

On steepness of 3-jet non-degenerate functions

L. Chierchia¹ · M. A. Faraggiana² · M. Guzzo³

Received: 8 August 2018 / Accepted: 13 April 2019 / Published online: 29 April 2019 © Fondazione Annali di Matematica Pura ed Applicata and Springer-Verlag GmbH Germany, part of Springer Nature 2019

Abstract

We consider geometric properties of 3-jet non-degenerate functions in connection with Nekhoroshev theory. In particular, after showing that 3-jet non-degenerate functions are "almost quasi-convex", we prove that they are steep and compute explicitly the steepness indices (which do not exceed 2) and the steepness coefficients.

Keywords Steepness · Steep functions · 3-Jet non-degeneracy · Nekhoroshev's theorem · Hamiltonian systems · Steepness indices · Exponential stability

Mathematics Subject Classification 34D20 · 37J40 · 70H08

Contents

1	Introduction	2152
2	Main result	2155
3	Two lemmas	2159
4	Proof of the Theorem	2161
Re	References	

This research was partially supported by the Italian MIUR Grant 2015KB9WPT_008 "Variational methods, with applications to problems in mathematical physics and geometry".

L. Chierchia luigi@mat.uniroma3.it

> M. A. Faraggiana martha.faraggiana@ubs.com

M. Guzzo guzzo@math.unipd.it

- ¹ Dipartimento di Matematica e Fisica, Università degli Studi Roma Tre, Largo San L. Murialdo 1, 00146 Rome, Italy
- ² UBS Zürich, Badenerstrasse 678, Altstetten, 8048 Zurich, Switzerland
- ³ Dipartimento di Matematica "Tullio Levi-Civita", Università degli Studi di Padova, Via Trieste 63, 35121 Padua, Italy

1 Introduction

In 1977–1979, N.N. Nekhoroshev published a fundamental theorem [17–20] about the "exponential stability" of nearly integrable, real-analytic Hamiltonian systems with Hamiltonian given, in standard action-angle coordinates, by

$$H(I,\varphi) = h(I) + \varepsilon f(I,\varphi), \qquad (I,\varphi) \in U \times \mathbb{T}^n , \tag{1}$$

where $U \subseteq \mathbb{R}^n$ is an open region, $\mathbb{T}^n = \mathbb{R}^n/(2\pi\mathbb{Z})^n$ is the standard flat *n*-dimensional torus and ε is a small parameter. The integrable limit h(I) is assumed to satisfy a geometric condition, called by Nekhoroshev "steepness", which can be formulated as follows (compare, also, Definition 2, § 2).

A function $f \in C^1(U)$, with U a bounded region (i.e. open, bounded and connected set) of \mathbb{R}^n , is said to be steep in U with *steepness indices* $\delta_1, \ldots, \delta_{n-1} \ge 1$ and (strictly positive) *steepness coefficients* $C_1, \ldots, C_{n-1}, \xi_1, \ldots, \xi_{n-1}$, if its gradient h'(I) satisfies the following estimates: $\inf_{I \in U} ||h'(I)|| > 0$ and, for any $I \in U$, for any k-dimensional linear subspace $V^k \subseteq \mathbb{R}^n$ orthogonal to h'(I) with $1 \le k \le n - 1$, one has¹

$$\max_{0 \le \eta \le \xi} \min_{u \in V^k: \|u\|=\eta} \|P_{V^k} h'(I+u)\| \ge C_k \xi^{\delta_k} \quad \forall \, \xi \in (0, \xi_k],$$

where P_{V^k} denotes the orthogonal projection over V^k .

Nekhoroshev's original exponential stability statement is, then, the following:

Let H in (1) be real-analytic with h steep. Then, there exist positive constants a, b and ε_0 such that for any $0 \le \varepsilon < \varepsilon_0$ the solution (I_t, φ_t) of the (standard) Hamilton equations for $H(I, \varphi)$ with initial data (I_0, φ_0) satisfies

$$|I_t - I_0| \le \varepsilon^b$$

for any time t satisfying

$$|t| \leq \frac{1}{\varepsilon} \exp\left(\frac{1}{\varepsilon^a}\right).$$

The values of the parameters a, b, ϵ_0 in the original statements of [17–20], as well as in the recent improvement [6,7], depend on the steepness indices and coefficients. Precisely a, b depend only on the values of the steepness indices and the number of the degrees of freedom, while ϵ_0 depends also on the values of the steepness coefficients. In [7], the explicit dependence of a, b, ϵ_0 on the steepness indices and parameters, as well as on the parameters depending on the perturbation f, is given, and the estimate of the stability exponent:

$$a = \frac{1}{2n\delta_1 \cdot \delta_{n-2}}$$

has been conjectured to be optimal.

Nekhoroshev proved in [16,19,20] that steepness is a generic property of C^{∞} functions. Later, Niederman [21] proved that for real-analytic *h*, steepness is equivalent to require that *h* has no critical points and that its restriction to any affine subspace of dimension $1 \le k \le n - 1$ admits only isolated critical points. However, neither from Nekhoroshev's genericity techniques nor from Niederman's theorem there follow directly explicit conditions to determine whether a given function is steep or not. Indeed, very little is known about the evaluation of steepness parameters (index and coefficients) for general classes of functions,

¹ For any vector $u \in \mathbb{C}^n$, we denote by $||u|| := \sqrt{\sum_i |u_i|^2}$ its Hermitian norm.

evaluation which is necessary in order to give explicit exponential estimates for perturbations of a specific steep Hamiltonian.

Essentially, the only general class of steep functions, which is well understood, is that of "quasi-convex" functions. Quasi-convexity is the simplest instance of steepness, and the quasi-convex case has been used for decades to improve the theoretical stability bounds of Nekhoroshev's theorem, especially the stability exponent *a*. In the quasi-convex case, the proof of the theorem has been significantly simplified (compare [2,3,5]), and furthermore, the stability exponent has been improved up to $a = (2n)^{-1}$ (compare [11,12,24]; see, also, [4] for exponents which are intermediate between $a = (2n)^{-1}$ and $a = (2(n-1))^{-1}$). Such exponents in the convex case have been proved to be nearly optimal [29].

Beyond the quasi-convex case, Nekhoroshev provided other sufficient conditions to recognize if a given C^k function is steep in a neighbourhood of a point *I*. Such conditions are formulated in terms of the jet of partial derivatives of *h* (compare [14–20]).

