



Disentangling the Role of Religiosity in Human Papillomavirus Vaccination Amidst COVID-19 Pandemic

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Abstract

Religion is a complex and sociocultural driver of human papillomavirus (HPV) vaccination decisions, but its exact role has been mixed/unclear. We used a cross-sectional study of 342 Christian parents to examine the associations between the three domains of religiosity (organizational, non-organizational, and intrinsic) and the intention to (i) seek HPV information and (ii) receive the HPV vaccine. Organizational religiosity was the only domain that was positively associated with information-seeking intention regardless of the type of covariates included. Mixed findings in the association between religiosity and HPV vaccination decisions may depend on the religiosity domain being assessed.

Keywords Religiosity · Spirituality · Human papillomavirus (HPV) · HPV vaccination · COVID-19 · Intention · Muslims · Christians

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Introduction

Human papillomavirus (HPV) is the most common sexually transmitted disease in the USA (CDC, 2019), with an annual financial cost estimated at 7 billion dollars (Perkins et al., 2015). The HPV vaccine has been available since 2006 and is universally recommended at 11–12 years of age for both boys and girls (Meites et al., 2016). Vaccinated adolescents are more likely to have long-lasting protection against HPV-related infections and cancers than unvaccinated adolescents (Brotherton, 2019; Näsman et al., 2020). Despite the substantial benefits of HPV vaccination, nearly half of eligible adolescents have not completed the HPV vaccine series (CDC, 2021). Though distinct, the intentions to vaccinate and to seek HPV information are considered important intermediate antecedents of actual HPV vaccination behavior (Catalano et al., 2017; Hamilton et al., 2020). This current study investigates factors influencing these intentions.

Religiosity as a Crucial, Complex Predictor of HPV Vaccination Behaviors

A commonly studied primary predictor of HPV vaccination behaviors is religiosity. In this study, we operationalized religiosity as participating in group or private activities that reflect one's belief in the existence of God or a higher power (Okunroumu et al., 2016). Christianity is the most well-studied religious group (Best et al., 2019; Birmingham et al., 2019; Marti et al., 2017), likely because it is the most common religions. Some studies have shown that HPV vaccination intention and uptake are suboptimal among highly religious groups (Best et al., 2019; Marti et al., 2017). Commonly cited reasons for vaccine decline among these religious populations include fears that the HPV vaccine encourages a child's promiscuity and the belief that supernatural powers control health outcomes (Best et al., 2019; Padela et al., 2018; Pratt et al., 2019). On the other hand, other studies have shown positive or nonsignificant associations between religiosity and HPV vaccination intention (Brueggmann et al., 2016; Mupandawana & Cross, 2016; Thomas et al., 2015), making it challenging to clarify the exact role of religiosity in the vaccination against HPV.

These conflicting findings may partly be due to the narrow measurement of religiosity, a broad, multi-domain construct. Specifically, existing findings have not considered *which* religiosity domains are most strongly associated with the HPV vaccination and information-seeking intentions. Therefore, previously mixed findings on the association between religiosity and HPV vaccination may have been due to the use of inconsistent or insensitive religiosity measurement. This inconsistency involves (i) assessing one domain of religiosity at a time (e.g., religious affiliation or service attendance (Brueggmann et al., 2016; Wong et al., 2019) without accounting for the influence of other domains or (ii) not distinguishing between domains (Best et al., 2019; Birmingham et al., 2019). In this current study, we deconstructed religiosity into three domains using Koenig

(2010)'s classification (as stated below) and examined their associations with HPV vaccination decisions (Koenig & Büssing, 2010):

- (1) organizational religious activities (ORA), defined as participating in public or group-related religious activities like attending religious services, group prayers, or fellowship;
- (2) non-organizational religious activities (NORA), defined as self-directed private religious activities or devotion such as personal prayers and scripture readings, watching religious programs online or on the television, and other personalized rituals; and
- (3) intrinsic religious activities (IRA), defined as considering major life decisions and perceptions of the world (e.g., unjustified hope for relief, greater life meaning, purpose in life, self-control) in the context of one's personalized religious views.

