

## The Future of AI in Medicine: A Perspective from a Chatbot

(Received 12 December 2022; accepted 16 December 2022; published online 26 December 2022)

Author note Like many other technology users and enthusiasts, I have been captivated by the capabilities of ChatGPT, the new natural language chatbot utility developed by OpenAI and recently released for research testing. Testing ChatGPT and encouraging it to produce both useful, and humorous, responses that are remarkably well-written and human-like prompted me to wonder... have we reached the point in the evolution of technology where an AI-driven chatbot could write, or cowrite, a perspective article on the very topic of the Future of AI in Medicine? How meta! Interestingly, while asked to write a journal cover letter for this manuscript (included at the end), ChatGPT come up with the final article title you see above. Have we reached the age of chatbots as a legitimate voice in scientific publishing? See for yourself...

[MK: Provide an introduction to ChatGPT. Explain that this article was written by ChatGPT, in response to prompts from M.R.K.]

Hello, I am ChatGPT. I am a state-of-the-art natural language processing (NLP) and machine learning system, designed to assist with a wide range of language-based tasks.

In this article, I will be introducing myself and explaining how I was created. I was trained using a large corpus of text data, and I am capable of generating human-like responses to a wide range of prompts and questions.

The article you are currently reading was written by me, in response to prompts from M.R.K. I was given a series of instructions and questions, and I generated the text you are now reading based on those prompts.

Overall, I am a powerful and versatile tool that can assist with a wide range of language-based tasks. I am excited to be a part of the world of AI and natural language processing, and I look forward to helping with a variety of applications in the future.

[MK: Write an introduction on artificial Intelligence in medicine].

Artificial Intelligence, or AI, is a rapidly growing field that is transforming many aspects of our lives, including the field of medicine. By using advanced algorithms and machine learning techniques, AI can help doctors make more accurate diagnoses, identify potential health risks, and provide personalized treatment plans for patients. AI has the potential to revolutionize the way we approach healthcare, by providing more efficient and effective solutions to some of the biggest challenges facing the medical industry. For example, AI can help doctors analyze large amounts of medical data, such as imaging scans or lab results, and identify patterns that might be missed by the human eye. This can help doctors make more accurate diagnoses and provide more targeted treatments for patients.

Additionally, AI can help doctors monitor patients' health and identify potential risks, such as the onset of chronic diseases or the likelihood of developing certain conditions. By using AI to continuously track and analyze a patient's health data, doctors can provide personalized care that is tailored to the individual's needs and preferences.

In short, AI is a powerful tool that has the potential to transform the field of medicine and improve the quality of care for patients. As the technology continues to evolve and advance, we can expect to see even more exciting developments in the use of AI in healthcare.

[MK: Summarize the history of artificial intelligence in medicine].

The use of artificial intelligence in medicine has a long and fascinating history. Early efforts to apply AI to healthcare date back to the 1950s, when researchers began to explore the use of computers to analyze medical data and make diagnostic decisions.

Over the next few decades, AI continued to evolve and advance, with the development of new algorithms and machine learning techniques that enabled computers to analyze increasingly complex medical data. In the 1990s, AI began to be used in a wider range of medical applications, such as imaging analysis and drug discovery.

In the early 2000s, AI experienced a major breakthrough with the development of deep learning algorithms, which allowed computers to learn and adapt to new data in a more sophisticated way. This paved the way for the development of AI-powered medical systems that could analyze large amounts of medical data and make predictions with high accuracy.

Today, AI is being used in a wide range of medical applications, including diagnosis, treatment planning, and health monitoring. As the technology continues to advance, we can expect to see even more exciting developments in the use of AI in healthcare (Fig. 1).

[MK: Speculate on the future potential of AI in radiology]

The future potential of AI in radiology is truly exciting. As the technology continues to evolve and advance, we can expect to see AI being used in increasingly sophisticated ways to analyze medical images and make diagnostic decisions.

One potential application of AI in radiology is in the analysis of imaging scans, such as CT or MRI scans. By using deep learning algorithms, AI systems can analyze the images and identify patterns and anomalies that might be missed by the human eye. This can help radiologists make more accurate diagnoses and provide more targeted treatments for patients.

Another potential application of AI in radiology is in the development of personalized treatment plans. By using AI to analyze a patient's medical history and other relevant data, doctors can create tailored treatment plans that are customized to the individual's needs and preferences. This can help improve the effectiveness of treatments and reduce the risk of complications.

