



Improving fermentation of *Saccharina latissima* and *Alaria esculenta* silages with additives for preserving biomass and antioxidants

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Abstract

Rapid deterioration of harvested macroalgal biomass is a challenge for macroalgal industry and can be overcome with the inexpensive ensiling preservation. To improve silage quality, *Saccharina latissima* and *Alaria esculenta* biomass was subjected to ensiling conditions following a 2 × 4 factorial design, with 2 prewilting treatments (no-prewilting and prewilted to 300 g DM kg⁻¹ fresh biomass) and 4 additive treatments (no additive, formic acid, single and two species of *Lactobacillus* inoculant), and ensiled for 3 or 12 months at 15 °C. Acetate was the main fermentation product in these seaweed silages. Prewilting reduced the acetate, mannitol, and NH₃ content in silages. In *S. latissima* silages without additives, prewilting led to less acidification (pH = 5.7). Also, prewilting caused protein and phlorotannin degradation. When treated with formic acid, the silage pH was below 4 regardless of the biomass's moisture content. The use of *Lactobacillus* spp. inoculants was essential for lactate production in seaweed silages, and it significantly lowered silage pH in *S. latissima* and prewilted *A. esculenta* compared to silages with no additives. A high level of the phlorotannin content was preserved (> 90%) in the 3-month *A. esculenta* silages without prewilting. However, major reduction of antioxidant activity was observed in 12-month silages in both seaweed species. In conclusion, ensiling is a viable method for preserving *Alaria* and *Saccharina* biomass. Prewilting restricted silage fermentation, and both formic acid and bacterial additives facilitated silage acidification. However, there was no clear benefit of these treatments in preserving the antioxidant activity.

Keywords Macroalgae · *Saccharina latissima* · *Alaria esculenta* · Phlorotannin · Chemical composition · Antioxidant activity

Introduction

Brown marine macroalgae or seaweeds are characterized by their fast growth and their high contents in carbohydrates (e.g., alginate), minerals, and phlorotannin, which are

valuable components for feed, food, pharmaceuticals, and biofuels application (Penalver et al. 2020). In particular, large amounts of brown seaweeds are processed into bioactive extracts for food and pharmaceuticals industry due to its antioxidant properties (Cherry et al. 2019; Penalver et al. 2020). In feed, seaweed extracts are included in the diets of monogastric animals for health benefits, and the dairy industry is exploring the use of intact seaweeds as alternative feed ingredients (Makkar et al. 2016; Gaillard et al. 2018). Ecologically, macroalgae aquaculture is a sustainable production of biomass with the advantages of not requiring fertilizer, arable land, or freshwater. The commercial cultivation of seaweeds is a globally growing industry, which accounted with 32.3 million tonnes of fresh weight for 28% of the entire aquaculture sector worldwide (FAO 2020). In Norway, there is a growing aquaculture activity for the two brown macroalgae *Saccharina latissima* (thereafter called *Saccharina*) and *Alaria esculenta* (thereafter called *Alaria*), with an estimated potential of producing 150–200

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t fresh biomass per hectare per year (Broch et al. 2019; Fiskeridirektoratet 2020). Meanwhile, the rapid post-harvest deterioration of macroalgal biomass is a known limitation to its further utilization as nutrients and bioactive ingredients.

Ensiling is a common agricultural method to preserve forage for livestock. During ensilage, the freshly harvested biomass is preserved by anaerobic fermentation in which epiphytic lactic acid bacteria (LAB) convert sugars into lactate (pK_a of 3.86) and decrease the pH. The increased acidity and osmotic pressure arrest the microbial activities, and the nutrient content is preserved. Ensiling requires low mechanical and energy inputs. This is of great advantage for the preservation of harvested seaweeds in countries with climate conditions unfavorable for sun-drying and high labor costs (e.g., Norway). Moreover, ensiling potentially enables a year-round supply with biomass, batch process, and the possibility to avoid drying in several downstream processes which are designed to use wet biomass (Alvarado-Morales et al. 2013; Bach et al. 2014).

However, studies have shown difficulties in reaching adequate acidification of silage with the brown seaweeds *Ascophyllum nodosum* and *Fucus vesiculosus* due to the high moisture content, low fermentable carbohydrates, and lack of the natural epiphytic LAB (Black 1955; Herrmann et al. 2015; Campbell et al. 2020). For *Saccharina*, the high carbon to nitrogen ratio (C:N) of the biomass supports an adequate fermentation activity to reach a low silage pH, but nutrients losses were reported during ensilage (Herrmann et al. 2015; Cabrita et al. 2017; Campbell et al. 2020). Hence, common management strategies of moisture reduction and the use of silage additives were recommended to improve silage quality (Herrmann et al. 2015).

So far, there are only a few studies available that used either chemical or LAB additives in *Saccharina* silages (Cabrita et al. 2017; Campbell et al. 2020; Novoa-Garrido et al. 2020). However, it is challenging to compare these results due to the differences in seaweed biomass and ensiling conditions. Besides, the silage production of *Alaria* has not been studied yet despite this alga's commercial significance. Moreover, the effects of additives were found to differ in silages made of fresh and prewilted seaweed biomass (Gallagher et al. 2021).

The aim of the present study was to increase our knowledge of ensiled seaweed biomass with respect to its quality (fermentation pattern), antioxidant activity, and chemical composition in the different ensiling conditions, managed by means of moisture reduction (prewilting) and the use of common ensiling additives, in order to make a decisive approach towards ensiling. One hypothesis tested was that LAB additive will promote the lactic fermentation process in seaweed biomass. A second hypothesis tested was that lower moisture content will substantially affect the fermentation pattern.

Material and method

Seaweed cultivation

Saccharina latissima and *Alaria esculenta* were grown at the commercial floating aquaculture facility of Lofoten Blue Harvest in Austre Vågan on Lofoten, Norway (N68, E15). The seeding material was prepared from locally collected parental material by Hortimare AS (Bergen, Norway). Ropes were seeded before deployed to the sea in October 2017, and the macroalgae were allowed to grow for 8 months until they were harvested in June 2018. The biomass was washed with seawater on the vessel right after harvest and then packed in Styrofoam boxes to be transported (4–7 °C) to the Research Station of Nord University in Bodø. Upon arrival and within 24 h after harvest, the macroalgae were transferred to 600 L water tanks with running seawater set to 7 ± 1 °C and constant aeration to mitigate potential degradation. The macroalgae were maintained at $150 \mu\text{mol photons m}^{-2} \text{s}^{-1}$, measured at the water surface of the tanks, until further treated for silage preparation within 48 h.

