DEVELOPMENT ARTICLE





Instructional design students' design judgment development

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Abstract

This qualitative multi-case study explores the exercise and development of the design judgment of eight instructional design (ID) students working on design projects over one semester in graduate programs at four different institutions in the USA. Their design processes were explored through interviews and their design documents using the concepts of design judgment as reported by Nelson and Stolterman (The design way: Intentional change in an unpredictable world, MIT Press, Cambridge, 2012) and reflection-in-action as reported by Schön (The reflective practitioner: How professionals think in action, Basic Books, New York, 1983) to characterize the exercise and development of their design judgments concurrently and constantly. Their prior design experience, the course requirements and their design practice in class influence both the exercise and development of their design judgment. Lastly, the development of their design judgment is both perceptible and personal. In light of these findings, recommendations are made for how to support the development of ID students' design judgment.

Keywords Design judgment \cdot Design practice \cdot Instructional design students \cdot Design judgment development \cdot Design education

Introduction

Design is a complex and unique process (Lawson, 2006; Lawson & Dorst, 2009; Stolterman, 2008) that is personal to a designer and unique to a design situation (Nelson & Stolterman, 2012), including those in which designers work on teams. It requires both unique ways of thinking (Batchelder, 1914; Cross, 2001; Nelson & Stolterman, 2012; Simon, 1988) and making judgments throughout a process that is imbued with designers' values, beliefs, and experiential knowledge (Dorst, 2003; Nelson & Stolterman, 2012;

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Schön, 1983). As part of this complex process, designers repeatedly engage in tackling problems and creating solutions into which they incorporate their design perspectives.

What we do in instructional design (ID) is *design*, a point argued convincingly over 30 years ago based on demonstrating that instructional designers are engaged in *design* activities (Murphy, 1992; Rowland, 1992, 1993). However, in textbooks and definitions of the field, ID is considered as a systematic problem-solving process (Smith & Boling, 2009) which is based largely on design models representing process (Gibbons et al., 2014) and on investigation of design practice primarily through the use of existing instructional models and principles (Kirschner et al., 2002; Reigeluth et al., 2016; Wedman & Tessmer, 1993; Winer & Vázquez-Abad, 1995). In the field of ID, the prevalence of such models and principles has stressed the notion of the ID process as being linear and sequential, and separating designers from design (Smith & Boling, 2009).

Researchers have argued that instructional designers do not follow the steps provided by ID models (Kenny et al., 2004; Rowland, 1992; Smith & Boling, 2009), but they follow a cyclical decision-making process influenced by personal beliefs (Jonassen, 2008) using tools, including theoretical tools, selecting according to their instrumental judgment of design situations (Lachheb & Boling, 2018). Further, instructional designers make decisions based on formal and experiential knowledge, philosophical perspectives, and interactions with peers (Christensen & Osguthorpe, 2004). Tracey & Baaki (2014) have argued that through the practice of ID designers are reflecting their own knowledge, experiences, and backgrounds and making decisions based on these reflections. Other researchers have affirmed that designers make evaluations and decisions continuously during a design project based on their practical experience and judgment (Boling et al., 2017a; Williams et al., 2011). All have stressed that designers involve their core values and beliefs in their design practices and incorporate them into their designs by using them in conjunction with their professional knowledge. Similarly, Yanchar & Gabbitas (2011) have argued that designers use their conceptual design sense in the design process. They defined this notion as designers' critical flexibility, which "calls for a critical stance toward one's own design sense and an awareness of alternative views" (p. 388). They suggested that using design sense, which encompasses the ability to utilize conceptual resources, critically examine their practices, and acknowledge what they learn, would challenge the acceptance of traditional views on ID practice. In each of these emergent views of ID and ID processes, the role of design judgment becomes more critical, not less, and is therefore an important subject for study.

Referring to Kerr's (1983) "black box" of instructional designers' decisions, Schatz (2003) proposed that paying attention to design decisions and the evolution of design is necessary for the development of the field. In the last two decades, a shift has been identified in the field toward design (Demiral-Uzan, 2016). Attention to design judgment in ID has rapidly increased in the last decade (e.g. Boling et al., 2017a; Demiral-Uzan, 2015; Farmer & Koehler, 2022; Gray et al., 2015; Parsons et al., 2020; Zhu et al., 2020). Very recently, the field has been discussing and defining learning experience design (LXD), which stresses the use of design methods informed by user experience design (Abbott, 2020; Chang & Kuwata, 2020; Jahnke et al., 2020; Korkmaz, 2018; Schmidt & Huang, 2022; Stefaniak & Sentz, 2020; Vann & Tawfik, 2020). While the language of a broader approach to design appears in descriptions of LXD, it is important to note that design judgment is still required in order to assess and determine which methods to apply and when.

Even though studies focusing on design judgment in design practice have increased in recent years, there is still some lack of research in this area. While some studies focus on certain kind of design judgment, others explore design judgment in design practice. For instance, Boling et al. (2017a) explored the core judgment of ID practitioners and identified

that those instructional designers hold core judgments, and that those judgments are clustered even though this notion has rarely been discussed in the field. In exploring how instrumental judgment has taken place in a cross-cultural user research design, Gray & Boling (2018) identified instrumental judgment being used when handling cultural dimensions of the co-design process. Lachheb & Boling (2018) have argued that instrumental judgment has an essential role in design practice where instructional designers select which tools to use, and why and have also explained how designers employ design judgment in general (Lachheb & Boling, 2020). In more specific aspects, Parsons et al. (2020) investigated how each kind of design judgment takes place in data visualization practice, while Farmer & Koehler (2022) explained design judgments taking place in designing e-learning modules. Zhu et al. (2020) explored novice instructional designers' design practices and judgments and identified that those novice instructional designers used framing, core, instrumental, navigational and appearance judgments in their design practice. All of these scholars' work highlights that the field of ID has paid attention to Smith's (2008) call to think more about designers and their design judgment. More recently, in reviewing the literature on how instructional designers are educated and how expertise is developed in instructional designers, Stefaniak & Hwang (2021) identified a need to explore ID students' design practice, decision-making, design judgment and how it is developed over time.

The purpose of this study, therefore, is to explore ID students' exercise and development of design judgment over one semester when working on design projects in master's level introductory ID and development courses across four institutions of higher education. By shedding light on students' design practices as well as their exercise and development of design judgment, this investigation provides opportunities for reflecting on existing ID education and extends discussions on how to improve the preparation of instructional designers.

Conceptual framework

Design judgment

Judgment is a responsible choice, in other words a personal decision made with a sense of commitment to discovering the "rules of rightness" 'that are applicable to a particular situation (Vickers, 1984). Nelson and Stolterman (2012) asserted that judgment is independent of rational decision-making; rather it is dependent on the accumulation of experiences of the consequences of choices in various situations. They have argued that judgment is based on knowledge that cannot be separated from the knower: it can be revealed only through actions. They see judgment as a convergent process that brings diversity and divergence into focus in complex, real-world situations. Judgment is essential in design and is used throughout the design process (Nelson & Stolterman, 2003, 2012). The construct of design judgment, as with the full range of constructs in Nelson & Stolterman (2012), is drawn from multiple bases in research and theory on judgment and decision-making (e.g. Holt (1997), Vickers (1984), and Polanyi (1966)). Nelson and Stolterman (2012) conceptualized judgment in design practice as "the ability to gain subconscious insights that have been abstracted from experiences and reflections, informed by situations that are complex, indeterminate, indefinable, and paradoxical" (p. 145). Based on this perspective, they explained design judgment comprehensively and identified multiple forms of judgment (framing, deliberated off hand, default, core, instrumental, appearance, appreciative, connective, compositional, navigational, and quality) that are exercised in various design situations.

