**ORIGINAL INVESTIGATION** 



# Phenotypic and genotypic identification of carbapenem resistance in *Bacteroides fragilis* clinical strains

Marta Kierzkowska<sup>1</sup> · Anna Majewska<sup>1</sup> · Konrad Karłowicz<sup>1</sup> · Hanna Pituch<sup>1</sup>

Received: 16 December 2022 / Accepted: 26 April 2023 / Published online: 13 May 2023 © The Author(s) 2023

## Abstract

*Bacteroides fragilis* is an important etiological agent of serious infections in humans. Rapid methods, readily adaptable to use in medical laboratories, are needed to detect antibiotic resistance and decrease the likelihood of therapy failure. The aim of this study was to determine the prevalence of *B. fragilis cfi*A-positive isolates. The second purpose was to investigate the carbapenemase activity in *B. fragilis* strains by Carba NP test. In the study, 5.2% of *B. fragilis* isolates are phenotypically resistant to meropenem. The *cfi*A gene was identified in 6.1% of *B. fragilis* isolates. The MICs of meropenem were significantly higher in *cfi*A-positive strains. The presence of the *cfi*A gene along with the IS*1186* was detected in one *B. fragilis* strains which was resistant to meropenem (MIC 1.5 mg/L). The Carba NP test results were positive for all the *cfi*A-positive strains, including those susceptible to carbapenems based on their MIC values. A review of the literature revealed that the rate of *B. fragilis* with the *cfi*A gene varies from 7.6 to 38.9% worldwide. Presented results are in line with the other European studies. Phenotypic testing with the Carba NP test, it seems to be a viable alternative for the *cfi*A gene detection in *B. fragilis* isolates. The positive result obtained is of greater clinical importance than the detection of the gene *cfi*A.

Keywords Bacteroides fragilis · Carba NP · Carbapenemase · CfiA · Meropenem

# Introduction

Members of the genus *Bacteroides* are a component of the human microbiota. They colonize the gastrointestinal tract, distal part of the genitourinary system, and the upper airways. Many species are opportunistic pathogens, responsible for endogenous infections [1, 2, 3].

*Bacteroides fragilis* is considered the most important species, with infection rates of 60–80% and is the most frequently identified anaerobic bacteria (excluding *Clostridioides difficile* recovered from patients with antibiotic diarrhea) in the clinical laboratories. It is isolated from mono- and polymicrobial infections. It occurs in specimens taken from sites of infection following violation of natural barriers by surgery, inflammation, or trauma. Intra-abdominal infections are the most common form of infection [1, 4].

Edited by Volkhard A.J. Kempf.

Anna Majewska anna.majewska@wum.edu.pl Laboratory diagnostics of anaerobes is one of the most challenging aspects of clinical bacteriology. *Bacteroides* sp. isolation, identification, and antibiotic susceptibility testing (AST) is time consuming and labor intensive. Thus, anaerobes can be omitted from the routine diagnostic in many medical laboratories [5, 6, 7, 8, 9].

Infections caused by *B. fragilis* should be treated according to the results of AST because of an increasing resistance to commonly used antibiotics including  $\beta$ -lactams, tetracyclines, macrolides, and fluoroquinolones [8]. Carbapenems are among the most effective drugs and are considered the drug of choice for therapy of complicated intra-abdominal infections, acute gynecological infections, and skin and soft tissue infections caused by *B. fragilis*. Such infections are often polybacterial and also caused by other Gram-negative bacilli [10, 11].

Clinical isolates of *B. fragilis* may be resistant to carbapenems, considered to be the last chance  $\beta$ -lactam antibiotic, so resistance should be monitored extensively [12, 13, 14, 15, 16].

Resistance to carbapenems in B. fragilis is usually caused by the expression of the class B metallo-beta-lactamase encoded by, located on the

<sup>&</sup>lt;sup>1</sup> Department of Medical Microbiology, Medical University of Warsaw, Warsaw, Poland

chromosome *cfiA* gene. *cfiA* encodes an Ambler class B zinc metallo- $\beta$ -lactamase (MBL) that can hydrolyzes most of  $\beta$ -lactams, including cephamycins and carbapenems [10, 17]. On this basis, *Bacteroides* spp. can be classified into Division I (*cfiA*-negative) and Division II (*cfiA*-positive) [17]. Anaerobes that produce MBL enzyme are the most worrisome. They hydrolyze nearly all  $\beta$ -lactam antibiotics, except monobactam [10, 18, 19]. These  $\beta$ -lactamase are not inactivated by currently known  $\beta$ -lactamase inhibitors [18]. *cfiA* gene is considered as a silent gene with a low level of constitutive expression. Its expression can be upregulated following the insertion of an insertion sequence (IS) with an efficient promotor immediately upstream of the gene [17, 20].

Rapid methods, readily adaptable and optimized for use in medical laboratories, are needed to detect antibiotic resistance in anaerobic bacteria and decrease the likelihood of carbapenem therapy failure [21].

Detection of cfiA gene is not an optimal method for routine identification of strains resistant to carbapenems. Proteins cannot be expressed at a sufficiently high level to classify the strains as resistant [18, 22]. Phenotypic imipenem-EDTA double disk synergy test for the detection of metallo- $\beta$ -lactamases produced by Gram-negative aerobic bacilli, has no or restricted application with anaerobic bacteria. *B. fragilis* isolates with the *cfi*A gene can be susceptible or intermediate to imipenem and have a negative imipenem double-ended E-test result but be resistant to meropenem [23, 24]. Double-ended E-test strips impregnated with meropenem or imipenem with or without EDTA has been proposed as well. A preliminary analysis indicated that sensitivity is highly variable and depends on the carbapenem used and the resistance level of the strains tested [21, 24].

