# On Packing $\mathbb{R}^{\mathbf{3}}$ with Thin Tori 

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#### Abstract

We show that $\mathbb{R}^{3}$ can be packed at a density of $0.222 \ldots$ with tori whose minor radius goes to zero. Furthermore, we show that the same torus arrangement yields an asymptotically optimal number of pairwise-linked tori.


Keywords Packing • Non-convex bodies • Linkage • Torus • Three space
Mathematics Subject Classification (2000) MSC 52C17

## 1 Introduction and Main Result

Geometric packing problems in $\mathbb{R}^{3}$ received huge attention over many decades (see [ $1,3,10-13,15,16,20-22,27]$ for books on packings). Still, the sphere is the only body which does not tile $\mathbb{R}^{3}$ and for which we know the exact packing density [17]. For other bodies such as platonic solids [5,23] and ellipsoids [2,9], dense packing constructions are known, but no proof of optimality exists and a vast amount of related questions remain open (see the books [4] and [8]).

On the other hand, there is only a very limited amount of the literature studying packings involving non-convex objects, such as the work of Jiao et al. [19, 24, 25]. We would thus like to extend this line of research by considering packings with the possibly simplest non-convex shape, the torus. Note that although Conway and Hopcroft showed in [6] that using the axiom of choice it is possible to fill $\mathbb{R}^{3}$ with unit circles,

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Fig. 1 a An illustration [14] of a bitangential plane and its two Villarceau circles through $p$. b A family of Villarceau circles obtained by rotating the bitangential cutting plane in discrete steps around the $z$-axis
the problem addressed here is of different types, since we are dealing with solid bodies and not with one-dimensional curve.

Throughout this note we refer to a torus with major radius 1 and minor radius going to zero as a thin torus.

Theorem $1 \mathbb{R}^{3}$ can be packed with thin tori at a density of $0.222 \ldots$.
Theorem 2 It is possible to pairwise link $\Theta\left(1 / s^{2}\right)$ many tori of major radius 1 and minor radius $s<1 / 3$ and this is asymptotically optimal.

## 2 Proof of Theorem 1

Given a torus lying in a plane $H$ and a point $p$ on its surface, there are three different types of non-trivial circles through $p$. One can draw a circle through $p$ which lies in a plane parallel to the plane $H$ and one can draw a circle through $p$ in the plane perpendicular to $H$. A third type of circles is obtained by cutting the torus open at $p$ along a plane which is bitangential to the torus and then draw two circles on the surface of the torus along the cut as shown in Fig. 1a. These circles have a radius which corresponds to the major radius of the torus and were first observed by Yvon Villarceau thus they are called Villarceau circles [26]. Most prominently, Villarceau circles appear in topology, when the Hopf fibration [18] of a 3-sphere is stereographically projected into $\mathbb{R}^{3}$.

In order for the torus arrangement to pack $\mathbb{R}^{3}$ with positive density, it is necessary that some tori are linked. This holds, since the volume of the bounding box of a torus with minor radius $s$ is $\Theta(s)$, while the volume of the torus is $\Theta\left(s^{2}\right)$. Thus, for $s \rightarrow 0$, the packing density of an arrangement of unlinked thin tori goes to 0 . Therefore, it is not a priori clear that a packing of thin tori with positive density exists.

Throughout this note we denote by $T(R, r)$ a torus of major radius $R$ and minor radius $r$. The basic idea of the torus arrangement is to first pack $\mathbb{R}^{3}$ with an auxiliary lattice packing of fat tori $T_{\mathrm{F}}=T(1, r)$ for some constant $r$. All such tori are placed parallel to the $x y$-plane and are centered at points of the lattice, generated by the vectors

Fig. 2 A vertical cut through $T_{\mathrm{F}}$, the nested sequence of $T_{k}$ tori and a schematic representation of the $T(1, s)$ tori through one point on each $T_{k}$


$$
\left(\begin{array}{c}
2+\sqrt{3} r \\
0 \\
r
\end{array}\right), \quad\left(\begin{array}{c}
1+r \\
\sqrt{3}(1+r) \\
0
\end{array}\right), \quad\left(\begin{array}{c}
0 \\
0 \\
2 r
\end{array}\right)
$$

Since the parallelepiped of this lattice has volume $2 \sqrt{3}(2+\sqrt{3} r)(1+r) r$, the lattice packing of $\mathbb{R}^{3}$ with $T_{\mathrm{F}}$ tori has a density of

$$
\begin{equation*}
\delta_{L}(r)=\frac{\pi^{2} r}{\sqrt{3}(2+\sqrt{3} r)(1+r)} \tag{1}
\end{equation*}
$$

