



# A Population-Based *Helicobacter pylori* Eradication Strategy Is More Cost-Effective than Endoscopic Screening

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## Abstract

**Background** *Helicobacter pylori* (HP) eradication therapy is an efficient primary prevention method to reduce gastric cancer development. In Japan, biennial endoscopic screening for individuals aged 50 years and older is currently conducted as a national gastric cancer prevention program.

**Aims** We aimed to evaluate which strategy was the most optimal and cost-effective among HP eradication strategy, annual, biennial, and triennial endoscopic screening, and no screening as a national gastric cancer prevention program.

**Methods** We developed a state-transition model for HP eradication strategy, annual, biennial, and triennial endoscopic screening, and no screening using a healthcare payer perspective and a lifetime horizon. We targeted a hypothetical cohort of the Japanese population in their 20 s to 80 s. The main outcomes were costs, quality-adjusted life-years (QALYs), incremental cost-effectiveness ratios, gastric cancer cases, and deaths from gastric cancer. We performed one-way, two-way, and probabilistic sensitivity analyses.

**Results** HP eradication strategy was more cost-effective than endoscopic screening at any interval in all age groups. Cost-effectiveness was sensitive to HP infection rate. Cost-effective acceptability curves by Monte Carlo simulations for 10,000 trials demonstrated that HP eradication strategy was 100% cost-effective at a willingness-to-pay threshold of US\$50,000 per QALY gained in all age groups. Over a lifetime, HP eradication strategy saves US\$28.07 billion, increases 37.16 million QALYs, prevents 4.47 million gastric cancer cases, and saves 319,870 lives from gastric cancer.

**Conclusion** A population-based HP eradication strategy is optimal and cost-effective for a national gastric cancer prevention program in Japan, replacing the current secondary prevention-focused biennial endoscopic screening.

**Keywords** *Helicobacter pylori* · Disease eradication · Endoscopy · Stomach neoplasms · Primary prevention · Health economics

## Abbreviations

HP	<i>Helicobacter pylori</i>
QALY	Quality-adjusted life-year
ICER	Incremental cost-effectiveness ratio
WTP	Willingness-to-pay

## Introduction

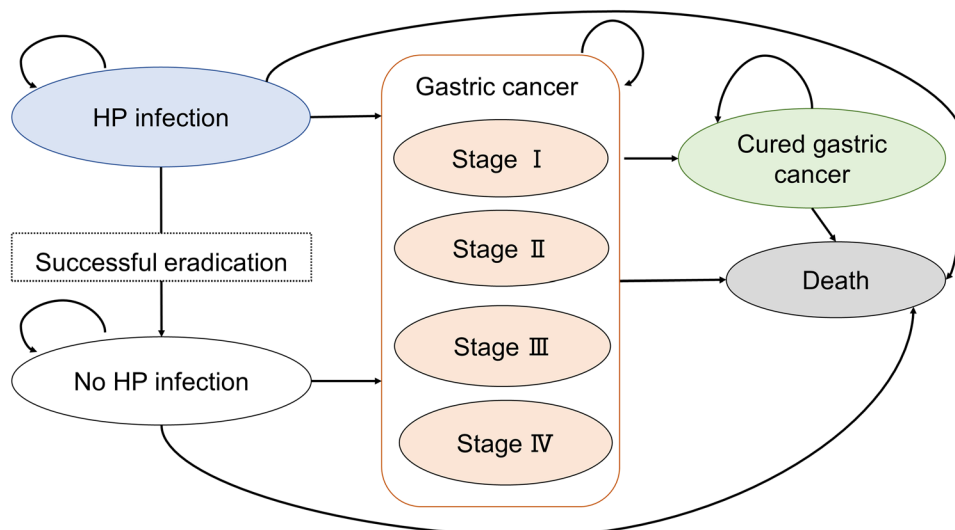
More than half of the world's population is infected with *Helicobacter pylori* (HP) [1]. HP infection is responsible for 810,000 new cancer cases worldwide in 2018, mainly non-cardia gastric adenocarcinoma [2]. East Asia accounts for 480,000 cases of cancer attributable to HP infection, mostly in China (340,000 cases), Japan (100,000 cases), and South Korea (30,000 cases) [2]. HP infection causes chronic gastritis and leads to gastric cancer development. Gastric cancer has the fifth highest incidence rate and is the fourth major cause of cancer-related deaths in the world [3]. HP eradication therapy reduces gastric cancer development by healing the intragastric mucosal inflammation and halting the histological progression in patients with chronic atrophic gastritis, a pre-cancerous condition of the stomach [4–7], and follow-up endoscopy