From this point of view, quasi-convex functions are identified as 2-jet non-degenerate functions. Precisely, in [17,18], it is proved that if $\nabla h(I) \neq 0$, and the jet of order 2 of the function *h* at *I* is non-degenerate, i.e. if the system:

$$\begin{cases} \sum_{i=1}^{n} \frac{\partial h}{\partial I_i}(I)u_i = 0\\ \sum_{i,j=1}^{n} \frac{\partial^2 h}{\partial I_i \partial I_j}(I)u_i u_j = 0 \end{cases}$$
(2)

has a unique solution u = (0, ..., 0) in \mathbb{R}^n , then *h* is steep in a neighbourhood of *I* with steepness indices $\delta_1 = \cdots = \delta_n = 1$; the steepness coefficients follow from standard convexity estimates, since the restriction to any linear space V^k orthogonal to $\nabla h(I)$ of a quasi-convex function *h* (or² – *h*) is convex (compare, also, Remark (v), Sect. 2).

Therefore, one is left with the problem of computing steepness parameters of functions whose 2-jet is degenerate.

In [17,18], Nekhoroshev pointed out also the steepness of functions h such that $\nabla h(I) \neq 0$ and with jet of order 3 at I is non-degenerate, meaning that the system

$$\begin{cases} \sum_{i=1}^{n} \frac{\partial h}{\partial I_i}(I)u_i = 0\\ \sum_{i,j=1}^{n} \frac{\partial^2 h}{\partial I_i \partial I_j}(I)u_i u_j = 0\\ \sum_{i,j,k=1}^{n} \frac{\partial^3 h}{\partial I_i \partial I_j \partial I_k}(I)u_i u_j u_k = 0 \end{cases}$$
(3)

has a unique solution u = (0, ..., 0) in \mathbb{R}^n .

Actually, steepness of 3-jet non-degenerate functions is not proved in [17,18], but rather it is obtained as a consequence of a former result of Nekhoroshev [16,19,20] about the steepness of functions whose jets of order j are outside the closure of the set P_j of jets which satisfy

² Steepness is invariant under the change $h \rightarrow -h$; hence, convexity and concavity are "equivalent" in this context and one usually refers only to convexity for simplicity.

certain algebraic conditions³. From such papers, it follows that the steepness indices of 3-jet non-degenerate functions are bounded from above with functions depending on n, and no computations of the steepness coefficients are provided.

Nevertheless, the 3-jet condition (being the only explicit general steepness condition apart from quasi-convexity) has gained quite a relevance in Nekhoroshev theory. Indeed, it enlarged significantly the range of applications of Nekhoroshev's Theorem, especially to celestial mechanics ([1,10,13,22,23,25,27], see also the review paper [9]). Furthermore, numerical studies revealed the difference of the asymptotic stability between convex functions and 3-jet non-degenerate functions (compare [8,28]).

On the other hand, 2-jet and 3-jet non-degeneracies, presently, appear to be the only algebraic sufficient conditions for steepness which are formulated with equations independent on the number n of the degrees of freedom. For example, there are functions whose 4-jet is non-degenerate, in the sense that the system

$$\begin{cases} \sum_{i=1}^{n} \frac{\partial h}{\partial I_{i}}(I)u_{i} = 0\\ \sum_{i,j=1}^{n} \frac{\partial^{2} h}{\partial I_{i} \partial I_{j}}(I)u_{i}u_{j} = 0\\ \sum_{i,j,k=1}^{n} \frac{\partial^{3} h}{\partial I_{i} \partial I_{j} \partial I_{k}}(I)u_{i}u_{j}u_{k} = 0\\ \sum_{i,j,k,\ell=1}^{n} \frac{\partial^{4} h}{\partial I_{i} \partial I_{j} \partial I_{k} \partial I_{\ell}}(I)u_{i}u_{j}u_{k}u_{\ell} = 0\end{cases}$$

has only the trivial solution u = (0, ..., 0), but are not steep (see Example 1, [26])). Algebraic conditions for the steepness of functions of n = 3 and n = 4 variables which are 3-jet degenerate have been formulated in [26]; no general conditions for the steepness of 3-jet degenerate functions formulated using the 4-jet are known up to now. In fact, the sufficient jet conditions provided by Nekhoroshev in [14–16,19,20] are formulated in terms of the closure C_j of a set whose definition depends on the number n of the degrees of freedom; explicit equations for $C_j(n)$, valid for arbitrary n, are not known.

In this paper, we investigate further 3-jet non-degenerate functions in connection with their steepness properties.

A key property of such functions is a "spectral non-degeneracy" of their Hessian matrix. More precisely, if *h* is 3-jet non-degenerate and V^k is a linear subspace of $h'(I)^{\perp}$, then the symmetric operator $P_{V^k}h''(I) : V^k \to V^k$ is strictly definite apart, possibly, from one single direction: in other words, there may be at most one small (or vanishing) eigenvalue; the precise statement is the content of Lemma 1 in Sect. 3. In this sense, one might say that 3-jet non-degenerate functions are "almost quasi-convex".

This observation allows to concentrate the study of steepness on *lines* (one-dimensional vector spaces) in $h'(I)^{\perp}$: this quantitative analysis is the content of Lemma 2 of Sect. 3.

Putting together these two facts, one can finally prove (Sect. 4) the steepness of 3-jet non-degenerate functions and compute explicitly the steepness indices, which do not exceed 2, and the steepness coefficients.

³ We remark that the result does not follow by simply checking if the 3-jet of a 3-jet non-degenerate function is outside the closure of P_3 but, depending on the value of *n*, there is suitably large *j* such that the jet of a 3-jet non-degenerate function is outside the closure of P_j .