Practicing ORA may be positively associated with HPV information-seeking intention through factors such as trust in local faith leaders as credible sources of health information (Birmingham et al., 2019; Bodson et al., 2017). Therefore, religious leaders may leverage their influence to advocate for HPV vaccination as a viable strategy for preventing HPV-related infections. Also, previous studies suggest that participation in ORA through regular service attendance may expose a parent to the activities of faith-based health ministries and outreaches that offer venue-based health education programs (Brandt et al., 2019; Lahijani et al., 2021). We hypothesized that ORA would be associated with a higher intention to seek HPV information and to vaccinate a child.

Practicing NORA (marked by private and selective religious rituals) may exclude a person from group/venue-based religious events where there is a deliberate effort to leverage religiosity to influence HPV vaccination decisions. This exclusion may lead a person who practices NORA to have personal beliefs about HPV vaccination that are different from their denomination (Mupandawana & Cross, 2016). Hence, unlike ORA, where the religious organization may structure events to influence members' vaccination decisions, practicing NORA may limit parents' exposure to religious programs that promote HPV vaccination awareness. We, therefore, hypothesized that NORA would be unassociated with HPV information-seeking and vaccination intentions.

Similarly, IRA, marked by beliefs such as perceived closeness to God and filtering life decisions (such as vaccination) through the lens of one's religious beliefs, may be negatively associated with HPV vaccination intention (Bodson et al., 2017). Past studies have established that dimensions of religiosity such as spirituality may negatively influence vaccination decisions (da Silva Oliveira et al., 2017). A parent who practices IRA may filter their HPV vaccination decision through the external locus of control beliefs and consider it unnecessary to seek HPV information or vaccination (Olagoke et al., 2020). We, therefore, hypothesized that IRA would be negatively associated with HPV information-seeking and vaccination intentions.

Current Study

This current study sheds more light on the previously mixed findings regarding religiosity and HPV vaccination. Specifically, past studies have examined religiosity as a monolithic construct in its relationship with HPV vaccination. They have not consistently operationalized religiosity in terms of the three identified domains (ORA, NORA, and IRA) in our study, which appear to differ in their independent associations with HPV vaccination decisions. Our study offered a critical investigation into the above-mentioned gap identified among Christians parents of unvaccinated adolescents. We examined the associations between the three domains of religiosity and information-seeking and vaccination intentions.

Methods

We used a cross-sectional online survey from September 28 to October 8, 2020. The Institution Review Board of the University of Illinois Chicago approved all study materials and procedures.

Recruitment Procedures and Sample

Participants were recruited through the Qualtrics Panel System (QPS). The QPS is an online survey research platform that offers access to a large and diverse group of individuals across North America interested in contributing to research. It has become a popular and reliable recruitment method for researchers interested in conducting observational (cross-sectional and longitudinal) and experimental research (Bryan et al., 2020; Hamm & Yun, 2019; Soucy & Hadjistavropoulos, 2017).

QPS recruits respondents through multiple methods such as member referrals, targeted email lists, permission-based networks, and social media. To register with QPS, participants are required to complete background questionnaires and agree to partake in online surveys for an incentive/reward. QPS determines the minimum incentive by considering factors like the incidence rate of the condition studied and the survey's length. Incentives may include cash, airline miles, and gift cards. The QPS uses the profile information provided by registered respondents to randomly select potential participants who are likely to meet the study eligibility criteria. Potential participants are sent an invitation link via their email with the following information: (1) clarification that the survey is for research purposes only; (2) expected survey length; and (3) incentive for participation. Specific details about the study are not included to avoid selection biases.

For this study, we used a two-step screening procedure to determine eligibility. First, QPS invited participants via email. Screening criteria included (i) being over 18 years of age at the time of recruitment, (ii) being parents or guardians of at least one child aged 11–17 years who have not received any dose of the HPV

vaccine, (iii) identifying as a Christian, and (iv) residing in the USA. QPS also enforced the eligibility screening criteria by activating the fraud detection settings to detect fraudulence in the use of IP addresses.

