# **ORIGINAL ARTICLE - CLINICAL ONCOLOGY**



# Comparison of cisplatin and mitomycin C/5-FU as radiosensitisers in the treatment of locally advanced vulvar cancer: results of a retrospective, observational, single-institutional cohort study

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Received: 6 February 2022 / Accepted: 1 April 2022 / Published online: 22 April 2022 © The Author(s) 2022

#### **Abstract**

**Purpose** We retrospectively investigated the widely used radiosensitisers cisplatin and mitomycin C/5-fluorouracil (5-FU) in patients with locally advanced vulvar cancer for outcome and toxicity.

**Methods** We screened the archive for patients treated with chemoradiation for vulvar cancer diagnosed between 01/2010 and 08/2021 at our institution. The impact of both radiosensitisers on prognosis was compared using Kaplan–Meier method and Cox-regression analysis.

**Results** One hundred and forty-three patients with vulvar cancer were screened. Twenty-nine patients received chemoradiation (mitomycin C/5-FU n=14; cisplatin n=12; others n=3) as a primary, neoadjuvant or adjuvant treatment. Median follow-up was 15.5 months. Patients in the cisplatin group were older (mean age 54.4 vs. 70.7; p=0.004). However, the mitomycin C/5-FU group had more advanced tumour stages. The 2-year recurrence-free survival (RFS) was comparable (44.5% vs. 33.3%; p=0.932). The 2-year overall survival (OS) showed a numerical but not statistically significant difference in favour of the mitomycin C/5-FU group (59.7% vs. 31.7%; p=0.37). 64.3% (9 out of 14) patients, who received mitomycin C/5-FU achieved clinical complete response (cCR) compared to 41.7% (5 out of 12) who received cisplatin (p=0.505). Radiodermatitis was the most common adverse event in both groups (81%) and more severe in the mitomycin C/5-FU cohort. Myelotoxicity was frequently observed in both groups. Eighteen patients received an additional radiation boost with 10.0 (9–16) Gy and showed a significantly prolonged RFS (p=0.027) and OS (p=0.003).

**Conclusion** Mitomycin C/5-FU may be considered in the treatment of young and healthy patients with locally advanced vulvar cancer.

**Keywords** Vulvar cancer · Radiosensitiser · Cisplatin · Mitomycin C · 5-Fluorouracil · Outcome

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# Introduction

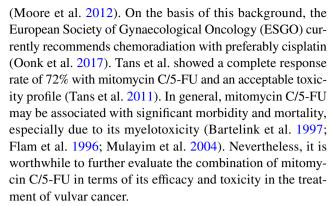
Vulvar cancer is a rare disease, which accounts for 5% of all gynaecological malignancies after cancer of the uterus, ovary and cervix (Alkatout et al. 2015). 45,240 patients were newly diagnosed and 17,427 patients died of vulvar cancer worldwide in 2020 according to the Global Cancer Statistics 2020 (Sung et al. 2021). In the last years, vulvar cancer has shown an increasing incidence especially in women under the age of 60 (Kang et al. 2017). Therefore, we are urgently in need of a better knowledge of this rare malignancy and its treatment options. Especially locally extended malignant tumours of the vulvar which might already affect the inguinal and/or pelvic lymph nodes require a multidisciplinary management and remain a clinical challenge (Han



et al. 2000; Lupi et al. 1996). These patients often benefit from a chemoradiation and/or brachytherapy as a primary or neoadjuvant treatment to avoid radical surgery such as exenterative procedures (Rao et al. 2017; Tagliaferri et al. 2021). Chemotherapeutic agents should improve outcome by acting as a radiosensitiser to increase locoregional control and by treating distant micrometastases (Mak et al. 2011). In general, chemoradiation protocols are often based on the experience in other squamous cell cancers, especially in cervical and anal cancer. Concurrent chemotherapy and radiation reduced local relapse rate and improved diseasespecific and overall survival (OS) in primary treatment for locally advanced vulvar cancer (Han et al. 2000; Rao et al. 2017). Recently, radiation therapy has improved in terms of local control and toxicity due to image-guided and intensitymodulated radiation therapy (IMRT) (Beriwal et al. 2006; Tagliaferri et al. 2021).

