ORIGINAL ARTICLE



Needle fracture as a complication of dental local anesthesia: recommendations for prevention and a comprehensive treatment algorithm based on literature from the past four decades

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Abstract

Objectives The aim of this publication is to provide a concept for prevention and a standardized step-by-step clinical approach to this rare but serious and potentially preventable complication of dental local anesthesia.

Materials and methods We collected data with a PUBMED search using the key words "local anesthesia," "dental anesthesia/ anesthesia" OR "mandibular block anesthesia," "complication," "hypodermic needle," "needle breakage" OR "needle fracture," and "foreign body AND removal" OR "retrieval." The existing literature was systematically evaluated from 1980 to date using Microsoft Excel 2007 (Microsoft Corporation).

Results After analysis of the literature, we included 36 reports documenting 59 needle breakage events and defined possible risk factors and preventive measures. All relevant reported parameters were listed in tabular form. The main result of this article is a treatment algorithm for this complication.

Conclusions Prevention of a needle fracture should be the main goal during local dental anesthesia. Use of longer hypodermic needle can obviate complex retrieval surgery. If immediate removal of the fragment fails, localization, planning, and the necessary surgical procedure should be arranged promptly.

Clinical relevance Following a strict algorithm, successful surgical handling of this complication will depend on minimizing risk and following treatment recommendations closely.

Keywords Hypodermic needle · Needle breakage · Dental anesthesia · Local anesthesia · Complication · Foreign body removal

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Introduction

As the basis for patient-centered pain-free dental therapy, local anesthesia is one of the most frequent interventions in dentistry and one of the main factors that has allowed an image shift from dentistry as a very anxiety-driven necessity to a modern doctor-patient partnership.

Local anesthesia is associated with a low overall incidence of serious complications [1, 2]. Possible risks and complications include systemic reactions such as hypertension, collapse, and toxic or allergic reactions, or local events such as pain, hemorrhage, infections, soft tissue damage, and ophthalmic or nerve disorders, as well as dislodgement of fractured hypodermic needles. The latter can lead to serious and potentially life-threatening consequences by violating adjacent vital anatomical structures [3–7]. Extraction of the broken fragment is—with very few exceptions—generally recommended and should be undertaken as soon as possible.



Reasons for needle breakage can be manifold. The most common cause in the past, fatigue fracture of sterilized reusable dental needles, could be largely eliminated by the introduction of standardized disposable cannulas made of resilient stainless steel in the 1960s [8]. The authors found no scientific report of re-usable syringes for local anesthesia after the late 1970s. Today, prevention of failures in the technical implementation is the most important preemptive measure. Although there is general consensus that preventive measures are particularly important and fragments should usually be removed promptly [2, 4, 6, 9–31], it is remarkable that no guidelines, especially for the surgical procedure, have yet been published.

Purpose

After two cases of a needle breakage presented in brief in the "Results" section, which were referred to the University Clinic for Dental Medicine and Oral Health of the Medical University Graz, Austria, we searched the relevant literature for data to help us determine how to avoid needle fractures and retrieve fragments. The aim of this paper is to provide a concept for prevention and a standardized approach to this complication.

Material and methods

We systematically analyzed the relevant literature from 1980 to date to detect risk situations (e.g., small gauge needle, method of injection, prebending), reported reasons for the respective breakage event and localizations of broken fragments, and specific symptoms. We further investigated mode of detection of the foreign body, particularly use of two-dimensional (2D) and three-dimensional (3D) imaging ± reference markers or metal detectors, surgical parameters, and reported complications. Our PUBMED search used the key words "local anesthesia," "dental anesthesia/anesthesia" OR "mandibular block anesthesia," "complication," "hypodermic needle," "needle breakage" OR "needle fracture," and "foreign body AND removal" OR "retrieval."

The following parameters in the included reports were evaluated:

- Diameter and length of needles
- Site of needle fracture
- Injection technique
- Cause of breakage
- · Location of fragment
- Specific symptoms
- Mode of detection
- · Time until removal
- Anesthesia procedure

- Removal of fragment
- Complications.

In addition, we reviewed the literature for recommended treatment strategies including diagnostic measures and the timing of surgical actions. Based on these results, we developed a definitive treatment concept.

Results

Literature review

For the time period from 1980 to date, a total of 36 valid reports and reviews including reports were found documenting 59 cases of broken hypodermic needles during dental local anesthesia. All cases were evaluated according the defined parameters described in detail in the following (Table 1).

