



# Deconvoluted plasma DSC curves on patients with psoriasis

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## Abstract

Psoriasis is an inflammatory disease that changes plasma composition, and it is detectable by differential scanning calorimetry (DSC). Besides the general change in plasma, the aim of the study was to demonstrate which components are changing and how the anti-psoriatic drug treatment affects back all this. Retrospectively, blood plasma DSC data were analyzed from patients, who have different severities of symptoms and who received steroids ( $n = 10$ ), or retinoids ( $n = 10$ ), or biological drug treatment ( $n = 10$ ). Complex curves were deconvoluted in several individual transitions ( $T_{m1} - T_{m5}$ ), modeling each individual transition. In the examined psoriasis stages, the thermodynamic parameters excess heat capacity and enthalpy of the transitions in proportion corresponded to the targeted treatment and the degree of disease severity, as well as the numbers of transitions were determined from the calorimetric profiles. In conclusion, deconvoluted plasma DSC profiles showed similarities but exhibited marked differences in the thermal denaturation on different treated psoriasis stages. This examination has shown that drug therapy affects the composition of plasma proteins, which should be always considered for the evaluation of DSC results in similar studies.

**Keywords** Psoriasis · Blood plasma · DSC · Curve · Deconvolution · Cytostatic therapy · Retinoid therapy · Biological therapy

## Introduction

Psoriasis is a lifelong skin disorder, which has different appearances and shapes (plaque, nail, scalp, guttate, inverse, pustular, and erythrodermic psoriasis), and in rare cases it can affect the joints (psoriatic arthritis). Symptoms are frequently categorized into two groups: mild or moderate to severe psoriasis. The classification is depending on the

clinical severity of the lesions, the percentage of affected body surface area, and patient quality of life. Clinical diagnosis is usually based on full skin physical examination by a dermatologist, and rarely skin biopsy is useful to determine the exact type of psoriasis. In the case of joint involvement, radiological examinations (X-ray, ultrasound, and MRI) should be necessary to confirm the diagnosis. At present, specific blood tests and/or radiographic findings often not available that reliably confirmed the diagnosis [1–4].

More and more things are known about the pathogenesis of the process, and parallel to this new and better treatment options are already available today. According to our knowledge, proinflammatory cyto- and chemokines (C3, C4, IL-23, TNF $\alpha$ , IFN $\alpha$ , IL2,6,8,12,15,17,22,23), adhesion and growth factors (TGF $\beta$ , EGF, HSP27 and 60, Cx26 and 30), different T cells (CD4+, DCs, CD8+), and their receptors act in that inflammatory and proliferative processes which finally appear as psoriatic skin signs and symptoms [2, 5]. Despite all this, psoriasis is a chronic relapsing disease, which often necessitates a long-term therapy. The choice of treatment for it is determined by disease severity, comorbidities, and access to health care [3]. Mild to moderate psoriasis can be treated locally (topical therapy with corticosteroids,

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vitamin D analogues, retinoids, and phototherapies). In some moderate cases and in every severe case, systemic treatment (drug administration in monotherapy or in combination) should be required [6].

The task is not easy, because to the intervention of the pathogenesis today only few molecular attack points are known, meaning that key pathogenic mechanisms are still not understood, and the known mechanisms may not always apply to every individual. At least 15–20% of patients do not respond to the newest, targeted anti-psoriatic agents; thus, in such cases or during exacerbation we must return to the conventional and also conservative steroid drug therapy. Biologic therapies in psoriasis are highly effective and can be classified according to their mechanism of action. The two main classes of biological agents are targeted at T cells or at cytokines. Moreover, the second-generation retinoids have been well useful drugs, and they have relatively few, local side effects [1, 2, 6]. Currently used drugs for psoriasis treatment are summarized in Table 1.

Differential scanning calorimetry (DSC) is a thermo-analytical method which was firstly described in the 1960s by Watson and O'Neill in the USA, and it was used initially during the examination of physical properties of inorganic materials [7]. Afterward, the technique was validated and was efficiently usable for the demonstration of structural changes not only in the physical sciences, but also in numerous biological macromolecules [8, 9], in different experimental animal studies [10–13], and in many clinical researches [14, 15].