The impact of different radiosensitisers on the outcome of locally advanced vulvar cancer patients has been investigated in multiple, mostly small retrospective observational studies. Commonly used radiosensitisers were platinum derivatives, mitomycin C, 5-fluorouracil (5-FU), rarely bleomycin, and often in combination with each other (ESGO-Guidelines 2016). A recently published phase II study reported promising results with capecitabine as radiosensitiser (van Triest et al. 2021). In general, high response rates, improved local recurrence and survival rates were described in locally advanced vulvar cancer patients after chemoradiation with mitomycin C/5-FU or 5-FU and/or cisplatin (Cunningham et al. 1997; Eifel et al. 1995; Landoni et al. 1996; Moore et al. 2012, 1998; Tans et al. 2011). Because of the low incidence of vulvar cancer, these studies included 2 to 71 patients and yielded a wide range of efficacy and toxicity, most of which were published between 1985 and 2013 (ESGO-Guidelines, 2016). In the most recent studies, which included patients treated after 2000, IMRT and image-guided treatment were used as the current standard of care (Beriwal et al. 2006; Tagliaferri et al. 2021).

The first Gynecologic Oncology Group (GOG) phase II study that evaluated preoperative chemoradiation with cisplatin and 5-FU in patients with advanced vulvar cancer was published in 1998. 46.5% of the patients had no visible vulvar cancer after chemoradiation (Moore et al. 1998). Both response rates and local control as well as toxicity of the 5-FU plus cisplatin regimen were promising. Based on the experience from cervical cancer trials, the following GOG Phase II study in 2012 evaluated a less toxic chemoradiation with weekly single-agent cisplatin for primary treatment of locally advanced vulvar cancer to achieve higher complete clinical and pathologic response rates and improved local control rates (Mak et al. 2011; Moore et al. 2012). Complete clinical response (cCR) was seen in 64% of the patients with high pathologic response rates and acceptable toxicity



As a referral centre of vulvar cancer patients and due to limited data in the literature, we investigated both radiosensitisers cisplatin and mitomycin C/5-FU in locally advanced vulvar cancer in a retrospective, observational cohort study for outcome and toxicity.

# **Methods**

# **Study population**

We searched the archive for patients treated with chemoradiation for pathologically confirmed squamous cell cancer of the vulva at our institution between 01/2010 and 08/2021. Inclusion criteria were histological diagnosis of squamous cell cancer of the vulvar regardless of the stage of disease, Eastern Cooperative Oncology Group (ECOG)-status, or purpose of treatment (primary, neoadjuvant and adjuvant). cCR was defined by the absence of visible vulvar cancer after chemoradiation. Long-term follow-up was performed by evaluation of patient's clinical records, inquiries to the patient's physician, and by telephone calls through August 2021.

# **Treatment and toxicity data**

The standard dose of cisplatin was defined as 40 mg/m<sup>2</sup> d1, q7d. Cisplatin 6 mg/m<sup>2</sup> d1–d5, weeks 1, 2, 5, and 6, was regarded as a so called low-dose regimen. 1000 mg/m<sup>2</sup> 5-FU d1–d4 and 10 mg/m<sup>2</sup> mitomycin C d1, weeks 1 and 5, were applied intravenously with standard premedication. Radiation therapy was given concurrently on the first day of the first cycle of chemotherapy.

Radiation therapy was administered to the vulvar, lower pelvis, and bilateral inguinal lymph nodes using IMRT. Radiation boost was applied to the primary tumour bed and one or both involved groins if applicable. Radiation therapy was given in the outpatient setting except during concomitant chemotherapy cycles. All patients were hospitalised for the administration of concurrent chemotherapy and were monitored weekly during the treatment course



for acute toxicity. Adverse events were classified according to the Common Terminology Criteria for Adverse Events (CTCAE) Version 3.0.

