# An Implicitly Extended Crank-Nicolson Scheme for the Heat Equation on a Time-Dependent Domain 

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Received: 28 April 2023 / Revised: 5 March 2024 / Accepted: 24 March 2024
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#### Abstract

We consider a time-stepping scheme of Crank-Nicolson type for the heat equation on a moving domain in Eulerian coordinates. As the spatial domain varies between subsequent time steps, an extension of the solution from the previous time step is required. Following Lehrenfeld and Olskanskii (ESAIM: M2AN 53(2):585-614, 2019), we apply an implicit extension based on so-called ghost-penalty terms. For spatial discretisation, a cut finite element method is used. We derive a complete a priori error analysis in space and time, which shows in particular second-order convergence in time under a parabolic CFL condition. Finally, we present numerical results in two and three space dimensions that confirm the analytical estimates, even for much larger time steps.


Keywords Eulerian time-stepping scheme • Time-dependent domains • Heat equation • Crank-Nicolson scheme • A priori error analysis

## 1 Introduction

Partial differential equations (PDEs) posed on moving domains are significant in many areas of science and engineering. They arise for example in flow problems around moving structures, such as pumps [4], wind or water turbines [55], within moving objects [15], or as sub-problems in fluid-structure interactions or multiphase flows. Fluid-structure interactions arise in aerodynamical applications like flow around airplanes or parachutes [59], in biomedical problems such as blood flow through the cardiovascular system [25,54, 61] or the airflow within the respiratory system [63] and even in tribological applications [47]. Multiphase problems include for instance gas-liquid and particle-laden gas flows [19, 36, 45],

[^0]rising bubbles [43], droplets in microfluidic devices [17] or the simulation of tumor growth [34]. For further details and applications we refer to the textbooks [3, 35, 56], respectively.

In this article, we consider the time discretisation of a parabolic model problem (namely the heat equation) which is posed on a moving domain $\Omega(t) \subset \mathbb{R}^{d}(d=2,3)$ that evolves smoothly in time for $t \in I=\left[0, t_{\max }\right]$ :

$$
\begin{equation*}
u_{t}-\Delta u=f \quad \text { in } \Omega(t), \quad u=0 \quad \text { on } \partial \Omega(t), \quad u(x, 0)=u_{0}(x) \text { in } \Omega(0) . \tag{1.1}
\end{equation*}
$$

In literature, two major numerical approaches can be found for the simulation of partial differential equations on moving domains: the Arbitrary Lagrangian-Eulerian (ALE) [21, 22] approach, where the equations are transformed to an arbitrary reference domain which is independent of time, and Eulerian approaches, where the equations are solved in the timedependent Eulerian framework [23, 27, 49].

The ALE approach is a popular technique for the numerical simulation of PDEs on moving domains, in particular for flow problems [41, 42]. For details, we refer to the textbooks [3, 56] and reference cited therein. Convection-diffusion problems on moving domains were, for example, solved in $[33,58]$ using a stabilised ALE method. The ALE approach is very attractive in the case of moderate domain movements, but shows problems when the shape of the domain changes significantly in time. In particular, topology changes of $\Omega(t)$, as occurring for example in contact problems or considering the separation or union of bubbles can not be modelled by means of an ALE approach [9, 10, 17, 56]. Other examples of extreme variations of $\Omega(t)$ are so-called fingering phenomena, which can be frequently observed in multi-phase flows or even for tumor growth [34].

In such cases, a numerical approach that discretises the equations directly in the moving Eulerian coordinate framework is preferable. The Eulerian framework is also the coordinate framework, which is typically used to model flow problems and consequently, in multi-phase flows [35] and fluid-structure interactions with large displacements [11, 23, 27]. However, as the domains $\Omega(t)$ to be discretised vary with time $t$, additional difficulties arise concerning a proper and accurate discretisation, both in space and in time.

In recent decades, a great amount of work has been contributed concerning the spatial discretisation of curved or moving boundaries by means of finite elements. The techniques can be categorised in fitted and unfitted finite element methods. In fitted methods, the boundary $\partial \Omega(t)$ is resolved in each time step by the finite element mesh [5, 24, 30]. If the domain is time-dependent, this means that new meshes need to be created in each time step. Several approaches have been proposed to alleviate this issue, such as the locally fitted finite element method $[29,30]$, which is based on a fixed coarse and a variable fine mesh. However, different issues might arise, such as anisotropic fine cells that complicate the numerical discretisation [28].

The idea in unfitted finite element methods, on the other hand, is to use the same finite element mesh for all times $t$, independently of the position of the boundary $\partial \Omega(t)$. A popular approach is the cut finite element method (CutFEM) $[8,14,37,38,52,65]$, where cells of the finite element mesh are cut into parts that lie inside $\Omega(t)$ and parts outside for numerical integration. Dirichlet or Robin boundary conditions are then incorporated weakly by means of Nitsche's method [46,53]. The method shows similarities to the extended finite element method [16, 20, 32] and the generalised finite element method [2], where the finite element spaces are enriched by suitable functions to account for the position of the boundary.

Much less works can be found in literature concerning a proper time discretisation on moving domains. In the case of moving domains, standard time discretisation based on the method of lines is not directly applicable. The reason is that the domain of definition of the variables changes from time step to time step. As an example consider the finite difference
discretisation of the time derivative within a variational formulation $\left(\Delta t=t_{n}-t_{n-1}\right)$

$$
\left(\partial_{t} u_{h}\left(t_{n}\right), \phi_{h}^{n}\right)_{\Omega\left(t_{n}\right)} \approx \frac{1}{\Delta t}\left(u_{h}\left(t_{n}\right)-u_{h}\left(t_{n-1}\right), \phi_{h}^{n}\right)_{\Omega\left(t_{n}\right)} .
$$

The function $u_{h}\left(t_{n-1}\right)$ is only well-defined on $\Omega\left(t_{n-1}\right)$, but is needed on $\Omega\left(t_{n}\right)$.
A possible remedy is to use characteristic-based approaches based on trajectories that follow the motion of the domain, see e.g. [40]. Similar time-stepping schemes result when applying the ALE method only locally within one time step and projecting back to the original reference frame after each step [18], or based on Galerkin time discretisations with modified Galerkin spaces [31]. The disadvantage of these approaches is the necessity for a projection that needs to be computed within each or after a certain number of steps.

A further alternative are space-time approaches [39, 48], where a $d+1$-dimensional domain is discretised. These are, however, computationally demanding, in particular within complex three-dimensional applications. The implementation of higher-dimensional discretisations and accurate quadrature formulas pose additional challenges. If a discontinuous Galerkin approach is applied in time for the test functions, the formulation decouples in certain time intervals and can be seen as an Eulerian time-stepping scheme [26, 39, 65].

In this work, we follow a slightly different approach first used by Schott [57] and later analysed by Lehrenfeld \& Olshanskii [49]. Here, the idea is to define extensions of the solution $u\left(t_{n-1}\right)$ from previous time steps to a domain $\Omega_{\delta}\left(t_{n-1}\right)$ that spans at least $\Omega\left(t_{n}\right)$. On the finite element level, these extensions can be incorporated implicitly in the time-stepping scheme by so-called ghost penalty stabilisations [7] to a sufficiently large domain. These techniques have originally been proposed to extend the coercivity of elliptic bilinear forms from the physical to the computational domain in the context of CutFEM or fictitious domain approaches [7].

Lehrenfeld \& Olshanskii [49] analysed the so extended Backward Euler method in detail for a convection-diffusion problem and gave hints on how to transfer the argumentation to the second-order backward difference scheme (BDF2). Recently, the analysis has been extended to higher order in space and time using an isoparametric finite element approach [50]. In [12, 62], extended BDF time-stepping schemes were applied and analysed for the non-stationary Stokes equations on moving domains.

The reason why only BDF-type time-stepping schemes have been considered in previous works, is that in these schemes spatial derivatives appear only on the "new" time step, i.e. $\nabla u\left(t_{n}\right)$. We will see below that the appearance of additional derivatives on $u\left(t_{n-1}\right)$ will complicate the error analysis severely. This paper gives a first step towards the analysis of time-stepping schemes that require derivatives at different time instants, such as the Crank-Nicolson method, the Fractional-step- $\theta$-, implicit Runge-Kutta- or Adams-Bashforth schemes.

As a first step, we focus in this work on the popular Crank-Nicolson time-stepping scheme. Up to now, it has been largely open, if and under what conditions a Crank-Nicolson-type scheme can be used within an Eulerian time discretisation on moving domains. We give a detailed stability and convergence analysis. While the analysis requires a strong parabolic CFL condition of type $\Delta t \leq c h^{3 / 2}$, our numerical results indicate that the scheme is stable also for much larger time steps.

The article is organised as follows: In Sect. 2, we introduce the discretisation of the model problem (1.1) in time and space. Section 3 presents a stability analysis for the fully discrete scheme using a CFL condition. In Sect. 4 , we show a detailed a priori convergence analysis. Numerical experiments in two and three space dimensions are presented in Sect. 5. Section 6 summarises this article with some concluding remarks.

Fig. 1 Illustration of the domains $\Omega^{n}, \Omega^{n+1}$ and the extension $\Omega_{\delta}^{n}$


## 2 Discretisation

In this section, we present the numerical approximation of the model problem (1.1). We start with discretisation in time and continue with the spatial discretisation of the resulting time-discrete formulation.

### 2.1 Temporal Discretisation

For time discretisation, we divide the time interval of interest $I=\left[0, t_{\max }\right]$ in intervals $I_{n}=\left(t_{n-1}, t_{n}\right]$. For simplicity, we take a uniform time step $\Delta t=\frac{t_{\max }}{N}$ and define $t_{n}=n \Delta t$. We define the domain $\Omega^{n}:=\Omega\left(t_{n}\right)$ with boundary $\Gamma^{n}:=\Gamma\left(t_{n}\right)$ and write $u^{n}=u\left(t_{n}\right)$ for the exact solution of the continuous problem (1.1) at time $t_{n}$.

A $\delta$-neighborhood of $\Omega(t)$ at time step $n$ is chosen large enough such that $\left(\Omega^{n} \cup \Omega^{n+1}\right) \subset$ $\Omega_{\delta}^{n}$, see Fig. 1. Therefore we choose

$$
\delta \geq w_{\max } \Delta t, \quad w_{\max }=\sup _{t \in I, x \in \partial \Omega(0)}\left\|\partial_{t} T(x, t) \cdot n\right\| .
$$

The required regularity of the domain mapping $T$ will be ensured in Assumption 1 below. For the error analysis, we will also assume the upper bound

$$
\begin{equation*}
\delta \leq c_{\delta} w_{\max } \Delta t \tag{2.1}
\end{equation*}
$$

with a constant $c_{\delta}>1$. Finally, we introduce the following notations for some space-time domains

$$
\begin{aligned}
Q & :=\cup_{t \in I}\{t\} \times \Omega(t), \quad Q^{n}:=\cup_{t \in I_{n}}\{t\} \times \Omega(t) \\
& Q_{\delta}^{n}:=\underset{t \in I_{n}}{\cup}\{t\} \times \Omega_{\delta}(t), \quad \hat{Q}=\Omega(0) \times\left[0, t_{\max }\right] .
\end{aligned}
$$

Now, the Crank-Nicolson method applied to (1.1) writes formally

$$
\begin{equation*}
\frac{u^{n}-u^{n-1}}{\Delta t}-\frac{1}{2}\left(\Delta u^{n}+\Delta u^{n-1}\right)=\frac{1}{2}\left(f^{n}+f^{n-1}\right), \quad x \in \Omega^{n} . \tag{2.2}
\end{equation*}
$$

The main issue of this formulation is that $u^{n-1}$ is needed on $\Omega^{n}$, while it is defined on $\Omega^{n-1}$. Thus, we will add implicit extension operators below to define $u^{n}$ on $\Omega_{\delta}^{n} \supset \Omega^{n+1}$, where it is needed in the following time step. Similarly, $f^{n-1}$ might be undefined on $\Omega^{n} \backslash \Omega^{n-1}$. If $f^{n-1}$ is given analytically, it can typically be extended in a canonical way to $\Omega^{n}$. To cover different scenarios, we do not want to restrict the analysis in this work to a particular extension, but assume only that $f^{n-1}$ is smoothly extended to $\Omega^{n}$.

In this article, we will use the abbreviation $c$ to refer to a generic positive constant, which is independent of discretisation parameters ( $\Delta t, h$ ) and the relative positions of the boundary with respect to the mesh.

### 2.1.1 Extension Operator

In this part, we introduce an extension operator to extend variables, for example the exact solution $u$, to larger domains as the spatial domain evolves. We make the following assumption (see also [12, Assumption 3.2]) for the analysis of this article.

Assumption 1 The boundary of the initial domain $\Omega(0)$ is assumed to be piecewise smooth and Lipschitz, and the domain motion $T(t)$ is a $W^{1, \infty}$-diffeomorphism for each t , that fulfills $T \in W^{r, \infty}(\hat{Q})$, where $r=\max \{3, m+1\}$ and $m$ is the polynomial degree of the finite element space defined in the following subsection.

By using Assumption 1, there exist $W^{r, \infty}$-stable extension operators $E^{n}$ from $\Omega^{n}$ to $\Omega_{\delta}^{n}$ that satisfy the following analytical properties:

$$
\begin{align*}
& \left\|E^{n} u-u\right\|_{W^{m+1, p}\left(\Omega^{n}\right)}=0, \quad\left\|E^{n} u\right\|_{W^{m+1, p}\left(\Omega_{\delta}^{n}\right)} \leq c\|u\|_{W^{m+1, p}\left(\Omega^{n}\right)},  \tag{2.3}\\
& \left\|\partial_{t} E^{n} u\right\|_{H^{m}\left(\Omega_{\delta}^{n}\right)} \leq c\left(\|u\|_{H^{m+1}\left(\Omega^{n}\right)}+\left\|\partial_{t} u\right\|_{H^{m}\left(\Omega^{n}\right)}\right)  \tag{2.4}\\
& \left\|\partial_{t}^{3} E^{n} u\right\|_{L^{\infty}\left(Q_{\delta}^{n}\right)} \leq c\|u\|_{W^{3, \infty}(Q)} . \tag{2.5}
\end{align*}
$$

The properties (2.3) and (2.4) are discussed in [12]. In an analogous way, one can derive the estimate for the third-order time derivative in (2.5). These extension operators will be used throughout the article, whenever functions would be undefined on parts of the domain where they are needed.

### 2.2 Spatial Discretisation

For spatial discretisation, we introduce a polygonal domain $D$, which is chosen large enough, such that $\Omega_{\delta}^{n} \subset D$ for all $n$. We introduce a quasi-uniform (i.e., shape- and size-regular) family of triangulations $\left(\mathcal{T}_{h}\right)_{h>0}$ of $D$ with maximum cell size $h$ (see, e.g., [6, Section 4.4]), which will serve as background meshes.

In each time step, we extract from $\mathcal{T}_{h}$ all cells of non-empty intersection with $\Omega_{\delta}^{n}$ and define

$$
\mathcal{T}_{h, \delta}^{n}:=\left\{K \in \mathcal{T}_{h}: K \cap \Omega_{\delta}^{n} \neq \emptyset\right\} .
$$

We write $\Omega_{h, \delta}^{n}$ for the domain spanned by all cells $K \in \mathcal{T}_{h, \delta}^{n}$ and define the following finite element space:

$$
V_{h}^{n, m}:=\left\{v \in C\left(\Omega_{h, \delta}^{n}\right),\left.v\right|_{K} \in P_{m}(K) \forall K \in \mathcal{T}_{h, \delta}^{n}\right\}, \quad m \geq 1 .
$$



Fig. 2 Left: Illustration of the triangulations $\mathcal{T}_{h}^{n}$ and $\mathcal{T}_{h, \delta}^{n}$ and the sets of facets $\mathcal{F}_{h, \delta}^{n}=\mathcal{F}_{h, \delta}^{n, \text { int }} \cup \mathcal{F}_{h, \delta}^{n, \text { cut }} \cup$ $\mathcal{F}_{h, \delta}^{n, \text { ext }}$. Right: Set of boundary cells $\mathcal{S}_{h}^{n, n-1}$

The set of elements that lie (at least partially) outside of $\Omega^{n-1}$, but in $\Omega^{n}$, will be of particular interest in the analysis. The domain spanned by them will be denoted by

$$
\mathcal{S}_{h}^{n, n-1}:=\underset{K \in \mathcal{T}_{h}^{n, n-1}}{\cup} K, \quad \text { where } \mathcal{T}_{h}^{n, n-1}:=\left\{K \in \mathcal{T}_{h, \delta}^{n}, K \cap\left(\Omega^{n} \backslash \Omega^{n-1}\right) \neq \emptyset\right\} .
$$

Moreover, we introduce the following notations for the facets of $\mathcal{T}_{h, \delta}^{n}$, see Fig. 2 for an illustration:

- $\mathcal{F}_{h, \delta}^{n}$ : the set of interior facets of $\mathcal{T}_{h, \delta}^{n}$.
- $\mathcal{F}_{h, \delta}^{n, \text { int }}$ : the set of facets that belong exclusively to elements $K \in \mathcal{T}_{h, \delta}^{n}$ that lie completely in the interior of $\Omega^{n}$.
- $\mathcal{F}_{h, \delta}^{n, \text { cut }}$ : the set of facets that belong to some element $K \in \mathcal{T}_{h, \delta}^{n}$ with $K \cap \partial \Omega^{n} \neq \emptyset$.
- $\mathcal{F}_{h, \delta}^{n, \text { ext }}$ : the set of remaining facets of $\mathcal{F}_{h, \delta}^{n}$, i.e. $\mathcal{F}_{h, \delta}^{n, \text { ext }}:=\mathcal{F}_{h, \delta}^{n} \backslash\left(\mathcal{F}_{h, \delta}^{n, \text { int }} \cup \mathcal{F}_{h, \delta}^{n, \text { cut }}\right)$
- $\mathcal{F}_{h, \delta}^{n, g}:=\mathcal{F}_{h, \delta}^{n, \text { cut }} \cup \mathcal{F}_{h, \delta}^{n, \text { ext }}$.