A potentially applicable for routine use method identifying carbapenemase production is a biochemical method relying on imipenem hydrolysis—the Carba NP test, originally intended for the aerobic *Enterobacteriaceae* bacilli [25, 26]. There are several reports concerning the application of Carba NP test for anaerobic bacteria [27, 28, 29]. The potential use of this method should be based on evidence resulting from studies with clinical strains performed under conditions simulating routine work in a clinical microbiology laboratory.

#### Aim

The aim of this study was to determine the prevalence of *B*. *fragilis cfiA*-positive (Division II) isolates to assess its influence on phenotypic resistance to carbapenems. The second purpose was to investigate the carbapenemase activity in *B*. *fragilis* strains by Carba NP test and to compare the outcome

with the phenotypic (MICs evaluation) and genotypic (*cfi*A and IS genes detection) test results.

## **Materials and methods**

#### **Bacterial strains**

The study was performed at the microbiology laboratory that served bacteriological samples from a major academic hospital in Warsaw, Poland, the Medical University of Warsaw. Altogether, 115 consecutive non-duplicate *B. fragilis* isolates were analyzed over a period of 5 years between January 2013 and December 2017. Strains were cultured from the following clinical specimens: wound/ abscess swabs (81), peritoneal cavity fluid (14), blood (6), soft tissue (5), others (9).

Clinical sample was plated on Schaedler agar media with 5% sheep blood, vitamin K, and hemin (bioMérieux, France) and was incubated at 37 °C in an anaerobic atmosphere (anaerostat Genbox System providing air composition: 85% N<sub>2</sub>, 10% H<sub>2</sub>, and 5% CO<sub>2</sub>; bioMérieux). Incubation period lasted 24–48 h. Bacterial identification was carried out using the matrix-assisted laser desorption ionization time-of-flight mass spectrometry (MALDI-TOF MS, bioMérieux). All the strains were stored deep-frozen, in a temperature of -70 °C, in bead vials Protect Select (Technical Service Consultants Ltd, UK). To perform phenotypic and molecular tests, the strains were revived by culturing on Schaedler agar.

#### Antibiotic susceptibility test and interpretation

The E-test strips impregnated with a concentration gradient of imipenem (0.002-32 mg/L) and meropenem (0.002-32 mg/L) were used for detection of a minimum inhibitory concentration (MIC) of carbapenems. E-test assays were performed as recommended by the manufacturer (bioMérieux, France). The interpretation was conducted in accordance with The European Committee on Antimicrobial Susceptibility Testing (EUCAST; version 12.0 which complies with version 13; year 2023) recommendations and according to results of Rennie et al. on the assessment of drug susceptibility of anaerobic bacteria [30, 31]. MIC<sub>90</sub> and MIC<sub>50</sub> values were defined as the lowest concentration of the antibiotic at which 90 and 50% of the isolates were inhibited, respectively. The strain from the American Type Culture Collection: Bacteroides fragilis ATCC 25285 was used as control. In 2022, EUCAST changed the interpretations of antibiotic susceptibility for Bacteroides spp. [30, 32]. The clinical MIC breakpoints for meropenem have been changed so that MIC breakpoint > 1 mg/L was interpreted as

resistant to meropenem. According to the earlier version of EUCAST (v. 11.0 from 2021), a MIC of > 8 mg/L of meropenem indicated resistance to this antibiotic. Interpretation for imipenem has been withdrawn [30, 32].

#### The Carba NP test

The Carba NP (Carbapenemase Nordmann–Poirel) test is a phenotypic method that was developed to detect carbapenemase produced by Gram-negative aerobic bacteria, including *Enterobacteriaceae* and *Pseudomonas aeruginosa* isolates [33, 34]. A variant of the test, the CarbAcineto, allows for the detection of acquired carbapenemases in *Acinetobacter* spp. [25].

The Carba NP test is based on In vitro detection of hydrolysis of imipenem by a bacterial lysate suspended in a buffer containing phenol red. As a result of imipenem hydrolysis, the pH of the reaction medium decreases (acidification), which is observed as a change in the color of phenol red to yellow or orange. A positive result indicates carbapenemase production by the strain. Positive control (carbapenemaseproducing isolate) and negative control (carbapenemase-notproducing isolate) were included in the study to assess the correctness of the test performed.

The Carba NP test was performed as follows: one loopful of bacteria, approximately 10  $\mu$ L (incubated for 48 h at 30 °C on Schaedler agar) was resuspended in a Tris-HCl 20 mmol/L lysis buffer (B-PERII, Bacterial Protein Extraction Reagent; Thermo Scientific Pierce, Rockford, IL, USA), vortexed for 1 min. and further incubated at room temperature for 30 min., then centrifuged at  $10,000 \times g$  at room temperature for 5 min. In the test tube, the supernatant was mixed with 100 µL of a 1 mL solution made of 3 mg of imipenem monohydrate (pH 7.8), phenol red solution (both Sigma, Saint-Quentin Fallavier, France) and 0.1 mmol/L ZnSO4 (Merck Millipore, Guyancourt, France). In the control tube, the supernatant was mixed with the phenol red solution (prepared by mixing 2 mL of a phenol red solution 0.5% (wt/vol) with 16.6 mL of distilled water). The pH value was then adjusted to using a pH meter to 7.8 by adding drops of 1 N NaOH.

A mixture was incubated at 37 °C for a maximum of 2 h. The test was read by comparing the color of the mixture in the test and the control tubes. When imipenem was hydrolyzed, the colur has been turned from red to orange or yellow, which was interpreted as a positive Carba NP test. Tubes containing bacterial extracts with no carbapenemase activity remained red (negative). In the case of a slight colour change, the result was considered invalid, and the test was repeated. A carbapenemase-producing strain BF8 *B*. *fragilis* (BFr81) was used as the positive control, and *B*. *fragilis* ATCC 25285 strain as the negative control [28, 34].

