DIAGNOSTIC IMAGING IN ONCOLOGY



# Radiomics-based prediction of two-year clinical outcome in locally advanced cervical cancer patients undergoing neoadjuvant chemoradiotherapy

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#### Abstract

**Purpose** The aim of this study is to determine if radiomics features extracted from staging magnetic resonance (MR) images could predict 2-year long-term clinical outcome in patients with locally advanced cervical cancer (LACC) after neoadjuvant chemoradiotherapy (NACRT).

**Materials and methods** We retrospectively enrolled patients with LACC diagnosis who underwent NACRT followed by radical surgery in two different institutions.

Radiomics features were extracted from pre-treatment 1.5 T T2w MR images.

The predictive performance of each feature was quantified in terms of Wilcoxon–Mann–Whitney test. Among the significant features, Pearson correlation coefficient (PCC) was calculated to quantify the correlation among the different predictors. A logistic regression model was calculated considering the two most significant features at the univariate analysis showing the lowest PCC value.

The predictive performance of the model created was quantified out using the area under the receiver operating characteristic curve (AUC).

**Results** A total of 175 patients were retrospectively enrolled (142 for the training cohort and 33 for the validation one). 1896 radiomic feature were extracted, 91 of which showed significance (p < 0.05) at the univariate analysis. The radiomic model showing the highest predictive value combined the features calculated starting from the gray level co-occurrence-based features. This model achieved an AUC of 0.73 in the training set and 0.91 in the validation set.

**Conclusions** The proposed radiomic model showed promising performances in predicting 2-year overall survival before NACRT. Nevertheless, the observed results should be tested in larger studies with consistent external validation cohorts, to confirm their potential clinical use.

 $\label{eq:cervix-cerv$ 

LACC

Locally advanced cervical cancer

#### Abbreviations

ADC	Apparent diffusion coefficient	MRI	Magnetic resonance imaging
CC	Cervical cancer	MR	Magnetic resonance
CRT	Chemoradiotherapy	NACRT	Neoadjuvant chemoradiotherapy
DWI	Diffusion-weighted imaging	OS	Overall survival
FIGO	International federation of gynecology and	PTV	Planned target volume
	obstetrics	2yDMFS	Two-year distant metastasis-free survival
		2yLC	Two-year local control
		2yOS	Two-year overall survival

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#### Introduction

Cervical cancer (CC) is the fourth most frequent cancer and the fourth leading cause of cancer death in women worldwide [1].

The recommended standard treatment of patients with locally advanced cervical cancer (LACC) is currently represented by concomitant chemoradiotherapy (CRT), administered with weekly cisplatin followed by intrauterine brachy-therapy [2, 3].

Despite the recent improvements related to these therapeutic strategies, the long-term overall survival rate still ranges about 57–67%, urging novel therapeutic strategies [4].

Local recurrence and distant metastasis remain the main causes of therapeutic failure in CC, proving that the microscopic residual disease, often undetectable with current diagnostic restaging strategies, represents the major risk factor for treatment failure observed after CRT.

In patients with limited response to CRT, neoadjuvant chemoradiotherapy (NACRT) followed by radical hysterectomy seems to be a valuable option [5–7].

Several experiences demonstrated that surgery has the potential to remove radio- and chemo-resistant neoplastic foci, improving local control and possibly overall survival. [8-10].

In addition, surgery represents a valid alternative to uterovaginal brachytherapy, where brachytherapy equipment and specialists are or limited.

Magnetic resonance imaging (MRI) is currently considered the standard technique for CC local staging and prognosis evaluation before treatment, where T2-W and diffusion-weighted imaging (DWI) represent the mainstay of diagnostic sequences [11, 12].

A recent pilot study underling the efficacy of MRI in the assessment of treatment response after neoadjuvant chemotherapy plus cold knife conization, in patient affected by early CC (FIGO stage IB2- IIA1) [13].

Radiomics is a translational field of research consisting of mathematical-statistical procedures for extracting data from standard radiological images, resulting in quantitative features that describe tumor heterogeneity and other intrinsic characteristics related to its biological behavior [14–17].

