Letter to the Editor concerning “Subjective recovery from pregnancy-related pelvic girdle pain the first 6 weeks after delivery: a prospective longitudinal cohort study” by Gausel AM, et al. (Eur Spine J; [2020]: doi:10.1007/s00586-020-06288-9)

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We read the article by Gausel et al. [1] entitled “Subjective recovery from pregnancy-related pelvic girdle pain the first 6 weeks after delivery: a prospective longitudinal cohort study” with passion and utmost diligence. At the outset, we congratulate the authors for a thought-provoking, less-pondered subject of pregnancy-related pelvic pain being put forth on in such a scientific way. However, this scientific paper discussed at length in our peer of spine surgeons, left few comments, queries and questions which seek an answer from the authors. They are:

1. Is meeting the patient for an interview or clinical examination not a better and effective way to know about PGP (Pelvic girdle pain) with certainty as well this will give an opportunity to counsel the patient for a positive outcome? [1, 2]
2. The duration of pain in hours on a single day by individual pregnant mother may have varied, but all were summed up as pain during the whole day [1]. This has a potential bias and influence on the inherent intent and nature of this study.
3. Why more than 12 years of education length was taken as a criterion, its influence on the study, or is it just a coincidence? [1]

4. Any specific reason the authors can ascertain based on their observation for increased PGP in multipara and influence of BMI on PGP recovery? [1]

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Compliance with ethical standards

Conflict of interest None.

References

1. Gausel AM, Malmqvist S, Andersen K, Kjærmann I, Larsen JP, Dalen I, Økland I (2020) Subjective recovery from pregnancy-related pelvic girdle pain the first 6 weeks after delivery: a prospective longitudinal cohort study. *Eur Spine J* 29(3):556–563
2. Vleeming A, Albert HB, Ostgaard HC, Sturesson B, Stuge B (2008) European guidelines for the diagnosis and treatment of pelvic girdle pain. *Eur Spine J* 17:794–819

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