REGULAR ARTICLE



Optimal Control Strategies and Sensitivity Analysis of an HIV/AIDS-Resistant Model with Behavior Change

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Received: 17 February 2021 / Accepted: 1 July 2021 / Published online: 30 July 2021 © Springer Nature B.V. 2021

Abstract

Despite several research on HIV/AIDS, it is still incumbent to investigate more effective control measures to mitigate its infection level. Therefore, we introduce an HIV/AIDS-resistant model with behavior change and study its basic properties. In order to determine the most sensitive parameters that are responsible for disease transmission with respect to the basic reproduction number and those responsible for disease prevalence with respect to the endemic equilibrium, the sensitivity analysis was established and it was confirmed that the influx rate of people into the infected population and total abstinence from all risk practices and endemic areas are some of the most sensitive parameters for disease spread and disease eradication, respectively. Furthermore, by considering controls u_1 denoting the government's intervention in promoting and encouraging behavior change, u_2 representing intake of balanced nutritional supplementation, and u_3 connoting antiretroviral therapy (ART), an optimal control problem was developed and analyzed. Before the establishment of the necessary conditions of the optimal control using Pontryagin's Maximum Principle, we proved the existence of the optimal control triplet $(u_1(t), u_2(t), u_3(t) \in \Phi$, where Φ is the control set at time *t*,) which has been neglected by many researchers in recent years. Using the Runge-Kutta scheme, the optimal control problem was solved to understand the best combination of control strategies. Using the demographic and epidemiological data for South Africa on HIV/AIDS, a numerical simulation was carried out and results are presented on 3D surface plots. The obtained results suggested that the combination of all the considered control measures is the best method to ensure disease eradication.

Keywords Sensitivity analysis \cdot Resistance \cdot 3D surface plot \cdot Behavior change \cdot Nutritional supplementation \cdot ART

Mathematics Subject Classification 92Bxx · 92B05

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1 Introduction

HIV infection has been a dangerous health hazard for people across the world for decades, and consequently claims millions of lives, especially in the resource-less and undeveloped countries. From the recent data of the World Health Organization (WHO), an estimated 36.7 million people were living with HIV, with approximately 2 million newly infected globally, and more than a million deaths due to its spread in 2015 (UNAIDS 2015). The two main types of HIV strains are HIV-1 and HIV-2. The most dangerous one that has spread worldwide is HIV-1, while the latter is less pathogenic and less spread, and therefore it is confined mainly to the West African countries. The tests carried out on one can not sufficiently detect the other due to large genetic differences between them.

Several factors account for the uneven global distribution of the HIV-1 virus incidence across the world. Some of these factors are political, social and economic, especially on the African continent. The epicenter of the disease is South Africa, some other countries in Sub-Sahara Africa are neither spared from the spread. Out of over millions of infected adults and children around the world, more than 70% of them are from sub-Sahara Africa, of which over 32% resides in Southern African countries such as Botswana, Lesotho, Swaziland etc. (HIV 2018; Phillips and Pirkle 2011).

Unfortunately, no substantial treatment of HIV/AIDS has been discovered. An alternative treatment that can guarantee viral suppression, reduction in morbidity and mortality rate is the antiretroviral treatment (ART). However, it does not ensure complete eradication of the virus from the blood stream. To achieve this objective and ensure complete treatment, perfect vaccine and medicinal drugs are still much needed (Simon et al. 2006).

The threat of HIV/AIDS seems unassailable. However, several preventive strategies have been identified, and effect of behavior change has been highly recognized and acknowledged. Behavior change is is about modifying behaviors that lower the probabilities of disease transmission and chronic illness, and maintain disease management (Coleman and Pasternak 2012). This includes the process of conducting actions that encourage positive behavior and alter negative behavior, or application of different types of intervention strategies which can be achieved through motivational and educational techniques by targeting some specific groups of people or particular individuals (Coates et al. 2008). The positive impacts of behavior change strategy have been recorded for a big reduction in HIV infections. The ABCapproach, which simply means advocating abstinence, being faithful and consistent condom usage, has been identified as the most common behavior change strategy (Shelton et al. 2004).

According to (Report 2012), appearance of new HIV/AIDS infection cases has been drastically reduced in the majority of Southern African countries. For example, behavior change such as reduction of sexual partners, delay of the onset of sexual intercourse, and increase in condom usage accounts for 73% reduction of infection in Malawi, 71% in Botswana, 68% in Namibia, 58% in Zambia, 50% in Zimbabwe and 41% in South Africa. Those who show partial abstinence are those that only reduce their sexual partners but still live in an endemic environment, while those who totally abstain are those who maintain only one sexual partner and do away from all endemic or exposed environments.

Some category of people develop resistance to HIV/AIDS (Marmor et al. 2006; Paxton et al. 1996; Samson et al. 1996). The resistance can be in the form of an exposed uninfected scenario which has been identified among health workers, prostitutes and infants of infected mothers. The other scenario is the case of infected individuals with slow or no progression to AIDS without any medication or treatment. They live for years with the virus with insignificant or no loss of CD4+ cells (Easterbrook 1999; Marmor et al. 2006), as may be expected to occur under healthy circumstances.

The 2014 report (Green 2015) established that some people show partial or total inborn resistance to HIV/AIDS. The possible reasons behind this strange occurrences have been studied by (Altman 2000; Blackwell 2012; Mendus and Ring 2016; Singh 2015; Minnesota 2014). Just a decade ago, it was opined that acute-phase amyloid A protein, interleukin-22, Toll-like receptors, natural killer cells and some other proteins may be the reason why some infected individuals do not seroconvert let alone progress to AIDS despite multiple exposure to HIV (Biasin et al. 2010). These individuals live a normal life because the virus cannot bind itself together, and perhaps it is here that the key to overcome the infection lies.

Despite the implementation of ART in sub-Saharan Africa for the past few years, the mortality rate of HIV/AIDS is still alarming, especially in the first few months of the treatment. One of the major identified reasons is poor nutrition otherwise called malnutrition. Few patients who maintain a balanced nutritional supplementation have improved prognosis (Braitstein et al. 2006; Koethe et al. 2010; Olsen et al. 2014). Nutritional support with balanced optimal composition has become a key factor in the ART program and it is needed in abundance to be distributed among the infected and less privileged patients who constitute the poorest of the poor community in some African countries to reduce the mortality rate (Grobler et al. 2013; Lamb et al. 2012).

Researchers such as in Jeremiah et al. (2014), Polasa et al. (1984) discovered that nutritional deficiency hinders the effectiveness of pharmacokinetics, such as rifampin which is identified as the most effective drug for HIV-tuberculosis (HIV-TB) co-infected patients. Frequent intake of balanced nutritional supplementation leads to increase in body weight and decreases mortality rate during the infection and treatment period.

The essence of optimal control is inestimable in mathematical modeling. This is the analysis that shows the best combination of control strategies that ensure reduction in the spread of infectious diseases. This analysis has been studied by many researchers such as (Makinde and Okosun 2011; Ngina et al. 2019; Okosun et al. 2013, 2013). Few researchers have proved the existence of the optimal control variables, in fact, to the best of our knowledge, it has only been proved by Ngina et al. (2019) in their within-host and drug-resistant model. We shall employ the same approach to establish the existence of our optimal control variables, which is a new element in the study of HIV/AIDS models.

Several mathematical models on HIV/AIDS are readily available online, but optimal control and sensitivity analyses of an HIV/AIDS model with resistance and behavior change still pose an unanswered biological question that we will like to address in this work. The available works that examined the effects of resistance are (Jia and Xiao 2018; Khanh 2016; Rabiu et al. 2020), where all of them incorporated it in flu model which is very much different from this study. Uniquely, our model also incorporates time-dependent controls (government's intervention in promoting and encouraging behavior change, intake of balanced nutritional supplementation and ART) to determine the best combination of strategies capable in dealing with the virus spread.

A mathematical modeling approach shall be used to study the dynamics, sensitivity analysis and optimal control analysis of an HIV/AIDS-resistant model with behavior change. In order to contribute to the work of the aforementioned researchers, we developed a new model as follows:

- 1. We incorporate the susceptible class (S) and the class of susceptibles with behavior change (S_b) . We also include classes (I_1) and (I_{1b}) for slow progressors and slow progressors with behavior change, respectively. They are considered to have partial resistance to the virus. Classes (I_2) and (I_{2b}) for non progressors and non progressors with behavior change respectively, are also incorporated. They are considered to have complete resistance to the virus and do not progress to the AIDS compartment (A). We finally include classes (I_3) and (I_{3b}) for fast progressors and fast progressors with behavior change, respectively. They are considered to have no resistance to the virus.
- We calculate the sensitivity analysis indices to determine the most sensitive parameters that are responsible for disease transmission with respect to the basic reproduction number, and those responsible for disease prevalence with respect to the endemic equilibrium.
- 3. We apply optimal controls to the model to determine the combined effects of the control triplet $u_1(t), u_2(t), u_3(t)$.
- 4. The proof of existence of the optimal control variables, which has been largely neglected by many researchers, is also established.
- 5. We examine the effect of the control variables on the control reproduction number.

The work is arranged as follows. Section 2 contains model formulation and parameter description, while Sect. 3 entails the model and its basic properties. The sensitivity analysis of the model is discussed in Sect. 4. Furthermore, we solve the optimal control problem and prove the necessary conditions and uniqueness of the control variables in the same section. Section 5 presents numerical solutions and graphical representations of the obtained results. The concluding remarks, acknowledgment, disclosure statement, and conflict of interest follow in Sect. 6.

2 Model Formulation and Assumptions

We formulate a model of HIV resistance and behavior change by splitting the total human population at time *t*, denoted by N(t), into nine mutually-exclusive compartments of susceptible individuals S(t), susceptible individuals with behavior change $S_b(t)$, slow progressors HIV-1 $I_1(t)$, slow progressors HIV-1 with behavior change $I_{1b}(t)$, non progressors HIV-1 $I_2(t)$, non progressors HIV-1 with behavior change $I_{2b}(t)$, fast progressors HIV-1 $I_3(t)$, fast progressors HIV-1 with behavior change $I_{3b}(t)$, and AIDS class A such that

$$N(t) = S(t) + S_{b}(t) + I_{1}(t) + I_{1b}(t) + I_{2}(t) + I_{2b} + I_{3}(t) + I_{3b} + A(t)$$

We assume that the AIDS class consists of weak and unhealthy infected individuals that are sexually inactive.

Sexually active individuals are recruited into the susceptible population at a constant rate *B*. The susceptible individuals acquire the virus through effective contact with HIV-1 positive and infectious individuals at the rate λ (known as force of infection) given by

$$\lambda = \frac{\beta(I_3 + \sigma_1 I_{3b} + \sigma_2 I_2 + \sigma_3 I_{2b} + \sigma_4 I_1 + \sigma_5 I_{1b})}{N},\tag{1}$$

where β in (1) denotes the effective contact rate that is capable of leading to infection, $0 \le \sigma_1, \sigma_2, \sigma_3, \sigma_4, \sigma_5 \le 1$ denote the modification parameters that account for the assumed reduction in the transmission of virus by the various HIV-1 infected classes.

The acquisition of infection by slow, non and fast progressors HIV-1 individuals I_1, I_2 and I_3 occurs at the rates $\alpha_1 \lambda, \alpha_2 \lambda$ and $\alpha_3 \lambda$ respectively, while natural death occurs at a constant rate μ . The susceptible individuals in class *S* change their sexual behavior through total abstinence at a rate γ_1 . The individuals in S_b become reckless and regress to *S* at a rate γ_2 . Individuals in S_b are assumed to have no contacts with infectious individuals due to total behavior change. Therefore, the rate of change of the total population of both susceptible and susceptible with behavior change classes is respectively given by

$$\begin{split} \dot{S}(t) &= B - (\alpha_1 + \alpha_2 + \alpha_3)\lambda S + \gamma_2 S_b - (\mu + \gamma_1)S, \\ \dot{S}_b(t) &= \gamma_1 S - (\gamma_2 + \mu)S_b, \end{split}$$

where ' represents derivative with respect to time.