2 Main result

We start with some standard notation:

• (Tensors of derivatives) Given $G \subseteq \mathbb{R}^n$ open, $p \in \mathbb{N}$ and a C^p function $h : G \to \mathbb{R}$, $D^p h(I) = h^{(p)}(I)$ denotes the symmetric *p*-tensor at $I \in G$ of the *p*-derivatives acting on⁴ $(u_1, \ldots, u_p) \in (\mathbb{R}^n)^p$ as

$$D^p h(I)[u_1,\ldots,u_p] := \sum_{1 \le i_1,\ldots,i_p \le n} \frac{\partial^p h(I)}{\partial I_{i_1} \cdots \partial I_{i_p}} u_{1i_1} \cdots u_{pi_p}$$

In particular, for p = 1, $h^{(1)}$ is (identified with) the gradient

$$h' := \nabla h := \left(\frac{\partial h}{\partial I_1}, \dots, \frac{\partial h}{\partial I_n}\right)$$

and, for $p = 2, h^{(2)}$ is (identified with) the Hessian matrix

$$h'' := \left(\frac{\partial^2 h}{\partial I_i \partial I_j}\right)_{i,j=1,\dots,n}$$

For $n \ge p \ge 2$, $D^p h(I)[u_2, ..., u_p]$ denotes the vector in \mathbb{R}^n with *i* th-component given by:

$$e_i \cdot D^p h(I)[u_2, \dots, u_p] = D^p h(I)[e_i, u_2, \dots, u_p],$$

where $\{e_1, \ldots, e_n\}$ is the standard orthonormal bases of \mathbb{R}^n $(e_{ij} = \delta_{ij})$ and $u \cdot v = \sum_{i=1}^n u_i v_i$ the standard inner product in \mathbb{R}^n .

Analogously, for $n \ge p \ge 3$, $D^p h(I)[u_3, ..., u_p]$ denotes the $(n \times n)$ -matrix with entries given by:

$$D^{p}h(I)[u_{3},...,u_{p}]e_{i}\cdot e_{j} = D^{p}h(I)[e_{i},e_{j},u_{2},...,u_{p}];$$

and so on for higher-order tensors (which, however, we shall not need). Finally, for $n \ge p \ge k$ we shall also let

$$D^p h(I)[u]^k := D^p h(I)[\underbrace{u, \dots, u}_{k \text{ times}}].$$

• (Norms) In \mathbb{R}^n , $||x|| = \sqrt{x \cdot x} = \sqrt{\sum_{i=1}^n x_i^2}$ denotes Euclidean norm.

The norm of tensors of derivatives is the standard "functional norm":

$$\|D^{p}h(I)\| := \sup_{\substack{u_{j}: \|u_{j}\|=1\\ j=1,\dots,p}} |D^{p}h(I)[u_{1},\dots,u_{p}]|$$
$$\|D^{p}h\|_{D} := \sup_{D} \|D^{p}h(I)\|.$$

 $\overline{\overset{4}{} u_i = (u_{i1}, \dots, u_{in}).}$

From Cauchy-Schwarz inequality, there follows that

$$\|D^{p}h\|_{D} \leq \sqrt{\sum_{1 \leq i_{1}, \dots, i_{p} \leq n} \sup_{I \in D} \left|\frac{\partial^{p}h(I)}{\partial I_{i_{1}} \cdots \partial I_{i_{p}}}\right|^{2}} =: M_{p}$$

$$\tag{4}$$

• (**Projections**) In what follows, V^k will denote a *k*-dimensional linear proper subspace of \mathbb{R}^n , $1 \le k \le n-1$, and $P_{V^k} : \mathbb{R}^n \to V^k$ the orthogonal projection on V^k : if $\{\bar{e}_1, \ldots, \bar{e}_k\}$ is an orthonormal basis of V^k , then

$$P_{V^k}v = \sum_{j=1}^k (v \cdot \bar{e}_j) \,\bar{e}_j \,, \qquad \|P_{V^k}v\|^2 = \sum_{j=1}^k |v \cdot \bar{e}_j|^2 \,. \tag{5}$$

Recall that projections P are symmetric operators with $||P|| \le 1$ and such that $P^2 = P$.

Below, linear spaces V^k will be always subspaces of the orthogonal complement of h'(I),

$$h'(I)^{\perp} := \{ u \in \mathbb{R}^n \mid u \cdot h'(I) = 0 \},\$$

with *I* regular point for *h* (i.e. $h'(I) \neq 0$).

.

We, now, recall the general notion of "jet non-degeneracy":

Definition 1 Let $p \in \mathbb{N}$ and $G \subseteq \mathbb{R}^n$ be open. A C^p function $h : G \to \mathbb{R}$ is said to be *p*-jet non-degenerate at $I \in G$ if

$$D^k h(I)[u]^k = 0, \quad \forall \ 1 \le k \le p \implies u = 0.$$
 (6)

The function h is said to be p-jet non-degenerate on $D \subseteq G$ if h is p-jet non-degenerate at every $I \in D$.

Remarks (i) A 1-jet non-degenerate function at *I* is simply a function regular at *I*, i.e. such that $h'(I) \neq 0$.

A 2-jet non-degenerate function with nonvanishing gradient is, by definition, a **quasi-convex** function (at *I*); in other words, a quasi-convex function is a function *h* which is strictly convex (or concave) on $h'(I)^{\perp}$, *I* being a regular point for *h*.

(ii) From (6), it follows immediately that if h is 2-jet non-degenerate with nonvanishing gradient (quasi-convex) on a compact set $D \subseteq G$ then,

$$M_2 \stackrel{(4)}{\geq} \|D^2 h\|_D \ge \min_{I \in D} \min_{\substack{u \in h'(I)^{\perp} \\ \|u\| = 1}} \left|h^{(2)}(I)[u]^2\right| =: \beta > 0.$$

Analogously, if h is 3-jet non-degenerate at I with nonvanishing gradient, then

$$M_{3} \stackrel{(4)}{\geq} \|D^{3}h\|_{D} \geq \min_{\substack{u \in h'(I)^{\perp} \\ \|u\|=1}} \max\left\{ \left| h^{(2)}(I)[u]^{2} \right|, \left| h^{(3)}(I)[u]^{3} \right| \right\} := \beta(I) > 0, \quad (7)$$

🖄 Springer

. 4.

and, if h is 3-jet non-degenerate on a compact set $D \subseteq G$, then⁵

$$M_{3} \geq \min_{\substack{I \in D, \|u\| = 1\\ u \in h'(I)^{\perp}}} \max\left\{ \left| h^{(2)}(I)[u]^{2} \right|, \left| h^{(3)}(I)[u]^{3} \right| \right\} := \beta > 0,$$
(8)

(obviously, $\beta(I) \ge \beta$).

