



Correction to: The Examined Life is Wise Living: The Relationship Between Mindfulness, Wisdom, and the Moral Foundations

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Published online: 21 January 2021
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Correction to:

Journal of Adult Development (2020) 27:305–322
<https://doi.org/10.1007/s10804-019-09343-y>

The original version of the article has contained some errors in text and tables.

The errors are given below and the original article has been updated.

Participants: Reliability estimates: For Sample A: median = 0.75; for Sample B: median = 0.85, ranging from .57 to .93)

Measures and Procedure—Wisdom Scales: Reliability of reflective subscale of 3D-WS = 0.80 and 0.85; of affective subscale = 0.75 and 0.83.

Results—Factor Analysis of the Wisdom Scales: Inter-correlations between the two factors = 0.47 and 0.14.

Discussion—The Structure of Wisdom: Next to last sentence (“The correlation between ... of 0.11”) to be deleted.

Discussion—Predicting Wisdom About the (Social) World: Two-sentence section (“There is a hint ... reached significance”) to be deleted.

Discussion—Predicting Wisdom About the (Social) World: Percentage in variance of wisdom explained about the (social) world = 5–29%.

Discussion—Wisdom and the Moral Foundations: Beta values for the final step in explaining the binding foundation from social conservatism = 0.52 and 0.75; from wisdom about the self = 0.25 and 0.14; and from wisdom about the (social) world = 0.07 and – 0.01.

The correct Tables 1, 2, 3, and 4 are given below.

The original article can be found online at <https://doi.org/10.1007/s10804-019-09343-y>.

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Table 1 Factor analysis of the nine wisdom scales in both samples; principal axis analysis with oblimin rotation

| | Sample A | | Sample B | |
|-------------------------|--------------------------------------|--|--------------------------------------|--|
| | Factor 1 Wisdom about the self | Factor 2 Wisdom about the social world | Factor 1 Wisdom about the self | Factor 2 Wisdom about the social world |
| ASTI (total) | .55 | | .76 | |
| SAWS-emotion regulation | .62 | | .72 | |
| SAWS-experience | .75 | | .69 | |
| SAWS-humor | .56 | | .73 | |
| SAWS-openness | .44 | | .68 | |
| SAWS-reminisce-reflect | .77 | | .65 | |
| 3D-WS-affective | | .71 | | .77 |
| 3D-WS-cognitive | | .65 | | .59 |
| 3D-WS-reflective | | .64 | | .91 |

N = 260 for Sample A and 173 for Sample B. For legibility reasons, factor loadings below .30 are not represented

Table 2 Correlation matrix for the background variables, mindfulness variables, and wisdom factors; Sample A data presented above the diagonal, Sample B below

