

## Cathepsins B, L and cystatin C in cyst fluid of ovarian tumors

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### Abstract

**Introduction** In cancer, an extracellular and membrane bound localization of cathepsins contribute to the invasion of tumor cells at the basement membrane.

**Methods** This is the first study that explored levels of cathepsins B (CatB), L (CatL) and their inhibitor cystatin C (CysC) in the cystic fluid (CF) of ovarian tumors ( $n = 110$ ).

**Results** CF contained considerable amounts of CatB, CatL and CysC. Remarkable differences in CatB and CatL and CysC CF levels were found between different histopathological tumor subtypes. Levels of CatB and CysC were significantly higher in CF of malignant serous tumors compared to those found in benign serous tumors ( $p = 0.010$  and  $p = 0.001$  respectively), whereas levels of CatL were

significantly higher in CF of malignant mucinous tumors compared to those found in benign mucinous tumors ( $p = 0.035$ ). CatB and CysC showed a strong correlation in the group of patients with malignant serous tumors ( $p < 0.001$ ;  $R = 0.921$ ) suggesting that the increase in CatB might be balanced by a corresponding increase in CysC.

**Conclusion** Further studies are warranted to investigate cathepsins as possible prognostic biomarkers for the aggressiveness of ovarian cancer.

**Keywords** Ovarian cancer · Cathepsin · Cystatin · Cyst fluid · Ovarian tumor

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### Introduction

Epithelial ovarian cancer (EOC) is the most lethal gynecological malignancy worldwide. Because of the absence of early symptoms, approximately 70% of the patients are diagnosed with FIGO stage III or IV, when tumor cells already have metastasized to the upper abdomen (Colombo et al. 2006). Compared to other types of cancer, insight into the carcinogenesis and progression of ovarian cancer is limited by the lack of a well-defined precursor lesion and by the lack of data from early-stage cancers (Landen et al. 2008).

In neoplastic transformation, the epithelial surface first becomes multicell layered. Tumor cells then degrade the basement membrane and invade the stroma or become detached from the primary tumors and metastasize (Capo-Chichi et al. 2002; Scully 1995; Feeley and Wells 2001; Aznavoorian et al. 1993). It is now widely believed that the degradation of the basement membrane is catalyzed by proteolytic enzymes (Liotta et al. 1980; Turk et al. 2000; Duffy 1996). Among these enzymes are the lysosomal cysteine

proteinases or cathepsins, which have an important physiological function in regulation of intracellular protein metabolism. The human family of cathepsins has 11 members (cathepsin B, C, F, H, K, L, O, S, V, W and X), which share a conserved active site that is formed by cysteine, histidine and asparagine residues. In cancer tissue, an increased expression of cathepsins has been described and an extracellular and membrane-bound localization of particularly cathepsin B (CatB) and cathepsin L (CatL) has been demonstrated, which might contribute to the invasion of tumor cells at the basement membrane (Turk et al. 2000; Kos et al. 2000; Premzl et al. 2006).

Numerous reports have now been published investigating cancer tissue expression of cathepsins (Duffy 1996; Schwartz 1995; Sloane et al. 1990). Although quantitation of cathepsins in extracellular fluid has several advantages compared to measurement in tissue, reports investigating extracellular cathepsin levels are rather limited (Kos et al. 2000). Higher levels of CatB and CatL were reported in sera of patients with several types of cancer (Gabrijelcic et al. 1992; Kos et al. 1997, 1998; Leto et al. 1997a; Strojjan et al. 2001; Zore et al. 2001; Bhuvaramurthy and Govindasamy 1995), including ovarian cancer (Nishida et al. 1995; Warwas et al. 1997), compared to levels in healthy subjects or patients with benign lesions. The possibility of measuring cathepsins in blood increases its clinical value as a tumor marker, but reported levels in the serum are significantly lower than levels in tumor cells of cancer patients (Kos et al. 2000). Lah et al. (1992) have shown that CatB was present in ascites of patients with ovarian carcinoma. Moreover, they showed that extracellular CatB was inhibited most strongly by cystatin C (CysC), which is an extracellular cysteine proteinase inhibitor (Lah et al. 1992). Recent studies on tissue of breast and ovarian cancer and melanoma showed that an imbalance of CatB/CysC (zonder levels) was correlated with a more aggressive tumor behavior (Kos et al. 1997; Nishikawa et al. 2004; Yano et al. 2001).

