



CORRECTION

Correction to: Covid-19 and the next outbreak: decreasing frailty by using mild stress?

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Correction to: Biogerontology (2021) 22:565–569
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In the original publication of the article, few errors have been identified by the author. They are as follows:

1. The reference Paoli et al. 2019 was missed to be included in the Reference section and is given below.
Paoli A, Tinsley G, Bianco A, Moro T (2019) The

- influence of meal frequency and timing on health in humans: the role of fasting. *Nutrients* 11:719
2. In the lines 6, 7, 9 and 13 of the second paragraph on page 567 all quotation marks (“”) have been replaced by question marks (?).

The original article has been corrected.

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The original article can be found online at <https://doi.org/10.1007/s10522-021-09930-1>.

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