Knowing these antecedents, our research group was looking for an answer to the question that how the different medications and the variable symptoms affect the human blood plasma composition on patients with psoriasis.

## Materials and methods

### Patient selection

Thirty patients with psoriasis (15 women and 15 men, aged 21 to 75 years) with a mean age of  $51.25 \pm 5.2$  were included in the study. Ten age- and sex-matched healthy volunteers with a mean age of  $48.6 \pm 3.2$  were selected as the controls. Some of the patients who received drug medication did not have any symptoms, while others had moderate or severe symptoms. To define the severity of symptoms, three groups were established based on PASI (Psoriasis Area Severity Index) scoring system as previously described [16]. As brief, PASI 0 meant symptomless, while PASI 1–15 showed moderate symptoms, and serious symptoms were observed if PASI was over 15. According to the administration of anti-psoriatic monotherapy, the patients were divided into three groups: cytostatic-therapy-receiving ( $n = 10$ ), retinoid-treatment-receiving ( $n = 10$ ), and biological-agents-receiving persons ( $n = 10$ ). The type, the dosage, and the timing of drug treatment were identified in accordance with the current dermatological protocols. The study protocol was approved by the regional ethical committee of Pécs University (4077/2011).

### Blood sample collection and preparation

Peripheral blood samples were collected from patients ( $n = 30$ ) and from healthy individuals ( $n = 10$ ). Blood samples were collected into the Vacutainer tubes containing EDTA ( $1.5 \text{ mg mL}^{-1}$  of blood) centrifuged at

**Table 1** Properties of anti-psoriasis drugs

| Drug type (marketing start) | Generic name (brand name)   | Drug action  | Features, side effects  |
|-----------------------------|---|--|---|
| Steroids (1950s)            | Methylprednisolone (Medrol®)  | Anti-inflammatory and anti-allergy effect<br>Inhibit connective tissue proliferation<br>Reduce capillaries permeability<br>Inhibit histamine and other mediators formation and release | Increased risk of infection<br>Increased blood glucose level<br>Swollen hand and feet<br>Mood changes<br>High blood pressure<br>Mass gain<br>Osteoporosis |
| Retinoids (1996)            | Retinoid (Acitretin®)   | Regulate abnormal Differentiation of keratinocytes<br>Alleviate proliferation  | Dryness and irritation<br>Skin color changes<br>Sensitivity to sunlight<br>Redness, swelling, crusting, blistering  |
| Biological drugs (2003)     | Infliximab (Remicade®), Adalimumab (Humira®), Ustekinumab (Stelara®), Efalizumab (Raptiva®), Alefacept (Amevive®), Etanercept (Enbrel®) | Effect last long time<br>Long treatment cycle<br>Not produce relapse   | Well-tolerable<br>High target specificity<br>Few adverse reactions<br>Safe<br>Expensive   |

1.600 g for 15 min at 4 °C to separate plasma fraction from cell components. Native plasmas were stored at – 80 °C until DSC measurement.

### Calorimetric measurement

The thermal unfolding of the human plasma components was monitored by SETARAM Micro DSC-II calorimeter as previously described [17]. As brief, all experiments were conducted between 0 and 100 °C. The heating rate was 0.3 K min<sup>-1</sup> in all cases. Conventional Hastelloy batch vessels were used during the denaturation experiments with 850 µL sample volume in average. The reference sample was normal saline (0.9% NaCl). The sample and reference samples were equilibrated with a precision of ± 0.1 mg. The repeated scan of the denatured sample was used as a baseline reference, which was subtracted from the original DSC curve. We have plotted the heat flow (DSC-II is a heat flux instrument with hermetically closed vessels) in the function of temperature. Calorimetric enthalpy was calculated from the area under the heat flow curve by using two-point setting SETARAM peak integration.

### Deconvolution of DSC thermal curve

The plasma is a complex protein mixture. Therefore, it contains from a thermal point of view different “thermal domains” which can be assigned to the different compounds [18–20]. It means that a DSC scan can be decomposed into a sum of Gaussian curves; that way, their total area is nearly the same as of the experimental curve one, within a reasonable error (< 1%). To have the best fitting, we applied more than five curves, but some contribution was less than the error of enthalpy determination, so they cannot influence our final interpretation of data.

