Investigation of melt spinnability of plasticized polylactic acid biocomposites-containing intumescent flame retardant

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Abstract

Biodegradable polymers from renewable resources have attracted interest due to environmental pollution caused by the disposal of non-degradable polymers, and engineering them to produce fibres of textile grade can improve the environmental sustainability of textile sector. Flame retardancy of polylactic acid (PLA) can be improved if used in intumescent system containing acidic and carbonic source; however, spinning them to produce fibres of textile grade is a big challenge. We therefore have prepared PLA composites containing phosphorous–nitrogen-based flame retardant as acidic source together with kraft lignin as carbonic source. Different quantities of flame retardant and kraft lignin were added to PLA matrix by melt blending and then hot-pressed to form moulding sheets. A modified polyester-based plasticizer was also incorporated to facilitate the spinnability of the composites. Limiting oxygen index values and UL-94 ratings of the composites were reported. The melt spinnability of composites was then assessed, and flame retardancy of knitted structures produced from multifilament yarns was tested by cone calorimetry. Composites containing up to 7% (m/m) of lignin were spinnable together with 10% (m/m) of plasticizer. A substantial decrease of 59% in heat release rate was observed compared to pure PLA. The mechanism of intumescence was also reported.

Keywords Melt spinning · Biopolymers · Plasticizer · Cone calorimetry · Flame retardancy

Introduction

Polylactide (PLA) is a thermoplastic synthetic biopolymer which is obtained from renewable resources such as corn, potato and cane biomass [1]. Due to its biodegradability and compostability, PLA can replace oil-based synthetic polymers in many applications in general and textile sector, in particular where disposal of non-degradable products is a big threat to environmental sustainability [2, 3]. The importance of PLA has grown over the last decade because it addresses current challenges, i.e. the depletion of

petroleum reserves (the feedstock for conventional plastics) and the environmental harm caused by the irresponsible disposal of non-degradable polymers [4, 5]. Nowadays, PLA is more progressively used in fibres and fabrics applications [6, 7] because it can be spun by using techniques such as solution spinning, electrospinning and melt spinning [8, 9].

Initially, the applications of PLA were limited to fibre-reinforced composites mainly in medical sector in the form of biodegradable sutures, vascular grafts and implants due to its biocompatibility [10, 11]. Later on, PLA was more commonly used in the textile sector (clothing, home textiles and carpets) to replace the petroleum-based polyethylene terephthalate (PET) polymer because some of the physical and mechanical properties of PLA are comparable to that of PET [12, 13]. However, flame retardancy of PLA is considered better to that of PET since the limiting oxygen index (*LOI*) of neat PLA is 24–26% and that of neat PET is 18–20% [14, 15]. Moreover, the smoke generation after ignition and self-extinguishing character of PLA is better to that of PET which makes this polymer even an

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interesting choice to be used in textile sector [16, 17]. Even so, PLA is still combustible and in order to be used in some technical textile applications the flame retardant properties of PLA need to be improved further [18].

In previous studies, various attempts have been made in order to improve the flame retardancy of PLA by using different formulations and additive types such as nitrogen-based compounds [19], phosphorous-based compounds [14], silicon-based compounds [20], expanded graphite- or carbon-based compounds [21], halogen-containing compounds [22] and halogen-free compounds as flame retardants [23, 24]. However, intumescent flame retardants (IFRs) containing an acidic and carbonic source have proven to be the most effective ones [5, 25]. The importance of IFRs containing biopolymers with biobased carbonic source and halogen-free acidic source has grown interest throughout the last decade in order to promote the sustainable approach towards flame retardancy of polymers [26]. Therefore, in continuation to this approach various researchers tried different formulations in IFR systems with different halogen-free acidic sources such as phytic acid [27], fumaric acid [28] and biobased carbonic sources such as cyclodextrin [29], lignin [30, 31], sorbitol [32], chitosan [28] and starch [33, 34].

Majority of the studies reported in the literature related to spinnability of flame-retardant composites [10, 21] have used predominantly petroleum-based carbonization agents or in the case of biobased carbonization agents either the trials were unsuccessful [28] or the loading content of the carbonic sources was not sufficient enough to achieve the desirable flame retardancy [35]. Therefore, the aim of the present study is to investigate the melt spinnability of PLA-based IFR composites comprising biobased (lignin) carbonic source and to engineer the polymer composition to spin multifilaments that can achieve acceptable range of flame retardancy in fabric form. A modified polyester-based plasticizer was also incorporated into composites to facilitate the spinnability of composites. Composites were melt-spun to multifilament yarns on pilot-scale melt spinning machine and later on used to form knitted structures.

Materials and methods

Materials

Granular PLA Luminy® L130 ($\geq 99\%$ L-isomer) was attained from Total Corbion (Gorinchem, The Netherlands). A phosphorous–nitrogen-based non-halogenated flame retardant with commercial name (EXP PP/37), which is a fine-particle off-white powder containing ammonium polyphosphate with 19% (m/m) nitrogen and 20% (m/m) phosphorous (thermally stable up to 250 °C), was obtained

from Italmatch Chemicals (Genoa, Italy). The kraft lignin (KL) powder “UPM BioPiva 100” was purchased from UPM Biochemicals (Helsinki, Finland). A modified polyester-based plasticizing agent (PES) in white granular form (thermally stable up to 280 °C) was obtained from Preluna (Ludwigshafen, Germany), to improve spinnability of composites. PLA, EXP, PES and KL were vacuum-dried at 100 °C for 4 h before compounding.

