CLINICAL QUIZ



Diagnostic dilemma in a 3-year-old girl with acute nephritic syndrome and hematologic abnormalities: Questions

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Case

A 3-year-old girl presented to the Emergency Department with the chief complaint of brown macrohematuria for 2 weeks. Her past medical history revealed scarlet fever and mild upper respiratory tract infections 2 months earlier, and no recent trauma or travel was reported. She had no familiarity for rheumatological disease, and her parents were unrelated. The first clinical examination was unremarkable, including the absence of fever, arthralgia, or skin rash. The patient presented with normal growth and development and up-to-date vaccinations. Abdominal ultrasound reported bilateral kidney hyperechogenicity with a preserved cortico-medullary differentiation, and chest radiography was normal. Initial blood and urinary tests are summarized in Table 1 and mainly revealed a non-hemolytic anemia associated with

thrombocytopenia, positive direct Coombs test, hypergammaglobulinemia, and high ESR:CRP ratio. Kidney function was normal, and urinalysis revealed hematuria associated with proteinuria. Furthermore, a persistent activation of the classical complement pathway was noticed in association with a low CH50 and the presence of anti-C1q and anti-C3b

After 3 days, the patient presented malar rash, palatal petechiae, and peripheral edema associated with a rapid worsening of anemia and thrombocytopenia.

Autoimmune screen revealed high titer of ANA, anti-dsDNA, ENA, and p-ANCA with anti-platelet, anti-beta2GP1, and anti-phosphatidylserine antibodies associated with LAC positivity but no anti-complement factor B (CFB) and anti-complement factor H (CFH) autoantibodies.

The answers to these questions can be found at http://dx.doi.org/10. 1007/s00467-022-05752-6.

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Table 1 Laboratory tests at referral

	At referral	Normal values
Hemoglobin (g/dL)	8.8	11.5–14
Leukocytes (×10 ⁹ /L)	6.44	5.5–15
Platelets ($\times 10^9$ /L)	62	150-450
Reticulocytes (×10 ⁹ /L)	141.0	20-100
Haptoglobin (g/L)	3.4	0.3-2
Total bilirubin (μmol/L) ESR (mm)	3 71	0.8–6.8 < 10
Schistocytes (%)	<1	< 1
LDH (UI/L)	322	192-321
Albumin (g/L)	13.2	34–50
Proteins (g/L)	57	64-82
Ferritin (mcg/L)	449	12-224
Triglycerides (mmol/L)	3.94	0.5-2,23
BUN (mmol/L)	4.8	2.5-6.4
Creatinine (µmol/L)	29	15–34
eGFR (beside Schwartz formula, mL/min/1.73 m ²)	101	>90
Proteinuria (g/L)	2.87	0-0.1
Urine creatinine (mmol/L)	1.8	1–5
Urinary P/C ratio (g/mmol)	1.6	
D-dimer (ng/mL)	79,131	< 500
Activated fibrinogen (g/L)	1	2–4
aPTT (s)	45	25–38
Prothrombin ratio (%)	76	70–150
INR	1.14	0.9–1.2
Antithrombin III (%)	75	80–120
Direct Coombs test	Positive	Negative
C3 (mg/L)	239	660–1250
C4 (mg/L)	68	93–380
CH50 (%)	19	70–130
sC5b9 (ng/mL)	> 1820 204	<300
Anti-C1q (UA) Anti C3b antibodies IgG	Positive (598 UA)	<30 Negative
Anti-CFH antibodies	Negative	Negative
Anti-CFB antibodies	Negative	Negative
ANA	>1:800	<1:80
Anti-dsDNA antibodies (U/mL)	163	Negative
ENA	Anti-Sm+, anti-RNP+, antiSSA (Ro)+	Negative
Anti-platelet antibodies	Positive	Negative
Anti-beta2GP1 antibodies IgG (U/mL)	64	< 20
Anti-cardiolipin antibodies IgG	Negative	Negative
Lupus anticoagulant	Positive	Negative
Anti-phosphatidylserine/thrombin antibodies IgG (U) Anti-phosphatidylserine/thrombin antibodies IgM (U)	> 150 > 150	<30 <30



Questions

- 1. Which major diagnoses must be considered in this context?
- 2. What further investigations would you perform for the work-up of your main hypothesis?
- 3. If the main hypothesis is confirmed, which treatment regimen could you consider?

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Declarations

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