## The cfiA-mediated carbapenem resistance gene and insertion sequence-encoding genes detection

cfiA gene was detected by polymerase chain reaction (PCR) using specific primer pairs [35]. The isolates identified as cfiA-positive were also evaluated for insertion sequenceencoding genes (IS1186, IS1187, IS1188, IS942) [36, 37]. The DNA was collected using a genomic DNA isolation kit for bacteria, cell cultures, and solid tissue (Genomic Mini; A&A Biotechnology, Poland). The starters were ordered and synthesized at the Laboratory of DNA Sequencing and Oligonucleotide Synthesis at the Institute of Biochemistry and Biophysics Polish Academy of Sciences (Warsaw, Poland). The obtained DNA fragments were subsequently separated using electrophoresis in 1% agarose gel with ethidium bromide to identify PCR products and then observed in a gel imaging device. BF8 B. fragilis (BFr81) was used as the positive control in the PCR test. PCR primers and conditions are listed in Table 1.

## **Statistical analysis**

Statistical analysis was conducted with Statistica 10 (Stat-Soft, Inc.). Any correlations between the presence of resistant gene (*cfi*A) in the evaluated isolates and antibiotic MIC values were analyzed with linear regression using the Pearson method. The obtained correlation coefficients (r) were interpreted as follows: r=0, no correlation;  $0 < r \le 0.1$ , very weak correlation;  $0.1 < r \le 0.3$ , weak correlation;  $0.3 < r \le 0.5$ , moderate correlation;  $0.5 < r \le 0.7$ , strong correlation;  $0.7 < r \le 0.9$ , very strong correlation; 0.9 < r < 1, almost perfect correlation; and r=1, perfect correlation. The *p* value was calculated for each correlation coefficient and was considered statistically significant at  $p \le 0.05$ .

## Results

Using the currently applicable criteria for interpreting phenotypic antibiotic susceptibility tests according to the recommendations of EUCAST, it has been shown that 5.2% (6/115) of *B. fragilis* strains are resistant to meropenem. Assuming earlier (version 11.0; EUCAST, 2021) breakpoint values [32], only two (1.73%) strains resistant to meropenem and one (0.87%) intermediate could be identified in the tested pool of clinical strains (Table 2). According to the upto-date recommendations, isolates with an MIC of 1 mg/L may harbor the *cfi*A gene. Table 2. Characterizes isolates that are phenotypically resistant to any of the carbapenems and/or had detected sequences that may be associated with drug resistance to these antibiotics. Imipenem MIC<sub>50</sub> and

Table 1 PCR primers and reaction conditions for the detection of cfiA and IS genes [35, 36, 37]

Genes	$5' \rightarrow 3'$ primer	PCR				
		Initial denaturation	Denaturation	Annealing	Extension	Final extension
			Cycle count			
cfiA gene						
cfiA	CCATGCTTTTCCCTGTCGCAG	95 °C 5 min	95 °C 1 min	51 °C 30 s	72 °C 40 s	72 °C 7 min
	GGGCTATGGCTTTGAAGTGC		35x			
IS gene						
IS1186	GAGAATCAAGCTTCTCGCC	95 °C	95 °C 30 s	57 °C 30 s	72 °C 1,5 min	72 °C
	CCCCGAATTCGCCTTTGCCCGTA	5 min	35 x			5 min
IS1187	CGTATTGCAGAATGGTAAGTGC	95 °C	95 °C 30 s	54 °C 30 s	72 °C 1 min	72 °C
	GTTCCACGTCGTGGTCCTGTTC	5 min	35 x			5 min
IS1188	GGCCTGTGCTCACAACCGAC	95 °C	95 °C 30 s	55 °C 30 s	72 °C 1 min	72 °C
	CGGTATGCGGTCACATATGC	5 min	35 x			5 min
IS942	TCTGAGAAACTCACTCCTTTTGGA GGA	95 °C	95 °C 30 s	55 °C 30 s	72 °C 1,5 min	72 °C
	AGAAAAGCATGGTCTTTAACCAAA GTC	5 min	35 x			5 min

 $MIC_{90}$  were 0.125 and 0.87 mg/L, respectively. Meropenem  $MIC_{50}$  and  $MIC_{90}$  were 0.094 and 0.25 mg/L, respectively.

The *cfiA* gene was identified in 7/115 *B. fragilis* isolates (6.1%). The meropenem resistance in *B. fragilis* isolates, calculated according to the breakpoint reported in the version 12 and 13 EUCAST guidelines, was significantly higher than the one calculated following the v. 11 EUCAST guidelines (75% vs. 25%, p < 0.05). In *cfiA*-positive isolates, the MIC values were significantly higher for meropenem than for imipenem which proves that the use of meropenem better identifies carbapenem resistance in phenotypic testing. The meropenem MIC for *cfiA*-positive strains ranged from 1 to 32 mg/L and for *cfiA*-negative from 0.002 to 1 mg/L. The results of antibiotic susceptibility testing of all tested strains are included in the supplementary material.

Figures 1 and 2 depict the correlation between imipenem and meropenem MIC values and the *cfi*A gene presence in *B. fragilis* isolates.

The presence of the *cfi*A gene weakly correlates with the MIC of imipenem and moderately correlates with the MIC of meropenem. The Pearson correlation coefficient equals 0.17 and 0.35 for imipenem and meropenem, respectively. The IS*1186* sequence was detected in one strain. The presence of the *cfi*A gene along with the IS*1186* was detected in a *B. fragilis* strain, which was susceptible to imipenem (MIC 0.125 mg/L) and resistant to meropenem (MIC 1.5 mg/L). No other insertion sequences (IS*1187*, IS*1188*, IS*942*) were detected in the screened strains.