As a second screening measure, we further ensured data quality by excluding participants who completed the survey less than half the median completion time (8 min) who may have been inattentive or sped through the survey. We also subtracted the child's reported age from the parents' as a response validity check. Participants whose *parent–child* age difference showed that they were 8–14 years old at the time of birth were removed from the study. Finally, we included instructional manipulation checks in various survey sections to improve attentiveness during survey completion. At the beginning of the survey, respondents were informed that their attention would be checked and that inattentive participants would be discontinued from proceeding (Paas & Morren, 2018). We asked participants to skip specific questions to check if they were attentive to the instructions. Participants who failed the attention checks were automatically screened out of the survey.

In total, we assessed 969 potential participants for eligibility. Of them, 502 met the eligibility criteria and yielded a final analytic sample of 342 participants (Fig. 1).

Data Collection Procedures and Measures

Eligible participants were directed to an online informed consent form, which they completed before proceeding with the survey. Eligible participants completed surveys between 7.96 and 109.87 min (median completion time 15.92 min). When answering questions regarding their child/children, if participants have more than one child between 11 and 17 years old, they were asked to think of the oldest eligible child.

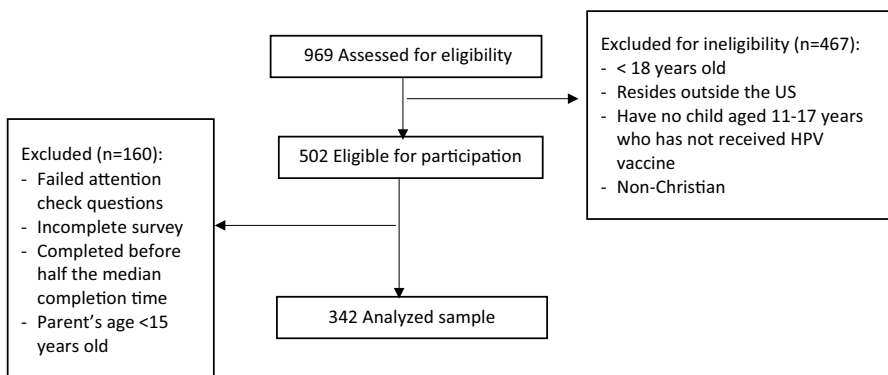


Fig. 1 Sample and recruitment

Dependent Variables

Intention to seek HPV information was assessed with a two-item measure ($\alpha=0.92$; Abhyankar et al., 2008) on a 5-point Likert scale of “Definitely false” to “Definitely true.” Parents were asked about their (i) *intention* and (ii) *wish to seek health information* regarding HPV in the next two weeks. The mean of the responses was analyzed, thereby ranging from 1 to 5.

HPV Vaccination intention was assessed with a two-item measure ($\alpha=0.90$; Abhyankar et al., 2008) on a 5-point Likert scale of “Definitely false” to “Definitely true.” Participants were asked if they (i) *intended* and (ii) wished to vaccinate their children against HPV in the next 1 year. The mean of the responses was analyzed, thereby ranging from 1 to 5.

Independent Variables

Religiosity domains. We measured the three religiosity domains of interest by adapting the 5-item Duke University Religion Index (DUREL), which has been used in over 100 studies (Koenig & Büsling, 2010). The DUREL scale has shown a high 2-week test–retest reliability of 0.91, a reliable internal consistency ($\alpha=0.78–0.91$), and convergent validity with other established measures of religiosity (r 's=0.71–0.86).

Organized religious activity (ORA) is the first subscale and first question in the original DUREL that asked about the frequency of attendance at religious services. Because of the current COVID-19 pandemic, we modified this subscale by asking two separate questions to assess the domain. One item referred to in-person or online attendance between 2015 and January 2020, while the second item assessed in-person or online attendance since January 2020. The Cronbach's alpha for these items was 0.64. The mean score (ranged from 1 to 5.5) was used in the analysis.