It has been observed in several experiences that radiomic features extracted from MR images have the potential to predict staging, histology, node status, relapse and survival [18–20].

Great interest has been recently paid to radiomics applications focused on CC, with studies predicting treatment response, or long-term outcomes [21–24].

A recent study investigated the potential role of radiomics in predicting pathological complete response after NACRT in LACC patients, reporting promising performances in terms of receiver operating characteristic curve [25].

Prediction of outcome besides treatment response can be useful to tailoring therapeutic treatment scheduling, potentially reducing treatment toxicity in gynecology cancer [26].

Aim of this study is to determine if radiomics features extracted from T2-weighted 1.5 T MRI could predict 2-year local control (2yLC), distant metastasis-free survival (2yDMFS) and overall survival (2yOS) in patients affected by LACC and treated with NACRT followed by radical hysterectomy.

#### **Materials and methods**

#### **Patient enrollment and treatment**

We retrospectively enrolled patients affected by LACC, staged IB2 to IVA from International Federation of Gynecology and Obstetrics (FIGO) 2018, treated with NACRT followed by radical hysterectomy plus pelvic lymphadenectomy after 6–8 weeks.

Patients were recruited from two different institutions: Institution A, an academic tertiary hospital and Institution B, a non-academic tertiary center.

This study was approved by the ethics committee of Institution A.

Inclusion criteria were as follows: histological confirmed invasive carcinoma of the cervix, FIGO stage from IB2 to IVA and absence of distant metastasis.

Patients with incomplete documentation, younger than 18 years, treated with palliative intent and did not undergo surgery were excluded.

Final cohort of institution A (training set) consisted of 142 patients (from a total of 157, 2 patients have been excluded for progression during NACRT, 13 patients were lost to follow-up); final cohort of institution B (validation set) included 33 patients (from a total of 37 patients, 4 were lost to follow-up) (Fig. 1).

Before treatment, all patients underwent pelvic MRI and total body contrasted enhanced CT scan as staging imaging. 18F-FDG PET-CT was considered and performed only in few selected cases.

All patients included in the analysis underwent NACRT with concurrent weekly cisplatin (Cisplatin dose: 40 mg/sm) alone or plus 5-fluorouracil (Cisplatin dose: 20 mg/sm+5-Fluorouracil dose: 1000 mg) during the first and the last week of treatment.

Radiotherapy volumes were delineated according to consensus guidelines for the clinical target volume (CTV), and organs-at-risk.

CTV was defined as primary tumor (CTV1) plus whole pelvis (CTV2).



Fig. 1 Flowchart of our population

In the case of common iliac or lumbo-aortic lymph nodes involvement (cN+) at the staging imaging, lumbo-aortic lymph nodes were also added to the CTV2.

Planning target volumes (PTV) were considered as isotropic expansion of 5 mm from the relative CTV.

Radiotherapy treatment was administered using a simultaneous integrated boost technique delivered in 22 fractions and prescribing 50.6 Gy to PTV1 and 39.6 Gy to PTV2.

All patients were re-evaluated with a pelvic MRI and 18F-FDG PET-CT, according to clinical FIGO stage, for local restaging and subsequently referred to surgery, which was carried out with a laparotomy approach between 7 and 8 weeks from term of radiotherapy.

All patients underwent a Radical hysterectomy  $\pm$  bilateral annessiectomy performed according to Querleu Morrow's criteria in relation to the response to radiation treatment, verified by radiological imaging [27].

Systematic pelvic lymphadenectomy was always performed; para-aortic lymph node dissection was added if pelvic or para-aortic lymph node were positive at the pretreatment imaging or at the intra-operatory frozen section of the pelvic lymph nodes.

Pathological response to treatment was evaluated on surgical specimens.

Pathological complete response was defined as absence of any residual tumor after treatment at any site; microscopic response (pR1) as persistent tumor foci of maximum dimension inferior to 3 mm; macroscopic response (pR2) as persistent tumor foci with maximum dimension exceeding 3 mm [28].

Collected data included age, histology, FIGO stage, presence of positive lymph nodes on PET/CT and pelvic MRI and clinical status at 2 years from surgery.