### Statistical Analysis

All results are given in mean values ± standard error of the mean (SEM). Data were analyzed with one-way ANOVA. The level of significance was set at  $p < 0.05$ .

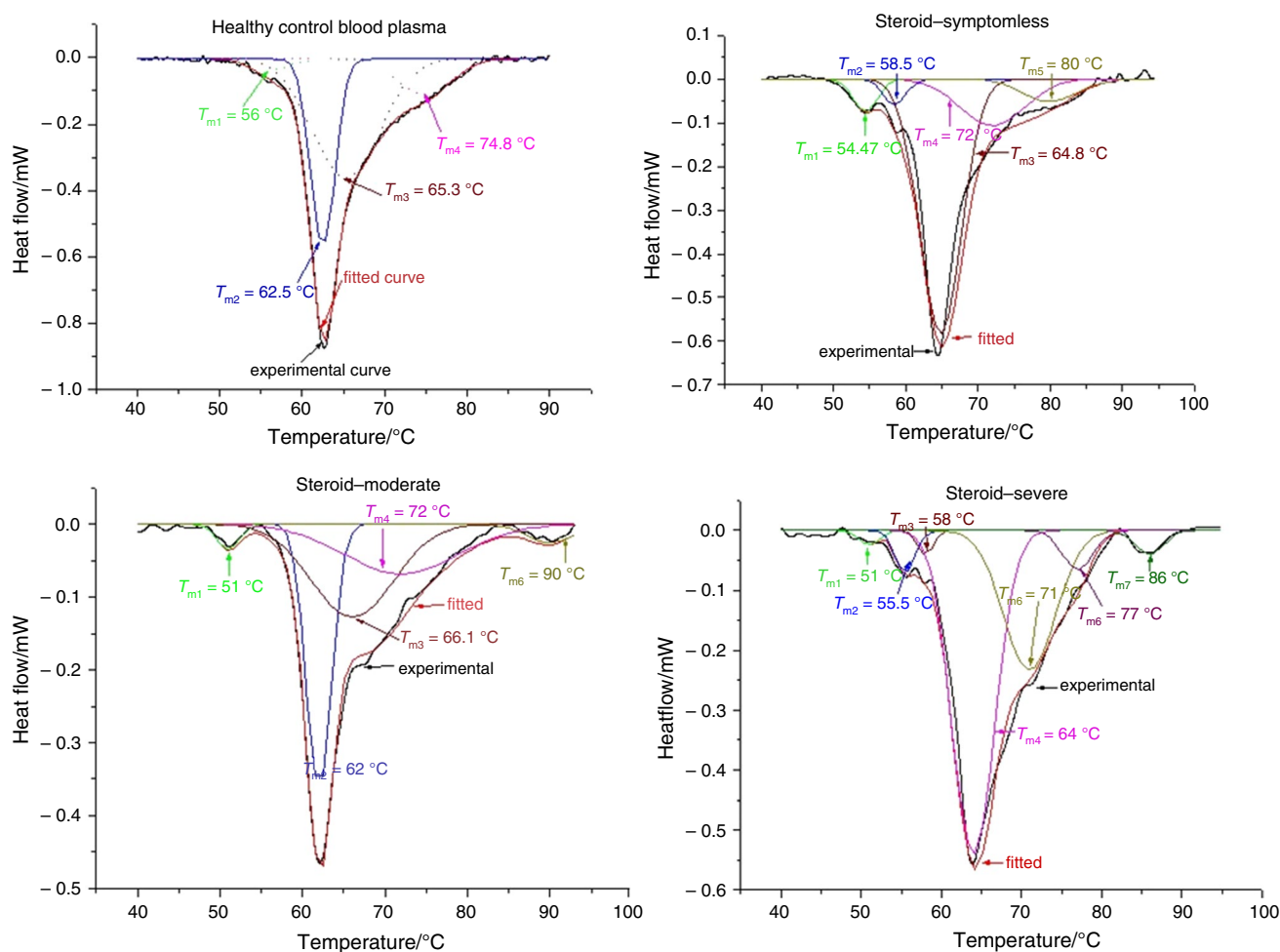
### Results

This study investigated the thermal changes and deconvoluted DSC profile of human blood plasma following different systemic drug treatments on patients suffering from severe psoriasis. In Figs. 1–3 are shown the convoluted curves of the average DSC scans of persons with psoriasis after steroid, retinoid, and biological treatment