Diameter and length of needles

In 40 out of 59 cases, diameter was reported: in 1 case 31G (2.5%), in 31 cases 30G (77.5%), and in 8 cases 27G (20%). Length varied between 21 (short) and 35 mm (long). Prebending was reported in 12 cases.

Site of needle fracture

Eleven cannulas broke at the hub. In one case, 2/3 of the needle broke off. The fracture point is not reported for remaining 47 broken needles.

Injection technique

For 51 out of 59 cases, the injection technique is reported. Needles broke predominantly in the course of inferior alveolar nerve blocks (IAN) and mandibular nerve blocks (Vazirani-Akinosi or Gow-Gates, respectively). They were fairly evenly distributed between the two sides (22 left/43.1%, 24 right/47.1%, 1/2% not defined). Four instances (7.87%) occurred in the course of unspecified infiltration techniques.

Cause of breakage

Sudden movement was reported to have caused the vast majority of needle breakages. Fifteen cases were definitely described as such and "most" of the 16 cases reported by Pogrel [8].

One additional case was due to "sudden swallowing." In one case, the dentist had moved abruptly, but in all other cases, patients' movements had led to cannula breakage. Dojcinovic et al. [18] described one case of "change of needle direction."

 Table 1
 Table of literature

Authors	Cases	Diameter (G) and length (mm) of needles	Site of needle fracture	Injection technique	Cause of breakage	Location of fragment	Specific symptoms	Mode of detection	Time until removal	Anesthesia procedure	Removal of fragment	Compli- cations
Acham S, Reinbacher KE, 2014	1	30 G short	At the hub	Mandibular nerve block (modified Gow-Gates technique) (right)	Sudden movement	Incisura mandibulae	Pain	OPTG, CBCT, C-arm + 2 reference needles	6 hours	LA	Yes	None
Altay MA, Jee-Hyun Lyu D, Collette D, Baur DA, Quereshy FA, Teich ST, Gonzalez AE, 2014	1					Posterior cervical space	Decreased, mouth opening (10mm), pain	СТ	4 weeks	GA	Yes	None
Augello M, von Jackowski J, Dannemann C, 2009	1	30 G 25 mm		IAN (right)		Musculus masseter (right)	Pain	OPTG, CT, Intra-operative: fluoroscopy+ mosquito hemostat	Immediately	GA	Yes	None
Bacci C, Mariuzzi ML, Ghirotto C, Fusetti S, 2012	1	30 G 25 mm	Between shank and hub	Mandibular nerve block (Vazirani- Akinosi) (left)	Sudden movement	Anterior part of temporalis muscle		OPTG, fluoroscopy + 2 mosquito hemostats	Immediately	GA	Yes	None
Bailey E, Rao J, Saksena A, 2015	1	30 G 23 mm		IAN (right)		Pterygo- mandibular space (right)	Tenderness in retromolar region, trismus	OPTG, PA mandibular RG	Immediately	GA	Yes	None
Bedrock RD, Skigen A, Dolwick MF, 1999	1	30 G long		IAN (left)	Sudden movement	Pterygo- mandibular space (left)	Pain, feeling the needle during mandibular movements	Pre-operative: OPTG, lateral/AP skull, Intra-operative: lateral/AP skull + 18 G reference needle	Immediately	GA	Yes	None