Most ovarian tumors exhibit, sometimes multiple, cysts that can be large. The cyst fluid (CF) is in close contact with the tumor tissue. To our knowledge, no studies have been performed to investigate the levels of cathepsins or their endogenous inhibitors in this ovarian CF. In the present study, we explored CatB, CatL as well as CysC levels in CF of patients with benign, borderline and malignant ovarian tumors.

## Materials and methods

### Patients and cyst fluid collection

From our biobank containing ovarian cyst fluid (CF) samples of patients with ovarian tumors who underwent

primary surgery at the Radboud University Nijmegen Medical Center in the period between 1988 and 1998, small portions of all 110 CF samples were retrieved. Samples in this biobank were collected by aseptic fine needle aspiration at the department of pathology immediately after surgical removal of the tumor. After cooled transport to the laboratory, the CF samples were centrifuged at  $3,000\times g$  for 10 min and the supernatant was stored at  $-35^{\circ}\text{C}$  in small portions until use. Histopathological diagnosis was performed by an experienced gynecologic pathologist and revealed 74 benign, 26 malignant and 10 borderline epithelial ovarian tumors. Informed consent was obtained from all participants.

### ELISA procedures

For the quantitative analysis of CatB, CatL and CysC in ovarian CF, commercially available specific ELISAs (sandwich ELISAs, Krka d.d., Novo mesto, Slovenia) were used, as developed by Kos et al. (1997) at Jožef Stefan Institute, Ljubljana, Slovenia. The components were purified and characterized, and the tests were optimized and performed as described (Kos et al. 1995). To define the optimal dilution, CF samples were serially diluted to the levels encompassing the range of the assays. The linearity of the response was evaluated by comparing the measured values with the calibration curves. The recovery was tested by the addition of different amounts of the antigen to the samples with known antigen concentration that varied from 88 to 108%, comparing expected versus observed concentrations. The intra-assay coefficient of variance varied from 7.6 to 12.7%. CF samples were diluted 1:4 for CatB and CatL and 1:100 for CysC prior to being applied to the wells of microtiter plate. A microplate reader (SLT Rainbow, Salzburg, Austria) was used to measure absorbance. Determination of the levels of cathepsins and CysC was carried out without prior knowledge of the histological or clinical outcome.

### Parameters for aggressiveness of the tumor

From the pathology and medical reports of the patients with EOC, the following parameters were retrieved: histopathologic subtype and histopathologic grade, age at diagnosis and FIGO stage of disease. Histopathologic subtype and tumor grade were classified according to the World Health Organization (WHO) criteria (Servov et al. (1973)). Staging was performed using the International Federation of Gynaecologists and Obstetricians (FIGO) criteria (Pecorelli et al. 1999). In case of uncertainty about the primary location of the tumor, extensive immunohistochemical staining was performed. Only patients with confirmed primary EOC were included.

Statistical analyses

Values are shown as median with range (ng/ml). Normality of distributions was analyzed by Kolmogorov–Smirnov testing. Data regarding CatB, CatL and CysC could be normalized by Ln transformation. Differences between two groups were tested by Student’s *t* test, and for more than two groups by ANOVA and subsequent post hoc Tukey’s HSD tests. Correlations were assessed by Pearson correlation tests of the Ln-transformed values. A priori significance was set at a two-sided  $P < 0.05$ . All statistical analyses were performed using SPSS version 16.0.01 (SPSS Inc. Chicago IL, USA).