#### **Treatment outcome evaluation**

Post-treatment surveillance consisted of follow-up visits every 3 months for the first 2 years and every 6 months thereafter.

All the patients with an observation period equal to or longer than 2 years with information relative to diagnostic imaging, surgery and pathological staging were included in the analysis.

Pelvic examination, serum tumor markers, abdominopelvic CT or pelvic MRI or PET-CT scans were performed at each follow-up visit, according to clinical stage.

2yLC, 2yDMFS and 2yOS were considered as treatment outcome, using the end of radiotherapy as reference time point.

Local control outcome (LC) was defined as the interval between the date of treatment completion and the date of tumor local recurrence. Distant metastasis-free survival was defined as the interval between the date of treatment completion and the date of onset of distance recurrence.

Overall survival (OS) was defined as the interval between the date of treatment and the date of cancer related death.

# Image acquisition protocol, image analysis and features extraction

Radiomic analysis was focused on pre-treatment axial T2-weighted MR images, acquired for tumor staging according to institutional staging protocols. The acquisition parameters adopted are reported in Table 1. A total of 564 radiomic features were extracted for each considered clinical outcome.

Gross tumor volume was considered as region of interest; it was manually contoured in consensus by one radiation oncologist and one radiologist, experts in gynecological imaging, using a radiotherapy treatment planning system (Eclipse, Varian Medical Systems, Palo Alto, CA, USA). (

MR images were resampled to a planar resolution of  $0.548 \times 0.548 \text{ mm}^2$  and preprocessed using the Laplacian of Gaussian filter, considering the filter widths ( $\sigma$ ) ranging from 0 to 4.2 mm with steps of 0.35 mm 4–5. Radiomic analysis was performed using Moddicom, a radiomic software included in the IBSI initiative [19, 29, 30].

Three radiomic features families were extracted for the analysis: morphological features were extracted from raw

 
 Table 1
 Magnetic resonance imaging acquisition parameters used in the MR clinical protocol adopted for axial (AX) acquisitions

	AX T2-W
Sequence	FRFSE
Echo time (ms)	85
NEX	2
Repetition time (ms), TR	4500
No. of sections	30
Receiver bandwidth (kHz)	31.25
Echo train length	26
Field of view (mm), FOV	24
Section thickness (mm)	4
Section spacing (mm)	0.5
Matrix size	384×256
b Value (s/mm2)	_
Phase direction	A/P

images, while statistical and textural features were extracted from the filtered one [31, 32].

With regards to the textural features, three gray level matrices were considered: run length (rlm), co-occurrence (cm) and size zone (szm) matrices. The complete list of the extracted radiomic features is reported in the supplementary materials and in similar experiences of our group about this topic [32, 33].

#### Statistical analysis

The heterogeneity between training and validation cohorts was evaluated using  $\chi^2$  test for categorical features and t test for continuous ones [31].

A comprehensive database including radiomic features, clinical data and outcomes was created.

For each radiomic feature object of the analysis, the normality of data distribution was evaluated using the Shapiro–Wilk test. The ability of each single feature in predicting at the univariate analysis the dichotomic outcomes object of this study (presence or absence of 2yLC, 2yDFS, 2yOS) was evaluated using the Wilcoxon–Mann–Whitney (WMW) test for features showing data characterized by non-Gaussian distribution and t test for data with Gaussian distribution [34, 35].

Feature showing the lowest p value was considered as the most significant feature and selected as first feature for model creation: the use of WMW test was recently considered the most accurate and robust method for feature selection in Radiomics [36]

For each clinical outcome object of this study, different linear logistic regression models with two variables were elaborated, combining the most significant feature at the univariate analysis (lowest p value) with all the others radiomic features object of this study [34].

The predictive performance of the different models created was quantified using the area under the receiver operating characteristic (ROC) curve (AUC) [37].

The logistic model showing the highest AUC value was considered as the best predictive model and evaluated on the validation set. The 95% confidence intervals of the AUC value were calculated using the bootstrap method with 2000 iterations.