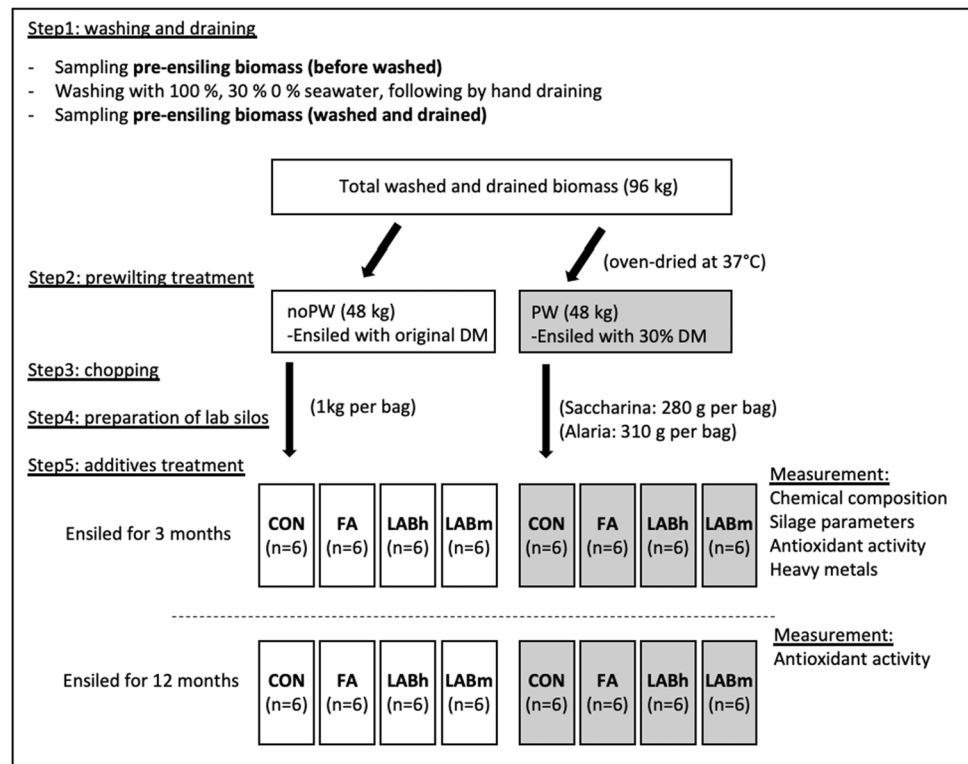
Experimental design

Ensiling treatments followed a $2 \times 2 \times 4$ factorial design with two prewilting treatments (no-prewilting and prewilted to 300 g DM kg^{-1} fresh biomass), two chopping times (20 s and 1 min), and four additive treatments (no additive, formic acid, single and two species of *Lactobacillus* inoculant) ($n = 3$). However, since the chopping time did not have an effect on our results, this factor was removed, and the results were pooled for statistical analysis as a 2×4 factorial design ($n = 6$).

Silage preparation

The silage preparation framework is shown in Fig. 1. Macroalgal biomass was washed in three sequential water baths with decreasing salinity: 100% seawater, 70% seawater and freshwater (10 s at each step). Some of the excess water was drained by hand squeezing. Pre-ensiling samples were collected before washing ($n = 1$) and after draining ($n = 1$) and stored at -40 °C until further analysis. For the prewilting treatment, half of the washed and drained biomass was processed with its original moisture content (noPW). The other half of the washed and drained biomass was oven-dried at 37 ± 4 °C (using a fan) to reach approximately $300 \text{ g dry matter per kg biomass}$ (PW). The PW and noPW biomass were then chopped using a

Fig. 1 The silage preparation framework per seaweed species



butcher's cutter (TONDO5, ADE Germany GmbH, Germany) in batches of 3 kg to a particle size of about 1–4 cm².

After chopping, 1 kg of noPW biomass and the equivalent weight of PW biomass (*Alaria*: 310 g, *Saccharina*: 280 g) were placed in vacuum plastic bags as small-scale lab silos (Lavezzini, Fiorenzuola d'Arda, Italy; dimensions 20 × 60 cm). Different additives were added to each lab silos under the following treatments, CON: no additives = control, FA: 4 g formic acid per bag (WVR, Norway), LABh: 5×10^9 CFU *Lactobacillus plantarum* R2 Biocenol™ (CCM 8674) per bag, and LABm: 2.5×10^9 CFU *L. plantarum* (CCM 8674) and 2.5×10^9 CFU *Lactobacillus fermentum* R3 Biocenol™ (CCM 8675) per bag. Both LAB strains were isolated from the intestinal content of farmed healthy juvenile rainbow trout (Fečkaninová et al. 2019). The LAB inoculants were prepared fresh prior to ensiling. After adding the additives, the lab silos were gently massaged by hand to homogenize the macroalgal material with the ensiling additives, and vacuum-sealed using a heat-sealing mechanism. All silages were ensiled in the dark in a temperature-controlled room at 15 ± 1 °C for 3 or 12 months, simulating summer temperature conditions in Norway. At each sampling time, six lab silos per treatment were opened to terminate fermentation, and the biomass was transferred to another bag and stored at -40 °C until further analysis.

Chemical composition analysis

Seaweed samples were extracted by blending 80 g of biomass with 750 mL of dH₂O twice for 40 s with an interval break of 40 s in a 4-L blender with stainless steel container (Warning Commercial, USA). The blended juice was poured into two 50-mL tubes and centrifuged at $2300 \times g$ for 20 min at 10 °C. Silage pH was determined by the average pH of supernatant from the two tubes using pH meter (PHM240; Radiometer Medical ApS, Denmark) for each sample. For fermentation product analysis, 8 mL of supernatant was mixed with 2 mL of 25% meta-phosphoric acid (MPA) and stored at -20 °C. Short-chain fatty acids (SCFA) including acetate, propionate, butyrate, valerate, iso-butyrate, iso-valerate, and caproate were measured by the gas chromatography methods described in Kristensen et al. (1996). Ammonia (NH₃) content was measured using the commercial kit based on glutamate dehydrogenase (AM 1015; Randox Laboratories Ltd., UK) and the Cobas Mira auto-analyzer (Roche Diagnostics, Switzerland). L-lactate content was measured using YSI 2900 Biochemistry Analyzer (YSI Inc., USA) with membrane-immobilized substrate specific oxidases (L-lactate oxidase). To measure mannitol content, the same supernatant used for measuring pH was further extracted with 1:2 water-EtOH solution under constant stirring. After centrifugation, the supernatant was analyzed with an enzymatic fluorimetric method, equivalent to the method used for determination of glutamic acid (Larsen