Researchers in the field of ID have operationalized the theoretical notion of design judgments in ID practice. In exploring the design judgment of ID students (Demiral-Uzan, 2015) and instructional designers (Gray et al., 2015), it has been found that IDs continuously make design judgments while designing instruction. Design judgments are clustered in the process, rather than being exercised in isolation or serially, and they are shaped by environmental factors (Gray et al., 2015). As the abilities of ID students progress, their intensity in making design judgment increases, and the types and frequencies of their design judgments change over time (Demiral-Uzan, 2015).

Design judgment in the context of ID is defined as the ability to use foundational and experiential knowledge gained by reflecting on designing experiences over time, to combine such acquired knowledge with the designer's own values and core perspectives, and to employ these in the design process. For the purpose of this study, operationalization of Nelson and Stolterman's (2012) types of designer judgment has been employed as a conceptual framework to identify ID students' design judgments made in an introductory ID course (see Table 1).

Development of design judgment

The ability to make good design judgments is learned and developed through practice over time (Holt, 1997) and through accumulating as many design experiences as possible (Nelson & Stolterman, 2012). Because design judgment is unique to each designer, individuals' ability to make design judgments, and the development of design judgment will also vary from person to person (Holt, 1997; Nelson & Stolterman, 2012). Holt (1997) claimed that good judgment comes with preparation, reflection, maturity, and, most importantly, awareness. Nelson & Stolterman (2012) also asserted that designers can reflect on their judgment and their ability to make good judgments can improve. Other authors agree that as designers' thought processes and ways of designing change with experience over time (Ertmer et al., 2008; Fortney & Yamagata-Lynch, 2013; Perez & Emery, 1995; Rowland, 1992), designers' use of judgment in design develops and deepens.

Schön (1983) indicated that reflection is dependent on experience, and is the act of making evaluations drawn from experience. He observed that reflections can be made *while* designing (reflection- in-action), and that these are key to development of design judgment. Therefore, looking at designers' judgment through the lens of their reflections may provide insights into the development of designers' design judgment, and for this reason Schön's notion of reflection-in-action has been employed in this study to explore development of students' design judgment.

Research questions

The following research questions have therefore guided this study:

- 1. How do ID students exercise design judgment when working on real-world design projects during master's level introductory ID and development courses?
- 2. How is design judgment developed in these ID students when working on real-world design projects during master's level introductory ID and development courses?

Table 1 Operationalization	t of kinds of design judgment (Demiral-Uzan, 2015; Nelson & Stolterman	, 2012)
Types of design judgment	Definition	Sample action in ID process
Framing	"Defining and embracing the space of potential design outcomes forms the limits that delineate the conceptual container" (Nelson & Stolterman, 2012, p. 148)	 Discussing what the project is going to be about Trying to frame the design Discussing the limit of the design space Trying to frame the components of design
Default	"Nearly automatic response to a triggering situation" (p. 150)	 Making a judgment without deep consideration Giving automatic response to the situation
Deliberated Off-hand	Bringing default judgments "up from their habitation in the uncon- scious and modify [ing] them by making them open to deliberation." (p. 151)	•Making a design move with full concentration, and after a judgment has been made, not considering it much more •Bringing unconscious judgment to more conscious fashion – thinking on it
Appreciative	"a matter of appreciating any particular situation" (p. 151)	•Expressing appreciation for what has been done •From an evaluative point of view, discussing what is or is not working
Quality	"to determine whether there is enough of a match between aesthetic norms and standards and the proposed design" (p. 151)	 Discussing the overall quality of the design Conducting a conversation on the overall quality of the project with a critical eye Critiquing the design and discussing whether it is good enough
Appearance	"Determinations of style, nature, character, and experience" (p. 151)	 Discussing the style, layout, look of artifacts or plans Discussing how a design artifact looks, works, and feel
Instrumental	"interaction with their [designers'] materials and the tools" (p. 152)	-Talking about the tools to be used in the design and how the designers are interacting with them -Interacting with the tools including technological (technology to design the instruction on/with), and instructional (instructional strategies)
Navigational	"Making the right choices in an environment that is complex and unpredictable" (p. 152)	 Discussing how to navigate within the design Making a right choice based on the situation (for example, asking someone for feedback if the designer feels stuck)
Connective	"Make binding connections and interconnections between and among things" (p. 153)	 Discussing the parts of the design and the relationships among those Discussing how things are/would be related to each other, how specific thing plays a role in design

Table 1 (continued)

Types of design judgment	Definition	Sample action in ID process
Compositional	"Bringing things together in a relational whole" (p. 153)	Discussing how to make the design whole, completed and smooth Looking at the design as whole and discussing this wholeness
Core	"buried deep within each individual, but unlike off-hand judgments they are not easy to access" (p. 154)	•Making judgments intuitively, including those based on prior experience •Judgments coming from a source that may not be known/expressed

Method

A qualitative multi-case study design was employed for this study (Hancock & Algozzine, 2006; Yin, 2014) with each ID student participant was considered as a case. Analysis and conclusions have been drawn from all the cases without the aim of comparing each one to the others.

Context

Four ID courses at four different U.S. institutions, in which students were asked to work on design projects over the course of a semester, constituted the context of the study. The selection of the sites was made with criterion and convenience sampling (Miles & Huberman, 1994; Onwuegbuzie & Leech, 2007). The sites were selected based on two criteria: (1) the ID program offers face-to-face or online master's level introductory ID courses in the USA, and (2) students in an introductory ID course are required to design instruction or instructional materials. The final sites were selected further for the ease of access to data required for the study.

Four course instructors who were willing to participate shared their course syllabi and materials, to be used as background context for the study, and announced the study to their students. The delivery methods and duration of these courses varied as well as the structure of the design projects required of students. While some of these ID courses took a traditional approach where design project deliverables were aligned with the steps in ID models, others took a more holistic design approach that required students to write general design reports not tied to a specific process. Selecting ID courses utilizing different approaches enabled increase in the variance between cases and exploration of ID students' design judgment development within different course structures. A summary of these contexts (Table 2) is presented in the following table.

Participants

When selecting participants of the study, a convenience sampling strategy was employed (Miles et al., 2014). Once the instructors had informed students about the study, students were asked to send an email to the researcher to indicate their consent to participate. Students who agreed to participate indicated willingness to share their design projects and to be interviewed twice during the semester about their design projects.

A total of eight ID students from four different institutions were willing to participate in the study. Students with various backgrounds (see Table 3) provided increased discrepancy between cases and explore design judgment development of ID students with various backgrounds.

Data sources and data collection

The data sources used in this study were documents, including course syllabi and materials, students' design project deliverables and artifacts and interviews conducted with students in the middle and at the end of the semester. Course syllabi and materials were

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ID course The structure of the course The A Semester long hybrid course Des B Semester long face-to-face course Des C Semester long face-to-face course Des	The structure of design project Design project deliverables were aligned with the steps in an ID model. Deliverables culminated in an instructional design project. Students were required to design a self-learning online instructional program of about 90 min duration. (ID model approach) course Design project deliverables were design reports. Students were required to design a sublement of about 90 min duration. (ID model approach) course Design project deliverables were design reports. Students were required to design an instructional program including facilitator and learner materials as well as to conduct an evaluation and write an evaluation
A Semester long hybrid course Desin in in b Semester long face-to-face course Desin C Semester long face-to-face course Desinc	Design project deliverables were aligned with the steps in an ID model. Deliverables culminated in an instructional design project. Students were required to design a self-learning online instructional program of about 90 min duration. (ID model approach) Course Design project deliverables were design reports. Students were required to design an instructional program including facilitator and learner materials as well as to conduct an evaluation and write an evaluation
B Semester long face-to-face course Des in re re C Semester long face-to-face course Des o o	:ourse Design project deliverables were design reports. Students were required to design an instructional program including facilitator and learner materials as well as to conduct an evaluation and write an evaluation
C Semester long face-to-face course Des or	report (Holistic design approach)
ie ss	course Design project deliverables were design reports. Students were required to design two projects. The first one was completed individually and required students to design instruction for conceptual learning; the second project was completed with a team and required a design for procedural learning. (Holistic design approach)
D Eight weeks long online course Det ti at	urse Design project deliverables were aligned with steps in an ID model. Deliverables culminated in an instruc- tional design project. Students were required to design a self-learning online instructional program of about 15 min duration. (ID model approach)