The best cut-off threshold was identified maximizing the Youden Index (J), and values of sensitivity and specificity at the best threshold were calculated [33, 38].

The statistical analysis was performed using R software (version 3.6.1, Wien Austria) and dedicated packages [39].

#### Results

### **Clinical characteristics**

A total of 175 patients with LACC were analyzed, 142 in the training cohort and 33 in the validation one).

Table 2 summarizes the clinical characteristics of both cohorts.

At the end of the follow-up period, 2yLC was observed in 82% of patients in the training cohort and in 78% of patients in the validation cohort; 2yDMFS was observed in 73% of patients in the training cohort and in 82% of patients in the validation cohort; and 2yOS was observed in 86% of patients in the training cohort and in 88% of patients in the validation one.

#### **Radiomic models**

A total of 10 features showed significance (p < 0.05) at the univariate analysis for the prediction of 2yOS, 19 features for the 2yLC and 62 for the 2yDMFS. The list of the significant features is reported in the supplementary materials for each outcome.

The two-variables predictive model for 2yDMFS showed moderate performance in training set (0.68) and limited performance in the validation set (0.55).

The predictive model for 2yLC showed moderate performance in both dataset (0.71 in training and validation). The only model showing good performance both in training and validation set was the one predicting 2yOS, with an AUC of 0.77 (95% Confidence interval of 0.70–0.91) in the training set and 0.91 (0.70–1) in the validation set.

The 2yOS model combined two textural features: the correlation based on gray level co-occurrence matrix, calculated after the application of the LoG filter at 0.7 mm and the

Table 2 Patient characteristic and p value of difference calculated considering t test for continuous variables and chisquare for categorical ones

	Institution A	Institution B	p value	
	142 pts	33 pts		
Age (mean)	23-76 (51)	28-79 (53)	0.33	
Histology				
Squamous cell carcinoma	131 (92%)	29(88%)	0.42	
Glassy cell squamous carcinoma	0 (%)	1 (3%)		
Clear cell adeno-squamous carcinoma	1 (1%)	0 (0%)		
Adenocarcinoma	10 (7%)	2 (6%)		
Adeno-squamous	0 (%)	1 (3%)		
FIGO stage				
IB2	5 (3%)	3 (9%)	0.47	
IIA	7 (5%)	2 (6%)		
IIB	116 (82%)	25 (76%)		
IIIA	4 (3%)	2 (6%)		
IIIB	10 (7%)	0 (0%)		
IVA	0 (%)	1 (3%)		
Nodal status				
NO	68 (48%)	19 (58%)	0.32	
N1	74 (52%)	14 (42%)		
Pathological response				
pR0	63 (44%)	11 (33%)	0.32	
pR1	41 (29%)	9 (27%)		
pR2	38 (27%)	13 (40%)		

variance calculated on the size zone matrix after the LOG application at 0.5 mm.

The ROC curves of the three models elaborated are reported in Fig. 2, while the predictive performance is summarized in Table 3. The parameters and the coefficient of all the three models are reported in supplementary materials.

#### Discussion

Several studies aimed to predict and monitor treatment response and clinical outcome analyzing functional imaging, such as MRI or 18-FDG PET-TC in patients affected by cervical cancer [24, 40-42].

In particular, some experiences analyzed temporal variations in tumor heterogeneity patterns on functional imaging such as dynamic contrast enhanced MRI, DWI [24] and FDG PET-CT [42] performed before, during and after CRT course to correlate imaging biomarkers with treatment response outcomes, so defining novel promising prognostic factors.

Our previous experience demonstrated the possibility of using radiomics based on staging MRI to predict pathological complete response after NACRT in cervical cancer. [25]

Despite the important efforts made in terms of treatment response prediction, only few experiences explored the correlation between radiomic predictors and long-terms outcomes, such as distant recurrence or overall survival in cervical cancer [22, 43, 44].

In a study proposed by Ho et al., the mean ADC value extracted from the primary tumor in pre-treatment DWI MR was indicated as a predictor of disease-free survival for CC patients treated with CRT. The authors found that a higher mean ADC value may result in a higher probability of disease-free survival and OS.