Bhatia S, Bounds G, 1998	1	Short	At the hub	IAN (left)		Pterygo- mandibular space (left)		PA RG, true lateral of mandible	2 hours	GA	Yes	None
Brooks J, Murphy MT, 2016	1			IAN (right)		Carotid space adjacent to internal carotid artery (right)	Severe acute pain and dysphagia	CT (+/-contrast), femoral cerebral angiogram	Several weeks	GA	Yes	None
Brucoli M, Deandreis M, Arcuri F, Benech A, 2012	1			IAN (left)		Pterygo- mandibular space (left)	Trismus, intraoral pain	OPTG, fluoroscopy (C-arm Radius, Intermedical SRL®)	1 month	GA	Yes	None
Burgess JO, 1988	1	27 G short		IAN (left)	Sudden movement	Pterygo- mandibular space (left)			Immediately	GA	Yes No surgery	None
Casey JT, Lupo JE, Jenkins HA, 2015	1					Cochlea immediately adjacent to the internal carotid artery	Hearing loss	СТ	4 years		Yes	None
Catelani C, Valente A, Rossi A, Bertolai R, 2013	4	30 G 21 mm	At the base of the hub	IAN (left)	Faulty manu- facturing	Pterygo- mandibular space (left)	Vague prickly pain	CT Intra-operative: fluoroscopy (C-arm + 2 reference needles, McIntyre technique)	Immediately	GA	Yes	
		30 G 21 mm			Faulty manu- facturing				Immediately		Yes (Needle fragment removed with a clamp)	
		30 G 21 mm			Faulty manu- facturing	Extra- corporeal			Immediately		(Needle breakage evident after removal of its cap)	
		30 G 21 mm				Pterygo- mandibular space (right)		CT, Intra-operative: fluoroscopy (C-arm + 2 reference needles, McIntyre technique)		GA	Yes	
Chrcanivic BR, Menezes jun DJ, Custodio ALN, 2009	1	30 G long		IAN (left)	Sudden movement	Pterygo- mandibular space (left)	Moderate trismus, feeling the needle during mandibular movements	Lateral skull RG	Immediately	LA + Intravenous sedation	Yes	None
Dojcinovic I, Hugentobler M, Richter M, 2007	1			IAN (left) (indirect)	Change of needle direction	Pterygo- mandibular space (left)	Trismus	OPTG, radioscopy	Immediately	GA	Yes	
Ethunandan M, Tran AL, Anand R, Bowden J, Seal MT, Brennan PA, 2007	1	30 G 25 mm	At the hub	IAN (right)		Pterygo- mandibular space (right)	Persistent oral discomfort	OPTG, PA mandible, lateral cephalometric RG, CT	6 months	GA	Yes	None
Gerbino G, Zavattero E, Berrone M, Berrone S, 2013	1	30 G 25 mm	At the hub	IAN (left)		Pterygo- mandibular space (left)	No	OPTG, CT, navigation system (BrainLAB®)	1 day	GA	Yes	None
Kim JH, Moon SY, 2013	1			IAN (left)	Sudden movement	Between coronoid process and condyle neck area (left)	Decreased mouth opening (after first surgery)	OPTG, CT, peri-operative: CBCT		LA	Yes	
Lee TY, Zaid WS, 2015	1	27 G long		IAN (right)		Pterygo- mandibular space above	Persistent pain exacerbated during mouth	OPTG, CT, navigation system (Medronic AxiEM®)	1 year	GA	Yes	None