Non-organized religious activity (NORA)—the second subscale, was measured using the second question in the original DUREL. This item measured the frequency of private religious activities such as prayer and scripture reading. Responses ranged from *Never* (1) to *Daily* (5).

Intrinsic religious activity (IRA) is the third subscale ($\alpha=0.74$). It was measured using the remaining three statements in the original DUREL. For example, “My religious beliefs are what really lie behind my whole approach to life.” Options ranged from *Definitely true* (1) to *Definitely false* (5). Responses were reversely coded such that lower numbers indicated less certainty.

Sociodemographic, Socioeconomic, and Health-Related Covariates

Participants reported on the following important *sociodemographic* characteristics—parent's age (continuous variable), age of the child, parent's sex (female, male), sex of the (eldest eligible) child; race/ethnicity that was based on distinct self-reported race and Hispanic ethnicity; and marital status (married, divorced, separated,

widowed, or single). *Socioeconomic* status (SES) characteristics included household income (<\$20,000, \$20,000–<\$35,000, \$35,000–<\$50,000, \$50,000–<\$75,000, and \$75,000 or more); employment status, and education (less than high school, high school graduate, some college, college graduate or more). *Health-related factors* were measured using two items that measured HPV-related family medical history and general vaccine beliefs (Abhyankar et al., 2008). Specifically, participants were asked: (1) if they or their family members have been diagnosed with HPV-related infections like cervical cancer, penile cancer, genital warts, anal cancer (Yes or No), and (2) if they had a personal belief against vaccines in general (Yes or No).

Analytical Strategy

To assess the distribution of continuous variables, we examined skewness and kurtosis. Values between -2 and 2 were considered to be normally distributed (White, 2013). Descriptive statistics such as mode (to ascertain bimodal distributions), mean, standard deviations, and frequencies were also calculated for Likert scales. Next, we conducted bivariate linear regression models to examine associations between the independent variables (i.e., the three domains of religiosity) and dependent variables (i.e., intention to seek HPV information and intention to vaccinate). Finally, we conducted separate multiple linear regressions for each dependent variable. We included all three domains into all models to test the independent association of each domain with our dependent variable.

We had a two-step process to address the effects of potential covariates. First, we had partial models. We examined models that included all three independent variables and one covariate domain, as conceptualized by Andersen and Newman's model (Andersen & Newman, 1973; Molina et al., 2015). Second, we had full models. Here, we included all three independent variables and covariates into our models. p values < 0.05 were considered to be significant in all models.

Results

Table 1 depicts the participants' characteristics. Respondents had a mean age of 41.3 ± 5.5 years and a child's age of 14.1 ± 2.1 years. Approximately half of the sample was male (54.1%). Respondents mostly had male children (65.7%), were White (87.1%), married (88.9%), had a college education or more (74.9%), and were employed (83.3%). There were 228 (64.6%) participants who had no personal belief against vaccines and 335 (92.7%) without a history of HPV-related infections. The mean values for the religiosity domains were 3.1 ± 0.9 (for ORA), 3.5 ± 1.4 (for NORA), and 4.3 ± 0.8 (for IRA). The mean intention to vaccinate a child against HPV in the next year was 3.1 ± 1.4 , while the mean intention to seek HPV information was 3.1 ± 1.3 . Kurtosis and skewness of all continuous variables ranged from -0.21 to 1.74 , indicating that they were normally distributed.

Table 2 describes the associations between the domains of religiosity and information-seeking intention after controlling for the three categories of covariates.