#### **Statistics**

Statistical analysis was performed with SPSS statistical software programme, version 27.0.1 (SPSS Inc, Chicago, IL, U.S.A.). Patients' characteristics were given in absolute and relative frequencies (categorical data) as mean ( $\pm$  standard deviation (SD)) or as median with their interquartile ranges. Continuous data were reported as means and SD or median and interquartile range. We compared chemoradiation protocols, response rates and toxicities. Normal distribution was examined with the Shapiro–Wilk-test, followed either by Mann–Whitney-U test or t-test to detect significant differences. The frequency of distribution of categorical variables was compared with the Fisher's exact test.

The Cox-proportional hazard regression model was used to determine the prognostic influence of established risk factors such as mean age, ECOG-status, stage of disease (according to International Federation of Gynecology and Obstetrics (FIGO) stage), and histological grade of differentiation. Furthermore, radiation boost and radiation dose were included in the Cox regression analysis. First, univariate Cox regression analysis for every single variable was performed. Then, variables with a *p*-value < 0.05 were included in the multivariable Cox regression analysis with variable selection by backward elimination. Kaplan–Meier estimates were used to describe recurrence-free survival (RFS) and OS after

2 years. Time points in months were the date of diagnosis leading to the indication of a chemoradiation until death (or recurrence) or last follow-up. Patients who were still alive (or without recurrence) and/or had incomplete data were censored. RFS included loco-regional recurrences and/or distant metastasis and death as an event. In the Cox regression model, hazard ratio (HR) and 95% confidence interval (CI) were used. The Log-Rank-Test was used to compare the curves. All tests were two-sided and a p-value of < 0.05 was considered statistically significant. Since no correction was made for multiple testing, the results were considered exploratory.

# **Results**

A total of 143 patients with vulvar cancer were screened (Fig. 1). Twenty-nine patients received chemoradiation (cisplatin n = 12; mitomycin C/5-FU n = 14; others n = 3) as a primary or neo-/adjuvant treatment. Twelve patients of the cisplatin cohort, of whom 9 patients received the standard dose and 3 patients the low-dose regimen, and 14 patients of the mitomycin C/5-FU cohort were included in the final analysis.

Patients in the cisplatin group were significantly older than in the mitomycin C/5-FU group (mean age 70.7 vs. 54.4, p = 0.004) (Table 1). The mitomycin C/5-FU group showed higher tumour stages according to the FIGO classification (p = 0.023). Both groups showed no differences in terms of ECOG-status and histological grade. 64.3%