 Table 1
 (continued)

						lingula (right)	movements					
				IAN (right)	Sudden movement	Pterygo- mandibular space (right)		Intra-operative RG	Immediately	GA	Yes	Prolongated trismus (15 days)
				Periapical anesthetic infiltration	Sudden movement by the dentist	Maxillary tuberosity (left)		Intra-operative RG	2 months	LA + Intravenous sedation	Yes	None
Faura-Solé M, Sánchez- Garcés MA, Berini-Aytes	5			LA		Pterygo- maxillary space (left)		Intra-operative RG	1 week	LA + Intravenous sedation	Yes	None
L, Gay-Escoda C, 1999						Maxillary vestibule second molar (right)	Recurrent episodes of pain and inflammation	OPTG	5 years	LA	Yes	None
						Apical region of the maxillary molars (right)	No	OPTG			No (removal not intended)	
Marks RB, Carlton DM, McDonald S, 1984	1	30 G short		IAN (right)	Sudden movement	Pterygo- mandibular space (right)		OPTG, periapical RG	Immediately	LA+ Intra- muscular sedation	Yes	None
Mc Donogh T, 1996	1			IAN (right)		Retromolar region (right)	Local erythema and swelling, pain, trismus (<10mm), dysphagia	OPTG, oblique lateral, lateral skull RG KEELER* metal detector	1 hour	GA	Yes	None
Mima T, Shirasuna K, Morioka S, Sugiyama M, Matsuya T, 1989	1	30 G		IAN		Pterygo- mandibular space		X-ray TV	11 days		Yes	None
Nezafati S, Shahi S, 2008	1			IAN (right)		Pterygo- mandibular space (right)	Trismus (<10mm), pain while turning to the right	CT, Intra-operative: 18 G needle + digital C-Arm, lateral image	2 days	GA	Yes	None
Nicot R, Maes JM, Raoul G, Ferri J, 2013	1			LA		Subangulo- mandibular region	Swelling of the face and neck (left), facial cellulitis, trismus, dysphagia	OPTG, CT	5 days	GA	Yes	None
Okumura Y, Hidaka H, Seiji K, Nomura K, Takata Y, Suzuki T, Katori Y, 2015	1	31 G pre-bended		Infiltration anesthesia (electric dental anesthesia machine)		Parapharyngea l space adjacent to external carotid artery (right)	Swelling of the right cheek, trismus	CT, facial x-ray, K-wire as reference bar:(2mm) + x-ray fluoroscopy	1 month	GA	Yes	None
Pietruszka JF, Hoffman D, McGivern BE Jr., 1986	1	30 G	2/3 of total length of the needle	IAN (left)		Pterygo- mandibular space (left)	No	post incident, pre-operative and intra-operative: AP/lateral skull + 2 reference needles 23 G	Immediately	GA	Yes	None
Pogrel MA, 2009	16	30 G (n=13); 27 G (n=3); pre-bended (n=9)		IAN (left, n=6), IAN (right, n=9), posterior superior alveolar (right, n=1)	Sudden movement (most cases)	Medial pterygoid muscle (left) (n=1), not defined (n=15)		OPTG, CT, intra-operative RG + 2 spinal needles		GA	Yes	
Prado FB, Caria PHF, Silva RF, Martins EC, and Daruge Jr. E, 2010	1	30 G long		IAN (right)	Sudden movement	Pterygo- mandibular space (right), migration to skull base	Perception of object during mandibular movements	СТ			No (removal not intended)	
Queiroz SB, Lima VN, Amorim PH, Magro-Filho O, Amorim RF, 2016	1	Pre-bended 2x		IAN (left)	Sudden movement	Cervical region close to facial artery	Pricking sensation in the injured area while moving the neck		Few days		Yes	None
Rahman N, Clarke M, Stassen LF, 2013	1		At the hub	IAN (right)		In the vicinity of the lingula deep to the medial pterygoid (right), migration under neck in postauricular area	Pain behind the right ear	OPTG, lateral oblique RG, CT	2 weeks		Yes (extrusion on manual pressure)	None
Ribeiro L, Ramalho S, Gerós S, Ferreira EC, Faria e Almeida A, Condé A, 2014	1	27 G 35 mm		IAN (left)	Sudden movement	Pterygo- mandibular space (left)- migration: medial wall of external auditory canal	Otalgia and pain in the temporo- mandibular joint (left)	СТ	> 12 months	GA	Yes	
Rifkind JB, 2011	1	27 G	At the hub	IAN (right) (failed), Vazinari- Akinosi nerve block		Pterygo- mandibular space (right)	Pain in and around right ear	OPTG, CT, intra-operative fluoroscopy + 2 reference needles 18 G	8 days	GA	Yes	Paresthesia o mandibular nerve
Shah A, Mehta N, Von Arx DP, 2009	1	30 G 25 mm		IAN (left)	Sudden swallowing	Medial pterygoid muscle		OPTG, PA mandible RG, intra-operative: image intensifier + PA/lateral skull + marker needle	Immediately	GA	Yes	Prolongated trismus (4 weeks)
Stein KM, 2015	1	30 G 25 mm		IAN (right)	Sudden movement	Pterygo- mandibular space (right)	Mild pain, trismus (20mm)	CBCT, navigation system (Medtronic StealthStation* S7)	15 days	GA	Yes	None
Thompson M, Wright S, Cheng LHH, Starr D, 2003	2	27 G	At the hub	IAN (right)		Pterygo- mandibular space (right)	No	RG, image intensifier + 2 reference needles 19 G	Immediately	GA	Yes	None
	_		At the hub	IAN (left)		Pterygo- mandibular space (left)		RG, image intensifier + 2 reference needles 19 G	Immediately	GA	Yes	
Zeltser R, Cohen C, Casap N, 2002	1		At the hub	IAN (left)	Sudden movement	Pterygo- mandibular space (left)	Pain, limited mouth opening	OPTG, PA RG CT, 23 G needle soaked in Methylen blue	Immediately	GA	Yes	None

AP anterior-posterior, CBCT cone beam computed tomography, CT computed tomography, GA general anesthesia, G gauge, IAN inferior alveolar nerve block, LA local anesthesia, OPTG orthopantomogram, PA posterior-anterior, RG radiography, TV television



Three cases are reported as manufacturing defects.

Fragment location

The literature indicates that the vast majority of needle fractures occur with inferior alveolar and mandibular nerve block anesthesia, with fragments predominantly situated in the pterygomandibular region.