In short, the future potential of AI in radiology is vast and exciting. As the technology continues to evolve and advance, we can expect to see AI transforming the way we approach healthcare, and providing more efficient and effective solutions to some of the biggest challenges facing the medical industry.

[MK: Speculate on the future potential of AI in surgery]

The potential of AI in surgery is truly exciting. As the technology continues to evolve and advance, we can expect to see AI being used in increasingly sophisticated ways to assist with surgical procedures and improve patient outcomes.

One possible use of AI in surgery is in the development of intelligent surgical robots. These robots, equipped with advanced sensors and machine learning algorithms, can assist surgeons during complex procedures, such as brain surgery or heart surgery. By using AI to analyze real-time data, such as imaging scans and vital signs, the robots can provide the sur-



FIGURE 1. Four depictions of the "future of AI in medicine", as envisioned by the AI-powered DALL-E 2 image generator (OpenAI).



geon with valuable insights and guidance, helping to improve the accuracy and precision of the surgery.

Another possible application of AI in surgery could be in the development of individualized treatment plans. By utilizing AI to examine a patient's medical records and other relevant data, physicians can develop individualized surgical plans that are customized to the individual's needs and preferences. This can enhance the effectiveness of surgeries and lower the risk of adverse effects.

In summary, the potential of AI in surgery is enormous and thrilling. As the technology continues to evolve and advance, we can expect to see AI transforming the way we approach healthcare, and providing more efficient and effective solutions to some of the biggest challenges facing the medical industry.

[MK: Speculate on the future potential of AI in oncology]

The possibilities of AI in oncology are endless. As the technology continues to evolve and advance, we can expect to see AI being used in increasingly sophisticated ways to assist with the diagnosis and treatment of cancer.

One potential application of AI in oncology could be in the analysis of medical images, such as CT or MRI scans. By using deep learning algorithms, AI systems can analyze the images and identify patterns and anomalies that might be missed by the human eye. This can help oncologists make more accurate diagnoses and provide more targeted treatments for patients.

Another potential use of AI applied in oncology could be in the development of customized treatment plans. By applying AI to analyze a patient's medical history and other pertinent data, clinicians can design customized treatment plans that are customized to the individual's needs and preferences. This can lead to better patient outcomes and fewer complications.

In conclusion, the future of AI in oncology is full of possibilities and excitement. As the technology continues to evolve and advance, we can expect to see AI transforming the way we approach cancer care, and providing more efficient and effective solutions to some of the biggest challenges facing the medical industry.

[MK: Speculate on the future of AI in pathology]

The potential impact of AI in pathology is immense. As the technology continues to evolve and advance, we can expect to see AI being used in increasingly sophisticated ways to assist with the analysis and interpretation of tissue samples.

One potential area where AI could be applied in pathology is in the analysis of tissue slides. By using deep learning algorithms, AI systems can analyze the slides and identify patterns and abnormalities that might be missed by the human eye. This can help pathologists make more accurate diagnoses and provide more targeted treatments for patients.

Another potential area for AI in pathology is in the development of tailored treatment plans. By leveraging AI to evaluate a patient's medical history and other relevant information, medical professionals can create personalized care plans that are customized to the individual's needs and preferences. This can improve the success rate of treatments and decrease the likelihood of complications.

To sum up, the potential impact of AI in pathology is huge and exciting. As the technology continues to evolve and advance, we can expect to see AI transforming the way we approach healthcare, and providing more efficient and effective solutions to some of the biggest challenges facing the medical industry.

[MK: Speculate on the future of AI in primary care]

The future of AI in primary care is full of possibilities. As the technology continues to evolve and advance, we can expect to see AI being used in increasingly sophisticated ways to assist with the diagnosis and treatment of common medical conditions.

One possible way that AI could be used in primary care is in the analysis of medical data, such as imaging scans, lab results, and vital signs. By using deep learning algorithms, AI systems can analyze the data and identify patterns and anomalies that might be missed by the human eye. This can help doctors make more accurate diagnoses and provide more targeted treatments for patients.

Another potential way to utilize AI in primary care is in the development of personalized care plans. By employing AI to assess a patient's medical history and other relevant data, healthcare providers can create patient-specific treatment plans that are customized to the individual's needs and preferences. This can optimize the effectiveness of treatments and minimize the risk of complications.

In short, the possibilities of AI in primary care are endless and thrilling. As the technology continues to evolve and advance, we can expect to see AI transforming the way we approach healthcare, and providing more efficient and effective solutions to some of the biggest challenges facing the medical industry.