The Carba NP test results were positive for all (seven) of the *cfi*A-positive strains, including two isolates susceptible to carbapenems based on their MIC values (0.5 and

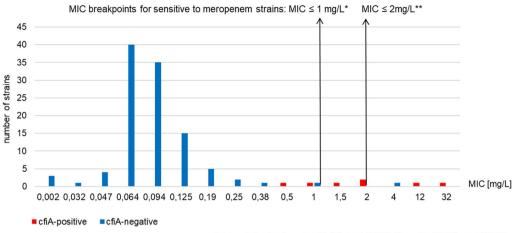
1 mg/L). In two isolates that were phenotypically susceptible to meropenem (MIC 0.5 mg/L and 1 mg/L), *cfi*A gene and carbapenemase production were detected. In one *B. fragilis* strain (MIC of meropenem, 4 mg/L), the production of metallo-beta-lactamase was not detected (*cfi*A-negative), so other mechanisms produce carbapenem resistance.

## Discussion

B. fragilis is of particular clinical significance because of its numerous virulence factors such as capsular polysaccharides, iron acquisition, survival during the prolonged oxidative stress, quorum sensing, secretion of extracellular and histolytic enzymes, type VI secretion systems, and natural or acquired resistance to multiple antibiotics [38]. The plasticity of the B. fragilis genome allows it to incorporate virulence and related to antibiotic resistance determinants via horizontal gene transfer and to switch specific resistance genes on or off [39]. B. fragilis is responsible for purulent-septic infections, causes infections that result in high mortality rate, especially in the case of bacteremia [2, 11]. Enterotoxigenic B. fragilis (ETBF) strains are strongly associated with the occurrence of inflammatory bowel disease, colitis-associated colorectal cancer as well [40, 41, 42].

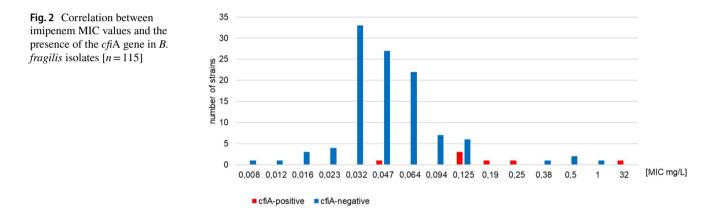
The carbapenems, including imipenem and meropenem, are active against anaerobic bacteria, but due to carbapenem resistance becoming increasingly more widespread, their use should be reserved for serious infections. There are reports, indicating that the frequency of

Table 2	Characteriz	Table 2 Characterization of isolates phenotypically resistant to imipenem and meropenem and/or with cfiA, IS, carbapenemase activity detection	ates phenoty	pically res	vistant to imij	penem and 1	meropenem	and/or with	cfiA, IS, cɛ	arbapenen	lase activity	detection			
z	9	Clinical sample	Hospital ward	MIC IP [mg/L]	Interpreta- tion	MIC MP[mg/L]	Interpretation		Carba NP test	cfiA	IS 1186	MIC MZ [mg/L]	ng/L]	MIC CM [mg/L]	mg/L]
				)	EUCAST 2021	)	EUCAST 2021	*EUCAST 2022							
_	12	Wound/ abscess	Gynecol- ogy	0.25	s	12	R	ы	+	+	I	0.125	S	4	s
7	99	Wound/ abscess	General surgery	32	Ч	32	R	Я	+	+	I	0.125	S	7	S
ŝ	76	Wound/ abscess	Dermatol- ogy	0.047	S	0.5	S	S	+	+	I	0.032	S	0.016	S
4	82	Intraperi- toneal fluid	General surgery	0.125	S	-	S	S	+	+	I	0.032	S	0.75	S
5	87	Soft tissue	Urology	0.125	S	1.5	S	R	+	+	+	0.25	S	3	s
9	88	Wound/ abscess	General surgery	0.19	S	2	S	R	+	+	I	0.094	S	0.75	S
Ζ	115	Wound/ abscess	General surgery	0.125	S	5	S	R	+	+	I	0.25	S	0,125	S
8	221	Wound/ abscess	General surgery	0.064	S	4	I	R	I	I	I	0.023	S	0.047	S
*Change Accordii <i>IP</i> imipe	es comparec ng to the rec mem, <i>MP</i> n	*Changes compared to the previous version. EUCAST version 12 (y According to the recommendations, version 12 (2022) some isolates <i>IP</i> imipenem, <i>MP</i> meropenem, <i>MZ</i> metronidazole, <i>CM</i> clindamycin	ous version. ns, version <i>AZ</i> metronid	. EUCAST 12 (2022) lazole, <i>CM</i>	version 12 ( some isolate clindamycin	year 2022) ( s with an M	complies wi IIC of 1 mg,	(2 (year 2022) complies with version 13 (year 2023) lates with an MIC of 1 mg/L may harbor the <i>cfi</i> A gene yein	3 (year 202 or the <i>cfiA</i>	3) gene	-				
S suscer I suscep or by its	ptible, a mic tible, a mic concentrati	> susceptible, a microorganism is categorized I susceptible, a microorganism is categorized or by its concentration at the site of infection	s categorize s categorize of infection	ed as susce ed as susce	ptible when 1 ptible, when	there is a hi there is a h	gh likelihoc 1igh likelih(	d of therape ood of thera	utic succes: peutic succ	s using a s ess becau	tandard dos se exposure	to the agen	> Susceptible, a microorganism is categorized as susceptible when there is a high likelihood of therapeutic success using a standard dosing regimen of the agent I susceptible, a microorganism is categorized as susceptible, when there is a high likelihood of therapeutic success because exposure to the agent is increased by adjusting the dosing regimen or by its concentration at the site of infection	sting the dc	sing regimen
R resista	ant, a microo	R resistant, a microorganism is categorized as resistant when there is a high likelihood of therapeutic failure, even when there is increased exposure	ategorized ;	as resistant	when there	is a high lik	elihood of t	herapeutic f	ailure, even	when the	re is increas	ed exposur	e		



Interpretation by: \* version 11.0 Eucast (2021) \*\* version 12.0 Eucast (2022)

Fig. 1 Correlation between meropenem MIC values and the presence of the cfiA gene in B. fragilis isolates [n=115]



carbapenem-resistant strains isolation is on an upward trend. It is necessary to detect resistance in isolates from patients and to monitor this phenomenon using sensitive and simple tests that could be used in the routine work of medical laboratories.