The mean ADC value of the primary tumor on pre-treatment MRI was the only imaging feature which resulted to be an independent predictor of disease-free survival [22]

Similar experiences were reported in rectal cancer, where delta radiomic models analyzed the variation of radiomics features extracted from staging and post-treatment MRI to predict tumor behavior and long-term outcomes, such as distant metastasis-free survival and OS [45].

In this study, we aimed to identify radiomic features from staging T2-w MR images which are able to predict 2-year clinical dichotomic outcomes, obtaining promising results in case of OS prediction, but only limited results for LC and distant metastasis--free survival.

In particular, it emerged that the features with the highest performance in predicting the presence of OS after 2 years from the end of treatment are based on the textural analysis.

Being able to predict a long-term outcome from pretreatment MR images could allow patients to be stratified in different risk groups besides the ones generally used in



Fig. 2 Receiver operating characteristic curve for 2-year overall survival, 2-year distant Metastasis-free survival and 2-year local control in the training set and in the validation set, respectively

Table 3	Predictive performance
paramet	ers for the three models
elaborat	ed in the study

Predictive performance	2yOS		2yDFS		2yLC	
	Training	Validation	Training	Validation	Training	Validation
Sensitivity	58.5	82.6	69.2	47.6	50.9	95.2
Specificity	100.0	100.0	73.0	75.0	88.0	50.0
Threshold	0.9	0.8	0.7	0.8	0.9	0.6
J_index	0.6	0.8	0.4	0.2	0.4	0.5
AUC	77.0	91.3	68.3	55.0	70.9	71.4
Lowest_AUC (95% CI)	0.7	0.7	0.6	0.1	0.6	0.4
Highest_AUC (95% CI)	0.9	1.0	0.8	0.8	0.8	1.0

clinical practice to define the most appropriate treatment schedule (e.g., disease stage).

Furthermore, identifying patients with higher risk of local or distant recurrences could guide clinicians to personalize follow-up schedules or early intercept local or distant recurrence that could represent therapeutic failure. On the other side, less invasive tailored therapeutic strategies may be pursued in patients predicted with low OS probability. Different limitations burden this work. First of all, the limited replicability of patients setting, as neoadjuvant setting, does not represent the standard of treatment in LACC patient and is not adopted by the largest majority of the centers.

Despite the sound methodology applied (TRIPOD type 3) [46, 47], promising specificity and sensitivity values were reached only in the prediction of 2yOS, this being partly related to the relatively small sample size.

Lastly, the lack of a biological interpretation of the significant features limits the translational value of this experience, even if this issue is not considered mandatory for radiomics study [48].

Future studies are being planned to integrate such evidence with clinical, histopathological and molecular data, which would allow to build multi-omics predictive models to be tested in larger cohorts of patients.

#### Conclusion

In this study, a radiomic model was proposed able to predict 2yOS in LACC patients before undergoing NACRT.

An accurate outcome prediction before or during oncological treatments could be an added clinical value to provide a guidance for clinicians in their decision-making process to adapt and tailoring treatment.

To confirm the reliability of these results and translate the use of this model into clinical practice, larger studies with external validation are required.

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Author contributions RA, BG, LB and DC involved in conception and design; GP, LR and SP involved in data collection; DC and LB involved in analysis and interpretation of data; BG, RA, GM, and MC involved in resources; GP and LB involved in manuscript writing—original draft preparation; RA, BG, LR, AN, GM, GF, MAG, VV, and RM involved in review and editing:; MAG, GF, VV, and RM involved in supervision.

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**Data availability** Data will be made available on reasonable request due to restrictions, e.g., privacy or ethical.

#### Declarations

**Conflict of interest** The authors declare that they have no conflict of interest.

**Ethical approval** This is an observational study conducted according to the guidelines of the Declaration of Helsinki and it was reviewed and approved by the Ethics Committee of Fondazione Policlinico Univer-

sitario Agostino Gemelli IRCCS (Prot. ID CE 4635). All authors have approved the final article.

Informed consent Where applicable, informed consent was obtained.

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