Assumption 2 (CFL condition) We assume the CFL condition $\Delta t \leq c_{C F L} h^{3 / 2}$ for a sufficiently small constant $c_{C F L}$.

The inequality (2.1) and the CFL condition (Assumption 2) lead to

$$
\begin{equation*}
\delta \leq c_{\delta} w_{\max } \Delta t \leq c w_{\max } h^{3 / 2} \tag{2.6}
\end{equation*}
$$

Remark 2.1 The inequality (2.6) implies that the distance between $\partial \Omega^{n}$ and $\partial \Omega^{n-1}$ is bounded by $\mathcal{O}\left(h^{3 / 2}\right)$. This implies the following property, which will be needed in the analysis below: For each cell $K \in S_{h}^{n, n-1}$, there exists a path of cells $K_{i}, i=1, \ldots, M$, such that $\bar{K}_{i} \cap \bar{K}_{i+1}$ is a facet in $\mathcal{F}_{h, \delta}^{n, g} \cap \mathcal{F}_{h, \delta}^{n-1, g}$ and the final cell $K_{M}$ lies fully in the interior of $\Omega^{n}$. Furthermore, the number of cases, in which an element $K_{M} \subset \Omega^{n}$ is utilised as a final element among all paths, can be bounded independently of $h$ and $\Delta t$.

### 2.2.1 Discrete Variational Formulation

In the numerical approximation, the boundary condition of the discrete problem (2.7) is implemented weakly by means of Nitsche's method. Moreover, the function $u_{h}^{n}$ is extended
by means of a ghost penalty term $g_{h}^{n}(\cdot, \cdot)$. In each time step $n=1,2, \ldots, N$, we consider the following discrete variational formulation: Find $u_{h}^{n} \in V_{h}^{n, m}$ such that

$$
\begin{equation*}
\mathcal{A}\left(u_{h}^{n}, u_{h}^{n-1} ; v_{h}\right)=\left(f_{h}^{n-\frac{1}{2}}, v_{h}\right), \quad \forall v_{h} \in V_{h}^{n, m}, \tag{2.7}
\end{equation*}
$$

where

$$
\begin{align*}
\mathcal{A}\left(u_{h}^{n}, u_{h}^{n-1} ; v_{h}\right):= & \left(D_{\Delta t}^{-} u_{h}^{n}, v_{h}\right)_{\Omega^{n}}+\frac{1}{2} a_{h}^{n}\left(u_{h}^{n}, v_{h}\right)+\frac{1}{2} a_{h}^{n}\left(u_{h}^{n-1}, v_{h}\right)+\frac{\gamma_{D}}{h}\left(u_{h}^{n}, v_{h}\right)_{\partial \Omega^{n}} \\
& +\gamma_{g} g_{h}^{n}\left(u_{h}^{n}, v_{h}\right) \tag{2.8}
\end{align*}
$$

and

$$
\begin{aligned}
D_{\Delta t}^{-} u_{h}^{n} & =\frac{u_{h}^{n}-u_{h}^{n-1}}{\Delta t}, \quad a_{h}^{n}\left(u_{h}^{k}, v_{h}\right)=\left(\nabla u_{h}^{k}, \nabla v_{h}\right)_{\Omega^{n}}-\left(\partial_{n} u_{h}^{k}, v_{h}\right)_{\partial \Omega^{n}} \\
f^{n-\frac{1}{2}} & =\frac{f^{n}+f^{n-1}}{2}
\end{aligned}
$$

We assume that all integrals in (2.8) are evaluated exactly. For a consideration of additional quadrature errors, that result when cut cells are approximated linearly in the computation of the integrals, we refer to [49].

We would like to stress that the Nitsche penalty term $\frac{\gamma_{D}}{h}\left(u_{h}^{n}, v_{h}\right)_{\partial \Omega^{n}}$ is evaluated only at the new time step (superscript $n$ ). Moreover, we consider here a non-symmetric version of Nitsche's method, i.e., without the symmetry term $-\left(u_{h}^{k}, \partial_{n} v_{h}\right)_{\partial \Omega^{n}}$ in $a_{h}^{n}\left(u_{h}^{k}, v_{h}\right)$. This form of the Nitsche penalty term will be necessary for the following stability analysis, see Remark 3.7. The symmetry term is left out, as it would lead to a significantly larger consistency error, which would dominate the overall error, see Remark 4.3.

The ghost penalty stabilization is defined by

$$
\begin{equation*}
g_{h}^{n}\left(w_{h}, v_{h}\right)=\sum_{e \in \mathcal{F}_{h, \delta}^{n, g}} \sum_{k=1}^{m} \frac{h^{2 k-1}}{k!^{2}} \int_{e}\left[\left[\partial_{n}^{k} w_{h}\right]\right] \cdot\left[\left[\partial_{n}^{k} v_{h}\right]\right] \mathrm{d} s, \tag{2.9}
\end{equation*}
$$

where $[[\cdot]]$ is the jump operator and $\partial_{n}$ the exterior normal derivative. For further possibilities for the extension $g_{h}^{n}$, we refer to [49]. The variant chosen here based on the jump of derivatives over edges has the advantage that it is fully consistent, in the sense that $g_{h}^{n}(u, v)$ vanishes for $u \in H^{m+1}\left(\Omega_{\delta}^{n}\right)$. The purpose of the ghost penalty is twofold: First, it serves to extend the solution $u_{h}^{n}$ implicitly to $\Omega_{h, \delta}^{n}$. Secondly, it ensures the discrete coercivity of the formulation (2.7) on $\mathcal{T}_{h, \delta}^{n}$.

To incorporate the initial condition, we set $u_{h}^{0}:=E^{1} u^{0}$ in (2.8) for $n=1$, where $E^{1} u^{0}$ is a smooth, e.g. a canonical extension, of the initial value $u_{0}$. This corresponds to the following Ritz projection of the initial value $u^{0}$

$$
\Delta t^{-1}\left(u_{h}^{0}, v_{h}\right)_{\Omega^{1}}+a^{1}\left(u_{h}^{0}, v_{h}\right)=\Delta t^{-1}\left(E^{1} u^{0}, v_{h}\right)_{\Omega^{1}}+a^{1}\left(E^{1} u^{0}, v_{h}\right) \quad \forall v_{h} \in V_{h}^{1},
$$

The following lemma is the key to extend the discrete coercivity to $\Omega_{\delta}^{n}$ :
Lemma 2.2 Given Assumption 2, any discrete function $v_{h}^{n} \in V_{h}^{n, m}$ satisfies

$$
\left\|v_{h}^{n}\right\|_{\Omega_{h, \delta}^{n}}^{2} \leq c\left\|v_{h}^{n}\right\|_{\Omega^{n}}^{2}+c h^{2} g_{h}^{n}\left(v_{h}, v_{h}\right), \quad\left\|\nabla v_{h}^{n}\right\|_{\Omega_{h, \delta}^{n}}^{2} \leq c\left\|\nabla v_{h}^{n}\right\|_{\Omega^{n}}^{2}+c g_{h}^{n}\left(v_{h}, v_{h}\right)
$$

In addition, for $v \in H^{m+1}\left(\Omega_{\delta}^{n}\right), m \geq 1$, it holds

$$
g_{h}^{n}(v, v) \leq c h^{2 m}\|v\|_{H^{m+1}\left(\Omega_{\delta}^{n}\right)}^{2} .
$$

Proof A proof of this lemma is given in [49].
At the end of this section, we briefly show that the variational formulation (2.7) is wellposed for each $n$. We define the discrete energy as

$$
\begin{equation*}
\mathfrak{E}^{n}\left(u_{h}^{n}, u_{h}^{n-1}\right)=\left(\frac{1}{2}\left\|\nabla u_{h}^{n}+\nabla u_{h}^{n-1}\right\|_{\Omega^{n}}^{2}+\frac{1}{\Delta t}\left\|u_{h}^{n}-u_{h}^{n-1}\right\|_{\Omega^{n}}^{2}+\frac{\gamma_{D}}{h}\left\|u_{h}^{n}\right\|_{\partial \Omega^{n}}^{2}+\gamma_{g} g_{h}^{n}\left(u_{h}^{n}, u_{h}^{n}\right)\right)^{1 / 2} . \tag{2.10}
\end{equation*}
$$

and the energy norm as

$$
\left\|u_{h}^{n}\right\| \|_{n}:=\mathfrak{E}^{n}\left(u_{h}^{n}, 0\right)
$$

We will show the coercivity relation

$$
\begin{equation*}
\left\|\mid u_{h}^{n}\right\| \|_{n}^{2} \leq \frac{1}{4} \mathcal{A}\left(u_{h}^{n}, 0 ; u_{h}^{n}\right), \quad u_{h}^{n} \in V_{h}^{m, n} . \tag{2.11}
\end{equation*}
$$

for sufficiently large $\gamma_{g}, \gamma_{D}$. The well-posedness of (2.7) follows then by standard arguments.
From the definition of the bilinear form $\mathcal{A}\left(u_{h}^{n}, 0 ; u_{h}^{n}\right)$, we have

$$
\mathcal{A}\left(u_{h}^{n}, 0 ; u_{h}^{n}\right)=\frac{1}{\Delta t}\left\|u_{h}^{n}\right\|_{\Omega^{n}}^{2}+\frac{1}{2}\left\|\nabla u_{h}^{n}\right\|_{\Omega^{n}}^{2}-\frac{1}{2}\left(\partial_{n} u_{h}^{n}, u_{h}^{n}\right) \partial \Omega^{n}+\frac{\gamma_{D}}{h}\left\|u_{h}^{n}\right\|_{\partial \Omega^{n}}^{2}+\gamma_{g} g_{h}^{n}\left(u_{h}^{n}, u_{h}^{n}\right) .
$$

The term $-\frac{1}{2}\left(\partial_{n} u_{h}^{n}, u_{h}^{n}\right)_{\partial \Omega^{n}}$ is estimated by means of Young's inequality and an inverse inequality as follows for sufficiently small $\epsilon>0$ :

$$
\begin{aligned}
-\frac{1}{2}\left(\partial_{n} u_{h}^{n}, u_{h}^{n}\right)_{\partial \Omega^{n}} & \geq-\frac{\epsilon h}{4}\left\|\nabla u_{h}^{n}\right\|_{\partial \Omega^{n}}^{2}-\frac{1}{4 \epsilon h}\left\|u_{h}^{n}\right\|_{\partial \Omega^{n}}^{2} \\
& \geq-c \epsilon\left\|\nabla u_{h}^{n}\right\|_{\Omega_{h}^{n}}^{2}-\frac{1}{4 \epsilon h}\left\|u_{h}^{n}\right\|_{\partial \Omega^{n}}^{2} .
\end{aligned}
$$

For sufficiently large parameters $\gamma_{D}, \gamma_{g}$, we have using Lemma 2.2

$$
-\frac{1}{2}\left(\partial_{n} u_{h}^{n}, u_{h}^{n}\right)_{\partial \Omega^{n}} \geq-\frac{1}{4}\left(\left\|\nabla u_{h}^{n}\right\|_{\Omega^{n}}^{2}+\gamma_{g} g_{h}^{n}\left(u_{h}^{n}, u_{h}^{n}\right)\right)-\frac{\gamma_{D}}{4 h}\left\|u_{h}^{n}\right\|_{\partial \Omega^{n}}^{2}
$$

This proves the coercivity (2.11).
Remark 2.3 The analysis given in this article can be generalised to the non-stationary convection-diffusion problem

$$
\partial_{t} u+b \cdot \nabla u-\Delta u=f \quad \text { in } \Omega
$$

for a bounded function $b \in L^{\infty}(Q)$. The corresponding bilinear form includes the additional term $\frac{1}{2}\left(b \cdot \nabla\left(u^{n}+u^{n-1}\right), v\right)_{\Omega^{n}}$. In the coercivity proof, as well as the stability analysis given below, this term can be estimated by estimates of type

$$
\begin{aligned}
\left(b \cdot \nabla\left(u^{n}+u^{n-1}\right), u^{n}\right)_{\Omega^{n}} & \leq\|b\|_{L^{\infty}(Q)}\left\|\nabla\left(u^{n}+u^{n-1}\right)\right\|_{\Omega^{n}}\left\|u^{n}\right\|_{\Omega^{n}} \\
& \leq \epsilon\left\|\nabla\left(u^{n}+u^{n-1}\right)\right\|_{\Omega^{n}}^{2}+c_{b} \epsilon^{-1}\left\|u^{n}\right\|_{\Omega^{n}}^{2}
\end{aligned}
$$

for $c_{b}:=\|b\|_{L^{\infty}(Q)}$ and $\epsilon>0$. Control over the latter term can be obtained by means of the discrete time derivative (namely $\frac{1}{\Delta t}\left(u^{n}-u^{n-1}, u^{n}\right)$ ). However, in order to keep the analysis as simple and concise as possible, we will in the following not consider this additional convective term.

## 3 Stability Analysis

In this section, a detailed stability analysis of the discrete problem (2.7) is developed. One of the main issues in the analysis is that the discrete functions $u_{h}^{n-1}$ and $\nabla u_{h}^{n-1}$ appear on $\Omega^{n}$ in the $n$-th time step, whereas bounds are only available for $\left\|u_{h}^{n-1}\right\|_{\Omega^{n-1}}$ and $\left\|\nabla u_{h}^{n-1}\right\|_{\Omega^{n-1}}$ from the previous time step. We start with some technical lemmas that will enable us to deal with this issue.

### 3.1 Auxiliary Estimates

We start with a lemma that uses the smallness of the mismatch $\Omega^{n} \backslash \Omega^{n-1}$ compared to the set of cells $\mathcal{S}_{h}^{n, n-1}$ that contains this area, see Fig. 2.