Inside every $T_{\mathrm{F}}$ torus we build a second auxiliary structure by forming a nested sequence of concentric tori $T_{\left\lfloor\frac{r-s}{2 s}\right\rfloor}, \ldots, T_{1}$ centered at lattice points, with $T_{k}=$ $T(1,2 k s)$. Here, $s$ denotes the minor radius of the thin tori which we will ultimately use to pack $\mathbb{R}^{3}$. Next, a $2 s$ neighborhood of the surface of each $T_{k}$ torus gets packed with thin $T(1, s)$ tori as illustrated in Fig. 2. For this we construct a family of Villarceau circles by rotating the bitangential cutting plane of $T_{k}$ in discrete steps around the $z$-axis in such a way that the smallest distance between any two Villarceau circles is at least $2 s$ (see Fig. 2). Note that we only chose one of the two resulting Villarceau circles associated with each cutting plane. Replacing every Villarceau circle by a $T(1, s)$ torus yields a packing of the $2 s$ neighborhood of the surface of $T_{k}$. Denoting by $V_{k}$ the volume of the union of all $T(1, s)$ tori on $T_{k}$, we obtain a total volume of

$$
V=\sum_{k=1}^{\left\lfloor\frac{r-s}{2 s}\right\rfloor} V_{k}
$$

for the nested arrangement of thin tori inside $T_{\mathrm{F}}$ and thus a packing density of $\delta_{T}(r)=$ $V /\left(2 \pi^{2} r^{2}\right)$ with respect to $T_{\mathrm{F}}$. Therefore, the packing density of the $T(1, s)$ torus arrangement with respect to $\mathbb{R}^{3}$ is $\delta(r)=\delta_{T}(r) \delta_{L}(r)$.

The remaining part of this section is used to calculate the volume $V$.

Lemma 1 Given a torus $T(R, r)$ lying in the $x y$-plane and two Villarceau circles $c_{0}, c_{1}$ lying in the bitangential planes $H_{0}, H_{1}$, respectively. In order for the minimum distance between $c_{0}$ and $c_{1}$ to be at least d, an angular distance between $H_{0}$ and $H_{1}$ of $\psi=\arcsin \frac{d R}{r(R-r)}$ around the $z$-axis suffices, given $r \leq R-d$.

Proof A Villarceau circle of a torus $T(R, r)$ centered at the origin and lying in the $x y$-plane can be parameterized (see [7]) as

$$
\mathbf{c}(\psi, t)=\left(\begin{array}{ccc}
\cos \psi & \sin \psi & 0 \\
-\sin \psi & \cos \psi & 0 \\
0 & 0 & 1
\end{array}\right)\left(\begin{array}{c}
\sqrt{R^{2}-r^{2}} \cos t \\
r+R \sin t \\
r \cos t
\end{array}\right) .
$$

Here $\psi$ denotes the rotation angle of the bitangential cutting plane around the $z$-axis and $t$ defines the location on the Villarceau circle. At $\psi=0$, the derivatives of $\mathbf{c}$ are

$$
\frac{\partial \mathbf{c}}{\partial t}=\left(\begin{array}{c}
-\sqrt{R^{2}-r^{2}} \sin t \\
R \cos t \\
-r \sin t
\end{array}\right)
$$

and

$$
\frac{\partial \mathbf{c}}{\partial \psi}=\left(\begin{array}{c}
r+R \sin t \\
-\sqrt{R^{2}-r^{2}} \cos t \\
0
\end{array}\right) .
$$

The closest distance between the circle $c_{0}=\mathbf{c}(0, t)$ and a circle $c_{1}$ rotated around the $z$-axis appears on $c_{0}$, when $\frac{\partial \mathbf{c}}{\partial \psi}$ assumes the smallest value in the direction perpendicular to $\frac{\partial \mathbf{c}}{\partial t}$, i.e., at the point where

$$
\left|\frac{\partial \mathbf{c}}{\partial \psi}\right| \sin \gamma
$$

attains its minimum, with $\gamma$ denoting the angle between $\frac{\partial \mathbf{c}}{\partial t}$ and $\frac{\partial \mathbf{c}}{\partial \psi}$.
Since

$$
\sin \gamma=\sqrt{1-\left(\frac{\frac{\partial \mathbf{c}}{\partial \psi} \cdot \frac{\partial \mathbf{c}}{\partial t}}{\left|\frac{\partial \mathbf{c}}{\partial \psi}\right|\left|\frac{\partial \mathbf{c}}{\partial t}\right|}\right)^{2}}
$$

we want to minimize

$$
\sqrt{\left|\frac{\partial \mathbf{c}}{\partial \psi}\right|^{2}-\left(\frac{\frac{\partial \mathbf{c}}{\partial \psi} \cdot \frac{\partial \mathbf{c}}{\partial t}}{\left|\frac{\partial \mathbf{c}}{\partial t}\right|}\right)^{2}}
$$

which simplifies to

$$
\frac{r}{R} \sqrt{\left(2 r R \sin (t)+r^{2}+R^{2}+\left((\sin (t))^{2}-1\right) r^{2}\right)}
$$