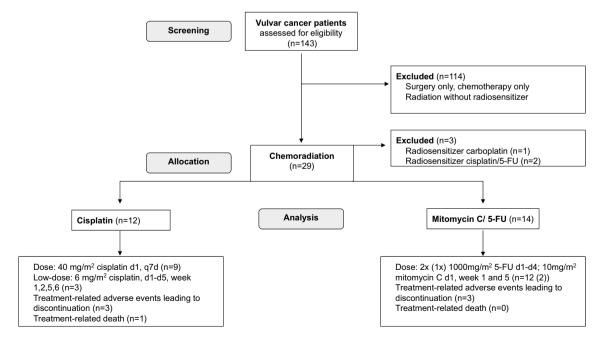


Fig. 1 Consort diagram

Table 1 Patients' characteristics

Parameter	(n=26) n (%) Chemoradiation	(n=12) n (%) Cisplatin	(n=14) n (%) Mitomycin/5-FU
Mean age [years] ( $\pm$ SD) ( $p$ =0.004)	61.9 (± 15.2)	70.7 (± 12.27)	54.36 (± 13.6)
Tumour stage (FIGO) before chemoradiation ( $p = 0.023$ )			
I	2 (7.7)	0 (0)	2 (14.3)
II	2 (7.7)	2 (16.7)	0 (0)
III	15 (57.7)	9 (75.0)	6 (42.9)
IV	7 (26.9)	1 (8.3)	6 (42.9)
ECOG before chemoradiation ( $p = 0.659$ )			
0	11 (42.3)	4 (33.3)	7 (50.0)
1	9 (34.6)	4 (33.3)	5 (35.7)
2	4 (15.4)	3 (25.0)	1 (7.1)
3	2 (7.7)	1 (8.3)	1 (7.1)
4	0 (0)	0 (0)	0 (0)
Histological grade			
G1	0 (0)	0 (0)	0 (0)
G2	19 (73.1)	9 (75.0)	10 (71.4)
G3	7 (26.9)	3 (25.0)	4 (28.6)
Histological type			
Squamous cell carcinoma	26 (100)	12 (100)	14 (100)
Type of treatment $(p = 1.000)$			
Primary chemoradiation	12 (46.2)	5 (41.7)	7 (50.0)
Neoadjuvant	2 (7.7)	1 (8.3)	1 (7.1)
Adjuvant	12 (46.2)	6 (50.0)	6 (42.9)
Median radiation dose [grey] (interquartile range) Mean radiation dose [grey] (±SD) (cumulative)	59.8 (54.15–66.4) 59.7 (±9.71)	59.4 (50.4–64.9) 60.21 (±11.6)	60.4 (55.7–66.4) 59.2 (± 8.18)
Boost $(p=0.401)$	18 (69.2)	7 (58.3)	11 (78.6)
Median boost dose [grey] (interquartile range)	10.0 (9–16)	9 (9–10)	10.0 (9.4–16)
Mean radiation dose [grey] (± SD) (cumulative)	$11.4 (\pm 4.56)$	$9.571 (\pm 3.26)$	$12.58 (\pm 5.01)$
Interstitial brachytherapy	3 (11.5)	2 (16.7)	1 (7.1)
Median follow-up * (interquartile range) mean [months] (±SD)	15.5 (9.25–54.5) 30.42 (± 30.58)	15.5 (10.5–53.75) 30.25 (±31.52)	15 (3.75–54.5) 30.57 (±30.95)
Clinical response to treatment ( $p = 0.505$ )			
Complete	14 (53.8)	5 (41.7)	9 (64.3)
Partial	5 (19.2)	3 (25.0)	2 (14.3)
Stable	1 (3.8)	1 (8.3)	0 (0)
Progressive	3 (11.5)	2 (16.7)	1 (7.1)
Not assessable	3 (11.5)	1 (8.3)	2 (14.3)

SD standard deviation, FIGO International Federation of Gynecology and Obstetrics, ECOG Eastern Cooperative Oncology Group performance score

of the patients who received mitomycin C/5-FU achieved cCR compared to 41.7% receiving cisplatin (p=0.211) as radiosensitiser. Median radiation dose in total was 59.8 (54.15–66.4) Gy. 18 patients received an additional radiation boost with 10.0 (9–16) Gy. Radiation boost was applied 7 times in the cisplatin cohort and 11 times in the mitomycin C/5-FU cohort. Radiation boost was not performed in case

of palliative treatment (n=3), neoadjuvant treatment (n=1), progressive disease (n=1) and discontinuation of therapy due to adverse events (n=3).

The 2-year RFS was comparable between mitomycin C/5-FU and cisplatin (44.5% vs. 33.3%; p = 0.932). The 2-year OS showed a numerical but not statistically significant difference in favour of the mitomycin C/5-FU



<sup>\*</sup>Diagnosis before chemoradiation and last follow-up or death

group (59.7% vs. 31.7%; p = 0.37) (Fig. 2a, b). Patients with a radiation boost showed a significantly improved RFS (p = 0.027) and an improved OS (p = 0.003) (Fig. 2c, d) compared to patients without boost. At 2 years, 52.5 (62.5%) of the patients who received a boost were still alive without recurrence compared to none of the patients who did not receive a radiation boost.

