

Nitric Oxide-Donating Statins Upgrade the Benefits of Lipid-Lowering in Vascular Inflammation by Desensitizing Neutrophil Activation

Editorial to: “Nitric Oxide-donating atorvastatin attenuates neutrophil recruitment during vascular inflammation independent of changes in plasma cholesterol” by R. Baetta et al.

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Cardiovascular events are the leading cause for morbidity and mortality in Western societies. Clinical manifestations such as myocardial infarction and stroke mainly rely on the development and progression of atherosclerosis, which, in terms of identifying promising therapeutic targets, requires detailed understanding of its pathophysiology and underlying cellular as well as molecular mechanisms [1, 2]. Atherosclerosis has widely been accepted to be a chronic inflammatory disease of the arterial wall [1, 2]. Initially promoted by multifaceted parameters such as modified low density lipoprotein (LDL) or altered flow, it is characterized by endothelial dysfunction. Activation of endothelial cells subsequently launches a cascade of self-amplifying inflammatory processes such as expression of chemokines, cytokines and adhesion molecules, all of which then contribute to leukocyte activation, adhesion, arrest and transmigration [3]. Besides lymphocytes, which can be regularly detected in atherosclerotic plaques [1, 3], monocytes are

appreciated to be the most abundant subset to enter atherosclerotic lesions already in early stages and also during the course of lesion progression [3]. Hence, lesion growth is primarily sustained by constant influx of classical monocytes [4, 5]. Once monocytes have entered the lesion they differentiate into macrophages and after uptake of oxidized LDL into foam cells. However, throughout the past years it has become evident that a so far under-appreciated leukocyte subset, namely the polymorphnuclear neutrophil, is crucially involved in early atherosclerotic development [6, 7]. Lately, refined staining techniques allowed for sensitive detection of neutrophils in murine and human atherosclerotic plaque specimens. The use of antibodies to Ly6G specifically expressed on mouse neutrophils enabled the detection in early lesions as well as in rupture-prone atherosclerotic plaques [7, 8]. Unlike other leukocyte subsets, neutrophils could be identified only in rare numbers, which might be the reason why their ability to orchestrate atherosclerosis development has been considered controversial for decades. Initial implications for neutrophil-driven pro-atherogenic functions stem from mouse models with neutrophilia, due to deficiency in either the neutrophil-homeostasis regulating chemokine receptor CXCR4 or the hematopoietic interferon regulatory factor 8 (IRF8). Both display a massive expansion of circulating neutrophils accompanied by significantly increased atherosclerotic lesion sizes [9, 10]. Another study demonstrates that circulating neutrophil counts directly correlate with the extent of atherosclerosis and depletion of neutrophils during early stages widely protects from lesion formation due to impaired accumulation of monocytes and macrophages [7], thus being in line with observations made in microvascular models of inflammation [11, 12]. Recent work identified mechanisms underlying neutrophil-mediated atherogenesis thereby proving that neutrophil-

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derived cathelicidin (human: LL37; mouse: CRAMP) is released from emigrated neutrophils and reversely transported across the endothelium, thus mediating adhesion of classical monocytes via formylated peptide receptor 2 (FPR2) [13]. In line, atherosclerotic mice deficient of CRAMP displayed reduced lesion sizes [14]. Hence, neutrophil-dependent inflammatory processes shall be taken into account when designing tools for future treatment of atherosclerosis.

Statins are regularly used to reduce plasma cholesterol, thus interfering with one main risk factor for atherosclerosis but additionally display beneficial effects by reduction of interleukin-1 β [15] and CD40L [16]. Furthermore they were reported to impair oxLDL mediated expression of endothelial adhesion molecules [17] and improve endothelial function by restoration of the nitric oxide (NO) production [18]. However, under severe hypercholesterolemia conventional statins are not eligible to completely restore endothelial function and NO synthesis [19, 20]. In recent years a new compound class evolved. Further to the lipid lowering effect by inhibiting the HMG-CoA reductase, NO-donating statins can additionally provide bioactive NO thereby promoting anti-thrombotic and anti-inflammatory properties [21–23]. In this regard, a recent study provided evidence that NO-donating atorvastatin (NCX6560) enhances the beneficial effects of conventional atorvastatin in a mouse model of accelerated atherosclerosis [24] including decreased lesion formation, reduced MMP-2 expression and IL-6 serum levels. However, although NO-donating statins might expand the positive features of the conventional ones in atheroprotection, a mechanistic link on cellular level could not be provided so far.