in symptomless, in moderate, and in severe stages. To find them, we have chosen the critical plasma protein melting points to perform the deconvolution of the curves on the basis of papers published by Garbett et al. [18, 21], Michnik et al. [22], Todinova et al. [19, 23], Monaselidze et al. [24], Kikalishvili et al. [25] as well as Tenchov et al. [26, 27]. According to these studies, today the next melting points are well accepted for the identification of plasma protein compounds: at ~ 50 °C fibrinogen, ~ 62 °C albumin, ~ 70 °C Ig and the transition of the tail of albumin, ~ 76 °C C3 protein, IgA, IgG, and albumin, and ~ 82 °C IgG and transferrin. Characteristic thermal parameters ( $T_m$  and  $\Delta H_{cal}$ ) have been collected on the one hand from healthy volunteers and on the other hand from patients who were differently treated for their various symptoms (Table 2).

Our aim with the deconvolution of average experimental curves was to get very good fitting ( $R$  was better than 0.99) between the deconvoluted and the experimental curves, using the above-accepted melting points. The control samples exhibited only four separable plasma compounds (see Figs. 1–3, and Table 2): fibrinogen at 56 °C which is higher than the widely accepted 50 °C. This deviation could be explained by our different DSC equipment (heat flow SETARAM Micro DSC-II with a sample holder of 1 mL), and we used—because of the big volume—the original plasma concentration without any dilution. (In most papers, the samples are 20-fold diluted, to avoid the unpleasant consequential of irreversible denaturation of proteins during the cleaning of the sample holders.) The very characteristic albumin contribution appeared at 62.5 °C (in the literature for healthy plasma is 62 °C), while the denaturation of C3, IgA and IgG as well as albumin parts was at 74.8 °C (in the literature 76 °C). The transition at 65.3 °C was identified as the contribution of Ig and the tail of albumin (in the literature 70 °C).

The thermal data of DSC scans measured in the case of psoriatic patients treated with different interventions showed practically partly identical results in  $T_m$ s and  $\Delta H_{cal}$  for the symptomless cases. (We have throughout those decomposition values where the enthalpy contribution was in the range of ~ 3% of total enthalpy.) In terms of detail, the following observations can be made in the symptomless samples: (1)  $T_{m1}$  decreased slightly during steroid therapy (56.0 °C vs. 54.5 °C), while the decrease was the same following the retinoid and biological drug treatment and less than next to steroids therapy (56.0 °C vs. 55.5 °C). (2) At  $T_{m2}$ ,  $T_{m3}$ , and  $T_{m4}$ , the melting temperatures generally increased in every symptomless patient, and after steroid drug administration this elevation was notable. (3) Only retinoid administration caused a well-measurable fifth thermal transition ( $T_{m5}$  at 85.5 °C) in plasma samples.

