Diagnosis of biliary tract and ampullary carcinomas

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Abstract

Diagnostic methods for biliary tract carcinoma and the efficacy of these methods are discussed. Neither definite methods for early diagnosis nor specific markers are available in this disease. When this disease is suspected on the basis of clinical symptoms and risk factors, hemato-biochemical examination and abdominal ultrasonography are performed and, where appropriate, enhanced computed tomography (CT) and/or magnetic resonance cholangiopancreatography (MRCP) is carried out. Diagnoses of extrahepatic bile duct cancer and ampullary carcinoma are often made based on the presence of obstructive jaundice. Although rare, abdominal pain and pyrexia, as well as abnormal findings of the hepatobiliary system detected by hemato-biochemical examination, serve as a clue to making a diagnosis of these diseases. On the other hand, the early diagnosis of gallbladder cancer is scarcely possible on the basis of clinical symptoms, so when this cancer is found with the onset of abdominal pain and jaundice, it is already advanced at the time of detection, thus making a cure difficult. When gallbladder cancer is suspected, enhanced CT is carried out. Multidetector computed tomography (MDCT), in particular — one of the methods of enhanced CT — is useful for decision of surgical criteria, because MDCT shows findings such as localization and extension of the tumor, and the presence or absence of remote metastasis. Procedures such as magnetic resonance imaging, endoscopic ultrasonography, bile duct biopsy, and cholangioscopy should be carried out taking into account indications for these procedures in individual patients. However, direct biliary tract imaging is necessary for making a precise diagnosis of the horizontal extension of bile duct cancer.

Key words Biliary tract neoplasm \cdot Endoscopic ultrasonography (EUS) \cdot Multidetector computed tomography (MDCT) \cdot Guidelines

Introduction

Of biliary tract cancers, extrahepatic bile duct cancer and carcinoma of the papilla are often diagnosed with the onset of obstructive jaundice. In only a few cases is a diagnosis of these cancers made prior to the onset of jaundice, based on a detailed examination of symptoms of cholangitis. Also, a diagnosis of biliary tract cancer is occasionally made in a patient without symptoms, on the basis of abnormal results on hemato-biochemical examination of the hepatobiliary system. Although some risk factors for biliary tract cancer have been indicated, neither an algorithm for early diagnosis nor hemato-biochemical examinations, nor clinical symptoms and tumor markers that are specific to this disease are available. As far as gallbladder cancer is concerned, it is already advanced at the time when its diagnosis has been made, based on the presence of abdominal pain and jaundice. The first step in the diagnostic imaging of biliary tract cancer is abdominal ultrasonography; enhanced computed tomography (multidetector CT where available) is carried out for patients with suspected biliary tract tumors. Magnetic resonance imaging (MRI, including magnetic resonance cholangiopancreatography [MRCP]) has come into increased use as an alternative procedure for direct biliary tract imaging, and is indispensable in making a precise diagnosis of horizontal extension. Other excellent diagnostic procedures include endoscopic ultrasonography, bile duct biopsy (cytologic diagnosis), and cholangioscopy. These should be used with care as test procedures prior to treatment while paying attention to the symptoms of individual patients. As guidelines for the diagnosis of gallbladder cancer, this article poses five clinical questions (CQs), in addition to a providing a literature review related to each of these questions. In



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the responses to the CQs, recommendations for treatment are noted (grades of these recommendations are defined in Table 1¹). Also, levels of evidence are given (in parentheses) for findings in reference citations (see definitions of levels in Table 2^1).

CQ 1 By which clinical symptoms is biliary tract cancer suspected?

When jaundice, right upper abdominal pain, and abnormal findings detected by hemato-biochemical examination of the hepatobiliary system have been observed, examination should be carried out, bearing biliary tract carcinoma in mind (recommendation B).

In 90% of patients with bile duct cancer, the initial symptom is jaundice² (level VI). Other symptoms, including pruritus, mild upper abdominal pain, and weight loss are found in more than half of the patients with this cancer²⁻⁴ (level VI). There is a report that, in patients without jaundice, abdominal pain is present in 44% of these patients, pyrexia in 17%, anorexia in 11%, and general lassitude in 11% as initial symptoms, but that 27% of the patients (level IV) have no symptoms.⁵

The clinical symptom observed most frequently in gallbladder cancer is right upper abdominal pain, in 79%–89% of the patients,⁶⁻⁸ followed by nausea/vomiting, in 52%–53%,⁶⁷ and other signs and symptoms, such as weight loss, jaundice, anorexia, abdominal distention, pruritus, and tarry stools⁶ (level IV). Many of these patients have such complications as cholecystoli-