	Participant's pseudonym	Education background and current education	Prior experiences
ID Course A	Jian	Master's Degree in Linguistics Master's student in Elementary Education	Taught English to young learners for 7 years Prior design experience included planning lessons for her own teaching
	Britney	Undergraduate and Master's Degree in Athletic Training PhD student in Curriculum, Instruction, Media and Technology	Taught Athletic Training in high school and higher education Prior design experiences include planning lessons when teaching undergraduate courses in athletic training programs and designing presentations for conferences
	Annette	Undergraduate degree in Communications, Master's Degrees in TESOL and Public Relations PhD student in Curriculum and Instruction, Media and Technology	Taught ESL for more than 10 years and worked for health insurance organization to create training, and workshops
ID Course B	Megan	Master's Degree in Cognitive Psychology Master's student in ID and PhD student in Cognitive Psychology	Taught Cognitive Psychology courses in higher education Prior design experience includes lesson design in Cognitive Psychology
ID Course C	Husain	Undergraduate degree in English, Master's Degree in Educational Technology PhD student in ID	Taught in private institutions and worked as an instructional consultant for faculties on how to integrate technology into their instruction
	Garry	Undergraduate degree in English PhD student in Learming Science	Worked on project-based curriculum design project
ID Course D	Aaron	EdD student in Curriculum and Instruction Educational Technology	Taught English and Journalism for 16 years Supervising the production of the yearbook for the last 2 years Prior design experiences include lesson and unit planning
	Jennifer	Undergraduate degree in Music Education, Master's Degree in Music Performance Master's student in Education Technology	Taught Music for 11 years Prior design experiences include designing presentations and websites for teachers and designing curricula for band students in grades 5 through 8

 Table 3
 Summary of participants with their backgrounds

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used to understand the context of the course where ID students were required to work on a design project and not included directly in the analysis for the study.

ID students' design documents were used to understand the context of design in which their design judgments were based and exercised. These documents helped to identify possible moments in which design judgment was employed and to structure individualized interview questions for the interviews. The design documents were also used as prompts and aids during interviews when the students were talking about the design judgments they made. Students shared these documents, as they became available, via email.

Two semi-structured interviews with each student were the primary data source of the study for generating findings and themes. Interviews were scheduled with the students after their design documents were collected, design judgment moments had been identified and individualized interview questions were prepared. Each participating student was interviewed twice. In the interviews, students were asked about the design process they had used, and the design judgments that had been identified from their documents. Students were asked to share how they came to the point of making each judgment and where that idea had come from. During the interviews, students were not asked directly whether they employed certain kinds of design judgment due to the fact that they might not know the constructs employed in this study. Instead, they were asked about their thinking process when coming to moments of judgment. Each interview took about 60 min and was audio recorded with the permission of students. Two interviews with each student resulted in a total of 16 h of recorded interview data. All but three interviews were conducted online via an audio communication platform and three interviews were conducted face-to-face. During interview sessions, the researcher provided explanations regarding which design judgment moments she was referring to and for consistency in data collection during faceto-face interviews, the researcher took same approach as that of online interviews.

Data analysis

Data in the form of transcripts and students' design documents were analyzed according to the phases of Braun & Clarke's (2006) thematic analysis method. Through an iterative and interpretive process of reviewing students' design documents and the interview transcripts, coding was carried out based on conceptualization of types of design judgment (Nelson & Stolterman, 2012), operationalization of design judgments (Demiral-Uzan, 2015) and the notion of reflection-in-action (Schön, 1983). Qualitative data was supported by the use of NVivo 11 qualitative data analysis software.

A step-by-step approach was taken when analyzing the data. Each student's design project deliverables were analyzed separately before conducting an interview with that student. For each design project deliverable, the types of design judgment based on Nelson & Stolterman's (2012) conceptualization of types of design judgment were coded. This coding helped to map the students' design judgment and to prepare individualized interview questions.

Once the interview data were transcribed, the transcripts were read through to check for any errors and re-read to be familiar with the data. When analyzing the interview data, Demiral-Uzan's (2015) operationalization of each kind of design judgment was employed and this framework was expanded as new actions were identified and associated to a type of design judgment in the framework. An extended framework was used in analyzing students' interview data (Table 1).

or Types of Design Judgment	Types of design judgment Reason of codi	agraph that 2nd and 3rd grade Framing Deciding what as not too long but you know fit in Commerciate	Instrumental Deciding to use	Appreciative Evaluating that long	website, the first one the camping. Instrumental Considering th some people they shared one of the	ok" Appreciative Evaluating the	t is what the state right now a lot of Navigational Deciding to co	ere and then I think that one prob- Appreciative Evaluating the	nous puonsner and it snows you the Instrumental Selecting the st	is good for which grade or you Connective Considering th	n and the organize is better than just Quality Considering th	
	ason of coding	ciding what to use in instruction weidering the relation between the material and learners	nisidering the relation between the material and learners widing to use a short paragraph found online	aluating that the story needs to fit learners' level and should not be ong	msidering the use of story found online which was a paragraph not eally reading a book	aluating the story found online	ciding to continue searching for material	aluating the new material	lecting the story to be used in instruction	nsidering the relation between the material and learners	msidering the quality of the material in relation to having fancy pic	area and vertice publication of tantour publication provident

Table 4 demonstrates by example how the interview data was coded in terms of types of design judgments. This excerpt is from Jian's second interview where she talked about how she decided to use a selected story in her design. This excerpt also demonstrates how different types of design judgments are clustered in a design moment.

After coding was completed in terms of types of design judgment to explore students' exercise of design judgment, each segment was coded again based on Schön's (1983) notion of reflection-in-action to determine whether reflection was employed or not when making these judgments. Indicators used for this coding were: whether the consequences of choices were considered; how the moves that resulted in the actual design were tried out; and whether inquiry was involved in the design situation. For instance, when students deeply considered and questioned what they had done, how their choice played out in design, why they made a choice and which path they needed to take in design, these segments were coded as design judgment made with reflection. Statements not showing these indicators were considered to demonstrate lack of reflection in making that design judgment. This helped to explore how students' design judgment was developing based on whether they were making design judgments with reflection or not.

After two forms of coding were completed, descriptions of each case in terms of students' design judgment exercise and development were generated. These descriptions helped to move to an abstract level in analyzing the data and generating themes in terms of how these students exercised their design judgment and how their design judgment developed over the semester.