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**Fig. 1** Schematic depiction of a Markov cycle tree in a state-transition model. We show the health states in the model as ovals. In a yearly model cycle, transitions can occur between the health states and other health states, represented by the arrows. *HP Helicobacter pylori*



is necessary for early detection of gastric cancer after successful HP eradication therapy [8]. In 2014, an International Agency for Research on Cancer (IARC) working group recommended that countries should explore the possibility of implementing population-based HP screening and treatment programs, after careful consideration at the regional level of disease burden, other health priorities, cost-effectiveness analysis, scientifically valid assessment of program processes, feasibility, effectiveness, and possible adverse effects [9]. The Taipei global consensus guidelines for screening and eradication of HP for gastric cancer prevention recommend that mass screening and eradication of HP should be considered in populations at higher risk of gastric cancer and that eradication therapy should be offered to individuals infected with HP [10].

Japan has the second-highest age-standardized rate for gastric cancer, one of the high-incidence countries in the world [3]. HP infection is estimated to be responsible for 98% of gastric cancer patients in Japan [11–14]. In February 2013, HP eradication therapy for patients with HP-associated chronic gastritis became covered by the national health insurance in Japan. The 2014 edition of Japanese guidelines for gastric cancer screening recommends biennial endoscopic screening for people aged 50 years and older for the population-based secondary prevention of gastric cancer [15]. Guidelines for the management of HP infection by the Japanese Society for Helicobacter Research recommend HP eradication therapy for gastric cancer prevention for all patients with HP infection [16]. Although the number of deaths from gastric cancer is gradually decreasing, the number of gastric cancer patients in their 80 s and older has not yet declined in Japan [17].

In this study, we aimed to evaluate which strategy was the most optimal and cost-effective among HP eradication strategy, annual, biennial, and triennial endoscopic screening,

and no screening as a national gastric cancer prevention program.

## Methods

### Study Design and Model Structure

We constructed a state-transition model with a Markov cycle tree for five strategies: HP eradication strategy, annual endoscopic screening, biennial endoscopic screening, triennial endoscopic screening, and no screening using a healthcare payer perspective and a lifetime horizon. In this study, HP eradication strategy is defined as a primary prevention strategy in which individuals in their 20 s to 40 s do not perform post-eradication endoscopy and individuals in their 50 s to 80 s perform annual post-eradication endoscopy to detect early-stage gastric cancer [18]. A cycle length of one year was chosen. The half-cycle correction was applied. In the model, decision branches led directly to one Markov node per intervention strategy, and the first event was modeled within the Markov cycle tree (Fig. 1). The current national gastric cancer prevention program in Japan is no screening for individuals in their 20 s to 40 s, and biennial endoscopic screening for individuals in their 50 s to 80 s.

We used TreeAge Pro 2022 (TreeAge Software Inc., Williamstown, Mass.) for the decision-analytical calculations. As this was a modeling study with all inputs and parameters derived from the published literature and Japanese statistics, ethics approval was not required.

### HP Eradication Strategy

An individual receives an HP antibody test. If the HP antibody test is negative, the individual doesn't receive HP

eradication therapy. If the HP antibody test is positive, the individual receives an endoscopy. If gastric cancer is detected by endoscopy, the individual receives the standard treatment for gastric cancer according to the Japanese guidelines for gastric cancer treatment: endoscopic mucosal resection (EMR), endoscopic submucosal dissection treatment (ESD), surgery, chemotherapy, and radiotherapy with palliative care according to cancer stage, stage I-IV [19]. If gastric cancer is not detected by endoscopy, the individual receives a first-line HP eradication therapy (Vonoprazan 40 mg/day, Clarithromycin 400 mg/day, and Amoxicillin 1500 mg/day for 7 days) and two stool antigen tests before and after eradication. If the first-line HP eradication therapy is unsuccessful, the individual receives a second-line HP eradication therapy (Vonoprazan 40 mg/day, Metronidazole 500 mg/day, and Amoxicillin 1500 mg/day for 7 days). Successful HP eradication therapy results in a change from the HP-positive state to the HP-negative state. The first-line and second-line HP eradication therapies are based on the guidelines for the management of HP infection by the Japanese Society for Helicobacter Research [16, 20]. The rationale for adding two stool antigen tests before and after eradication is based on the guidelines for the management of HP infection by the Japanese Society for Helicobacter Research [16], which requires one stool antigen test to confirm HP negativity before eradication if the HP antibody test is negative, and another stool antigen test for confirmation of HP negativity after eradication. Endoscopic surveillance is performed for the early detection of gastric cancer in individuals over 50 years of age after successful HP eradication therapy according to the guidelines for the management of HP infection by the Japanese Society for Helicobacter Research [16]. If both HP eradication therapies are unsuccessful, the HP-positive state remains until death.