In the univariate Cox regression analyses, FIGO stage, histological grading, mean age, ECOG-status, and boost were associated with overall survival (Table 2). A better histological grading and boost were the only parameters associated with a longer RFS. In the multivariate analysis, histological grade and boost retained its significance for both RFS and OS (histological grade RFS: HR: 3.996; 95% CI [1.408–11.346]; histological grade OS: HR: 6.437; 95% CI [1.697–24.409]; boost RFS: HR: 0.295; 95% CI [0.095–0.916]; boost OS: HR: 0.208; 95% CI [0.062–0.703]). In the multivariate analysis, FIGO stage was also significantly associated with OS (FIGO OS: HR: 1.711; 95% CI [1.085–2.700]).

Radiodermatitis was the most common adverse event in both groups (80.8% of all patients), and significantly more severe in the mitomycin C/5-FU group (Table 3). In addition, myelotoxicity was observed frequently in both groups. There was no statistically significant difference in the rates of leukopenia, thrombocytopenia and anaemia between both cohorts. However, two patients stopped the concurrent chemotherapy in the mitomycin C/5-FU group due to myelotoxicity of whom one had been kidney-transplanted twice. Treatment-related adverse events leading to discontinuation were similar (three cases in both groups). One patient, a 77-year old patient (ECOG-status: 3), in the cisplatin group died of treatment-related sequelae: a pneumonia after suffering from a superinfection of the radiodermatitis.

# **Discussion**

We demonstrated that mitomycin C/5-FU as radiosensitiser showed a numerically but not statistically significant improved OS of locally advanced vulvar cancer compared

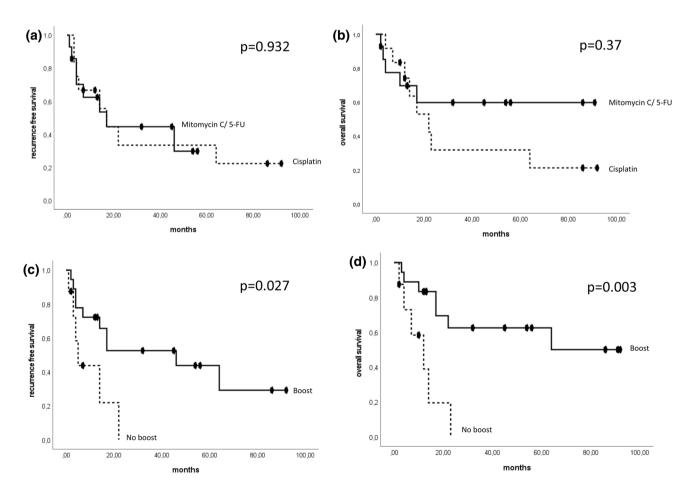


Fig. 2 Kaplan-Meier curves showing RFS and OS for radiosensitiser cisplatin vs. mitomycin C/5-FU (a, b) and radiation boost (c, d). Time: months after diagnosis (chemoradiation)



Table 2 Univariate and multivariate Cox-regression analyses for overall survival and recurrence-free survival

	Univaria	Univariate—RFS		Univaria	Univariate—OS		Multivaı	Multi variate—RFS		Multivar	Multivariate—OS	
	HR	CI [95%]	p value	当	CI [95%]	p value	HR	CI [95%]	p value		CI [95%]	p value
Cisplatin	0.958	0.347–2.644	0.934	1.654	0.539–5.077	0.38						
Mitomycin C/5-FU	1.044	0.378-2.882	0.934	0.605	0.197 - 1.857	0.38						
Tumour stage—FIGO	1.178	0.924-1.502	0.185	1.526	1.019-2.283	0.04				1.711	1.085-2.700	0.021
Histological grade	3.771	1.357–10.480	0.011	3.707	1.230–11.176	0.020	3.996	1.408-11.346	0.00	6.437	1.697–24.409	9000
Mean age	1.063	0.998-1.075	090.0	1.049	1.002 - 1.098	0.039				0.984	0.920-1.052	0.633
ECOG	1.633	0.966–2.761	0.067	2.267	1.241-4.140	0.008				1.565	0.721-3.398	0.258
Boost	0.322	0.108 - 0.953	0.041	0.199	0.061 - 0.648	0.007	0.295	0.095 - 0.916	0.035	0.208	0.062-0.703	0.011
Radiation dose in total	1.002	0.998 - 1.006	0.262	1.003	0.999-1.007	0.097						