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 |
|--|--------|--------|--------|--------|-------|-------|--------|-------|-------|--------|--------|--------|--------|--------|--------|-------|-------|
| 1. IPIP extraversion | 1.00 | .29** | .01 | -.12* | .13* | .09 | .10 | .03 | .12 | .22** | -.22** | .13* | .40** | .31** | .25** | .06 | .06 |
| 2. IPIP agreeableness | .25** | 1.00 | .17** | -.02 | .25** | .18** | .03 | .28** | .36** | .19** | .00 | .20** | .51** | .38** | .43** | .31** | .06 |
| 3. IPIP conscientiousness | .12 | .30** | 1.00 | -.16** | .05 | .18** | .03 | .11 | .09 | .34** | -.11 | .18** | .27** | .10 | .08 | .05 | .19** |
| 4. IPIP neuroticism | -.43** | -.34** | -.36** | 1.00 | -.09 | -.04 | -.03 | .24** | .08 | -.53** | .60** | -.48** | -.34** | -.18** | -.24** | .06 | -.04 |
| 5. IPIP intellect/imagination | .29** | .18* | -.02 | -.20** | 1.00 | .07 | .04 | -.15* | .35** | .08 | -.08 | .07 | .20** | .36** | .24** | .04 | -.11 |
| 6. Social conservatism | -.04 | .14 | .23** | -.19* | -.11 | 1.00 | -.05 | .07 | .16* | .15* | -.02 | .14* | .24** | .18* | .03 | .11 | .54** |
| 7. Age | -.05 | .13 | .07 | -.08 | -.08 | .30** | 1.00 | -.07 | .05 | .03 | .03 | -.02 | -.03 | .03 | .04 | -.03 | .08 |
| 8. Gender | .05 | -.31** | -.17* | -.02 | .03 | -.07 | -.21** | 1.00 | .04 | -.03 | .21** | -.05 | .13* | .05 | .16* | .30** | .00 |
| 9. Reflective awareness | .22** | .34** | .26** | -.18* | .43** | -.02 | -.12 | -.14 | 1.00 | -.08 | .22** | .23** | .35** | .60** | .26** | .37** | .23** |
| 10. Controlled sense-of-self in the moment | .33** | .40** | .37** | -.62** | .21** | .05 | .17* | -.10 | .17* | 1.00 | -.54** | .42** | .43** | .22** | .23** | -.03 | .01 |
| 11. Self-preoccupation | -.37** | -.22** | -.23** | .57** | -.19* | -.08 | -.17* | -.08 | -.02 | -.56** | 1.00 | -.44** | -.27** | -.08 | -.20** | .30** | .11 |
| 12. Self-compassion | .06 | .16* | -.07 | -.20** | .03 | .05 | .04 | -.04 | .17* | -.01 | .17* | 1.00 | .48** | .41** | .29** | .14* | .17** |
| 13. Self-transcendence | .52** | .59** | .34** | -.66** | .16* | .26** | .04 | -.12 | .43** | .54** | -.47** | .21** | 1.00 | .57** | .41** | .35** | .24** |
| 14. Wisdom about the self | .34** | .51** | .32** | -.47** | .40** | .10 | .11 | -.14 | .66** | .45** | -.28** | .22** | .68** | 1.00 | .47** | .41** | .26** |
| 15. Wisdom about the (social) world | .08 | .17* | .10 | -.12 | .14 | -.10 | .10 | -.08 | .14 | .16 | -.09 | -.06 | .13 | .14 | 1.00 | .24** | -.00 |
| 16. Individualizing foundation | .09 | .38** | .09 | -.13 | .17* | -.08 | .06 | -.15 | .31** | .13 | -.02 | .03 | .29** | .43** | .19* | 1.00 | .33** |
| 17. Binding foundation | -.04 | .20** | .20* | -.12 | -.20* | .77** | .13 | -.10 | -.01 | -.02 | .09 | .07 | .31** | .16* | -.09 | .07 | 1.00 |

N = 260 for Sample A and 173 for Sample B

IPIP International Personality Item Pool (iPIP.ori.org)

* $p < .05$

Table 3 Results from hierarchical regression analyses to predict the wisdom factors