and Fernández 2017), to determine D-mannitol concentration after reaction with mannitol dehydrogenase. Dry matter (DM) content was determined by freeze drying the frozen samples ($-82\text{ }^{\circ}\text{C}$, 0.77 mbar). Dried samples from the same treatments were pooled together and milled to pass 1.0 mm filter for ash, nitrogen (N), carbon (C), and neutral detergent fiber (aNDF) analysis. Crude ash was determined after incinerated at $525\text{ }^{\circ}\text{C}$ for 6 h (AOAC International, 2000). N and C content was measured by the Dumas method (Hansen, 1989), using Vario MAX CN (Elementar Analysensysteme GmbH, Germany). The aNDF content was analyzed using neutral detergent extraction according to Mertens (2002) with a Fibertec M6 System (Foss, Denmark) using heat-stable amylase and corrected for ash. The iodine (I) and heavy metal contents including lead (Pb), cadmium (Cd), mercury (Hg), arsenic (As), and inorganic As (iAs) were measured in a commercial laboratory by the inductively coupled plasma (ICP-MS) method. To make extracts, 1 g of freeze-dried samples were mixed with acid solution (39% HNO_3 + 1.8% HCl) followed by a pressured microwave digestion (up to $235\text{ }^{\circ}\text{C}$, 1.5 to 2 h). For iodine, the extraction was carried out with tetramethylammonium hydroxide. The iAs was determined using hydride generation atomic absorption spectrometry (HG-AAS).

Antioxidant activity analysis

Pre-ensiling and ensiled seaweed samples (3 and 12 months) were freeze dried at $-55\text{ }^{\circ}\text{C}$, milled to pass 1.0-mm screen using a cell mill (Cyclotec 193 Sample Mill; Tecator, Sweden), and extracted by mixing 50–150 mg of milled powder with 1 mL of 70% (v/v) aqueous acetone with constant shaking at room temperature for 60 min, followed by centrifugation ($10,000\times g$, 6 min, $4\text{ }^{\circ}\text{C}$). The extraction step was repeated four to six times to extract more than 95% of the soluble phlorotannins from the macroalgal samples according to Koivikko et al. (2005). The collected supernatant was used to measure the total soluble phlorotannins (TSP) and the 2,2-diphenyl-1-picrylhydrazyl (DPPH) radical scavenging capacity, photometrically using Multiskan Sky microplate spectrophotometer (Thermo Scientific, USA). The absorbance was read at 730 nm for TSP assay and 520 nm for DPPH assay. The TSP contents were analyzed following a modified protocol described by Rautenberger et al. (2015), using phloroglucinol to set up the standard curve. Briefly, the extract was incubated with freshly prepared 1 N Folin-Ciocalteu phenol reagent (Merck KGaA, Germany) for 5 min, and then, the 20% (w/v) NaCO_3 was added to the mixture and incubated for 60 min at room temperature. The DPPH assay was performed following the Rautenberger et al. (2015), modified from Fukumoto and Mazza (2000). Briefly, the extract was diluted to different concentrations (1:1–1:160) using 70% (v/v) acetone and incubated with

freshly prepared $165\text{ }\mu\text{M}$ DPPH (Sigma-Aldrich, Germany) for 18 h in dark at room temperature. The 50% inhibition of DPPH radical reduction (DPPH- IC_{50}) was calculated and expresses as mg DM seaweed mL^{-1} DPPH.

Statistics

Data was subjected to two-way analysis of variance with the fixed effects of silage additive treatment, prewilting treatment, and their interactions using the analysis of variance model (aov) program of R studio (Version 1.2.5033, RStudio, Inc., USA). As mentioned above, the fixed effect of chopping time (20 s, 1 min) from the original design was omitted from the original model, and there were 6 replicates per treatments. For TSP and DPPH- IC_{50} , the storage time (3 and 12 months) was included as the third fixed effect, without their interaction in the model. Effects were considered significant when p value ≤ 0.05 , and a trend when $0.05 \leq p$ value ≤ 0.10 . Differences between means within the separated level of the prewilting treatments were tested using the Tukey's multiple comparison test ($p < 0.05$). The data are presented as mean \pm standard deviation from the biological replicates unless otherwise stated.

Result

Chemical characteristics of pre-ensiling seaweeds

The average DM content ($n = 3$) was $93.1 \pm 6.8\text{ g kg}^{-1}$ fresh matter in *Alaria*, and $84.3 \pm 4.9\text{ g kg}^{-1}$ fresh matter in *Saccharina* before washing. The pH was neutral, and the C and mannitol contents were similar in both seaweed species (Table 1). In *Alaria*, the N and aNDF contents were 2 times higher, the TSP content was 4 times higher, and the DPPH radical scavenging capacity was 18 times stronger compared to *Saccharina* (Table 1). Washing and draining numerically reduced the ash content from 33.1 to 29.9% DM in *Alaria*, and from 28.7 to 23.9% DM in *Saccharina*.

Silage pH, fermentation products, and mannitol content in 3-month silages

The silage pH and fermentation products were significantly affected by prewilting and silage additives (Tables 2 and 3). The total SCFA content was lower in PW-*Alaria* (noPW: $24.8 \pm 4.3\text{ g kg}^{-1}$ DM, PW: $12.9 \pm 4.5\text{ g kg}^{-1}$ DM), and PW-*Saccharina* (noPW: $37.9 \pm 8.8\text{ g kg}^{-1}$ DM, PW: $13.6 \pm 4.3\text{ g kg}^{-1}$ DM). This reduction of total SCFA content led to a higher pH in *Saccharina*-CON (noPW: 4.56, PW: 5.71), but not in *Alaria*-CON (noPW: 4.84, PW: 4.68). The mannitol content was also lower in the PW-*Alaria* (noPW: $112.2 \pm 14.2\text{ g kg}^{-1}$ DM, PW: $46.0 \pm 9.2\text{ g kg}^{-1}$ DM) and

Table 1 Chemical composition of pre-ensiling *Alaria esculenta* and *Saccharina latissima* ($n = 1$)