Trustworthiness and transferability

Triangulation (Creswell & Miller, 2000; Merriam, 2009; Patton, 2015) and reflexive journaling (Creswell & Miller, 2000; Lincoln & Guba, 2003; Merriam, 2009) were used to establish trustworthiness. Triangulation was employed by using multiple sources of data (students' documents and transcripts of their interviews), and using multiple investigators when analyzing the data. A critical researcher review and expert review were sought (Patton, 2015). While coding the data, the researcher met on a regular basis with a colleague who has experience in qualitative research but was not familiar with the concepts of design judgment. He first familiarized himself with the framework used in the study, and coded an excerpt of data using the framework. Subsequently, we met to compare our codes and discuss the reason for coding certain kinds of design judgments. Later, the final report of the findings was shared with him; he reviewed the report critically and asked probing questions about the findings. In addition to this critical researcher review, the co-authors regularly met when analyzing the data and discussed the analysis process. Moreover, the second author, who has expertise in design pedagogy and judgment, reviewed the report of the findings, asking critical questions about coding, interpretations and ways of reporting. In both cases, efforts to resolve questions and reconcile understandings led to increased confidence in the analysis. Furthermore, recruiting participants from multiple ID courses at multiple institutions also helped with triangulating across different contexts and multiple sources (students' design artifacts and interviews with them) (Gerring, 2007).

Because of the nature of design, and because design judgments are unique to designers, this study did not aim to generalize the findings across ID students either in the same course or across ID courses from different programs. The aim of the study is rather to transfer the implicit meaning embedded in the phenomenon (ID students' design judgment development) to explicit discussions of the phenomenon in order to construct shared understanding of the concept of design judgment development in the field.

Findings

In this section, each ID students' exercise of design judgment and their development regarding judgments made with or without reflection are presented.

Jian's design judgment exercise and development

For her ID project, Jian designed instruction for second and third grade Chinese students, a population and topic she is familiar with, intending to increasing their reading comprehension. Table 5 summarizes Jian's design judgments throughout her design process and how her design judgment developed over time.

Jian's use of reflection in making design judgments fluctuated. In the early stage of framing her design, although she employed reflection in some cases, she did not in others. In some cases, her accumulated experience of teaching enabled her to reflect while making design judgments. In other cases, her experience caused her to make judgments without reflection. That might be because she had already reflected on her judgments before she began her design process and thus knew what she would do. In regard to planning her design, she seemed to make judgments without reflection. However, when she was developing her instruction, she revisited her judgments and employed reflection. At the end of the design project, when she was conducting a formative evaluation, she did not employ reflection but instead tended to follow guidelines. Her choice was interpreted to mean that when she did not have any knowledge and experience about what to do, she could not employ reflection in her design judgment and tended to follow guidelines.

Britney's design judgment exercise and development

Britney designed an instruction for Athletic Training students about spine boarding, a procedure that she was already familiar with. Table 6 summarizes Britney's design judgments throughout her design process and how her design judgment developed over time.

Britney engaged in reflection when she made design judgments, but her reflection fluctuated. Her reflective moments increased as she progressed with her design. In the early stages of her design process she made judgments without deep consideration, but as she progressed and started to develop instruction, she considered more carefully the consequences and implications of her judgments and employed reflection. However, it was determined that when she was making judgments during her formative evaluation, she could not employ reflection because she did not have any prior experience to base the reflection on. Therefore, she tended to follow what she was told.

Annette's design judgment exercise and development

Annette also designed an instruction on a topic she was familiar with. Her instruction was for Chinese ESL learners regarding how to pronounce certain sounds. Table 7 summarizes

able 5 Jian's design judgment exercise and development		
Design activity and judgment Jud	dgment made with or without reflection	Rationale
Traming the Design—designing instruction on reading Init comprehension for second- and third- grade Chinese students of English—using stories in design	tially not reflective but became reflective later	She had experience in designing similar instructions and knew what would help students. However, when she explained how she came to her judgment, it was apparent that she employed reflection
electing Instruction Materials—considering what story to Init use	tially not reflective but became reflective later	In the early stage of designing, she did not think through what story to use in instruction; but when developing the instruc- tion, she considered multiple aspects including the quality of the story, visuals, publisher and employed reflection
electing an Instructional Strategy—thinking to use 5W1H Init strategy in the instruction, but changed it to use draw and retell strategy	tially not reflective but became reflective later	In the early stage, the first thing that came to her mind was to use 5W1H; but with the help of peer feedback, she consid- ered using draw and retell and employed reflection
Conducting Formative Evaluation—identifying the struc- Notture of the formative evaluation	st reflective	She did not know what to do and followed guidelines. She did not employ reflection

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Table 6 Britney's design judgment exercise and developmer	t	
Design activity and judgment	Judgment made with or without reflection	Rationale
Framing the Design—designing instruction about spine boarding for AT students—considering what the focus of the instruction would be and how instruction would be delivered	Not reflective when deciding on the topic but reflective when deciding how to deliver instruction	She had knowledge of the topic, wanted to do something familiar, and did not employ reflection. However, when considering what the focus of the instruction would be and how it would be delivered, she employed reflection
Selecting Instruction Materials—using short videos in instruction	Initially not reflective but became reflective later	In the beginning, without deep consideration, she thought she would use video, but when developing the instruction, she considered more carefully how videos would be structured and employed reflection
Considering the Medium for Delivering the Instruction- using YouTube to deliver the instruction	Initially not reflective but became reflective later	Initially she came across the idea and did not think it through, but when developing the instruction, she considered why this medium would be a good option and employed reflec- tion
Conducting Formative Evaluation—identifying the struc- ture of the formative evaluation	Not reflective	She followed the guidelines and did not employ reflection

Table 7 Annette's design judgment exercise and development	Ţ	
Design activity and judgment	Judgment made with or without reflection	Rationale
Framing the Design—designing an instruction for Chinese ESL learners on how to pronounce two specific sounds	Initially not reflective but became reflective later	She quickly identified the focus of the instruction based on convenience but then considered for whom she designed this instruction and what needed to be instructed
Structuring the Instruction—including symbols in the instruction while letting learners hear and practice them	Initially not reflective but reflective later	Her judgment of using a "hear and practice" strategy was not reflective. This was what she initially thought and believed would work. Peer feedback helped her reconsider her judg- ment and employ reflection
Sequencing the Instruction—starting with words and mov- ing toward speaking oneself	Not reflective	She knew theory would work and decided to sequence the instruction based on that. She was not reflective when mak- ing judgments in design but that may have been because of her experience in this area
Conducting Formative Evaluation—identifying the struc- ture of the formative evaluation	Not reflective/reflective	When she was following guidelines, she did not employ reflection. However, in some cases she considered how the information would help and employed reflection

her design judgments throughout her design process and how her design judgment developed over time.

Annette's judgments made with reflection varied; when she had an idea about what would work based on her experience, she did not employ reflection at all but relied on her prior experience. However, in some instances she employed reflection later on. For instance, while she quickly made the judgment about designing instruction on pronunciation without considering the consequences, later she considered who the learners would be and what would be instructed and then made judgments with reflection. It seems she made her initial judgments without considering all of the consequences of this approach, but immediately afterward she reflected on them and experimented with what she might do and what the consequences of those strategies would be. Unlike others, because she had some prior experience with evaluation, she created a method of her own when conducting her formative evaluation in addition to following the guidelines provided in class. Then, she made judgments on using different ways of collecting data in addition to the suggested ones by reflecting on what would help her evaluate the effectiveness of the instruction. This demonstrated that if ID students have prior knowledge and experience to base their reflection on, they may make their judgments with reflection.

Aaron's design judgment exercise and development

Aaron designed instruction for journalism students covering basic design elements. Like others, he selected a topic and learner group he was familiar with. Table 8 summarizes his design judgments throughout his design process and how his design judgment developed over time.

Aaron made most of his design judgments with reflection when he had freedom of choice. In the early stage of his design process when he framed the design, he quickly made his judgment without considering its consequences. Later, however, when he decided on the content, he employed reflection when he made his judgments. With the knowledge gained from his teaching experience, he shaped the design with his judgment, which was made with reflection. At the end of the process, when planning the formative evaluation, he followed the course guidelines due to his lack of experience and did not make judgments with reflection. Thus, the choices that he made demonstrate that he used reflection in making his judgments when he had prior experience and knew what kinds of choices to make; and when he did not have knowledge or experience to inform his decisions, he tended to abide by the course guidelines.