### Annual, Biennial, and Triennial Endoscopic Screening

An individual receives regular endoscopic screening once a year, once every two years, or once every three years. If gastric cancer is detected by endoscopy, the individual receives the standard treatment for gastric cancer according to the Japanese guidelines for gastric cancer treatment [19]. The compliance rate in gastric cancer screening (49.5%) was derived from Japanese cancer statistics and considered in the model [21].

### No Screening

An individual has no opportunity to receive any gastric cancer screening.

### Target Population

We targeted a hypothetical cohort of the Japanese population in their 20 s to 80 s. Children and adolescents (age < 20 y) were not included in the model. Age-specific HP infection rates were considered.

### Epidemiologic Parameters and Clinical Probabilities

Epidemiologic parameters and clinical probabilities were collected using MEDLINE from 2000 to December 2022, the national census, and Japanese cancer statistics (Table 1) [6, 11–14, 22–29]. The age-dependent effects on gastric cancer incidence, HP infection rate, and mortality from other causes were taken into account in the model [22, 23, 29]. Relative risk rate of gastric cancer development after successful eradication, eradication success rates of HP eradication therapies, and compliance rates of HP eradication therapies were obtained from the literature [6, 24]. Stage-specific 5-year survival rates and stage-specific detection rates of gastric cancer were obtained from Japanese cancer statistics [22, 27]. The responsibility rate of HP infection for gastric cancer development was assumed to be 98% [11–14]. The sensitivity and specificity of endoscopy and HP antibody test were obtained from the literature [25, 28].

### Costs

Costs were calculated based on the costs from the Japanese national fee schedule [30], and were adjusted to 2021 Japanese yen, using the medical care component of the Japanese consumer price index and were converted to US dollars, using the Organisation for Economic Co-operation and Development (OECD) purchasing power parity rate in 2021 (US\$1 = ¥96.76) (Table 1) [31]. The discount rate of costs was set at 3% per year [32, 33]. Incremental cost-effectiveness ratios (ICERs) were calculated and compared to a willingness-to-pay (WTP) level of US\$50,000 per quality-adjusted life-year (QALY) gained [34].

### Health State Utilities

Health status was included to represent the possible eight clinical states: (i) no HP infection, (ii) HP infection, (iii) stage I gastric cancer; (iv) stage II gastric cancer; (v) stage III gastric cancer; (vi) stage IV gastric cancer, (vii) cured gastric cancer, and (viii) death (Fig. 1). Health state utilities were obtained from the literature and were calculated using utility weights (Table 1) [26]. The discount rate of utilities was set at 3% per year [32, 33].

The health outcomes were QALYs, ICERs, gastric cancer cases, and deaths from gastric cancer. We calculated age-specific cumulative lifetime health outcomes of HP

**Table 1** Model inputs for selected variables

Variable	Baseline value	Sensitivity analysis range	References	
Incidence of gastric cancer				
20–24 years	0.000003950	0.000001–0.01	[22]	
25–29 years	0.000013657	0.000001–0.01		
30–34 years	0.000029844	0.000001–0.01		
35–39 years	0.000058365	0.000001–0.01		
40–44 years	0.000103498	0.000001–0.01		
45–49 years	0.000168943	0.000001–0.01		
50–54 years	0.000311805	0.000001–0.01		
55–59 years	0.000635080	0.000001–0.01		
60–64 years	0.001211067	0.000001–0.01		
65–69 years	0.001981104	0.000001–0.01		
70–74 years	0.002734548	0.000001–0.01		
75–79 years	0.003421934	0.000001–0.01		
80–84 years	0.003922199	0.000001–0.01		
85–89 years	0.003845191	0.000001–0.01		
HP infection rate, %	Age		[23]	
	20	30	70	80
	5.7	13.8	57.2	63.0
Stage-specific 5-year gastric cancer survival rate, %				
Stage I	96.0			
Stage II	69.2			
Stage III	41.9			
Stage IV	6.3			
Eradication success rate of 1st-line HP eradication therapy	0.901			
Eradication success rate of 2nd-line HP eradication therapy	0.901			
Relative risk rate of reduction in gastric cancer development with HP eradication therapy	0.54			
Compliance rate of 1st-line HP eradication therapy	0.891			
Compliance rate of 2nd-line HP eradication therapy	0.901			