Table 1. Strength of recommendations¹

- A, Strongly recommend performing the clinical action
- B, Recommend performing the clinical action
- C1, The clinical action may be considered although there is a lack of high-level scientific evidence for its use. May be useful
- C2, Clinical action not definitively recommended because of insufficient scientific evidence. Evidence insufficient to support or deny usefulness
- D, Recommend not performing the clinical action

Table 2. Levels of evidence	ls of evidence
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thiasis and anomalous arrangement of pancreaticobiliary ducts, so it cannot be denied that the above mentioned clinical symptoms have occurred due to these complications. Thus, it may be difficult to conclude that they are specific symptoms induced by gallbladder cancer.

The clinical symptoms frequently encountered in ampullary carcinoma are jaundice, pyrexia, abdominal pain followed by general lassitude, weight loss, anorexia, and back pain. Jaundice is reported to be observed in 72%–90% of these patients⁹⁻¹¹ (levels IV, VI), but it is characterized by occasional fluctuation¹¹ (level VI). There is a report that pyrexia is present in 44%¹¹ (level IV) and abdominal pain occurs in 45% of patients¹⁰ (level IV).

CQ 2 What is the first step in the diagnosis of biliary tract cancer?

Noninvasive abdominal ultrasonography and hematological examination can be the first step in diagnosis (recommendation B).

Hemato-biochemical examination

Liver dysfunction is present in patients with bile duct obstruction.(increases in alkaline phosphatase, γ -glutamyl transpeptidase, and total bilirubin)^{12,13} (level III), but no specific hemato-biochemical examination to diagnose biliary tract carcinoma is available.

Abdominal ultrasonography (abdominal US; see Figs 1–3)

The diagnostic imaging to be performed in the first place is abdominal US when biliary tract cancer is suspected. Particularly, this procedure facilitates the detection of dilated intrahepatic bile ducts (Fig. 1a), thus enabling assessment of the obstructed site^{12,13} (level III). Fifty percent of gallbladder cancers cases are depicted as tumors on abdominal US (Fig. 3).¹¹

The detectability of bile duct cancer varies from 21% to 90% (Figs. 1b, 2)^{2.5,14,16} and the detectability of distal

Level I	Systematic review/meta-analysis
Level II	One or more randomized clinical trials
Level III	Nonrandomized controlled trials
Level IV	Analytic epidemiology (cohort studies and case-control studies)
Level V	Descriptive study (case reports and case-series studies)
Level VI	Opinions of expert panels and individual experts not based on patient's data



Fig. 1. Extracorporeal ultrasonography (US) images of a case of cancer in the hepatic hilar bile duct, showing dilated right intrahepatic bile duct (**a**), but imaging of hepatic hilar tumor is poor (indirect findings showing the presence of tumor) (**b**)



Fig. 2. Extracorporeal US image of a case of middle bile duct cancer, showing blockage of the bile duct due to the tumor in the superior margin of the pancreas head (direct finding of tumor)

bile duct carcinoma is low. When dilatation of the intrahepatic bile duct without extrahepatic bile duct dilatation is observed, stricture of the hilar bile duct is suspected (Fig. 1a,b), but middle and lower bile duct stricture is suspected when both intrahepatic and extrahepatic bile ducts are dilated^{2.5,14-16} (level IV).

Tumor markers

No tumor markers specific to biliary tract cancer are available. Improved diagnostic ability can be achieved with a combination of tumor markers and other procedures, but early diagnosis using tumor markers alone is difficult^{12,13,17–24} (levels II, III, IV).



Fig. 3. Extracorporeal US image of an advanced gallbladder cancer (wall-thickness type), showing advanced gallbladder cancer with circumferential wall thickness

*Carbohydrate antigen 19-9 (CA19-9)*¹⁷⁻²¹ (levels II, III) CA19-9 is not evident to confirm of diagnosis in patients with suspected biliary tract cancer. However:

- It is increased in 50%–79% of patients with biliary tract cancer.
- It also increases in patients with cholestasis.
- It does not increase in patients with biliary tract cancer if sialyl Le^a is negative.

Carcinoembryonic antigen (CEA)^{17,21-23} (level III)

- CEA is increased in 40%–70% of patients with biliary tract cancer.
- Cholestasis has no impact on CEA.

Cancer antigen 125 (CA125)^{21,24} (level IV)

- CA125 is increased in 58% of patients with gallbladder cancer (17 U/ml as the cutoff point).
- It tends to increase in patients with ascites.