For 43 out of 59 cases, the localization of the fragment is reported. Noteworthy is that one cannula broke extracorporally [25] (gray shaded).

Of the 27 out of 43 (62.8%) cases in the pterygomandibular space, 13 were located on the left and 13 on the right side; in one case, the side was not given. Three of the pterygomandibular needle fragments migrated significantly. One moved to the base of the skull [3], one to the external auditory canal [6], and one fragment migrated from the lingula region to the superficial post-auricular area [4].

In 16 out of 43 cases (37.2%), the location was other than the pterygomandibular space, including four needle fragments in the posterior maxillary region. For 16 broken cannulas (15/Pogrel [8], 1/Catelani et al. [25]), no exact location is given.

Notably, four broken needles were described as lying adjacent to important head and neck arteries. Brooks and Murphy [31] and Casey et al. [32] each described a fragment in the immediate anatomic vicinity of an internal carotid artery, whereas Okumura et al. [33] found a fragment adjacent to the right external carotid artery. Queiroz et al. [7] described a fragment close to left facial artery. One further location was not defined [25].

Specific symptoms

Authors make no reference to specific symptoms for 30 out of 59 patients. Twenty-three patients suffered from pain and/or tenderness. Out of these 12 developed trismus, and three further patients additionally presented swelling and dysphagia. One additional patient presented with "perception of object presence" and one with unilateral hearing loss. Four patients were definitely asymptomatic.

Mode of detection

Techniques for 2D visualization like orthopantomograms or skull X-rays were performed in 32 cases. These were applied as a basis diagnostic tool, for preoperative planning, or for intra-operative orientation. 3D scans were reported in a total of 22 cases, preponderantly conventional computed tomography (CT) scans of the region. For three interventions, the additional use of a navigation system is documented. Only three cone beam computed tomography (CBCT) scans are described for this indication.

The application of interventional radiography (RG) for a stereotactic locating procedure was referred as "fluoroscopy," "image intensifier," "C-arm," or "X-ray TV." For 13 cases, the use of marker bodies (e.g., reference needles) was mentioned. Two removals were accomplished with a metal detector.

Time until removal

In 39 out of 59 cases, information concerning time until removal was given. Twenty-one needle fragments (53.8%) were removed immediately (within 1 day after event), an early removal (within 3 months) was achieved in 12 cases (30.8%), and one fragment (2.6%) emerged spontaneously after 2 weeks. In five cases (12.8%), removal of fragments was delayed (3–12 months) or late (> 1 year).

Anesthesia procedure

For 51 out of 59 cases, the anesthetic procedure was reported. Seven fragments (13.7%) could be removed under local anesthesia (LA), whereby three of those interventions were performed under additional intravenous sedation. The majority of removals (44 cases/86.3%), however, were accomplished under general anesthesia (GA). For eight cases, the anesthesia method was not given.

Success of removal

Fifty-six out of 59 (95%) fragments were successfully removed, whereby one fragment erupted spontaneously. Removal was not intended in two cases. One needle fragment had never been in patient's contact.

Complications

Information on complications was available for 33 patients, 30 (91%) of whom had no complications; two (6%) had prolonged trismus and one (3%) paresthesia of the mandibular nerve. For 26 patients, there was no information on post-operative complaints.

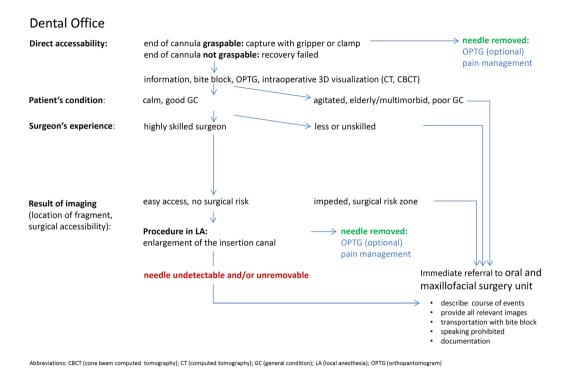
Comprehensive treatment algorithm (Fig. 1a, b)