The slow-progressor HIV-1 infected class I_1 is generated by the break-through of infection of susceptible class at the rate $\alpha_1 \lambda$. A fraction of this category of people abstains totally from HIV-1 (due to the change of behavior) and then progresses to I_{1b} at the rate γ_3 . Those who abstain partially (that is those who are reckless) may regress back to I_1 at the rate γ_4 . This compartment also contains those who slowly progress to AIDS (due to the partial resistance to AIDS) at the rate ρ_1 so that the governing equations are:

$$\dot{I}_{1}(t) = \alpha_{1}\lambda S + \gamma_{4}I_{1b} - (\gamma_{3} + \mu + \rho_{1})I_{1},$$

$$\dot{I}_{1b}(t) = \gamma_{3}I_{1} - (\gamma_{4} + \mu)I_{1b}.$$

Similarly, we compose the non-progressor HIV-1 infected class I_2 by the breakthrough of infection of susceptible class at the rate $\alpha_2 \lambda$. A fraction of this category of people abstains totally from HIV-1 (due to the change of behavior) and then progresses to I_{2b} at the rate γ_5 . Those who abstain partially (that is those who are reckless) may regress back to I_2 at the rate γ_6 . This compartment does not contain those who progress to AIDS due to their full resistance to AIDS, so that the governing equations are:

$$\vec{I}_2(t) = \alpha_2 \lambda S + \gamma_6 I_{2b} - (\gamma_5 + \mu) I_2, \vec{I}_{2b}(t) = \gamma_5 I_2 - (\gamma_6 + \mu) I_{2b}.$$

The fast-progressor HIV-1 infected class I_3 is generated by the break-through of infection of susceptible class at the rate $\alpha_3 \lambda$. A fraction of this category of people abstains totally from HIV-1 (due to the change of behavior) and then progresses to I_{3b} at the rate γ_7 . Those who abstain partially (that is those who are reckless) may regress back to I_3 at the rate γ_8 . This compartment also contains those who progress fast to AIDS at the rate ρ_2 (because they have no resistance to AIDS) so that the governing equations are:

$$\dot{I}_{3}(t) = \alpha_{3}\lambda S + \gamma_{8}I_{3b} - (\gamma_{7} + \mu + \rho_{2})I_{3},$$

$$\dot{I}_{3b}(t) = \gamma_{7}I_{3} - (\gamma_{8} + \mu)I_{3b}.$$

Taking τ to be the disease-induced death rate, the AIDS class dynamics is given by

$$A(t) = \rho_1 I_1 + \rho_2 I_3 - (\mu + \tau) A.$$

We assume that the transfers of infections from susceptibles to the classes I_1 , I_2 and I_3 are different; so that we have

$$0 \le \alpha_2 < \alpha_1 < \alpha_3 < 1 \text{ and } \alpha_1 + \alpha_2 + \alpha_3 = 1.$$
 (2)

The resultant mathematical model is given by:

$$\frac{dS}{dt} = B - (\alpha_1 + \alpha_2 + \alpha_3)\lambda S + \gamma_2 S_b - K_1 S,$$
(3)

$$\frac{dS_b}{dt} = \gamma_1 S - K_2 S_b,\tag{4}$$

$$\frac{dI_1}{dt} = \alpha_1 \lambda S + \gamma_4 I_{1b} - K_3 I_1, \tag{5}$$

$$\frac{dI_{1b}}{dt} = \gamma_3 I_1 - K_4 I_{1b},$$
(6)

$$\frac{dI_2}{dt} = \alpha_2 \lambda S + \gamma_6 I_{2b} - K_5 I_2,\tag{7}$$

$$\frac{dI_{2b}}{dt} = \gamma_5 I_2 - K_6 I_{2b},$$
(8)

$$\frac{dI_3}{dt} = \alpha_3 \lambda S + \gamma_8 I_{3b} - K_7 I_3, \tag{9}$$

$$\frac{dI_{3b}}{dt} = \gamma_7 I_3 - K_8 I_{3b},$$
(10)

$$\frac{dA}{dt} = \rho_1 I_1 + \rho_2 I_3 - K_9 A, \tag{11}$$

where

$$\begin{split} K_1 &= \gamma_1 + \mu, K_2 = \gamma_2 + \mu, K_3 = \gamma_3 + \mu + \rho_1, K_4 = \gamma_4 + \mu, \\ K_5 &= \gamma_5 + \mu, K_6 = \gamma_6 + \mu, K_7 = \gamma_7 + \mu + \rho_2, K_8 = \gamma_8 + \mu, K_9 = \mu + \tau, \end{split}$$

with initial condition

$$S(0) \ge 0, S_b(0) \ge 0, I_1(0) \ge 0, I_{1b}(0) \ge 0, I_2(0) \ge 0, I_{2b}(0) \ge 0, I_{3b}(0) \ge 0, A(0) \ge 0.$$
(12)

The flow chart of this model is given below (Fig. 1).



Fig. 1 Flow chart of the model

3 Analysis of the Model

3.1 Basic Properties of the Model

Here, we shall establish that the mathematical model (3)–(11) is epidemiologically feasible. This can be done by establishing that the populations remain non-negative, which means we need to prove that all the solutions of the model with positive initial conditions are non-negative at all time t > 0. We assume that the initial conditions at the onset of the HIV-1 disease outbreak is given by (12).

We define a region

$$\Sigma = \left\{ (S, S_b, I_1, I_{1b}, I_2, I_{2b}, I_3, I_{3b}, A) \in \mathfrak{R}^9_+ : 0 < N \le \frac{B}{\mu} \right\}.$$
(13)

Theorem 3.1 The feasible region Σ with initial conditions presented in (12) is positively invariant and attracting.

Proof Since N > 0 in Σ , so the force of infection λ is well-defined, and since the right-hand side of (3)–(11) is Liptschitzian, differentiable and continuous with partial derivatives defined in Σ , the Picard Theorem (Dass 2008) provides the existence of solutions on some interval $[0, \Theta)$ where $0 < \Theta \le \infty$ depends on (12). It can be easily observed that

$$\begin{split} \dot{S} &\geq 0 \text{ if } S = 0, \dot{S}_b \geq 0 \text{ if } S_b = 0, \dot{I}_1 \geq 0 \text{ if } I_1 = 0, \dot{I}_{1b} \geq 0 \text{ if } I_{1b} = 0, \\ \dot{I}_2 &\geq 0 \text{ if } I_2 = 0, \dot{I}_{2b} \geq 0 \text{ if } I_{2b} = 0, \dot{I}_3 \geq 0 \text{ if } I_3 = 0, \dot{I}_{3b} \geq 0 \text{ if } I_{3b} = 0, \\ \dot{A} &\geq 0 \text{ if } A = 0. \end{split}$$

Therefore, from the provision of (12), the solutions $S(t), S_b(t), I_1(t), I_{1b}(t), I_2(t), I_{2b}(t), I_3(t), I_{3b}(t), A(t)$ are non-negative in the interval $[0, \Theta)$.

Consequently, adding (3)–(11) together gives

$$\frac{dN}{dt} = B - \mu N - \tau A \le B - \mu N, \tag{14}$$

whose solution satisfies

$$N(t) \leq \frac{B}{\mu} + \left[N(0) - \frac{B}{\mu} \right] \exp\left(-\mu t\right),$$

$$\lim_{t \to \infty} N(t) \leq \frac{B}{\mu} + \lim_{t \to \infty} \left[N(0) - \frac{B}{\mu} \right] \exp\left(-\mu t\right) \leq \frac{B}{\mu},$$
(15)

$$\lim_{t \to \infty} N(t) \leq \frac{B}{\mu}.$$

This confirms that the solution is bounded above by $\frac{B}{\mu}$ in the domain defined by (13). Therefore, the model is epidemically well-posed and meaningful since all the state variables are non-negative for all $t \ge 0$ (Djomegni et al. 2020; Rabiu et al. 2020, 2020; Rabiu and Akinyemi 2016). Hence, Σ is a feasible region and it is sufficient to study the model in Σ . This completes the proof.

3.2 Disease-Free Equilibrium and Its Stability

The disease-free equilibrium is defined as the point where no virus is present in the community. The equilibrium will show the behavior of the model in the absence of HIV-1 virus. It is worth noting here that since the susceptible individuals are uninfected, their change of behavior should be through total abstinence from all activities that can lead to HIV/AIDS contraction and not partial abstinence. It is only the infected individuals that can choose whether to abstain totally or partially. For this case, γ_2 for partial abstinence will be zero, while γ_1 for total abstinence will not be equal to zero. For the system of Eqs. (3)–(11), only the compartments *S* and *S*_b are involved with uninfected individuals, while others ($I_1 = I_{1b} = I_2 = I_{2b} = I_3 = I_{3b} = A = 0$) are the infected ones. Hence, the diseasefree equilibrium of (3)–(11) is given by

$$\Psi^* = (S^*, S^*_b, I^*_1, I^*_{1b}, I^*_2, I^*_{2b}, I^*_3, I^*_{3b}, A^*) = \left(\frac{B}{\mu + \gamma_1}, \frac{\gamma_1 B}{\mu(\gamma_1 + \mu)}, 0, 0, 0, 0, 0, 0, 0, 0\right).$$
(16)

But if we assume they abstain both partially and totally (i.e $\gamma_1 \neq 0, \gamma_2 \neq 0$), then the disease-free equilibrium of (3)–(11) becomes

Note that for the subsequent analyses, Eq. (16) shall be used and γ_2 shall be set to zero, so that $K_2 = \mu$.

Employing the next generation method (Diekmann et al. 1990; Van den Driessche and Watmough 2002) to Eqs. (3)–(11), \mathcal{F} (the new infection terms) and \mathcal{V} (transfer terms) are expressed as

$$\mathcal{V} = \begin{bmatrix} K_3 & -\gamma_4 & 0 & 0 & 0 & 0 & 0 \\ -\gamma_3 & K_4 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & K_5 & -\gamma_6 & 0 & 0 & 0 \\ 0 & 0 & -\gamma_5 & K_6 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & K_7 & -\gamma_8 & 0 \\ -\rho_1 & 0 & 0 & 0 & -\rho_2 & 0 & K_9 \end{bmatrix},$$

$$\mathcal{F} = \begin{bmatrix} \frac{\alpha_1 \beta \sigma_4 \mu}{K_1} & \frac{\alpha_1 \beta \sigma_5 \mu}{K_1} & \frac{\alpha_1 \beta \sigma_2 \mu}{K_1} & \frac{\alpha_1 \beta \sigma_3 \mu}{K_1} & \frac{\alpha_1 \beta \mu}{K_1} & \frac{\alpha_1 \beta \sigma_1 \mu}{K_1} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ \frac{\alpha_2 \beta \sigma_4 \mu}{K_1} & \frac{\alpha_2 \beta \sigma_5 \mu}{K_1} & \frac{\alpha_2 \beta \sigma_2 \mu}{K_1} & \frac{\alpha_2 \beta \sigma_3 \mu}{K_1} & \frac{\alpha_2 \beta \mu}{K_1} & \frac{\alpha_2 \beta \sigma_1 \mu}{K_1} & 0 \\ \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ \frac{\alpha_3 \beta \sigma_4 \mu}{K_1} & \frac{\alpha_3 \beta \sigma_5 \mu}{K_1} & \frac{\alpha_3 \beta \sigma_2 \mu}{K_1} & \frac{\alpha_3 \beta \sigma_3 \mu}{K_1} & \frac{\alpha_3 \beta \mu}{K_1} & \frac{\alpha_3 \beta \mu \sigma_1}{K_1} & 0 \\ \end{array}$$

Using ρ as the spectral radius (magnitude of the dominate eigenvalue) of the next generation matrix \mathcal{FV}^{-1} , then $\rho(\mathcal{FV}^{-1})$ is given by

$$\mathcal{R}_{T} = \frac{\beta \alpha_{1} \mu (\sigma_{4} K_{4} + \sigma_{5} \gamma_{3})}{K_{1} (K_{3} K_{4} - \gamma_{3} \gamma_{4})} + \frac{\beta \alpha_{2} \mu (\sigma_{2} K_{6} + \sigma_{3} K_{5})}{K_{1} (K_{5} K_{6} - \gamma_{5} \gamma_{6})} + \frac{\beta \alpha_{3} \mu (K_{8} + \gamma_{7} \sigma_{1})}{K_{1} (K_{7} K_{8} - \gamma_{7} \gamma_{8})}.$$
 (18)

The threshold parameter \mathcal{R}_T is the reproduction number of (3)–(11). It is used in measuring the average number of new HIV infections generated by a single infected individual introduced into a community/population where a certain fraction of the population changed their behavior towards HIV-1 infection by using condom, being faithful to one partner, etc. Hence, we present the following Lemma.