Bold font: statistic significance was achieved (p<0.05)

HR hazard ratio, 95% CI confidence-interval, FIGO International Federation of Gynecology and Obstetrics, ECOG Eastern Cooperative Oncology Group performance score, RFS recurrence free survival, OS overall survival

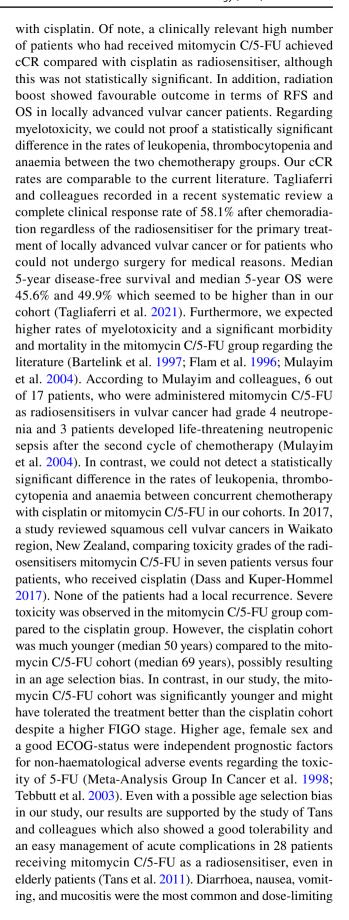




Table 3 Non-haematological and haematological toxicity

Parameter	Chemoradiation (n=26) (%)	Cisplatin $(n=12)$ (%)	Mitomycin/5- FU (n = 14) (%)
Non-haematological toxicity			
Radiodermatitis, all $(p=0.006)$ CTCAE grade 3 or higher	21 (80.8) 4 (15.4)	10 (83.3) 0 (0)	11 (78.6) 4 (28.6)
Diarrhoea, all $(p=0.436)$ CTCAE grade 3 or higher	14 (53.8) 2 (7.7)	7 (58.3) 0 (0)	7 (50.0) 2 (14.3)
Infection (urinary tract, pneumonia, mucositis, and superinfection radiation burn)	9 (34.6)	3 (25.0)	6 (42.9)
Treatment-related adverse events leading to discontinuation	6 (23.1)	3 (25.0)	3 (21.4)
Treatment-related death	1 (3.8)	1 (8.3)	0 (0)
Haematological toxicity			
Leukopenia, all ( $p = 1.000$ ) CTCAE grade 3 or higher	11 (42.3) 2 (7.6)	5 (41.7) 0 (0)	6 (42.9) 2 (14.3)
Thrombocytopenia, all $(p=1.000)$ CTCAE grade 3 or higher	5 (19.2) 2 (7.6)	2 (16.7) 0 (0)	3 (21.4) 2 (14.3)
Anaemia, all $(p=0.183)$ CTCAE grade 3 or higher	19 (73.1) 3 (11.5)	10 (83.3) 0 (0)	9 (64.3) 3 (21.4)
Anaemia, thrombocytopenia requiring transfusion	7 (26.9)	3 (25.0)	4 (28.6)
Treatment-related myelotoxicity leading to discontinuation	2 (7.6)	0 (0)	2 (14.3)

P-value is based on the Fisher's exact test

toxicities associated with the use of 5-FU. However, 5-FU was associated with only 4% of grades 3–4 haematologic toxicity consisting mainly of neutropenia in case of continuous intravenous application (Meta-Analysis Group In Cancer; Lévy E, 1998). Concerning radiation therapy, radiation boosts were applied more frequently in the mitomycin C/5-FU group than in the cisplatin group. A boost was not performed because of reduced performance status, palliative intent, progressive disease or the maximum of radiation dose had already been applied before. This might has biased our positive effects of radiation boost on PFS and OS.