(iii) For every $v \in \mathbb{R}^n$ and for every $u \in V^k$ with ||u|| = 1, one has

$$\|P_{V^k}v\| \ge |P_{V^k}v \cdot u| = |v \cdot P_{V^k}u| = |v \cdot u|.$$
(9)

Applying these inequalities with v = h''(I)u, one sees that if *h* is 2-jet non-degenerate on *D* it follows that, $\forall I \in D, \forall V^k \subseteq h'(I)^{\perp}$,

$$||P_{V^k}h''(I)u|| \ge \beta$$
, $\forall u \in V^k$, $||u|| = 1$. (10)

Analogously, applying (9) with $v = h^{(2)}(I)u$ and $v = h^{(3)}(I)[u]^2$ one sees that if *h* is 3-jet non-degenerate on *D* it follows that, $\forall I \in D, \forall V^k \subseteq h'(I)^{\perp}$,

$$\max\left\{\|P_{V^k}h''(I)u\|, \|P_{V^k}h^{(3)}(I)[u]^2\|\right\} \ge \beta , \quad \forall \, u \in V^k \,, \, \|u\| = 1 \,.$$
(11)

Notice also that the eigenvalues of $P_{V^k}h''(I)$ have absolute value bounded by M_2 : indeed, if $P_{V^k}h''(I)\bar{e} = \lambda \bar{e}$ with $\|\bar{e}\| = 1$, then

$$|\lambda| = \|\lambda \bar{e}\| = \|P_{V^k} h''(I)\bar{e}\| \le M_2.$$
(12)

Let us now turn to the definition of steepness as originally given by N.N. Nekhoroshev:

Definition 2 (Nekhoroshev [17,18]) Let $n \ge 2$ be an integer and $G \subseteq \mathbb{R}^n$ an open set. A C^1 function $h : G \subseteq \mathbb{R}^n \to \mathbb{R}$ is said to be **steep at a point** $I \in G$ if I is a regular point for h (i.e. $h'(I) \ne 0$) and, for each $1 \le k \le n - 1$, there exist positive constants C_k , ξ_k , δ_k such that the inequality

$$\max_{0 \le \eta \le \xi} \min_{\substack{u \in V^k \\ \|u\|=1}} \left\| P_{V^k} h'(I+\eta u) \right\| \ge C_k \xi^{\delta_k} , \ \forall \ 0 < \xi \le \xi_k$$
(13)

holds for every linear subspace $V^k \subseteq h'(I)^{\perp}$.

The numbers C_k and ξ_k are called **steepness coefficients**, while δ_k is called **the steepness index** of order *k*.

A C^1 function *h* is said to be **steep** on $D \subseteq G$ if there exist positive constants C_k , ξ_k , δ_k such that, for every $I \in D$, *h* is steep at *I* with coefficients C_k , ξ_k and indices δ_k .

Let us make a few more remarks.

(iv) Definition 2 is well posed since the function (defined for η small enough)

$$\eta \to F_{V^k}(\eta) := \min_{\substack{u \in V^k \\ \|u\|=1}} \left\| P_{V^k} h'(I + \eta u) \right\|$$
(14)

is upper semi-continuous, and hence, it achieves maximum on compact sets (note, however, that $F_{V^k}(0) = 0$).

⁵ Notice that, if $S^{n-1} := \{u \in \mathbb{R}^n \mid ||u|| = 1\}$, the function $F : (I, u) \in D \times S^{n-1} \to F(I, u) := \max\{|h^{(2)}(I)[u]^2|, |h^{(3)}(I)[u]^3|\}$ is continuous on the compact set $\{(I, u) \in D \times S^{n-1} \mid h'(I) \cdot u = 0\}$ and therefore attains a minimum β on such a set: such a minimum is strictly positive since when $h'(I) \cdot u = 0$, by (3), F(I, u) > 0.

(v) Quasi-convex functions are the steepest functions: they are steep with lowest possible indices, namely $\delta_k = 1$ for all k.

Let us recall the elementary argument: by (10) and by Taylor's formula, for all $u \in V^k \cap G$ with ||u|| = 1, V^k linear subspace of $h'(I)^{\perp}$, and for small enough $\xi > 0$, one has:

$$\begin{split} \|P_{V^k}h'(I+\xi u)\| &= \|P_{V^k}h'(I) + \xi P_{V^k}D^2h(I)u + o(\xi)\| \\ &= \|\xi P_{V^k}h''(I)u + o(\xi)\| \\ &\geq \xi \big(\|P_{V^k}h''(I)u\| - o(1)\big) \stackrel{(10)}{\geq} \frac{\beta}{2} \xi \,, \end{split}$$

and steepness at *I* follows with $\delta_k = 1$ for all *k* (and $C_k = \beta/2$). The argument extends uniformly on compact sets.

Notice also that this proves a stronger property than steepness since it has been enough to consider only $\eta = \xi$ in (13) (rather than all $0 < \eta \le \xi$).

We are ready to formulate the main result:

Theorem Let D be a compact subset of an open set $G \subseteq \mathbb{R}^n$ such that $B_r(I) \subseteq G$ for all $I \in D$. Let $h : G \to \mathbb{R}$ be a C^4 function and assume that $h' \neq 0$ on D and that h is 3-jet non-degenerate on D. Let β as in (8), M_p as in (4) and define

$$M := \max\{M_2, M_3, M_4\}, \quad \gamma := \frac{\beta}{M}, \quad \theta := \frac{1}{8(3 + 2\sqrt{2})}$$

and, for $1 \le k \le n - 1$,

$$C_k = C := \theta \beta , \qquad \xi_k := \min\left\{r, \frac{\theta}{2k^2}\gamma^3\right\}.$$
(15)

Then, h is steep on D with coefficients C_k , ξ_k and indices $\delta_k \leq 2$.

Remarks (vi) From the definitions given it follows immediately that

$$\gamma \le 1$$
, $\xi_k \le \frac{1}{16(3+2\sqrt{2})}$

(vii) We shall first prove steepness for the third-order truncation of the Taylor expansion of h and then extend it to the full function: this is not surprising, as the main hypothesis regards the 3-jet of h, which may be identified with the third-order Taylor polynomial of h. For this purpose, let us denote \bar{h} the third-order Taylor polynomial of h at $I \in D$:

$$\bar{h}(I') := \sum_{j=0}^{3} \frac{1}{j!} D^{j} h(I) [I' - I]^{j}$$

so that by Taylor's formula with integral remainder it is

$$\begin{aligned} h'(I+u) &= \bar{h}'(I+u) + R(u;I) , \qquad (16) \\ R(u;I) &:= \frac{1}{2} \int_0^1 (1-t)^2 h^{(4)}(I+tu)[u]^3 dt , \\ \|R(u;I)\| &\leq \frac{M_4}{6} \|u\|^3 , \quad \forall I \in D , \ \|u\| \leq r . \end{aligned}$$

⁶ $D^0h := h$.