Lemma 3.2 The disease-free equilibrium point (DFE) of the model is locally asymptotically stable (LAS) if $\mathcal{R}_T < 1$, and unstable when $\mathcal{R}_T > 1$.

The biological implication of Lemma 3.2 is that, when the reproduction number is less than unity, the infection will die out in the community quickly, thereby making the disease-free equilibrium stable. On the other hand, when the reproduction number is greater than unity, the whole community will be infected quickly since more than 1 person will be contracting the infection on a daily basis. This makes the disease-free equilibrium unstable.

3.3 Existence of Endemic Equilibrium

The model has a unique positive endemic equilibrium point (EEP). This is the point where at least one of the virus infected compartments is non-zero. Let

$$\Psi^{**} = (S^{**}, S^{**}_b, I^{**}_1, I^{**}_{1b}, I^{**}_2, I^{**}_{2b}, I^{**}_3, I^{**}_{3b}, A^{**}),$$
(19)

be the endemic equilibrium point. We further define the force of infection as

$$\lambda^{**} = \frac{\beta (I_3^{**} + \sigma_1 I_{3b}^{**} + \sigma_2 I_2^{**} + \sigma_3 I_{2b}^{**} + \sigma_4 I_1^{**} + \sigma_5 I_{1b}^{**})}{N^{**}}.$$
 (20)

Solving Eq. (3)–(11) in terms of the force of infection λ^{**} at steady-state as follows:

$$\begin{split} S^{**} &= \frac{BK_2}{K_2(f_1\lambda^{**} + K_1)}, I_1^{**} = \frac{\alpha_1\lambda^{**}BK_2K_4}{K_2(K_3K_4 - \gamma_3\gamma_4)(f_1\lambda^{**} + K_1)}, \\ I_{1b}^{**} &= \frac{\alpha_1\lambda^{**}BK_2\gamma_3}{K_2(K_3K_4 - \gamma_3\gamma_4)(f_1\lambda^{**} + K_1)}, S_b^{**} = \frac{B\gamma_1}{K_2(f_1\lambda^{**} + K_1)}, \\ I_2^{**} &= \frac{B\alpha_2K_2K_6\lambda^{**}}{W_5K_2(f_1\lambda^{**} + K_1)}, I_{2b}^{**} = \frac{B\alpha_2K_2\gamma_5\lambda^{**}}{W_5K_2(f_1\lambda^{**} + K_1)}, \\ I_3^{**} &= \frac{B\alpha_3K_2K_8\lambda^{**}}{W_7K_2(f_1\lambda^{**} + K_1)}, I_{3b}^{**} = \frac{B\alpha_3K_2\gamma_7\lambda^{**}}{W_7K_2(f_1\lambda^{**} + K_1)}, \\ A^{**} &= \frac{(\alpha_1\rho_1K_4W_7 + \alpha_3K_8\rho_2W_3)\lambda^{**}BK_2}{K_9W_3W_7K_2(f_1\lambda^{**} + K_1)}, \\ N^{**} &= \frac{BK_9W_3W_7[K_2(f_1\lambda^{**} + K_1)] - \tau\lambda^{**}BK_2[(\alpha_1\rho_1K_4W_7 + \alpha_3K_8\rho_2W_3)]}{K_9W_3W_7K_2(f_1\lambda^{**} + K_1)}, \end{split}$$

where

$$f_1 = \mu + (\alpha_1 + \alpha_2 + \alpha_3)\lambda^{**}, W_3 = K_3K_4 - \gamma_3\gamma_4, W_5 = K_5K_6 - \gamma_5\gamma_6, W_7 = K_7K_8 - \gamma_7\gamma_8.$$
(22)

Substituting all the equations in (21) into (20), it can be shown that the non-zero equibria of the model satisfy the following linear equation in terms of λ^{**} :

$$a_2\lambda^{**} + a_3 = 0, (23)$$

where

$$a_{2} = W_{5}W_{7}K_{2}\alpha_{1}(W_{3}K_{9} - \tau K_{4}\rho_{1}) + \alpha_{3}W_{3}W_{5}K_{2}(W_{7}K_{9} - K_{8}\rho_{2}\tau) + W_{3}W_{5}W_{7}K_{2}K_{9}\alpha_{2} > 0,$$

$$a_{3} = K_{9}W_{1}W_{3}W_{5}W_{7}(1 - \mathcal{R}_{T}),$$
(24)

where $W_1 = K_1 K_2$.

Obviously, $a_2 > 0$, $a_3 \ge 0$ if and only if $\mathcal{R}_T \le 1$ so that $\lambda^{**} = -\frac{a_3}{a_2} \le 0$, which shows no existence of a positive endemic equilibrium whenever $\mathcal{R}_T \le 1$. Hence, the endemic equilibrium point Ψ^{**} exists and is unique whenever $\mathcal{R}_T > 1$. We claim the following result.

Lemma 3.3 *The endemic equilibrium point (EEP) of the model* (3)–(9) *is locally asymptotically stable (LAS) if* $\mathcal{R}_T > 1$.

3.4 Parameter Estimation and Sensitivity Analysis

In this section, we shall carryout the sensitivity analysis of the model parameters (Awan et al. 2018; Marsudi and Andari 2014; Tchuenche et al. 2011). This analysis will save time, money and energy in our effort to curtail the spread by focusing squarely on the most sensitive parameters for both disease transmission and prevalence. Since the basic reproduction number causes initial disease transmission and endemic equilibrium causes disease prevalence, we shall focus on parameters in the basic reproduction number and the endemic equilibrium of the non-behavior change infected classes. This is because the non-behavior change infected classes are more dangerous than those that do not change behavior.

The South African mid-year population estimates of 2019 (South 2019) shall be used to estimate our parameter values and the initial conditions for each population class. Since our model is an HIV-1 model incorporating behavior change, only those who are mature and sexually active are involved. For this reason, we shall only focus on data of people within the age bracket 15–49 years as appeared in the statistical report.

The simple rationale behind the fact that we took South Africa as a case study is that, in 2018, South Africa was ranked 4th behind Botswana (21.90%), Lesotho (25.00%) and Eswatini (Swaziland) (27.20%) as the country with highest HIV/ AIDS prevalence rate with 18.90% of the population affected (countries yyy). The more alarming issue is the fact that the HIV/AIDS population of South Africa only (7,060,000) is higher than the total population of Swaziland (1,136,191), Botswana (2,254,126) and Lesotho (2,108,132) ac- cording to the 2018 report in Population (2018). We therefore see South Africa as a suitable country to be taken as a case study. The South African population as at 2019 was estimated at 58,775,022 among which the mature and sexually active population within the age 15–49 is given by 31,842,922. This gives the initial condition S(0) = 31,842,922.

The calculated HIV prevalence rate is approximately 13.5% of the South African population. The total number of HIV infected individuals is approximately 7,970,000 in the year 2019. For the age group 15–49, 19.07% of 7,970,000 which is 1,519,879 is HIV positive. Since the data doesn't differentiate between the rate of progression of the infected classes, we divide the 1,519,879 between I_1 , I_2 and I_3 as $I_1(0) = 350,000, I_2(0) = 519,879$ and $I_3(0) = 650,000$. More so, the report doesn't cover those who change their behavior, hence we set $S_b(0) = 0, I_{1b}(0) = 0, I_{2b}(0) = 0$ and $I_{3b}(0) = 0$. Furthermore, we have no data for the AIDS group, hence, A(0) = 0.

The migration rate of people in to South Africa is given by 1,039,749 so that B = 1,039,749. Life expectancy at birth in 2019 for male is estimated at 61.5 and 67.7 for female. We calculate the average of these values as 64.6. As we already know that the natural death rate is the reciprocal of life expectancy, then we have $\mu = \frac{1}{64.6} = 0.0155$. The AIDS related death is estimated at 23.4% which means 0.234 so that our disease-induced death rate $\tau = 0.234$. According to Afassinou et al. (2017), it was reported that HIV-1 infected individuals who are not on treatment will develop AIDS within 12 years. Therefore, $\rho_2 = \frac{1}{12} = 0.084$. Since ρ_2 is for fast progressors while ρ_1 is for slow progressors, we assumed that $\rho_1 < \rho_2 = 0.045$. Other parameter values are given in Table 2.

Definition 3.4 The normalized forward sensitivity analysis index of the basic reproduction number \mathcal{R}_T that depends on the differentiability with respect to a parameter α is defined as

$$\Upsilon_{\alpha}^{\mathcal{R}_{T}} = \frac{\partial \mathcal{R}_{T}}{\partial \alpha} \times \frac{\alpha}{\mathcal{R}_{T}}.$$
(25)

The sensitivity indices of parameters in \mathcal{R}_T , I_1 , I_2 and I_3 1 are given in Table . It can be observed from Table 1 that the most sensitive parameter for the increase of the reproduction number is the contact rate β and the infection rate α_3 for the I_3 class . If β and α_3 are respectively increased by 10%, the reproduction number will be increased by 10% and almost 6% respectively. Also the most sensitive parameter for the decrease of the reproduction number is the total abstinence rate γ_1 and rate of progression to the AIDS class ρ_2 . If γ_1 and ρ_2 are respectively increased by 10%, the reproduction number will be decreased by approximately 10% and 4%, respectively. Increase in ρ_2 reduces \mathcal{R}_T because those in AIDS class are assumed weak and unhealthy so causing little damage in disease spread.

For the endemic equilibrium I_1 , the most sensitive parameter for the increase of I_1 class is the recruitment rate *B* and the infection rate α_1 . This is because if more people migrate to an infected zone, the infection increases which is the reason behind

No	Para meter	Sensitivity Analysis of \mathcal{R}_T	Sensitivity Analysis of I ₁	Sensitivity Analysis of I_2	Sensitivity Analysis of I ₃
1	β	0.9999	0.4165	0.4165	0.4165
2	α ₃	0.5783	- 0.3793	- 0.3793	0.6207
3	γ_1	- 0.9847	- 0.2294	- 0.2294	- 0.2294
4	ρ_2	- 0.3787	-	-	- 0.6549
5	$lpha_1$	0.0054	0.9927	-0.0058	-0.0058
6	α_2	0.4164	- 0.1984	0.8016	- 0.1984
7	В	-	0.9990	0.9999	0.9999
9	γ ₃	0.0018	- 0.4199	-	0.2250
10	γ_4	- 0.0017	0.3953	-	-
11	γ_5	- 0.0038	-	- 0.5461	-
12	γ_6	- 0.0030	_	0.5258	-
13	γ_7	- 0.0244	_	-	- 0.2243
14	γ_8	0.0226	_	-	0.2082
15	μ	0.3742	- 0.9561	- 1.3917	- 0.7411
16	σ_2	0.1858	0.0537	0.0537	0.0537
17	σ_4	0.0013	0.0271	0.0271	0.0271
18	ρ_1	- 0.0023	- 0.4315	-	_
19	σ_1	0.1053	_	_	_
20	σ_3	0.2305	_	_	-
21	σ_5	0.0040	_	-	_

Table 1 Sensitivity analysis of parameters in \mathcal{R}_T , I_1 , I_2 , I_3





wide spread of COVID-19 presently claiming lives. For decrease in I_1 class, total abstinence γ_3 and AIDS progression rate ρ_1 should be increased.

For the endemic equilibrium I_2 , the parameters with most negative index is the mortality rate μ . But the mortality rate are not encouraged to be increased so we pick the next most negative parameters which are γ_5 and γ_1 . Since they are both total abstinence parameters, this shows that total abstinence is inversely proportional to I_2 , hence they must be increased to reduce the infection rate. More so, *B* and α_2 increase I_2 most and must be reduced to ensure reduction in I_2 class. α_3 was also neglected because its rate of infection and thus, its increase is not encouraged.

The same thing goes to I_3 , the parameter with most negative index is the mortality rate μ . But the mortality rate is not encouraged to be increased so we pick the next most negative parameters which are γ_1 and ρ_2 . More so, *B* and α_3 must be reduced to ensure reduction in I_1 class. In general, total abstinence parameters γ_{odd} are the most sensitive parameters that ensure reduction in the reproduction number and endemic equilibrium. We also note here that a reduction in reproduction number translates to a reduction in endemicity and hence leads to disease eradication. The effects of the most positive and negative parameters on \mathcal{R}_T and endemic equilibrium are shown in the 3D plots.