Case presentation

Patient #1 was referred with a 30-G broken needle after dental anesthesia with Gow-Gates technique [28]. A CBCT scan showed the position of the needle next to the medial surface of the coronoid process. As the patient was calm and cooperative, the fragment could be removed after a mucosal incision perpendicular to the trajectory of the needle followed by blunt



a Comprehensive treatment regime after needle breakage



b Comprehensive treatment regime after needle breakage

Oral and Maxillofacial Surgery Unit **Current imaging:** pre-operative 3D visualization (if not yet obtained), optional: planning of 3D navigation Patient's condition: calm, GC unchanged agitated, poor GC consideration: notification of anesthetist •LA or GA feasible GA not recommended •GA in-patient observance, patient's GC improved wait for improvement Procedure in GA: antibiotic prophylaxis i.v. conventional regional flap visual exploration stereotactic localization · 3D marking (indicator needles) • C-arm • intraoperative 3D visualization (CT, CBCT) needle removed: OPTG (optional) · 3D-navigation system pain management antibiotic therapy (optional) needle undetectable and/or unremovable information, OPTG, pain management, antibiotic therapy (recommended) planning of a two-stage intervention using preoperative markings or navigation procedure

Abbreviations: CBCT (cone beam computed tomography); CT (computed tomography); GA (general anesthesia); GC (general condition); LA (local anesthesia); OPTG (orthopantomogram)

Fig. 1 a, b Treatment algorithm



dissection under local anesthesia (Fig. 2a, b). Patient #2 was referred to our clinic with a 30-G broken needle after anesthesia with inferior alveolar nerve block techniques (IAN) for right lower third molar removal. An immediate CT scan showed the needle at the median side of ascending ramus close to mandibular foramen. Removal was possible under ITN with intra-operative navigation (Fig. 3a–c) thanks to patient's good psychomotor condition.

Discussion

Although needle breakage in dental anesthesia is a rare complication, it does attract a certain amount of attention in the scientific literature. Augello et al. [2] reported 16 needle breakage events treated surgically in a single center over a period of 25 years. The actual number of such events is certainly significantly higher than reflected in the literature, since the dentist can often remove the needle fragment immediately with simple measures.

Considering the possibility of serious and potentially life-threatening consequences of migrating sharp metallic objects in the light of the frequency of administration of dental anesthesia, awareness of this complication deserves to be raised. Even though many authors [2, 4, 6, 9–31] advise removal of the needle fragment with all due speed, there are no generally accepted recommendations or guidelines on how this should best be accomplished. We propose to close this gap with a general treatment algorithm that integrates the collected data on needle breakage reports since the 1980s. This time limit was chosen to eliminate with a high degree of certainty earlier reports of fractured reusable needles and only cover modern disposable cannulas.

Risk factors and prevention

In their literature review published in 2013, Catelani et al. [25] reported 82 cases of broken dental needles since 1965. Augello et al. [2] reported in their review that 70% of cases

of needle breakage occurred with inferior alveolar nerve block anesthesia, making the pterygomandibular region the predominant location of the fragment. Pogrel [8] estimated the incidence as one case per year in 14,000,000 based on data collected in northern California. The pterygomandibular space is situated between the medial pterygoid muscles and the medial surface of the mandibular ramus on each side. It communicates with the infratemporal space superiorly, the lateral pharyngeal space and the peritonsillar space medially, the buccal space anteriorly, the submasseteric space laterally, and the parotid space posteriorly.

It mainly contains fatty tissue and is transversed by numerous neurovascular structures such as the lower alveolar artery, a branch of the maxillary artery, and the mandibular division of the trigeminal nerve.

For an inferior nerve block, the needle should be inserted between the muscle tendons of the temporalis muscle and the medial pterygoid muscle directly into the pterygomandibular space [34] and penetrate about 21 mm into the soft tissue to reach the mandibular foramen [35].

Patients should be told what to expect and advised to avoid sudden head movements. In children or anxious adults, a topical anesthetic might be beneficial. The mandible should be held firmly while palpating the ascending ramus of the mandible to assess the local anatomy. The needle point should be inserted in the shortest and most direct line to the dental foramen between the muscle tendon of the temporalis muscle and the medial pterygoid muscle to avoid bending during the injection process. The needle should not be embedded to the hub. No force should be exerted on the needle and there should be no resistance to the injection. If bone is struck, the needle should be withdrawn; injection into the periosteum should be avoided. If a change of direction is necessary, the needle should be removed entirely and reinserted in the right orientation [2, 5, 14, 25, 34, 36].