Our study has strengths and limitations. To our knowledge, this study is the first to compare survival data and adverse events between the radiosensitisers cisplatin and mitomycin C/5-FU in vulvar cancer with more than ten patients in each group. However, due to its retrospective nature, all conclusions of our single institutional cohort study should be interpreted with caution. In our study, there was no objective measurement of the clinical response and the groups were heterogenous, especially regarding the type of treatment and stage (FIGO I–IV). Moreover, treatment selection bias may be an important confounder in this study. Mitomycin C/5-FU was more likely administered to patients who were younger and showed fewer comorbidities or rapid tumour progression or had a longer life expectancy than the cisplatin cohort. Comorbidities were not taken into account, like for example the metabolic syndrome, which increases the risk for vulvar cancer with a hazard ratio of 1.78 (Nagel et al.

2011). In addition, a higher comorbidity score among vulvar cancer patients decreases the overall survival in these patients (Dass and Kuper-Hommel 2017; Ghebre et al. 2011). A further limitation is the short median follow-up period of 15.5 months.

Despite these limitations, our study provides valuable single-institution data on the largest vulvar cancer cohort so far that compares the use of mitomycin C/5-FU and cisplatin in chemoradiation. Younger patients may benefit from a chemoradiation with mitomycin C/5-FU in locally advanced vulvar cancer, but attention should be paid to its toxicity profile. Future multicentre and international efforts are needed to identify the most effective and least toxic agents and protocols for chemoradiation in the treatment of locally advanced vulvar cancer given its increasing incidence. A large collective of patients with vulvar cancer could allow further subgroup analyses in the future, e.g. regarding histopathological characteristics, to improve patient's treatment. In the meantime, further evidence from individual institutions series will help to define and update guidelines for the management of patients with locally advanced vulvar cancer (Mulayim et al. 2004).

**Funding** Open Access funding enabled and organized by Projekt DEAL. The authors declare that no funds, grants, or other support were received during the preparation of this manuscript.



**Data availability** All data generated or analysed during this study are included in this article and its tables and figures. Further enquiries can be directed to the corresponding author.

#### **Declarations**

Conflict of interest V.C.L., C.S., J.J., H.S. and M.J.B. have no relevant financial or non-financial interests to disclose. M.S. reports personal fees from AstraZeneca, BioNTech, Daiichi Sankyo, Eisai, Lilly, MSD, Novartis, Pantarhei Bioscience, Pfizer, Roche, and SeaGen outside the submitted work. Institutional research funding from AstraZeneca, BioNTech, Eisai, Genentech, German Breast Group, Novartis, Palleos, Pantarhei Bioscience, Pierre Fabre, and SeaGen. In addition, M.S. has a patent for EP 2390370 B1 issued and a patent for EP 2951317 Blissued. SK received speaker honoraria from Roche Pharma AG and Novartis Pharma GmbH Germany, research funding from Novartis Pharma GmbH Germany and travel reimbursement from PharmaMar and Novartis Pharma GmbH Germany. A.H. reports honoraria from AstraZeneca, Celgen, MedConcept GmbH, Med update GmbH, Medicultus, Pfizer, Roche Pharma AG, Streamedup!GmbH, Tesaro Bio Germany GmbH, LEO Pharma, Clovis Oncology. A.H. is ad board for PharmaMar, Roche Pharma AG, Tesaro Bio Germany GmbH, AstraZeneca, LEO Pharma, GSK/MSD. R.S. received honoraria from Roche Pharma AG, AstraZeneca, Streamedup!GmbH. K.A. received honoraria from Clovis Oncology and Roche.

Ethics approval This is an observational study and no ethical approval is required. The retrospective cohort study was conducted in accordance with the "Ethical principles for medical research involving human subjects" of the current version of the Declaration of Helsinki. Data collected for this study were obtained as part of routine medical care.

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