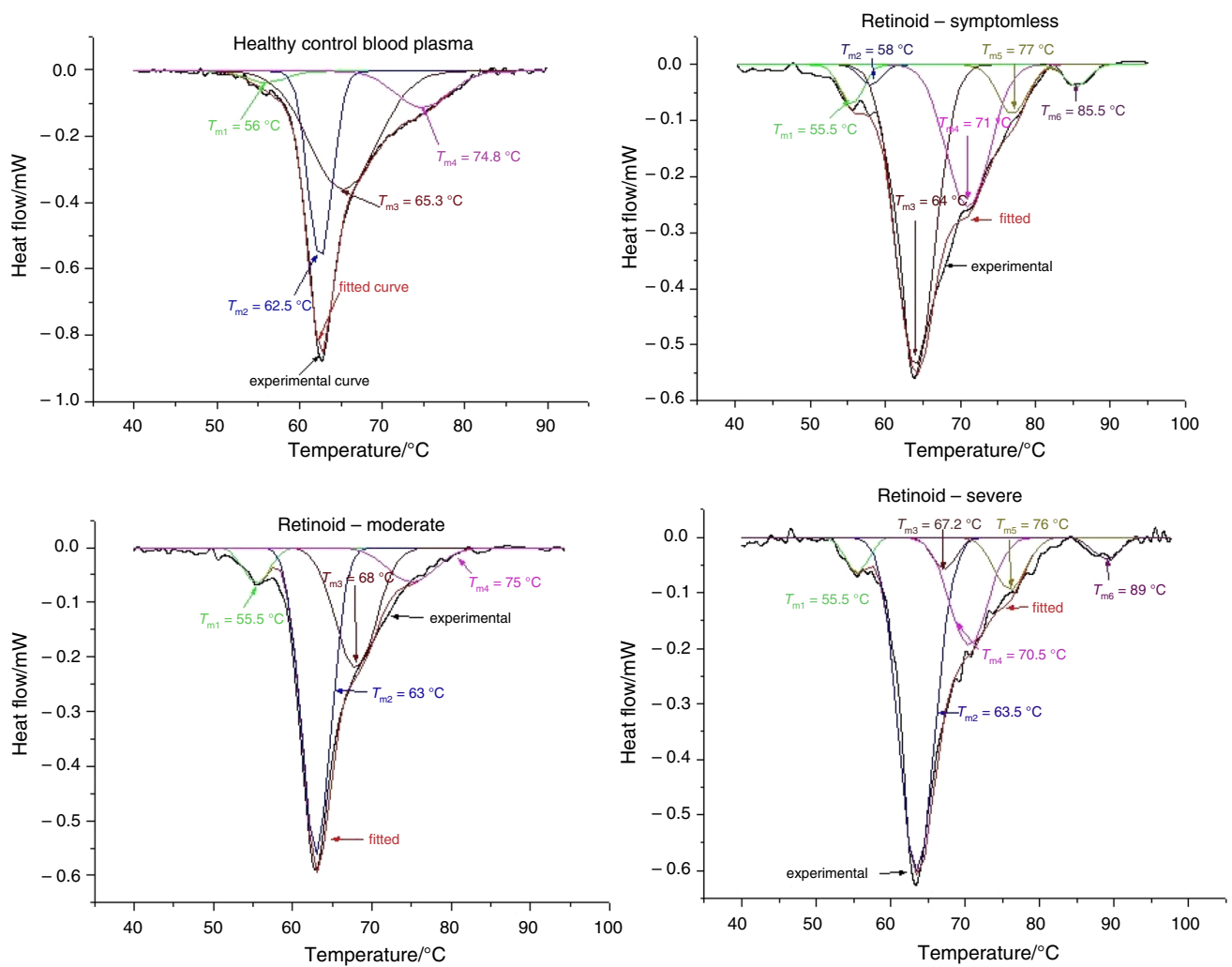


**Fig. 1** Average DSC thermal curves (black line) and deconvoluted blood plasma components show melting points and thermal transitions after systemic steroid treatment in symptomless patients or in moderate or severe symptomatic cases

Comparing the melting temperatures on deconvoluted curves of patients with moderate or severe symptoms, different drug treatments show changes as follows: (1) A significant decrease in plasma in moderate-symptom patients treated with steroids compared to symptomless cases ( $51.0\text{ °C}$  vs.  $54.5\text{ °C}$ ). (2) But in terms of temperature, retinoid and biological drugs did not cause any difference in  $T_{m1}$ .

The second transitions ( $T_{m2}$ ) have been identified between  $61$  and  $64.8\text{ °C}$  to the albumin contribution being the dominant constituent of plasma. Most values were higher than in control and compared with the symptomless