Table 1 (continued)

Variable	Baseline value	Sensitivity analysis range	References
Utility [26]			
No HP infection	1.0	N/A	
HP infection	0.9	0.8–0.95	
Gastric cancer			
Stage I	0.82	0.7–0.9	
Stage II	0.79	0.7–0.9	
Stage III	0.68	0.6–0.8	
Stage IV	0.5	0.4–0.6	
Cured gastric cancer	0.95	0.92–0.97	
Death	1.0	N/A	

HP *Helicobacter pylori*, N/A not applicable

eradication strategy compared to no screening for individuals aged 20 to 49 years and biennial endoscopic screening for individuals aged 50 to 89 years.

### Sensitivity Analyses

We performed a one-way sensitivity analysis to determine which strategy was more cost-effective when we tested a single variable over a wide range of possible values while holding all other variables constant and a two-way sensitivity analysis to assess the robustness of the overall results when the values of the two variables are varied simultaneously. A probabilistic sensitivity analysis using a second-order Monte-Carlo simulation for 10,000 trials was also performed to assess the impact of the uncertainty in the model on the base case estimates at a WTP threshold of US\$50,000 per QALY gained [34]. The uncertainty had a beta distribution for clinical probabilities and accuracies, and a gamma distribution for costs.

### Markov Cohort Analysis

In the Markov cohort analysis, we determined the cumulative lifetime probability of gastric cancer cases and gastric cancer deaths prevented by HP eradication strategy for individuals aged 20 to 49 years compared with no screening, and for individuals aged 50 to 89 years compared with biennial endoscopic screening. We calculated the number of cumulative lifetime gastric cancer cases and gastric cancer deaths prevented by HP eradication strategy for individuals aged 20 to 49 years compared with no screening and for individuals aged 50 to 89 years compared with biennial endoscopic screening, by multiplying the cumulative lifetime probability of gastric cancer cases and gastric cancer deaths prevented by the number of the Japanese population in 2022. The Japanese population in 2022 was obtained from Japanese population statistics; 12.58 million in their 20 s, 13.75 million in their 30 s, 17.59 million in their 40 s, 17.27 million in their 50 s, 15.06 million in their 60 s, 16.36 million in their 70 s, and 9.63 million in their 80 s [35].

## Results

### Base-Case Analysis

HP eradication strategy was the most cost-effective in all age groups (Table 2). The ICER of HP eradication strategy compared with no screening in the 20 s was US\$24.4 per QALY gained. HP eradication strategy provided greater health benefits with significant cost savings than no screening in the

30 s and 40 s and biennial endoscopic screening in the 50 s to 80 s.

### Sensitivity Analysis

The ICER tornado diagrams for HP eradication strategy versus no screening in 20-year-old individuals and for HP eradication strategy versus biennial endoscopic screening in 50-year-old individuals showed that the ICERs always remained below the WTP threshold of US\$ 50,000 per QALY gained and that cost-effectiveness was not sensitive to the selected variables (Fig. 2a and b). Two-way sensitivity analyses for age baseline versus HP infection rate showed that HP eradication strategy was more cost-effective than no screening when HP infection rate was 0.032 or more in the 20 s, 0.043 or more in the 30 s, 0.059 or more in the 40 s, 0.079 or more in the 50 s, 0.105 or more in the 60 s, 0.143 or more in the 70 s, and 0.194 or more in the 80 s (Fig. 2c and d). Probabilistic sensitivity analyses using Monte-Carlo simulations for 10,000 trials demonstrated that HP eradication strategy was cost-effective 100% of the time at a WTP threshold of US\$50,000 per QALY gained in all age groups (Fig. 2e).