The  $\beta$ -lactam antibiotics resistance among *Bacteroides* spp. results from differing mechanisms. Of the greatest clinical and epidemiological significance is the production of different classes of  $\beta$ -lactamases, including the CfiA carbapenemase which hydrolyzes penicillins, cephalosporins, and carbapenems [17].

Carbapenem resistance may have other genetic causes, such as or reduced permeability of the outer membrane, over-expression of efflux pump genes (role in multiresistance, promoting MDR in *B. fragilis*), or reduced affinity of penicillin binding proteins [1, 17, 39, 43].

This study determined the prevalence of *B. fragilis cfi*Apositive (Division II) isolates among strains isolated from infections of patients hospitalized in a large academic hospital in Warsaw, Poland. The influence of the presence of *cfi*A genes on phenotypic resistance to carbapenems was assessed, as well. The *cfiA* gene was identified in 6.1% *B*. *fragilis* isolates.

This subject has been widely studied by Jeverica et al. who screened a collection of B. fragilis isolates (623) using MALDI-TOF MS. Overall, 8.2% prevalence of Division II isolates (cfiA-positive) was detected in the two Slovenian tertiary care hospitals. A difference in proportion of cfiApositive isolates between blood stream and non-blood stream specimens (14.9% vs. 7.6%; p = 0.081), was also revealed [17]. Ferløv-Schwensen and co-workers studied 444 B. fragilis group Danish clinical isolates and showed that from 1973-1980 to 2010-2015, the prevalence of antimicrobial resistance for meropenem rose from 0% to 2.5%. MALDI-TOF MS and real-time PCR identified 16 of 266 (6.0%) B. fragilis strains as Division II [44]. Overall, 7.8% (415) of 5300) B. fragilis clinical isolates studied by Cordovana et al. were found to belong to Division II, by the MALDI-TOF MS typing method, suspicious to harbor the cfiA gene in an active or inactive form. In all 70 B. fragilis strains typed by MALDI-TOF MS to belong to Division II PCR confirmed the presence of the *cfi*A gene. In seven *B. fragilis*  isolates, IS elements upstream of the carbapenemase gene (IS613, IS614B, IS942, IS1169, or IS1187) were detected. All strains had a meropenem MIC  $\geq$  16 mg/L.

The Carba NP test detected carbapenemase activity in 6 of 29 (20.7%) Division II B. fragilis strains [45]. In a study typing 396 B. fragilis strains isolated from patients at Nagasaki University Hospital between 2006 and 2019, 8.3% harbored the cfiA gene. IS elements were found in seven cfiA-positive strains; IS612, IS1187, and IS1188 were detected in each strains, and IS612B and IS613 were detected each in two strain [46]. A review of the literature revealed that the rate of B. fragilis possessing the cfiA gene varies from 7.6% to 38.9% worldwide [14, 16, 17, 45, 46, 47]. The cfiA gene may be expressed at diverse levels, depending on the presence of IS upstream cfiA. In B. fragilis, IS942, IS1186, IS1187, IS1188, IS612, IS613, IS614, IS615, IS616, IS4351, have been related to cfiA, with varying promotion efficiency [48, 49]. In our study, IS1186 was detected in only one strain. The presence of the *cfi*A gene along with the IS1186 was detected in B. fragilis strain, which was susceptible to imipenem (MIC 0.125 mg/L) and resistant to meropenem (MIC 1.5 mg/L; Eucast 2022 and the latest). In the tested pool of isolates, there were cfiA-positive, but carbapenem susceptible isolates. It is known that B. fragilis with a cfiA gene can easily be converted to resistant genes by the effects of its upstream IS element, one-step mutation can allow the silent cfiA gene to be expressed [47, 48]. These results are in line with other European antimicrobial susceptibility studies [10, 17, 44, 48, 50, 51, 52, 53].

Phenotypic testing with the Carba NP test is a viable alternative for genetic technics for the presence of the *cfi*A gene in *Bacteroides* spp. The result of the Carba NP test together with the antibiogram allows to predict the effective-ness of therapy [28, 54].

In our study, the Carba NP test was positive for all *cfi*Apositive isolates including two strains phenotypically sensitive to meropenem with low MIC values (0.5 and 1 mg/L). In those two cases, low carbapenemase gene expression may occur. A clinical important issue is the possible conversion of meropenem-sensitive strains to resistant strains during therapy.

These results should prompt a discussion on whether carbapenem treatment is warranted when a strain of *B. fragilis* is *cfi*A-positive but phenotypically susceptible to meropenem. To date, there is little data on the clinical implications of such microbiological findings. It seems reasonable for clinicians to be cautious about treating infections with carbapenems, even if the isolate is phenotypically susceptible. Follow-up cultures monitoring the MIC of meropenem, to detect a potential increase in MIC values during treatment of the patient, are warranted [10, 17]. Javeriva and co-authors advise against amoxicillin or carbapenem therapy when Division II isolates are identified in their clinical centers [17]. This problem was also discussed by Hashimoto et al. who pointed out the importance of evaluating the use of meropenem as empirical therapy for *Bacteroides* sp. infections, considering the emergence of carbapenem resistance during treatment [55].