Lemma 3.1 Any discrete functions $v_{h}^{n} \in V_{h}^{n, m}, v_{h}^{n-1} \in V_{h}^{n-1, m}$ satisfy the following inequality:

$$
\begin{equation*}
\left\|\nabla v_{h}^{n}-\nabla v_{h}^{n-1}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2} \leq c \frac{\Delta t}{h}\left\|\nabla v_{h}^{n}-\nabla v_{h}^{n-1}\right\|_{\mathcal{S}_{h}^{n, n-1}}^{2} \tag{3.1}
\end{equation*}
$$

Proof Let $T \in \mathcal{T}_{h}^{n, n-1}$ and $S_{T}:=T \cap\left(\Omega^{n} \backslash \Omega^{n-1}\right)$. Due to the quasi-uniformity of the background mesh, we have $|T| \geq c h^{d}$ and from (2.1) $\left|S_{T}\right|=\left|T \cap\left(\Omega^{n} \backslash \Omega^{n-1}\right)\right| \leq c h^{d-1} \Delta t$. We show the estimate on the reference element (the unit simplex $\hat{T}$ ) using the linear bijective map $\xi_{T}: \hat{T} \rightarrow T$. Let $p:=\left.\left(\nabla v_{h}^{n}-\nabla v_{h}^{n-1}\right)\right|_{T}, \hat{p}=p \circ \xi_{T}$ and $\hat{S}_{T}:=\xi_{T}^{-1}\left(S_{T}\right)$. As the map $\xi_{T}$ is linear, we have by integral transformation

$$
\begin{equation*}
\left|\hat{S}_{T}\right|=\int_{\hat{S}_{T}} 1 \mathrm{~d} \hat{x}=\int_{S_{T}}\left|\operatorname{det}\left(\nabla \xi_{T}^{-1}\right)\right| \mathrm{d} x=\left|S_{T}\right| \frac{|\hat{T}|}{|T|} \leq c \frac{\Delta t}{h} . \tag{3.2}
\end{equation*}
$$

Similarly, it holds that

$$
\begin{equation*}
\|p\|_{S_{T}} \leq c|T|^{1 / 2}\|\hat{p}\|_{\hat{S}_{T}} \quad \text { and } \quad\|\hat{p}\|_{\hat{T}} \leq c|T|^{-1 / 2}\|p\|_{T} \tag{3.3}
\end{equation*}
$$

On the reference simplex, we use equivalence of norms for the polynomial $\hat{p}$

$$
\begin{equation*}
\|\hat{p}\|_{\hat{S}_{T}} \leq\left|\hat{S}_{T}\right|^{1 / 2}\|\hat{p}\|_{\infty, \hat{T}} \leq c\left|\hat{S}_{T}\right|^{1 / 2}\|\hat{p}\|_{\hat{T}} \tag{3.4}
\end{equation*}
$$

Combination of (3.3) and (3.4) yields $\|p\|_{S_{T}} \leq c\left|\hat{S}_{T}\right|^{1 / 2}\|p\|_{T}$. After using (3.2), summation over all cells $T \in \mathcal{T}_{h}^{n, n-1}$ completes the proof.

Lemma 3.2 Let Assumptions 2 be valid. Any discrete functions $v_{h}^{n} \in V_{h}^{n, m}, v_{h}^{n-1} \in V_{h}^{n-1, m}$ satisfy the following inequality:

$$
\begin{equation*}
\left\|\nabla v_{h}^{n}-\nabla v_{h}^{n-1}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2} \leq \frac{2}{\Delta t}\left\|v_{h}^{n}-v_{h}^{n-1}\right\|_{\Omega^{n}}^{2}+c g_{h}^{n}\left(v_{h}^{n}, v_{h}^{n}\right)+c g_{h}^{n-1}\left(v_{h}^{n-1}, v_{h}^{n-1}\right) \tag{3.5}
\end{equation*}
$$

Proof By Lemma 3.1 we have that

$$
\begin{equation*}
\left\|\nabla v_{h}^{n}-\nabla v_{h}^{n-1}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2} \leq c \frac{\Delta t}{h}\left\|\nabla v_{h}^{n}-\nabla v_{h}^{n-1}\right\|_{\mathcal{S}_{h}^{n, n-1}}^{2} \tag{3.6}
\end{equation*}
$$

Now let $K_{1} \in \mathcal{S}_{h}^{n, n-1}$. By Remark 2.1, there is a set of neighbouring cells $K_{2}, \ldots, K_{M}$, such that $\left(\bar{K}_{i} \cap \bar{K}_{i+1}\right) \in\left(\mathcal{F}_{h, \delta}^{n, g} \cap \mathcal{F}_{h, \delta}^{n-1, g}\right)$ and $K_{M}$ lies fully in the interior of $\Omega^{n}$. Let $e_{1,2}$ be the
edge that separates the cells $K_{1}$ and $K_{2}$, see Fig. 2. Then, using arguments from [51, Lemma 5.1] and [49, Lemma 5.2], we can deduce that

$$
\begin{align*}
& \left\|\nabla v_{h}^{n}-\nabla v_{h}^{n-1}\right\|_{K_{1}}^{2} \leq c_{0}\left\|\nabla v_{h}^{n}-\nabla v_{h}^{n-1}\right\|_{K_{2}}^{2}+c \sum_{k=1}^{m} \int_{e_{1,2}} h^{2 k-1}\left[\left[\partial_{n}^{k} v_{h}^{n}-\partial_{n}^{k} v_{h}^{n-1}\right]\right]^{2} d s \\
& \quad \leq c_{0}\left\|\nabla v_{h}^{n}-\nabla v_{h}^{n-1}\right\|_{K_{2}}^{2}+c \sum_{k=1}^{m} \int_{e_{1,2}} h^{2 k-1}\left[\left[\partial_{n}^{k} v_{h}^{n}\right]\right]^{2} d s+c \int_{e_{1,2}} h^{2 k-1}\left[\left[\partial_{n}^{k} v_{h}^{n-1}\right]\right]^{2} d s, \tag{3.7}
\end{align*}
$$

with a constant $c_{0}$ that depends solely on the polynomial degree $m$ and the shape-regularity of the triangulations [51, Lemma 5.1]. We follow this process from $K_{2}$ to $K_{M}$ by crossing edges $e_{2,3}$ to $e_{M-1, M}$ to obtain

$$
\begin{align*}
\left\|\nabla v_{h}^{n}-\nabla v_{h}^{n-1}\right\|_{K_{1}}^{2} \leq & c_{0}^{M}\left\|\nabla v_{h}^{n}-\nabla v_{h}^{n-1}\right\|_{K_{M}}^{2} \\
& +c \sum_{k=1}^{m} \sum_{j=2}^{M}\left(\int_{e_{j-1, j}} h^{2 k-1}\left[\left[\partial_{n}^{k} v_{h}^{n}\right]\right]^{2} d s+\int_{e_{j-1, j}} h^{2 k-1}\left[\left[\partial_{n}^{k} v_{h}^{n-1}\right]\right]^{2} d s\right) . \tag{3.8}
\end{align*}
$$

For the first term on the right-hand side of (3.8), we use an inverse inequality with constant $c_{\text {inv }}$

$$
\begin{equation*}
c_{0}^{M} \frac{\Delta t}{h}\left\|\nabla v_{h}^{n}-\nabla v_{h}^{n-1}\right\|_{K_{M}}^{2} \leq \frac{c_{0}^{M} c_{\mathrm{inv}}^{2} \Delta t}{h^{3}}\left\|v_{h}^{n}-v_{h}^{n-1}\right\|_{K_{M}}^{2} \tag{3.9}
\end{equation*}
$$

As all edges $e_{j-1, j}$ belong to both $\mathcal{F}_{h, \delta}^{n, g}$ and $\mathcal{F}_{h, \delta}^{n-1, g}$, we obtain after summation over all cells in $\mathcal{S}_{h}^{n, n-1}$ from (3.6), (3.8) and (3.9)

$$
\begin{aligned}
& \left\|\nabla v_{h}^{n}-\nabla v_{h}^{n-1}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2} \leq c_{0}^{M} c_{\mathrm{inv}}^{2} \frac{\Delta t}{h^{3}}\left\|v_{h}^{n}-v_{h}^{n-1}\right\|_{\Omega^{n}}^{2} \\
& +c \frac{\Delta t}{h}\left(g_{h}^{n}\left(v_{h}^{n}, v_{h}^{n}\right)+g_{h}^{n-1}\left(v_{h}^{n-1}, v_{h}^{n-1}\right)\right) .
\end{aligned}
$$

Using the CFL condition $\Delta t \leq c_{\mathrm{CFL}} h^{3 / 2}$ for sufficiently small $c_{\mathrm{CFL}} \leq \sqrt{2 / c_{0}^{M} c_{\mathrm{inv}}^{2}}$, we obtain $c_{0}^{M} c_{\mathrm{inv}}^{2} \frac{\Delta t}{h^{3}} \leq \frac{2}{\Delta t}$ and $\Delta t / h \leq c$, which completes the proof.

We note that the CFL condition is required to estimate the "mismatch" $\left\|\nabla v_{h}^{n-1}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2}$ by means of the discrete time derivative $\frac{1}{\Delta t}\left\|v_{h}^{n}-v_{h}^{n-1}\right\|_{\Omega^{n}}^{2}$ (see the following lemma). The constant $c_{\text {CFL }}$ depends on constants $c_{0}$ and $c_{\text {inv }}$ that depend on polynomial degree $m$ and shape-regularity of the triangulations.

Next, we discuss how the term $\left\|\nabla u_{h}^{n-1}\right\|_{\Omega^{n}}$ can be bounded by $\left\|\nabla u_{h}^{n-1}\right\|_{\Omega^{n-1}}$ along with additional terms that can be controlled in the following stability analysis.
Lemma 3.3 Under the assumptions of Lemma 3.2 it holds for $v_{h}^{n} \in V_{h}^{n, m}, v_{h}^{n-1} \in V_{h}^{n-1, m}$ and $l \in\{n-1, n\}$ that

$$
\begin{align*}
\Delta t\left\|\nabla v_{h}^{l}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2} \leq & \frac{\Delta t}{2}\left\|\nabla v_{h}^{n}+\nabla v_{h}^{n-1}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2}+\left\|v_{h}^{n}-v_{h}^{n-1}\right\|_{\Omega^{n}}^{2}  \tag{3.10}\\
& +c \Delta t g_{h}^{n}\left(v_{h}^{n}, v_{h}^{n}\right)+c \Delta t g_{h}^{n-1}\left(v_{h}^{n-1}, v_{h}^{n-1}\right) .
\end{align*}
$$

Proof By the triangle inequality, we have

$$
\left\|\nabla v_{h}^{n-1}\right\|_{\Omega^{n} \backslash \Omega^{n-1}} \leq \frac{1}{2}\left\|\nabla v_{h}^{n}+\nabla v_{h}^{n-1}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}+\frac{1}{2}\left\|\nabla v_{h}^{n}-\nabla v_{h}^{n-1}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}
$$

By means of the inequality $(a+b)^{2} \leq 2 a^{2}+2 b^{2}$ this implies

$$
\begin{equation*}
\Delta t\left\|\nabla v_{h}^{n-1}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2} \leq \frac{\Delta t}{2}\left\|\nabla v_{h}^{n}+\nabla v_{h}^{n-1}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2}+\frac{\Delta t}{2}\left\|\nabla v_{h}^{n}-\nabla v_{h}^{n-1}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2} \tag{3.11}
\end{equation*}
$$

The statement follows by using Lemma 3.2 for the second term in (3.11)

$$
\begin{equation*}
\frac{\Delta t}{2}\left\|\nabla v_{h}^{n}-\nabla v_{h}^{n-1}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2} \leq\left\|v_{h}^{n}-v_{h}^{n-1}\right\|_{\Omega^{n}}^{2}+c \Delta \operatorname{tg}_{h}^{n}\left(v_{h}^{n}, v_{h}^{n}\right)+c \Delta t g_{h}^{n-1}\left(v_{h}^{n-1}, v_{h}^{n-1}\right) . \tag{3.12}
\end{equation*}
$$

Next, we provide the following Poincaré-type estimate:
Lemma 3.4 Let $u \in W^{1, p}(\Omega)$ for $1 \leq p<\infty$ and let the CFL condition (Assumption 2) be valid. It holds for $l \in\{n-1, n\}$

$$
\begin{equation*}
\|u\|_{L^{p}\left(\Omega^{n} \backslash \Omega^{n-1}\right)}^{p} \leq c \Delta t\|u\|_{L^{p}\left(\partial \Omega^{l}\right)}^{p}+c \Delta t^{2}\|\nabla u\|_{L^{p}\left(\Omega^{n} \backslash \Omega^{n-1}\right)}^{p} . \tag{3.13}
\end{equation*}
$$

Proof The proof follows the lines of [56, Lemma 4.34] and uses the fact that dist $\left(\Omega^{n}, \Omega^{n-1}\right) \leq$ $c \Delta t$.

Using this, we can derive bounds for $\left\|v_{h}^{n-1}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2}$ and $\left\|v_{h}^{n}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2}$ :
Lemma 3.5 Under the assumptions of Lemma 3.2 it holds for $v_{h}^{l} \in V_{h}^{l, m}, l \in\{n-1, n\}$

$$
\begin{align*}
\left\|v_{h}^{l}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2} \leq c\left(\Delta t\left\|v_{h}^{l}\right\|_{\partial \Omega^{l}}^{2}+\right. & \Delta t\left\|v_{h}^{n}-v_{h}^{n-1}\right\|_{\Omega^{n}}^{2}+\Delta t^{2}\left\|\nabla v_{h}^{n}+\nabla v_{h}^{n-1}\right\|_{\Omega^{n}}^{2} \\
& \left.+\Delta t^{2} g_{h}^{n-1}\left(v_{h}^{n-1}, v_{h}^{n-1}\right)+\Delta t^{2} g_{h}^{n}\left(v_{h}^{n}, v_{h}^{n}\right)\right) \tag{3.14}
\end{align*}
$$

Proof By means of Lemma 3.4 for $p=2$ we have for $l \in\{n-1, n\}$

$$
\begin{equation*}
\left\|v_{h}^{l}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2} \leq c \Delta t\left\|v_{h}^{l}\right\|_{\partial \Omega^{l}}^{2}+c \Delta t^{2}\left\|\nabla v_{h}^{l}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2} \tag{3.15}
\end{equation*}
$$

The statement follows by applying Lemma 3.3 to the second term in (3.15).

### 3.2 Stability Result

Before discussing the stability result, we introduce some abbreviations for the space-time Bochner norms to simplify the mathematical expressions

$$
\begin{equation*}
\|u\|_{\infty, m, I_{k}}:=\|u\|_{L^{\infty}\left(I_{k}, H^{m}(\Omega(t))\right)}, \quad\|u\|_{\infty, m}:=\|u\|_{\infty, m, I}, \tag{3.16}
\end{equation*}
$$

where $m \in \mathbb{N} \cup\{0\}$ and $H^{0}(\Omega(t)):=L^{2}(\Omega(t))$. We prove the following stability result.
Theorem 3.6 (Stability) Let Assumptions 2 be valid and let $f \in L^{\infty}\left(I, L^{2}(\Omega(t))\right), u^{0} \in$ $H^{1}\left(\Omega^{0}\right)$ and let the mapping $T$ be a $W^{1, \infty}$-diffeomorphism. For sufficiently large $\gamma_{g}$ and $\gamma_{D}$ the solution $\left\{u_{h}^{k}\right\}_{k=1}^{n}$ of the discrete problem (2.7) fulfills

$$
\begin{align*}
& \left\|u_{h}^{n}\right\|_{\Omega^{n}}^{2}+\Delta t\left\|u_{h}^{n}\right\|_{\Omega^{n}}^{2}+\Delta t \sum_{k=1}^{n} \mathfrak{E}^{k}\left(u_{h}^{k}, u_{h}^{k-1}\right) \\
& \quad \leq c \exp \left(c t_{n}\right)\left(\left\|u^{0}\right\|_{\Omega^{0}}^{2}+\Delta t\left\|\nabla u^{0}\right\|_{\Omega^{0}}^{2}+t_{n}\|f\|_{\infty, 0}^{2}\right), \tag{3.17}
\end{align*}
$$

with $\mathfrak{E}^{k}(\cdot, \cdot)$ defined in (2.10).