Results

The mean age at diagnosis was 40 years (SD ± 14) for patients with benign ovarian tumors ( $n = 74$ ), 42 years (SD ± 14) for patients with borderline ovarian tumors ( $n = 10$ ) and 57 years (SD ± 11) for patients with EOC ( $n = 26$ ). The mean age of patients with ovarian cancer was significantly higher than that of patients with benign ( $p < 0.001$ , Student’s *t* test) and borderline tumors ( $p = 0.009$ , Student’s *t* test). No differences in mean age

were found between patients with benign and borderline tumors ( $p = 0.898$ , Student’s *t* test).

Histopathological subtype

Table 1 shows the median (range) concentrations of CatB, CatL and CysC in ovarian CF of patients with malignant, borderline and benign ovarian tumors, grouped by histological subtype. Within the benign group, CF levels of CatL were significantly different between serous cystadenomas and mucinous cystadenomas ( $p = 0.003$ ) and between endometriosis cysts and mucinous cystadenomas ( $p < 0.001$ ). Although generally not significantly different from the other benign histological subtypes, the median concentrations of CatB and CatL in cystic endometriosis were remarkably high and comparable to those found in CF of malignant tumors. CysC concentrations were in the same range for all benign subclasses. Within the group of borderline and malignant tumors, CF levels of CatB, CatL and CysC did not differ significantly between histopathological subtypes.

Table 2 and Fig. 1 show median (range) CF levels of CatB, CatL and CysC in benign (cystadenoma), borderline and malignant (cystadenocarcinoma) ovarian tumors according to the histopathological subtype. In serous

**Table 1** Median levels (range) of cathepsin B, L and cystatin C (ng/ml) in ovarian tumor cyst fluid ( $n = 110$ ) grouped by histopathological subtypes

Histology	N (%)	Cathepsin B	Cathepsin L	Cystatin C
<b>Benign</b>				
Serous cystadenoma	29 (39)	12 (1–269)	31 (9–121) <sup>a</sup>	572 (131–1,781)
Mucinous cystadenoma	21 (28)	16 (1–227)	11 (1–95) <sup>a, b</sup>	578 (39–9,984)
Dermoid cyst	5 (7)	11 (1–108)	10 (2–97)	618 (117–876)
Cystic endometriosis	16 (22)	71 (1–177)	69 (8–233) <sup>b</sup>	338 (92–1,931)
Corpus luteum cyst	3 (4)	18 (6–98)	15 (15–133)	644 (520–1,805)
<b>Borderline</b>				
Serous borderline tumor	2 (20)	14 (8–21)	28 (18–38)	1,449 (1,125–1,772)
Mucinous borderline tumor	6 (60)	31 (2–118)	75 (8–166)	697 (474–3,897)
Mixed-type borderline tumor*	1 (10)	227	92	340
Unknown	1 (10)			
<b>Malignant</b>				
Serous cystadenocarcinoma	10 (38)	65 (3–269)	61 (8–163)	1,443 (448–5,972)
Mucinous cystadenocarcinoma	8 (31)	33 (5–269)	31 (13–187)	959 (399–9,984)
Endometrioid cystadenocarcinoma	6 (23)	85 (1–269)	71 (14–181)	1,200 (64–2,907)
Mixed-type cystadenocarcinoma*	1 (4)	95	67	1,232
Undifferentiated cystadenocarcinoma*	1 (4)	110	75	109

\* A single concentration is listed. Statistical significance according to ANOVA ( $p = 0.001$ ) with Tukey’s HSD post hoc test of values normalized after Ln transformation

<sup>a</sup>  $p = 0.003$  for mucinous cystadenomas compared to serous cystadenomas

<sup>b</sup>  $p < 0.001$  for mucinous cystadenomas compared to cystic endometriosis

**Table 2** Median levels (range) of cathepsin B, L and cystatin C (ng/ml) in ovarian tumor cyst fluid ( $n = 67$ ) of benign, borderline and malignant tumors grouped by serous and mucinous subtype