| | Step 1 | | Step 2 | | Step 3 | | Step 4 | |
|--|----------|----------|----------|----------|----------|----------|----------|----------|
| | Sample A | Sample B | Sample A | Sample B | Sample A | Sample B | Sample A | Sample B |
| Wisdom about the self | | | | | | | | |
| IPIP extraversion | 0.19** | 0.08 | 0.16** | 0.02 | 0.17** | 0.03 | 0.11* | - 0.06 |
| IPIP agreeableness | 0.24** | 0.26** | 0.08 | 0.17** | 0.06 | 0.17** | - 0.01 | 0.05 |
| IPIP conscientiousness | 0.01 | 0.07* | - 0.06 | 0.01 | - 0.06 | 0.03 | - 0.08 | 0.02 |
| IPIP neuroticism | - 0.16** | - 0.21** | - 0.15** | - 0.19** | - 0.10 | - 0.17* | - 0.06 | - 0.05 |
| IPIP intellect/imagination | 0.28** | 0.31** | 0.13** | 0.11 | 0.16** | 0.11 | 0.14* | 0.18** |
| Age | - 0.01 | 0.08 | - 0.02 | 0.13* | - 0.01 | 0.12* | 0.01 | 0.13* |
| Gender | 0.07 | - 0.06 | 0.08 | 0.01 | 0.07 | 0.02 | 0.05 | 0.02 |
| Reflective awareness | | | 0.52** | 0.50** | 0.46** | 0.49** | 0.40** | 0.38** |
| Controlled sense-of-self in the moment | | | 0.15* | 0.12 | 0.12 | 0.13 | 0.07 | 0.09 |
| Self-preoccupation | | | | | 0.04 | - 0.01 | 0.05 | 0.05 |
| Self-compassion | | | | | 0.19** | 0.06 | 0.14* | 0.03 |
| Self-transcendence | | | | | | | 0.28** | 0.41** |
| R^2 | .296 | .455 | .506 | .622 | .526 | .625 | .561 | .673 |
| R^2 change | .296** | .455** | .210** | .167** | .020** | .003 | .035** | .048** |
| Wisdom about the (social) world | | | | | | | | |
| IPIP extraversion | 0.10 | 0.05 | 0.09 | 0.04 | 0.08 | 0.04 | 0.06 | 0.04 |
| IPIP agreeableness | 0.33** | 0.08 | 0.29** | 0.07 | 0.28** | 0.08 | 0.26** | 0.08 |
| IPIP conscientiousness | - 0.04 | 0.01 | - 0.05 | - 0.01 | - 0.05 | - 0.04 | - 0.06 | - 0.04 |
| IPIP neuroticism | - 0.25** | - 0.03 | - 0.25** | - 0.01 | - 0.19* | - 0.06 | - 0.18* | - 0.07 |
| IPIP intellect/imagination | 0.15 | 0.12 | 0.11 | 0.10 | 0.11 | 0.10 | 0.10 | 0.10 |
| Age | 0.02 | 0.09 | 0.01 | 0.09 | 0.03 | 0.10 | 0.03 | 0.10 |
| Gender | 0.14* | - 0.04 | 0.14* | - 0.03 | 0.15* | - 0.03 | 0.14* | - 0.03 |
| Reflective awareness | | | 0.11* | 0.06 | 0.16* | 0.07 | 0.14 | 0.08 |
| Controlled sense-of-self in the moment | | | 0.12 | 0.05 | - 0.02 | 0.05 | - 0.04 | 0.06 |
| Self-preoccupation | | | | | - 0.12 | 0.07 | - 0.12 | 0.07 |
| Self-compassion | | | | | 0.05 | - 0.10 | 0.03 | - 0.10 |
| Self-transcendence | | | | | | | 0.10 | - 0.01 |
| R^2 | .286 | .053 | .302 | .056 | .312 | .064 | .316 | .064 |
| R^2 change | .286* | .053 | .016 | .003 | .010 | .008 | .004 | .000 |

$N = 260$ for Sample A and 173 for Sample B

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* $p < .05$; ** $p < .01$

Table 4 Results from hierarchical regression analyses to predict the moral foundations