The literature mentions several risk factors associated with an increased incidence of needle fracture. Rahman et al. [4], Zeltser et al. [15], Catelani et al. [25], and Säkkinen et al. [37]

Fig. 2 a Patient #1 with threedimensional CBCT reconstruction with needle median to the right condyloid process (intra-oral view from lingual side). b Intra-operative lateral X-ray (C-arm) with marked needle fragment and two reference needles



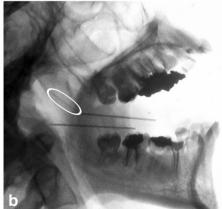
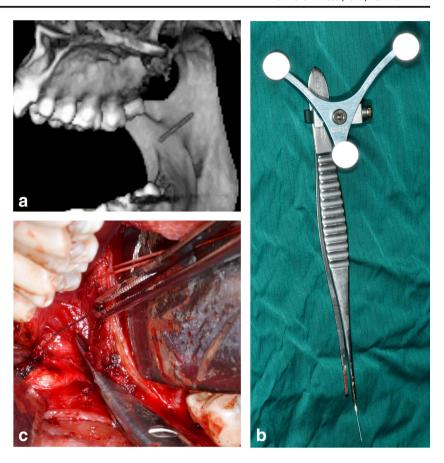




Fig. 3 a Patient #2 with preoperative three-dimensional CT reconstruction with needle at the median side of ascending ramus close to mandibular foramen (intra-oral view from lingual side). b Surgical forceps with the removed needle and tracking application. c Removal of needle after mucosal incision and blunt preparation under dynamic navigation



recommend that the needle first be checked to rule out any visible manufacturing defects. Other risk factors mainly concern correctable deficiencies in handling and technique, patient management, and needle choice.

In 1968, Aldous [38] used an experimental setup to prove that the physical properties of needles vary in relation to their length and gauge, finding that the deflection of a needle is directly correlated to its length and indirectly to its diameter.

Most reported cases of needle fractures involved thin needles, 30-gauge or smaller [2, 3, 8, 12, 14, 15, 19, 22, 24–26, 28, 29, 39–41]. Therefore, Thompson et al. [16], Ethunandan et al. [19], and Pietruszka et al. [39] recommend the use of needles with at least 27-gauge diameters.

It has further been shown that a very small caliber cannula does not cause significantly less pain than a larger one. Lehtinen [42] stated that 30-gauge cannulas showed significantly less mucosal penetration resistance than 27-gauge needles, but pain perception "was less remarkable." Fuller et al. [43] demonstrated that patients' pain perception did not differ when needle diameters between 25 and 30-gauge were used. Kudo [44] reported that anxiety and pain are directly related to initial injection pressure. According to Aldous [38], a greater diameter associated with lower injection pressures causes less pain and in addition may diminish the risk of cannula breakage.

Several authors [8, 19, 30, 45] mentioned that the risk of needle breakage may increase after prebending. Nevertheless, Van den Akker [1] states that a so-called "thin-wall" needle will not break during bending. The author experimentally demonstrated that a needle primarily breaks adjacent to the hub after *repeated* bending. The use of a long needle provides additional safety in the case of needle breakage, as it is more likely that the needle fragment can be grasped if it extends beyond the mucosa. Dojcinovic et al. [18] also mention this and recommend that at least 5 mm of the needle should remain above the mucosa level to allow easy removal of the needle fragment.

Recapitulating recommendations from the literature, the following main points are crucial for avoiding needle breakage:

- 1. Exploring the individual anatomy in the area to be anesthetized (inspection, palpation, and radiographic findings)
- 2. Choosing a sufficiently long (e.g., 35 mm at the inferior alveolar nerve) and strong cannula (diameter 25—maximum 27-gauge needle)
- 3. Inspecting the needle for possible manufacturing defects
- 4. Avoiding (forceful) prebending and kinking of the cannula



- Telling the patient what to expect and to avoid sudden movements
- Not inserting the needle into the mucosa up to the plastic hub
- Making the puncture when the masticatory musculature is maximally relaxed
- Avoiding pronounced directional changes while advancing the needle
- 9. Changing the needle if repeated injections are needed.

If a needle breaks and the fragment is still visible, it should immediately be grasped with forceps or a hemostat. As soon as there is any movement, the patient swallows, or the dentist does any digital manipulation, the visible fragment may disappear as the tension of the tissues is released [46].

If the needle cannot be removed immediately, the patient has to be informed and asked to limit speaking, swallowing, and moving the mandible as far as possible. Placing a bite block may help the patient to maintain a stable position.