Preparation of composites

PLA/PES, PLA/EXP/PES and PLA/EXP/PES/KL composites were prepared using Coperion ZSK Mc¹⁸ twin-screw extruder (Stuttgart, Germany) at 190 °C. In the first phase, PLA/EXP/PES composites with EXP content of 5%, 10%, 15% (m/m) and PES content of 10% (m/m) were compounded at screw rotation speed of 150 rpm. The temperatures of the three heating zones were kept at 180 °C, 185 °C and 190 °C, respectively. In the second phase, PLA/EXP/PES/KL composites with a KL content of 3, 5, 7 and 10% (m/m) were compounded at screw rotation speed of 200 rpm. PLA/EXP/PES pellets were dosed in the first feeding zone, whereas KL was fed in the second feeding zone to ensure proper mixing. Sheets of the as-prepared composites were produced by compression moulding at 190 °C for the subsequent testing along with sheets of pure PLA for comparison. The formulations with additives composition are presented in Table 1.

Yarn manufacturing

Pure PLA, PLA/PES, PLA/EXP/PES and PLA/EXP/PES/KL composites were melt-spun using Fournie Maschinenbau GmbH (Impekoven, Germany) pilot-scale melt spinning machine. Pellets were first fed into a hopper and then transported to a single-screw extruder where they were melted at a temperature range of 195–220 °C. The melted material was then injected in a spinneret die of 1.2 mm diameter each, with the help of spinning pump rotating at constant revolutions per minute ensuring a homogeneous flow of the material. These single filaments coming out of the spinneret were then cooled at 18 °C by maintaining the cool air velocity of 0.5 m s^{−1} and then combined together to multifilaments by applying a spin finish. The multifilaments were collected on a take-up roller rotating at 250 m min^{−1} and then hot-drawn between two sets of rollers rotating at varying speeds. The speeds of the first and second set of heated rollers were maintained at 300 m min^{−1} and 350 m min^{−1}, respectively, ensuring a draw ratio of 1.4 (maximum possible draw ratio). The multifilaments were then wound on the winder at 350 m min^{−1}. A schematic diagram of pilot-scale melt spinning machine is shown in Fig. 1.

Table 1 Additives composition in composites

No.	Formulations	PLA mass/%	EXP mass/%	PES mass/%	KL mass/%
1	PLA	100	0	0	0
2	PLA/PES10	90	0	10	0
3	PLA/EXP5/PES10	85	5	10	0
4	PLA/EXP10/PES10	80	10	10	0
5	PLA/EXP15/PES10	75	15	10	0
6	PLA/EXP15/PES10/KL3	72	15	10	3
7	PLA/EXP15/PES10/KL5	70	15	10	5
8	PLA/EXP15/PES10/KL7	68	15	10	7
9	PLA/EXP15/PES10/KL10	65	15	10	10

Fig. 1 Schematic diagram of pilot-scale melt spinning machine and multifilament yarn produced

To further investigate the spinnability of as-prepared composites containing KL, a design of experiment was prepared using half factorial design in MINITAB 18 statistical software. Four factors/variables with two levels each were considered in this study and are shown in Table 2. The design of experiment to investigate the spinnability of the composites is shown in Table 3.

Two different spinneret types containing 24 and 48 number of filaments, two maximum possible draw ratios of 1.2 and 1.4, two different drawing roller temperatures

(60 °C and 80 °C) and two different yarn linear densities (350 and 500 *dtex*) of composites containing KL were investigated. It was observed that all 24 possible combinations were spinnable; however, their mechanical properties were almost in the same range since there was not much difference in the draw ratio of the filaments considering it as the main factor responsible for variation in the yarn mechanical properties. An average of their tenacity (cN tex^{-1}) and elongation at break (%) were recorded and discussed in Results and discussion section.

Fabric manufacturing

Multifilament yarns of linear density 500 *dtex* were knitted to form a fabric structure. Knitted fabrics were preferred over woven or nonwovens because of their easier processability and drapeability. Single jersey structure was selected for fabric manufacturing in order to characterize their flammability by cone calorimetry. The areal densities of all the knitted fabrics were approximately 800 g m^{-2} with a fabric thickness of around about 3 mm.