We shall also define the truncated "Nekhoroshev's function", for given $I \in D$ and $V^k \subseteq h(I)^{\perp}$,

$$\bar{F}_{V^{k}}(\eta) := \min_{\substack{u \in V^{k} \\ \|u\|=1}} \left\| P_{V^{k}} \bar{h}'(I+\eta u) \right\| .$$
(18)

Thus, from definitions (14), (18) and (16), one has

$$F_{V^k}(\eta) \ge \bar{F}_{V^k}(\eta) - \frac{M_4}{6}\eta^3$$
 (19)

(viii) Some of the steepness indices δ_k of 3-jet non-degenerate functions can be equal to 1; this happens (trivially) for quasi-convex functions where $\delta_k = 1$ for all k. Also, $\delta_k = 1$ for some k if the restriction of the Hessian matrix of h to any k-dimensional linear space orthogonal to h'(I) is non-degenerate [1,8].

3 Two lemmas

In this section, we show two properties of 3-jet non-degenerate functions: the first is a simple but crucial *spectral non-degeneracy property*, namely that the restriction of the Hessian of a 3-jet non-degenerate function on a linear space orthogonal to its gradient has at most *one* "small" eigenvalue: *3-jet non-degenerate functions are "almost quasi-convex*".

The second property is the direct, explicit check of *steepness of 3-jet non-degenerate functions on lines* (one-dimensional linear subspaces).

These two properties together lead to a simple proof of steepness (given in Sect. 4).

Lemma 1 (Almost quasi-convexity) If h is 3-jet non-degenerate at I, and $V^k \subseteq h'(I)^{\perp}$ with $k \geq 2$, then the spectrum of $P_{V^k}h''(I) : V^k \to V^k$ has at most one eigenvalue in absolute value strictly smaller than $\beta(I)$, where $\beta(I)$ is defined in (7).

Proof Assume, by contradiction, that the conclusion is false. Then, there is an orthonormal basis of eigenvectors $\{\bar{e}_1, \ldots, \bar{e}_k\} \subseteq V^k$ of $P_{V^k}h''(I)$ with corresponding eigenvalues λ_k so that $|\lambda_1| \leq \cdots \leq |\lambda_k|$ and $|\lambda_1| \leq |\lambda_2| < \beta(I)$. For $t \in [0, 2\pi]$, consider the unitary vectors in V^k given by $u_t := (\cos t)\bar{e}_1 + (\sin t)\bar{e}_2$. Then,

$$|h''(I)u_t \cdot u_t| = |P_{V^k}h''(I)u_t \cdot u_t| = |\lambda_1 \cos^2 t + \lambda_2 \sin^2 t| \le |\lambda_2| < \beta(I)$$

but this implies, by 3-jet non-degeneracy and the definition of $\beta(I)$, that $|h^{(3)}[u_t]^3| \ge \beta(I)$ for any *t*, and this is not possible since the real continuous function $t \in [0, 2\pi] \to h^{(3)}[u_t]^3$ changes sign⁷ and hence must have a zero.

Lemma 2 (Steepness on lines) Under the assumptions of the Theorem, let $\theta_0 := 4\theta$

$$\kappa := \theta_0 \beta$$
, $c := \sqrt{2\kappa/M}$. (20)

For every $I \in D$, $u \in h'(I)^{\perp}$ with ||u|| = 1 and $0 < \xi \leq \gamma$, there exists $\eta = \eta_{u,\xi}$ such that⁸

$$c\xi \le \eta_{u,\xi} \le \xi , \qquad (21)$$

and

$$\bar{F}_{V_u^1}(\eta_{u,\xi}) = \min_{\sigma=\pm 1} |\bar{h}'(I + \sigma \eta_{u,\xi} u) \cdot u| \ge \kappa \xi^2 , \qquad (22)$$

⁷ For example, $h^{(3)}[u_0]^3 = -h^{(3)}[u_\pi]^3$.

⁸ Notice that $2\kappa/M = \beta/(M(3 + 2\sqrt{2})) < 1$, so that c < 1.

where we have denoted by V_u^1 the 1-dimensional space generated by u:

$$V_u^1 := \{tu \mid t \in \mathbb{R}\}.$$

Proof The equality in (22) follows from representation (5) with k = 1 and observing that $\{u' \in V_u^1 : \|u'\| = 1\} = \{\pm u\}.$

Since \bar{h} is the third-order Taylor polynomial of h at I, for $\sigma = \pm 1$, it is:

$$\bar{F}_{V_u^1}(\eta) = |P_{V_u^1}\bar{h}(I + \sigma\eta u)| = \left|\sigma\eta P_{V_u^1}h''(I)u + \frac{\eta^2}{2}P_{V_u^1}h^{(3)}[u]^2\right|$$

so that

$$\bar{F}_{V_u^1}(\eta) \ge \left| a\eta - \frac{b}{2}\eta^2 \right| \tag{23}$$

having set $a := \|P_{V_u^1} h''(I)u\|$ and $b := \|P_{V_u^1} h^{(3)}[u]^2\|$. Note that, by (11), (4) and the definition of *M*, it is

$$\beta \le \max\{a, b\} \le M . \tag{24}$$

We consider various cases.

$$a \ge \beta$$
 . (a)

Taking $\eta_{u,\xi} = \xi$:

$$\bar{F}_{V_{u}^{1}}(\eta_{u,\xi}) \stackrel{(23)}{\geq} a\xi - \frac{b}{2}\xi^{2} \stackrel{(a),(24)}{\geq} \beta\xi - \frac{M}{2}\xi^{2} \ge \frac{\beta}{2}\xi > \kappa\xi^{2}$$

where in the last two inequalities we used, respectively,

$$\xi \leq \gamma := \beta/M$$
, $\frac{\beta}{2\kappa} \stackrel{(20)}{=} (3+2\sqrt{2}) > 1$.