Seaweeds	pH	Ash (% DM)	C	N	aNDF	Mannitol (g kg ⁻¹ DM)	TSP	DPPH-IC ₅₀ (mg DM mL ⁻¹)
<i>Alaria esculenta</i>								
Before washed	7.25	33.1	32.0	1.60	15.9	119	28.0	2.24
Washed and drained	6.86	29.9	32.9	1.58	16.6	137	27.9	2.21
<i>Saccharina latissima</i>								
Before washed	6.73	28.7	30.8	0.74	7.7	165	7.03	39.3
Washed and drained	6.90	23.9	33.4	0.88	4.5	112	7.36	36.1

aNDF amylase neutral detergent fiber, TSP total soluble phlorotannins, DPPH-IC₅₀ the 50% inhibition of DPPH radical reduction

Table 2 Characteristics of *Alaria esculenta* silages¹ ($n = 6$)

Item	Without prewilting (noPW)				Prewilted (PW)				SEM	<i>p</i> -value		
	CON	FA	LABh	LABm	CON	FA	LABh	LABm		Additive	Prewilting	Interaction
DM ²	112a ³	123b	120ab	113a	301	302	291	288	3.54	0.015	<0.001	0.080
Parameters in silage extracts at 3 months (g kg ⁻¹ DM)												
pH	4.84b	3.69a	4.54b	4.62b	4.68c	3.55a	4.46b	4.42b	0.072	<0.001	0.006	0.866
Total SCFA ⁴	29.6b	19.2a	24.6ab	25.9b	10.0a	8.22a	17.5b	15.9b	1.09	<0.001	<0.001	<0.001
Acetate	25.5c	18.8a	22.5b	23.8bc	9.04b	7.66ab	7.88ab	6.38a	0.602	<0.001	<0.001	<0.001
L-lactate	0.019a	0.031a	0.807b	0.461ab	0.311a	0.015a	8.83b	8.96b	0.345	<0.001	<0.001	<0.001
Propionate	3.5	n.d. ⁵	0.921	1.07	n.d.	n.d.	n.d.	n.d.	0.763	0.141	0.015	0.141
Butyrate	n.d.	n.d.	n.d.	n.d.	n.d.	n.d.	0.211	n.d.	0.075	0.403	0.323	0.403
Caproate	0.564	0.332	0.347	0.552	0.205	0.1	0.137	0.14	0.061	0.022	<0.001	0.286
Valerate	n.d.	n.d.	n.d.	n.d.	n.d.	n.d.	n.d.	n.d.	-	-	-	-
Iso-butyrate	n.d.	n.d.	n.d.	n.d.	0.225	0.222	0.232	0.19	0.014	0.455	<0.001	0.455
Iso-valerate	n.d.	n.d.	n.d.	n.d.	0.227	0.225	0.233	0.192	0.014	0.453	<0.001	0.453
NH ₃	0.126b	0.004a	0.041a	0.041a	0.001	n.d.	n.d.	n.d.	0.009	<0.001	<0.001	<0.001
Mannitol	123.9	110.4	105.4	109.1	50.7	50.5	41.7	41.1	4.52	0.018	<0.001	0.499
Total soluble phlorotannins and antioxidant activity at 3 months												
TSP (g kg ⁻¹ DM)	27.1b	24a	25.6ab	25.4ab	14.5	13.6	12.5	13.1	0.689	0.024	<0.001	0.211
DPPH-IC ₅₀ ⁶	3.29a	5.51b	6.36b	6.6b	37.0	25.7	44.8	36.7	4.04	0.118	<0.001	0.157
Total soluble phlorotannins and antioxidant activity at 12 months												
TSP (g kg ⁻¹ DM)	7.26b	4.9a	5.76a	5.51a	4.08	3.53	3.51	3.69	0.229	<0.001	<0.001	0.002
DPPH-IC ₅₀	10.3a	38c	21.8b	29.5bc	59.7b	27.4a	66.4b	61.5b	5.49	0.056	<0.001	<0.001

¹CON: no additive=control; FA: 4 g of formic acid per silo bag; LABh: 5×10^9 CFU *Lactobacillus plantarum* per silo bag; LABm: 2.5×10^9 CFU *L. plantarum* and 2.5×10^9 CFU *Lactobacillus fermentum* per silo bag

²Dry matter = g kg⁻¹ fresh matter

³a,b,c—Mean values with different superscripts differed in PW or noPW treatment, respectively ($p < 0.05$)

⁴Total SCFA = Ac + Llac + Pr + Bu + Cap + Val + IBu + Ival

⁵n.d.: not detected, entered in the analysis with the value zero

⁶DPPH-IC₅₀: the 50% inhibition of DPPH radical reduction (mg DM seaweed mL⁻¹ DPPH)

PW-*Saccharina* (noPW: 236.8 ± 27.1 g kg⁻¹ DM, PW: 208.5 ± 23.4 g kg⁻¹ DM). The iso-butyrate and iso-valerate, potentially derived from degraded protein (valine and leucine), were only detected in the PW silages in both seaweed species.

In noPW-*Alaria*, the pH was similar in CON, LABh, and LABm, and the FA reached the lowest pH (3.69)

with a significantly lower content of total SCFA, acetate, propionate, and NH₃ compared to CON. In PW-*Alaria*, the pH was significantly lower in FA, LABh, and LABm, and the L-lactate content was significantly higher in LABh and LABm which led to a higher content of total SCFA. In noPW-*Saccharina* silages, the pH and NH₃ contents were significantly lower in FA, LABh, and LABm, and

Table 3 Characteristics of *Saccharina latissima* silages¹ (n=6)