Moreover, it was recognized that he did not make design judgments with reflection when he needed to meet specific requirements. In the cases of framing both the needs assessment and the assessment, he abided by the specific requirements of the course and also followed suggestions in the form of examples that were presented in the course material. For instance, in framing the needs assessment, he was given examples of certain technologies for collecting data and certain ways of presenting the findings. In that case, his judgment was to follow the guidelines, and he did not employ reflection. However, when developing the instrument and collecting the data, he appeared to engage in reflection along with his judgment. Similarly, when he decided on the assessment items, he was encouraged to use certain types of questions. In that case, he framed his design based on the given requirements and could not incorporate reflection into his judgment. However, when developing the items, he appeared to make a judgment with reflection when he was considering what questions to use and what the appropriate way to present those questions would be. This is

Design activity and judgment	Judgment made with or without reflection	Rationale
Framing the Design—designing an instruction for intro- ductory journalism students on basic design elements of yearbook spread	Not reflective	He needed to have something to measure students' learn- ing in the school and considered designing something that he could use later
Conducting Needs Assessment—deciding how needs assessment would be structured	Initially not reflective, but became reflective in develop- ing instruments and collecting data	Because suggestions were provided at the beginning about instrument and platform, he did not employ reflection. However, when creating the instrument and collecting the data, he considered which approach to take such as what types of questions he needed to ask and from whom he needed to collect data. Thus, he did employ reflection
Deciding Instruction Content—including headlines into the instruction even though no need was identified to focus on this content	Reflective	He considered that excluding headlines from the instruc- tion would break the coherence of the content, and he decided to include it in the instruction even though he did not identify a need for it. He employed reflection
Structuring the Assessment—deciding to use multiple choice assessment items that progressed from easy to more difficult and reduce cues	Initially not reflective, but became reflective when creat- ing assessment items	Creating multiple choice or true/false questions was a requirement, and he followed the guidelines. Thus, he did not employ reflection. However, in creating assessment items, he considered what to ask, how to ask questions, and using questions that increased in difficulty while help was reduced

an indication that providing too much guidance might have hindered him in making design judgments with reflection.

Jennifer's design judgment exercise and development

Jennifer designed instruction for high school students to learn music terms. Her choice of topic and learner group was convenient as well, reflecting audience and content she was familiar with. Table 9 summarizes Jennifer's design judgments throughout her design process and how her design judgment developed over time.

Jennifer made her design judgments with reflection for the most part. Even at the beginning of the process when she framed the design and decided on the focus of the instruction, she engaged in reflection and considered the consequences of her choices. Later, she continued making judgments with reflection and took responsibility for her design. However, when she planned the formative evaluation, she seemed to reduce the use of reflection when making judgments and tended to follow the given guidelines. This indicates that in the early stages, she reflected with the help of her prior knowledge and experience in teaching and learning but because she did not have much experience in formative evaluation, she elected to follow the course guidelines. However, it was identified that when she was working on the details of the formative evaluation, once she had decided what she needed to do, she started engaging in reflection again.

Megan's design judgment exercise and development

Megan designed instruction for undergraduate students on how to systematically solve a problem, a process that she was familiar with. Table 10 summarizes Megan's design judgments throughout her design process and how her design judgment developed over time.

Megan hurried through her judgments at first but engaged in reflection later. When she conducted her project she usually engaged in reflection when she made her judgments even though she did not incorporate reflection into all of her judgments from the beginning. She was open to learning new things, and it seemed that she employed reflection when she decided the content of the instruction. In other cases, she seemed not to think through the evaluation, her judgment was to follow the guidelines. Even though she performed the program evaluation at the end of the course, she still tended to follow guidelines and did not employ reflection.

Husain's design judgment exercise and development

In the course Husain was in, he was required to complete two design projects. He selected the topics he was familiar with. For the first project, he designed instruction on business emails for Chinese learners. For the second project, he and his team started with a different idea but then designed instruction on how to create a rubric. Table 11 summarizes Husain's design judgments throughout his design process and how his design judgment developed over time.

Husain made judgments relying heavily on research, his own experience, course requirements, best practices, and suggestions. His judgments involved reflection in some cases but not all the time. He was the only student who had some prior experience in the field, and his prior experience might have caused him to make judgments quickly without much

Table 9 Jennifer's design judgment exercise and development		
Design activity and judgment	Judgment made with or without reflection	Rationale
Framing the Design—identifying the focus as instruction on music terms for high school students	Reflective	She considered the need, other potential topics, materials to be covered, and ways of assessing learners; she used other examples to form new insights. She engaged in reflection right from the beginning of her project
Structuring the Instruction—covering the terms under categories, starting with the category with the fewest terms, wondering how to cover all terms because of the time constraint; deciding to cover all)	Reflective	She considered how to deliver the information, where to start, what to cover in instruction, and how to stay within time limits. She employed reflection and chose what she thought would work best
Planning Formative Evaluation—planning the structure of the formative evaluation	Initially not reflective but became reflec- tive later	She followed guidelines on what techniques to use for evaluation. However, later she considered how collecting data from various resources would be meaningful for her, and she employed reflection

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Table 10 Megan's design judgment exercise and developmer	t	
Design activity and judgment	Judgment made with or without reflection	Rationale
Framing the Design—deciding to design an instruction for undergraduate students on how to solve problems in a systematic way	Not reflective	She considered this an easy frame for her instruction. She knew the topic and learners, and she did not employ reflec- tion
Deciding What to Cover	Initially not reflective but became reflective later	She initially considered designing something similar to what she had taught before and did not employ reflection when thinking about that. However, after learning more about different approaches, she considered that she could incorpo- rate those into the instruction. She took feedback received from her classmates into account in deciding the content of the instruction. She employed reflection
Deciding on Delivery Method—f2f vs online—identifying the medium for instruction to be delivered	Reflective	Even though she had an initial thought on making the instruc- tion for the classroom environment, she also considered what would happen if she wanted to take it online. She employed reflection, but did not think through the use of instructional materials in the designed instruction
Structuring the Instruction and deciding on Strategies— deciding to use examples and practices in the instruction and adding discussion	Initially not reflective but became reflective later	Her initial thought was to use examples and practice in instruction due to her belief in active learning. She did not employ reflection. However, in developing the instruction, she included discussion and considered in which situations examples or discussions could be used. She employed reflection. When incorporating scenario-based practice, she did not employ reflection because she utilized the sample project provided. However, later she considered how to facilitate the practice, and envisioned changing the strategy based on the situation. She employed reflection

Table 10 (continued)		
Design activity and judgment	Judgment made with or without reflection	Rationale
Structuring the Assessment-deciding how to assess learn- ing	Initially not reflective but became reflective later	She wanted to do something other than multiple choice ques- tions and wanted the assessment to be more practice-based. She considered using a scenario-based assessment, but did not employ reflection. During development, she considered how to assess the objective she identified. Then, she consid- ered using someone else's situation and asking how learn- ers would solve the problem rather than putting learners in the situation. She employed reflection
Conducting Program Evaluation—identifying the structure of the formative evaluation	Not reflective	She did whatever was convenient such as using some under- graduate students from the lab and facilitating the instruc- tion herself. She followed guidelines on the instruments to be used for collecting data. She stopped her design process when she completed the requirements