From Figs. 2, 4, 6 and 8, we can see the effects of the most sensitive parameters with positive indices as they increase \mathcal{R}_T , I_1 , I_2 and I_3 . The higher those parameters, the higher the reproduction number and the endemic equilibrium. Hence, we recommend this parameters are kept as low as possible for HIV/AIDS eradication.

From Figs. 3, 5, 7 and 9, we can see the effects of the most sensitive parameters with negative indices as they decrease \mathcal{R}_T , I_1 , I_2 and I_3 . The higher those parameters, the lower the reproduction number and the endemic equilibrium. Since this parameters are inversely proportional to \mathcal{R}_T , I_1 , I_2 and I_3 Hence, we recommend this parameters are kept as high as possible for HIV/AIDS eradication.

4 Optimal Control Analysis

The optimal control model is given by:



$$\hat{S}(t) = B - (1 - u_2)(\alpha_1 + \alpha_2 + \alpha_3)\lambda S - (\mu + u_1)S,$$
(26)

$$\dot{S}_{b}(t) = u_{1}S - \mu S_{b},$$
 (27)

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$$\dot{I}_{1}(t) = (1 - u_{2})\alpha_{1}\lambda S + \gamma_{4}I_{1b} - (u_{1} + \mu + \rho_{1}u_{3})I_{1},$$
(28)

$$I_{1b}(t) = u_1 I_1 - (\gamma_4 + \mu) I_{1b},$$
⁽²⁹⁾



$$\dot{I}_{2}(t) = (1 - u_{2})\alpha_{2}\lambda S + \gamma_{6}I_{2b} - (\mu + u_{1})I_{2},$$
(30)

$$I_{2b}(t) = u_1 I_2 - (\gamma_6 + \mu) I_{2b}, \tag{31}$$

$$\dot{I}_{3}(t) = (1 - u_{2})\alpha_{3}\lambda S + \gamma_{8}I_{3b} - (u_{1} + \mu + \rho_{2}u_{3})I_{3},$$
(32)

$$I_{3b}(t) = u_1 I_3 - (\gamma_8 + \mu) I_{3b},$$
(33)

$$\dot{A}(t) = \rho_1 I_1 u_3 + \rho_2 I_2 u_3 - (\mu + \tau) A,$$
(34)

where

$$\lambda = \frac{\beta(I_3 + I_{3b}\sigma_1 + \sigma_2 I_2 + \sigma_3 I_{2b} + \sigma_4 I_1 + \sigma_5 I_{1b})}{N}.$$
(35)

The control function $u_1(t), u_1 \in [0, 1]$, connotes government's intervention aimed at promoting and encouraging change in behavior through total abstinence from all risky activities that leads to HIV-1 contraction or transmission.

The force of infection in the model Eqs. (26)–(34) is reduced by a factor $(1 - u_2(t))$, where $u_2(t) \in [0, 1]$ denotes the fraction of susceptible individuals who maintain a balanced nutritional supplementation aimed at boosting the immune system.

The final control $u_3(t), u_3 \in [0, 1]$, denotes the anti-retroviral treatment intervention on infected individuals. We chose the control functions such that they operate on the time interval $[0, T_f]$. The Pontryagin's Maximum Principle (Lenhart and Workman 2007) shall be used to determine the conditions under which eradication or reduction of disease is ensured in finite time.

Economically, the effective control of the HIV-1 infection may be too expensive when constant controls are used because it requires treatment at higher levels at all time. We consequently need to consider time dependent controls in order to achieve effective control in finite time. It is worth noting that the disease-free equilibrium will cease to exist when the chosen controls are time dependent (Okosun et al. 2013).

To examine and establish the optimal level of efforts required to curtail the disease burden, we construct an objective functional $\chi(u, u_2, u_3)$, which is to minimize the number of non, slow and fast progressors and the cost of control application, as

$$\chi(u_1, u_2, u_3) = \min_{u_1, u_2, u_3} \frac{1}{2} \int_0^{I_f} [m_1 I_1 + m_2 I_2 + m_3 I_3 + m_4 u_1^2 + m_5 u_2^2 + m_6 u_3^2] dt,$$
(36)

subject to the differential quations in (26)–(34), where T_f is the final time, m_1, m_2, m_3 are positive weight to balance the factors of the slow progressors individuals, nonprogressors individuals and fast progressors infected individuals respectively. Furthermore, m_4, m_5 and m_6 are positive weight constants for the use of government intervention strategy, nutritional supplementation and antiretroviral treatment efforts respectively which regularize the optimal control. We only included I_1, I_2 and I_3 because these are the categories of individuals that are worst hit with the infection due to their lack of change in behavior. More so, individuals in these categories are affected by all the three proposed controls which can easily minimize their progression to the AIDS compartment and boost their immune system.

Additionally, the objective functional (36) also contains $m_4u_1^2$, the cost of government intervention aimed at promoting behavior change, $m_5u_2^2$ the cost of ART. We also chose a linear function for the cost of slow-progressors m_1I_1 , non-progressors m_2I_2 and fast-progressors m_3I_3 .

The weights m_4 , m_5 and m_6 depend on the relative importance of the control efforts in minimizing disease spread as well as the cost of implementing each control efforts per unit time. The effort of government's intervention to promote behavior change can be through creation of awareness, public health education among others. The cost of treatment could be from cost of medical equipments, drugs, salary of public health workers, follow up of drug management and possible fight against drug-resistance strains. The cost of nutritional supplementation includes cost of eating balanced diet, fruits and vegetables, and so on.

The aim of this analysis is to minimize the number of infected individuals in the slow progression class $I_1(t)$, non-progression class $I_2(t)$ and fast progressor class $I_3(t)$ by decreasing the viral load while minimizing the cost of controls $u_1(t)$, $u_2(t)$ and $u_3(t)$. We seek an optimal control $u_1^*(t)$, $u_2^*(t)$ and $u_3^*(t)$ such that

$$\chi(u_1^*(t), u_2^*(t), u_3^*(t)) = \min_{u_1, u_2, u_3 \in \Phi} \chi(u_1, u_2, u_3),$$
(37)

where

$$\Phi = \left\{ u = (u_1, u_2, u_3) | , 0 \le u_i(t) \le u_{i\max}(t) \le 1 \text{ for } t \in [0, T_f] \to [0, 1], i = 1, 2, 3 \right\},$$
(38)

denotes the control set subject to the system (26)–(34) and its associated initial conditions. It is noteworthy to state that $u_i(t)$ is Lebesgue measurable. This clearly shows that u_1, u_2 and u_3 lie in [0, 1] while u_{imax} depends on the quantity of available

resources to implement the control strategies. Now, we shall establish the existence of the optimal control and its characterization through the optimality system.

The characterization of the optimal control problem shall be two folds. First will be concerned with the proof of existence of the optimal control problem and second is the establishment of the necessary conditions of the optimal control problem using Pontryagin's Maximum Principle.

4.1 Existence of an Optimal Control Problem

Here we will discuss, in detail, the existence of the optimal controls $\chi(u_1^*(t), u_2^*(t), u_3^*(t))$ using the approach of (Fleming and Rishel 2012) applied and reproduced in (Ngina et al. 2019).

Theorem 4.1 Suppose the objective functional

$$\chi(u_1(t), u_2(t), u_3(t)) = \frac{1}{2} \int_0^{T_f} (m_1 I_1 + m_2 I_2 + m_3 I_3 + m_4 u_1^2 + m_5 u_2^2 + m_6 u_3^2) dt,$$
(39)

is minimized subject to the controls and state variables given in model Eqs. (26)–(34) *satisfying the initial conditions*

$$S(0) = S_0, S_b(0) = S_{b0}, I_1(0) = I_{10}, I_{1b}(0) = I_{1b0},$$

$$I_2(0) = I_{20}, I_3(0) = I_{30}, I_{3b}(0) = I_{3b0}, A(0) = A_0,$$
(40)

then there exist optimal controls $(u_1^*, u_2^*, u_3^* \in \Phi)$ such that

$$\chi(u_1^*(t), u_2^*(t), u_3^*(t)) = \min\left\{\chi\left[u_1(t), u_2(t), u_3(t)\right] : (u_1(t), u_2(t), u_3(t)) \in \Phi\right\}.$$
(41)

The proof of Theorem 4.1 can be found in Appendix 1.

4.2 Necessary Conditions of the Optimal Control

The Pontryagin's Maximum Principle shall be adopted in this subsection to achieve our aim.

Theorem 4.2 Given the existence of the optimal control triplet u_1^*, u_2^*, u_3^* and the corresponding solutions

$$S, S_b, I_1, I_{1b}, I_2, I_{2b}, I_3, I_{3b}, A,$$

of the optimal control system (26)–(34) that minimizes $\chi(u_1, u_2, u_3)$ over Φ , then there exist adjoint variables

$$\lambda_1, \lambda_2, \lambda_3, \lambda_4, \lambda_5, \lambda_6, \lambda_7, \lambda_8, \lambda_9,$$

satisfying

$$-\frac{d\lambda_i}{dt} = \frac{\partial\mathcal{H}}{\partial\lambda_i},$$

where \mathcal{H} is the Hamiltonian and $i = S, S_b, I_1, I_{1b}, I_2, I_{2b}, I_3, I_{3b}, A$, with transversality condition

$$\lambda_1(T_f) = \lambda_2(T_f) = \lambda_3(T_f) = \lambda_4(T_f) = \lambda_5(T_f) = \lambda_6(T_f) = \lambda_7(T_f) = \lambda_8(T_f) = \lambda_9(T_f) = 0.$$

Proof Suppose $u_i^*(t) \in \Phi$, is optimal for the objective functional presented in (36) with fixed final time T_f , then there exists a nontrivial absolutely continuous mapping $\lambda(t) : [0, T_f] \to \mathbb{R}^9$, that is

$$\lambda(t) = (\lambda_1(t), \lambda_2(t), \lambda_3(t), \lambda_4(t), \lambda_5(t), \lambda_6(t), \lambda_7(t), \lambda_8(t), \lambda_9(t)).$$
(42)

Equation (42) is otherwise called adjoint vector which exists subject to the following stated conditions for all $t \in [0, T_f]$.

(1) The state variables:

$$\frac{dS}{dt} = \frac{\partial \mathcal{H}(t, u_{1}^{*}, u_{2}^{*}, u_{3}^{*}, \lambda(t))}{\partial \lambda_{1}}, \frac{dS_{b}}{dt} = \frac{\partial \mathcal{H}(t, u_{1}^{*}, u_{2}^{*}, u_{3}^{*}, \lambda(t))}{\partial \lambda_{2}},
\frac{dI_{1}}{dt} = \frac{\partial \mathcal{H}(t, u_{1}^{*}, u_{2}^{*}, u_{3}^{*}, \lambda(t))}{\partial \lambda_{3}}, \frac{dI_{1b}}{dt} = \frac{\partial \mathcal{H}(t, u_{1}^{*}, u_{2}^{*}, u_{3}^{*}, \lambda(t))}{\partial \lambda_{4}},
\frac{dI_{2}}{dt} = \frac{\partial \mathcal{H}(t, u_{1}^{*}, u_{2}^{*}, u_{3}^{*}, \lambda(t))}{\partial \lambda_{5}}, \frac{dI_{2b}}{dt} = \frac{\partial \mathcal{H}(t, u_{1}^{*}, u_{2}^{*}, u_{3}^{*}, \lambda(t))}{\partial \lambda_{6}},$$

$$(43)$$

$$\frac{dI_{3}}{dt} = \frac{\partial \mathcal{H}(t, u_{1}^{*}, u_{2}^{*}, u_{3}^{*}, \lambda(t))}{\partial \lambda_{7}}, \frac{dI_{3b}}{dt} = \frac{\partial \mathcal{H}(t, u_{1}^{*}, u_{2}^{*}, u_{3}^{*}, \lambda(t))}{\partial \lambda_{8}},$$