Subtype	<i>N</i> (%)	Cathepsin B	<i>p</i> -value*	Cathepsin L	<i>p</i> -value*	Cystatin C	<i>p</i> -value*
Serous	41		0.031		0.131		0.001
Serous cystadenoma	29 (71)	12 (1–269) <sup>a</sup>		31 (9–121)		572 (131–1,780) <sup>b</sup>	
Serous borderline tumor	2 (5)	14 (8–21)		28 (18–38)		1,449 (1,125–1,772)	
Serous cystadenocarcinoma	10 (24)	65 (3–269) <sup>a</sup>		61 (8–163)		1,443 (448–5,972) <sup>b</sup>	
Mucinous	35		0.315		0.017		0.136
Mucinous cystadenoma	21 (60)	16 (1–227)		11 (1–95) <sup>c</sup>		578 (39–9,984)	
Mucinous borderline tumor	6 (17)	32 (2–118)		75 (8–166)		697 (474–3,897)	
Mucinous cystadenocarcinoma	8 (23)	33 (5–269)		31 (13–187) <sup>c</sup>		959 (399–9,984)	

\* Statistical significance according to ANOVA

Student's *t* test<sup>a, b, c</sup> of values normalized after Ln transformation

<sup>a</sup>  $p = 0.010$  for serous cystadenoma compared to serous cystadenocarcinoma

<sup>b</sup>  $p = 0.001$  for serous cystadenoma compared to serous cystadenocarcinoma

<sup>c</sup>  $p = 0.035$  for mucinous cystadenoma compared to mucinous cystadenocarcinoma

tumors ( $n = 41$ ), CF levels of CatB were significantly higher for patients with malignant tumors compared to patients with benign tumors ( $p = 0.010$ ), whereas CatL levels did not differ significantly within this histological subgroup. In contrast, in mucinous tumors ( $n = 35$ ), CF levels of CatL were significantly higher for patients with malignant tumors compared to patients with benign tumors ( $p = 0.035$ ), whereas CatB levels did not differ within this histological subgroup. CF levels of CysC only differed between patients with malignant and benign tumors in the subgroup of serous tumors ( $p = 0.001$ ).

#### Parameters of aggressiveness of the tumor

Table 3 shows clinicopathological parameters of tumor aggressiveness and median (range) concentrations of CatB, CatL and CysC of the 26 patients with EOC. Since no differences in CF levels of CatB, Cat L and CysC were found between serous, mucinous and endometrioid cystadenocarcinomas (Table 1), data of patients with EOC were merged. When patients were grouped according to FIGO stage of disease, tumor grading and presence of ascites, no significant differences in CF levels of CatB, CatL and/or CysC were found.