Table 11 H	ısain's design judgment exercise and development		
	Design activity and judgment	Judgment made with or without reflection	Rationale
1st Project	Framing the Design—deciding to design an instruction for Chinese learners on business emails	Not reflective	He considered only practicality and did not employ reflec- tion
	Structuring the Instruction—deciding to use concept maps; identifying the concepts and sub-concepts to be taught in instruction; using ARCS model for motiva- tion and utilizing video to grab attention	Not reflective except when considering strategies for motivation	He decided to use concept maps in instruction and considered what the textbook said was the best. When identifying concepts, he considered doing what was asked. When planning the instruction, he decided to use the ARCS model for motivation because he knew that would work. He did not employ his prior reflection
2nd Project	Identifying the Focus and Framing the Design—decid- ing to design an instruction on Swahili wedding proce- dure but then changed it to how to create a rubric	Initially not reflective but became reflective when framing new instruction	In the beginning, he followed what his teammates pro- posed but then considered the duration of the instruction and assessment and decided that would not work. He employed his reflection later because he realized with his teammates that what was proposed would not work and he considered the topic, content, assessment of new instruction, and how it would fit into requirements. He employed reflection
	Structuring the Instruction—using ARCS model for motivation and using same strategies as before; decid- ing to demonstrate and let learners practice; giving different scenarios for practice	Initially not reflective became reflective when thinking about practice	He again decided to use the ARCS model for motivation. He knew from prior experience that it worked and did the same thing again. During instruction, he used the strategy of demonstrating and letting learners practice. He knew from theory that should be the way to teach procedure. He did not employ reflection. Later, he con- sidered using different scenarios because learners would be teachers in different subject areas and thus employed reflection
	Conducting Formative Evaluation—identifying the structure of the formative evaluation	Not reflective	He followed suggested best practices

consideration because he might have reflected previously on judgments and found considering them again to be unnecessary. Therefore, that might have made it difficult to capture whether his judgments were made with reflection. Because his initial level of experience in this course was different from that of others, his pattern of making judgments with reflection diverged from that of the others. In some cases, he felt he had to restrict his judgment to meet the course requirements. In other cases, he might have intentionally put his judgment aside because he was working in a group and did not want to impose his thoughts on other team members. Further, he might have constrained his judgment because he knew this was a course project and a minimum amount of effort was enough to showcase his ability to design instruction.

Garry's design judgment exercise and development

Garry was also required to complete two design projects in a semester. In his first project, he designed instruction for second and third grade students on temperature. In the second project, he and his teammate designed instruction on how to 3D print. His second project was on a topic he did not know anything about. He first learned about the topic; then designed an instruction on it. Table 12 summarizes Garry's design judgments throughout his design process and how his design judgment developed over time.

Garry made most of his judgments with reflection. Especially, in his second design project, he considered the consequences of his actions and thought through the implications of the design. When he framed the design, he considered that instructing learners on how to 3D-print would be too general, and that the learners might create individual designs. To eliminate issues related to designing and focus on the process of printing, he considered narrowing the focus down to printing a nametag. Even at the beginning of his design process, he thought through what possible issues might arise during implementation and how to overcome them before they occurred. Because he was working with a teammate, some of his judgments were made in cooperation with his teammate. His prior knowledge and experience helped him employ reflection when he made his judgments. For instance, when structuring the instruction, he considered reducing the cognitive load during the course of the instruction. He thought through how he could help learners to process their new knowledge easily. As opposed to others, when conducting the evaluation, he did not strictly follow the guidelines but took a different approach. All of this highlights the fact that in his design project, most of the time he employed his reflection when he made judgments.

Also, it was noticed that his design process was different from that of others. First, he decided to design an instruction on a topic he was interested in but had no knowledge of. Thus, he made an effort to learn the procedure about which he would design his instruction. His experience in learning the instructional procedure influenced his judgment on structuring the instruction. Because his project was the only one that would be implemented in the real world, this might have encouraged him to conduct pilot tests and revise the instruction.

Discussion and recommendations

These ID students' design judgment exercise and development revealed themes regarding (1) the nature of exercising design judgment, (2) influences on exercising and developing design judgment, and (3) the nature of design judgment development. These will be

Table 12 C	arry's design judgment exercise and development		
	Design activity and judgment	Judgment made with or without reflection	Rationale
1st Project	Framing the Design—having a framework in mind and trying to decide on a topic in science educa- tion for second- and third-grade students; then deciding to design instruction on temperature	Initially not reflective about framework but became reflective later	He brainstormed on the topic of the instruction and considered how his instruction would be different from the current ones and how he would structure the instruction. He employed reflection
	Structuring the Instruction—using a learning with play approach that originated in theory and including technology to provide feedback; posing questions during play	Somewhat reflective when considering how to instruct and reflective when considering question-ing	When thinking about how to instruct, it was not clear whether considerations came from him or from what was done in a research project. However, when thinking about posing questions, he consid- ered what would be beneficial for learners, and when doino that that halance was the key

Table 12 (c 2nd Project	ontinued) Design activity and judgment Framing the design—identifying the topic—decid- ing to design instruction on 3D printing and then narrowing it down to how to print a nametag Structuring the Instruction—considering what content to include/exclude in the instruction; identifying the steps as he learned the process but grouping related steps; introducing the materi- als and big steps and then letting learners to go through the material and complete the procedure through the material and complete the procedure ers on process versus product, and also including a sorting activity for the assessment	Judgment made with or without reflection Initially not reflective but became reflective later finitially not reflective but became reflective when considering what to include; reflective when considering how to deliver information; reflective when considering how to instruct Reflective on what to assess but not reflective about the assessment activity	Rationale He considered designing instruction on a topic he was interested in and thought that instruction about this topic could also be useful for his research project as well. He did not employ reflection much However, later he considered there was a need to narrow down the focus and considered the need of the project. He employed reflection on the suggestion of the instructor, he decided to exclude Tinker Cad from the instruction and did not employ reflection. However, with his team- mates, they wanted learners to know about the procedure but not the details about the 3D printer and materials. He employed his reflection He considered how the procedure could be taught better and employed reflection in doing so. When identifying the means of instruction, he consid- ered demonstrating all of the steps and that letting learners do all of them would take too much time. Instead decided to let them go through on their own but provide help along the way He considered whether assessment would be made on process or product. He employed his reflection However, when he was specifically asked about assessment activity, he felt the need to come up with a specific activity/instrument, then created a sorting activity because it was required
	Evaluating the Design—conducting two pilot tests and asking a graphic designer to review design and making revisions	Reflective	He conducted pilot tests with various users and ma revisions. He also asked a graphic designer to review the design. He extended the requirements and employed reflection

discussed together with the existing literature, and based on the findings, recommendations will be made for ID education to support students' design judgment development.

Nature of exercising design judgment

ID students make design judgments constantly throughout their ID process regardless of whether they make them with or without reflection. These students' design process also revealed that they make different kinds of design judgments concurrently, and that some of the judgments overlapped. These findings were consistent with the theory regarding use of design judgment (Nelson & Stolterman, 2003; 2012) as well as empirical studies (Demiral-Uzan, 2015; Farmer & Koehler, 2022; Gray et al., 2015; Parsons et al., 2020).

ID students in this study were identified making clustered and layered design judgments as consistent with prior research of designers in practice (Boling et al., 2017a, 2017b; Gray et al., 2015). The excerpt shown in Table 4 demonstrates that this student is making multiple kinds of design judgments at a certain moment while designing. There may be times in design where designers do make a single kind of design judgment, but other times where they make multiple kinds at the same time. Farmer & Koehler (2022) indicated that even though they reported their design judgments separately, their experience was complex and design judgments were interdependent as other researchers have reported (Gray et al., 2015; Parsons et al., 2020) and as found in this study. Similarly, during design processes, some kinds of design judgment are foregrounded, while others may happen at the background. In Table 4, when the student makes a navigational judgment in the foreground when deciding to continue searching for resources, she makes other kinds of judgments in the background when evaluating the material she already has, considering the quality and relevance of the materials for learners. This demonstrates how design judgments are layered. While the focus of this study was not to identify how clustered and layered these ID students' design judgments were, it was interesting to note and to observe that students' exercise of judgments happens similarly to observations of practicing designers. It may be that certain clusters of judgments naturally form during design, but further research is needed to know what making layered and clustered design judgments may say about either design judgment or about students' design judgment development.