Next case is:

$$a = 0 \tag{b}$$

In view of (24), this implies $b \ge \beta$. Then, taking $\eta_{u,\xi} = \xi$:

$$\bar{F}_{V_u^1}(\eta_{u,\xi}) = \frac{\xi^2}{2}b \ge \frac{\xi^2}{2}\beta \stackrel{(20)}{=} (3+2\sqrt{2})\kappa\xi^2 > \kappa\xi^2 .$$

We are left with the case:

$$0 < a < \beta . \tag{c}$$

Note that, again because of (24),

$$0 < a < \beta \stackrel{(24)}{\leq} b \leq M .$$
⁽²⁵⁾

Let $\alpha := \sqrt{2\kappa/b}$ and observe that

$$c = \sqrt{\frac{2\kappa}{M}} \le \alpha \le \sqrt{\frac{2\kappa}{\beta}} \stackrel{(20)}{=} \frac{1}{\sqrt{1 + \sqrt{2}}}.$$
(26)

We then have three subcases:

$$\alpha \xi > \frac{a}{b} \tag{c_1}$$

In this case, we choose

$$\eta_{u,\xi} := \frac{a + \sqrt{a^2 + 2\kappa b\xi^2}}{b} = \frac{a}{b} + \sqrt{\left(\frac{a}{b}\right)^2 + \alpha^2 \xi^2}$$
(27)

so that

$$|a\eta_{u,\xi} - \frac{b}{2}\eta_{u,\xi}^2| = b\eta_{u,\xi} |\frac{a}{b} - \frac{\eta_{u,\xi}}{2}| = \frac{b}{2}\alpha^2\xi^2 = \kappa\xi^2$$

showing, by (23), that (22) is satisfied. Furthermore, by the hypothesis $a/b < \alpha \xi^2$, (26) and the definition of κ in (20), one finds

$$c\xi \stackrel{(26)}{\leq} \alpha\xi \stackrel{(27)}{\leq} \eta_{u,\xi} \stackrel{(c_1)}{<} \alpha\xi(1+\sqrt{2}) \stackrel{(26)}{\leq} \xi$$

proving (21).

Next, we consider the case

$$\xi \ge \frac{a}{b} \ge \alpha \xi \tag{C1}$$

and choose $\eta_{u,\xi} := a/b$. We then find

$$|a\eta_{u,\xi} - \frac{b}{2}\eta_{u,\xi}^2| = \frac{b}{2}\left(\frac{a}{b}\right)^2 \ge \frac{b}{2}\alpha^2\xi^2 = \kappa\xi^2,$$

showing, again by (23), that (22) is satisfied. Inequalities (21) follow immediately by the hypothesis and the fact that $c \leq \alpha$.

The final case is

$$\frac{a}{b} > \xi . \tag{c_3}$$

We choose again $\eta_{u,\xi} = \xi$, so that:

$$|a\xi - \frac{b}{2}\xi^{2}| \ge b\left(\frac{a}{b}\xi - \frac{\xi^{2}}{2}\right) > \frac{b}{2}\xi^{2} \stackrel{(25)}{\ge} \frac{\beta}{2}\xi^{2} \stackrel{(26)}{>} \kappa\xi^{2}.$$

4 Proof of the Theorem

First we prove steepness for the third-order polynomial truncation of h.

For k = 1, steepness for the third-order polynomial truncation of h follows from Lemma 2. We therefore assume $2 \le k \le n-1$, fix $I \in D$, fix V^k a linear space of dimension k in $h(I)^{\perp}$ and let, as above, \bar{h} denote the third-order Taylor polynomial of h at I. Let $\{\bar{e}_1, \ldots, \bar{e}_k\} \subseteq V^k$ be an orthonormal basis of eigenvectors of $P_{V^k}h''(I)$ with corresponding eigenvalues λ_k so that $|\lambda_1| \le \cdots \le |\lambda_k|$. Then, by Lemma 1 and (12) one has

$$\beta \le |\lambda_j|, \ \forall j \ge 2; \qquad |\lambda_j| \le M_2 \le M, \forall j.$$
(28)

Fix $0 < \xi \leq \xi_k$ and a unit vector $u \in V^k$ and define

$$\bar{\eta} := \eta_{\bar{e}_1,\xi} \tag{29}$$

with $\eta_{\bar{e}_1,\xi}$ as in Lemma 2. Recall that, by (21), it is

$$c\xi \le \bar{\eta} \le \xi \ . \tag{30}$$

We claim that

$$\bar{F}_{V^{k}}(\bar{\eta}) = \min_{\substack{u \in V^{k} \\ \|u\|=1}} \left\| P_{V^{k}} \bar{h}'(I + \bar{\eta}u) \right\| \ge \frac{\kappa}{2} \xi^{2} , \quad \forall 0 < \xi \le \xi_{k} .$$
(31)

Estimate (31) says that steepness on V^k can be controlled in terms of steepness along the line in V^k corresponding to the "degenerate" eigenvector \bar{e}_1 of $P_{V^k}h''(I)$, where degeneracy means here that $|\lambda_1|$ may be smaller in absolute value than β (and even vanish). To prove the claim, we let

$$u = \sum_{j=1}^{k} x_j \bar{e}_j , \qquad \sum_{j=1}^{k} x_j^2 = 1 ,$$

be the expansion of u in the orthonormal basis $\{\bar{e}_i\}$ and fix

$$\nu := k \, \frac{M}{\beta} = \frac{k}{\gamma} \,. \tag{32}$$

Notice that

$$2 \le k \le \nu$$
, $\xi_k \stackrel{(15)}{\le} \frac{2\theta}{3k} \frac{1}{\nu} < \frac{1}{\nu}$. (33)

We distinguish two cases: first, assume that:

$$\sum_{j=2}^{k} x_j^2 \ge \nu^2 \bar{\eta}^2 \,. \tag{A}$$

In this case, recalling (28), we have

$$\sum_{j=2}^{k} |\lambda_j| |x_j| \ge \sqrt{\sum_{j=2}^{k} |\lambda_j|^2 |x_j|^2} \ge \beta \sqrt{\sum_{j=2}^{k} x_j^2} \stackrel{(A)}{\ge} \beta \nu \bar{\eta} .$$
(34)