Item	Without prewilting (noPW)				Prewilted (PW)				SEM	p-Value		
	CON	FA	LABh	LABm	CON	FA	LABh	LABm		Additive	Prewilting	Interaction
DM ²	85a ³	99.9b	97.0ab	92.3ab	286.3	271.5	279.8	272.8	5.24	0.746	<0.001	0.050
Parameters in silage extracts at 3 months (g kg ⁻¹ DM)												
pH	4.56c	3.58a	3.97b	3.69ab	5.71c	3.49a	4.38b	4.10b	0.117	<0.001	<0.001	<0.001
Total SCFA ⁴	38.2b	25.3a	43.4b	44.5b	9.65a	10.1a	16.6b	18.0b	1.91	<0.001	<0.001	0.004
Acetate	32.2b	25.0a	26.9a	28.3ab	8.57	9.33	8.93	9.14	0.95	0.010	<0.001	0.001
L-lactate	1.85a	n.d.a ⁵	15.4b	15.8b	0.167a	0.08a	6.73b	8.13b	0.887	<0.001	<0.001	<0.001
Propionate	2.39	n.d	n.d	n.d	n.d	n.d	n.d	n.d	0.843	0.403	0.323	0.403
Butyrate	1.45	n.d	0.714	n.d	0.435	0.217	0.453	0.235	0.45	0.204	0.520	0.474
Caproate	0.339	0.315	0.388	0.424	0.159	0.141	0.16	0.166	0.067	0.769	<0.001	0.911
Valerate	n.d	n.d	n.d	n.d	n.d	n.d	n.d	n.d	n.d	-	-	-
Iso-butyrate	n.d	n.d	n.d	n.d	0.098	0.107	0.125	0.128	0.021	0.87	<0.001	0.87
Iso-valerate	n.d	n.d	n.d	n.d	0.22	0.192	0.222	0.226	0.014	0.635	<0.001	0.635
NH ₃	0.175b	0.114a	0.129a	0.126a	0.07c	0.043a	0.054b	0.049ab	0.007	<0.001	<0.001	0.066
Mannitol	255	226	237	229	196	220	235	224	10.1	0.755	<0.001	0.081
Total soluble phlorotannins and antioxidant activity at 3 months												
TSP (g kg ⁻¹ DM)	3.65c	2.66a	3.16b	3.06b	3.22b	2.77a	2.80a	2.77a	0.062	<0.001	<0.001	<0.001
DPPH-IC ₅₀ ⁶	45.7b	39.4ab	33.7a	29.5a	84.8c	34.4a	54.5b	46.3ab	3.29	<0.001	<0.001	<0.001
Total soluble phlorotannins and antioxidant activity at 12 months												
TSP (g kg ⁻¹ DM)	1.99c	0.79a	1.80b	1.81b	1.94b	1.08a	1.34a	1.34a	0.063	<0.001	<0.001	<0.001
DPPH-IC ₅₀	50.3c	57.2d	16.1a	37.6b	68.0c	32.9a	44.5b	50.8b	2.16	<0.001	<0.001	<0.001

¹CON: no additive=control; FA: 4 g of formic acid per silo bag; LABh: 5×10⁹ CFU *Lactobacillus plantarum* per silo bag; LABm: 2.5×10⁹ CFU *L. plantarum* and 2.5×10⁹ CFU *Lactobacillus fermentum* per silo bag

²Dry matter=g kg⁻¹ fresh matter

³a,b,c—Mean values with different superscripts differed in PW or noPW treatment, respectively (*p*<0.05)

⁴Total SCFA = Ac + Llac + Pr + Bu + Cap + Val + IBu + Ival

⁵n.d.: not detected, entered in the analysis with the value zero

⁶DPPH-IC₅₀: the 50% inhibition of DPPH radical reduction (mg DM seaweed mL⁻¹ DPPH)

the total SCFA content was the lowest in FA treatment. In *Saccharina*-PW silages, the effects of additives were similar to the noPW silages, except for a similar content of total SCFA in CON and FA. The L-lactate content was significantly higher in LABh and LABm in both noPW- and PW-*Saccharina* compared to CON.

TSP and DPPH radical scavenging capacity in 3- and 12-month silages

There was a strong reduction in the TSP content and the DPPH radical scavenging capacity of the silages over storage time (Tables 2 and 3). In *Alaria*, the average TSP content decreased from 27.9 g kg⁻¹ DM in the pre-ensiling biomass to 19.5±6.4 g kg⁻¹ DM after 3-month storage and to 4.8±1.4 g kg⁻¹ DM after 12-month storage (*p*<0.001). The DPPH-IC₅₀ value increased from 2.2 to 20.7±18.6 mg DM mL⁻¹ after 3-month storage and to 39.3±23.3 mg DM mL⁻¹ after 12-month storage (*p*<0.001). In *Saccharina*, the TSP content decreased from 7.4 g kg⁻¹ DM in the pre-ensiled

biomass to 3.0±0.34 g kg⁻¹ DM after 3-month storage, and to 1.5±0.4 g kg⁻¹ DM after 12-month storage (*p*<0.001). The average DPPH-IC₅₀ increased from 39.3 mg DM mL⁻¹ in the pre-ensiling biomass to 46.0±18.3 mg DM mL⁻¹ after 3-month storage and remained at 44.7±15.8 mg DM mL⁻¹ after 12-month storage (*p*=0.013).

Prewilting negatively affected the TSP content the DPPH radical scavenging capacity (Tables 2 and 3). The average TSP content in noPW-*Alaria* was 2 times higher after 3-month storage (noPW: 25.5±1.9 g kg⁻¹ DM, PW: 13.4±1.8 g kg⁻¹ DM) and was 1.5 times higher after 12-month storage (noPW: 5.86±1.9 g kg⁻¹ DM, PW: 3.7±1.8 g kg⁻¹ DM). The average DPPH-IC₅₀ in PW-*Alaria* was 5 times higher after 3-month storage (noPW: 5.44±1.5 mg DM mL⁻¹, PW: 36.1±14.8 mg DM mL⁻¹) and was 1.5 times higher after 12-month storage (noPW: 24.9±12.2 mg DM mL⁻¹, PW: 36.1±22.8 mg DM mL⁻¹). The average TSP content in noPW-*Saccharina* was 8.5% higher after 3-month storage and was 15.3% higher after 12-month storage compared to PW-*Saccharina*. The average

DPPH-IC₅₀ in PW-*Saccharina* was 32.6% higher after 3-month storage and was 17.8% higher after 12-month storage compared to noPW-*Saccharina*.

The expected negative correlation between TSP content and DPPH-IC₅₀ values was observed only in the *Alaria* silages ($p < 0.05$), but not *Saccharina* silages. In noPW-*Alaria*, the highest TSP and lowest DPPH-IC₅₀ were in CON silages after 3- and 12-month storage. In PW-*Alaria*, there was no significant difference in the TSP content, and the DPPH-IC₅₀ was significantly lower in FA after 12-month storage. In *Saccharina*, the highest TSP content was found in both PW-CON and noPW-CON, and the DPPH-IC₅₀ was significantly lower in noPW-LAB and PW-FA after 3- and 12-month storage.