(2) The optimality conditions:

$$\frac{\partial \mathcal{H}(t, u_1^*, u_2^*, u_3^*, \lambda(t))}{\partial u_1} = 0, \frac{\partial \mathcal{H}(t, u_1^*, u_2^*, u_3^*, \lambda(t))}{\partial u_2} = 0, \frac{\partial \mathcal{H}(t, u_1^*, u_2^*, u_3^*, \lambda(t))}{\partial u_3} = 0.$$

(3) The adjoint equations:

$$\begin{split} \frac{d\lambda_1}{dt} &= -\frac{\partial \mathcal{H}(t, u_1^*, u_2^*, u_3^*, \lambda(t))}{\partial S}, \frac{d\lambda_2}{dt} = -\frac{\partial \mathcal{H}(t, u_1^*, u_2^*, u_3^*, \lambda(t))}{\partial S_b}, \\ \frac{d\lambda_3}{dt} &= -\frac{\partial \mathcal{H}(t, u_1^*, u_2^*, u_3^*, \lambda(t))}{\partial I_1}, \frac{d\lambda_4}{dt} = -\frac{\partial \mathcal{H}(t, u_1^*, u_2^*, u_3^*, \lambda(t))}{\partial I_{1b}}, \\ \frac{d\lambda_5}{dt} &= -\frac{\partial \mathcal{H}(t, u_1^*, u_2^*, u_3^*, \lambda(t))}{\partial I_2}, \frac{d\lambda_6}{dt} = -\frac{\partial \mathcal{H}(t, u_1^*, u_2^*, u_3^*, \lambda(t))}{\partial I_{2b}}, \\ \frac{d\lambda_7}{dt} &= -\frac{\partial \mathcal{H}(t, u_1^*, u_2^*, u_3^*, \lambda(t))}{\partial I_3}, \frac{d\lambda_8}{dt} = -\frac{\partial \mathcal{H}(t, u_1^*, u_2^*, u_3^*, \lambda(t))}{\partial I_{3b}}, \\ \frac{d\lambda_9}{dt} &= -\frac{\partial \mathcal{H}(t, u_1^*, u_2^*, u_3^*, \lambda(t))}{\partial A}. \end{split}$$

The Lagrangian, in form of augmented Hamiltonian is defined as

$$\begin{aligned} \mathcal{H}(S,S_{b},I_{1},I_{1b},I_{2},I_{2b},I_{3},I_{3b},A,\lambda_{1},\lambda_{2},\lambda_{3},\lambda_{4},\lambda_{5},\lambda_{6},\lambda_{7},\lambda_{8},\lambda_{9},u_{1},u_{2},u_{3}) \\ &= (m_{1}I_{1}(t)+m_{2}I_{2}(t)+m_{3}I_{3}(t)+m_{4}u_{1}^{2}+m_{5}u_{2}^{2}+m_{6}u_{3}^{2}) \\ &+\lambda_{1}[B-(1-u_{2})(\alpha_{1}+\alpha_{2}+\alpha_{3})\lambda S-(\mu+u_{1})S]+\lambda_{2}[u_{1}S-\mu S_{b}] \\ &+\lambda_{3}[(1-u_{2})\alpha_{1}\lambda S+\gamma_{4}I_{1b}-(u_{1}+\mu+\rho_{1}u_{3})I_{1}]+\lambda_{4}[u_{1}I_{1}-(\gamma_{4}+\mu)I_{1b}] \\ &+\lambda_{5}[(1-u_{2})\alpha_{2}\lambda S+\gamma_{6}I_{2b}-(\mu+u_{1})I_{2}]+\lambda_{6}[u_{1}I_{2}-(\gamma_{6}+\mu)I_{2b}] \\ &+\lambda_{7}[(1-u_{2})\alpha_{3}\lambda S+\gamma_{8}I_{3b}-(u_{1}+\mu+\rho_{2}u_{3})I_{3}]+\lambda_{8}[u_{1}I_{3}-(\gamma_{8}+\mu)I_{3b}] \\ &+\lambda_{9}[\rho_{1}I_{1}u_{3}+\rho_{2}I_{3}u_{3}-(\mu+\tau)A]+w_{1}u_{1}+w_{2}(1-u_{1})+w_{3}u_{2} \\ &+w_{4}(1-u_{2})+w_{5}u_{3}+w_{6}(1-u_{3}), \end{aligned}$$

where $w_i(t) \ge 0, i \in [1, 6]$ are the penalty multipliers which ensure that the control variables $u_1(t), u_2(t)$ and $u_3(t)$ are bounded satisfying:

$$w_1u_1 = w_2(1 - u_1) = 0$$
, at u_1^* ,
 $w_3u_2 = w_4(1 - u_2) = 0$, at u_2^* ,
 $w_5u_3 = w_6(1 - u_3) = 0$, at u_3^* ,

where u_1^*, u_2^*, u_3^* are optimal controls.

From the Pontryagin's Maximum Principle, we can derive the adjoint variables by partially differentiating Eq. (44) with respect to $S, S_b, I_1, I_2, I_{2b}, I_3, I_{3b}$ and A.

$$\frac{d\lambda_1}{dt} = -\frac{\partial \mathcal{H}}{\partial S} = \frac{\partial}{\partial S} \Big[\lambda_1 \Big\{ -\tilde{K}_1 \tilde{K}_2 \lambda S - \tilde{K}_3 S \Big\}
+ \lambda_2 u_1 S + \lambda_3 \tilde{K}_1 \alpha_1 \lambda S + \lambda_5 \tilde{K}_1 \alpha_2 \lambda S + \lambda_7 \tilde{K}_1 \alpha_3 \lambda S \Big],$$
(45)

where $\tilde{K}_1 = 1 - u_2$, $\tilde{K}_2 = \alpha_1 + \alpha_2 + \alpha_3$, $\tilde{K}_5 = \mu + u_1$,

$$\frac{\partial \mathcal{H}}{\partial S} = \frac{\partial}{\partial S} \left\{ \tilde{K}_1 \lambda S[\alpha_1 \lambda_3 + \alpha_2 \lambda_5 + \alpha_3 \lambda_7 - \tilde{K}_2 \lambda_1] - \tilde{K}_3 S \lambda_1 + \lambda_2 u_1 S \right\},\$$

and

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$$\frac{\partial\lambda}{\partial S} = \frac{\partial}{\partial S} \left[\frac{\beta (I_3 + \sigma_1 I_{3b} + \sigma_2 I_2 + \sigma_3 I_{2b} + \sigma_4 I_1 + \sigma_5 I_{1b})S}{N} \right] = \frac{N\beta \tilde{K}_4 - \beta \tilde{K}_4 S}{N^2}.$$
$$\frac{\partial\mathcal{H}}{\partial S} = \frac{\tilde{K}_1 N\beta \tilde{K}_4 - \beta \tilde{K}_4 S}{N^2} (\alpha_1 \lambda_3 + \alpha_2 \lambda_5 + \alpha_3 \lambda_7 - \tilde{K}_2 \lambda_1) - \tilde{K}_3 \lambda_1 + \lambda_2 u_1.$$
(46)

Multiplying (46) by negative, we have

$$\begin{aligned} -\frac{\partial \mathcal{H}}{\partial S} &= (1-u_2) \left[\frac{N\beta \tilde{K}_4 - \beta \tilde{K}_4 S}{N^2} \right] \left[(\alpha_1 + \alpha_2 + \alpha_3)\lambda_1 - \alpha_1\lambda_3 - \alpha_2\lambda_5 - \alpha_3\lambda_7 \right] \\ &+ (\mu + u_1)\lambda_1 - \lambda_2 u_1, \end{aligned}$$

which implies that

$$\begin{aligned} -\frac{\partial \mathcal{H}}{\partial S} &= (1-u_2)\beta \left[\frac{N\beta \tilde{K}_4 - \beta \tilde{K}_4 S}{N^2} \right] \left[(\alpha_1 + \alpha_2 + \alpha_3)\lambda_1 - \alpha_1\lambda_3 - \alpha_2\lambda_5 - \alpha_3\lambda_7 \right] \\ &+ (\lambda_1 - \lambda_2)u_1 + \mu\lambda_1. \end{aligned}$$

Finally,

$$\frac{d\lambda_1}{dt} = -\frac{\partial \mathcal{H}}{\partial S} = \frac{(1-u_2)\beta \tilde{K}_4(N-S)}{N^2} [\alpha_1(\lambda_1 - \lambda_3) + \alpha_2(\lambda_1 - \lambda_5) + \alpha_3(\lambda_1 - \lambda_7)] + (\lambda_1 - \lambda_2)u_1 + \mu\lambda,$$
(47)

where $\tilde{K}_4 = I_3 + \sigma_1 I_{3b} + \sigma_2 I_2 + \sigma_3 I_{2b} + \sigma_4 I_1 + \sigma_5 I_{1b}$. Using the same approach, the partial derivative of \mathcal{H} with respect to $S_b, I_1, I_{1b}, I_2, I_{2b}, I_3, I_{3b}, A$ is given by

$$\begin{aligned} \frac{d\lambda_2}{dt} &= -\frac{\partial \mathcal{H}}{\partial S_b} = +\lambda_2 \mu, \\ \frac{d\lambda_3}{dt} &= -\frac{\partial \mathcal{H}}{\partial I_1} = -m_1 + \frac{(1-u_2)\beta S(N\sigma_4 - \tilde{K}_4)}{N^2} \left[\alpha_1(\lambda_1 - \lambda_3) + \alpha_2(\lambda_1 - \lambda_5) + \alpha_3(\lambda_1 - \lambda_7) \right] \\ &+ (\lambda_3 - \lambda_1)u_1 + (\lambda_3 - \lambda_9)\rho_1 u_3 + \lambda_3 \mu, \\ \frac{d\lambda_4}{dt} &= -\frac{\partial \mathcal{H}}{\partial I_{1b}} = \frac{\beta S \tilde{K}_1(N\sigma_5 - \tilde{K}_4)}{N^2} \left[\alpha_1(\lambda_1 - \lambda_3) + \alpha_2(\lambda_1 - \lambda_5) + \alpha_3(\lambda_1 - \lambda_7) \right] \\ &+ \gamma_4(\lambda_4 - \lambda_3) + \lambda_4 \mu, \\ \frac{d\lambda_5}{dt} &= -\frac{\partial \mathcal{H}}{\partial I_2} = -m_2 + \frac{(1-u_2)\beta S(N\sigma_2 - \tilde{K}_4)}{N^2} \left[\alpha_1(\lambda_1 - \lambda_3) + \alpha_2(\lambda_1 - \lambda_5) + \alpha_3(\lambda_1 - \lambda_7) \right] \\ &+ (\lambda_5 - \lambda_6)u_1 + \lambda_5 \mu, \\ \frac{d\lambda_6}{dt} &= -\frac{\partial \mathcal{H}}{\partial I_{2b}} = \frac{\beta S \tilde{K}_1(N\sigma_3 - \tilde{K}_4)}{N^2} \left[\alpha_1(\lambda_1 - \lambda_3) + \alpha_2(\lambda_1 - \lambda_5) + \alpha_3(\lambda_1 - \lambda_7) \right] \\ &+ \gamma_6(\lambda_6 - \lambda_5) + \lambda_6 \mu, \\ \frac{d\lambda_7}{dt} &= -\frac{\partial \mathcal{H}}{\partial I_3} = -m_3 + \frac{(1-u_2)\beta S(N - \tilde{K}_4)}{N^2} \left[\alpha_1(\lambda_1 - \lambda_3) + \alpha_2(\lambda_1 - \lambda_5) + \alpha_3(\lambda_1 - \lambda_7) \right] \\ &+ (\lambda_7 - \lambda_8)u_1 + (\lambda_7 - \lambda_9)\rho_2 u_3 + \lambda_7 \mu, \\ \frac{d\lambda_8}{dt} &= -\frac{\partial \mathcal{H}}{\partial I_{3b}} = \frac{\beta S \tilde{K}_1(N\sigma_1 - \tilde{K}_4)}{N^2} \left[\alpha_1(\lambda_1 - \lambda_3) + \alpha_2(\lambda_1 - \lambda_5) + \alpha_3(\lambda_1 - \lambda_7) \right] \\ &+ \gamma_8(\lambda_8 - \lambda_7) + \lambda_8 \mu, \\ \frac{d\lambda_9}{dt} &= -\frac{\partial \mathcal{H}}{\partial \mathcal{A}} = (\mu + \tau)\lambda_9, \end{aligned}$$
(48)

where $\lambda_i(T_f) = 0$, i = 1...9 are the transversality conditions.