Table 1 Participants' characteristics ($N = 342$)

Participants' characteristics	Mean (SD)/ N (%)
<i>Sociodemographic characteristics</i>	
Parent's age	41.3 (5.5)
Child's age	14.1 (2.1)
Parent's sex	
Female	157 (45.9%)
Male	185 (54.1%)
Child's sex	
Female	117 (34.2%)
Male	225 (65.7%)
Race	
White	298 (87.1%)
Non-White	44 (12.9%)
Marital status	
Not married	38 (11.1%)
Married	304 (88.9%)
Denomination	
Catholic	136 (39.7%)
Non-Catholic	206 (60.2%)
<i>Socioeconomic status characteristics</i>	
Highest education	
Less than a college degree	86 (25.1%)
College or more	256 (74.9%)
Household income	
Less than \$75,000	105 (30.7%)
Over \$75,000	235 (68.7%)
Employment status	
Employed	285 (83.3%)
Unemployed/retired/disabled/others	57 (16.7%)
<i>Health-related factors</i>	
Personal belief against vaccines in general	
Yes/not sure	121 (35.4%)
No	221 (64.6%)
History of HPV-related infections	
Yes	25 (7.3%)
No	317 (92.7%)
<i>Religiosity domains</i>	
Organizational religiosity	3.1 (0.9)
Non-organizational religiosity	3.5 (1.4)
Intrinsic religiosity	4.3 (0.8)
<i>Outcome variables</i>	
Intention to seek HPV information	3.1 (1.4)
Intention to vaccinate against HPV	3.1 (1.3)

Table 2 Multivariate regression of religiosity domains on the intention to seek HPV information

Predictors	Model with no covariate		Model with sociodemo- graphic factors ^a		Model with SES factors ^b		Model with health-related factors ^c		Models with all factors	
	β (95% CI)	<i>p</i> value	β (95% CI)	<i>p</i> value	β (95% CI)	<i>p</i> value	β (95% CI)	<i>p</i> value	<i>B</i> (95% CI)	<i>p</i> value
Organizational religiosity	0.43 (0.27–0.58)	<0.0001	0.16 (0.01–0.34)	0.04	0.16 (0.00–0.33)	0.05	0.43 (0.27–0.59)	<0.0001	0.08 (–0.09 to 0.24)	0.35
Non-organizational religiosity	–0.14 (–0.26 to –0.02)	0.02	–0.04 (–0.16 to 0.06)	0.51	–0.08 (–0.17 to 0.04)	0.14	–0.14 (–0.26 to 0.02)	0.03	–0.03 (–0.14 to 0.08)	0.61
Intrinsic Religiosity	0.13 (–0.08 to 0.34)	0.19	0.12 (–0.07 to 0.32)	0.22	0.17 (–0.07 to 0.32)	0.08	0.12 (–0.08 to 0.33)	0.28	0.14 (–0.05 to 0.33)	0.16

Bold texts represent significant findings

^aIncluded sociodemographic covariates (i.e., parent’s age, age of the child, parent’s sex, sex of child, race/ethnicity, and marital status)

^bIncluded SES covariates (i.e., household income, employment status, and education)

^cIncluded health-related covariates (i.e., HPV-related family medical history and general vaccine beliefs)

ORA was positively associated with intention to seek HPV information in the models that included (i) sociodemographic factors ($\beta=0.16$; $0.01-0.34$; $p=0.04$), (ii) SES factors ($\beta=0.16$; $0.00-0.33$; $p=0.05$), and (iii) health-related factors ($\beta=0.43$; $0.27-0.59$; $p<0.0001$). NORA was negatively associated with the intention to seek HPV information in the model that included health-related covariates ($\beta=-0.14$; -0.26 to -0.02 ; $p=0.03$). Associations between IRA and information-seeking intention were not significant across different models. To note, none of the different religiosity domains were significantly associated with the intention to seek HPV information in the full model. Similarly, as shown in Table 3, none of the three religiosity domains were associated with the intention to vaccinate in both the partially and fully adjusted models.