#### Correlation between cathepsins and cystatin C

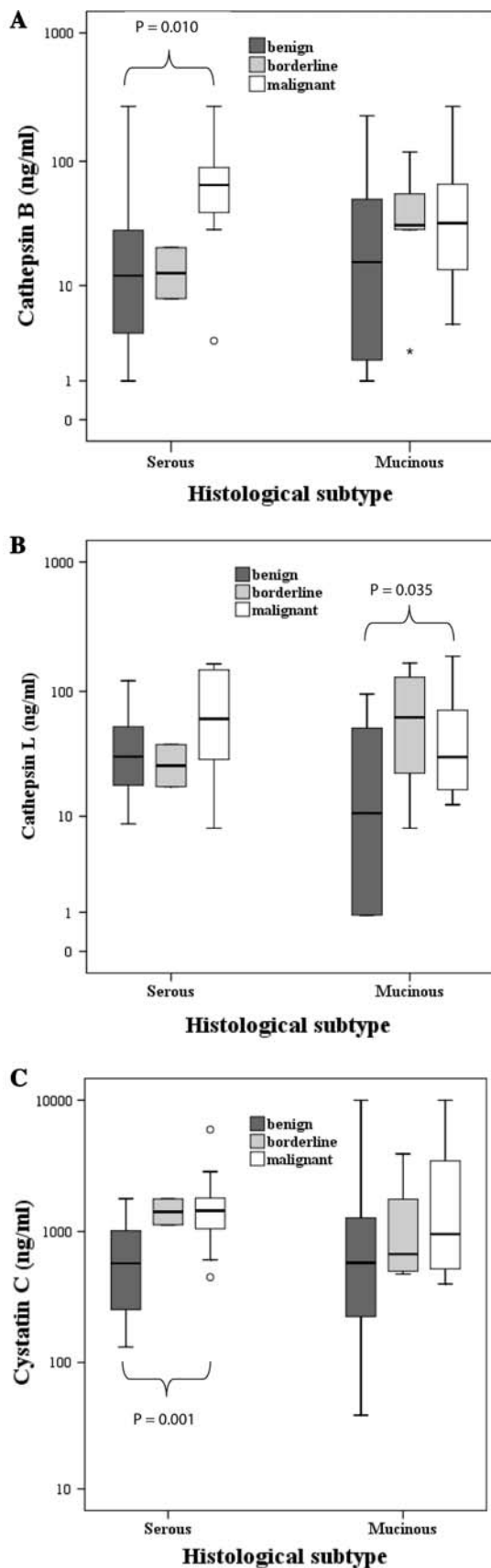
Figure 2 shows the scatter plots of the correlation between Cathepsins and Cystatin C for patients with serous (Fig. 2a and 2b;  $n = 41$ ) and mucinous (Fig. 2c;  $n = 35$ ) tumors. For serous tumors, CF levels of CysC and CatB were significantly correlated ( $p < 0.001$ ,  $R = 0.652$ , Fig. 2a). The correlation between CF levels of CysC and CatB was highest for the malignant group ( $p < 0.001$ ,  $R = 0.921$ ). For mucinous

tumors, CF levels of CysC and CatB did not show any relationship ( $p = 0.923$ , figure not shown). Correlations between CF levels of CysC and CatL were significant for both serous and mucinous tumors ( $p = 0.001$ ,  $R = 0.491$ , Fig. 2b and  $p = 0.003$ ;  $R = 0.481$ , Fig. 2c, respectively). For mucinous tumors, the correlation between CF levels of CysC and CatL was highest for the benign group ( $p < 0.001$ ,  $R = 0.665$ ).

#### Discussion

In this study, we examined ovarian CF levels of CatB, CatL and their extracellular inhibitor CysC. In benign tumors, remarkable differences in CF levels of cathepsins B and L were found between different histopathological subtypes. For serous tumors, the levels of CatB and CysC were significantly higher in the CF of patients with EOC compared to CF levels of patients with benign ovarian tumors. For mucinous tumors, the levels of CatL were significantly higher in the CF of patients with EOC compared to CF levels of patients with benign ovarian tumors. Furthermore, correlations between cyst fluid levels of CatB and CysC and between CatL and CysC were found. Finally, we investigated the relationship between the levels of CatB, CatL and CysC and parameters of tumor aggressiveness of EOC, but could not find significant differences between the subgroups of patients.