and attains its minimum at $t=-\arcsin R / r$. Since $r<R$, the minimum occurs when $\sin t=-1$. If we denote this point $(0, r-R, 0)$ by $q$, its minimum distance to the cutting plane $H_{1}$ provides a lower bound for the minimum distance $d$ between $c_{0}$ and $c_{1}$. Since the normal unit vector of $H_{1}$ is $\mathbf{n}_{1}=\left(r / R \cos \psi,-r / R \sin \psi, \sqrt{1-r^{2} / R^{2}}\right)$,

$$
d \geq \mathbf{n}_{\mathbf{1}} \cdot q=\frac{r(R-r)}{R} \sin \psi .
$$

Thus, an angular distance between $H_{0}$ and $H_{1}$ around the $z$-axis of at least

$$
\psi=\arcsin \frac{d R}{r(R-r)}
$$

results in a minimum distance of at least $d$ between $c_{0}$ and $c_{1}$.
It follows from Lemma 1 that the $2 s$ neighborhood of the surface of a $T_{k}$ torus can be packed with $\left\lfloor\frac{2 \pi}{\arcsin \frac{1}{k(1-2 k s)}}\right\rfloor$ many $T(1, s)$ tori. Using the fact that $11 x / 7 \geq \arcsin x$ for $0 \leq x \leq 1$, the volume of the union of these tori is

$$
V_{k} \geq 2 \pi^{2} s^{2}\left\lfloor\frac{14}{11} \pi k(1-2 k s)\right\rfloor
$$

For $s \rightarrow 0$, the volume of the union of all $T(1, s)$ tori inside one $T_{\mathrm{F}}$ torus becomes

$$
\bar{V}=\lim _{s \rightarrow 0} \sum_{k=1}^{\left\lfloor\frac{r-s}{2 s}\right\rfloor} V_{k} \geq \frac{7}{66} \pi^{3} r^{2}(3-2 r)
$$

and thus the packing density $\delta_{T}(r)$ with respect to $T_{\mathrm{F}}$ is

$$
\begin{equation*}
\delta_{T}(r)=\frac{7}{132} \pi(3-2 r) \tag{2}
\end{equation*}
$$

Combining Eqs. (1) and (2), the packing density of the thin tori with respect to $\mathbb{R}^{3}$ evaluates to

$$
\delta(r)=\delta_{L}(r) \delta_{T}(r)=\frac{7 \pi^{3} r(3-2 r)}{132 \sqrt{3}(2+\sqrt{3} r)(1+r)}
$$

which, at $r=0.441 \ldots$, obtains the maximum value of $0.222 \ldots$.

## 3 Proof of Theorem 2

In order to prove Theorem 2, we show that in the nested torus construction of the previous section all thin tori are pairwise linked. Let $c_{0}$ and $c_{1}$ be two Villarceau circles on two nested (auxiliary) unit tori $T_{0}$ and $T_{1}$ with minor radius $r_{0}$ and $r_{1}$, respectively, and assume $r_{0}<r_{1}$. We prove the claim by showing that $c_{1}$ and $T_{0}$ are linked, which, since Villarceau circles are fully contained in the surface of a torus, is equivalent to showing that $c_{1}$ is linked with the unit circle $c$ defining the axis of revolution of $T_{0}$. Furthermore, wlog we may assume that the cutting plane defining $c_{1}$ is unrotated (around the $z$-axis), since otherwise we may just rotate the whole coordinate system around the $z$-axis. It thus follows that $c_{1}$ intersects the $y$-axis at distances $-1+r_{1}$ and $1+r_{1}$. In order to show that $c_{1}$ and $c$ are linked, it suffices to note that $y$-axis intersects $c$ inside the interval $\left(-1+r_{1}, 1+r_{1}\right)$ exactly once, namely at 1. Since all Villarceau circles on the same torus are linked (see [7]), the claim follows.

We set the minor radius $r$ of $T_{\mathrm{F}}$, defined in the previous section, equal to 1 , i.e., $T_{\mathrm{F}}$ becomes a Horn torus and we note that the outermost torus of the nested structure inside $T_{\mathrm{F}}$ has minor radius $1-s$. As argued in the previous section, the number of pairwise-linked tori of minor radius $s$ in the nested construction is

$$
\sum_{k=1}^{\left\lfloor\frac{1-s}{2 s}\right\rfloor}\left\lfloor\frac{14}{11} \pi k(1-2 k s)\right\rfloor,
$$

which is lower bounded by

$$
\begin{equation*}
\frac{1}{132} \frac{(3 s-1)\left(-7 \pi-21 \pi s+66 s+28 \pi s^{2}\right)}{s^{2}} \tag{3}
\end{equation*}
$$

It is easy to see that expression (3) is contained in $\Omega\left(1 / s^{2}\right)$ for $s \in(0,1 / 3)$. On the other hand, a simple area argument shows that at most $O\left(1 / s^{2}\right)$ tori of major radius 1 and minor radius $s$ can be linked with a single such torus, thus implying that the construction is asymptotically optimal. Obviously, the construction is also asymptotically optimal for linking many tori with one single torus.

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