Table 2 Factors and their levels

No.	Factors	Levels	
1	No. of filaments	24	48
2	Draw ratio	1.2	1.4
3	Temperature of draw rollers/°C	60	80
4	Yarn linear density/ <i>dtex</i>	350	500

Table 3 Design of experiment for spinning the composites containing KL

Sample	No. of filaments	Draw ratio	Temperature of draw rollers/°C	Yarn linear density/dtex
PLA/EXP15/PES10/KL3	24	1.2	60	350
	48	1.2	60	500
	24	1.4	60	500
	48	1.4	60	350
	24	1.2	80	500
	48	1.2	80	350
	24	1.4	80	350
	48	1.4	80	500
PLA/EXP15/PES10/KL5	24	1.2	60	350
	48	1.2	60	500
	24	1.4	60	500
	48	1.4	60	350
	24	1.2	80	500
	48	1.2	80	350
	24	1.4	80	350
	48	1.4	80	500
PLA/EXP15/PES10/KL7	24	1.2	60	350
	48	1.2	60	500
	24	1.4	60	500
	48	1.4	60	350
	24	1.2	80	500
	48	1.2	80	350
	24	1.4	80	350
	48	1.4	80	500

Thermogravimetric analysis

Thermogravimetric behaviour of composites was assessed using a TGA Q5000 device (TA Instruments, New Castle, Delaware, USA). The specimens (10–15 mg) were heated at a constant rate of 10 °C min⁻¹ up to 700 °C under nitrogen at a flow rate of 50 mL min⁻¹. The thermal decomposition temperature and the temperature at which maximum degradation took place were calculated along with the residual percentage of the sample compared to the initial mass. The thermogravimetric curves of specimens were plotted after analysis.

Scanning electron microscopy

The surface morphology and dispersion of additives in the PLA matrix were investigated by scanning electron microscopy (SEM) using a TM-1000 table-top microscope (Hitachi, Chiyoda, Tokyo, Japan). The samples were immersed in liquid nitrogen followed by freeze fracturing and gold sputtering to produce a conductive

surface. In the case of multifilament yarns, morphology and additives deposition on yarns surface were also studied by SEM.

Mechanical testing

Mechanical properties such as tensile strength, elongation at break and Young's modulus of PLA composites were tested by Zwick Roell Z020TH Allround-line table-top machine (Zwick GmbH & Co.KG, Ulm, Germany) at a speed of 50 mm min⁻¹. The test specimens of dog bone shape were prepared as per standard EN ISO 527-2 method using moulding press. Specimens dimensions used were 170 × 20 × 3 mm³. The tenacity and elongation at break of multifilaments were also tested on Zwick Roell testing machine by using EN ISO 5079 standard method. The specimen lengths (50 mm) and rate of deformation (50 mm min⁻¹) were kept constant for all samples. Ten specimens were prepared from each sample, and their average results with standard deviations were recorded.

Limiting oxygen index and UL-94 vertical burning test

The limiting oxygen index (*LOI*) is the fraction of oxygen that must be present to support burning; hence, higher *LOI* values indicate lower flammability. The specimens ($100 \times 10 \times 3 \text{ mm}^3$, as required by ISO 4589) were vertically placed in a glass column supplied with a mixture of oxygen and nitrogen gas, and were then ignited from above using a downward-pointing flame. The *LOI* tests for pure PLA and PLA composites were conducted using a Stanton Redcroft instrument (Illinois Toolworks, Glenview, Illinois, USA).

The UL-94 test classifies materials based on their ability to either promote or inhibit the spread of fire once it has been ignited. UL-94 tests for pure PLA and PLA composites were conducted using specimens with dimensions of $100 \times 10 \times 3 \text{ mm}^3$ as required by ISO 9773. A flame was applied to the bottom of a vertically supported specimen, and the response was assessed after removing the flame. Specimens that self-extinguish and do not drip after burning are ranked highest in the classification (V-0).

Cone calorimetry

Cone calorimetry works on the principle of oxygen consumption and states that the total heat of combustion of a specimen depends on the quantity of oxygen consumed [36, 37]. The cone calorimetry tests of knitted fabrics were conducted on specimens with dimensions of $100 \times 100 \times 3 \text{ mm}^3$ as required by ISO 5660 using a Stanton Redcroft instrument. The samples were exposed to a heat flux of 35 kW m^{-2} . We then recorded the heat release rate (*HRR*), total heat release (*THR*), time to ignition (*TTI*) and percentage mass residue after burning of specimens. Three specimens from each sample were tested, and their average results were recorded.

Results and discussion

Mechanism of intumescence

EXP containing long-chain ammonium polyphosphate (Form II) was used as flame retardant in PLA polymer. Upon decomposition of ammonium polyphosphate, phosphoric acid and ammonia were formed. Phosphoric acid acted as acid catalyst in the dehydration process of carbon-based poly-alcohols in lignin. Upon reaction of acid catalyst (phosphoric acid) with hydroxyl groups in lignin, phosphate esters were formed which were decomposed later to release carbon dioxide and dehydration of lignin

was taken place. In the gas phase, the emission of carbon dioxide helped in dilution of the oxygen present in air together with the by-products that were ignited during decomposition of the materials, whereas the resultant char layer in the condensed phase protected the underlying polymeric material from further burning by restricting the free passage of radiant heat and oxygen. This mechanism of intumescence is shown in Scheme 1.