The need to monitor antibiotic susceptibility translates into biotechnological progress. Methods based on the mass spectrometry technique, not only precisely identify anaerobic bacteria, new versions of the software allow for the detection of resistance mechanisms and may be more sensitive and accurate than phenotypic methods [29, 45]. The sensitivity and specificity of the MALDI-TOF bacterial subtyping to detect *cfi*A in *B. fragilis* were 100.0 and 99.7%, respectively. Researchers find that the combination of MALDI-TOF MS and the Carba NP assay can be applied in diagnostic clinical laboratory for rapid identification of.

*B. fragilis* with IS element-activated *cfi*A gene [45, 46, 54]. It is cheaper and quicker than gene detection, which is a key factor in routine microbiological diagnostics.

There are several limitations to our study that need to be highlighted. First, it was a retrospective analysis that relied primarily on microbiological data and partial clinical data.

We lacked complete medical and treatment stories of the patients, specifically regarding their history of antibiotic therapy. This is particularly relevant concerning carbapenem therapy, which is a known selection factor for the expression of *cfiA* gene in Division II strains. Second, the study did not utilize more sensitive molecular methods such as Next Generation Sequencing (NGS) to explore carbapenem resistance in *cfiA*-negative *B. fragilis* isolates.

Supplementary Information The online version contains supplementary material available at https://doi.org/10.1007/s00430-023-00765-w.

**Funding** This study was financially supported by Medical University of Warsaw with Student Mini-Grant (1M20/1/M/MG/N/20/20).

**Data availability** The authors confirm that the data supporting the findings of this study are available within the article Phenotypic and genotypic identification of carbapenem resistance in Bacteroides fragilis clinical strains and its supplementary materials.

#### Declarations

**Conflict of interest** The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

**Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will

need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/.

# References

- Yekani M, Rezaee MA, Beheshtirouy S, Baghi HB, Bazmani A, Farzinazar A, Memar MY, Sóki J (2022) Carbapenem resistance in *Bacteroides fragilis*: a review of molecular mechanisms. Anaerobe 76:102606. https://doi.org/10.1016/j.anaerobe.2022.102606
- Wexler NM (2007) *Bacteroides*: The good, the bad, and the nittygritty. Clin Microbiol Rev 20:593–621. https://doi.org/10.1128/ cmr.00008-07
- Kierzkowska M, Majewska A, Dobrzaniecka K, Sawicka-Grzelak A, Mlynarczyk A, Chmura A, Durlik M, Deborska-Materkowska D, Paczek L, Mlynarczyk G (2014) Blood infections in patients treated at transplantation wards of a clinical hospital in Warsaw. Transplant Proc 46:2589–2591. https://doi.org/10.1016/j.trans proceed.2014.08.024
- Elsaghir H, Reddivari AKR (2022) Bacteroides fragilis. [Updated 2022 May 29]. In: StatPearls [Internet]. Treasure Island (FL): Stat-Pearls Publishing. https://www.ncbi.nlm.nih.gov/books/NBK55 3032/
- Kierzkowska M, Majewska A, Młynarczyk G (2020) Anaerobic bacteria as a challenge for modern medical microbiological diagnostics. Med Og Nauk Zdr 26:360–365
- Kierzkowska M, Pędzisz P, Babiak I, Janowicz J, Kulig M, Majewska A, Sawicka-Grzelak A, Młynarczyk G (2018) Difficulties in identifying the bacterial species from the genus *Clostridium* in a case of injury-related osteitis. Folia Microbiol (Praha) 63:533–536. https://doi.org/10.1007/s12223-018-0597-0
- Nagy E, Boyanova L, Justesen US (2018) How to isolate, identify and determine antimicrobial susceptibility of anaerobic bacteria in routine laboratories. Clin Microbiol Infect 24:1139–1148. https:// doi.org/10.1016/j.cmi.2018.02.008
- Sood A, Ray P, Angrup A (2022) antimicrobial susceptibility testing of anaerobic bacteria: in routine and research. Anaerobe 75:102559. https://doi.org/10.1016/j.anaerobe.2022.102559
- Ayesha BB, Gachinmath S, Sobia C (2022) Isolation of obligate anaerobes from clinical samples received for routine bacterial culture and sensitivity: a cross sectional study. Iran J Microbiol 14:145–155
- Rong SMM, Rodloff AC, Stingu CS (2021) Diversity of antimicrobial resistance genes in *Bacteroides* and *Parabacteroides* strains isolated in Germany. J Glob Antimicrob Resist 24:328– 334. https://doi.org/10.1016/j.jgar.2021.01.007
- Kozhakhmetova S, Zholdybayeva E, Tarlykov P, Atavliyeva S, Syzdykov T, Daniyarov A, Mukhtarova K, Ramankulov Y (2021) Determinants of resistance in *Bacteroides fragilis* strain bfr\_kz01 isolated from a patient with peritonitis in Kazakhstan. J Glob Antimicrob Resist 25:1–4. https://doi.org/10.1016/j.jgar.2021. 02.022
- Nagy E, Urbán E, Nord CE (2011) Antimicrobial susceptibility of Bacteroides fragilis group isolates in Europe: 20 years of experience. Clin Microbiol Infect 17:371–379. https://doi.org/10.1111/j. 1469-0691.2010.03256.x
- Snydman DR, Jacobus NV, McDermott LA, Ruthazer R, Golan Y, Goldstein EJ, Finegold SM, Harrell LJ, Hecht DW, Jenkins SG, Pierson C, Venezia R, Yu V, Rihs J, Gorbach SL (2007) National survey on the susceptibility of *Bacteroides fragilis* group: report and analysis of trends in the united states from 1997 to 2004. Antimicrob Agents Chemother 51:1649–1655. https://doi.org/10. 1128/aac.01435-06