Proof We test (2.7) with $v_{h}=2 \Delta t u_{h}^{n}$ to obtain

$$
\begin{align*}
& 2\left(u_{h}^{n}-u_{h}^{n-1}, u_{h}^{n}\right)_{\Omega^{n}}+\Delta t\left(\nabla u_{h}^{n}+\nabla u_{h}^{n-1}, \nabla u_{h}^{n}\right)_{\Omega^{n}}+\frac{2 \gamma_{D} \Delta t}{h}\left(u_{h}^{n}, u_{h}^{n}\right)_{\partial \Omega^{n}}  \tag{3.18}\\
& -\Delta t\left(\partial_{n} u_{h}^{n}+\partial_{n} u_{h}^{n-1}, u_{h}^{n}\right)_{\partial \Omega^{n}}+2 \Delta t \gamma_{g} g_{h}^{n}\left(u_{h}^{n}, u_{h}^{n}\right)=2 \Delta t\left(f^{n-\frac{1}{2}}, u_{h}^{n}\right) .
\end{align*}
$$

We estimate the fourth term in (3.18) by means of Young's inequality with a sufficiently small $\epsilon>0$ followed by an inverse inequality

$$
\begin{aligned}
\Delta t\left(\partial_{n} u_{h}^{n}+\partial_{n} u_{h}^{n-1}, u_{h}^{n}\right) \partial_{\Omega^{n}} & \leq \frac{\Delta t \epsilon h}{16}\left\|\partial_{n} u_{h}^{n}+\partial_{n} u_{h}^{n-1}\right\|_{\partial \Omega^{n}}^{2}+\frac{4 \Delta t}{\epsilon h}\left\|u_{h}^{n}\right\|_{\partial \Omega^{n}}^{2} \\
& \leq \frac{\Delta t}{16}\left\|\nabla u_{h}^{n}+\nabla u_{h}^{n-1}\right\|_{\Omega^{n}}^{2}+\frac{\gamma_{D} \Delta t}{2 h}\left\|u_{h}^{n}\right\|_{\partial \Omega^{n}}^{2},
\end{aligned}
$$

where $\gamma_{D} \geq 8 / \epsilon$. By using the relation $2(a+b, a)=(a+b)^{2}+a^{2}-b^{2}$ for the first two terms in (3.18), we obtain that

$$
\begin{align*}
&\left\|u_{h}^{n}\right\|_{\Omega^{n}}^{2}+\left\|u_{h}^{n}-u_{h}^{n-1}\right\|_{\Omega^{n}}^{2}+\frac{\Delta t}{2}\left\|\nabla u_{h}^{n}\right\|_{\Omega^{n}}^{2}+\frac{7 \Delta t}{16}\left\|\nabla u_{h}^{n}+\nabla u_{h}^{n-1}\right\|_{\Omega^{n}}^{2}+\frac{3 \gamma_{D} \Delta t}{2 h}\left\|u_{h}^{n}\right\|_{\partial \Omega^{n}}^{2} \\
&+2 \Delta t \gamma_{g} g_{h}^{n}\left(u_{h}^{n}, u_{h}^{n}\right) \leq\left\|u_{h}^{n-1}\right\|_{\Omega^{n}}^{2}+\frac{\Delta t}{2}\left\|\nabla u_{h}^{n-1}\right\|_{\Omega^{n}}^{2}+2 \Delta t\left(f^{n-1 / 2}, u_{h}^{n}\right) . \tag{3.19}
\end{align*}
$$

For $n>1$, we bring the terms $\left\|u_{h}^{n-1}\right\|_{\Omega^{n}}$ and $\left\|\nabla u_{h}^{n-1}\right\|_{\Omega^{n}}$ to the domain $\Omega^{n-1}$. By employing Lemmas 3.3 and 3.5, we have

$$
\begin{align*}
\left\|u_{h}^{n-1}\right\|_{\Omega^{n}}^{2}+\frac{\Delta t}{2}\left\|\nabla u_{h}^{n-1}\right\|_{\Omega^{n}}^{2} \leq & \left\|u_{h}^{n-1}\right\|_{\Omega^{n-1}}^{2}+c \Delta t\left\|u_{h}^{n-1}\right\|_{\partial \Omega^{n-1}}^{2}+\frac{\Delta t}{2}\left\|\nabla u_{h}^{n-1}\right\|_{\Omega^{n-1}}^{2} \\
& +\left(\frac{\Delta t}{4}+c \Delta t^{2}\right)\left\|\nabla u_{h}^{n}+\nabla u_{h}^{n-1}\right\|_{\Omega^{n}}^{2}+\left(\frac{1}{2}+c \Delta t\right)\left\|u_{h}^{n}-u_{h}^{n-1}\right\|_{\Omega^{n}}^{2} \\
& +c \Delta t g_{h}^{n}\left(u_{h}^{n}, u_{h}^{n}\right)+c \Delta t g_{h}^{n-1}\left(u_{h}^{n-1}, u_{h}^{n-1}\right) . \tag{3.20}
\end{align*}
$$

Inserting (3.20) into (3.19) and using $2 \Delta t\left(f^{n-1 / 2}, u_{h}^{n}\right)_{\Omega^{n}} \leq \Delta t\left(\left\|f^{n-1 / 2}\right\|_{\Omega^{n}}^{2}+\left\|u_{h}^{n}\right\|_{\Omega^{n}}^{2}\right)$ gives for sufficiently large $\gamma_{g}$

$$
\begin{align*}
& (1-\Delta t)\left\|u_{h}^{n}\right\|_{\Omega^{n}}^{2}+\frac{\Delta t}{2}\left\|\nabla u_{h}^{n}\right\|_{\Omega^{n}}^{2}+\frac{1}{4}\left\|u_{h}^{n}-u_{h}^{n-1}\right\|_{\Omega^{n}}^{2}+\frac{\Delta t}{8}\left\|\nabla u_{h}^{n}+\nabla u_{h}^{n-1}\right\|_{\Omega^{n}}^{2} \\
& \quad+\frac{3 \gamma_{D} \Delta t}{2 h}\left\|u_{h}^{n}\right\|_{\partial \Omega^{n}}^{2}+\Delta t \gamma_{g} g_{h}^{n}\left(u_{h}^{n}, u_{h}^{n}\right)  \tag{3.21}\\
& \quad \leq\left\|u_{h}^{n-1}\right\|_{\Omega^{n-1}}^{2}+\frac{\Delta t}{2}\left\|\nabla u_{h}^{n-1}\right\|_{\Omega^{n-1}}^{2}+c \Delta t\left\|u_{h}^{n-1}\right\|_{\partial \Omega^{n-1}}^{2} \\
& \quad+c \Delta t g_{h}^{n-1}\left(u_{h}^{n-1}, u_{h}^{n-1}\right)+\Delta t\left\|f_{h}^{n-\frac{1}{2}}\right\|_{\Omega^{n}}^{2} .
\end{align*}
$$

For $n=1$, we obtain from (3.19) and the stability of the extension $E^{1}$

$$
\begin{align*}
& (1-\Delta t)\left\|u_{h}^{1}\right\|_{\Omega^{1}}^{2}+\left\|u_{h}^{1}-u_{h}^{0}\right\|_{\Omega^{1}}^{2}+\frac{\Delta t}{2}\left\|\nabla u_{h}^{1}\right\|_{\Omega^{1}}^{2}+\frac{3 \Delta t}{8}\left\|\nabla u_{h}^{1}+\nabla u_{h}^{0}\right\|_{\Omega^{1}}^{2} \\
& \quad+\frac{3 \gamma_{D} \Delta t}{2 h}\left\|u_{h}^{1}\right\|_{\partial \Omega^{1}}^{2}+2 \Delta t \gamma_{g} g_{h}^{1}\left(u_{h}^{1}, u_{h}^{1}\right)  \tag{3.22}\\
& \quad \leq\left\|E^{1} u^{0}\right\|_{\Omega^{1}}^{2}+\frac{\Delta t}{2}\left\|\nabla\left(E^{1} u^{0}\right)\right\|_{\Omega^{1}}^{2}+\Delta t\left\|f_{h}^{\frac{1}{2}}\right\|_{\Omega^{1}}^{2} \\
& \quad \leq c\left\|u^{0}\right\|_{\Omega^{0}}^{2}+c \Delta t\left\|\nabla u^{0}\right\|_{\Omega^{0}}^{2}+\Delta t\left\|f_{h}^{\frac{1}{2}}\right\|_{\Omega^{1}}^{2} .
\end{align*}
$$

Taking the sum over $k=1,2, \ldots, n$, this yields for sufficiently large $\gamma_{g}$ and $\gamma_{D}$

$$
\begin{align*}
\left\|u_{h}^{n}\right\|_{\Omega^{n}}^{2}+\Delta t\left\|\nabla u_{h}^{n}\right\|_{\Omega^{n}}^{2} & +\frac{\Delta t}{4} \sum_{k=1}^{n} \mathfrak{E}^{k}\left(u_{h}^{k}, u_{h}^{k-1}\right) \\
& \leq c\left\|u_{h}^{0}\right\|_{\Omega^{0}}^{2}+c \Delta t\left\|\nabla u_{h}^{0}\right\|_{\Omega^{0}}^{2}+2 t_{n}\|f\|_{\infty, 0}^{2}+c \Delta t \sum_{k=2}^{n}\left\|u_{h}^{k-1}\right\|_{\Omega^{k-1}}^{2} . \tag{3.23}
\end{align*}
$$

The statement follows by means of the discrete Gronwall lemma.
Remark 3.7 (Nitsche penalty term) The definition of the Nitsche penalty term $\frac{\gamma_{D}}{h}\left(u_{h}^{n}, v_{h}\right)_{\partial \Omega^{n}}$ is motivated by the stability analysis. On one hand it is required to control the term $c \Delta t\left\|u_{h}^{n-1}\right\|_{\partial \Omega^{n-1}}$ (coming from the domain mismatch via Lemma 3.5) in (3.21). Moreover, if we would use the mixed penalty term $\frac{\gamma_{D}}{2 h}\left(u_{h}^{n}+u_{h}^{n-1}, v_{h}\right)_{\partial \Omega^{n}}$ instead, testing with $v_{h}=2 \Delta t u_{h}^{n}$ would not be possible in Theorem 3.6, as

$$
\frac{\gamma_{D}}{2 h}\left(u_{h}^{n}+u_{h}^{n-1}, u_{h}^{n}\right)_{\partial \Omega^{n}}=\frac{\gamma_{D}}{4 h}\left(\left\|u_{h}^{n}\right\|_{\partial \Omega^{n}}^{2}+\left\|u_{h}^{n}+u_{h}^{n-1}\right\|_{\partial \Omega^{n}}^{2}-\left\|u_{h}^{n-1}\right\|_{\partial \Omega^{n}}^{2}\right),
$$

and the domain mismatch in the last term $\frac{\gamma D}{4 h}\left\|u_{h}^{n-1}\right\|_{\partial \Omega^{n}}$ can not be controlled by other terms in the variational formulation.

## 4 A Priori Error Analysis

In this section, we show an a priori error estimate for the discrete problem (2.7). We define the discretisation error as

$$
\begin{equation*}
e^{n}:=E^{n} u^{n}-u_{h}^{n}, \quad n \geq 1, \tag{4.1}
\end{equation*}
$$

where $u^{n}:=u\left(t_{n}\right)$ is assumed to be at least in $H^{2}\left(\Omega^{n}\right)$ and $E^{n}$ is the extension operator defined in Sect.2.1.1. Within $\Omega^{n}$ the error $e^{n}$ is precisely the discretisation error $u^{n}-u_{h}^{n}$. We use the extension operator to be able to use $e^{n}$ also in parts of $\Omega_{h, \delta}^{n}$ that lie outside of $\Omega^{n}$. Further regularity assumptions on $u$ will be made below. The error is decomposed into an interpolation error $\eta^{n}$ and a discrete error $\xi_{h}^{n}$ terms defined by

$$
\begin{equation*}
\eta^{n}:=E^{n} u^{n}-I_{h}^{n} E^{n} u^{n}, \quad \xi_{h}^{n}:=I_{h}^{n} E^{n} u^{n}-u_{h}^{n}, \tag{4.2}
\end{equation*}
$$

where $I_{h}^{n} E^{n} u^{n}$ denotes the standard Lagrangian nodal interpolation of $E^{n} u^{n}$ on $\mathcal{T}_{h, \delta}^{n}$. For $n=0$ we have, by definition of $u_{h}^{0}$, that $e^{0}=u^{0}-u_{h}^{0}=0$ in $\Omega^{0}$ and thus, we also set $\eta^{0}=\xi_{h}^{0}=0$. We will make use of the following standard interpolation estimates for $n \geq 1$

$$
\begin{align*}
& \left\|\eta^{n}\right\|_{H^{l}(\Omega)} \leq c h^{k-l}\left\|u^{n}\right\|_{H^{k}(\Omega)}, \quad \text { for } 0 \leq l \leq 1,2 \leq k \leq m+1,  \tag{4.3}\\
& \left\|\eta^{n}\right\|_{H^{l}(\partial \Omega)} \leq c h^{k-l-1 / 2}\left\|u^{n}\right\|_{H^{k}(\Omega)}, \quad \text { for } 0 \leq l \leq 1,2 \leq k \leq m+1 \tag{4.4}
\end{align*}
$$

### 4.1 Consistency Error

The exact solution $u \in H^{1}(\Omega(t))$ of the continuous problem (1.1) satisfies the following weak formulation:

$$
\begin{equation*}
\left(u_{t}, v\right)_{\Omega(t)}+a(u, v)=(f, v)_{\Omega(t)}, \quad t \in I_{n} \tag{4.5}
\end{equation*}
$$

for $v \in H^{1}(\Omega(t))$ and the bilinear form

$$
a(u, v)=(\nabla u, \nabla v)_{\Omega(t)}-\left(\partial_{n} u, v\right)_{\partial \Omega(t)} .
$$

At time $t_{n-1}$, we have

$$
\begin{equation*}
\left(u_{t}\left(t_{n-1}\right), v\right)_{\Omega^{n-1}}+a^{n-1}\left(u^{n-1}, v\right)=\left(f^{n-1}, v\right)_{\Omega^{n-1}} \tag{4.6}
\end{equation*}
$$

where

$$
a^{n-1}\left(u^{n-1}, v\right)=\left(\nabla u^{n-1}, \nabla v\right)_{\Omega^{n-1}}-\left(\partial_{n} u^{n-1}, v\right)_{\partial \Omega^{n-1}} .
$$

To estimate the consistency error, we will need an analogous equality for $u^{n-1}$ on $\Omega^{n}$ instead of $\Omega^{n-1}$. Therefore, we define $\tilde{u}$ as a smooth extension of the exact solution $u$ to $Q_{\delta}^{n}$ which fulfills the properties given in (2.3)-(2.5). In the same way, we define a smooth extension of the source term $f$ as follows:

$$
\begin{equation*}
\tilde{f}\left(t_{n-1}\right)=\tilde{u}_{t}\left(t_{n-1}\right)-\Delta \tilde{u}\left(t_{n-1}\right), \quad \text { on } \Omega_{\delta}^{n} . \tag{4.7}
\end{equation*}
$$

It holds

$$
\tilde{f}\left(t_{n-1}\right)=f\left(t_{n-1}\right) \quad \text { on } \Omega^{n-1}
$$

However, as we have allowed an arbitrary smooth extension of $f$ to $\Omega_{\delta}^{n-1}$ in Sect. 2, this does not necessarily hold in $\Omega_{\delta}^{n-1} \backslash \Omega^{n-1}$. By using a test function $v_{h} \in V_{h}^{n, m}$, we get

$$
\begin{equation*}
\left(\tilde{u}_{t}^{n-1}, v_{h}\right)_{\Omega^{n}}+\left(\nabla \tilde{u}^{n-1}, \nabla v_{h}\right)_{\Omega^{n}}-\left(\partial_{n} \tilde{u}^{n-1}, v_{h}\right)_{\partial \Omega^{n}}=\left(\tilde{f}^{n-1}, v_{h}\right)_{\Omega^{n}} . \tag{4.8}
\end{equation*}
$$

By adding the equations (4.5) and (4.8), we obtain
$\left(u_{t}^{n}+\tilde{u}_{t}^{n-1}, v_{h}\right)_{\Omega^{n}}+\left(\nabla u^{n}+\nabla \tilde{u}^{n-1}, \nabla v_{h}\right)_{\Omega^{n}}-\left(\partial_{n} u^{n}+\partial_{n} \tilde{u}^{n-1}, v_{h}\right)_{\partial \Omega^{n}}=\left(f^{n}+\tilde{f}^{n-1}, v_{h}\right)_{\Omega^{n}}$.
We note that the right-hand side in (4.9) differs from the discrete formulation (2.7) by ( $\tilde{f}^{n-1}-$ $\left.f^{n-1}, v_{h}\right)_{\Omega^{n} \backslash \Omega^{n-1}}$. Hence, (4.9) can be rewritten as

$$
\begin{equation*}
\left(\frac{u_{t}^{n}+\tilde{u}_{t}^{n-1}}{2}, v_{h}\right)_{\Omega^{n}}+\frac{1}{2} a_{h}^{n}\left(u^{n}, v_{h}\right)+\frac{1}{2} a_{h}^{n-1}\left(\tilde{u}^{n-1}, v_{h}\right)=\frac{1}{2}\left(f^{n}+f^{n-1}, v_{h}\right)_{\Omega^{n}}+\frac{1}{2} \mathcal{E}_{f}^{n-1}\left(v_{h}\right), \tag{4.10}
\end{equation*}
$$

where $\mathcal{E}_{f}^{n-1}\left(v_{h}\right)$ is given by

$$
\begin{equation*}
\mathcal{E}_{f}^{n-1}\left(v_{h}\right)=\left(\tilde{f}^{n-1}-f^{n-1}, v_{h}\right)_{\Omega^{n} \backslash \Omega^{n-1}} . \tag{4.11}
\end{equation*}
$$

In the next lines, we will discuss a bound for the term $\mathcal{E}_{f}^{n-1}$.
Lemma 4.1 Under the assumptions of Lemma 3.2, the error term $\mathcal{E}_{f}^{n-1}$ defined in (4.11) satisfies the following estimate for $v_{h}^{n} \in V_{h}^{n, m}$ and $u \in L^{\infty}\left(I, H^{3}(\Omega)\right) \cap W^{1, \infty}\left(I, H^{1}(\Omega)\right)$ :

$$
\begin{align*}
\Delta t\left|\mathcal{E}_{f}^{n-1}\left(v_{h}^{n}\right)\right| \leq & c \Delta t^{5} \mathcal{R}_{C}(u)^{2}+\frac{1}{32}\left(\Delta t\left\|\nabla v_{h}^{n}+\nabla v_{h}^{n-1}\right\|_{\Omega^{n}}^{2}+\left\|v_{h}^{n}-v_{h}^{n-1}\right\|_{\Omega^{n}}^{2}\right. \\
& \left.+\Delta t^{2}\left\|v_{h}^{n}\right\|_{\partial \Omega^{n}}^{2}+\Delta t g_{h}^{n}\left(v_{h}^{n}, v_{h}^{n}\right)+\Delta t g_{h}^{n-1}\left(v_{h}^{n-1}, v_{h}^{n-1}\right)\right), \tag{4.12}
\end{align*}
$$

where $\mathcal{R}_{C}(u)=\|u\|_{\infty, 3, I}+\left\|\partial_{t} u\right\|_{\infty, 1, I}$.