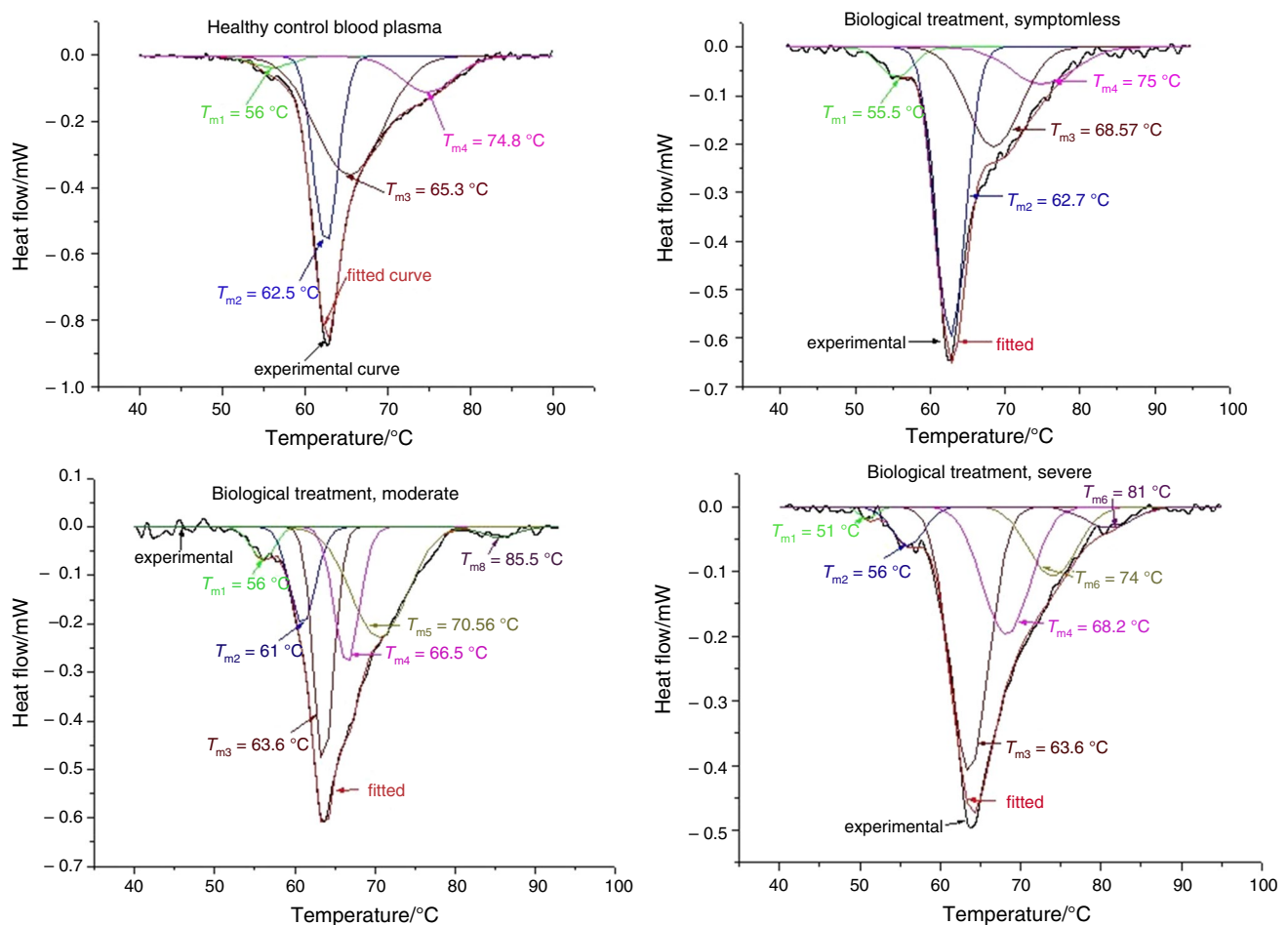
state in all treatment, and its value decreased in moderate and severe stadium. As it can be assumed from the results that the denaturation in  $68\text{--}72\text{ °C}$  range is coming from Ig and the transition of the albumin tail, the control and the moderate stages in biological and steroid treatments exhibited smaller  $T_{m}$ s, but based on calorimetric enthalpy we put them into this contribution. The enthalpy of  $T_{m2}$  transitions increases significantly in almost all treated cases, while  $T_{m3}$  transition enthalpies decreased in the function of the severity of disease in each case of biological, retinoid, or steroid treatments (Table 3).