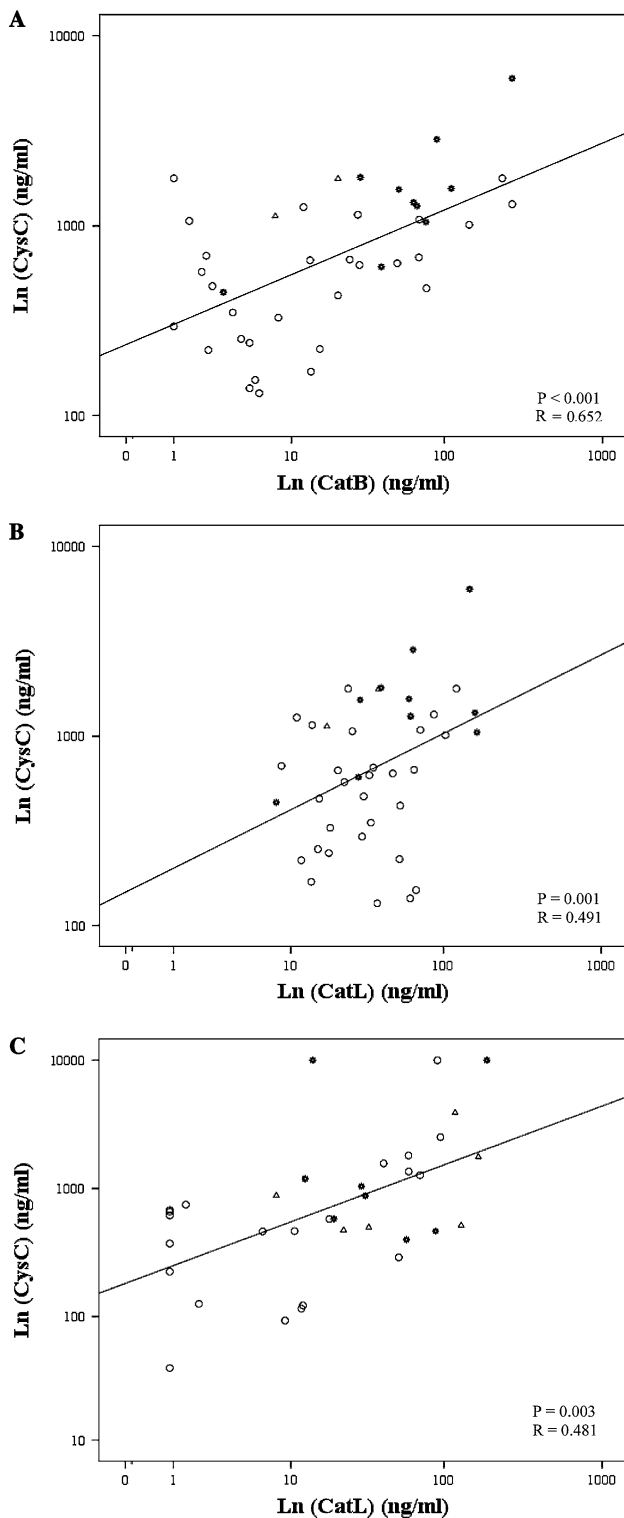
We are the first to describe that CF of ovarian tumors contains considerable amounts of CatB, CatL and CysC. In ascitic fluid of patients with ovarian cancer, Lah et al. (1992) found CatB and a large pool of free CysC. We showed that CF levels of these enzymes were higher in ovarian cancer patients compared to patients with benign



**Fig. 1** Box plots of the (a) cathepsin B and (b) cathepsin L, and (c) cystatin C (ng/ml) concentrations (logarithmic scale) in ovarian cyst fluid for patients with malignant, borderline and benign ovarian tumors, clustered by histological subtype (serous and mucinous tumors). Statistical significance above the subfigures are according to ANOVA ( $P < 0.05$ ) with Tukey’s HSD post hoc tests of values normalized after Ln transformation

ovarian tumors. Serum studies in patients with other types of cancer have demonstrated similar results, as levels of CatB, CatL and CysC were found to be higher in serum of patients with cancer compared to serum levels of patients with benign tumors or healthy controls (Gabrijelcic et al. 1992; Kos et al. 1997, 1998; Leto et al. 1997a, b; Strojan et al. 2001; Zore et al. 2001; Yano et al. 2001; Makarewicz et al. 1995; Miyake et al. 2004; Strojan et al. 2004; Mulao-merovic et al. 2007). In serum of patients with ovarian cancer, Warwas et al. (1997) found higher levels of CatB compared to the levels in patients with benign ovarian tumors. On the other hand, Nishikawa et al. (2004) could not observe a significant difference in serum CatB level between patients with benign ovarian tumors and ovarian cancer, although they did find a significantly higher level of CysC in the serum of patients with ovarian cancer. Only one study has been published investigating CatL in the serum of patients with ovarian tumors (Nishida et al. 1995). The authors found that the serum levels of CatL were elevated in 8/10 patients with ovarian cancer compared to 2/10 patients with benign ovarian tumors.