Theorem 4.3 The optimal controls (u_1^*, u_2^*, u_3^*) which minimize the objective functional defined in (39) are

$$u_{1}^{*}(t) = \min\left[\max\left(0, \frac{(\lambda_{1} - \lambda_{2})S + (\lambda_{3} - \lambda_{4})I_{1} + (\lambda_{5} - \lambda_{6})I_{2} + (\lambda_{7} - \lambda_{8})I_{3}}{2m_{4}}\right), 1\right], t \in [0, T_{f}],$$
(49)

$$u_{2}^{*}(t) = \min\left[\max\left(0, \frac{\alpha_{1}(\lambda_{3} - \lambda_{1})\lambda S + \alpha_{2}(\lambda_{5} - \lambda_{1})\lambda S + \alpha_{3}(\lambda_{7} - \lambda_{1})}{2m_{5}}\right), 1\right], t \in [0, T_{f}],$$
(50)

$$u_{3}^{*}(t) = \min\left[\max\left(0, \frac{(\lambda_{3} - \lambda_{9})\rho_{1}I_{1} + (\lambda_{7} - \lambda_{9})\rho_{2}I_{3}}{2m_{6}}\right), 1\right], \ t \in [0, T_{f}].$$
(51)

Proof At the optimal control triplet u_1^*, u_2^*, u_3^* , the following conditions hold:

$$\frac{\partial \mathcal{H}}{\partial u_1} = 0, \frac{\partial \mathcal{H}}{\partial u_2} = 0, \frac{\partial \mathcal{H}}{\partial u_3} = 0.$$
(52)

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Differentiating the Hamiltonian in (44) with respect to control variable u_1 on the set Λ : $t|0 \le u_1(t) \le 1$, we have

$$\frac{\partial \mathcal{H}}{\partial u_1} = 2m_4u_1 - \lambda_1S + \lambda_2S - \lambda_3I_1 + \lambda_4I_1 - \lambda_5I_2 + \lambda_6I_2 - \lambda_7I_3 + \lambda_8I_3 + w_1 - w_2 = 0.$$

Putting $u_1 = u_1^*$ and solving for u_1^* , we have

$$u_1^* = \frac{(\lambda_1 - \lambda_2)S + (\lambda_3 - \lambda_4)I_1 + (\lambda_5 - \lambda_6)I_2 + (\lambda_7 - \lambda_8)I_3 - w_1 + w_2}{2m_4}.$$
 (53)

We need to determine an explicit expression for u_1^* excluding the penalty functions w_1 and w_2 , we come up with three possible cases explained below.

1. Let
$$w_1 = w_2 = 0$$
 for the set $\{t | 0 < u_1^* < 1\}$, in (53), then u_1^* becomes

$$u_1^* = \frac{(\lambda_1 - \lambda_2)S + (\lambda_3 - \lambda_4)I_1 + (\lambda_5 - \lambda_6)I_2 + (\lambda_7 - \lambda_8)I_3}{2m_4}.$$

2. Let $w_1 = 0, w_2 \ge 0$ on the set $\{t | u_1^* = 1\}$, then (53) becomes

$$u_1^* = 1 = \frac{(\lambda_1 - \lambda_2)S + (\lambda_3 - \lambda_4)I_1 + (\lambda_5 - \lambda_6)I_2 + (\lambda_7 - \lambda_8)I_3 + w_2}{2m_4}.$$

3. Lastly, when $w_2 = 0$, $w_1 \ge 0$ on the set $\{0t | u_1^* = 0\}$, then (53) becomes

$$u_1^* = 0 = \frac{(\lambda_1 - \lambda_2)S + (\lambda_3 - \lambda_4)I_1 + (\lambda_5 - \lambda_6)I_2 + (\lambda_7 - \lambda_8)I_3 - w_1}{2m_4},$$

which implies

$$\frac{(\lambda_1-\lambda_2)S+(\lambda_3-\lambda_4)I_1+(\lambda_5-\lambda_6)I_2+(\lambda_7-\lambda_8)I_3}{2m_4}\geq 0.$$

Therefore, for the control variable u_1^* , we have

$$u_1^*(t) = \max\left(0, \frac{(\lambda_1 - \lambda_2)S + (\lambda_3 - \lambda_4)I_1 + (\lambda_5 - \lambda_6)I_2 + (\lambda_7 - \lambda_8)I_3}{2m_4}\right).$$

Combining all the three cases together, we have

$$\begin{split} u_1^*(t) &= \min\left[\max\left(0, \frac{(\lambda_1 - \lambda_2)S + (\lambda_3 - \lambda_4)I_1 + (\lambda_5 - \lambda_6)I_2 + (\lambda_7 - \lambda_8)I_3}{2m_4}\right), 1\right], \\ t \in [0, T_f]. \end{split}$$

Similarly, to determine an explicit expression for u_2^* , we partially differentiate (44) with respect to control variable u_2 on the set Φ : $t|0 \le u_2(t) \le 1$. So that we have

$$\frac{\partial \mathcal{H}}{\partial u_2} = 2m_5u_2 + \lambda_1(\alpha_1 + \alpha_2 + \alpha_3)\lambda S - \lambda_3\alpha_1\lambda S - \lambda_5\alpha_2\lambda S - \lambda_7\alpha_3\lambda S + w_3 - w_4.$$

Equating this to zero and putting $u_2 = u_2^*$, we have

$$u_2^* = \frac{\alpha_1(\lambda_3 - \lambda_1)\lambda S + \alpha_2(\lambda_5 - \lambda_1)\lambda S + \alpha_3(\lambda_7 - \lambda_1)\lambda S - w_3 + w_4}{2m_5}.$$
 (54)

To determine an explicit expression for u_2^* excluding the penalty functions w_3 and w_4 , we come up with three possible cases as follows:

1. Let $w_3 = w_4 = 0$ for the set $\{t | 0 < u_2^* < 1\}$ in (54), then u_2^* becomes

$$u_2^* = \frac{\alpha_1(\lambda_3 - \lambda_1)\lambda S + \alpha_2(\lambda_5 - \lambda_1)\lambda S + \alpha_3(\lambda_7 - \lambda_1)\lambda S}{2m_5}.$$

2. Let $w_3 = 0$, $w_4 \ge 0$ on the set $\{t | u_2^* = 1\}$, then (54) becomes

$$u_2^* = 1 = \frac{\alpha_1(\lambda_3 - \lambda_1)\lambda S + \alpha_2(\lambda_5 - \lambda_1)\lambda S + \alpha_3(\lambda_7 - \lambda_1)\lambda S + w_4}{2m_5}.$$

3. Lastly, when $w_4 = 0$, $w_3 \ge 0$ on the set $\{t | u_2^* = 0\}$, then (54) becomes

$$u_2^* = 0 = \frac{\alpha_1(\lambda_3 - \lambda_1)\lambda S + \alpha_2(\lambda_5 - \lambda_1)\lambda S + \alpha_3(\lambda_7 - \lambda_1)\lambda S - w_3}{2m_5},$$

which implies

$$\frac{\alpha_1(\lambda_3-\lambda_1)\lambda S+\alpha_2(\lambda_5-\lambda_1)\lambda S+\alpha_3(\lambda_7-\lambda_1)\lambda S}{2m_5}\geq 0.$$

Therefore, for the control variable u_2^* , we have

$$u_2^* = \max\left(0, \frac{\alpha_1(\lambda_3 - \lambda_1)\lambda S + \alpha_2(\lambda_5 - \lambda_1)\lambda S + \alpha_3(\lambda_7 - \lambda_1)\lambda S}{2m_5}\right) \ge 0.$$

Combining all the three cases together, we have

$$u_2^*(t) = \left[\max\left(0, \frac{\alpha_1(\lambda_3 - \lambda_1)\lambda S + \alpha_2(\lambda_5 - \lambda_1)\lambda S + \alpha_3(\lambda_7 - \lambda_1)\lambda S}{2m_5}\right), 1 \right].$$

Similarly, to determine an explicit expression for u_3^* , we partially differentiate (44) with respect to control variable u_3 on the set Φ : $t|0 \le u_3(t) \le 1$. So that we have

$$u_3^* = \frac{(\lambda_3 - \lambda_9)\rho_1 I_1 + (\lambda_7 - \lambda_9)\rho_2 I_3 - w_5 + w_6}{2m_6}.$$
 (55)

To determine an explicit expression for u_3^* excluding the penalty functions w_5 and w_6 , we come up with three possible cases as follows:

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1. Let $w_5 = w_6 = 0$ for the set $\{t | 0 < u_3^* < 1\}$ in (55), then u_3^* becomes

$$u_3^* = \frac{(\lambda_3 - \lambda_9)\rho_1 I_1 + (\lambda_7 - \lambda_9)\rho_2 I_3}{2m_6}.$$

2. Let $w_5 = 0$, $w_6 \ge 0$ on the set $\{t | u_3^* = 1\}$, then (55) becomes

$$u_3^* = 1 = \frac{(\lambda_3 - \lambda_9)\rho_1 I_1 + (\lambda_7 - \lambda_9)\rho_2 I_3 + w_6}{2m_6}.$$

3. Lastly, when $w_6 = 0$, $w_5 \ge 0$ on the set $\{t | u_3^* = 0\}$, then (55) becomes

$$u_3^* = 0 = \frac{(\lambda_3 - \lambda_9)\rho_1 I_1 + (\lambda_7 - \lambda_9)\rho_2 I_3 - w_5}{2m_6},$$

which implies

$$\frac{(\lambda_3-\lambda_9)\rho_1I_1+(\lambda_7-\lambda_9)\rho_2I_3}{2m_6} \ge 0.$$

Therefore, for the control variable u_3^* , we have

$$u_3^* = \max\left(0, \frac{(\lambda_3 - \lambda_9)\rho_1 I_1 + (\lambda_7 - \lambda_9)\rho_2 I_3}{2m_6}\right).$$

Combining all the three cases together, we have

$$u_{3}^{*}(t) = \min\left[\max\left(0, \frac{(\lambda_{3} - \lambda_{9})\rho_{1}I_{1} + (\lambda_{7} - \lambda_{9})\rho_{2}I_{3}}{2m_{6}}\right), 1\right].$$

4.3 Analysis of the Control Reproduction Number

As usual, using the same approach as in the previous sections, we calculate the control reproduction number as follows. The disease-free equilibrium of (26)-(34) is given by

$$\iota^* = (S^*, S^*_b, I^*_1, I^*_{1b}, I^*_2, I^*_{2b}, I^*_3, I^*_{3b}, A^*) = \left(\frac{B}{\mu + u_1}, \frac{u_1 B}{\mu (u_1 + \mu)}, 0, 0, 0, 0, 0, 0, 0, 0\right).$$
(56)

It can be verified that ι^* attracts the same region Σ (of model Eqs. (3)–(11)) for Eqs. (26)–(34). By employing the next generation method (Diekmann et al. 1990; Van den Driessche and Watmough 2002), \mathcal{F}_2 (the new infection terms) and \mathcal{V}_2 (transfer terms) are expressed as

Using ρ as the spectral radius (magnitude of the dominate eigenvalue) of the next generation matrix $\mathcal{F}_2 \mathcal{V}_2^{-1}$, $\rho(\mathcal{F}_2 \mathcal{V}_2^{-1})$ gives the control reproduction number as

$$\mathcal{R}_{con} = \frac{\beta \alpha_1 \mu (\sigma_4 K_4 + \sigma_5 u_1) \tilde{K}_1}{\tilde{K}_5 (\tilde{K}_3 K_4 - u_1 \gamma_4)} + \frac{\beta \alpha_2 \mu (\sigma_2 K_6 + \sigma_3 \tilde{K}_5) \tilde{K}_1}{\tilde{K}_5 (\tilde{K}_5 K_6 - u_1 \gamma_6)} + \frac{\beta \alpha_3 \mu (K_8 + u_1 \sigma_1) \tilde{K}_1}{\tilde{K}_5 (\tilde{K}_7 K_8 - u_1 \gamma_8)},$$
(57)

where

$$\tilde{K}_1 = 1 - u_2, \tilde{K}_3 = u_1 + \mu + \rho_1 u_3, \tilde{K}_5 = \mu + u_1, \tilde{K}_7 = u_1 + \mu + \rho_2 u_3, \ \frac{S^*}{N^*} = \frac{\mu}{\tilde{K}_5}, \gamma_{odd} = u_1.$$

In the absence of any control strategies, Eq. (57) reduces to Eq. (18).