**Fig. 2** DSC thermal changes (black line) and deconvoluted blood plasma components after retinoid therapy on patients with moderate or severe symptoms and who had no symptoms

In the case of healthy plasma, the denaturation around 76 °C is assigned to C3 protein, IgA and IgG fragments, and albumin. In the treated cases, the same compounds in the 72–80 °C temperature range (the biologic moderate state was put here because of its high enthalpy contribution) could be identified. Following retinoid and biological therapy, the calorimetric enthalpy slightly fluctuates, but in steroid-treated moderate stage an extra enthalpy jump has been observed. The widely accepted fifth denaturation

temperature is around ~82 °C, which involves the contributions of IgG and transferrin. According to our data, we can set them into the 70.6–90 °C range. These changes could not be found in cases of healthy controls, neither after steroid nor after biological treatment in symptomless patients, as well as following retinoid therapy in a moderate stage. Surprisingly, the enthalpy of this transition was high in biologically treated moderate state, while in other cases it varied between 0.04 and 0.06 J g<sup>-1</sup> ranges.



**Fig. 3** Human blood plasma DSC curves (black line) and deconvoluted components after biological agent therapies on patients with and without different symptoms

## Discussion

These results can be considered as novel because no other results describing such blood plasma changes with a deconvoluted thermoanalytical method on patients with psoriasis have ever been reported. But the present observations are in accordance with our previous results also, in which we have demonstrated similar results on patients with chronic pancreatitis, as in other systematic inflammatory diseases [17]. An indisputable fact that these results

are in line with other previous findings is observed during inflammatory processes [23, 28–30].

Several research groups have investigated blood plasma changes in patients who were treated for cancer, inflammatory disease, or other causes. But this is the first research that shows the changes in plasma protein components through the “glasses” of DSC. No doubt, the importance and role of DSC analysis is incontestable for understanding the stability of biological systems in the human body in the future.

**Table 2** Thermal parameters [melting points ( $T_m$ s) and calorimetric enthalpy ( $\Delta H$ ) of deconvoluted curves] of healthy controls and each patient with psoriasis following different systemic drug therapies

| Groups               | Status            | Thermal parameters                                       |  |  |  |  |                               |
|----------------------|-------------------|--|--|--|--|--|-------------------------------|
|                      |                   | $T_{m1}/^{\circ}\text{C}$<br>$\Delta H/J \text{ g}^{-1}$ | $T_{m2}/^{\circ}\text{C}$<br>$\Delta H/J \text{ g}^{-1}$ | $T_{m3}/^{\circ}\text{C}$<br>$\Delta H/J \text{ g}^{-1}$ | $T_{m4}/^{\circ}\text{C}$<br>$\Delta H/J \text{ g}^{-1}$ | $T_{m5}/^{\circ}\text{C}$<br>$\Delta H/J \text{ g}^{-1}$ | $\Delta H_T/J \text{ g}^{-1}$ |
| Control              | Healthy           | 56.0   | <b>62.5</b>  | 65.3   | <b>74.8</b>  | –  | $1.29 \pm 0.06$               |
|                      |                   | 0.04   | 0.39   | 0.70   | 0.17   |  |                               |
| Steroid treatment    | Symptomless       | 54.5   | 64.8   | <b>72.0</b>  | 80.0   | –  | 1.50                          |
|                      |                   | 0.07   | 0.98   | 0.28   | 0.12   |  |                               |
|                      | Moderate symptoms | <b>51.0</b>  | <b>62</b>  | 66.0   | 72.0   | 90.0   |                               |
|                      | 0.04              | 0.50   | 0.57   | 0.43   | 0.06   |  |                               |
| Retinoid therapy     | Severe symptoms   | 55.5   | 64.0   | <b>71.0</b>  | 77.0   | 86.0   | $1.60 \pm 0.08$               |
|                      |                   | 0.06   | 0.90   | 0.48   | 0.08   | 0.05   |                               |
|                      | Symptomless       | 55.5   | 64.0   | <b>71.0</b>  | 77.0   | 85.5   |                               |
|                      | 0.08              | 1.00   | 0.52   | 0.12   | 0.04   |  |                               |
| Moderate symptoms    | 55.5              | 63.0   | 68.0   | <b>75.0</b>  | –  | $1.40 \pm 0.07$  |                               |
|                      | 0.08              | 0.77   | 0.41   | 0.14   |  |  |                               |
| Biological treatment | Severe symptoms   | 55.5   | 63.5   | <b>70.5</b>  | <b>76.0</b>  | 89.0   | $1.50 \pm 0.07$               |
|                      |                   | 0.06   | 0.90   | 0.31   | 0.12   | 0.04   |                               |
|                      | Symptomless       | 55.5   | <b>62.7</b>  | 68.6   | <b>75.0</b>  | –  |                               |
|                      | 0.09              | 0.75   | 0.45   | 0.20   |  |  |                               |
| Biological treatment | Moderate symptoms | 56.0   | 61.0   | 63.6   | 66.5   | 70.6   | 1.45                          |
|                      |                   | 0.06   | 0.20   | 0.39   | 0.27   | 0.50   |                               |
|                      | Severe symptoms   | 56.0   | 63.6   | 68.2   | <b>74.0</b>  | <b>81.0</b>  |                               |
|                      | 0.07              | 0.60   | 0.36   | 0.20   | 0.06   |  |                               |