### Cumulative Lifetime Economic and Health Impacts

Over a lifetime, for the Japanese population in their 20 s to 80 s in 2022, HP eradication strategy could save US\$28.07 billion, increase 37.16 million QALYs, prevent 4.47 million gastric cancer cases, and save 319,870 lives from gastric cancer compared to the current national gastric cancer prevention program (no screening for individuals aged 20 to 49 and biennial endoscopic screening for individuals aged 50 to 89) (Table 3).

### Discussion

This study demonstrated that HP eradication strategy is more cost-effective with greater health benefits than no screening and endoscopic screening at any interval to prevent gastric cancer in Japan. The superiority of HP eradication strategy is mainly due to the high HP infection rates in the Japanese population, the evidence that HP eradication therapy for HP-positive patients reduces the incidence of gastric cancer by 46%, and the low cost of HP testing and eradication therapy compared to the cost of gastric cancer treatment. We previously showed that HP eradication strategy is more cost-effective than no screening [36, 37], upper gastrointestinal series [38], and endoscopic screening [38] for gastric cancer screening and that HP eradication strategy is more cost-effective than the proton pump inhibitors therapy strategy [39] for the management

of peptic ulcers in high-risk populations. This study further demonstrated the definite cost-effectiveness advantage of HP eradication strategy over endoscopic screening, even when considering various intervals or the cost of follow-up endoscopy after successful HP eradication therapy at age 50 years or older.

To the best of our knowledge, this is the first study in the world to evaluate cumulative lifetime economic and health effects of HP eradication strategy compared to endoscopic screening with various intervals.

There are several cost-effectiveness studies of endoscopic screening compared to no screening for gastric cancer screening. Shah et al. demonstrated that one-time endoscopic screening for gastric cancer with ongoing surveillance of gastric preneoplasia is cost-effective for Japanese Americans ages 50 years or older in the USA and that biennial endoscopy is less effective and costlier [40]. Our study also showed that biennial endoscopic screening is not cost-effective for asymptomatic Japanese population aged 50 years. Ascherman et al. showed that biennial endoscopic screening is not cost-effective, while 5-year and 10-year endoscopic screening is cost-effective compared to no screening in the general Japanese population aged 40 years through 35 successive 1-year cycles of the model until age 75 [41]. Our study also demonstrated that endoscopic screening at the 1-year, 2-year, and 3-year intervals is not cost-effective in the Japanese population aged 40 years. Huang et al. found that the endoscopic screening program in Japan would be cost-effective when implemented between 50 and 75 years of age, with the screening repeated every 3 years, using a WTP threshold of US\$50,000 per QALY gained [42]. We found that triennial endoscopic screening is more cost effective than no screening for individuals aged 55 to 81 years. Our results are consistent with those of previous studies. In addition, we have shown for the first time that HP eradication strategy is definitely more cost-effective than endoscopic screening at any interval for all age groups.

This study has several limitations. First, we did not consider reinfection or recurrence of HP infection in our model. The reinfection rate after HP eradication is very low. HP infection occurs mainly in childhood, and recurrence of HP infection after successful eradication is rare in adults [43]. Second, this study does not include non-medical indirect costs such as productivity losses. Third, the complications of endoscopy such as perforation and hemorrhage were not considered in our models. Endoscopy should be carefully performed by well-trained, competent, and thoughtful endoscopists, ensuring not only patient safety but also a high level of quality control. Fourth, the target population for HP eradication strategy did not include children. Fifth, the difference of gastric mucosal atrophy after successful HP eradication was not considered in the model. Biennial endoscopy