If the government's intervention for promoting behavior change $u_1(t)$, is the only considered control strategy then Eq. (57) reduces to

$$\mathcal{R}_{con}|_{u_2=u_3=0} = \mathcal{R}_{u_1} = \frac{\beta \alpha_1 \mu (\sigma_4 K_4 + \sigma_5 u_1)}{\tilde{K}_5 (\tilde{K}_3 K_4 - u_1 \gamma_4)} + \frac{\beta \alpha_2 \mu (\sigma_2 K_6 + \sigma_3 u_1)}{\tilde{K}_5 (\tilde{K}_5 K_6 - u_1 \gamma_6)} + \frac{\beta \alpha_3 \mu (K_8 + u_1 \sigma_1)}{\tilde{K}_5 (\tilde{K}_7 K_8 - u_1 \gamma_8)},$$
(58)

where $\bar{K}_3 = \mu + u_1$, $\bar{K}_7 = \mu + u_1$.

If the nutritional supplementation $u_2(t)$, is the only considered control strategy then Eq. (57) reduces to

$$\mathcal{R}_{con}|_{u_1=u_3=0} = \mathcal{R}_{u_2} = \frac{\beta\alpha_1\sigma_4\tilde{K}_1}{\mu} + \frac{\beta\alpha_2\sigma_2\tilde{K}_1}{\mu} + \frac{\beta\alpha_3\tilde{K}_1}{\mu}.$$
 (59)

If the only considered control strategy is ART $u_3(t)$, then Eq. (57) reduces to

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$$\mathcal{R}_{con}|_{u_1=u_2=0} = \mathcal{R}_{u_3} = \frac{\beta \alpha_1 \sigma_4}{\hat{K}_3} + \frac{\beta \alpha_2 \sigma_2}{\mu} + \frac{\beta \alpha_3}{\hat{K}_7},$$
(60)

where $\hat{K}_3 = \mu + \rho_1 u_3$, $\hat{K}_7 = \mu + \rho_2 u_3$.

It is easy to establish that

$$\mathcal{R}_{con} \leq \mathcal{R}_T,$$
 (61)

for $0 \le u_1, u_2, u_3 \le 1$ due to possibility of infection reduction in the presence of control interventions. This implies that the behavior change, balanced nutritional supplementation and the ART have positive impact on the reduction of HIV/AIDS in the community.

4.4 Effect of the Control Strategies on the Control Reproduction Number

Here, we shall graphically investigate the effect of the control measures on the transmission of disease using the control reproduction number. The control reproduction number is plotted against the control variables $u_1(t)$, $u_2(t)$ and $u_3(t)$ where unity is considered as perfect and effective impact on disease transmission and zero is considered as unavailability of control interventions.

We shall investigate to what level will behavior change reduces the infection. We shall also determine whether or not eating balanced nutritional supplementation and use of ART will help in reducing HIV/AIDS transmission.

We have

$$\lim_{u_1 \to 1} \mathcal{R}_{con} = \frac{\beta \alpha_1 \mu (\sigma_4 K_4 + \sigma_5) \tilde{K}_1}{K_{51} (K_{31} K_4 - \gamma_4)} + \frac{\beta \alpha_2 \mu (\sigma_2 K_6 + \sigma_3) \tilde{K}_1}{K_{51} (K_{51} K_6 - \gamma_6)} + \frac{\beta \alpha_3 \mu (K_8 + \sigma_1) \tilde{K}_1}{K_{51} (K_{71} K_8 - \gamma_8)},$$
(62)

$$\lim_{\mu_2 \to 1} \mathcal{R}_{con} = 0, \tag{63}$$

$$\lim_{u_3 \to 1} \mathcal{R}_{con} = \frac{\beta \alpha_1 \mu (\sigma_4 K_4 + \sigma_5 u_1) \tilde{K}_1}{\tilde{K}_5 (K_{32} K_4 - \gamma_4 u_1)} + \frac{\beta \alpha_2 \mu (\sigma_2 K_6 + \sigma_3 u_1) \tilde{K}_1}{\tilde{K}_5 (\tilde{K}_5 K_6 - \gamma_6 u_1)} + \frac{\beta \alpha_3 \mu (K_8 + \sigma_1 u_1) \tilde{K}_1}{\tilde{K}_5 (K_{72} K_8 - u_1 \gamma_8)},$$
(64)

where

$$K_{32} = u_1 + \mu + \rho_1, K_{72} = u_1 + \mu + \rho_2, K_{51} = 1 + \mu, K_{31} = 1 + \mu + \rho u_3, K_{71} = 1 + \mu + \rho_2 u_3.$$

Thus, adequate nutritional supplementation $u_2(t) \rightarrow 1$ and an efficient ART $u_3(t) \rightarrow 1$ are very good combination of strategies that can ensure reduction in HIV/AIDS transmission. This is in confirmation with reports (Grobler et al. 2013; Lamb et al. 2012; Jeremiah et al. 2014; Polasa et al. 1984) where they claimed that nutritional deficiency has become a major reason why ART is no more effective in some African countries. ART on empty stomach of starved patients will be null and void while nutritional efficiency and ART combination will guarantee patient's recovery level

and boost immune system. Figures 10, 11, 12, 13, 14, 15 and 16 show the comparison of the control intervention strategies.

The positive and independent effect of behavior change, nutritional supplementation and ART on the control reproduction number can be noticed in Figures 10, 11 and 12. These control strategies reduced the control reproduction number significantly as expected biologically.

A more positive and combined effects of government's intervention to promote behavior change and nutritional supplementation, behavior change and ART, and nutritional supplementation and ART on the control reproduction number can be noticed in Figs. 13, 14 and 15. These combined control strategies reduced the control reproduction number more significantly as expected.

The most effective control strategy is the combination of all the three strategies as depicted in Fig. 16.

5 Numerical Solution of the Optimal Control Problem

In this section, we shall solve the optimal control problem to study the effects of promotion of behavior change, $u_1(t)$, nutritional supplementation, $u_2(t)$, and ART, $u_3(t)$ on the transmission dynamics of the disease. We shall carry out the numerical simulation and the results shall be presented graphically. The results shall be investigated and compared in four folds. The first one shall contain the



Fig. 10 Effects of u_1 on R_{con}



Fig. 11 Effects of u_2 on R_{con}



Fig. 12 Effects of Control u_3 on R_{con}

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Fig. 13 Effects of Controls u_1 , u_2 and u_1 , u_3 on R_{con}



Fig. 14 Effects of Controls u_1 , u_2 and u_1 , u_3 on R_{con}



Fig. 15 Effects of Controls u_2 , u_3 and u_1 , u_2 , u_3 on R_{con}



Fig. 16 Effects of Controls u_2 , u_3 and u_1 , u_2 , u_3 on R_{con}

combine effects of controls $u_2(t)$ and $u_3(t)$ while $u_1(t)$ is set to zero. The second shall examine the complementary effects of $u_1(t)$ and $u_2(t)$ while the control $u_3(t)$ is set to zero. The third one shall check the effects of $u_1(t)$ and $u_3(t)$ while the control $u_2(t)$ is set to zero. The fourth and final one shall examine the effects of all controls $u_1(t), u_2(t)$ and $u_3(t)$. The fourth-order Runge–Kutta scheme shall be used throughout the analysis. We assumed that the weight functions $m_1 = 230, m_2 = 500, m_3 = 450, m_4 = 55, m_5 = 30, m_6 = 75$. Other parameter values used are on Table 2.

In Fig. 17, control $u_2(t)$ for nutritional supplementation and control $u_3(t)$ for ART were used to optimize the objective functional presented in (39). It can be observed in Fig. 17a that intake of nutritional supplementation results in increase in the susceptible class above the level without control measures. The controls $u_2(t)$ and $u_3(t)$ also decrease the levels of infected individuals in the I_1, I_2 and I_3 classes significantly.

In Fig. 18, control $u_1(t)$ for government's promotion of behavior change and control $u_2(t)$ for nutritional supplementation were used to optimize the objective functional presented in (39). It can be observed in Fig. 18a that intake of nutritional supplementation and change of behavior result in increase in the susceptible class above the level without control measures more than it did in Fig. 17a. The controls $u_1(t)$ and $u_2(t)$ also decrease the levels of infected individuals in the I_1, I_2 and I_3 classes obviously.

In Fig. 19, control $u_1(t)$ and $u_3(t)$ were used to optimize the objective functional in (39). It can be observed in Fig. 19a that change of behavior results in increase in the susceptible class above the level without control measures but not as high as in Figs. 17a and 18a. The controls $u_1(t)$ and $u_3(t)$ also decrease the levels of infected individuals in the I_1, I_2 and I_3 classes obviously. Though it appears that the effects of u_1 and u_3 for $I_2(t)$ and $I_3(3)$ classes seem to be of the same level as those in Fig. 18c, d.

Parameter	Value (per day)	Source
τ	0.234	South (2019)
μ	0.0155	South (2019)
ρ_2	0.084	Afassinou et al. (2017)
ρ_1	0.045	Estimated From Afassinou et al. (2017)
В	1,039,749	South (2019)
α1	0.34	Estimated From Afassinou et al. (2017), South (2019)
α2	0.01	Estimated From Afassinou et al. (2017), South (2019)
α ₃	0.65	Estimated From Afassinou et al. (2017), South (2019)
β	2	Assume
$\sigma_1, \sigma_2, \sigma_3, \sigma_4, \sigma_5$	0.12, 0.20, 0.20, 0.15, 0.16	Estimated From Afassinou et al. (2017), South (2019)
γ_1, γ_3	Variable	Assumed
$\gamma_4, \gamma_5, \gamma_6$	Variable	Assumed
γ_7, γ_8	Variable	Assumed

 Table 2
 Hypothetical Value of Parameters



Fig. 17 Simulation of the Model Using controls u_2 and u_3 only.



Fig. 17 (continued)

In Fig. 20, the effects of all the controls in optimizing the objective functional in (39) is of the highest standard. It is second to none among all the aforementioned scenarios. The susceptible population in Fig. 20a increased constantly more than the previous ones. Consequently, the reduction of infections in all the infected classes almost tends to zero which was not the case in the previous scenarios. Hence, we conclude that the combination of all the considered control measures is the best strategy to ensure significant reduction in the disease transmission.

6 Conclusion

This study qualitatively and quantitatively examined an HIV/AIDS-resistant model with behavior change which is absolutely different from existing HIV/AIDS models and provide a better result than the one obtained by Afassinou et al. (2017); Marmor et al. (2006); Okosun et al. (2013) (because their models does not consider the effect of HIV/AIDS resistance and behavior change) and (Mastahun and Abdurahman 2017) (apart from the fact that the effect of HIV-resistance is missing, the behavior change considered was not as detailed as ours because it only considered one single compartment but ours considered all the compartments except compartment A(t) since behavior change and resistance are of no benefit to this class). Incorporation of resistance to HIV/AIDS and its analysis is one of the novelty of this study. In order to understand the control measures capable of tackling the infectiousness and spread of HIV/AIDS, we considered control u_1 , which is the government's intervention in promoting and encouraging behavior change, u_2 , which represents intake of balanced nutritional supplementation and u_3 , which connotes antiretroviral therapy (ART). An optimal control problem was developed and analyzed as well as the control reproduction number. It was further explained that if the control reproduction



Fig. 18 Simulation of the Model Using controls u_1 and u_2 only.



Fig. 18 (continued)

number $\mathcal{R}_{con} < 1$, the HIV virus will eventually die out in no time. Hence, the control reproduction number, \mathcal{R}_{con} , is an important indication of the level of efforts required to eliminate the virus. We further explicitly explained that $\mathcal{R}_{con} < \mathcal{R}_T$, for $0 \le u_1, u_2, u_3, \le 1$ which means increase in the control strategies had a positive impact on the reduction of \mathcal{R}_T . In other words, HIV/AIDS can be completely eradicated with full implementation of all the three aforementioned control strategies which is in confirmation with the work of Grobler et al. (2013); Lamb et al. (2012); Jeremiah et al. (2014); Polasa et al. (1984) where they opined that the ART intervention can never be effective in patients with nutritional deficiencies.