Holt (1997) has indicated that being aware of making design judgments is a pre-condition for developing design judgment. However, design judgment is not explicitly discussed in ID education (Korkmaz, 2011) and in this study we also identified that these students were not encouraged explicitly to use their design judgment and nor were they explicitly aware of using their design judgment even though they were clearly doing so. It is worth considering how their exercise of design judgment might be different if they were explicitly encouraged or guided to recognize, name and embrace their design judgment. We may be able to increase awareness by using common language and implementing frame experiments in ID courses to teach design judgment and to help students explicitly identify the judgments they make in design (Boling et al., 2022).

Influences on the exercise and development of design judgment

Experience, as well as external factors such as course requirements and practice, influence the exercise and development of design judgment. We see from these ID students' design process that they used their experiences in their design judgments and reflections, and that these experiences shaped their design judgments. This finding is consistent with recent

research about ID practitioners' use of prior experience in design (Stefaniak & Xu, 2020; Stefaniak et al., 2022), and in situations where they do not know with certainty what to do (Stefaniak et al., 2018). However, we also see in this study that students have a limited repertoire of experience to rely on for their judgments. In three out of four ID courses, students were working on one design project for an entire semester. The experiences they were relying on were either their prior teaching experiences and/or their learning experiences. They were not referring to their design experiences. Design theory states that design judgment is dependent on experience (Nelson & Stolterman, 2012) and that design judgment is reflection together with experience (Schön, 1983). Pauwels et al. (2013) have highlighted that designers' experience are gained through in designing and already accumulated ones. Likewise, Korkmaz (2011) found that instructional designers make design judgments by using their experiences as these ID students did, especially in their reflections. The critical role of experiences raises the question of how we address students' existing experiences and how we help them to accumulate as much experience as possible to support their design judgment exercise and development. Although researchers suggest using design cases (Boling, 2010) to help students to accumulate as much experience as possible, students in this study were not given any design cases in their ID courses. We note that many students are exposed to teaching cases (e.g., Ertmer et al., 2019), which are fictionalized narratives crafted to raise specific questions about design projects; these are different than design cases, which are authentic descriptions of designs produced for the purpose of increasing the store of experiences for many designers (Howard et al., 2012). Some students in this study did have an opportunity for peer review in class which helps them to see the parts of a design that they had not considered before, encouraging them to reconsider previously made design judgments and to make further judgments. Peer review also provided opportunities for students to expand their repertoire of design situations by reviewing the designs of others, as observed by Korkmaz (2011) who indicated that instructors thought peer reviews help students to develop design judgment. In ID education practice, we may emphasize and expand teaching strategies such as integrating design cases, encouraging development of design cases to build value for this form of developing judgment, and peer review to further support students' deliberate and explicit development of design judgment. However, we do need further investigation on how an expanded repertoire of design experiences may make a difference in the development of design judgment, particularly accelerating it in a field where most students still begin their design studies at the graduate level with a shorter time for this development than in fields where design instruction begins at the undergraduate level.

It is evident in this study that the supplied design project requirements influenced how these ID students exercised design judgment. As Gray et al. (2015) noted, instructional designers' judgments were shaped by external factors including the design environment, the role or position of the designer, the project, the client and other external constraints; likewise, these students' design judgments were shaped by the project requirements determined by the instructors of the courses. Pre-determined requirements such as the method of delivery, the duration of the instruction, the type of learning and guidelines for certain design activities shaped these students' design judgments in designing. In some cases, they seemed to adjust their design judgments to meet these requirements. In other cases, these requirements prevented them from making design judgments and discouraged them from reflecting on the design process. These pre-determined requirements. For instance, the course Aaron was enrolled in employed an ID model approach in which project deliverables were aligned with a specific model starting with needs assessment and ending with

a formative evaluation plan. Students in this course were required to design a self-paced online instructional module that would not exceed 15 min in length. They were encouraged to design their instructional modules as interactive presentations that learners could navigate by themselves. In addition, students were given guidelines in the course. Aaron stated in the interview "we were asked to create assessment items that were either true/false or multiple choice, and so it was a little bit limited in creating objectives. And I say that was difficult because I think with my particular content there are so many different ways that you can assess creating a design". This given guideline seemed to limit Aaron's design judgment. On the other hand, Megan was designing in a course using a holistic design approach in which students were expected to design an instructional program with participant and facilitator materials, assessment items, and other unspecified resources. She was required to write preliminary, detailed design reports and a program evaluation report. In this course, students were not given any requirements in terms of delivery method or length of the instructional program. Her interview revealed that she received support as needed rather than receiving detailed requirements in advance. In relation to creating assessment items, Megan stated that she did not want to create a multiple choice test for assessment but wanted to use "a scenario-based kind of practice and assessment". She though through what kind of scenario-based assessment she could use. She shared that she first thought about giving students a problem to solve and observe them when they were doing but then she thought this would not be feasible and changed her perspective deciding to describe a problem that someone else was having, asking students to help this person solve that problem. She thought that with this perspective she would be able to assess what aspects students attended to when helping solve the problem. She was able to carry out this idea in her design. However, in Aaron's case, he was not given choice to explore new ideas and he felt that he needed to comply with what he had been asked to do. These two cases illustrate how starting with detailed guidelines and suggestions on what to do may prevent ID students from using design judgment to explore and select options. As educators, we may think that novices will need guidelines to be able to know what they are doing. Clearly, taking guidelines away from instruction design education may cause students to feel insecure and lost in the process. Guidelines may have a role in providing support for those who do not know what to do, but due to detailed guidelines, students may be trapped in the novice level and it may be hard for them to break through (Boling, 2016). Therefore, it may be worth considering both the timing and the nature of guidelines. Should the guidelines tell students what to do before they start working, or be given as needed to support them in the process? Researchers have suggested that a coaching or apprenticeship model in which students approach the full complexity of design immediately to support students' development (Ertmer & Cennamo, 1995; Schön, 1987; Stefaniak, 2017; Tripp, 1994). Ertmer et al. (2009) recommended pairing novice ID students with experts to support problem solving skills; similarly, experienced ID students may be paired with novice ID students to support their design judgment development or, as in studio formats, novice and advanced students may study in the same course. Through coaching, novice students may have the opportunity to explore, reflect, think more deeply than they would otherwise and make design judgments as Stefaniak (2017) has suggested. Working in a coaching or studio model may also help novice designers break through unseen barriers that may be implied by the requirements and guidelines intended to scaffold them in design projects (Boling et al., 2017b). However, careful attention is needed because if instructors or the more experienced students do not know much about design judgment and do not encourage making design judgments but instead simply offer tips and provide shortcuts, coaching may not help in supporting design judgment development.