**Table 2** Results of the base-case analysis

Age group, years	Strategy	Cost, US\$	Incremental cost, US\$	Effectiveness, QALYs	Incremental effectiveness, QALYs	ICER, US\$/QALY gained
20	No screening	140.0	–	27.753056	–	–
	HP eradication strategy	141.4	1.4	27.810878	0.057822	24.4
	Triennial endoscopic screening	617.4	476.0	27.753728	– 0.057150	Dominated
	Biennial endoscopic screening	1070.8	929.4	27.754060	– 0.056818	Dominated
	Annual endoscopic screening	3526.0	3384.6	27.755058	– 0.055820	Dominated
30	HP eradication strategy	300.5	–	25.866516	–	–
	No screening	366.8	66.2	25.657326	– 0.209190	Dominated
	Triennial endoscopic screening	809.7	509.1	25.659032	– 0.207484	Dominated
	Biennial endoscopic screening	1226.8	926.2	25.659867	– 0.206649	Dominated
	Annual endoscopic screening	3497.0	3196.5	25.662376	– 0.204140	Dominated
40	HP eradication strategy	544.3	–	23.337221	–	–
	No screening	723.9	179.6	22.992204	– 0.345017	Dominated
	Triennial endoscopic screening	1119.4	575.1	22.995320	– 0.341901	Dominated
	Biennial endoscopic screening	1487.9	943.6	22.996838	– 0.340383	Dominated
	Annual endoscopic screening	3511.9	2967.6	23.001389	– 0.335832	Dominated
50	No screening	1227.5	–	19.734550	–	–
	HP eradication strategy	1453.6	226.1	20.192466	0.457916	493.7
	Triennial endoscopic screening	1560.5	106.9	19.739590	– 0.452876	Dominated
	Biennial endoscopic screening	1866.6	413.0	19.742016	– 0.450450	Dominated
	Annual endoscopic screening	3577.0	2123.4	19.749310	– 0.443156	Dominated
60	No screening	1897.3	–	15.876433	–	–
	HP eradication strategy	1920.4	23.0	16.435276	0.558843	41.2
	Triennial endoscopic screening	2151.9	231.5	15.883442	– 0.551834	Dominated
	Biennial endoscopic screening	2382.4	462.0	15.886671	– 0.548605	Dominated
	Annual endoscopic screening	3715.6	1795.3	15.896370	– 0.538906	Dominated
70	HP eradication strategy	1930.6	–	12.098286	–	–
	No screening	2040.4	109.7	11.586851	– 0.511435	Dominated
	Triennial endoscopic screening	2227.9	297.3	11.593134	– 0.505152	Dominated
	Biennial endoscopic screening	2384.7	454.1	11.595861	– 0.502424	Dominated
	Annual endoscopic screening	3327.5	1396.9	11.604044	– 0.494241	Dominated
80	HP eradication strategy	1370.8	–	7.672079	–	–
	No screening	1381.1	10.3	7.332737	– 0.339342	Dominated
	Triennial endoscopic screening	1531.5	160.7	7.336227	– 0.335852	Dominated
	Biennial endoscopic screening	1630.1	259.3	7.337524	– 0.334555	Dominated
	Annual endoscopic screening	2227.4	856.6	7.341456	– 0.330623	Dominated

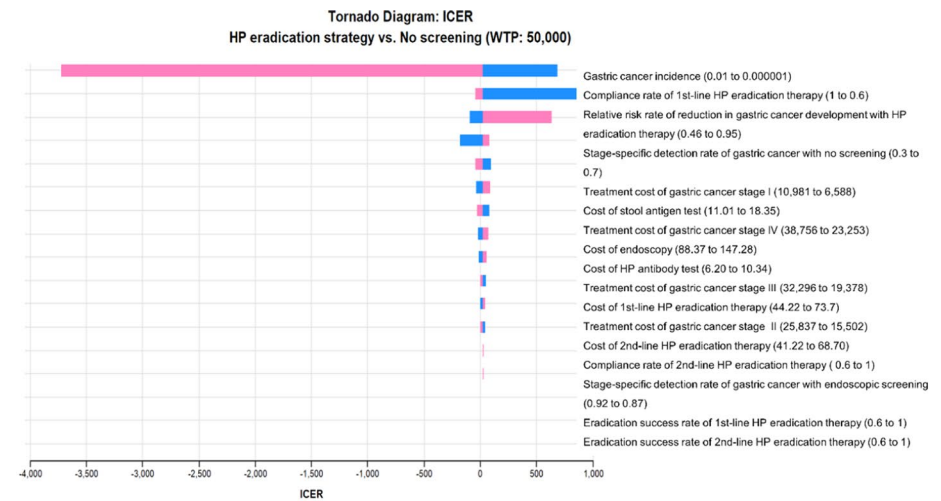
HP *Helicobacter pylori*, ICER incremental cost-effectiveness ratio, QALY quality-adjusted life-year; *dominated*, less effective and more costly than others

for patients with mild-to-moderate gastric mucosal atrophy and annual endoscopy for patients with severe gastric mucosal atrophy appear to be cost-effective after successful HP eradication [8]. Further epidemiologic studies on gastric mucosal atrophy after successful HP eradication therapy are needed. Finally, there are differences in costs, HP infection rates, epidemiological parameters, and healthcare systems among countries. Further cost-effectiveness studies based on country-specific variations are needed.