Since majority of the citizens of the Southern African countries who are the worst hit of HIV/AIDS are languishing in penury with stark poverty, this study also established that not only the wealthy ones are guarantee of safety from HIV/AIDS due to their capability of ensuring adequate nutritional supplementation or ART treatment. The poor ones can easily change their behavior and practice total abstinence from all HIV/AIDS endemic region and infected objects. This will also go a long way to guarantee their safety even in the midst of poverty.

The sensitivity analysis was also established in order to determine the most sensitive parameters that are responsible for disease transmission with respect to the basic reproduction number and those responsible for disease prevalence with respect to the endemic equilibrium. It was ascertained that the rate of influx of people in to the infected population and total abstinence from all risk practices and endemic areas are some of the most sensitive parameters for disease spread and disease eradication respectively. The graphical representation affirms the analytic results.

The obtained results on the importance of behavior change discussed in the introductory section is also confirmed in our obtained results. Reports on the global AIDS pandemic in Report (2012) for countries like Zambia, Zimbabwe, South Africa, Namibia etc which show great reduction in HIV/AIDS incidence was also confirmed in our analysis as significant reduction of infection rates was recorded according to our numerical simulations. The adverse effect of malnutrition on ART



Fig. 19 Simulation of the Model Using controls u_1 and u_3 only.



Fig. 19 (continued)

treatment presented by Braitstein et al. (2006); Koethe et al. (2010); Olsen et al. (2014) was also discovered in the numerical simulation of our model. As depicted in Figs. 17, 18, and 20, adequate nutritional supplementation has a great effect in ensuring effective ART usage.

Appendix 1: Proof of Theorem 4.1

Proof The existence of the control variables can be established with the help of the results obtained in Ngina et al. (2019) via the following five procedures:

- (1) It can be observed that all the stated initial conditions as well as the control variables u_1, u_2 and u_3 in the control set Φ are non-negative values and non-empty where $u_i, i = 1, 2, 3$ is a Lebesgue-integrable function on $[0, T_f]$.
- (2) The right hand sides of the model Eqs. (26)–(34) with control variables are bounded by a linear function of the control and state variables whose solutions exist. By definition, each right hand side of system (26)–(34) is continuous and can be expressed as a linear function of Φ, where the coefficients depend on time and state. This translates to the fact that all the control and state variables u₁, u₂, u₃, S, S_b, I₁, I_{1b}, I₂, I_{2b}, I₃, I_{3b} and A are all bounded on [0, T_f]. Particularly, the system Eqs. (26)–(34), its control variables and aforementioned initial conditions can be expressed as:

$$\dot{G} = G_1 H + G_2(H),$$
 (65)

where



Fig. 20 Simulation of the Model Using all controls u_1, u_2 and u_3

$$H = [S, S_b, I_1, I_{1b}, I_2, I_{2b}, I_3, I_{3b}, A]^T,$$
(66)

is the vector of the state variables. Furthermore, $G_1(H)$ and $G_2(H)$ are respectively defined as



Fig. 20 (continued)

$$G_{1} = \begin{bmatrix} -\mu & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & -\mu & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & -\mu & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -\mu & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\mu & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & -\mu & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\mu & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 & -\mu & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 & -\mu & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & -\mu \end{bmatrix},$$
(67)

and

$$G_{2}(H) = \begin{bmatrix} B - (1 - u_{2})(\alpha_{1} + \alpha_{2} + \alpha_{3})\lambda S - \mu S \\ u_{1}S \\ (1 - u_{2})\alpha_{1}\lambda S + \gamma_{4}I_{1b} - (u_{1} + \rho_{1}u_{3})I_{1} \\ u_{1}I_{1} - \gamma_{4}I_{1b} \\ (1 - u_{2})\alpha_{2}\lambda S + \gamma_{6}I_{2b} - u_{1}I_{2} \\ u_{1}I_{2} - \gamma_{6}I_{2b} \\ (1 - u_{2})\alpha_{3}\lambda S + \gamma_{8}I_{3b} - (u_{1} + \rho_{2}u_{3})I_{3} \\ u_{1}I_{3} - \gamma_{8}I_{3b} \\ \rho_{1}I_{1}u_{3} + \rho_{2}I_{2}u_{3} - \tau A \end{bmatrix}.$$
(68)

Let

$$P(H) = G_1 H + G_2(H), (69)$$

and then $G_2(H)$ in (69) satisfies

$$\begin{split} |G_2(H_1) - G_2(H_2)| &\leq r_1 |S_1(t) - S_2(t)| + r_2 |S_{b_1}(t) - S_{b_2}(t)| \\ &+ r_3 |I_{11}(t) - I_{12}(t)| + r_4 |I_{1b_1}(t) - I_{1b_2}| \\ &+ r_5 |I_{21}(t) - I_{22}(t)| + r_6 |I_{2b_1}(t) - I_{2b_2}(t)| \\ &+ r_7 |I_{31}(t) - I_{32}(t)| + r_8 |I_{3b_1}(t) - I_{3b_2}(t)| \\ &+ r_9 |A_1(t) - A_2(t)| \\ &\leq r [|S_1(t) - S_2(t)| + |S_{b_1}(t) - S_{b_2}(t)| \\ &+ |I_{11}(t) - I_{12}(t)| + |I_{1b_1}(t) - I_{1b_2}(t)| \\ &+ |I_{21}(t) - I_{22}(t)| + |I_{2b_1}(t) - I_{2b_2}(t)| \\ &+ |I_{31}(t) - I_{32}(t)| + |I_{3b_1}(t) - I_{3b_2}(t)| \\ &+ |A_1(t) - A_2(t)|], \end{split}$$

where the positive constant $r = \max(r_i, i = 1, 2, 3, ..., 9)$ is independent of the state variables. Furthermore, $P(H_1) - P(H_2) \le r|H_1 - H_2|$, where $r = \sum_{i=1}^{9} r_i + ||M|| \le \infty$. It can be deduced that the function P(H) is uniformly Lipschitz continuous. From the restrictions on the non-negativeness of the state variables and the definition of the control variables u_1, u_2, u_3 , the solutions of the model Eq. (65) exist.

(3) The control set Φ is convex and closed.

The elements of the control set Φ in a vector form are given by

$$\Phi = (u_1, u_2, u_3), \text{ where } 0 \le u_1, u_2, u_3 \le 1.$$
(70)

Next is to establish the convexity of Φ in the following lines.

Let $v = (v_1, v_2, v_3)$ be another element in Φ , such that $0 \le v_1, v_2, v_3 \le 1$. Now, we need to establish that

$$z = \lambda u + (1 - \lambda)v$$
, for $0 \le \lambda \le 1$,

is also contained in Φ .

$$z = \lambda(u_1, u_2, u_3) + (1 - \lambda)(v_1, v_2, v_3)$$

= $[\lambda u_1 + (1 - \lambda)v_1, \lambda u_2 + (1 - \lambda)v_2, \lambda u_3 + (1 - \lambda)v_3]$
= $(z_1, z_2, z_3).$

Then, we have the following pairs:

 $z_1 = \lambda u_1 + (1 - \lambda)v_1$, which is in the interval [0, 1], thus $0 \le z_1 \le 1$, $z_2 = \lambda u_2 + (1 - \lambda)v_2$, which is in the interval [0, 1], thus $0 \le z_2 \le 1$, $z_3 = \lambda u_3 + (1 - \lambda)v_3$, which is in the interval [0, 1], thus $0 \le z_3 \le 1$.

Therefore, $z = (z_1, z_2, z_3)$ satisfies the conditions (70) for convexity. Therefore, we conclude that the control set Φ is bounded and convex thereby satisfying the condition 3 above.

(4) Next is to establish that the integrand

$$B = \frac{1}{2} \left[m_1 I_1 + m_2 I_2 + m_3 I_3 + m_4 u_1^2 + m_5 u_2^2 + m_6 u_3^2 \right], \tag{71}$$

as appeared in the objective functional is convex in Φ using the Hessian matrix approach. Before that, we have the following definition:

Definition 6.1 Let $Q(z_1, z_2, z_3, \dots, z_n)$ be a function of many variables, the function Q is said to be concave if and only if the Hessian matrix (H^{es})

$$H^{es}(z) = \left[\frac{\partial^2 Q}{\partial z_i \partial z_j}\right] \le 0, \quad \forall \ z \neq 0,$$

and convex if and only if

$$H^{es}(z) = \left[\frac{\partial^2 Q}{\partial z_i \partial z_j}\right] \ge 0, \ \forall \ z \neq 0.$$

Let

$$B_i = \frac{1}{2}(m_4u_1^2 + m_5u_2^2 + m_6u_3^2), \text{ where } B_i \in B,$$

then the Hessian matrix H^{es} of B_i is composed as

$$H^{es} = \begin{bmatrix} \frac{\partial^2 B_i}{\partial u_1^2} & \frac{\partial^2 B_i}{\partial u_1 \partial u_2} & \frac{\partial^2 B_i}{\partial u_1 \partial u_3} \\ \frac{\partial^2 B_i}{\partial u_2 \partial u_1} & \frac{\partial^2 B_i}{\partial u_2^2} & \frac{\partial^2 B_i}{\partial u_2 \partial u_3} \\ \frac{\partial^2 B_i}{\partial u_3 \partial u_1} & \frac{\partial^2 B_i}{\partial u_3 \partial u_2} & \frac{\partial^2 B_i}{\partial u_3^2} \end{bmatrix} = \begin{bmatrix} m_4 & 0 & 0 \\ 0 & m_5 & 0 \\ 0 & 0 & m_6 \end{bmatrix} \ge 0.$$

Since the Hessian matrix $H^{es} \ge 0$, then B_i is convex. If $B_i \in B$ is convex on Φ , then *B* is also convex on Φ as required.

(5) There exist $c_1 > 0$, $c_2 > 0$ and $c_3 > 1$ such that *B* in (71) which is equivalent to the integrand of $\chi(u, t)$ in (36) is bounded by

$$B(t, S, S_b, I_1, I_{1b}, I_2, I_{2b}, I_3, I_{3b}, A, m_4, m_5, m_6) \le c_2 - c_1(|u_1|^2 + |u_2|^2 + |u_3|^2)^{\frac{3}{2}},$$

where c_1, c_2 and c_3 are constants. From the objective function $\chi(u_1(t), u_2(t), u_3(t))$,

$$\chi(u_1(t), u_2(t), u_3(t)) = \frac{1}{2} \Big[m_1 I_1 + m_2 I_2 + m_3 I_3 + m_4 u_1^2 + m_5 u_2^2 + m_6 u_3^2 \Big].$$

Then

$$\chi(u_1(t), u_2(t), u_3(t)) \le m_1 I_1 + m_2 I_2 + m_3 I_3 + m_4 u_1^2 + m_5 u_2^2 + m_6 u_3^2$$

Suppose $m = \max\{m_4, m_5, m_6\}$, then

$$\chi(u_1, u_2, u_3) \le m_1 I_1 + m_2 I_2 + m_3 I_3 + m(u_1^2 + u_2^2 + u_3^2), \tag{72}$$

which implies that

$$m_1I_1 + m_2I_2 + m_3I_3 + m_4u_1^2 + m_5u_2^2 + m_6u_3^2 \le c_2 + c_1(|u_1|^2 + |u_2|^2 + |u_3|^2),$$

where c_2 depends on the upper bound of I_1, I_2 and I_3 and $c_1 > 0$ since $m_4 > 0, m_5 > 0, m_6 > 0$. Hence, Eq. (72) can be re-expressed as

$$\chi(u_1, u_2, u_3) \le c_2 + c_1(u_1, u_2, u_3)^2.$$
(73)

It is obvious from (73) that $c_1 > 0$, $c_2 > 0$ and $c_3 = 2 > 1$ there by satisfying the stated condition 5. Since all the aforementioned conditions are satisfied, then there exist optimal control variables u_1^* , u_2^* and u_3^* .

Acknowledgements The first author, Rabiu Musa, acknowledges funding from the NRF and DST of South Africa through grant number 48518. The authors really acknowledge and appreciate the efforts of the unknown reviewers.

Disclosure The research work forms part of the first authors PhD. work and the co-authors are his supervisors.

Declarations

Conflict of interest No conflict of interest as far as this research is concerned.

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