SEM analysis

The dispersion of different proportions of EXP/PES and EXP/PES/KL in the PLA matrix was investigated by scanning electron microscopy to characterize the distribution of the additives, given that a uniform distribution achieves better fire retardant properties. Figure 2A shows SEM images of the composites, and Fig. 2B represents SEM images of multifilament yarns containing different % (m/m) of additives. We observed EXP, PES and KL particles of different sizes and shapes, with different levels of interfacial adhesion with the PLA matrix. In all formulations of PLA/EXP/PES and PLA/EXP/PES/KL, the additives were randomly distributed and non-uniform dispersion of the additives in PLA matrix was observed. However, we observed very weak interfacial bonding between the additives and PLA substrate as shown by the appearance of small holes during fracturing. In the case of multifilament yarns, the physical and mechanical properties are highly dependent on the loading content of the additives incorporated in the polymer matrix. As depicted by the SEM images of multifilament yarns in Fig. 2B, a non-uniform dispersion of additives was noticed and the addition of KL led to the development of irregularities in the yarn mainly due to higher loading content of viscous blends coupled with lower draw ratio (1.4) used during spinning process.

LOI and UL-94 vertical burning tests for composites

LOI and UL-94 tests were carried out to determine the flame retardant properties of the composites, and we also monitored their dripping behaviour when burning (Table 4).

Pure PLA did not pass the UL-94 vertical burning test because it was highly flammable with severe dripping. The *LOI* of pure PLA was 21.5% and that of PLA/PES10 was 20.3%. The presence of 5% (m/m) EXP increased the *LOI* of the composite (PLA/EXP5/PES10) to 24.6% and achieved a V-2 rating in the UL-94 test. The presence of 10% (m/m) EXP increased the *LOI* of the composite (PLA/EXP10/PES10) to 26.4% and achieved a V-1 rating in the UL-94 test. When the proportion of EXP increased to 15%

Scheme 1 Lignin structure (a), thermal decomposition of ammonium polyphosphate into ammonia and orthophosphoric acid (b), catalytic phosphorylation to produce phosphate esters (c), dehydration of lignin and formation of lignin-based char structure (d)

(m/m), the *LOI* of the composite increased to 30.4% (PLA/EXP15/PES10) and composite achieved a V-1 rating in the UL-94 test, although the composite did not show dripping behaviour during first flame application. However, all of the PLA/EXP/PES composites showed evidence of the dripping phenomenon when burning.

The addition of 3% (m/m) KL increased the *LOI* of the new composite (PLA/EXP15/PES10/KL3) from 30.4 to 32.8% and achieved V-0 rating in the UL-94 test and also showed no evidence of dripping when burning. Similar results were observed with higher proportions of

KL. The *LOI* of the composites PLA/EXP15/PES10/KL5 and PLA/EXP15/PES10/KL7 was 34.1% and 36.7%, respectively, and both achieved V-0 ratings in the UL-94 test with no evidence of dripping. The highest *LOI* value of 38.1% was achieved with the composite containing 10% (m/m) of lignin (PLA/EXP15/PES10/KL10); however, this composite was not spinnable due to higher % (m/m) of KL. These results confirmed that the introduction of KL as a natural carbonization agent increased the *LOI* of the composites significantly and abolished the dripping phenomenon observed in composites lacking

Fig. 2 SEM images of
A composites containing and
B multifilament yarns
 containing PLA/EXP15/PES10
 (a), PLA/EXP15/PES10/KL3
 (b), PLA/EXP15/PES10/KL5
 (c) and PLA/EXP15/PES10/
 KL7 (d). Scale bar in all
 panels = 180 μm ,
 magnification = 710 $\times$

KL. All composites containing KL achieved a V-0 rating in the UL-94 vertical burning test. By increasing the amount of EXP and KL, a higher concentration of oxygen is needed to achieve the ignition of the sample due to the dilution of the fuel in the gas phase by the discharge of water vapour as a result of the dehydration of EXP and

KL. The addition of KL to the formulations not only increased the *LOI* of the samples but also increased the mass residue, providing enhanced shielding against heat transfer, and a barrier against the emission of pyrolysis gases which act as fuel.

Table 4 Flame retardant properties of pure PLA and PLA composites

No.	Formulations	LOI/%	UL-94	Dripping
1	PLA	21.5	Failed	Y/Y
2	PLA/PES10	20.3	Failed	Y/Y
3	PLA/EXP5/PES10	24.6	V-2	Y/Y
4	PLA/EXP10/PES10	26.4	V-1	Y/Y
5	PLA/EXP15/PES10	30.4	V-1	N/Y
6	PLA/EXP15/PES10/KL3	32.8	V-0	N/N
7	PLA/EXP15/PES10/KL5	34.1	V-0	N/N
8	PLA/EXP15/PES10/KL7	36.7	V-0	N/N
9	PLA/EXP15/PES10/KL10	38.1	V-0	N/N

PLA polylactic acid, EXP flame retardant, KL kraft lignin, PES plasticizer, LOI limiting oxygen index, N/Y corresponds to NO/YES for dripping during the first/second flame application