Localization and treatment strategies

Basically, in accordance with Augello et al. [2], Amies et al. [9], Fraser-Moodie [10], Fitzpatrick [11], Bedrock et al. [14], Thompson et al. [16], Ethunandan et al. [19], Chrcanovic et al. [21], Catelani et al. [25], Gerbino et al. [26], Kim and Moon [27], and Pietruszka et al. [39], we recommend the removal of broken needle fragments as soon as possible, even though cases of delayed removal are described in literature [6, 19, 32, 47].

Nevertheless, the time of removal has been discussed controversially. In 2004, Malamed [48] suggested leaving needle fragments in situ as long as they cause no symptoms (e.g., pain, dysphagia, trismus, or needle migration), whereas in 2010, the same author [45] recommended an immediate referral to a surgical specialist. Reck and Fielding [49] and Zeltser et al. [15] also argued for removal in particular situations. Prado et al. [3] even recommended avoiding retrieval procedures in cases "involving risks of irreparable sequelae." In that context, the risk of the fragment's migration with the inherent danger of violation of vital structures has to be considered [3–7]. In any case, detection and removal can be difficult.

Panoramic radiographs should be taken routinely for documentation immediately after any incident. Archer et al. [50] and Kennett et al. [51] recommended additional radiographs, usually lateral and posterior-anterior views, to estimate the approximate three-dimensional position for the routine preoperative assessment. For the past two decades, a trend to exact preoperative diagnosis has improved preoperative planning and generally increased surgical success; today, three-dimensional imaging techniques have become standard for visualizing foreign bodies.

Since the early 2000s, most reports have concentrated on preoperative computed tomography. In the most recent literature, CBCT has been used for this indication [27, 28, 41], as this cross-sectional imaging technique usually is readily available and is especially suitable for cases of limited surgical accessibility. Twenty-seven out of 57 cannula fragments reported in our research were located in the pterygomandibular space, where 3D diagnosis may be generally indicated. Another advantage of computed tomography is that not only the fragment but also surrounding structures like vessels and the parotid gland can be imaged [15].

In many cases, additional radiographic images with reference needles placed in situ were made intra-operatively. This is done either with repeated radiographs or interventional radiography for stereotactic localization [8, 14, 16, 20, 22–25, 28, 39, 52].

Current developments point toward cross-sectional based navigation systems as described by Gerbino et al. [26], Lee and Zaid [30], and Stein [41], which are particularly suitable for cannula retrieval procedures in difficult cases.

Magnets are not helpful [19], as Russel [53] already showed in 1970 that stainless steel hypodermic needles have a very slight response to magnets. Only McDonogh [13] and Okumura et al. [33] described successful application of a metal detector for needle retrieval. Our personal experience indicates that reflex signals from a stainless steel dental needle fragment are too weak for an exact localization.

Most authors describe and/or recommend the removal of a fractured needle exclusively in general anesthesia [5, 6, 8, 13–16, 18–20, 22–26, 29–33, 39, 41, 46, 52, 54–56]. But there are also cases of successful removal of cannula fragments in local anesthesia [12, 21, 27, 28, 47]. It can also be assumed that numerous cases of simple retrievals do not appear in the literature. From our point of view, the main decision-making factor for local versus general anesthesia is the patient's condition and the anatomic position of the fragment.

As most needles break during the inferior alveolar nerve block, the fragment is generally lodged in the pterygomandibular space.

For surgical removal, many authors recommend a superficial mucosal incision perpendicular to the trajectory of the needle followed by blunt supra-periosteal dissection to spare vital structures and identify the needle [12, 14, 15, 46, 47]. On the other hand, Ethunandan et al. [19] chose to start with a vertical incision along the anterior border of the mandible, extending to the oblique line, followed by initial subperiosteal dissection along the mandibular ramus to identify the lingula as a bony landmark for reference and to provide greater protection to the inferior alveolar and lingual nerves. This is followed by extra-periosteal dissection. In any case, the procedure must be performed by an experienced surgeon, as damage to nerves and vessels can be serious complications.



Conclusion

When a dental needle breaks, immediate action must be taken. If graspable, the fragment should be removed immediately. If not, the patient should be transferred to a well-equipped surgical unit for diagnosis and surgical management.

Clinical relevance Dental hypodermic needles break only rarely now, but such an incident can be life threatening. In that context, it is important to raise awareness of this complication in the dental community. A concise treatment algorithm for quick and proper management will guide dental practitioners in dealing with this infrequent adverse event.

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Compliance with ethical standards

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