The mean age of patients with ovarian cancer is known to be significantly higher than that of patients with benign ovarian tumors (Merino and Jaffe 1993). This was also found in our study group. This might confound our results, as there is definite evidence that renal function decreases with age (Lindeman and Goldman 1986), which results in a reduced glomerular filtration rate in older people. CysC is known to be almost completely reabsorbed and catabolized in the proximal renal tubular cells (Stabuc et al. 2000). This might explain the higher serum levels of CysC that were reported earlier in patients with ovarian cancer compared to that in patients with benign ovarian tumors. However, we found no correlation in CF between age and CysC level within the subgroups of patients. In addition, it is unclear whether CysC levels in ovarian CF, in contrast to serum, are influenced by renal function. Finally, the group of patients with borderline tumors was of similar age as the patients with benign tumors, yet exhibited CatB, CatL and CysC levels similar to those of patients with ovarian cancer. The level of CysC might be changed also due to pathological renal failures, changing the glomerular filtration rate in cancer patients (Stabuc et al. 2000). However, patients included in this study, did not exhibit any impaired kidney



**Fig. 2** Scatter plots of Ln-transformed values of cyst fluid cystatin C with cathepsin B (a) and cathepsin L (b) for patients with serous tumors ( $n = 41$ ) and cystatin C with cathepsin L (c) for patients with mucinous tumors ( $n = 35$ ). Statistical significance ( $p < 0.05$ ) and correlation coefficient ( $R$ ) according to Pearson's correlation test. Asterisks malignant; open triangles borderline, open circles benign

function. Therefore, we believe that the results of CysC in this study have not been biased by age-related or pathological changes of kidney function.

Remarkably, CatB and CysC CF levels were significantly higher in malignant serous tumors compared to benign serous tumors, whereas CatL CF levels were significantly higher in malignant mucinous tumors compared to benign mucinous tumors. This finding contributes to the theory that malignant serous and mucinous ovarian tumors are different diseases, with subtype-specific biomarker profiles (Heinzelmann-Schwarz et al. 2006; Kobel et al. 2008; Cloven et al. 2004). In addition, a significant correlation between CatB and CysC was found for patients with serous tumors. Moreover, the correlation of CatB and CysC was extremely strong in the group of patients with malignant serous tumors ( $R = 0.921$ ), which might indicate that an increase of CF CatB in malignant tumors was balanced by a corresponding increase in CF CysC level. This finding could be interesting, as it was proposed in previous studies that a relative imbalance between CatB and CysC in patients with cancer might contribute to the invasion and metastasis of tumor cells (Kos et al. 2000; Nishikawa et al. 2004; Lah et al. 2000).

Although not significant, median CF levels of CatB and CatL were up to seven times higher in cystic endometriosis compared to the other histopathological subtypes, and levels were comparable to CF levels of ovarian cancer patients with unfavorable tumor characteristics. Noteworthy is that CysC did not differ between cystic endometriosis and other benign subtypes, which might suggest a different balance between CatB and CysC in endometriosis cysts compared to the other histological subtypes. This might be explained by the continuous breakdown of components of blood and stromal tissue in endometriosis without a malignant invasion or metastasis. However, it is now well established that endometriosis does have neoplastic potential and it has been associated with the development of endometrioid and clear-cell ovarian carcinoma (Feeley and Wells 2001; Wells 2004).