Chemical composition, iodine, and heavy metal content in 3-month silages

The triplicates from each ensiling treatments in the original design were pooled into one sample for chemical composition analysis, and the results shown in Table 4 were the average of 2 samples, replicates resulting from the omitted factor of chopping time. The ash, C, and N contents in the silages were in the same range of those in the pre-ensiling biomass (Tables 1 and 4). The aNDF content was numerically higher in silages than in the pre-ensiling biomass

in both seaweed species (Tables 1 and 4). Furthermore, the aNDF in PW-*Alaria* ($23.6 \pm 0.4\%$ DM) was higher than noPW-*Alaria* ($17.6 \pm 0.7\%$ DM). For iodine and heavy metal content, all 6 replicates from each ensiling treatments were pooled for analysis and presented in Table 4. The average iodine content was higher in *Alaria* (931.3 mg kg^{-1} DM) than in *Saccharina* (628.8 mg kg^{-1} DM). The Pb, Cd, and Hg contents were numerically higher in PW-*Alaria* (Pb: 0.4 mg kg^{-1} DM, Cd: 1.7 mg kg^{-1} DM, Hg: 0.006 mg kg^{-1} DM), than in noPW-*Alaria* (Pb: 0.28 mg kg^{-1} DM, Cd: 1.5 mg kg^{-1} DM, Hg: $< 0.005 \text{ mg kg}^{-1}$ DM). The Pb content was numerically higher in PW-*Saccharina* (0.35 mg kg^{-1} DM) than in noPW-*Saccharina* (0.24 mg kg^{-1} DM).

Discussion

Silage-making is a complicated biological process where the growth of desirable bacteria (e.g. *Lactobacillus* spp.) compete with undesirable bacteria responsible for the biomass spoilage (e.g. Enterobacteriaceae family and *Clostridium* genus). The silage outcome is affected by many factors such as the moisture content, the chemical composition, and the epiphytic bacteria of the harvested biomass (McDonald et al. 1991). In this study, common silage practices of prewilting and addition of silage additives were used to overcome the

Table 4 The chemical composition ($n=2$), iodine ($n=1$), and heavy metal content ($n=1$) of *Alaria esculenta* and *Saccharina latissima* silages

Ensiling treatments		Chemical composition (% DM)					Heavy metal content (mg kg^{-1} DM)				
Prewilting	Additives ¹	Ash	C	N	aNDF	I	Pb	Cd	Hg	As	iAs
<i>Alaria esculenta</i>											
noPW	CON	27.4	34.2	1.64	17.1	960	0.29	1.4	<0.005	39	<0.1
	FA	26.2	34.7	1.66	18.5	1100	0.28	1.6	<0.005	38	<0.1
	LABh	27.3	34.2	1.66	17.2	960	0.28	1.5	<0.005	37	<0.1
	LABm	28.1	33.7	1.66	17.4	910	0.27	1.4	<0.005	38	<0.1
PW	CON	27.9	34.8	1.91	23.7	860	0.41	1.8	0.005	34	<0.1
	FA	27.2	34.9	1.82	23.1	870	0.42	1.6	0.006	37	<0.1
	LABh	29.2	34.5	1.9	23.7	880	0.41	1.6	0.006	34	<0.1
	LABm	28.8	34.5	1.88	23.9	910	0.37	1.8	0.006	35	<0.1
<i>Saccharina latissima</i>											
noPW	CON	27.3	31.9	0.942	11.8	670	0.25	0.56	0.026	50	0.22
	FA	24.4	33.3	0.932	11.5	570	0.25	0.51	0.035	42	0.21
	LABh	25.0	33.3	0.973	12.0	600	0.24	0.49	0.028	35	0.59
	LABm	25.8	32.9	0.965	12.0	650	0.22	0.51	0.027	36	0.23
PW	CON	25.5	32.9	0.958	11.8	630	0.34	0.48	0.026	34	0.27
	FA	23.9	34.1	1.23	13.8	630	0.35	0.48	0.026	37	0.26
	LABh	25.5	33.1	0.988	13.6	640	0.35	0.50	0.032	36	0.26
	LABm	25.4	33.1	0.945	11.6	640	0.34	0.47	0.024	34	0.28

aNDF amylase neutral detergent fiber, I iodine content (mg kg^{-1} DM), iAs inorganic As

¹CON: no additive = control; FA: 4 g of formic acid per silo bag; LABh: 5×10^9 CFU *Lactobacillus plantarum* per silo bag; LABm: 2.5×10^9 CFU *L. plantarum* and 2.5×10^9 CFU *Lactobacillus fermentum* per silo bag

known difficulties in ensiling macroalgal biomass (Herrmann et al. 2015; Schiener et al. 2015; Cabrita et al. 2017). The silage pH, fermentation products, and mannitol content were measured to evaluate and better understand the silage quality and fermentation process in seaweed. The TSP and DPPH scavenging capacity were measured to assess the preservation of antioxidant activity in seaweed biomass after ensiling and long-term storage. The chemical composition was measured to estimate the level of fiber (aNDF), protein (N), carbohydrate, and ash content in the silages as essential parameters to evaluate for ruminant feed application. And finally, the iodine and heavy metal contents were measured for safety concerns in feed and food applications.

Pre-ensiling biomass

The DM content of pre-ensiling *Alaria* and *Saccharina* in present study was low but within the previously reported range of 5 to 36% DM in macroalgae (Zhang & Thomsen 2019) and was lower than that of the wild biomass collected in a close region (Tayyab et al. 2016; Novoa-Garrido et al. 2020). The chemical composition was within the range of the reported seasonal variation (Table 1) (Schiener et al., 2015). Rinsing the seaweed biomass with water led to a lower ash content, as observed previously, thus rinsing is recommended in the seaweed silage making procedure (Novoa-Garrido et al. 2020).

Silage pH, fermentation products, and mannitol content

There was no excessive production of propionate, butyrate, and NH_3 in any silage, indicating limited spoiling bacterial activity, and thus a well fermented silage (Tables 2 and 3). The total SCFA was higher in *Saccharina* silages than in *Alaria* silages, as expected from *Saccharina*'s higher C:N ratio. However, the total fermentation products were low in both seaweed silages (0.5–5% of DM) compared to common legume silages (0.8–11% DM) reported by Kung et al. (2018), indicating a lower fermentation activity when ensiling seaweeds. Unlike terrestrial crops silages, where lactate is the major fermentation product, acetate was the major component in our seaweed silages, in accordance with results reported in a previous study (Novoa-Garrido et al. 2020). High acetate and low lactate content in silages indicated limited lactic acid bacteria fermentation, and it can be explained by (1) the lack of epiphytic LAB in seaweed ($< 10^3$ CFU g^{-1} fresh biomass) (Uchida et al. 2004; Herrmann et al. 2015), (2) the low fermentation temperature (15 °C) used in present study, and (3) the high moisture content of biomass (DM < 30%) which prolonged the fermentation period required for the silage pH to be sufficiently low to favor the growth of *Lactobacillus* spp.