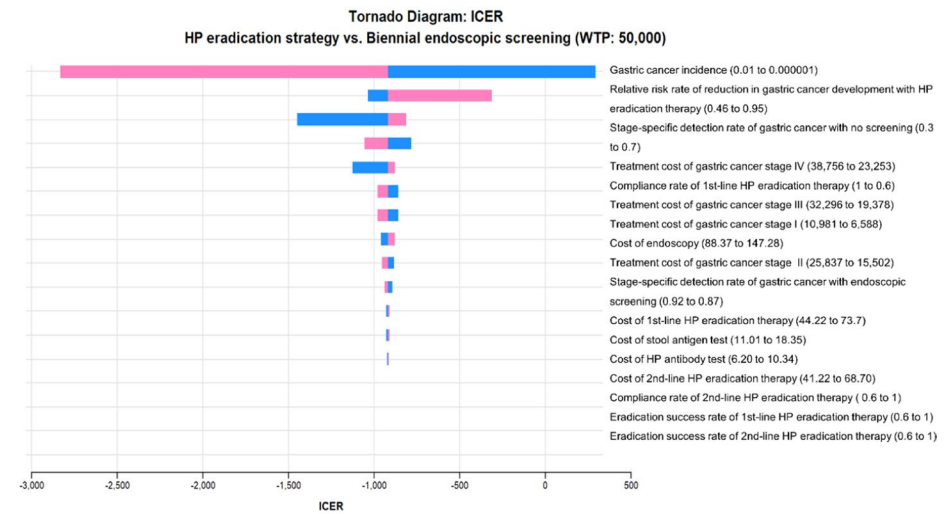
In conclusion, HP eradication strategy provides greater health benefits with more significant cost savings than endoscopic screening at any interval and is absolutely recommended as a national gastric cancer screening program in Japan. The findings positively support the introduction of a population-based HP eradication strategy for primary prevention of gastric cancer instead of the current secondary prevention-oriented gastric cancer screening by endoscopy in high-incidence countries. Policy makers, physicians, and



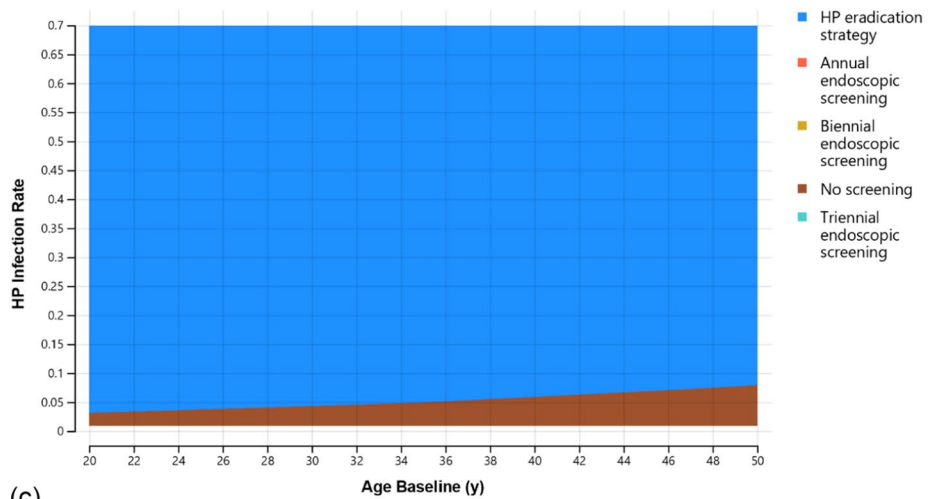
**Fig. 2** One-way, two-way and probabilistic sensitivity analyses. **a** The ICER tornado diagram for HP eradication strategy versus no screening in 20-year-old individuals. **b** The ICER tornado diagram for HP eradication strategy versus biennial endoscopic screening in 50-year-old individuals. **c** Two-way sensitivity analysis plot for age baseline versus HP infection rate in the 20 s to 40 s age groups. Colors represent the different strategies for the combination of the 2 parameters at a WTP threshold of US\$50,000 per QALY gained based on the net monetary benefit. **d** Two-way sensitivity analysis plot for age baseline versus HP infection rate in the 50 s to 80 s age groups. **e** Cost-effectiveness acceptability curve. *ICER* incremental cost-effectiveness ratio, *HP Helicobacter pylori*, *QALY* quality-adjusted life-year, *WTP* willingness-to-pay