The UL-94 vertical burning test determines a material's tendency to either extinguish or spread the flame once the specimen has been ignited. Pure PLA ignited during the first flame application (10 s), and the sample continued to burn until it was fully consumed as was the case with sample containing PLA/PES10. Although PLA/EXP5/PES10 and PLA/EXP10/PES10 composites performed better as flame retardants (flame extinguished less than 30 s after each flame application; V-2 and V-1 ratings, respectively), the dripping of the burning sample ignited the cotton placed beneath. Similarly, PLA/EXP15/PES10 achieved a V-1 rating, although the flame was extinguished in less than 10 s, but this sample still showed dripping behaviour during second flame application. In contrast, none of the composites containing KL were ignited even after the second application of flame and all achieved a V-0 rating without dripping due to the generation of char layer on the surface which isolated the remaining sample and prevented the propagation of the flame. In previous studies [12, 19], the addition of 30–40% (m/m) PER as a carbonization agent was sufficient to achieve only a V-2 rating, whereas here we found that as little as 3% KL in the presence of 15% EXP and 10% PES accomplished the target rating of V-0.

Thermogravimetric analysis

The thermal decomposition and thermal stability of the composites were assessed by thermogravimetric analysis, and the residual mass of the samples was determined at 700 °C. The thermal degradation and mass residue of the samples were compared to determine the influence of flame retardant (EXP) and carbonization agent (KL) on PLA-based composites. *TG* curves and data for the samples heated in a nitrogen atmosphere are presented in Fig. 3 and Table 5, respectively.

In Table 5, the temperatures corresponding to 5% and 50% mass loss for pure PLA and for each composite are represented by the T_5 and T_{50} values, respectively, whereas the temperature corresponding to the maximum rate of mass losses is represented by T_{max} . The degradation of pure PLA started at 318 °C and 50% loss occurred at 369 °C, with no residue left at 700 °C as almost the same case was observed with PLA/PES10 composite. A similar trend was observed for PLA/EXP5/PES10 composite for the T_5 and T_{50} temperatures, but the residue left at 700 °C was 3.85% of the initial mass. For PLA/EXP10/PES10 and PLA/EXP15/PES10, the initial decomposition temperatures and thermal stabilities were greater than the corresponding values for PLA/EXP5/PES10, with 5.93% and 8.42% residual mass left at 700 °C. The introduction of lignin further improved the thermal stability of the composites. The initial decomposition temperatures and thermal stabilities of all composites containing lignin are higher compared to composites without lignin. For example, composite PLA/EXP15/PES10/KL3 increased the residual mass at 700 °C from 8.42 to 13.83% with higher initial decomposition temperature (359 °C). The addition of 5 and 7% (m/m) of lignin (PLA/EXP15/PES10/KL5 and PLA/EXP15/PES10/KL7) further improved the initial decomposition temperatures (362 °C and 369 °C, respectively) with 15.54% and 17.31% residual mass left at 700 °C. The highest thermal stability with maximum residual mass% (20.12%) at 700 °C was observed in case of composite containing 10% (m/m) of lignin (PLA/EXP15/PES10/KL10).

Figure 3 represents the *TG* curves for PLA/EXP/PES and PLA/EXP/PES/KL composites in comparison with pure PLA. These composites differ in terms of their initial decomposition temperatures and thermal stabilities. PLA/EXP15/PES10/KL10 containing 10% (m/m) of lignin was found to be more thermally stable and presented denser and more compact char layer with higher residual mass% (20.12%). All the composites containing lignin presented

Fig. 3 *TG* curves of pure PLA, PLA/EXP/PES and PLA/EXP/PES/KL composites

Table 5 Data of thermogravimetric analysis

No.	Formulations	$T_5/^\circ\text{C}$	$T_{50}/^\circ\text{C}$	$T_{\text{max}}/^\circ\text{C}$	Residual mass/%
1	PLA	318	369	371	0.0
2	PLA/PES10	317	362	370	0.0
3	PLA/EXP5/PES10	320	370	375	3.8
4	PLA/EXP10/PES10	323	371	377	5.9
5	PLA/EXP15/PES10	342	372	376	8.4
6	PLA/EXP15/PES10/KL3	359	374	382	13.8
7	PLA/EXP15/PES10/KL5	362	376	383	15.5
8	PLA/EXP15/PES10/KL7	369	378	385	17.3
9	PLA/EXP15/PES10/KL10	376	381	390	20.1

higher residual mass% at 700 °C due to charring ability of KL as a result of polycyclic aromatic hydrocarbons formation as indicated by Sharma et al. [38]; hence, composites containing lignin are superior in performance to composites without lignin. Thermogravimetric curves presented in Fig. 3 of pure PLA, PLA/EXP15/PES10 and PLA/EXP15/PES10/KL10 composites show the residual mass as a function of temperature, up to 700 °C. The curves indicate that most of the thermal decomposition occurs between 300 and 400 °C and that pure PLA decomposes at a lower temperature than all the composites. Whereas all the composites degrade within a narrow temperature window, increasing the concentration of EXP causes more residual mass to remain at temperatures between 375 and 700 °C, and adding KL at increasing concentrations has a further, additive effect. The thermal stabilities of the composites containing KL are therefore better than those of composites containing EXP alone. This behaviour is due to the combined effect of char forming ability of the polyhydric component (KL) and dehydration mechanism established by acid source (EXP) due to the formation of phosphate compounds which further enhances the dehydration of lignin resulting in higher char formation with compact structures.