Then, observe that, for all $1 \le j \le k$,

$$\begin{split} \|P_{V^k}\bar{h}'(I+\bar{\eta}u)\| &\geq \|P_{V^k}\bar{h}'(I+\bar{\eta}u)\cdot\bar{e}_j\| \geq \bar{\eta}\|P_{V^k}h^{(2)}(I)u\cdot\bar{e}_j\| - \frac{\bar{\eta}^2}{2}M\\ &= \bar{\eta}|\lambda_j||x_j| - \frac{\bar{\eta}^2}{2}M \;, \end{split}$$

so that, summing over $2 \le j \le k$, one gets

$$\begin{split} \|P_{V^k}\bar{h}'(I+\bar{\eta}u)\| &\geq \frac{\bar{\eta}}{k}\sum_{2=1}^k |\lambda_j| |x_j| - \frac{\bar{\eta}^2}{2}M\\ &\stackrel{(34)}{\geq} \bar{\eta}^2 \Big(\frac{\beta v}{k} - \frac{M}{2}\Big) \stackrel{(32)}{=} \bar{\eta}^2 \frac{M}{2}\\ &\stackrel{(30)}{\geq} c^2 \frac{M}{2} \xi^2 = \kappa \xi^2 > \frac{\kappa}{2} \xi^2 \,, \end{split}$$

proving the claim (31) in case (A).

Assume now that

$$\sum_{j=2}^{k} x_j^2 < \nu^2 \bar{\eta}^2 .$$
 (B)

Notice that by (33) $\nu \bar{\eta} \le \nu \xi_k < 1$ so that $\sum_{j=2}^k x_j^2 < 1$ and, hence, $x_1 \ne 0$.

If $\sum_{j=2}^{k} x_j^2 = 0$, i.e. $x_1 = \pm 1$, the claim follows directly from Lemma 2 in view of the

choice of $\bar{\eta}$ in (29).

Therefore, we assume $0 < |x_1| < 1$. Assumption (B) implies that $|x_1|$ is close to 1:

$$1 - |x_1| < 1 - x_1^2 = \sum_{j=2}^k x_j^2 \stackrel{(B)}{<} \nu^2 \bar{\eta}^2 .$$
(35)

Let $\sigma = \operatorname{sign}(x_1)$ so that

$$x_1 - \sigma = \sigma(|x_1| - 1|)$$
. (36)

Then, recalling (29), by Lemma 2, one has

$$|\bar{h}'(I + \sigma \bar{\eta}\bar{e}_1) \cdot \bar{e}_1| \ge \kappa \xi^2 .$$
(37)

We want to approximate $\bar{h}'(I + \bar{\eta}u) \cdot \bar{e}_1$ with $\bar{h}'(I + \sigma \bar{\eta} \bar{e}_1) \cdot \bar{e}_1$. We do it in two steps.

First, expanding u in the eigen-base $\{\bar{e}_i\}$ and cancelling out the equal terms, we find:

$$\begin{split} \bar{h}'(I + \bar{\eta}u) \cdot \bar{e}_{1} &- \bar{h}'(I + \bar{\eta}x_{1}\bar{e}_{1}) \cdot \bar{e}_{1} \\ &= \bar{\eta}h''(I)u \cdot \bar{e}_{1} - \bar{\eta}x_{1}h''(I)\bar{e}_{1} \cdot \bar{e}_{1} + \frac{\bar{\eta}^{2}}{2}h^{(3)}(I)[\bar{e}_{1}, u, u] - \frac{\bar{\eta}^{2}}{2}x_{1}^{2}h^{(3)}(I)[\bar{e}_{1}]^{3} \\ &= \frac{\bar{\eta}^{2}}{2}h^{(3)}(I)[\bar{e}_{1}, u, u] - \frac{\bar{\eta}^{2}}{2}x_{1}^{2}h^{(3)}(I)[\bar{e}_{1}]^{3} \\ &= \frac{\bar{\eta}^{2}}{2}\sum_{(i,j)\neq(1,1)}x_{i}x_{j}h^{(3)}(I)[\bar{e}_{1}, \bar{e}_{i}, \bar{e}_{j}] \\ &= \bar{\eta}^{2}x_{1}\sum_{j=2}^{k}x_{j}h^{(3)}(I)[\bar{e}_{1}, \bar{e}_{1}, \bar{e}_{j}] + \frac{\bar{\eta}^{2}}{2}\sum_{i,j=2}^{k}x_{i}x_{j}h^{(3)}(I)[\bar{e}_{1}, \bar{e}_{i}, \bar{e}_{j}]. \end{split}$$

Thus, by Cauchy-Schwarz inequality, (B), (4), (32) and (33),

$$\begin{aligned} |\bar{h}'(I + \bar{\eta}u) \cdot \bar{e}_{1} - \bar{h}'(I + \bar{\eta}x_{1}\bar{e}_{1}) \cdot \bar{e}_{1}| &\leq \sqrt{k - 1}\bar{\eta}^{3}vM + \frac{k - 1}{2}\bar{\eta}^{4}v^{2}M \\ &\leq \xi^{2} \cdot \xi_{k} \Big(\sqrt{k - 1}\frac{k}{\gamma^{2}} + \frac{k - 1}{2}\xi_{k}\frac{k^{2}}{\gamma^{2}}\Big)\beta \\ &\leq \xi^{2}\Big(\xi_{k}\,2\frac{k^{2}}{\gamma^{2}}\Big) \\ &\leq \xi^{2}\theta\beta = \frac{\kappa}{4}\xi^{2}\,. \end{aligned}$$
(38)

Next, by (36), (35), (28) and (33), we find:

$$\begin{split} &|\bar{h}'(I + \bar{\eta}x_1\bar{e}_1) \cdot \bar{e}_1 - \bar{h}'(I + \bar{\eta}\sigma\bar{e}_1) \cdot \bar{e}_1| \\ &= \left| \bar{\eta}\lambda_1 \sigma (1 - |x_1|) + \frac{\bar{\eta}^2}{2} (x_1^2 - 1) h^{(3)}(I) [\bar{e}_1]^3 \right| \\ &\leq \bar{\eta}^3 v^2 \Big(M + \frac{\xi_k}{2} M \Big) \\ &\leq \xi^2 \cdot \xi_k \frac{k^2}{\gamma^2} \Big(\frac{\beta}{\gamma} + \frac{\xi_k}{2} \frac{\beta}{\gamma} \Big) \\ &\leq \xi^2 \theta \beta = \frac{\kappa}{4} \xi^2 \,. \end{split}$$
(39)

Thus, for $\xi \leq \xi_k$, by (38) and (39), one gets

$$\begin{aligned} \|P_{V^k}\bar{h}'(I+\bar{\eta}u)\| &\geq |\bar{h}'(I+\bar{\eta}u)\cdot\bar{e}_1| \\ &\geq |\bar{h}'(I+\sigma\bar{\eta}\bar{e}_1)\cdot\bar{e}_1| - |\bar{h}'(I+\bar{\eta}x_1\bar{e}_1)\cdot\bar{e}_1 - \bar{h}'(I+\bar{\eta}\sigma\bar{e}_1)\cdot\bar{e}_1| \\ &\quad - |\bar{h}'(I+\bar{\eta}u)\cdot\bar{e}_1 - \bar{h}'(I+\bar{\eta}x_1\bar{e}_1)\cdot\bar{e}_1| \\ &\geq \frac{\kappa}{2}\xi^2 \,. \end{aligned}$$
(40)

proving claim (31) also in case (B).