| | Step 1 | | Step 2 | | Step 3 | | Step 4 | | Step 5 | |
|--|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| | Sample A | Sample B | Sample A | Sample B | Sample A | Sample B | Sample A | Sample B | Sample A | Sample B |
| Individualizing foundation | | | | | | | | | | |
| IPIP extraversion | -0.06 | -0.02 | -0.04 | -0.03 | -0.01 | -0.03 | -0.06 | -0.11 | -0.10 | -0.08 |
| IPIP agreeableness | 0.23** | 0.34** | 0.11 | 0.33** | 0.10 | 0.34** | 0.05 | 0.25* | 0.03 | 0.22* |
| IPIP conscientiousness | 0.06 | 0.01 | 0.01 | -0.02 | -0.00 | -0.04 | -0.03 | -0.04 | 0.01 | -0.05 |
| IPIP neuroticism | -0.04 | -0.03 | -0.10 | -0.10 | -0.21* | .16 | -0.17 | -0.07 | -0.16* | -0.04 |
| IPIP intellect/imagination | 0.15* | 0.08 | 0.04 | 0.02 | 0.07 | 0.02 | 0.04 | 0.08 | -0.03 | -0.00 |
| Social conservatism | 0.01 | -0.15 | -0.00 | -0.16 | -0.01 | -0.16 | -0.03 | -0.22* | -0.02 | -0.19* |
| Age | -0.06 | 0.05 | -0.05 | 0.09 | -0.08 | 0.11 | -0.06 | 0.13 | -0.07 | 0.06 |
| Gender | 0.21** | -0.06 | 0.25** | -0.03 | 0.21** | -0.03 | 0.18* | -0.02 | 0.17* | -0.02 |
| Reflective awareness | | | 0.33** | 0.19 | 0.22** | 0.20* | 0.17* | 0.11 | 0.03 | -0.06 |
| Controlled sense-of-self in the moment | | | -0.05 | -0.12 | 0.05 | -0.11 | 0.02 | -0.15 | -0.00 | -0.18 |
| Self-preoccupation | | | | | 0.38** | 0.10 | 0.39** | 0.17 | 0.39** | 0.13 |
| Self-compassion | | | | | 0.10 | -0.11 | 0.04 | -0.15 | -0.01 | -0.14 |
| Self-transcendence | | | | | | | 0.27** | 0.35* | 0.15 | 0.17 |
| Wisdom about the self | | | | | | | | | 0.41** | 0.42** |
| Wisdom about the (social) world | | | | | | | | | 0.02 | 0.08 |
| R^2 | .158 | .160 | .233 | .191 | .300 | .202 | .329 | .232 | .404 | .289 |
| R^2 stepwise change | .158** | .160** | 0.1075** | .033 | .067** | .011 | .029** | .031* | .075** | .057** |
| Binding foundation | | | | | | | | | | |
| IPIP extraversion | -0.02 | 0.03 | 0.00 | 0.04 | 0.03 | 0.05 | 0.00 | -0.02 | -0.01 | -0.01 |
| IPIP agreeableness | -0.08 | 0.09 | -0.12 | 0.10 | -0.13 | 0.11 | -0.15* | 0.04 | -0.14* | 0.03 |
| IPIP conscientiousness | 0.21** | 0.03 | 0.22** | 0.04 | 0.21** | 0.02 | 0.20** | 0.03 | 0.22** | 0.02 |
| IPIP neuroticism | 0.07 | 0.07 | -0.02 | 0.02 | -0.05 | -0.06 | -0.03 | 0.00 | -0.04 | 0.01 |
| IPIP intellect/imagination | 0.02 | -0.10 | -0.03 | -0.10 | -0.01 | -0.11 | -0.02 | -0.06 | -0.06 | -0.08 |
| Social conservatism | 0.54** | 0.80** | 0.54** | 0.80** | 0.54** | 0.80** | 0.53** | 0.74** | 0.52** | 0.75** |
| Age | 0.02 | -0.10 | 0.02 | -0.11 | 0.00 | -0.09 | 0.01 | -0.06 | 0.01 | -0.08 |
| Gender | -0.13 | -0.04 | -0.10 | -0.05 | -0.13* | -0.03 | -0.14* | -0.02 | -0.13* | -0.03 |
| Reflective awareness | | | 0.13 | 0.00 | 0.04 | 0.01 | 0.02 | -0.06 | -0.06 | -0.12 |
| Controlled sense-of-self in the moment | | | -0.15* | -0.08 | -0.12 | -0.06 | -0.13 | -0.09 | -0.16 | -0.10 |
| Self-preoccupation | | | | | 0.21* | 0.15* | 0.22** | 0.20** | 0.21* | 0.19** |
| Self-compassion | | | | | 0.14 | -0.09 | 0.12 | -0.11* | 0.09 | -0.12* |
| Self-transcendence | | | | | | | 0.10 | 0.28** | 0.04 | 0.22* |
| Wisdom about the self | | | | | | | | | 0.25** | 0.14 |
| Wisdom about the (social) world | | | | | | | | | -0.07 | -0.01 |

Table 4 (continued)

| | Step 1 | | Step 2 | | Step 3 | | Step 4 | | Step 5 | |
|-----------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| | Sample A | Sample B | Sample A | Sample B | Sample A | Sample B | Sample A | Sample B | Sample A | Sample B |
| R^2 | .361 | .651 | .391 | .655 | .419 | .668 | .423 | .690 | .448 | .696 |
| R^2 stepwise change | .361** | .651** | .030* | .004 | .029* | .013 | .004 | .024** | .025* | .007 |

$N = 260$ for Sample A and 173 for Sample B

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* $p < .05$; ** $p < .01$

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