Mechanical properties of composites

The mechanical properties of multi-component-based composites are dependent on the effective stress sharing between matrix and the additives incorporated. Therefore, in order to get acceptable mechanical strength of composites a uniform interfacial bonding between additives and matrix is needed. Moreover, the size of particles, % (m/m) of additives incorporated as well as the adhesion between additives and matrix, influences the mechanical properties of polymer composites. As indicated in SEM images in the previous section, a weak interfacial bonding between additives and polymer matrix was observed due to which clustered and agglomerated particles were formed which affected the mechanical strength.

It can be seen in Table 6 that the tensile strength and elongation at break of pure PLA was 76.21 (MPa) and 15.33%, respectively. The addition of PES in PLA polymer (PLA/PES10) not only improved the ductility of the composite but elongation at break (19.54%) also increased. However, with the addition of EXP 15% (m/m) in PLA matrix, the tensile strength and elongation at break started to decrease and reached 46.49 (MPa) and 10.33%, respectively. When 3% (m/m) of KL was incorporated together with 15% (m/m) of EXP in polymer matrix, tensile strength (41.31 MPa) and elongation at break (9.66%) were further reduced. The reduction in mechanical properties of PLA/EXP/PES and PLA/EXP/PES/KL composites is mainly due to weak interfacial bonding initiated by the difference in secondary valence forces among PLA matrix and additives incorporated [35, 39]. Another reason of weaker mechanical properties could be due to the degradation of PLA as well as of KL during preparation of PLA composites due to higher extrusion temperature which might have reduced the adsorbed chains mobility on the surface of the particles. Therefore, in order to improve the mechanical properties of PLA composites a uniform dispersion of additives in polymer matrix may be required which sometimes can be obtained by the use of a compatibilizer. The Young's modulus of pure PLA was 4742.43 MPa; it reduced gradually by the addition of EXP, and at 15% (m/m) loading of EXP it decreased to 3978.21 MPa. However, addition of KL in the composites led to further reduction in Young's modulus of the composites as it was 3237.54 MPa at 10% (m/m) loading of KL.

Mechanical properties of multifilament yarns

To increase the loading content of flame retardant (EXP) and carbonization agent (KL) in PLA matrix, a plasticizer (PES) was incorporated as the third additive. The role of the plasticizer was to improve the spinnability of composites by reducing the rigidity of materials and to increase the elongation at break of multifilament yarns, although

Table 6 Mechanical properties of pure PLA, PLA/PES, PLA/EXP/PES and PLA/EXP/PES/KL composites

Formulations	Tensile strength/MPa	Elongation at break/%	Young's modulus/MPa
PLA	76.2 ± 5	15.3 ± 0.4	4742.4 ± 14
PLA/PES10	65.3 ± 7	19.5 ± 0.3	4666.2 ± 19
PLA/EXP5/PES10	52.9 ± 6	13.4 ± 0.6	4376.4 ± 18
PLA/EXP10/PES10	49.8 ± 7	13.0 ± 0.5	4237.7 ± 21
PLA/EXP15/PES10	46.4 ± 8	10.3 ± 0.7	3978.2 ± 17
PLA/EXP15/PES10/KL3	41.3 ± 9	9.6 ± 0.4	3854.2 ± 14
PLA/EXP15/PES10/KL5	40.4 ± 6	8.8 ± 0.6	3664.1 ± 16
PLA/EXP15/PES10/KL7	38.9 ± 7	7.6 ± 0.5	3343.1 ± 13
PLA/EXP15/PES10/KL10	37.2 ± 5	6.6 ± 0.4	3237.5 ± 16

tenacity of multifilaments is mainly affected by its addition.

Composites containing PLA/EXP/PES and PLA/EXP/PES/KL were melt-spun, and it was observed that as the loading content of EXP and KL was increased, the multifilament yarns were not able to withstand the same draw ratio which was applied for pure PLA and only PLA/EXP5/PES10 could be spun at the same processing conditions. For other compositions of composites, draw ratio was reduced gradually from 2 to 1.4 in order to spin the composites without breakage. This reduction in draw ratio resulted in lower mechanical properties of multifilament yarns produced from these composites predominantly due to amorphous nature with little or no crystallinity induced in the filament structure.

The tenacity and elongation at break of multifilament yarns are mainly influenced by the % (m/m) of the additives incorporated in the PLA matrix; therefore, the mechanical properties of the multifilament yarns containing higher amount of EXP and KL were on the lower side (Table 7) than that of multifilament yarns produced from pure PLA.