Finally, from (19), (40) and the definition of ξ_k , Theorem follows.

References

- Benettin, G., Fassò, F., Guzzo, M.: Nekhoroshev stability of L4 and L5 in the spatial restricted three body problem. Regul. Chaotic Dyn. 3, 56–72 (1998)
- Benettin, G., Galgani, L., Giorgilli, A.: A proof of Nekhoroshev's theorem for the stability times in nearly integrable Hamiltonian systems. Cel. Mech. 37, 1–25 (1985)
- Benettin, G., Gallavotti, G.: Stability of motions near resonances in quasi-integrable Hamiltonian systems. J. Stat. Phys. 44, 293–338 (1985)
- Bounemoura, A., Marco, J.P.: Improved exponential stability for near-integrable quasi-convex Hamiltonians. Nonlinearity 24(1), 97–112 (2011)
- Gallavotti, G.: Quasi-integrable mechanical systems. In: Osterwalder, K., Stora, R. (eds.) Critical Phenomena, Random Systems, Gauge Theories. Les Houches, Session XLIII, 1984. North-Holland, Amsterdam (1986)
- Guzzo, M., Chierchia, L., Benettin, G.: The steep Nekhoroshev's theorem and optimal stability exponents (an announcement). Atti Accad. Naz. Lincei Cl. Sci. Fis. Mat. Natur. 25, 293–299 (2014)
- Guzzo, M., Chierchia, L., Benettin, G.: The steep Nekhoroshev's theorem. Commun. Math. Phys. 342, 569–601 (2016)
- Guzzo, M., Lega, E., Froeschlé, C.: First numerical investigation of a conjecture by N.N. Nekhoroshev about stability in quasi-integrable systems. Chaos 21(3), 1–13 (2011). paper 033101
- Guzzo, M.: The Nekhoroshev theorem and long-term stabilities in the solar system. Serb. Astron. J. 190, 1–10 (2015)
- Lhotka, Ch., Efthymiopoulos, C., Dvorak, R.: Nekhoroshev stability at L₄ or L₅ in the elliptic-restricted three-body problem—application to Trojan asteroid. Mon. Not. R. Astron. Soc. 384(3), 1165–1177 (2008)
- Lochak, P.: Canonical perturbation theory via simultaneous approximations. Russ. Math. Surv. 47, 57–133 (1992)
- Lochak, P., Neishtadt, A.: Estimates in the theorem of N.N. Nekhoroshev for systems with quasi-convex Hamiltonian. Chaos 2, 495–499 (1992)
- Morbidelli, A., Guzzo, M.: The Nekhoroshev theorem and the asteroid belt dynamical system. Celest. Mech. Dyn. Astron. 65, 107–136 (1997)
- Nekhoroshev, N.N.: Behavior of Hamiltonian systems close to integrability. Funct. Anal. Appl. 5, 338–339 (1971)

- Nekhoroshev, N.N.: Behavior of Hamiltonian systems close to integrability. Funk. An. Ego Prilozheniya 5, 82–83 (1971)
- Nekhoroshev, N.N.: Stable lower estimates for smooth mappings and for gradients of smooth functions. Math USSR Sbornik 19, 425–467 (1973)
- Nekhoroshev, N.N.: An exponential estimate of the time of stability of nearly-integrable Hamiltonian systems I. Uspekhi Mat. Nauk 32, 5–66 (1977)
- Nekhoroshev, N.N.: An exponential estimate of the time of stability of nearly-integrable Hamiltonian systems I. Russ. Math. Surv. 32, 1–65 (1977)
- Nekhoroshev, N.N.: An exponential estimate of the time of stability of nearly-integrable Hamiltonian systems II. Tr. Semin. Petrovsk. 5, 5–50 (1979)
- Nekhoroshev N.N.: In: Oleinik, O.A. (ed.) Topics in Modern Mathematics, Petrovskii Seminar, No. 5. Consultant Bureau, New York (1985)
- Niederman, L.: Hamiltonian stability and subanalytic geometry. Ann. Inst. Fourier (Grenoble) 56(3), 795–813 (2006)
- Pavlovic, R., Guzzo, M.: Fulfillment of the conditions for the application of the Nekhoroshev theorem to the Koronis and Veritas asteroid families. Mon. Not. R. Astron. Soc. 384, 1575–1582 (2008)
- 23. Pinzari, G.: Aspects of the planetary Birkhoff normal form. Regul. Chaotic Dyn. 18(6), 860–906 (2013)
- 24. Pöschel, J.: Nekhoroshev estimates for quasi-convex hamiltonian systems. Math. Z. 213, 187 (1993)
- Sansottera, M., Locatelli, U., Giorgilli, A.: On the stability of the secular evolution of the planar Sun-Jupiter-Saturn-Uranus system. Math. Comput. Simul. 88, 1–14 (2013)
- Schirinzi, G., Guzzo, M.: On the formulation of new explicit conditions for steepness from a former result of N.N. Nekhoroshev. J. Math. Phys. 54(072702), 1–22 (2013)
- Schirinzi, G., Guzzo, M.: Numerical verification of the steepness of three and four degrees of freedom hamiltonian systems. Regul. Chaotic Dyn. 20(1), 1–18 (2015)
- Todorović, N., Guzzo, M., Lega, E., Froeschlé, Cl: A numerical study of the stabilization effect of steepness. Celest. Mech. Dyn. Astr. 110, 389–398 (2011)
- Zhang, Ke: Speed of Arnold diffusion for analytic Hamiltonian systems. Invent. Math. 186(2), 255–290 (2011)

Publisher's Note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.