Although the values of other markers, including DUPAN-2, CA195, CA242, and interleukin (IL)-6 are occasionally measured, their clinical usefulness is not clear²¹ (level II).

CQ 3 What is the second step in the diagnosis of bile duct cancer?

CT and MRI (including MRCP) are useful for localization of the lesion and assessment of the degree of its extension (recommendation B). Also, direct cholangiography is useful for the diagnosis of the horizontal extension of bile duct cancer (recommendation C1).



Fig. 4. Multidetector computed tomography (MDCT) image of cancer of the hilar bile duct reconstructed along the left and right confluence of the hepatic duct. It suggests invasion as well as thickening of the hepatic duct as far as the anterior and posterior segment branching



Fig. 5. MDCT intersection image of the same patient as in Fig. 4 (arterial phase) the right hepatic artery is adjacent to the tumor

CT

Enhanced CT (multidetector computed tomography [MDCT] where available) enables the assessment of blood-flow dynamics in the bile duct wall and it is useful for making a diagnosis of the main invasion site (Fig. 4). However, there are cases in which no association of thickening of the bile duct wall is observed, so the use of CT alone is not sufficient for a diagnosis of the precise degree of extension and depth of mural invasion^{22,25} (levels IV, II). A diagnosis of vascular invasion with the use of enhanced CT (MDCT where available) is of importance for decision-making in diagnostic policies (Figs. 5, 6)^{22,25,26} (levels II-IV).

In Western countries, there are many studies of the diagnosis and treatment of bile duct cancer associated



Fig. 6. MDCT intersection image of the same patient as in Fig. 4 (venous phase) reconstructed along the left and right confluence of the hepatic duct. The portal vein runs parallel with the tumor

with primary sclerosing cholangitis (PSC), in which it is demonstrated that, in regard to sensitivity and specificity, three-dimensional CT (3 D-CT) is as useful as cholangiography in assessing this cancer²⁷ (level IV). On the other hand, it is also known that the diagnosis of bile duct cancer associated with PSC is difficult. The presence of lymph node enlargement, which is useful for making a diagnosis of cancers, does not mean that there is malignancy, because lymph node enlargement also occurs in inflammatory changes in PSC²⁸ level IV). Enhanced CT detect the lymph node swelling, however it is not effective in differentiating whether the swelling indicates an inflammatory or a malignant change^{29,30} (level IV).

MRCP, endoscopic cholangiopancreatography (ERCP), and percutaneous transhepatic cholangiography (PTC) (Fig. 7)

MRCP is useful in identifying the site of bile duct stricture, in diagnosing the extension of invasion, and in confirming the presence or absence of abnormal pancreas and bile duct confluence³¹ (level IV). The sensitivity of MRCP in differentiating between benign and malignant bile duct strictures is 70%–96% and that in identifying the site of obstruction is 94%–99%.³²⁻³⁴ Therefore, MRCP is a recommendable procedure.

Although direct cholangiography modalities, such as ERCP and cholangiography using percutaneous transhepatic biliary drainage (PTBD), are associated with a risk of incidental disease and are not necessarily required³⁵ (level IV), these modalities are useful for the diagnosis of the horizontal extension of nodules or the nodular invasive type of bile duct cancer^{36,37} (level IV) (Fig. 8).

A cytologic diagnosis of bile can be carried out with the use of endoscopic retrograde cholangiography

(ERC), but the rate of accurate diagnosis using this procedure is approximately 30%. The rate increases by 40%–70% by using brush biopsy²² (level II).

Cholangioscopy

Percutaneous transhepatic cholangioscopy (PTCS) enables the detailed examination and direct-vision biopsy of the lumen of the bile duct. PTCS is useful in



Fig. 7. Percutaneous transhepatic cholangiography of cancer of the hilar bile duct (*BD*): the stricture has extended as far as the upper bile duct and the confluence of the left and right hepatic duct. The middle and lower bile ducts and gallbladder are almost normal. *Ant.*, anterior; *post.*, posterior; *B2, B3, and B4* indicate the segmental ducts of S2, S3, and S4, respectively

both differentiating benign and malignant biliary strictures and in diagnosing the superficial mucosal spread of cholangiocarcinoma along the bile duct wall.^{38,39} Peroral cholangioscopy (POCS) is useful in differentiating benign and malignant stenotic lesions of the bile duct;^{40,41} however, it is not so feasible for close examination of the hilar bile duct due to its relatively poor operational performance.⁴¹ Intraductal ultrasonography (IDUS) has advantages in both diagnosing the depth of invasion, including vascular invasion, and the intramural spread of cholangiocarcinoma along the bile duct wall.^{42,43}

Positron emission tomography (PET)

Although there are no definite opinions about the role of PET in the diagnosis of bile duct cancer, there is a report describing its usefulness in making a diagnosis of distant metastasis⁴⁴ (level III). The diagnostic capability of PET/CT is superior to that of CT alone with respect to distant metastatic lesions, but it is similar with respect to primary lesions³⁰ (level IV). Although PET/CT shows excellent diagnostic ability in detecting the mass-forming type of tumor, its usefulness in detecting the invasive type is poor⁴⁵ (level IV). There are almost no reports proving the usefulness of PET in differentiating PSC and bile duct cancer⁴⁶ (level III).