Since ovarian cancer tissue is highly heterogeneous, multiple biopsies are necessary for a careful examination (Hogdall et al. 2007; Chauhan et al. 2007). This means that quantitation of cathepsins and cystatins in biological fluids of ovarian cancer patients has several clinical advantages over measurements in ovarian cancer tissue. We found that the levels of cathepsins and CysC in ovarian CF were much higher than that in serum of cancer patients, as reported in literature. More specifically, up to six times more CatB was found in CF than in the serum of patients with colorectal carcinoma (Kos et al. 1998) and melanoma (Kos et al. 1997), up to ten times more CatL was found in ovarian CF

**Table 3** Median levels (range) of cathepsin B, L and cystatin C (ng/ml) in malignant ovarian tumor cyst fluid ( $n = 26$ ) according to clinicopathological parameters for aggressiveness of the tumor

	<i>N</i> (%)	Cathepsin B	<i>p</i> -value	Cathepsin L	<i>p</i> -value	Cystatin C	<i>p</i> -value
FIGO stage			0.613 <sup>a</sup>		0.984 <sup>a</sup>		0.406 <sup>a</sup>
Ia–IIa	13 (50)	48 (28–93)		40 (29–78)		1,040 (594–2,355)	
≥IIb	12 (46)	72 (16–109)		63 (18–125)		1,233 (1,055–1,500)	
Unknown	1 (4)						
Tumor grade			0.554 <sup>b</sup>		0.595 <sup>b</sup>		0.535 <sup>b</sup>
1	6 (23)	38 (10–269)		31 (14–187)		959 (465–9,984)	
2	5 (19)	71 (38–269)		62 (38–163)		1,076 (399–1,502)	
3	13 (50)	64 (3–11)		64 (8–181)		1,324 (448–2,908)	
Unknown	2 (8)						
Ascites			0.632 <sup>a</sup>		0.379 <sup>a</sup>		0.569 <sup>a</sup>
Yes	11 (42)	76 (5–269)		64 (13–181)		1,330 (1,048–2,908)	
No	12 (46)	55 (10–269)		48 (14–187)		970 (399–9,984)	
Unknown	3 (12)						

Statistical significance according to

<sup>a</sup> Student's *t* test

<sup>b</sup> ANOVA of values normalized after Ln transformation

than in serum of patients with ovarian cancer (Nishida et al. 1995), and up to eight times more CysC was found in ovarian CF than in the serum of patients with ovarian cancer (Nishikawa et al. 2004). This might indicate that CatB, CatL as well as CysC are released from tumor cells into the CF to a greater extent than the release of these compounds into the serum of cancer patients. In this way, CF values may give a better reflection of local changes of the ovarian tumor than levels of cathepsins and its inhibitors in serum, which also might be affected by the systemic response on malignant disease and circadian variations (Cimerman et al. 1999, 2000). From a clinical perspective, preoperative aspiration of ovarian cyst fluid might cause iatrogenic metastasis of tumor cells, and ovarian cyst fluid can only be used as a source of biomarkers for predicting prognosis and response to therapy. We, therefore, investigated the relationship between clinicopathological parameters that correspond with tumor aggressiveness and the levels of CatB, CatL and CysC in patients with ovarian cancer. However, when patients were grouped according to FIGO stage of disease, tumor grading and presence of ascites, no significant differences in CF levels of CatB, CatL and/or CysC were found. This could be caused by the relatively small size of cyst fluid samples from malignant tumors in the present study.

## Conclusions

CF levels of CatB, and its endogenous inhibitor CysC, were significantly higher in serous EOC compared to benign

serous ovarian tumors, whereas CF levels of Cat L were significantly higher in mucinous EOC compared to benign mucinous ovarian tumors. The correlation between CatB and CysC was extremely strong for patients with serous EOC, which might indicate that an increase in CatB of these patients is balanced by a corresponding increase in CysC level. We feel that further studies with a larger series of samples from malignant tumors are needed to explore the possible prognostic value of cathepsins and CysC in ovarian CF.

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