(a)

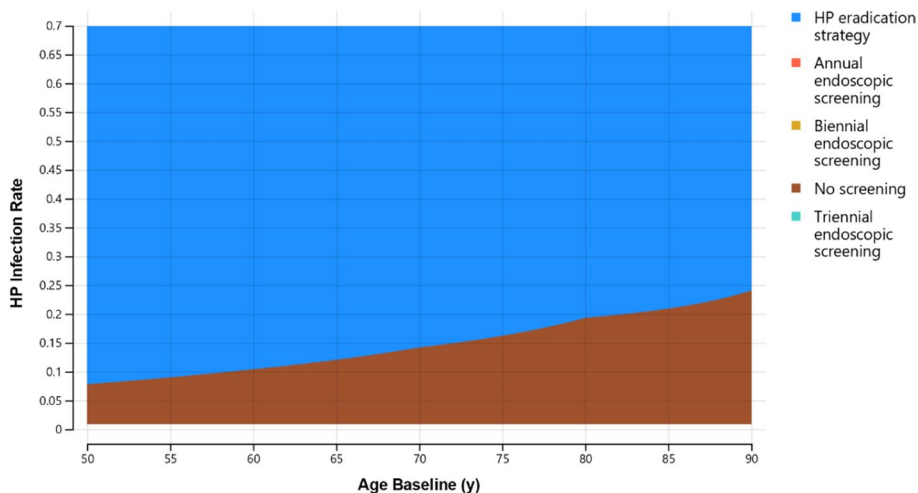


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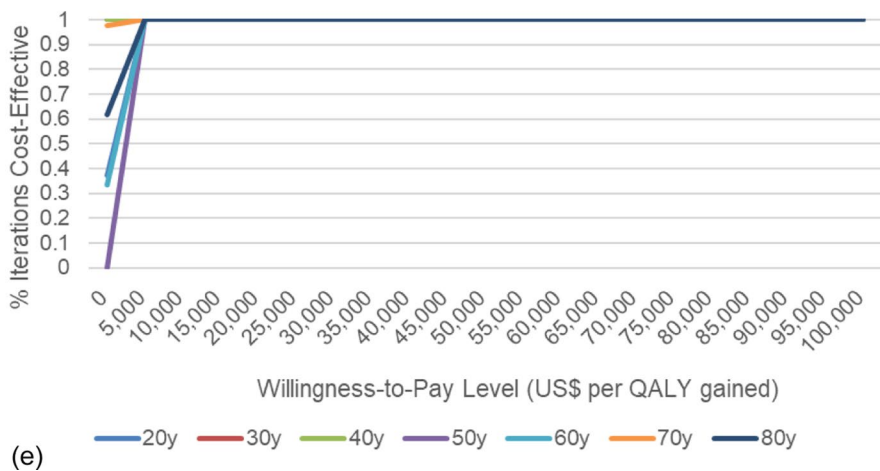


(c)

Fig. 2 (continued)



(d)



(e)

**Table 3** Cumulative lifetime economic and health impacts of HP eradication strategy compared with the current gastric cancer screening program

Age group, years	Population	Cost savings, US\$	QALY gain, QALYs	Gastric cancer cases prevented	Gastric cancer-associated deaths prevented
20	12,580,000	– 17,754,916	727,395	136,266	6,221
30	13,750,000	910,377,099	2,876,368	354,081	16,077
40	17,590,000	3,159,596,766	6,068,843	735,676	33,219
50	17,270,000	7,133,337,630	7,779,266	919,014	72,887
60	15,060,000	6,957,723,353	8,261,994	1,015,711	81,451
70	16,360,000	7,428,998,931	8,219,659	991,409	81,772
80	9,630,000	2,497,330,429	3,221,765	322,089	28,243
Total	102,240,000	28,069,609,293	37,155,290	4,474,246	319,870

We calculated age-specific cumulative lifetime economic and health impacts of HP eradication strategy compared to no screening for individuals aged 20 to 49 years and biennial endoscopic screening for individuals aged 50 to 89 years. *HP Helicobacter pylori*, *QALY* quality-adjusted life-year

their respective governments should promote population-based HP eradication strategies as national gastric cancer policies to reduce gastric cancer morbidity and mortality in high-incidence countries.

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## Declarations

**Conflict of interest** The author has no conflicts of interest to declare.

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