CQ 4 What is the second step in the diagnosis of gallbladder cancer?

In gallbladder cancer, the differential diagnosis and the diagnosis of the degree of extension of the cancer are of importance. Endoscopic ultrasonography (EUS) and CT (including MDCT) are recommended for both of these diagnoses (recommendation B).



Fig. 8. Percutaneous transhepatic biliary drainage (PTBD) cholangiography for nodular-infiltrating type cholangiocarcinoma. Ductal tapering due to cancer infiltration is seen from the hepatic confluence to the left hepatic duct (*arrows*). Right

hepatectomy is required for curative resection; however, right trisectionectomy is necessary. *B2, B3, and B4* indicate the segmental ducts of S2, S3, and S4, respectively

Endoscopic ultrasonography (EUS)

Endoscopic ultrasonography (EUS) is an excellent procedure for depicting a protruded lesion in the gallbladder and the procedure can be conducted in an outpatient clinic. Its sensitivity in differentiating benign gallbladder disease from gallbladder cancer is reported to be excellent, ranging from 92% to 97%^{47,48} (level IV). It is reported that it is also useful for the diagnosis of the depth of mural invasion, the rate of accurate diagnosis being 100% for invasion limited to the mucosa (m) and muscularis propria (mp), and 75% for invasion limited to the subserosa (ss) and invasion of the serosal surface (se) or more; also, a diagnosis of the depth of mural invasion was possible in 13 of 14 patients receiving EUS⁴⁹ (level IV). Furthermore, there is also a report that in a case of pedunculated lesions (Ip), according to the classification based on gross appearance, EUS showed that all of these lesions were cancers with invasion limited to the mucosa⁵⁰ (level IV).

CT

There is a report showing that the sensitivity, specificity, and accuracy of CT for a protruded lesion in the gallbladder is 88%, 87%, and 87%, respectively,⁵¹ these values being lower than those of EUS. According to another report, the accuracy of diagnosis of invasion depth by helical CT is 86% for T1, 71% for T2, 81% for T3, and 95% for T4 tumors⁵² (level IV). The accuracy of diagnosis of hepatic infiltration was 81% for cases in which the tumor had infiltrated the hepatic parenchyma less than 2 cm in length and 100% for cases with infiltration of more than 2 cm⁵³ (level V).

The rate of detection⁵³ of lymph node metastasis with CT is reported to be 38%–65%^{54,55} (level IV). As criteria for decisions on metastasis, Ohtani et al.⁵⁵ indicated that the metastasis should be, in anterior and posterior diameter, larger than 10mm and that the images achieved should be ring-like in shape or heterogeneous (level IV).

CT is inferior to EUS in its rate of accurate diagnosis of individual factors in the extension of the lesion. However, CT makes possible the assessment of images of all the surroundings of the lesion, and according to a report on resectability, the accuracy of diagnosis was $93.3\%^{56}$ (level IV).

ERC

ERC is useful for assessing the invasion of tumor to the cystic duct and common hepatic duct^{57,58} (level IV). As for the diagnosis of gallbladder cancer with ERC, the positive rate with the use of cytologic diagnosis is reported to be $45\%-67\%^{59-62}$ (level IV).

MRI, MRCP

It is reported that the sensitivity of the diagnosis of hepatic infiltration with MRI is 67%-100% and the specificity is 89%; the sensitivity of invasion to the bile duct is 62%-100% and the specificity is 56%-92%; and the sensitivity for lymph node metastasis is 56%-92% and the specificity is $89\%^{63,64}$ (level IV).

PET

The assessment of PET or PET/CT in gallbladder cancer is similar to that noted above for the second step in bile duct cancer.^{30,45}

CQ 5 What is the second step in the diagnosis of ampullary carcinoma?

Tissue biopsy is conducted for tumor of the papilla (recommendation B). CT and MRI are performed for the diagnosis of distant metastasis and lymph node metastasis (recommendation B). Intraductal ultrasonography (IDUS) and EUS are useful for diagnosis of pancreatic and duodenal invasions (recommendation C1).