Proof We apply Lemma 3.4 to $u=\left(f^{n-1}-\tilde{f}^{n-1}\right) v_{h}^{n}$ for $p=1$

$$
\begin{align*}
\Delta t\left|\left(f^{n-1}-\tilde{f}^{n-1}, v_{h}^{n}\right)_{\Omega^{n} \backslash \Omega^{n-1}}\right| \leq & \Delta t\left\|\left(f^{n-1}-\tilde{f}^{n-1}\right) v_{h}^{n}\right\|_{L^{1}\left(\Omega^{n} \backslash \Omega^{n-1}\right)} \\
\leq & c \Delta t^{2}\left\|\left(f^{n-1}-\tilde{f}^{n-1}\right) v_{h}^{n}\right\|_{L^{1}\left(\partial \Omega^{n-1}\right)}  \tag{4.13}\\
& +c \Delta t^{3}\left\|\nabla\left[\left(f^{n-1}-\tilde{f}^{n-1}\right) v_{h}^{n}\right]\right\|_{L^{1}\left(\Omega^{n} \backslash \Omega^{n-1}\right)}
\end{align*}
$$

As $f^{n-1}=\tilde{f}^{n-1}$ on $\partial \Omega^{n-1}$, the first term in (4.13) vanishes. By definition of $\tilde{f}$ in (4.7) we can estimate further

$$
\begin{align*}
\Delta t\left|\left(f^{n-1}-\tilde{f}^{n-1}, v_{h}^{n}\right)_{\Omega^{n} \backslash \Omega^{n-1}}\right| \leq & c \Delta t^{3}\left[\left\|\left(f^{n-1}-\tilde{f}^{n-1}\right)\right\|_{\Omega^{n} \backslash \Omega^{n-1}}\left\|\nabla v_{h}^{n}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}\right] \\
& +c \Delta t^{3}\left[\left\|\nabla\left(f^{n-1}-\tilde{f}^{n-1}\right)\right\|_{\Omega^{n} \backslash \Omega^{n-1}}\left\|v_{h}^{n}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}\right] \\
\leq & c \Delta t^{3} \mathcal{R}_{C}(u)\left[\left\|\nabla v_{h}^{n}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}+\left\|v_{h}^{n}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}\right] . \tag{4.14}
\end{align*}
$$

Now, by employing Lemmas 3.3 and 3.5, we obtain

$$
\begin{align*}
& \left\|\nabla v_{h}^{n}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2}+\left\|v_{h}^{n}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2} \leq\left(\frac{1}{2}+c \Delta t^{2}\right)\left\|\nabla v_{h}^{n}+\nabla v_{h}^{n-1}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}^{2} \\
& \quad+\left(\frac{1}{\Delta t}+c \Delta t\right)\left\|v_{h}^{n}-v_{h}^{n-1}\right\|_{\Omega^{n}}^{2}+c \Delta t\left\|v_{h}^{n}\right\|_{\partial \Omega^{n}}^{2}+c g_{h}^{n}\left(v_{h}^{n}, v_{h}^{n}\right)+c g_{h}^{n-1}\left(v_{h}^{n-1}, v_{h}^{n-1}\right) \tag{4.15}
\end{align*}
$$

Inserting these estimates into (4.14) and using Young's inequality, we obtain

$$
\begin{align*}
& \Delta t\left|\left(f^{n-1}-\tilde{f}^{n-1}, v_{h}^{n}\right)_{\Omega^{n} \backslash \Omega^{n-1}}\right| \leq c \Delta t^{3} \mathcal{R}_{C}(u)[ {\left[\left\|v_{h}^{n}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}+\left\|v_{h}^{n}\right\|_{\Omega^{n} \backslash \Omega^{n-1}}\right] } \\
& \leq c \Delta t^{5} \mathcal{R}_{C}(u)^{2}+\frac{1}{32}\left(\Delta t\left\|\nabla v_{h}^{n}+\nabla v_{h}^{n-1}\right\|_{\Omega^{n}}^{2}+\left\|v_{h}^{n}-v_{h}^{n-1}\right\|_{\Omega^{n}}^{2}+\Delta t^{2}\left\|v_{h}^{n}\right\|_{\partial \Omega^{n}}^{2}\right. \\
&\left.+\Delta t \gamma_{g} g_{h}^{n}\left(v_{h}^{n}, v_{h}^{n}\right)+\Delta t \gamma_{g} g_{h}^{n-1}\left(v_{h}^{n-1}, v_{h}^{n-1}\right)\right) . \tag{4.16}
\end{align*}
$$

Now we are ready to estimate the consistency error related to the discrete problem (2.7). By subtracting (2.7) from (4.10), the global error term $e^{n}$ satisfies the equality

$$
\begin{align*}
& \left(D_{\Delta t}^{-} e^{n}, v_{h}\right)_{\Omega^{n}}+\frac{1}{2} a_{h}^{n}\left(e^{n}, v_{h}\right)+\frac{1}{2} a_{h}^{n-1}\left(e^{n-1}, v_{h}\right)+\frac{\gamma_{D}}{h}\left(e^{n}, v_{h}\right)_{\partial \Omega^{n}}+\gamma_{g} g_{h}^{n}\left(e^{n}, v_{h}\right) \\
& \quad=\frac{1}{2} \mathcal{E}_{f}^{n-1}\left(v_{h}\right)+\mathcal{E}_{c}^{n}\left(v_{h}\right) \tag{4.17}
\end{align*}
$$

where the consistency error $\mathcal{E}_{c}^{n}\left(v_{h}\right)$ is given by

$$
\begin{align*}
\mathcal{E}_{c}^{n}\left(v_{h}\right)= & \underbrace{\left(D_{\Delta t}^{-} u^{n}-\partial_{t}\left(E^{n} u\left(t_{n-1 / 2}\right)\right), v_{h}\right)_{\Omega^{n}}}_{I_{1}} \\
& -\underbrace{\left(\frac{u_{t}\left(t_{n}\right)+\partial_{t}\left(E^{n} u\left(t_{n-1}\right)\right)}{2}-\partial_{t}\left(E^{n} u\left(t_{n-1 / 2}\right)\right), v_{h}\right)_{\Omega^{n}}}_{I_{2}}  \tag{4.18}\\
& +\underbrace{\frac{\gamma_{D}}{h}\left(E^{n} u^{n}, v_{h}\right)_{\partial \Omega^{n}}}_{I_{4}}+\underbrace{\gamma_{g} g_{h}^{n}\left(E^{n} u^{n}, v_{h}\right)}_{I_{4}} .
\end{align*}
$$

The terms $I_{3}$ and $I_{4}$ vanish due to the homogeneous boundary condition and the regularity assumption on the exact solution $u^{n} \in H^{2}\left(\Omega^{n}\right)$ and its extension $E^{n} u^{n} \in H^{2}\left(\Omega_{\delta}^{n}\right)$. The remaining terms are estimated in the following lemma.

Lemma 4.2 Let $u \in W^{3, \infty}\left(Q^{n}\right)$. Under Assumption 1, the consistency error for $v_{h} \in V_{h}^{n, m}$ is bounded by

$$
\begin{equation*}
\left|\mathcal{E}_{c}^{n}\left(v_{h}^{n}\right)\right| \leq c \Delta t^{4}\|u\|_{W^{3, \infty}\left(Q^{n}\right)}^{2}+\frac{1}{16}\left\|v_{h}^{n}\right\|_{\Omega^{n}}^{2} \tag{4.19}
\end{equation*}
$$

Proof First, we will show a bound for the term $I_{1}$. By following the argumentation in [60, Chapter 1], we have

$$
\begin{aligned}
\left|\left(\frac{u^{n}-E^{n} u^{n-1}}{\Delta t}-\partial_{t} E^{n} u\left(t_{n-1 / 2}\right)\right)\right| \leq & \frac{1}{\Delta t}\left|\int_{t_{n-1 / 2}}^{t^{n}} \frac{\left(t_{n}-s\right)^{2}}{3!} \partial_{t}^{3} E^{n} u(s) d s\right| \\
& +\frac{1}{\Delta t}\left|\int_{t^{n-1}}^{t_{n-1 / 2}} \frac{\left(s-t_{n-1}\right)^{2}}{3!} \partial_{t}^{3} E^{n} u(s) d s\right| \\
\leq & c \Delta t^{2} \sup _{t \in\left[t_{n-1}, t_{n}\right]}\left|\partial_{t}^{3} E^{n} u(t)\right| .
\end{aligned}
$$

Using the stability of the extension operator $E^{n}$ given in (2.5) and the Cauchy-Schwarz inequality, we have

$$
\begin{align*}
\left|\left(\frac{u^{n}-E^{n} u^{n-1}}{\Delta t}-\partial_{t} E^{n} u\left(t_{n-1 / 2}\right), v_{h}^{n}\right)_{\Omega^{n}}\right| & \leq c \Delta t^{2}\left\|\partial_{t}^{3} E^{n} u^{n}\right\|_{L^{\infty}\left(Q_{\delta}^{n}\right)}\left\|v_{h}^{n}\right\|_{\Omega^{n}}  \tag{4.20}\\
& \leq c \Delta t^{2}\|u\|_{W^{3, \infty}\left(Q^{n}\right)}\left\|v_{h}^{n}\right\|_{\Omega^{n}}
\end{align*}
$$

A bound for the second term $I_{2}$ follows in a similar way, see also [60, Chapter 1]. The statement follows using Young's inequality.

Remark 4.3 (Symmetric Nitsche formulation) If we would use a symmetric Nitsche formulation, i.e. including the term $-1 / 2\left(u_{h}^{n}+u_{h}^{n-1}, \partial_{n} v_{h}\right)_{\partial \Omega^{n}}$ in the discrete formulation (2.8), the term $-1 / 2\left(\tilde{u}^{n-1}, \partial_{n} v_{h}\right)_{\partial \Omega^{n}}$ would appear additionally on the right-hand side of (4.18). As $\tilde{u}^{n-1}$ is non-zero on the boundary $\partial \Omega^{n}$ in general, this term would dominate the consistency error, resulting in a significantly reduced order of convergence.

### 4.2 Interpolation Error

To derive an interpolation error estimate, we devise a discrete problem associated with the discrete error $\xi_{h}^{n}$. By definition of $\xi_{h}^{n}$ (4.2) and using (4.17), we have for $v_{h} \in V_{h}^{n, m}$

$$
\begin{align*}
& \left(D_{\Delta t}^{-} \xi_{h}^{n}, v_{h}\right)_{\Omega^{n}}+\frac{1}{2} a_{h}^{n}\left(\xi_{h}^{n}, v_{h}\right)+\frac{1}{2} a_{h}^{n}\left(\xi_{h}^{n-1}, v_{h}\right)+\frac{\gamma_{D}}{h}\left(\xi_{h}^{n}, v_{h}\right)_{\partial \Omega^{n}}  \tag{4.21}\\
& \quad+\gamma_{g} g_{h}^{n}\left(\xi_{h}^{n}, v_{h}\right)=\frac{1}{2} \mathcal{E}_{f}^{n-1}\left(v_{h}\right)+\mathcal{E}_{c}^{n}\left(v_{h}\right)-\mathcal{E}_{I}^{n}\left(v_{h}\right)
\end{align*}
$$

where the interpolation error $\mathcal{E}_{I}^{n}\left(v_{h}\right)$ is given by
$\mathcal{E}_{I}^{n}\left(v_{h}\right)=\left(D_{\Delta t}^{-} \eta^{n}, v_{h}\right)_{\Omega^{n}}+\frac{1}{2} a_{h}^{n}\left(\eta^{n}, v_{h}\right)+\frac{1}{2} a_{h}^{n}\left(\eta^{n-1}, v_{h}\right)+\frac{\gamma_{D}}{h}\left(\eta^{n}, v_{h}\right)_{\partial \Omega^{n}}+\gamma_{g} g_{h}^{n}\left(\eta^{n}, v_{h}\right)$.

Lemma 4.4 (Interpolation error) Let $u \in L^{\infty}\left(I_{n}, H^{m+1}(\Omega(t)), u_{t} \in L^{\infty}\left(I_{n}, H^{m}(\Omega(t))\right.\right.$ and $v_{h} \in V_{h}^{n, m}$. Under Assumption 1, the interpolation error is bounded by

$$
\begin{array}{r}
\left|\mathcal{E}_{I}^{n}\left(v_{h}^{n}\right)\right| \leq c\left(h^{2 m}+\Delta t^{2} h^{2 m-2}\right) \mathcal{R}_{I}(u)^{2}+\frac{1}{8}\left\|v_{h}^{n}\right\|_{\Omega^{n}}^{2}+\frac{1}{32}\left\|\nabla v_{h}^{n}+\nabla v_{h}^{n-1}\right\|_{\Omega^{n}}^{2} \\
+\frac{1}{32 \Delta t}\left\|v_{h}^{n}-v_{h}^{n-1}\right\|_{\Omega^{n}}^{2}+\frac{1}{16 h}\left\|v_{h}^{n}\right\|_{\partial \Omega^{n}}^{2}+\frac{1}{8} g_{h}^{n}\left(v_{h}^{n}, v_{h}^{n}\right) \tag{4.23}
\end{array}
$$

where $\mathcal{R}_{I}(u)=\left\|u_{t}\right\|_{\infty, m}+\|u\|_{\infty, m+1}$ with the Bochner norms defined in (3.16).
Proof The first term in the interpolation error $\mathcal{E}_{I}^{n}\left(v_{h}\right)$ from (4.22) is estimated as follows:

$$
\begin{align*}
\frac{1}{\Delta t}\left|\left(\eta^{n}-\eta^{n-1}, v_{h}^{n}\right)_{\Omega^{n}}\right| & \leq \frac{1}{\Delta t}\left\|\eta^{n}-\eta^{n-1}\right\|\left\|_{\Omega^{n}}\right\| v_{h}^{n} \|_{\Omega^{n}} \\
& =\frac{1}{\Delta t}\left\|\int_{t_{n-1}}^{t_{n}} \eta_{t}(s) d s\right\|_{\Omega^{n}}\left\|v_{h}^{n}\right\|_{\Omega^{n}} \leq h^{m}\left\|\partial_{t} E^{n} u\right\|_{\infty, m, I_{n}}\left\|v_{h}^{n}\right\|_{\Omega^{n}} . \tag{4.24}
\end{align*}
$$

Using the stability of the extension (2.4), we obtain

$$
\begin{equation*}
\frac{1}{\Delta t}\left|\left(\eta^{n}-\eta^{n-1}, v_{h}^{n}\right)_{\Omega^{n}}\right| \leq c h^{m}\left(\left\|u_{t}\right\|_{\infty, m}+\|u\|_{\infty, m+1}\right)\left\|v_{h}^{n}\right\|_{\Omega^{n}} \tag{4.25}
\end{equation*}
$$

