression after ICI administration occurs in a small percentage of cases, sometimes with a delayed onset of shrinkage after several months [35]. Although this study enrolled patients > 2 months after

the initiation of ICI therapy for compatibility with iRECIST [36], we recognised that pseudoprogression is a limitation that cannot be excluded in AE studies.

In conclusion, irradiation of solid tumours showing oligoprogression during ongoing ICI therapy appears promising, as AEs were expected in 50% of the patients. Patients with AEs show improved PFS and sometimes achieve long-term PFS after the completion of ICI therapy. We believe that our results advance the study of AEs and provide a cornerstone for improving the prognosis of patients with advanced cancers.

Acknowledgements We would like to thank Editage (www.editage.com) for their English language editing services.

Author contributions All authors contributed to the study's conception and design. Material preparation, data collection and analysis were performed by Makoto Ito, Souichiro Abe, Sou Adachi, Arisa Takeuchi and Wataru Ohashi. The first draft of the manuscript was written by Makoto Ito, and all authors commented on previous versions of the manuscript. All authors read and approved the final manuscript.

Funding This work was partially supported by the Japan Society for the Promotion of Science KAKENHI [grant number JP20K16741].

Declarations

Conflict of interest The authors have no conflicts of interest to declare.

Ethics approval This study was approved by the Ethics Committee of Aichi Medical University Hospital in Japan (application number 2020–147), Anjo Kosei Hospital, and Toyota Memorial Hospital. This study was conducted in accordance with the tenets of the Declaration of Helsinki and its subsequent amendments.

Informed consent An opt-out of notification regarding this analysis before this study and the need for informed consent was waived.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit <http://creativecommons.org/licenses/by/4.0/>.

References

- Morad G, Helmink BA, Sharma P, Wargo JA. Hallmarks of response, resistance, and toxicity to immune checkpoint blockade. *Cell*. 2021;184:5309–37. <https://doi.org/10.1016/j.cell.2021.09.020>.
- Jenkins RW, Barbie DA, Flaherty KT. Mechanisms of resistance to immune checkpoint inhibitors. *Br J Cancer*. 2018;118:9–16. <https://doi.org/10.1038/bjc.2017.434>.
- Schoenfeld AJ, Hellmann MD. Acquired Resistance to Immune Checkpoint Inhibitors. *Cancer Cell*. 2020;37:443–55. <https://doi.org/10.1016/j.ccell.2020.03.017>.
- Galluzzi L, Humeau J, Buqué A, Zitvogel L, Kroemer G. Immunostimulation with chemotherapy in the era of immune checkpoint inhibitors. *Nat Rev Clin Oncol*. 2020;17:725–41. <https://doi.org/10.1038/s41571-020-0413-z>.
- Yi M, Jiao D, Qin S, Chu Q, Wu K, Li A. Synergistic effect of immune checkpoint blockade and anti-angiogenesis in cancer treatment. *Mol Cancer*. 2019;18:60. <https://doi.org/10.1186/s12943-019-0974-6>.