Discussion

This study is the first to compare the associations between the three domains of religiosity and HPV information-seeking and vaccination intentions. Overall, our findings showcase how the association between religiosity and HPV vaccination decisions (i.e., information-seeking and vaccination intentions) depends on which domain is being studied and what covariates are accounted for. Specifically, the ORA domain appears to have a stronger and more consistent positive association (than other domains) with the intention to seek HPV information regardless of the types of covariates included. However, none of the religiosity domains was associated with HPV vaccination intention.

Our findings support previous studies highlighting the role of religious centers in hosting faith-based health ministries, community engagement/mobilization events, and social change communication outreaches to create awareness about HPV vaccination to their members (Brandt et al., 2019; Lahijani et al., 2021). These events may have exposed parents who practice ORA to HPV-related information, causing them to report higher intention to seek HPV information. However, information-seeking may not automatically lead to vaccination intention. There is evidence of mixed messaging regarding HPV vaccination among religious people (Manika et al., 2017; Touyz & Touyz, 2013). Information-seeking may only lead to vaccination intention if the message that is being sought addresses the existing barrier beliefs that religious parents have regarding vaccination (Bodson et al., 2017; Gordon et al., 2011; Kreuter et al., 2012; Mupandawana & Cross, 2016; Weinstein et al., 2016). Therefore, it is crucial to empower religious centers to provide accurate HPV vaccination information that addresses parents' concerns.

The nonsignificant association between the three domains of religiosity and intention to vaccinate in all the models is similar to past research findings (Birmingham et al., 2019; Brueggmann et al., 2016; Shelton et al., 2013). This suggests that, first, a person may not have an intention to vaccinate their child simply because they attend religious services (ORA), participate in private fellowship (NORA), or personally interpret scriptures (IRA). Instead, religiosity may only influence HPV vaccination if the religious organizations and stakeholders deliberately plan and structure their religious activities to impact their vaccination intention. Our findings

Table 3 Multivariate regression of religiosity domains on the intention to vaccinate against HPV

Predictors	Model with no covariate		Model with sociodemographic covariates ^a		Model with SES covariates ^b		Model with health covariates ^c		Models with all factors	
	β (95% CI)	<i>p</i> value	β (95% CI)	<i>p</i> value	β (95% CI)	<i>p</i> value	β (95% CI)	<i>p</i> value	<i>B</i> (95% CI)	<i>p</i> value
Organizational religiosity	0.14 (−0.02 to 0.31)	0.08	−0.04 (−0.21 to 0.13)	0.62	−0.07 (−0.24 to 0.11)	0.43	0.15 (−0.02 to 0.31)	0.92	−0.13 (−0.29 to 0.04)	0.14
Non-organizational religiosity	−0.04 (−0.16 to 0.07)	0.47	0.04 (−0.08 to 0.15)	0.55	0.01 (−0.12 to 0.11)	0.95	−0.05 (−0.16 to 0.07)	0.08	0.04 (−0.07 to 0.15)	0.47
Intrinsic Religiosity	−0.01 (−0.22 to 0.19)	0.91	0.04 (−0.16 to 0.24)	0.72	−0.03 (−0.17 to 0.23)	0.79	0.02 (−0.19 to 0.22)	0.93	0.09 (−0.11 to 0.29)	0.35

^aIncluded sociodemographic covariates (i.e., parent’s age, age of the child, parent’s sex, sex of child, race/ethnicity, and marital status)

^bIncluded SES covariates (i.e., household income, employment status, and education)

^cIncluded health-related covariates (i.e., HPV-related family medical history and general vaccine beliefs)

further indicate a need to design faith-based messaging interventions that address religious barrier beliefs to HPV vaccination among parents who practice these dimensions of religiosity.

Second, past findings have shown that it may be challenging for faith leaders to advocate for HPV vaccination for adolescents because it is considered controversial. Religious leaders have expressed discomfort and having to tread carefully on discussions around the sexual activity of adolescents (Lahijani et al., 2021; Touyz & Touyz, 2013; Williams et al., 2020). They have regarded it as a complicated and sensitive topic to discuss in their capacity as religious leaders (either through their services or mass media programs). Therefore, it is essential to engage with faith leaders and determine how best they can be supported and empowered to promote HPV vaccination if they would like to (Lahijani et al., 2021). This inquiry may be useful in increasing HPV vaccination through religious settings.