Next, we use interpolation estimates (4.3) and (4.4) in combination with (2.3) to deduce for $k \in\{n-1, n\}$ that

$$
\begin{align*}
\frac{1}{2}\left|a_{h}^{n}\left(\eta^{k}, v_{h}^{n}\right)\right| & \leq \frac{1}{2}\left\|\nabla \eta^{k}\right\|_{\Omega^{n}}\left\|\nabla v_{h}^{n}\right\|_{\Omega^{n}}+\left\|\partial_{n} \eta^{k}\right\|_{\partial \Omega^{n}}\left\|v_{h}^{n}\right\|_{\partial \Omega^{n}}  \tag{4.26}\\
& \leq c h^{m}\left\|u^{k}\right\|_{H^{m+1}\left(\Omega^{k}\right)}\left\|\nabla v_{h}^{n}\right\|_{\Omega^{n}}+c h^{m-1 / 2}\left\|u^{k}\right\|_{H^{m+1}\left(\Omega^{k}\right)}\left\|v_{h}^{n}\right\|_{\partial \Omega^{n}}
\end{align*}
$$

Using that, by an inverse inequality

$$
\begin{aligned}
\left\|\nabla v_{h}^{n}\right\|_{\Omega^{n}} & \leq \frac{1}{2}\left\|\nabla v_{h}^{n}+\nabla v_{h}^{n-1}\right\|_{\Omega^{n}}+\frac{1}{2}\left\|\nabla v_{h}^{n}-\nabla v_{h}^{n-1}\right\|_{\Omega^{n}} \\
& \leq \frac{1}{2}\left\|\nabla v_{h}^{n}+\nabla v_{h}^{n-1}\right\|_{\Omega^{n}}+\frac{c}{h}\left\|v_{h}^{n}-v_{h}^{n-1}\right\|_{\Omega^{n}}
\end{aligned}
$$

we obtain further

$$
\begin{gather*}
\frac{1}{2}\left|a_{h}^{n}\left(\eta^{k}, v_{h}^{n}\right)\right| \leq c h^{m}\left\|u^{k}\right\|_{H^{m+1}\left(\Omega^{k}\right)}\left(\frac{1}{2}\left\|\nabla v_{h}^{n}+\nabla v_{h}^{n-1}\right\|_{\Omega^{n}}+\frac{1}{h^{1 / 2}}\left\|v_{h}^{n}\right\|_{\partial \Omega^{n}}\right)  \tag{4.27}\\
+c h^{m-1}\left\|u^{k}\right\|_{\left.H^{m+1} \Omega^{k}\right)}\left\|v_{h}^{n}-v_{h}^{n-1}\right\|_{\Omega^{n}} .
\end{gather*}
$$

For the Nitsche penalty term, we have

$$
\begin{equation*}
\left|\frac{\gamma_{D}}{h}\left(\eta^{n}, v_{h}^{n}\right)_{\partial \Omega^{n}}\right| \leq c \frac{\gamma_{D}}{h}\left\|\eta^{n}\right\|_{\partial \Omega^{n}}\left\|v_{h}^{n}\right\|_{\partial \Omega^{n}} \leq c h^{m}\left\|u^{n}\right\|_{H^{m+1}\left(\Omega^{n}\right)} \frac{1}{h^{1 / 2}}\left\|v_{h}^{n}\right\|_{\partial \Omega^{n}} \tag{4.28}
\end{equation*}
$$

Finally, the ghost-penalty term is approximated by using $g_{h}^{n}\left(\eta^{n}, v_{h}^{n}\right) \leq g_{h}^{n}\left(\eta^{n}, \eta^{n}\right)^{1 / 2}$ $g_{h}^{n}\left(v_{h}^{n}, v_{h}^{n}\right)^{1 / 2}$ and an interpolation estimate

$$
\begin{equation*}
\left|\gamma_{g} g_{h}^{n}\left(\eta^{n}, v_{h}^{n}\right)\right| \leq c h^{m}\left\|u^{n}\right\|_{H^{m+1}\left(\Omega^{n}\right)} g_{h}^{n}\left(v_{h}^{n}, v_{h}^{n}\right)^{1 / 2} \tag{4.29}
\end{equation*}
$$

The statement (4.23) follows by combining estimates (4.25)-(4.29) and using Young's inequality.

### 4.3 Convergence Estimate

Lemma 4.5 (Discrete error) Let $u \in L^{\infty}\left(I_{n}, H^{m+1}(\Omega(t))\right) \cap W^{1, \infty}\left(I_{n}, H^{m}(\Omega(t)) \cap\right.$ $W^{3, \infty}(Q)$ be the solution of (1.1) and $\left\{u_{h}^{k}\right\}_{k=1}^{n}$ the discrete solution of (2.7), respectively. Under Assumptions 1 and 2, the discrete error term $\xi_{h}^{n}$ satisfies for $\gamma_{g}, \gamma_{D}$ sufficiently large

$$
\begin{equation*}
\left\|\xi_{h}^{n}\right\|_{\Omega^{n}}^{2}+\Delta t\left\|\nabla \xi_{h}^{n}\right\|_{\Omega^{n}}^{2}+\Delta t \sum_{k=1}^{n} \mathfrak{E}^{k}\left(\xi_{h}^{k}, \xi_{h}^{k-1}\right) \leq \exp \left(c_{T} 4.5^{t_{n}}\right)\left(\Delta t^{4}+\Delta t h^{2 m-2}+h^{2 m}\right) \mathcal{R}(u)^{2} \tag{4.30}
\end{equation*}
$$

where $\mathcal{R}(u)=\mathcal{R}_{C}(u)+\mathcal{R}_{I}(u)+\|u\|_{W^{3, \infty}(Q)}$, with $\mathcal{R}_{C}$ and $\mathcal{R}_{I}$ specified in Lemma 4.1 and 4.4, respectively.

Proof By taking $v_{h}=2 \Delta t \xi_{h}^{k}$ in (4.21) and using the argumentation from the stability proof (Theorem 3.6), see (3.21), we obtain that

$$
\begin{align*}
& \left\|\xi_{h}^{k}\right\|_{\Omega^{k}}^{2}+\frac{1}{4}\left\|\xi_{h}^{k}-\xi_{h}^{k-1}\right\|_{\Omega^{k}}^{2}+\frac{\Delta t}{2}\left\|\nabla \xi_{h}^{k}\right\|_{\Omega^{k}}^{2}+\frac{\Delta t}{8}\left\|\nabla \xi_{h}^{k}+\nabla \xi_{h}^{k-1}\right\|_{\Omega^{k}}^{2}+\frac{3 \gamma_{D} \Delta t}{2 h}\left\|\xi_{h}^{k}\right\|_{\partial \Omega^{k}}^{2} \\
& +2 \Delta t \gamma_{g} g_{h}\left(\xi_{h}^{k}, \xi_{h}^{k}\right) \leq\left\|\xi_{h}^{k-1}\right\|_{\Omega^{k-1}}^{2}+\frac{\Delta t}{2}\left\|\nabla \xi_{h}^{k-1}\right\|_{\Omega^{k-1}}^{2}+c \Delta t\left\|\xi_{h}^{k-1}\right\|_{\partial \Omega^{k-1}}^{2} \\
& \quad+c \Delta t g_{h}^{k-1}\left(\xi_{h}^{k-1}, \xi_{h}^{k-1}\right)+2 \Delta t\left(\left|\mathcal{E}_{f}^{k-1}\left(\xi_{h}^{k}\right)\right|+\left|\mathcal{E}_{c}^{k}\left(\xi_{h}^{k}\right)\right|+\left|\mathcal{E}_{I}^{k}\left(\xi_{h}^{k}\right)\right|\right) . \tag{4.31}
\end{align*}
$$

By combining results from Lemmas 4.1, 4.2 and 4.4 we have

$$
\begin{align*}
2 \Delta t\left(\left|\mathcal{E}_{f}^{k-1}\left(\xi_{h}^{k}\right)\right|+\left|\mathcal{E}_{c}^{k}\left(\xi_{h}^{k}\right)\right|+\left|\mathcal{E}_{I}^{k}\left(\xi_{h}^{k}\right)\right|\right) \leq & c \Delta t\left(\Delta t^{4}+\Delta t h^{2 m-2}+h^{2 m}\right) \mathcal{R}(u) \\
& +\frac{\Delta t}{4}\left\|\xi_{h}^{k}\right\|_{\Omega^{k}}^{2}+\frac{\Delta t}{16}\left\|\nabla \xi_{h}^{k}+\nabla \xi_{h}^{k-1}\right\|_{\Omega^{k}}^{2} \\
& +\frac{1}{16}\left\|\xi_{h}^{k}-\xi_{h}^{k-1}\right\|_{\Omega^{k}}^{2}+\frac{\Delta t}{8 h}\left\|\xi_{h}^{k}\right\|_{\partial \Omega^{k}}^{2} \\
& +c \Delta t g_{h}^{k}\left(\xi_{h}^{k}, \xi_{h}^{k}\right)+c \Delta t g_{h}^{k-1}\left(\xi_{h}^{k-1}, \xi_{h}^{k-1}\right) . \tag{4.32}
\end{align*}
$$

Inserting (4.32) into (4.31) and absorbing terms into the left-hand side yields for $k>1$ and $\gamma_{D}, \gamma_{g}$ sufficiently large

$$
\begin{align*}
& \left(1-\frac{\Delta t}{4}\right)\left\|\xi_{h}^{k}\right\|_{\Omega^{k}}^{2}+\frac{3}{16}\left\|\xi_{h}^{k}-\xi_{h}^{k-1}\right\|_{\Omega^{k}}^{2}+\frac{\Delta t}{4}\left\|\nabla \xi_{h}^{k}\right\|_{\Omega^{k}}^{2}+\frac{\Delta t}{16}\left\|\nabla \xi_{h}^{k}+\nabla \xi_{h}^{k-1}\right\|_{\Omega^{k}}^{2} \\
& \quad+\frac{\gamma_{D} \Delta t}{h}\left\|\xi_{h}^{k}\right\|_{\partial \Omega^{k}}^{2}+\Delta t \gamma_{g} g_{h}\left(\xi_{h}^{k}, \xi_{h}^{k}\right) \leq\left\|\xi_{h}^{k-1}\right\|_{\Omega^{k-1}}^{2}+\frac{\Delta t}{2}\left\|\nabla \xi_{h}^{k-1}\right\|_{\Omega^{k-1}}^{2}+c \Delta t\left\|\xi_{h}^{k-1}\right\|_{\partial \Omega^{k-1}}^{2} \\
& \quad+c \Delta t g_{h}^{k-1}\left(\xi_{h}^{k-1}, \xi_{h}^{k-1}\right)+c \Delta t\left(\Delta t^{4}+\Delta t h^{2 m-2}+h^{2 m}\right) \mathcal{R}(u) . \tag{4.33}
\end{align*}
$$

As $\xi_{h}^{0}=0$, we obtain for $k=1$

$$
\begin{array}{r}
\left(1-\frac{\Delta t}{4}\right)\left\|\xi_{h}^{1}\right\|_{\Omega^{1}}^{2}+\frac{3}{16}\left\|\xi_{h}^{1}-\xi_{h}^{0}\right\|_{\Omega^{1}}^{2}+\frac{\Delta t}{2}\left\|\nabla \xi_{h}^{1}\right\|_{\Omega^{1}}^{2}+\frac{\Delta t}{16}\left\|\nabla \xi_{h}^{1}+\nabla \xi_{h}^{0}\right\|_{\Omega^{1}}^{2} \\
\quad+\frac{\gamma_{D} \Delta t}{h}\left\|\xi_{h}^{1}\right\|_{\partial \Omega^{1}}^{2}+\Delta t \gamma_{g} g_{h}^{1}\left(\xi_{h}^{1}, \xi_{h}^{1}\right) \leq c \Delta t\left(\Delta t^{4}+h^{2 m}\right) \mathcal{R}(u)
\end{array}
$$

Now, summing over $k=1,2, \ldots, n$, we deduce that

$$
\begin{align*}
\left\|\xi_{h}^{n}\right\|_{\Omega^{n}}^{2}+\Delta t\left\|\nabla \xi_{h}^{n}\right\|_{\Omega^{n}}^{2} & +\Delta t \sum_{k=1}^{n} \mathfrak{E}^{k}\left(\xi_{h}^{k}, \xi_{h}^{k-1}\right) \\
& \leq c t_{n}\left(\Delta t^{4}+\Delta t h^{2 m-2}+h^{2 m}\right) \mathcal{R}(u)+c \Delta t \sum_{k=2}^{n}\left\|\xi_{h}^{k-1}\right\|_{\Omega^{k-1}}^{2} \tag{4.34}
\end{align*}
$$

Finally, we use the discrete Gronwall lemma to conclude the result. This completes the proof.

Theorem 4.6 (Global error) Under the assumptions made in Lemma 4.5, the global error $e^{k}=E^{k} u^{k}-u_{h}^{k}, k=1, \ldots, n$ satisfies

$$
\begin{equation*}
\left\|e^{n}\right\|_{\Omega^{n}}^{2}+\Delta t\left\|\nabla e^{n}\right\|_{\Omega^{n}}^{2}+\Delta t \sum_{k=1}^{n} \mathfrak{E}^{k}\left(e^{k}, e^{k-1}\right) \leq \exp \left(c_{T} 4.6^{t_{n}}\right)\left(\Delta t^{4}+\Delta t h^{2 m-2}+h^{2 m}\right) \mathcal{R}(u)^{2}, \tag{4.35}
\end{equation*}
$$

where $\mathcal{R}(u)$ is defined in Lemma 4.5.

Proof Using the interpolation error estimates (4.3), (4.4) and (4.25), we deduce that

$$
\begin{equation*}
\left\|\eta_{h}^{n}\right\|_{\Omega^{n}}^{2}+\Delta t\left\|\nabla \eta_{h}^{n}\right\|_{\Omega^{n}}^{2}+\Delta t \sum_{k=1}^{n} \mathfrak{E}^{k}\left(\eta_{h}^{k}, \eta_{h}^{k-1}\right) \leq c h^{2 m} \mathcal{R}_{I}(u)^{2} . \tag{4.36}
\end{equation*}
$$

In combination with Lemma 4.5, this proves (4.35).
Remark 4.7 Under the CFL condition $\Delta t \leq c_{\mathrm{CFL}} h^{3 / 2}$ assumed in the stability estimate, we obtain an error estimate of order $\mathcal{O}\left(\Delta t^{2}+h^{m-1 / 4}\right)$ (after taking the square root in (4.35)). This is suboptimal by $\mathcal{O}\left(h^{1 / 4}\right)$ compared to the estimate on a stationary domain. The optimal error estimate $\mathcal{O}\left(\Delta t^{2}+h^{m}\right)$ results under the stronger condition $\Delta t \leq c h^{2}$.

## 5 Numerical Results

In this section, we show numerical results in two and three space dimensions to verify the theoretical findings and the practical behaviour of the numerical method. All the numerical experiments have been obtained using the CutFEM library [8], which is based on FEniCS [1].

To verify the theoretical results, we will analyse the error terms $e^{k}=u^{k}-u_{h}^{k}, k=1, \ldots, n$ in the following norms

$$
\begin{aligned}
\left\|e^{n}\right\|_{L^{2}\left(\Omega^{n}\right)},\|e\|_{L^{2}\left(L^{2}\right)} & =\left(\Delta t \sum_{k=1}^{n}\left\|e^{k}\right\|_{L^{2}\left(\Omega^{k}\right)}^{2}\right)^{1 / 2},\|e\|_{L^{2}\left(H_{a v}^{1}\right)} \\
& =\left(\Delta t \sum_{k=1}^{n}\left\|\nabla e^{k}+\nabla e^{k-1}\right\|_{\Omega^{k}}^{2}\right)^{1 / 2} .
\end{aligned}
$$

Given the stronger CFL condition $\Delta t \leq c h^{2}$, Theorem 4.6 guarantees second-order convergence in time and convergence of order $m$ in space in the $L^{2}$-norm at the end time $\left\|e^{n}\right\|_{L^{2}\left(\Omega^{n}\right)}$ and in the averaged $L^{2}\left(H^{1}\right)$-norm $\|e\|_{L^{2}\left(H_{a v}^{1}\right)}$.