The rate of resection of ampullary carcinoma is high and the number of patients in whom this disease is unresectable due to local extension is small (level IV). According to the gross appearance (endoscopic characteristics) of the tumor (Figs. 9, 10), an ulcerative type tumor is often an advanced cancer,⁶⁵ so this type of tumor is not indicated for limited surgery. Therefore, a diagnosis should be made only concerning the suitability of resection. The diagnosis of distant metastasis, including liver metastasis, is now being made by US, CT, and MRI. Recent MDCT techniques⁶⁶ (level IV) enable the production of three-dimensional images, which make clear the anatomical relationship (the presence or absence of invasion) of a tumor with the bile duct and vessels.

Although ampullary carcinoma presents with symptoms such as jaundice, fever, and abdominal pain, tumor of the papilla is often suspected based on endoscopic and ultrasonographic findings on the occasion of medical examination, which are followed by detailed examination. The second step in the diagnosis of a mass-forming type of tumor is to make a diagnosis of the presence or absence of cancer. Adenoma is indicated for resection because a cancer in adenoma,⁶⁷ in which cancer exists in a small region, is not infrequent (level IV). Biopsy is helpful in performing limited surgery for resection or endoscopic resection of the papilla. Many of the tumors for which endoscopic resection of the papilla⁶⁸ has been performed are adenomas. Although there are reports of



Fig. 9. Macroscopic types of ampullary tumors (with permission from the Japanese Society of Biliary Surgery. *Classification of biliary tract carcinoma. Second English edition.* Tokyo: Kanehara; 2004.)

b

d

Fig. 10a-g. Gross findings of ampullary carcinomas. a Nonexposed protruded type; **b** exposed protruded type; c tumor-ulcer type (predominant protruded type); d tumor-ulcer type (predominant ulcerative type; **f** special (normal-appearing type type); g special type (polyp type) (with permission from the Japanese Society of Biliary Surgery. Classification of biliary tract carcinoma. Second English edition. Tokyo: Kanehara; 2004.)

Table 3. Histopathological findings of primary tumor invasion to the pancreas and the duodenum^a

- 1. Pancreas
- pPanc0: Invasion limited to Oddi's sphincter or the duodenal wall
- pPanc1: Invasion of Oddi's sphincter or the duodenal wall, and/or pancreatic parenchyma
- pPanc1a: Invasion beyond Oddi's sphincter or the duodenal wall, but not to pancreatic parenchyma
- pPanc1b: Invasion of the pancreatic parenchyma, which invasion is not more than 5 mm in depth
- pPanc2: Invasion of the pancreatic parenchyma, which invasion is 5 mm or more but not more than 20 mm in depth
- pPanc3: Invasion of the pancreatic parenchyma, which invasion is 20 mm or more in depth
- 2. Duodenum
- pDu0: Invasion limited to Oddi's sphincter
- pDu0α: Invasion limited to the duodenal mucosa
- pDu0β: Invasion limited to Oddi's sphincter
- pDu1: Invasion beyond Oddi's sphincter, but not to the duodenal muscularis propria

pDu1 α : Invasion limited to the major duodenal papilla pDu1 β : Invasion beyond the major duodenal papilla pDu2: Invasion of the duodenal muscularis propria pDu3: Invasion of the duodenal serosa

^aWith permission from the Japanese Society of Biliary Surgery. *Classification of biliary tract carcinoma. Second English edition.* Tokyo: Kanehara; 2004

cases of cancer in adenoma, they are concerned with discussions of only a small number of cases. A good outcome cannot be achieved for an advanced cancer with the use of limited surgery (level IV).

There are many reports comparing preoperative and postoperative stages with respect to diagnosis of the degree of local extension. It is consistently accepted that depicting tumors by means of US and CT is difficult, but that tumors can be depicted with the use of EUS or IDUS^{69,70} (level II). EUS is an excellent procedure to determine pancreatic invasion, but it is unable to determine histological pancreas invasion pPanc 1a (Table 3). There are also a number of reports demonstrating that determination of histological duodenal invasion (pDu 1; Table 3) by EUS is also difficult. In the present guidelines, histological determination was made according to the Japanese Society of Biliary Surgery Classification of biliary tract carcinoma. Second English edition (Tokyo: Kanehara; 2004). Although IDUS is superior for making a diagnosis of extension to the pancreas duct or bile duct, pancreatic invasion, and duodenal invasion, the rate of accurate diagnosis being 80%–90%, the number of institutions employing EUS and IDUS is small. The use of IDUS has not been taken up widely yet.

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