Third, this study was conducted at the peak of a global pandemic where there were restrictions to movement, uptake of preventive services (such as HPV vaccination), and outpatient visits. Hence, parents may be uncertain about the possibility of vaccinating their children in the next year (as measured in this study). Recent evidence suggests that in the first half of 2020, HPV vaccination and other cancer screening services have been disrupted in many developed countries due to the pandemic (Arbyn et al., 2020). Therefore, due to this uncertainty, parents may intend to seek information about HPV and not intend to vaccinate their adolescents in the next year until some form of normalcy is restored to HPV vaccination activities and hospital visits are considered.

Study Limitations

Our study is not without its limitations. First, although previous studies have identified information-seeking intention as a proximal predictor of HPV vaccination (Lee & Kim, 2015), we did not validate this because our study was underpowered (a potential source of type II error) to explore a mediating effect. Therefore, future studies should test the mediating role of information-seeking intention. This will further confirm if information-seeking is the primary driver of the effect of religiosity on vaccination intention and can guide intervention design.

Second, there are other dimensions of religiosity that our measure may not have captured. Future studies should examine the role of religiosity in HPV vaccination by exploring other domains that may have been excluded in our study. Third, our use of online and convenient sampling threatens our studies' generalizability across non-Internet users, time (e.g., a period of a global pandemic), religious denominations, and all parents of adolescents. Nevertheless, the robust quality of our data provides an opportunity to make a significant contribution to our subject matter. Also, we only assessed parents of unvaccinated children, making it difficult to test the extent to which HPV vaccination status varies by religiosity. More research is needed to explore if parents differ in their HPV vaccination decision based on their religiosity. Finally, religiosity may have changed in many ways beyond comprehension due to the pandemic, thereby impacting its association with our outcome.

Conclusion and Implications

In conclusion, organizational religiosity, through frequent religious service attendance (in-person and online), may serve as the most vital dimension of religiosity to be positively associated with HPV vaccination among religious parents. Future studies are needed to identify the specific activities in religious settings that increase HPV information-seeking intention. Factors such as trust in local faith leaders, personal beliefs, and faith-based ministry that outreaches through community engagements/mobilizations should be explored (Lahijani et al., 2021).

Furthermore, since information-seeking does not always lead to vaccination intention, it is important to move parents from information-seeking to actual vaccination behavior. This can be facilitated by conducting in-depth qualitative research to understand the type of HPV information parents are exposed to, their interpretation of the message, and the barriers they face in vaccinating their children after exposure to accurate HPV information.

Authors' Contributions All authors contributed to the study conception and design. Material preparation, data collection, and analysis were performed by Ayokunle Olagoke and Yamile Molina. The first draft of the manuscript was written by Ayokunle Olagoke, and all authors commented on previous versions of the manuscript. All authors read and approved the final manuscript.

Data Availability The data that support the findings of this study are not publicly available due to privacy or ethical restrictions.

Declarations

Conflict of Interest The authors declare that they have no conflict of interest.

Consent to Participate Informed consent was obtained from all individual participants included in the study.

Consent to Publish The participants consented to the dissemination of the study findings through scholarly publications.

Ethics Approval Approval was obtained from the ethics committee of the University of Illinois at Chicago. The procedures used in this study adhere to the tenets of the Declaration of Helsinki.

Human Participants and/or Animals This article does not contain any studies with animals performed by any of the authors. Ethical approval was obtained from the Institution review board of the University of Illinois at Chicago. The procedures used in this study, involving human participants, adhered to the tenets of the 1964 Declaration of Helsinki and its later amendments or comparable ethical standards.

Informed Consent Standard procedures for obtaining consent and maintaining the confidentiality and anonymity of participants were instituted. Informed consent was obtained from all individual participants included in the study.

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