- Derer A, Deloch L, Rubner Y, Fietkau R, Frey B, Gaipl US. Radio-immunotherapy-induced immunogenic cancer cells as basis for induction of systemic anti-tumor immune responses - pre-clinical evidence and ongoing clinical applications. *Front Immunol*. 2015;6:505. <https://doi.org/10.3389/fimmu.2015.00505>.
- Foster CC, Sher DJ, Rusthoven CG, Verma V, Spiotto MT, Weichselbaum RR, et al. Overall survival according to immunotherapy and radiation treatment for metastatic non-small-cell lung cancer: a National Cancer Database analysis. *Radiat Oncol (London, England)*. 2019;14:18. <https://doi.org/10.1186/s13014-019-1222-3>.
- Theurich S, Rothschild SI, Hoffmann M, Fabri M, Sommer A, Garcia-Marquez M, et al. Local tumor treatment in combination with systemic ipilimumab immunotherapy prolongs overall survival in patients with advanced malignant melanoma. *Cancer Immunol Res*. 2016;4:744–54. <https://doi.org/10.1158/2326-6066.Cir-15-0156>.
- Galli G, Cavalieri S, Di Guardo L, Cimminiello C, Nichetti F, Corti F, et al. Combination of immunotherapy and brain radiotherapy in metastatic melanoma: a retrospective analysis. *Oncol Res Treat*. 2019;42:186–94. <https://doi.org/10.1159/000497211>.
- Samuel E, Lie G, Balasubramanian A, Hiong A, So Y, Voskoboinik M, et al. Impact of radiotherapy on the efficacy and toxicity of anti-PD-1 inhibitors in metastatic NSCLC. *Clin Lung Cancer*. 2021;22:e425–30. <https://doi.org/10.1016/j.clcc.2020.06.001>.
- Levy A, Massard C, Soria JC, Deutsch E. Concurrent irradiation with the anti-programmed cell death ligand-1 immune checkpoint blocker durvalumab: Single centre subset analysis from a phase 1/2 trial. *European journal of cancer (Oxford, England: 1990)*. 2016;68:156–62. <https://doi.org/10.1016/j.ejca.2016.09.013>.
- Sha CM, Lehrer EJ, Hwang C, Trifiletti DM, Mackley HB, Drabick JJ, et al. Toxicity in combination immune checkpoint inhibitor and radiation therapy: A systematic review and meta-analysis. *Radiother Oncol J Eur Socr Therapeut Radiol Oncol*. 2020;151:141–8. <https://doi.org/10.1016/j.radonc.2020.07.035>.
- Amini A, Verma V, Simone CB 2nd, Chetty IJ, Chun SG, Donington J, et al. American radium society appropriate use criteria for radiation therapy in oligometastatic or oligoprogressive non-small cell lung cancer. *Int J Radiat Oncol Biol Phys*. 2022;112:361–75. <https://doi.org/10.1016/j.ijrobp.2021.09.022>.
- Kim H, Venkatesulu BP, McMillan MT, Verma V, Lin SH, Chang JY, et al. Local therapy for oligoprogressive disease: a systematic review of prospective trials. *Int J Radiat Oncol Biol Phys*. 2022;114:676–83. <https://doi.org/10.1016/j.ijrobp.2022.08.027>.
- Eisenhauer EA, Therasse P, Bogaerts J, Schwartz LH, Sargent D, Ford R, et al. New response evaluation criteria in solid tumours: revised RECIST guideline (version 1.1). *European journal of cancer (Oxford, England: 1990)*. 2009;45:228–47. <https://doi.org/10.1016/j.ejca.2008.10.026>.
- Kanda Y. Investigation of the freely available easy-to-use software 'EZR' for medical statistics. *Bone Marrow Transplant*. 2013;48:452–8. <https://doi.org/10.1038/bmt.2012.244>.
- Lievens Y, Guckenberger M, Gomez D, Hoyer M, Iyengar P, Kindts I, et al. Defining oligometastatic disease from a radiation oncology perspective: An ESTRO-ASTRO consensus