Mannitol is the primary photosynthetic product in brown seaweeds and is nearly indigestible in monogastric animals with an unknown digestibility in ruminants. Meanwhile, mannitol has been widely applied in the food and pharmaceutical industries, and thus is an interesting component to preserve (Mišurcová 2011). The mannitol content in the pre-ensiling *Alaria* and *Saccharina* (before wash) was similar to a previous study (Stévant et al. 2017). After 90-day ensiling storage, an unchange mannitol content was observed in the noPW-*Alaria* in the present study and in other brown seaweed silages reported by Herrmann et al. (2015). To the authors' best knowledge, this is the first time the reduction of mannitol in PW-*Alaria* and the increase of mannitol in *Saccharina* silages is reported. These differences in the mannitol contents between seaweed species might be explained by the different level of sugar metabolites including mannitol and fructose in different brown seaweed species as shown in the metabolome profiling (Hamid et al. 2019). The profile of these fermentable sugars can affect the mannitol content in silages, due to the ability of some microorganisms to ferment fructose to mannitol (Groisillier et al. 2013) or mannitol to lactate (Plaisance & Hammer 1921) during silage fermentation. Further research on the fermentable carbohydrate composition of the seaweed and seaweed silages is needed to explain the change of mannitol content during ensiling.

The prewilting and additives treatment significantly affected the seaweed silage fermentation ($p < 0.01$). Reducing moisture content by prewilting is a normal practice in agriculture to facilitate the fermentation process (Borreani, et al, 2018), and it makes the handling and transportation of seaweed biomass easier. When the moisture content is reduced, the silage fermentation can reach the stable stage with less acidification because of the increased osmotic pressure (McDonald et al., 1991). In the present study, the DM content (g kg^{-1} fresh matter) was 116.9 ± 7.2 in noPW-*Alaria*, 295.5 ± 11.9 in PW-*Alaria*, 93.5 ± 9.1 in noPW-*Saccharina*, and 277.6 ± 16.5 in PW-*Saccharina*. When using the earlier published equation for grass silages 'pH = 0.00359 DM + 3.44' (Haigh, 1987) to calculate the theoretically desirable pH, the desired pH would be about 3.8 for our noPW silages and about 4.5 for our PW silages. In noPW silages, the pH was above the desired 3.8 in CON- and LAB-*Alaria*, and in CON-*Saccharina*. In PW silages, the pH was close to the desired 4.5 in all silages but CON-*Saccharina*. A significant reduction of undesirable fermentation products (propionate, caproate, and NH_3) was also observed in the PW silages. However, the prewilting treatment in the present study led to an increase of protein and TSP degradation. Further, the acetate content was reduced from a normal range of 1–3% of DM in noPW silages to below 1% of DM in PW silages, which might result in a higher spoilage risk once opened, as acetate plays an important role in aerobic stability (Danner et al. 2003).

It has been reported that applying 0.4% (w/w) formic acid could significantly reduce the silage pH to below 4.0 in *Saccharina* (Novoa-Garrido et al. 2020), but, to our knowledge, this is the first time such results are reported in *Alaria*. Our results confirmed that the use of LAB additives had the benefits of facilitating lactate fermentation, regardless of using a one-strain culture or a two-strain culture, as suggested by Novoa-Garrido et al. (2020). In contrast to our findings, Herrmann et al. (2015) reported 50 g kg⁻¹ DM lactate content in 3-month *S. latissima* silages, and a LAB growth from less than 10² CFU g⁻¹ fresh biomass to 10⁸ CFU g⁻¹ fresh biomass. Cabrita et al. (2017) also reported a high lactate content (200 g kg⁻¹ DM) in *S. latissima* silage after 9 weeks without the addition of LAB inoculant. The difference in the fermentation patterns can be partially explained by higher ensiling temperature (20 °C), which is more favorable for the growth of LAB, partially by the difference in biomass composition, as well as by different silage processing methods. It should also be considered that in the present study, we analyzed for L-lactate instead of the total lactate content. We based our approach in earlier findings showing that the average ratio of L- and D-lactate is close to 1:1 in whole crop and grass silages, making it possible to use 2 × L-lactate as an estimate for total lactate content. However, this estimation was found to be invalid in *Saccharina* silages (ratio of L-lactate and total lactate: 0.09) (Johansen et al. 2020) and might not be valid for other seaweed silages as well. To verify that the L-lactate measurement was not inhibited by the complex seaweed matrix, Johansen et al. (2020) spiked seaweed samples with a known amount of L-lactate and observed full recovery. Therefore, the L-lactate content in present study is valid but does not provide information of the total lactate content in silages.

The interactions of prewilting and additives treatments were significant on the DM content and fermentation products (Tables 2 and 3). The DM content in FA was significantly higher than in CON in noPW silages, but not in the PW silages in both *Alaria* and *Saccharina*. The same interaction was reported in *Palmaria palmata* silages using acids-based additive (Gallagher et al. 2021). Also using acids-based additive was reported to increase DM density in wet grass silages (Randby & Bakken 2021). However, this interaction was not seen in our previous publication under a similar setup in *Porphyra umbilicalis* and *S. latissima* silages (Novoa-Garrido et al. 2020). Both prewilting and FA additives restricted fermentation activity, indicated by a lower total SCFA and acetate content. However, a similar content in PW-CON and PW-FA indicated that the fermentation restriction did not intensify by combining both prewilting and FA treatments. Finally, the use of LAB inoculants facilitated lactate production in PW-*Alaria*, however, not in noPW-*Alaria*. This interaction

was not observed in our *Saccharina* silages, and there is unfortunately a lack of publication for comparison.

TSP and DPPH radical scavenging capacity in 3- and 12-month silages

Phlorotannins are oligomeric and polymeric derivatives of phloroglucinol (1,3,5-trihydroxybenzene) and are only found in brown macroalgae (Wang et al. 2009). Phlorotannins are valuable cellular compounds to preserve in brown seaweeds storage due to their antioxidant properties (Roleda et al. 2019; Gager et al. 2020). Based on the Folin-Ciocalteu assay, the TSP level in pre-ensiling *Alaria* was nearly 4 × higher than in *Saccharina* (Table 1), which is similar to previous studies where a range from 2.8 × to 5.0 × was reported (Stévant et al. 2017; Roleda et al. 2019).