- Gao Q, Wu S, Xu T, Zhao X, Huang H, Hu F (2019) Emergence of carbapenem resistance in *Bacteroides fragilis* in China. Int J Antimicrob Agents 53:859–863. https://doi.org/10.1016/j.ijant imicag.2019.02.017
- Ulger Toprak N, Akgul O, Bilgin H, Ozaydin AN, Altinkanat Gelmez G, Sayin E, Sili U, Korten V, Soyletir G (2021) Frequency and associated factors for carbapenem-non-susceptible *Bacteroides fragilis* group bacteria colonization in hospitalized patients: case control study in a university hospital in turkey. Indian J Med Microbiol 39:518–522. https://doi.org/10.1016/j.ijmmb.2021.03. 018
- Sóki J, Eitel Z, Urbán E, Nagy E (2013) Molecular analysis of the carbapenem and metronidazole resistance mechanisms of *Bacteroides* strains reported in a Europe-wide antibiotic resistance survey. Int J Antimicrob Agents 41:122–125. https://doi.org/10. 1016/j.ijantimicag.2012.10.001
- Jeverica S, Sóki J, Premru MM, Nagy E, Papst L (2019) High prevalence of division II (*Cfi*APositive) isolates among blood stream *Bacteroides fragilis* in Slovenia as determined by MALDI-TOF MS. Anaerobe 58:30–34. https://doi.org/10.1016/j.anaerobe. 2019.01.011
- Hecht DW (2004) Prevalence of antibiotic resistance in anaerobic bacteria: worrisome developments. Clin Infect Dis 39:92–97. https://doi.org/10.1086/421558
- Gupta AP, Shenoy PA, Kumar A, Chawla K (2021) Clinico-microbiological profile of *Bacteroides fragilis* with focus on molecular detection of emerging resistance. Indian J Med Res 154:750–756. https://doi.org/10.4103/ijmr.IJMR\_2568\_19
- 20. Sóki J, Edwards R, Hedberg M, Fang H, Nagy E, Nord CE (2006) Examination of *Cfi*A-mediated carbapenem resistance in *Bacteroides fragilis* strains from a European antibiotic susceptibility survey. Int J Antimicrob Agents 28:497–502. https:// doi.org/10.1016/j.ijantimicag.2006.07.021
- Eberly AR, Wallace MA, Shannon S, Heitman AK, Schuetz AN, Burnham CD, Jean S (2022) Development and validation of a novel anaerobic carbapenem inactivation method (Ana-CIM) for the detection of carbapenemase production in *Bacteroides fragilis*. J Clin Microbiol 60:0218821. https://doi.org/10.1128/ jcm.02188-21
- Podglajen I, Breuil J, Bordon F, Gutmann L, Collatz E (1992) A silent carbapenemase gene in strains of *Bacteroides fragilis* can be expressed after a one-step mutation. FEMS Microbiol Lett 7:21–29. https://doi.org/10.1016/0378-1097(92)90557-5
- Schwensen SA, Acar Z, Sydenham TV, Johansson ÅC, Justesen US (2017) Phenotypic detection of the CfiA metallo-βlactamase in Bacteroides fragilis with the meropenem-edta double-ended Etest and the rosco KPC/MBL confirm kit. J Antimicrob Chemother 72:437–440. https://doi.org/10.1093/ jac/dkw436
- 24. Bogaerts P, Engelhardt A, Berhin C, Bylund L, Ho P, Yusof A, Glupczynski Y (2008) Evaluation of a new meropenem-EDTA double-ended etest strip for the detection of the *CfiA* metallo-beta-lactamase gene in clinical isolates of *Bacteroides fragilis*. Clin Microbiol Infect 14:973–977. https://doi.org/10. 1111/j.1469-0691.2008.02065.x
- Dortet L, Poirel L, Errera C, Nordmann P (2014) CarbAcineto NP test for rapid detection of carbapenemase-producing *Acine-tobacter* spp. J Clin Microbiol 52:2359–2364. https://doi.org/ 10.1128/jcm.00594-14
- Dortet L, Bréchard L, Poirel L, Nordmann P (2014) Impact of the isolation medium for detection of carbapenemase-producing *Enterobacteriaceae* using an updated version of the Carba NP test. J Med Microbiol 63:772–776. https://doi.org/10.1099/ jmm.0.071340-0