### 5.1 2D Example with Exponential Decay

Example 5.1 We consider a circle travelling with constant velocity $w=(1,0)$ towards the right. The domain is given by

$$
\Omega(t)=\left\{(x, y):(x-0.5-t)^{2}+(y-0.5)^{2} \leq 0.9\right\}
$$

in the time interval $I=[0,0.1]$. The data of the model example is chosen in such a way that the exact solution is

$$
u(x, y, t)=\exp \left(-4 \pi^{2} t\right) \cos (2 \pi x) \cos (2 \pi y) .
$$

An illustration of the numerical solution is given in Fig.3. As background domain $D$, we use the unit square, i.e. $D=[0,1]^{2}$. The background triangulations $\mathcal{T}_{h}$ are created by a uniform subdivision of the unit square into triangles and successive refinement. For each time step $n$, the active triangulation $\mathcal{T}_{h, \delta}^{n}$ is then extracted from $\mathcal{T}_{h}$, as described in Sect. 2. We use $\delta=4 \Delta t$.
Estimated orders of convergence We will show results for different time-step sizes $\Delta t_{i}=$ $1 / 50 \cdot 2^{-i}, i=0, \ldots, 4$ and mesh sizes $h_{j}=1 / 32 \cdot 2^{-j}, j=0, \ldots, 3$. From the computed


Fig. 3 Illustration of the numerical solution $u$ of Example 5.1 at $t=0$ (left), $t=0.05$ (center) and $t=0.1$ (right)
errors, we will estimate the temporal and spatial order of convergence. Therefore, we assume that the total error can be decomposed into a temporal and a spatial component as follows

$$
g(\Delta t, h)=g_{\Delta t}(\Delta t)+g_{h}(h)=c_{\Delta t} \Delta t^{e o c_{\Delta t}}+c_{h} h^{e o c_{h}}
$$

with constants $c_{\Delta t}, c_{h}$ and estimated orders of convergence $e o c_{\Delta t}, e o c_{h}$. For a fixed mesh size $h_{j}$, this relation becomes

$$
\begin{equation*}
g(\Delta t, \cdot)=g_{h_{j}}+c_{\Delta t} \Delta t^{e o c_{\Delta t}} \tag{5.1}
\end{equation*}
$$

with a fixed spatial error part $g_{h_{j}}$. We will use (5.1) to estimate the order of convergence in time $e o c_{\Delta t}$ by means of a least-squares fit of all available error values for a fixed $h_{j}$ to find the three parameters $g_{h_{j}}, c_{\Delta t}$ and $e o c_{\Delta t}$. Analogously, we estimate the spatial order of convergence $e o c_{h}$ by a least-squares fit of the function

$$
\begin{equation*}
g(\cdot, h)=g_{\Delta t_{i}}+c_{h} h^{e o c_{h}} \tag{5.2}
\end{equation*}
$$

against all available error values for a fixed time-step size $\Delta t_{i}$.
Moreover, we will also compute estimated orders of convergence for the "diagonal values", which correspond to fixing $\Delta t=\bar{c} h$ for $\bar{c} \in\{32 / 50,32 / 100,32 / 200\}$. Here we fit the two parameters $c_{\Delta t, h}$ and $e^{\circ} c_{\Delta t, h}$ of the function

$$
\begin{equation*}
g(\bar{c} h, h)=c_{\Delta t, h} h^{e o c_{\Delta t, h}} . \tag{5.3}
\end{equation*}
$$

against the computed error values. Finally, we will also use (5.3) to estimate $e o c_{\Delta t, h}$ by means of two values for $\Delta t=\bar{c} h$ and $\frac{\Delta t}{2}=\bar{c} \frac{h}{2}$

$$
\begin{equation*}
\text { eõc }{ }_{\Delta t, h}:=\log _{2}\left(\frac{g(\bar{c} h, h)}{g(\bar{c} h / 2, h / 2)}\right) . \tag{5.4}
\end{equation*}
$$

### 5.1.1 $P_{1}$ Finite Elements

Firstly, we consider $P_{1}$ finite elements. We choose the numerical parameters as $\gamma_{D}=1$ and $\gamma_{g}=10^{-3}$. The errors in the $L^{2}$-norm at the end time, the $L^{2}\left(L^{2}\right)$-norm and the $L^{2}\left(H_{a v}^{1}\right)$-norm are shown in Table 1 (a)-(c) for different $\Delta t$ and $h$. The estimated orders of convergence are shown, if the asymptotic standard error (computed by gnuplot [64]) was below $20 \%$; otherwise we draw a ' - '.

We observe estimated spatial convergence orders close to two in the $L^{2}$-norms and close to one in the $L^{2}\left(H_{\mathrm{av}}^{1}\right)$-norm. Note that Theorem 4.6 guarantees only first-order convergence

Table 1 (a)-(c): $L^{2}(T), L^{2}\left(L^{2}\right)$ and $L^{2}\left(H_{\mathrm{av}}^{1}\right)$-norm errors for $P_{1}$ finite elements applied to Example 5.1

| (a) End-time error $\left\\|e^{n}\right\\|_{L^{2}\left(\Omega^{n}\right)}$    <br> $h \downarrow / \Delta t \rightarrow$ $1 / 50$ $1 / 100$ $1 / 200$ | $1 / 400$ | $1 / 800$ | eoc $_{\Delta t}$ |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $1 / 32$ | $1.93 \mathrm{e}-03$ | $\underline{5.40 \mathrm{e}-04}$ | $3.14 \mathrm{e}-04$ | $2.78 \mathrm{e}-04$ | $2.68 \mathrm{e}-04$ | $\mathbf{2 . 6 2}$ |
| $1 / 64$ | $1.21 \mathrm{e}-03$ | $2.77 \mathrm{e}-04$ | $\underline{1.08 \mathrm{e}-04}$ | $7.84 \mathrm{e}-05$ | $7.17 \mathrm{e}-05$ | $\mathbf{2 . 4 6}$ |
| $1 / 128$ | $8.88 \mathrm{e}-04$ | $1.96 \mathrm{e}-04$ | $4.95 \mathrm{e}-05$ | $\underline{2.54 \mathrm{e}-05}$ | $1.96 \mathrm{e}-05$ | $\mathbf{2 . 2 9}$ |
| $1 / 256$ | $7.78 \mathrm{e}-04$ | $1.57 \mathrm{e}-04$ | $3.18 \mathrm{e}-05$ | $1.15 \mathrm{e}-05$ | $\underline{6.18 \mathrm{e}-06}$ | $\mathbf{2 . 3 5}$ |
| $\mathbf{e o c}_{h}$ | $\mathbf{1 . 2 6}$ | $\mathbf{1 . 5 5}$ | $\mathbf{1 . 8 0}$ | $\mathbf{1 . 9 1}$ | $\mathbf{1 . 9 2}$ |  |
| $\mathbf{e o c}_{\Delta t, h}$ |  |  |  | $\mathbf{2 . 7 9}$ | $\underline{\mathbf{2 . 3 0}}$ |  |


| (b) Error $\\|e\\|_{L^{2}\left(L^{2}\right)}$ |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $h \downarrow / \Delta t \rightarrow$ | $1 / 50$ | $1 / 100$ | $1 / 200$ | $1 / 400$ | $1 / 800$ | eoc $_{\Delta t}$ |
| $1 / 32$ | $1.44 \mathrm{e}-03$ | $\underline{8.42 \mathrm{e}-04}$ | $7.12 \mathrm{e}-04$ | $6.87 \mathrm{e}-04$ | $6.83 \mathrm{e}-04$ | $\mathbf{2 . 2 5}$ |
| $1 / 64$ | $9.69 \mathrm{e}-04$ | $\underline{3.62 \mathrm{e}-04}$ | $\underline{2.21 \mathrm{e}-04}$ | $1.89 \mathrm{e}-04$ | $1.82 \mathrm{e}-04$ | $\mathbf{2 . 1 1}$ |
| $1 / 128$ | $8.35 \mathrm{e}-04$ | $2.37 \mathrm{e}-04$ | $\underline{9.13 \mathrm{e}-05}$ | $\underline{5.72 \mathrm{e}-05}$ | $4.89 \mathrm{e}-05$ | $\mathbf{2 . 0 4}$ |
| $1 / 256$ | $7.97 \mathrm{e}-04$ | $2.01 \mathrm{e}-04$ | $5.75 \mathrm{e}-05$ | $2.30 \mathrm{e}-05$ | $\underline{1.45 \mathrm{e}-05}$ | $\mathbf{2 . 0 5}$ |
| $\mathbf{e o c}_{h}$ | $\mathbf{1 . 8 1}$ | $\mathbf{1 . 9 1}$ | $\mathbf{1 . 9 2}$ | $\mathbf{1 . 9 2}$ | $\mathbf{1 . 9 2}$ |  |
| $\mathbf{e o c}_{\Delta t, h}$ |  |  |  | $\mathbf{1 . 9 9}$ | $\underline{\mathbf{1 . 9 3}}$ |  |


| (c) Error $\\|e\\|_{L^{2}\left(H_{a v}^{1}\right)}$ |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $h \downarrow / \Delta t \rightarrow$ | $1 / 50$ | $1 / 100$ | $1 / 200$ | $1 / 400$ | $1 / 800$ | $\mathbf{e o c}_{\Delta t}$ |
| $1 / 32$ | $4.77 \mathrm{e}-02$ | $\underline{4.53 \mathrm{e}-02}$ | $4.50 \mathrm{e}-02$ | $4.49 \mathrm{e}-02$ | $4.49 \mathrm{e}-02$ | $\mathbf{2 . 8 3}$ |
| $1 / 64$ | $2.64 \mathrm{e}-02$ | $\underline{2.36 \mathrm{e}-02}$ | $\underline{2.33 \mathrm{e}-02}$ | $2.33 \mathrm{e}-02$ | $2.33 \mathrm{e}-02$ | $\mathbf{3 . 3 3}$ |
| $1 / 128$ | $1.65 \mathrm{e}-02$ | $1.23 \mathrm{e}-02$ | $1.19 \mathrm{e}-02$ | $\underline{1.19 \mathrm{e}-02}$ | $1.19 \mathrm{e}-02$ | $\mathbf{3 . 3 2}$ |
| $1 / 256$ | $1.26 \mathrm{e}-02$ | $6.72 \mathrm{e}-03$ | $6.06 \mathrm{e}-03$ | $6.01 \mathrm{e}-03$ | $\underline{6.00 \mathrm{e}-03}$ | $\mathbf{3 . 2 1}$ |
| $\mathbf{e o c}_{h}$ | $\mathbf{1 . 1 7}$ | $\mathbf{0 . 9 6}$ | $\mathbf{0 . 9 3}$ | $\mathbf{0 . 9 3}$ | $\mathbf{0 . 9 3}$ |  |
| $\mathbf{e o c}_{\Delta t, h}$ |  |  |  | $\mathbf{1 . 0 0}$ | $\mathbf{0 . 9 6}$ |  |


| (d) Diagona $h=\bar{c} \Delta t \downarrow$ | $\begin{gathered} \text { ors for } h=\bar{c} \\ \quad\left\\|e^{n}\right\\|_{L^{2}\left(\Omega^{n}\right)} \end{gathered}$ | eõ ${ }_{h, \Delta t}$ | $\\|e\\|_{L^{2}\left(L^{2}\right)}$ | eõ ${ }_{h, \Delta t}$ | $\\|e\\|_{L^{2}\left(H_{a v}^{1}\right)}$ | eõ ${ }_{h, \Delta t}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1/100 | $5.40 \mathrm{e}-04$ | - | 8.42e-04 | - | $\underline{4.53 \mathrm{e}-02}$ | - |
| 1/200 | 1.08e-04 | 2.32 | 2.21e-04 | 1.93 | $\underline{2.33 \mathrm{e}-02}$ | 0.96 |
| 1/400 | $\underline{2.54 \mathrm{e}-05}$ | 2.09 | 5.72e-05 | 1.95 | $\underline{1.19 \mathrm{e}-02}$ | 0.97 |
| 1/800 | 6.18e-06 | 2.04 | $\underline{1.45 \mathrm{e}-05}$ | 1.98 | $6.00 \mathrm{e}-03$ | 0.99 |

The estimated orders of convergence are computed according to (5.1)-(5.3). The diagonal orders are computed from the underlined error values. (d): Estimated order of convergence eõc ${ }_{h, \Delta t}$ for $\Delta t=\bar{c} h \rightarrow 0$ obtained by (5.4) by comparing two consecutive error values
in space (under the stronger CFL condition $\Delta t \leq c h^{2}$ ). We expect, however, that using a duality argument second-order convergence in space could be shown in the $L^{2}\left(L^{2}\right)$-norm, as in [12].

The estimated temporal orders of convergence are close to two or larger in the $L^{2}$-norms. This is in agreement with Theorem 4.6. In the $L^{2}\left(H_{\mathrm{av}}^{1}\right)$-norm the estimated eoc ${ }_{\Delta t}$ seems to be even larger than three. This has to be read carefully, however, as the spatial error part clearly dominates the overall error in this case.

Finally, the diagonal orders are around two in the $L^{2}\left(L^{2}\right)$-norm and even slightly higher in the $L^{2}$-norm at the end time. In the $L^{2}\left(H_{\mathrm{av}}\right)$-norm the spatial part is dominant and we obtain $\operatorname{eoc}_{\Delta t, h}$ close the one, in agreement with Theorem 4.6. In Table 1(d), we show the diagonal orders obtained by formula (5.4) by comparing two consecutive values. The results are similar, with the orders for smaller $\Delta t=\bar{c} h$ being even closer to 2 resp. 1 .

We remark that the CFL condition $\Delta t \leq c_{\mathrm{CFL}} h^{3 / 2}$ is by far violated for the finer meshes and coarser time steps. In the present setting with perfectly uniform grids and $P_{1}$-finite elements, we expect that both constants $c_{0}$ and $c_{\text {inv }}$ entering $c_{\text {CFL }}$ are (relatively) close to one. For the largest $\Delta t$ and the smallest $h$ considered, we have, e.g., $\Delta t=1 / 50 \gg 1 / 4096=$ $(1 / 256)^{3 / 2}=h^{3 / 2}$. Nevertheless, we did not observe any instabilities in the computations and optimal convergence orders are obtained.

### 5.1.2 $P_{2}$ Finite Elements

Next, we consider Example 5.1 with $P_{2}$ finite elements. We increase the Nitsche parameter to $\gamma_{D}=10$, as for polynomials of higher degree a larger Nitsche parameter is required, see e.g. [44]. The ghost-penalty parameter $\gamma_{g}$ is still chosen as $10^{-3}$, but now, according to (2.9), second derivatives are included in the ghost-penalty term. The $L^{2}$-norm errors at the end time, the $L^{2}\left(L^{2}\right)$ - and the $L^{2}\left(H_{a v}^{1}\right)$-norm errors are shown in Table 2 (a)-(c).

Firstly, we observe that the absolute values of the errors are significantly smaller compared to $P_{1}$ finite elements. The spatial orders of convergence are close to two in all norms for smaller $\Delta t$. We note that in Theorem 4.6 second order in space has been shown for the endtime $L^{2}$-norm and the $L^{2}\left(H_{a v}^{1}\right)$-norm (under the stronger CFL condition $\Delta t \leq c h^{2}$ ). Using a duality argument, one could even hope for convergence order three in the $L^{2}\left(L^{2}\right)$-norm. We need to consider, however, that for these results the quadrature error related to a curved boundary has not been taken into account. In the CutFEM library used here, the geometry is approximated linearly in the set-up of the quadrature rule, see [8]. This can lead to a reduced order of convergence, namely order 1.5 in the $H^{1}$-norms and 2 in the $L^{2}$-norms, see [13] for results for a CutFEM approach applied to an elliptic problem on curved domains. This reduction can also be observed in the $L^{2}$-norm errors in the example considered here.

The estimated temporal orders of convergence are again close to two in the $L^{2}$-norms, which confirm the estimates in Theorem 4.6. In the $L^{2}\left(H_{\mathrm{av}}^{1}\right)$-norm the error is still clearly dominated by the spatial part for $h \geq \frac{1}{64}$. This changes, however, on the finer levels, where the temporal part gets dominant and the $\operatorname{eoc}_{\Delta t}$ is very close to two, in agreement with Theorem 4.6.

The spatial and temporal convergence orders are confirmed by the "diagonal" orders, which are close to two for the $L^{2}$-norms and slightly below 2 in the $L^{2}\left(H_{\mathrm{av}}^{1}\right)$-norm. In all cases, the orders are equal to or larger than the expected orders for a linear interface approximation. The observations are confirmed in Table 2 (d), where the order of convergence is estimated by means of two consecutive error values by (5.4).

As in the case of $P_{1}$ finite elements the CFL condition is severely violated for the finer meshes and coarser time steps. Again, we did not observe any stability issues or reduced convergence orders.