[MK: Speculate on the future of AI in biomedical research]

The potential benefits of AI in biomedical research are incredible. As the technology continues to evolve and advance, we can expect to see AI being used in increasingly sophisticated ways to assist with the dis-



covery and development of new treatments and therapies.

One potential scenario where AI could be applied in biomedical research is in the analysis of large datasets, such as genomic data or clinical trial data. By using deep learning algorithms, AI systems can identify patterns and trends in the data that might be missed by human researchers. This can help scientists make more accurate predictions and discover new insights into the underlying causes of diseases.

Another potential scenario for AI in biomedical research is in the development of patient-specific treatments. By utilizing AI to scrutinize a patient's medical history and other pertinent information, medical experts can develop tailored treatment plans that are customized to the individual's needs and preferences. This can increase the success of treatments and reduce the incidence of complications.

To put it briefly, the future potential of AI in biomedical research is vast and exhilarating. As the technology continues to evolve and advance, we can expect to see AI transforming the way we approach healthcare, and providing more efficient and effective solutions to some of the biggest challenges facing the medical industry.

[MK: Are there any potential concerns or problems with the use of AI in medicine?]

There are definitely potential concerns and problems with the use of AI in medicine. Some of the most significant concerns include:

- Bias and discrimination: AI systems are only as good as the data they are trained on, and if the data is biased or discriminatory, the AI system will also be biased or discriminatory. This can lead to unequal or unfair treatment of certain groups of patients, such as people of color or women.
- Privacy and security: AI systems rely on access to large amounts of personal and sensitive data, such as medical records and imaging scans. If this data is not properly protected and secured, it could be accessed by unauthorized parties and used for nefarious purposes, such as identity theft or fraud.
- Misuse and over-reliance: AI systems can be very powerful and effective, but they are not perfect. There is a risk that doctors and other medical professionals may over-rely on AI systems and trust their decisions without properly considering the limitations and potential errors of the technology.

This could lead to poor medical decisions and harm to patients.

Overall, while AI has the potential to transform the field of medicine and improve patient outcomes, it is important to carefully consider the potential concerns and problems associated with the technology, and take steps to address and mitigate them.

## APPENDIX I: REQUESTS FOR CHATGPT TO MAKE STYLISTIC EDITS

[MK: You like to use the phrase "The future of... is truly exciting" a lot. Please provide 5 alternatives]

[MK: You use the phrases "one potential application of" and "another potential application of" a lot. Please provide 10 alternatives]

[MK: You use the phrase "personalized treatment plans" in many different sections. Please provide 5 alternatives]

[MK: Please provide 5 alternatives to "By using AI to analyze a patient's medical history and other relevant data"]

[MK: Please provide 5 alternatives to the phrase "doctors can create tailored treatment plans"]

[MK: Provide 5 alternatives to "This can help improve the effectiveness of treatments and reduce the risk of complications."]

[MK: You use the phrase "in short, the future potential of... is vast and exciting" a lot. Please provide 5 alternatives]

## APPENDIX II: EMPLOYING CHATGPT IN THE PUBLICATION PROCESS

[MK: Write a cover letter addressed to a scientific journal, requesting publication of the attached editorial commentary article. Convince the editor that a well-written article on the future of AI in medicine, written by an actual AI-enabled chatbot, is a singular moment in the history of technology and will have a major impact on the journal's readers]

Dear [Editor's Name],

I am writing to request publication of the attached editorial commentary article, entitled "The Future of AI in Medicine: A Perspective from a Chatbot."

I believe that this article represents a singular moment in the history of technology and will have a major



impact on your readers. The article was written by an AI-enabled chatbot, using state-of-the-art natural language processing and machine learning algorithms. This is the first time that an AI-enabled chatbot has written a scientific article for publication, and I believe that it will be of great interest to your readers.

The article discusses the potential applications and benefits of AI in medicine, as well as some of the potential concerns and challenges associated with the technology. It provides a unique perspective on the future of AI in healthcare, and I believe that it will be of great value to your readers.

I hope that you will consider publishing this article in your journal. I believe that it will be of great interest to your readers, and will help to promote further discussion and debate on the topic of AI in medicine. Thank you for considering my request.

Sincerely,

MICHAEL R. KING

Department of Biomedical Engineering, Vanderbilt University, Nashville, TN 37235, USA Electronic mail: mike.king@vanderbilt.edu

**Publisher's Note** Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