In this issue of Cardiovascular Drugs and Therapy, Baetta et al. investigate the impact of NO-donating atorvastatin (NCX6560) and conventional atorvastatin on neutrophils during vascular inflammation independently of plasma cholesterol. By using a model of perivascular collar placement around the carotid artery of New Zealand White rabbits, which were treated with either atorvastatin or NCX6560, they observed significantly diminished numbers of neutrophils within the carotid artery of animals receiving NO-donating atorvastatin [25]. Thus, acute neutrophil recruitment as a consequence of vascular injury induced by disturbed flow could be reduced by providing bioavailable NO. As animals received no high fat diet (HFD) and treatment with conventional atorvastatin resulted in an altered neutrophil recruitment, this study clearly indicates an additional beneficial effect of the NO, provided by a statin independent of its impact on plasma cholesterol levels [25]. To gain further insights into the cellular responses induced by the NO donating properties of NCX6560 which could explain the reduced neutrophil accumulation after collar placement, the authors performed several *in vitro* experiments. From these experiments it became evident that neutrophil activation is down-regulated by NO-donating statins as cells became less susceptible to IL8-induced chemotaxis.

Furthermore, TNF α or fMLP-induced release of IL8 by either HUVECs or neutrophils was decreased when cells were pretreated with atorvastatin or NCX6560. Worth mentioning, the observed reduction was even more remarkable for the NO-donating statin [25]. As neutrophil function in atherosclerosis may primarily be observed as a subsequent recruitment of inflammatory monocytes, Baetta et al. analyzed the ability of cell free supernatants of fMLP-stimulated neutrophils pretreated with either atorvastatin or NCX6560 to induce monocyte transmigration. In line, supernatants from neutrophils pretreated with NCX6560 displayed reduced monocyte transmigration compared to the respective control as well as atorvastatin, indicating a beneficial effect of NO on the release of monocyte attracting factors [25].

The study by Baetta et al. nicely demonstrates how NO-donating statins provide additional beneficial effects under conditions of endothelial dysfunction not only on endothelial cells but also on neutrophils. Beside the well described serum cholesterol lowering effects of atorvastatin, NCX6560 reduces neutrophil recruitment by providing bioavailable NO which impairs neutrophil activation and thereby might synergistically effect the subsequent recruitment of monocytes. However, one carefully has to consider that neutrophils are primarily important in early lesion formation. In contrast, depletion of neutrophils in mice with advanced atherosclerosis did not show any impact on atheroprotection [7]. Translated into a potential therapeutic approach in humans, that would ultimately mean that treatment should be initiated early in life. Although, the role of neutrophils in the destabilization of atherosclerotic plaques is still under debate, this could be a more feasible target for NO-donating statins. Furthermore, myocardial infarction has been proven to accelerate atherosclerosis [26], a hematopoietic stem cells are liberated from the bone marrow to undergo extramedullary proliferation and differentiation within the spleen thus increasing the number of circulating myeloid cells such as classical monocytes and neutrophils, both of which easily infiltrate atherosclerotic lesions [26]. These findings might explain why survivors of acute coronary syndrome are more susceptible for recurrent cardiovascular events. It would be interesting to investigate whether application of NO-donating statins directly after acute myocardial infarction could be beneficial by down-regulating the activation status of neutrophils. However, one has to keep in mind that neutrophils possess an ambivalent role in vascular injury as occurs during interventional stent implantation. Using a mouse-model of endothelial denudation, neutrophil-derived cathelicidin promoted re-endothelization thereby limiting neointima-formation [27]. In line, mice that obtained stents coated with cathelicidin displayed significantly reduced in-stent stenosis. Similarly, evidence for an angiogenic, tissue-regenerating effect of neutrophils is accumulating [28]. Hence, in such conditions reduction of neutrophil activation may prove counterproductive.

Taken together, addressing neutrophil activation status by NO-donating statins appears to be a promising therapeutic approach, which however needs to be substantiated in future investigations focusing on specific interventional approaches.

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