Table 2 (a)-(c): $L^{2}(T), L^{2}\left(L^{2}\right)$ and $L^{2}\left(H_{\mathrm{av}}^{1}\right)$-norm errors for $P_{2}$ finite elements applied to Example 5.1. (d): Estimated order of convergence eõc $c_{h, \Delta t}$ for $\Delta t=\bar{c} h \rightarrow 0$ obtained by (5.4) by comparing two consecutive error values

| (a) End-time error $\left\\|e^{n}\right\\|_{L^{2}\left(\Omega^{n}\right)}$ |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $h \downarrow / \Delta t \rightarrow$ | $1 / 100$ | $1 / 200$ | $1 / 400$ | $1 / 800$ | $1 / 1600$ | $\mathbf{e o c}_{\Delta t}$ |
| $1 / 32$ | $1.16 \mathrm{e}-04$ | $\underline{3.09 \mathrm{e}-05}$ | $1.08 \mathrm{e}-05$ | $5.80 \mathrm{e}-06$ | $4.66 \mathrm{e}-06$ | $\mathbf{2 . 0 6}$ |
| $1 / 64$ | $1.17 \mathrm{e}-04$ | $\underline{2.66 \mathrm{e}-05}$ | $\underline{7.33 \mathrm{e}-06}$ | $2.78 \mathrm{e}-06$ | $1.44 \mathrm{e}-06$ | $\mathbf{2 . 1 8}$ |
| $1 / 128$ | $1.11 \mathrm{e}-04$ | $2.43 \mathrm{e}-05$ | $\underline{6.23 \mathrm{e}-06}$ | $\underline{1.76 \mathrm{e}-06}$ | $6.78 \mathrm{e}-07$ | $\mathbf{2 . 2 2}$ |
| $1 / 256$ | $1.12 \mathrm{e}-04$ | $2.31 \mathrm{e}-05$ | $5.78 \mathrm{e}-06$ | $\underline{1.54 \mathrm{e}-06}$ | $\underline{4.36 \mathrm{e}-07}$ | $\mathbf{2 . 2 9}$ |
| $\mathbf{e o c}_{h}$ | - | $\mathbf{0 . 9 1}$ | $\mathbf{1 . 6 0}$ | $\mathbf{1 . 6 8}$ | $\mathbf{2 . 0 1}$ |  |
| $\mathbf{e o c}_{\Delta t, h}$ |  |  |  | $\mathbf{2 . 1 2}$ | $\underline{\mathbf{2 . 0 8}}$ |  |


| (b) Error $\\|e\\|_{L^{2}\left(L^{2}\right)}$ |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $h \downarrow / \Delta t \rightarrow$ | 1/100 | 1/200 | 1/400 | 1/800 | 1/1600 | $\operatorname{eoc}_{\Delta t}$ |
| 1/32 | $1.89 \mathrm{e}-04$ | 5.35e-05 | 2.13e-05 | $1.27 \mathrm{e}-05$ | $1.10 \mathrm{e}-05$ | 2.04 |
| 1/64 | $1.84 \mathrm{e}-04$ | 4.66e-05 | 1.36e-05 | $5.09 \mathrm{e}-06$ | 3.16e-06 | 2.03 |
| 1/128 | $1.82 \mathrm{e}-04$ | $4.50 \mathrm{e}-05$ | 1.16e-05 | 3.32e-06 | $1.28 \mathrm{e}-06$ | 2.03 |
| 1/256 | $1.82 \mathrm{e}-04$ | $4.45 \mathrm{e}-05$ | 1.12e-05 | $2.88 \mathrm{e}-06$ | 8.32e-07 | 2.03 |
| $\mathrm{eoc}_{h}$ | 1.72 | 2.00 | 1.99 | 2.09 | 2.05 |  |
| $\mathbf{e o c}_{\Delta t, h}$ |  |  |  | 2.02 | $\underline{1.98}$ |  |
| (c) Error $\\|e\\|_{L^{2}\left(H_{a v}^{1}\right)}$ |  |  |  |  |  |  |
| $h \downarrow / \Delta t \rightarrow$ | $1 / 100$ | 1/200 | 1/400 | 1/800 | 1/1600 | $\operatorname{eoc}_{\Delta t}$ |
| 1/32 | $3.42 \mathrm{e}-03$ | $\underline{2.25 \mathrm{e}-03}$ | 2.17e-03 | $2.17 \mathrm{e}-03$ | $2.17 \mathrm{e}-03$ | 3.88 |
| 1/64 | $2.81 \mathrm{e}-03$ | 9.11e-04 | 6.22e-04 | 6.03e-04 | $6.03 \mathrm{e}-04$ | 2.82 |
| 1/128 | $2.80 \mathrm{e}-03$ | 7.26e-04 | $2.45 \mathrm{e}-04$ | $\underline{1.77 \mathrm{e}-04}$ | $1.72 \mathrm{e}-04$ | 2.22 |
| 1/256 | $2.81 \mathrm{e}-03$ | 7.14e-04 | 1.87e-04 | 6.84e-05 | $5.30 \mathrm{e}-05$ | 2.03 |
| $\mathbf{e o c c}_{h}$ | - | 2.91 | 2.11 | 1.89 | 1.86 |  |
| $\operatorname{eocc}_{\Delta t, h}$ |  |  |  | 1.90 | $\underline{1.85}$ |  |


| (d) Diagona $h=\bar{c} \Delta t \downarrow$ | $\begin{aligned} & \text { ors for } h=\bar{c} \Delta t \\ & \left\\|e^{n}\right\\|_{L^{2}\left(\Omega^{n}\right)} \end{aligned}$ | eõ $c_{h, \Delta t}$ | $\\|e\\|_{L^{2}\left(L^{2}\right)}$ | eõ ${ }_{h, \Delta t}$ | $\\|e\\|_{L^{2}\left(H_{a v}^{1}\right)}$ | eõ ${ }_{h, \Delta t}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1/200 | 3.09e-05 | - | 5.35-05 | - | $\underline{2.25 \mathrm{e}-03}$ | - |
| 1/400 | 7.33e-06 | 2.06 | 1.36e-05 | 1.98 | 6.22e-04 | 1.85 |
| 1/800 | $\underline{1.76 \mathrm{e}-06}$ | 2.06 | 3.32e-06 | 2.03 | $\underline{1.77 \mathrm{e}-04}$ | 1.81 |
| 1/1600 | 4.36e-07 | 2.01 | 8.32e-07 | 2.00 | 5.30e-05 | 1.74 |

### 5.2 2D Example with Monotonically Increasing Solution

In order to show that the numerical convergence orders obtained in the previous example do not depend on the fact that the solution decays exponentially in time, we consider a second example with a monotonically increasing solution $u$.

Example 5.2 We consider the moving domain $\Omega(t)$ from Example 5.1 and again $I=[0,0.1]$. However, the data is now chosen in such a way that the exact solution is

$$
u(x, y, t)=\sin (\pi t) \cos (2 \pi x) \cos (2 \pi y)
$$

Table 3 Estimated order of convergence eõ $c_{h, \Delta t}$ in Example 5.2 for $\Delta t=\bar{c} h \rightarrow 0$ for $P_{1}$ and $P_{2}$ finite elements. The values have been obtained by (5.4) by comparing two consecutive error values

| (a) Diagonal errors for $h=\bar{c} \Delta t$ and $P_{1}$ finite elements |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $h=\bar{c} \Delta t \downarrow$ | $\left\\|e^{n}\right\\|_{L^{2}\left(\Omega^{n}\right)}$ | eõ ${ }_{h, \Delta t}$ | $\\|e\\|_{L^{2}\left(L^{2}\right)}$ | eõ $c_{h, \Delta t}$ | $\\|e\\|_{L^{2}\left(H_{a v}^{1}\right)}$ | eõ ${ }_{h, \Delta t}$ |
| 1/100 | $5.21 \mathrm{e}-03$ | - | $9.96 \mathrm{e}-04$ | - | $2.73 \mathrm{e}-02$ | - |
| 1/200 | $1.53 \mathrm{e}-03$ | 1.78 | $2.88 \mathrm{e}-04$ | 1.79 | $1.20 \mathrm{e}-02$ | 1.18 |
| 1/400 | $4.07 \mathrm{e}-04$ | 1.91 | $7.73 \mathrm{e}-05$ | 1.90 | $5.56 \mathrm{e}-03$ | 1.11 |
| 1/800 | $1.07 \mathrm{e}-04$ | 1.93 | $2.06 \mathrm{e}-05$ | 1.91 | $2.66 \mathrm{e}-03$ | 1.06 |

(b) Diagonal errors for $h=\bar{c} \Delta t$ and $P_{2}$ finite elements

| $h=\bar{c} \Delta t \downarrow$ | $\left\\|e^{n}\right\\|_{L^{2}\left(\Omega^{n}\right)}$ | eõc $_{h, \Delta t}$ | $\\|e\\|_{L^{2}\left(L^{2}\right)}$ | eõ $_{h, \Delta t}$ | $\\|e\\|_{L^{2}\left(H_{a v}^{1}\right)}$ | eõc $_{h, \Delta t}$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $1 / 200$ | $3.71 \mathrm{e}-05$ | - | $6.45 \mathrm{e}-06$ | - | $1.09 \mathrm{e}-03$ | - |
| $1 / 400$ | $9.46 \mathrm{e}-06$ | 1.97 | $1.61 \mathrm{e}-06$ | 2.00 | $3.06 \mathrm{e}-04$ | 1.83 |
| $1 / 800$ | $2.46 \mathrm{e}-06$ | 1.96 | $4.12 \mathrm{e}-07$ | 1.97 | $8.84 \mathrm{e}-05$ | 1.79 |
| $1 / 1600$ | $6.04 \mathrm{e}-07$ | 2.02 | $1.03 \mathrm{e}-07$ | 2.00 | $2.68 \mathrm{e}-05$ | 1.72 |

i.e. it is monotonically increasing in time within $I$.

As in the previous example, we consider $P_{1}$ and $P_{2}$ finite elements. In both cases, all numerical parameters are chosen exactly as in Sect. 5.1.1.

In Table 3, we show errors obtained for a fixed ratio $\Delta t=\bar{c} h(\bar{c}=32 / 100$ for $m=1$ and $\bar{c}=32 / 200$ for $m=2$ ), and corresponding estimates for the "diagonal" orders of convergence $\operatorname{eoc}_{\Delta t, h}$ obtained by formula (5.4). In both cases the results are very similar to the previous example: For $P_{1}$ finite elements, we observe quadratic convergence in the $L^{2}$-norms and linear convergence in the $L^{2}\left(H_{a v}^{1}\right)$ norm, as expected. For $P_{2}$ elements, we obtain second-order convergence in the $L^{2}$-norms and slightly reduced orders in [1.72, 1.83] in the $L^{2}\left(H_{a v}^{1}\right)$ norm. The latter can again be explained by the fact that the interface is only approximated linearly in our computations, which can reduce the spatial order of convergence down to 1.5 . As in the previous example, we did not observe any stability issues, although the CFL condition is severely violated on the finer meshes for coarser time steps.

### 5.3 3D Example

Example 5.3 We consider a 3-dimensional rectangular channel with a moving upper and lower wall in the time interval $I=[0,1]$, inspired by a pump. The moving domain is given by

$$
\Omega(t)=(0,4) \times(-1+0.1 \sin t, 1-0.1 \sin t) \times(-1,1)
$$

The source term and boundary data are chosen in such a way that the exact solution of the model problem (1.1) is

$$
u(x, y, z, t)=\exp (-t)\left((1-0.1 \sin t)^{2}-y^{2}\right) .
$$

As background domain $D$, we use the box $[0,4] \times[-1.1,1.1] \times[-1,1]$. The background triangulations $\mathcal{T}_{h}$ are created by uniform subdivisions of $D$ into tetrahedra and successive refinement. We use again $\delta=4 \Delta t$ and choose $\gamma_{g}=0.1$ for $P_{1}$ and $\gamma_{g}=1$ for $P_{2}$ finite elements, respectively and $\gamma_{D}=10$ in both cases. We note that in this example the quadrature


Fig. 4 Errors for example 5.2 (3d) for $P_{1}$ finite elements under simultaneous refinement in space and time $(\Delta t=h / 10)$ for $P_{1}$ finite elements. Top left: $L^{2}$-norm at the end time. Top right: $L^{2}\left(L^{2}\right)$-norm. Bottom left: $L^{2}\left(H_{\mathrm{av}}^{1}\right)$-norm. Bottom right: Illustration of the numerical solution at time $t=1$
error is zero, as the boundary $\partial \Omega^{k}$ consists of plane surfaces for all $k$. An illustration of the numerical solution at time $t=1$ is given in the bottom right part of Fig. 5 .

### 5.3.1 $P_{1}$ Finite Elements

As the numerical experiments in three space dimensions are much more time-consuming compared to two dimensions, we focus on simultaneous refinement in space and time by choosing $h_{i}=10 \Delta t_{i}=2^{-i-1}$ for $i=0, \ldots, 3$. The resulting errors in the three norms introduced above are plotted in Fig. 4 over the mesh size (blue curves) and compared to linear (red) and quadratic convergence (pink). We observe second-order convergence in the $L^{2}$-norms and first-order convergence in the $L^{2}\left(H_{\mathrm{av}}^{1}\right)$-norm. We note that first-order convergence in space has been shown in Theorem 4.6 in the $L^{2}$-norm at the end time and in the $L^{2}\left(H_{a v}^{1}\right)$-norm (under the stronger CFL condition $\Delta t \leq c h^{2}$ ). The numerical results indicate again that second-order convergence in space could be shown in the $L^{2}\left(L^{2}\right)$-norm using a duality argument. The first-order convergence in the $L^{2}\left(H_{\mathrm{av}}^{1}\right)$-norm is optimal, as the spatial error part dominates the overall error.

### 5.3.2 $P_{2}$ Finite Elements

In Fig. 5, we illustrate the errors under simultaneous refinement ( $h_{i}=10 \Delta t_{i}$ ) for $P_{2}$ finite elements. We observe again (at least) second-order convergence in the $L^{2}$-norms, in agreement with Theorem 4.6. The convergence in the $L^{2}\left(H_{\mathrm{av}}^{1}\right)$-norm lies between linear and


Fig. 5 Errors for example 5.2 (3d) for $P_{2}$ finite elements under simultaneous refinement in space and time $(\Delta t=h / 10)$ for $P_{1}$ finite elements. Top left: $L^{2}$-norm at the end time. Top right: $L^{2}\left(L^{2}\right)$-norm. Bottom: $L^{2}\left(H_{a v}^{1}\right)$-norm
quadratic convergence and decreases slightly for finer mesh sizes. On the finest level, we have $h_{3}^{2}=(1 / 16)^{2}=\frac{1}{256}$ and $\Delta t_{3}=\frac{1}{10} h_{3}=\frac{1}{160}$. The stronger CFL condition $\Delta t \leq c h^{2}$, which is needed to show optimal order of convergence, might thus be violated on this (and possibly the next coarser) level. On the other hand, we did again not observe any stability issues in our computations.

## 6 Concluding Remarks

We have analysed a Crank-Nicolson variant of the implicitly extended Eulerian time-stepping scheme for the heat equation on time-dependent domains. Theoretically, stability estimates were derived in the energy norm under the assumption of the CFL condition $\Delta t \leq c_{C F L} h^{3 / 2}$ for a sufficiently small constant $c_{C F L}$. Under the same condition, we obtain error estimates in the energy norm of order $\mathcal{O}\left(\Delta t^{2}+h^{m-1 / 4}\right)$, which are sub-optimal by a power of $1 / 4$ in space. Assuming the stronger condition $\Delta t \leq c h^{2}$ optimal-order error estimates in time and space have been shown. In the numerical results, on the other hand, we did not observe any stability issue related to a violated CFL condition. The three-dimensional results for second-order polynomials indicate that a violated CFL condition could result in a slightly reduced convergence order in the $L^{2}\left(H_{\mathrm{av}}^{1}\right)$-norm.

To our knowledge this is the first work, in which an implicitly extended Eulerian timestepping scheme is applied with a scheme that requires derivative information at different time steps. As mentioned in the introduction, this could be the basis for an analysis of a whole zoo of time-stepping schemes, such as the Fractional-step- $\theta$ method, implicit Runge-Kutta- or Adams-Bashforth schemes. Moreover, we plan to apply the developed time-stepping scheme to flow problems on time-dependent domains and to fluid-structure interactions with large displacements, see e.g. [9, 27].

Funding Open Access funding enabled and organized by Projekt DEAL. The authors have not disclosed any funding.

Data Availability The input parameters of the numerical simulations are described within the manuscript. The CutFEM library [8] used in the numerical simulations is not publicly available. Further details on the output of the numerical simulations are available from the corresponding author upon reasonable request.

## Declarations

Conflict of interest The authors have no relevant financial or non-financial interests to disclose and there are no Conflict of interest that are relevant to the content of this article. All authors certify that they have no affiliations with or involvement in any organization or entity with any financial or non-financial interest in the subject matter or materials discussed in this manuscript. Moreover, we have no financial or proprietary interests in any material discussed in this article.

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