$\Delta H_T$  stands for the total enthalpy of original experimental curve. We have tried to achieve the best fitting between the average experimental and sum of deconvoluted curves ( $R \sim 0.99$ ). This resulted in some negligible contribution in enthalpy (less than 3–4% of total) or melting temperature, which cannot be identified based on the literature, this way they were taken off. SD is shown only in the case of experimental average (total) enthalpy, when data number was greater than 4. The bold letters stand for the agreement with the data of the literature

**Table 3** Enthalpy contribution of deconvoluted curves in the  $\Delta H_T$  in the case of healthy controls and each patient group with psoriasis following different systemic drug therapies

| Groups               | Status            | Thermal parameters                         |  |  |  |  | $\Delta H_T/J \text{ g}^{-1}$ |
|----------------------|-------------------|--|--|--|--|--|-------------------------------|
|                      |                   | $T_{m1}/^{\circ}\text{C}$<br>$\Delta H/\%$ | $T_{m2}/^{\circ}\text{C}$<br>$\Delta H/\%$ | $T_{m3}/^{\circ}\text{C}$<br>$\Delta H/\%$ | $T_{m4}/^{\circ}\text{C}$<br>$\Delta H/\%$ | $T_{m5}/^{\circ}\text{C}$<br>$\Delta H/\%$ |                               |
| Control              | Healthy           | –  | 30%  | 54.3%                                      | 13.2%                                      | –  | $1.29 \pm 0.06$               |
| Steroid treatment    | Symptomless       | –  | 65.3%                                      | <b>18.7%</b>                               | 8%   | –  | 1.50                          |
|                      | Moderate symptoms | –  | 31.3%                                      | <b>35.6%</b>                               | 27%  | –  |                               |
|                      | Severe symptoms   | –  | 56.3%                                      | <b>30%</b>                                 | –  | –  |                               |
| Retinoid therapy     | Symptomless       | –  | 58.8%                                      | <b>30.6%</b>                               | 7%   | –  | 1.70                          |
|                      | Moderate symptoms | 6%   | 55%  | <b>29.3%</b>                               | 10%  | –  |                               |
|                      | Severe symptoms   | –  | 60%  | <b>20.7%</b>                               | 8%   | –  |                               |
| Biological treatment | Symptomless       | 6%   | 50.3%                                      | <b>30.2%</b>                               | 13.4%                                      | –  | 1.49                          |
|                      | Moderate symptoms | –  | 13.5%                                      | <b>26.9%</b>                               | 18.6%                                      | 34.5%                                      |                               |
|                      | Severe symptoms   | –  | 46.2%                                      | <b>27.7%</b>                               | 15.4%                                      | –  |                               |

Bold letters refer to significant difference

$\Delta H_T$  stands for the average total enthalpy of original experimental curves. Those contributions, which were below the actual SD or the resolution of the equipment as well as which cannot be identified based on the literature, were taken off (–). SD is shown only in the case of experimental average (total) enthalpy, when data number was greater than 4. More information ( $T_m$ s) can be found in Figs. 1–3

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