The lower mechanical properties of multifilament yarns containing KL and EXP are mainly due to non-uniform dispersion of the additives in PLA matrix due to which clustered and agglomerated particles were formed which produced cracks on the yarn's surface. At the SEM investigations, it turned out that the interfacial adhesion between the components was on a low level and large parts of additives with relative low aspect ratio were present. It is more likely that the large particles acted as starting point of failure during loading. Another reason could be as the lignin content was increased, hydroxyl groups present in lignin formed hydrogen bonds with PLA substrate, and as a result molecular chain gets more entangled which created free void spaces in the multifilament yarns by restricting molecular chain mobility; hence, their elongation at break reduced and they broke at much lower force compared to pure PLA as explained by Cayla et al. [35] and Wang et al. [25]. Due to this reason, it was not possible to spin

composite containing 10% (m/m) of KL (PLA/EXP15/PES10/KL10). Although mechanical properties of multifilament yarns seem to be on the lower side, they were sufficient enough to produce knitted structures.

Cone calorimetry

Cone calorimetry data for pure PLA and PLA composite fabrics are presented in Table 8.

Five types of samples (pure PLA, PLA/EXP10/PES10, PLA/EXP15/PES10, PLA/EXP15/PES10/KL5 and PLA/EXP15/PES10/KL7) were knitted in order to assess the influence of flame retardant's and lignin's content on their reaction to fire. The time to ignition (*TTI*) of fabrics produced from pure PLA and from PLA composites is presented in Table 8. *TTI* of a fabric knitted from pure PLA was 79 s. However, with the addition of 15% (m/m) of EXP (PLA/EXP15/PES10), *TTI* of the fabric reduced to 55 s which was further decreased to 43 s when 15% (m/m) of EXP together with 7% (m/m) of lignin was incorporated in PLA. The decrease in ignition time of samples containing lignin can be attributed to the degradation of lignin during compounding and melt spinning since the degradation temperature of lignin is lower (230 °C) to that of EXP (270 °C) and PLA (280 °C). The decrease in ignition time for knitted fabrics containing lignin can also be attributed to the short fibres present on the surface of multifilament yarns due to partial degradation of filaments during spinning, which were easier to ignite, hence reducing the ignition time.

Heat release rate curves for pure PLA, PLA/EXP10/PES10, PLA/EXP15/PES10, PLA/EXP15/PES10/KL5 and PLA/EXP15/PES10/KL7 knitted fabrics are presented in Fig. 4. Pure PLA fabric burnt much faster than the other samples and produced a steep curve with a high *PHRR* (461 kW m⁻²). In contrast, the *PHRR* of PLA/EXP10/PES10 fabric was lower (388 kW m⁻²) and the further addition of 15% (m/m) EXP in PLA/EXP15/PES10 fabric reduced the *PHRR* to 352 kW m⁻². The introduction of 5% (m/m) of KL in PLA/EXP15/PES10/KL5 fabric led to

Table 7 Mechanical properties of pure PLA, PLA/PES, PLA/EXP/PES and PLA/EXP/PES/KL multifilament yarns

Formulations	Tenacity/cN tex ⁻¹	Elongation at break/%
PLA	19.8 ± 3	110.1 ± 23
PLA/PES10	17.9 ± 4	123.4 ± 22
PLA/EXP5/PES10	12.4 ± 1	74.3 ± 33
PLA/EXP10/PES10	10.9 ± 2	61.7 ± 19
PLA/EXP15/PES10	9.5 ± 2	54.2 ± 24
PLA/EXP15/PES10/KL3	7.3 ± 2	45.6 ± 37
PLA/EXP15/PES10/KL5	7.1 ± 1	43.3 ± 28
PLA/EXP15/PES10/KL7	6.7 ± 1	39.9 ± 17
PLA/EXP15/PES10/KL10	Not spun	Not spun

Table 8 Cone calorimetry data for pure PLA and PLA composites

No.	Formulation	<i>TTI</i> /s	<i>PHRR</i> /kW m ⁻²	<i>THR</i> /MJ m ⁻²	Residual mass/%
1	PLA	79	461	58.5	0
2	PLA/PES10	77	477	60.2	0
3	PLA/EXP5/PES10	66	415	55.7	9
4	PLA/EXP10/PES10	61	388	46.4	14
5	PLA/EXP15/PES10	55	352	44.6	17
6	PLA/EXP15/PES10/KL3	53	230	38.4	22
7	PLA/EXP15/PES10/KL5	48	205	26.1	25
8	PLA/EXP15/PES10/KL7	43	191	22.9	32

TTI time to ignition, *PHRR* peak heat release rate, *THR* total heat release

significant reduction of *PHRR* to 205 kW m⁻². Remarkably, increasing the KL content to 7% (m/m) in PLA/EXP15/PES10/KL7 fabric resulted in a substantial additional fall in the *PHRR* (191 kW m⁻²), which is 58.50% lower than the *PHRR* of pure PLA. These findings indicated that the combined effect of EXP and KL yielded a much thicker char layer on the surface of the knitted fabric after ignition, preventing further degradation of fabric and presenting higher residual mass% than the fabrics containing EXP alone.