There was a loss of 73–88% TSP across all treatments in the 12-month silages in both seaweed species (Tables 2 and 3). The TSP loss was much higher compared to conventional preservation methods as freezing (–25 °C) and air-drying (20 °C, >85% DM), where around 25% and 50% TSP loss was observed, respectively in brown seaweeds (Obluchinskaya and Daurtseva 2020). Thus, ensilage is less suitable for long-term storage when TSP is the targeted substance. However, ensilage seems promising for 3-month storage providing that the loss in TSP content remains at the level found in *Alaria* silages (3%), which is much better than the loss when freezing (11–16%) and drying (25–34%) reported by Obluchinskaya and Daurtseva (2020). Campbell et al. (2020) also reported an unchanged TSP content in *F. vesiculosus* and *S. latissima* silages after 3-month storage.

The progressive decline in the DPPH radical scavenging capacity of *Saccharina* and *Alaria* over the 12-month ensiling can be ascribed to the gradual degradation of TSP in the samples under the storage conditions. However, the TSP degradation does not necessarily reduce DPPH radical scavenging capacity in the case of the *Saccharina* silages with additives. This might be explained by a possibly alteration of the phlorotannins' chemical structure and/or an increase in the functional peptides in the samples due to LAB fermentation (Virtanen et al. 2007; Sun et al. 2009) and soaking in the acids. Unfortunately, it was not possible to compare our results with other studies on ensiled seaweeds as this is the first one conducting DPPH assay in such seaweed products. Further antioxidant activity assays and different analytical methods capable of detecting phlorotannins structures are required to confirm and further explain this enhanced antioxidant activity in seaweed silages due to the known limitation of DPPH assay (Foti 2015; Ford et al. 2019).

Chemical composition, iodine, and heavy metal composition

The aNDF content, which measures the leftover fiber after dissolving protein, sugars, lipids, and other substance in neutral detergent, is routinely analyzed in ruminant feed ingredients as it affects the energy concentration in the feed. Compared to the aNDF content reported in whole plant corn and corn silages (> 400 g kg⁻¹ DM), the aNDF content in our seaweeds and seaweed silages were low, likely due to a different cell wall structure (Gheller et al. 2021). Compared to the pre-ensiling seaweed biomass, the aNDF content was higher in the seaweed silages as seen in previous study (Novoa-Garrido et al. 2020), indicated substance losses during ensiling process. Moreover, loss of small molecules during prewilting might led to the much higher aNDF content in the PW treatment in *Alaria*. It is worth noting that the higher content of both TSP and aNDF in *Alaria* has previously been reported to be unfavorable for rumen digestion (Campbell et al. 2020). Further studies are needed to investigate the protein and fiber digestibility of seaweeds in ruminant animals.

Seaweeds can accumulate heavy metals from its surrounding seawater and post a risk to human and animal health when being consumed. The European Union has established recommendations for the maximum levels of heavy metal contents in seaweed in food and feed products in the Official Journal of the European Union (OJEU L78/16, 2018). Following the recommendation, the present study measured the Pb, Cd, Hg, As, and inorganic As content in the silages (Table 4). The level of Hg and Pb in present study was low and is in accordance with previous records of *Saccharina* and *Alaria* collected in the Norwegian coasts (Biancarosa et al. 2018; Afonso et al. 2020). The total As content was generally high, but this could be mainly ascribed to the less toxic organic As since iAs was less than 5% of total, which is commonly observed in marine organisms. On the other hand, careful attention should be paid to the Cd content as it was found to exceed the maximum levels regulated by the EU recommendation (OJEU L78/16, 2018) in sample of all silages.

Brown seaweed is a natural source for dietary iodine. Iodine is an essential mineral for thyroid hormones synthesis, but both deficient and excessive iodine intake can disturb the body metabolism (Rohner et al. 2014). In the present study, the iodine content of *Saccharina* silages (630 mg kg⁻¹ DM) was relatively low compared to the concentrations reported in other investigations, where levels above 2000 mg kg⁻¹ DM and up to 4600 mg kg⁻¹ DM have been reported in both wild harvested and cultivated biomass from central and northern Norway, while a high iodine content was found in *Alaria* silages (930 mg kg⁻¹ DM) compared to other studies (Biancarosa et al. 2018; Roleda et al.

2018; Afonso et al. 2020). If our silages were subjected to whole food application, the safe consumption level will be limited to 2 g DM per week, according to the recommend iodine consumption for an adult person (Russel 2001).

The prewilting treatment led to numerically higher content of Pb, Cd, and Hg in *Alaria*, and higher content of Pb in *Saccharina*. However, the content of heavy metals and iodine were not expected to change during ensilage, as these elements are not supposed to disappear due to silage fermentation. Thus, the differences in concentration between treatments were likely due to the losses of chemical compounds in the effluents or during the prewilting process. Additionally, the concentration of heavy metals and iodine in the DM based unit are expected to be slightly higher than the pre-ensiling biomass due to the loss of carbon in CO₂ format during fermentation. Due to the lack of this data on pre-ensiling biomass, the exact change was not available.

Conclusions

The results suggest that ensiling is a viable method for preserving *Alaria* and *Saccharina* biomass. The ensiling outcomes were significantly affected by prewilting and additive treatments ($p < 0.001$). In *Alaria*, prewilting led to a desirable silage pH of 4.5, a reduction of acetate, propionate and NH₃, and higher production of L-lactate in the LAB treatments. In *Saccharina*, a reduction of acetate, L-lactate, caproate, and NH₃ was observed in PW treatment, and it led to insufficient silage acidification (pH = 5.7) when no additive was applied. Unfortunately, the prewilting process in the present study caused protein and TSP degradation, and a numerically higher aNDF content indicated the losses of other small molecules. Future studies on alternative moisture reduction methods are therefore needed to minimize the loss. The silage pH dropped to below 3.8 when ensiled with FA in both noPW and PW silages. Adding FA also reduced the acetate and NH₃ content in noPW silages. Adding LAB inoculant enabled lactate production except in the noPW-*Alaria*. The antioxidant activity was preserved at a promising level (> 90%) in noPW-*Alaria* after 3-month storage; however, major loss of antioxidant activity was observed after 12-month storage in both seaweed silages. The prewilting and additive treatment appeared to negatively affect the TSP preservation, and the FA and LAB additive appeared to enhance the DPPH radical scavenging capacity in *Saccharina* silages. Further studies on the carbohydrate and phlorotannin composition in the silages are needed to explain these changes during ensiling.

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Data availability The datasets generated during and/or analyzed during the current study are available from the corresponding author on reasonable request.

Declarations

Conflict of interest The authors declare no competing interests.

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