



## Correction to: Karen Bluth: *The Self-Compassionate Teen: Mindfulness and Compassion Skills to Conquer Your Critical Inner Voice*

Instant Help Books, Oakland, CA, 2020, 192 pp, ISBN 9781684035274

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Correction to: Journal of Youth and Adolescence (2021)  
<https://doi.org/10.1007/s10964-020-01368-x>

The original version of the article was inadvertently published with the errors in Abstract section.

The beginning sentence in abstract should read as, “Adolescence is a developmental stage filled with stress and pres-

sure” instead of “Adolescence is a developmreal), who loves and accepts them exactly as theyental stage filled with stress and pressure”. This has been corrected with this erratum.

The original article has been corrected.

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The original article can be found online at <https://doi.org/10.1007/s10964-020-01368-x>.

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