Figure 5 shows the *THR* curves of pure PLA and the PLA/EXP/PES and PLA/EXP/PES/KL composites fabrics. The *THR* of pure PLA was 58.52 MJ m⁻², whereas the

values for PLA/EXP15/PES10 and PLA/EXP15/PES10/KL7 knitted fabrics were 44.67 and 22.91 MJ m⁻², respectively.

Figure 6 demonstrates SEM images of char residues after conducting cone calorimetry test. The char residues of PLA/EXP10/PES10 and PLA/EXP15/PES10 were loosely bound, and the structure in each case was porous and discontinuous due to insufficient char formation as shown by the SEM images of char residues. Heat and mass transfer therefore could not be inhibited effectively in these composites. In contrast, the samples containing KL, i.e. PLA/EXP15/PES10/KL5 and PLA/EXP15/PES10/KL7, produced a more compact char with a dense and uniform

Fig. 4 Heat release rate of pure PLA, PLA/EXP/PES and PLA/EXP/PES/KL fabrics **Fig. 5** Total heat release curves of pure PLA, PLA/EXP/PES and PLA/EXP/PES/KL fabrics

Fig. 6 SEM analysis of char residues; PLA/EXP10/PES10 (a), PLA/EXP15/PES10 (b), PLA/EXP15/PES10/KL5 (c) and PLA/EXP15/PES10/KL7 (d)

structure, reducing fuel and heat transfer to inhibit combustion and prevent further burning of the underlying polymeric substrate.

The weaker intumescence or a porous char structure in the samples containing EXP alone is caused by decreased viscosity in the condensed phase. The production of a uniform and compact char structure is mainly dependent on the viscosity of the sample in condensed phase. The lower viscosity in the condensed phase released the water vapours via bubbling which were produced by the dehydration of EXP and hence no longer available for the swelling of the char structure. If the viscosity in the condensed phase is too low, then EXP alone cannot generate enough pressure for the swelling of the substrate. Due to this porous char structure, both fuel gases (volatile compounds) and water vapours could easily pass through the unclosed cells; therefore, the *HRR* of the samples containing EXP alone is higher in comparison with *HRR* of the samples containing EXP and KL. The reason is that the combined effect of acid source (EXP) and carbon source (KL) produced more compact char structure which hindered the discharge of fuel gases and water vapours which ultimately increased the viscosity of the condensed phase and as a result more swelling of the char was observed.

In samples containing EXP alone, residual mass% was lower (Table 8) compared to samples containing KL. This is because the absence of KL lowered the viscosity of the char layer, in turn allowing vapour and gas bubbles to escape and reducing the degree of swelling because little pressure was allowed to build up as confirmed by SEM images of char residues in Fig. 6. The resulting porous structure allowed further fuel gases and water vapour to pass through the unclosed cells, increasing the *PHRR*. In

contrast, the higher viscosity of the char layer containing KL made the char on fabric surface more compact and prevented the escape of gases and vapour, resulting in a pressure build up that increased the melt viscosity of the condensed phase and resulted in more swelling of the char. The combined effect of EXP and KL therefore reduced the *PHRR* to 191 kW m^{-2} which is 58.50% less than pure PLA.

This indicates that the combined effect of KL and EXP reduced the total quantity of fuel accessible for burning, which confirms the superior flame retardant performance of these fabrics. The high concentrations of EXP and KL diluted the substrate, providing less material for continued burning. Thermal decomposition therefore led to the dehydration of EXP, and the resulting water vapours cooled the gas phase and diluted the fuel, thus reducing the total heat release (*THR*) in proportion with the increasing EXP and KL content. The presence of KL exacerbated this effect because the emission of pyrolysis gases was inhibited by the formation of the char layer, which not only provided a physical barrier but also enhanced the heat shielding effect.

Conclusions

In this study, melt spinnability, thermal stability, mechanical properties and fire-related properties of PLA composites prepared by melt blending on twin-screw extruder comprising phosphorous–nitrogen-based flame retardant (EXP), kraft lignin (KL) and plasticizer (PES) were investigated. Composites containing up to 3% (m/m) of KL were comparatively easier to spin than composites

containing 5% or 7% (m/m) of KL due to lesser molecular chain mobility with higher loading content of KL; however, composites containing up to 7% (m/m) of KL together with 15% (m/m) of EXP and 10% (m/m) of PES (plasticizer) were spinnable, but breakage of individual filaments were seen during melt spinning. With higher loading content of KL and EXP, elongation at break of multifilaments was decreased and multifilaments with lower mechanical properties were obtained. Thermal stabilities of PLA composites containing KL were improved with higher residual mass% (20.12%) at 700 °C due to greater charring ability of the compound. Flame retardant properties of knitted fabrics produced from these composites were investigated by cone calorimetry. The *HRR* and *THR* of the knitted fabrics containing KL were significantly lower than the corresponding values for pure PLA and composites containing EXP alone. A remarkably low *HRR* was observed for PLA/EXP15/PES10/KL7 knitted fabric (191 kW m⁻²) which is 58.50% less than the *HRR* of pure PLA. Higher loading content of KL could not delay the ignition time as *TTI* of knitted fabrics containing KL was lower than that without KL, but a substantial decline in *HRR* and *THR* was observed.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

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