- document. *Radiother Oncol J Eur Soc Therapeut Radiol Oncol*. 2020;148:157–66. <https://doi.org/10.1016/j.radonc.2020.04.003>.
18. Guckenberger M, Lievens Y, Bouma AB, Collette L, Dekker A, deSouza NM, et al. Characterisation and classification of oligometastatic disease: a European Society for Radiotherapy and Oncology and European Organisation for Research and Treatment of Cancer consensus recommendation. *Lancet Oncol*. 2020;21:e18–28. [https://doi.org/10.1016/s1470-2045\(19\)30718-1](https://doi.org/10.1016/s1470-2045(19)30718-1).
 19. Palma DA, Olson R, Harrow S, Gaede S, Louie AV, Haasbeek C, et al. Stereotactic ablative radiotherapy versus standard of care palliative treatment in patients with oligometastatic cancers (SABR-COMET): a randomised, phase 2, open-label trial. *Lancet* (London, England). 2019;393:2051–8. [https://doi.org/10.1016/s0140-6736\(18\)32487-5](https://doi.org/10.1016/s0140-6736(18)32487-5).
 20. Ito M, Kodaira T, Koide Y, Okuda T, Mizumatsu S, Oshima Y, et al. Role of high-dose salvage radiotherapy for oligometastases of the localised abdominal/pelvic lymph nodes: a retrospective study. *BMC Cancer*. 2020;20:540. <https://doi.org/10.1186/s12885-020-07033-7>.
 21. Ito K, Nakajima Y, Ikuta S. Stereotactic body radiotherapy for spinal oligometastases: a review on patient selection and the optimal methodology. *Jpn J Radiol*. 2022;40:1017–23. <https://doi.org/10.1007/s11604-022-01277-y>.
 22. Chicas-Sett R, Zafra J, Rodriguez-Abreu D, Castilla-Martinez J, Benitez G, Salas B, et al. Combination of SABR with anti-PD-1 in oligoprogressive non-small cell lung cancer and melanoma: results of a prospective multicenter observational study. *Int J Radiat Oncol Biol Phys*. 2022;114:655–65. <https://doi.org/10.1016/j.ijrobp.2022.05.013>.
 23. Ribeiro Gomes J, Schmerling RA, Haddad CK, Racy DJ, Ferrigno R, Gil E, et al. Analysis of the abscopal effect with anti-PD1 therapy in patients with metastatic solid tumors. *J Immunother*. 2016;39:367–72. <https://doi.org/10.1097/cji.0000000000000141>.
 24. Golden EB, Chhabra A, Chachoua A, Adams S, Donach M, Fenton-Kerimian M, et al. Local radiotherapy and granulocyte-macrophage colony-stimulating factor to generate abscopal responses in patients with metastatic solid tumours: a proof-of-principle trial. *Lancet Oncol*. 2015;16:795–803. [https://doi.org/10.1016/s1470-2045\(15\)00054-6](https://doi.org/10.1016/s1470-2045(15)00054-6).
 25. Kim H, Park S, Jung HA, Lee SH, Park K, Ahn YC, et al. Phase II trial of combined durvalumab plus tremelimumab with proton therapy for recurrent or metastatic head and neck squamous cell carcinoma. *Cancer Res Treat*. 2023. <https://doi.org/10.4143/crt.2023.502>.
 26. Demaria S, Formenti SC. The abscopal effect 67 years later: from a side story to center stage. *Br J Radiol*. 2020;93:20200042. <https://doi.org/10.1259/bjr.20200042>.
 27. Formenti SC, Lee P, Adams S, Goldberg JD, Li X, Xie MW, et al. Focal irradiation and systemic TGFβ blockade in metastatic breast cancer. *Clin Cancer Res*. 2018;24:2493–504. <https://doi.org/10.1158/1078-0432.Ccr-17-3322>.
 28. Nelson BE, Adashek JJ, Sheth AA, Subbiah V. Predicting the abscopal effect: associated tumor histologic subtypes and biomarkers. *Mol Cancer Ther*. 2023;22:706–16. <https://doi.org/10.1158/1535-7163.Mct-22-0516>.
 29. Nelson BE, Adashek JJ, Lin SH, Subbiah V. The abscopal effect in patients with cancer receiving immunotherapy. *Med*. 2023;4:233–44. <https://doi.org/10.1016/j.medj.2023.02.003>.
 30. Liu Y, Dong Y, Kong L, Shi F, Zhu H, Yu J. Abscopal effect of radiotherapy combined with immune checkpoint inhibitors. *J Hematol Oncol*. 2018;11:104. <https://doi.org/10.1186/s13045-018-0647-8>.
 31. Link B, Torres Crigna A, Hölzel M, Giordano FA, Golubnitschaja O. Abscopal effects in metastatic cancer: is a predictive approach possible to improve individual outcomes? *J Clin Med*. 2021. <https://doi.org/10.3390/jcm10215124>.
 32. Grimaldi AM, Simeone E, Giannarelli D, Muto P, Falivene S, Borzillo V, et al. Abscopal effects of radiotherapy on advanced melanoma patients who progressed after ipilimumab immunotherapy. *Oncoimmunology*. 2014;3: e28780. <https://doi.org/10.4161/onci.28780>.
 33. Yaguchi D, Ichikawa M, Ito M, Okamoto S, Kimura H, Watanabe K. Dramatic response to nivolumab after local radiotherapy in pulmonary pleomorphic carcinoma with rapid progressive post-surgical recurrence. *Thorac Cancer*. 2019;10:1263–6. <https://doi.org/10.1111/1759-7714.13029>.
 34. Twyman-Saint Victor C, Rech AJ, Maity A, Rengan R, Pauken KE, Stelekati E, et al. Radiation and dual checkpoint blockade activate non-redundant immune mechanisms in cancer. *Nature*. 2015;520:373–7. <https://doi.org/10.1038/nature14292>.
 35. Hodi FS, Hwu WJ, Kefford R, Weber JS, Daud A, Hamid O, et al. Evaluation of immune-related response criteria and RECIST v1.1 in patients with advanced melanoma treated with pembrolizumab. *J Clin Oncol*. 2016;34:1510–7. <https://doi.org/10.1200/jco.2015.64.0391>.
 36. Seymour L, Bogaerts J, Perrone A, Ford R, Schwartz LH, Mandrekar S, et al. iRECIST: guidelines for response criteria for use in trials testing immunotherapeutics. *Lancet Oncol*. 2017;18:e143–52. [https://doi.org/10.1016/s1470-2045\(17\)30074-8](https://doi.org/10.1016/s1470-2045(17)30074-8).

Publisher's Note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.