Nevertheless, as the students in this study progressed in design, they most often started with non-reflective judgments but were demonstrably able later to make design judgments with reflection and to consider interconnections in design. As Smith (2008) has suggested, novice designers need to exercise judgment to be able to learn how to make better judgments. These students' design judgments were clearly developing with designing and practicing design, and it is evident in this study that working on design projects did encourage ID students to make design judgments and reflect, even without explicit reference to design judgment in their classes. However, most students in this study still had limited opportunities to practice their design judgment except while working on a single design project across the semester. It is possible that if they had more opportunities, their design judgment could have developed more. As seen with Garry who had two project opportunities for design practice, he was able to make more reflections during exercise of his design judgment even at the beginning of the design process. It is important to remember that students' design judgment development will not be accomplished with a single course in a semester, whether they work on one project or two. Instead, students need to be given opportunities to exercise and develop their design judgment with repeated practice throughout their professional education. Repeated practice is, of course, a staple instructional strategy for both simple and complex performances (Pellegrino, 2004), but in two-year instructional design programs there may need to be curriculum adjustments to provide repeated opportunities for students to grapple with various design situations and, as Stefaniak (2015) has suggested, to provide these as early as possible in their programs.

While Lawson and Dorst (2009) have stated that for development of design expertise students should be assigned a series of design projects with complexity increased over the series, consistent with Reigeluth's (2013) elaboration theory and simplifying conditions, Nelson & Stolterman (2012) and others (Boling, 2016; Orr & Shreeve, 2017; Stefaniak, 2017) have suggested that students should be given design tasks that are open-ended and demand design judgment. They highlight the need for ID and design students to deal with difficult design scenarios and practice designing instruction in varied contexts. It will be worth asking in future studies: do multiple design projects and fully complex projects function in ID education as pedagogical theory suggests they should?; how should such projects be framed to support students' design judgment?; how many projects might be enough for students to develop their design judgment to a desirable level in a master's program?; which contributes most to students' design judgment development—the number of projects they engage in or the nature of the design projects or are both equally important?

Multiple means have been suggested to provide opportunities for students to practice and support instructional design in general. Larson & Lockee (2009) have suggested that instructors can let students experience the context in which they will work later; this is consistent with a view of design education as a bridge to professional practice (Brandt et al., 2013). Case-based learning is another strategy which has been used to improve the preparation of ID students (Bennett, 2010). Bannan-Ritland (2001) has described applying an action learning approach to teaching ID, explaining that each ID situation brings unique challenges for designers in dealing with ambiguity and the constraints of that design situation. In all of these approaches we suggest that adding explicit focus on design judgment with reflection might accelerate and/or deepen development of students' judgment which is likely already occurring.

In addition to these teaching strategies, researchers have suggested incorporating a designer mindset (Stefaniak & Reese, 2022), using frame experiments as an instructional method (Boling et al., 2022) and fostering design thinking and design judgment (Tracey & Boling, 2014) in ID education. Studio-based education (Boling et al., 2017a, b) may

provide opportunities for all the recommendations resulting from this study and may be worth considering for helping students to recognize their own design judgment, designer perspective and paths to develop their design judgment.

Nature of developing design judgment

Development of design judgment was personal and perceptible for these ID students over the course of the semester. Consistent with design judgment and development being theorized to be unique to each designer (Holt, 1997; Nelson & Stolterman, 2012), design judgment and its development in these ID students did manifest in unique ways, individual to each participant in the study. This was not only because they were in different design situations and thus confronted a variety of design problems; it appeared also to be because they had different approaches toward designing and different knowledge sets and experiences coming into class. Lawson (2006) has indicated that, indeed, designers have different approaches and views about how to design and they bring those into design. Even the students who had a similar number of years of teaching experience and who were designing instruction on a topic they had taught before made design judgments individual to themselves.

Korkmaz (2011) has suggested that working on design projects may foster ID students to develop design judgment because instructors in her study reported that they expected students to exercise design judgment during design projects. However, Dorst & Reymen (2004) argued that a 'learning by doing' model is not enough to develop the abilities needed for design. Lawson & Dorst (2009) also argued that simply doing projects does not guarantee learning and development, that skills and values are needed as well. This study suggests that even though class projects may not be enough to develop all required design abilities, working on design projects does provide the opportunity for students to exercise design judgment and develop design judgment to some degree. The majority of the students' design processes in this study were aligned with process steps prescribed to them. Structuring their activities by process steps may have discouraged them from going outside the provided guidelines and design model, preventing them from exploring new approaches to design, increasing their comfort level but reducing the chances for them to exercise, and therefore develop their judgment. Also, most students selected a topic that they were familiar with for which to design instruction. While they often followed unreflective judgments with various forms of reflection, coming to the design situation with a frame already in mind may have prevented them from making design judgments with sufficient reflection. Their design judgment development might, consequently, have remained limited.

Lawson & Dorst (2009) have argued that designers' development starts with the novice following strict rules when dealing with design problems. These ID students' design process reveals that most of them still tended to follow the rules by the end of the course. In that sense, those students remained close to the novice level of performance and preferred to stay in a safe zone when they were provided with requirements and guidelines on what to do and how to do it. They tended to follow these and perform according to supplied processes, especially when they did not have prior experience to rely on. As Nelson & Stolterman (2012) have discussed, guidelines might serve as the guarantor-of-design that students may search for. On the other hand, a few of the students did stretch the rules based on their unique design situations. Being sensitive to design situations and operating on exceptions to the rules is described as the performance of advanced beginners (Lawson & Dorst, 2009). In that sense, some students did seem to move beyond the novice level.

In this study, most students' design judgment with reflection fluctuated. Their pattern of making design judgments did reveal that their ability to make design judgments with reflection changed. For instance, while they made design judgments without consideration at the beginning of the design process, as they progressed through their projects, they returned to the judgments they had made earlier, reflected on those, and operated on the basis of some interconnected considerations. This shows that as they progressed in design, their judgments evolved and were made with reflection and consideration and signaled that their ability to make design judgments had developed over the semester. On the other hand, a few students seemed to make design judgments with reflection throughout the design process; it was difficult to determine in these cases whether their design judgment with reflection had changed over the semester or whether it was a tendency toward reflection on their part regardless of making design judgments. Regardless, providing opportunities for students to reflect deliberately could help them to recognize their own design judgment at work and to develop it deliberately. As an example, Tracey et al. (2014) found reflective writing assignments beneficial for novice designers to make meaningful reflections on their designs. Another strategy might be to use just-in-time prompts given when students are engaged in designing to help students reflect in situ and work to gain the habit of reflective thinking while making design judgments (e.g., frame experiments as suggested by Boling et al., 2022). Future study of strategies such as these could illuminate productive pathways to moving novice designers further in their development during instructional design courses.

Limitations and future research

This study explored eight ID students' design judgment exercise and development. The number of participants in this study was limited; however, diversity among the cases included ID courses with different structures at various institutions. With the limited number of participants, we were, however, able to give good attention to the rich data collected. The aim of the study is, of course, not to generalize to all ID students or even to other students in the courses participants came from.

Another limitation of the study involves not observing students while they were actively designing owing to the distance between the different institutions. Additionally, when the interviews were conducted students had already made some of their design judgments and articulating their thought processes from the time when those judgments were made was sometimes challenging for them. To further explore students' exercise and development of design judgment, the next step would be conducting studies that observe students directly in class, in design meetings and in other design activities using the lens of design judgment. Direct observation of students' design activities would enable researchers to examine their design character, perspectives, and judgment in the moment together with changes in their ability to make those judgments.

It is evident in this study that working on design projects allowed for students to exercise design judgment; however, the design projects they were engaged in might have influenced their design judgment development. Further research is needed to investigate the role of multiple design projects in the development of design judgment and how design projects need to be framed to support design judgment development. We found that external factors such as course requirements, given guidelines and suggestions might have prevented students from making some design judgments and therefore feel that further research is needed to explore the role of course requirements and guidelines on students' development of design judgment and reflection. Moreover, methods for making explicit what design judgment is and how to reflect upon it should be investigated. This study explored ID students' exercise and development of design judgment for one semester. Longitudinal studies also need to be conducted to capture students' development over longer periods of time, especially when they are asked to practice complex design early and repeatedly throughout their educational experience.

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