- Poirel L, Bonnin RA, Nordmann P (2013) Rapid identification of antibiotic-resistant bacteria: how could new diagnostic tests halt potential endemics? Expert Rev Mol Diagn 13:409–411. https://doi.org/10.1586/erm.13.30
- Akyar I, Ayas M, Karatuna O, Besli Y (2018) Evaluation of the Carba NP test for the detection of carbapenemase activity in *Bacteroides* species. Pol J Microbiol 67:97–101. https://doi. org/10.5604/01.3001.0011.6148
- Wallace MJ, Jean S, Wallace MA, Burnham CD, Dantas G (2022) Comparative genomics of *Bacteroides fragilis* group isolates reveals species-dependent resistance mechanisms and validates clinical tools for resistance prediction. MBio 13:e0360321. https://doi.org/10.1128/mbio.03603-21
- 30. Eucast. Clinical Breakpoints and Dosing of Antibiotics (2022). https://www.eucast.org/eucast\_news/news\_singleview?tx\_ ttnews%5Btt\_news%5D=464&cHash=ea8540c0fbdaa71b3bbc b3bf765239de Accessed 13 December 2022
- Rennie RP, Turnbull L, Brosnikoff C, Cloke J (2012) First comprehensive evaluation of the MIC. Evaluator device compared to etest and clsi reference dilution methods for antimicrobial susceptibility testing of clinical strains of anaerobes and other fastidious bacterial species. J Clin Microbiol 50:1153–1157. https://doi.org/10.1128/jcm.05397-11
- 32. Eucast. Clinical Breakpoints and Dosing of Antibiotics (2021). https://www.eucast.org/eucast\_news/news\_singleview?tx\_ ttnews%5Btt\_news%5D=404&cHash=74a1f440876cb3eefb60 e6ad39c622e7. Accessed 13 December 2022
- 33. Tijet N, Boyd D, Patel SN, Mulvey MR, Melano RG (2013) Evaluation of the Carba NP Test for rapid detection of carbapenemase-producing *Enterobacteriaceae* and *Pseudomonas aeruginosa*. Antimicrob Agents Chemother 57:4578–4580. https:// doi.org/10.1128/aac.00878-13
- Nordmann P, Poirel L, Dortet L (2012) Rapid detection of carbapenemase-producing *Enterobacteriaceae*. Emerg Infect Dis 18:1503–1507. https://doi.org/10.3201/eid1809.120355
- 35. Boente RF, Ferreira LQ, Falcão LS, Miranda KR, Guimarães PL, Santos-Filho J, Vieira JM, Barroso DE, Emond JP, Ferreira EO, Paula GR, Domingues RM (2010) Detection of resistance genes and susceptibility patterns in *Bacteroides* and *Parabacteroides* strains. Anaerobe 16:190–194. https://doi.org/10.1016/j.anaerobe. 2010.02.003
- Podglajen I, Breuil J, Rohaut A, Monsempes C, Collatz E (2001) Multiple mobile promoter regions for the rare carbapenem resistance gene of *Bacteroides fragilis*. J Bacteriol 183:3531–3535. https://doi.org/10.1128/JB.183.11.3531-3535.2001
- 37. Podglajen I, Breuil J, Collatz E (1994) Insertion of a novel DNA sequence, 1S1186, upstream of the silent carbapenemase gene cfiA, promotes expression of carbapenem resistance in clinical isolates of *Bacteroides fragilis*. Mol Microbiol 12:105–114. https://doi.org/10.1111/j.1365-2958.1994.tb00999.x
- 38 Yekani M, Baghi HB, Naghili B, Vahed SZ, Sóki J, Memar MY (2020) To resist and persist: important factors in the pathogenesis of *Bacteroides fragilis*. Microb Pathog 149:104506. https://doi. org/10.1016/j.micpath.2020.104506
- Valdezate S, Cobo F, Monzón S, Medina-Pascual MJ, Zaballos Á, Cuesta I, Pino-Rosa S, Villalón P (2021) Genomic background and phylogeny of *Cfi*A-positive *Bacteroides fragilis* strains resistant to meropenem-EDTA. Antibiotics (Basel) 10:304. https://doi. org/10.3390/antibiotics10030304
- Cao Y, Wang Z, Yan Y, Ji L, He J, Xuan B, Shen C, Ma Y, Jiang S, Ma D, Tong T, Zhang X, Gao Z, Zhu X, Fang H, JY C, Hong J (2021) Enterotoxigenic *Bacteroides fragilis* promotes intestinal inflammation and malignancy by inhibiting exosome-packaged Mir-149–3p. Gastroenterology 161:1552–1566. https://doi.org/ 10.1053/j.gastro.2021.08.003

- Liu QQ, Li CM, Fu LN, Wang HL, Tan J, Wang YQ, Sun DF, Gao QY, Chen YX, Fang JY (2020) Enterotoxigenic *Bacteroides fragilis* induces the stemness in colorectal cancer via upregulating histone demethylase JMJD2B. Gut Microbes 12:1788900. https:// doi.org/10.1080/19490976.2020.1788900
- Scott N, Whittle E, Jeraldo P, Chia N (2022) A systemic review of the role of enterotoxic *Bacteroides fragilis* in colorectal cancer. Neoplasia 29:100797. https://doi.org/10.1016/j.neo.2022.100797
- 43. Snydman DR, Jacobus NV, McDermott LA, Golan Y, Goldstein EJ, Harrell J, Jenkins S, Newton D, Pierson C, Rosenblatt J, Venezia R, Gorbach SL, Queenan AM, Hecht DW (2011) Update on resistance of *Bacteroides fragilis* group and related species with special attention to carbapenems 2006–2009. Anaerobe 17:147–151. https://doi.org/10.1016/j.anaerobe.2011.05.014
- Ferløv-Schwensen SA, Sydenham TV, Hansen KCM, Hoegh SV, Justesen US (2017) Prevalence of antimicrobial resistance and the cfia resistance gene in Danish *Bacteroides fragilis* group isolates since 1973. Int J Antimicrob Agents 50:552–556. https://doi.org/ 10.1016/j.ijantimicag.2017.05.007
- 45. Cordovana M, Kostrzewa M, Sóki J, Witt E, Ambretti S, Pranada AB (2018) *Bacteroides fragilis*: a whole Maldi-based workflow from identification to confirmation of carbapenemase production for routine laboratories. Anaerobe 54:246–253. https://doi.org/10. 1016/j.anaerobe.2018.04.004
- 46. Kawamoto Y, Kosai K, Ota K, Uno N, Sakamoto K, Hasegawa H, Izumikawa K, Mukae H, Yanagihara K (2021) Rapid detection and surveillance of *Cfi*A-positive *Bacteroides fragilis* using matrix-assisted laser desorption ionization time-of-flight mass spectrometry. Anaerobe 72:102448. https://doi.org/10.1016/j.anaerobe.2021.102448
- 47. Wang Y, Han Y, Shen H, Lv Y, Zheng W, Wang J (2020) Higher prevalence of multi-antimicrobial resistant *Bacteroides* spp. strains isolated at a tertiary teaching hospital in China. Infect Drug Resist 13:1537–1546. https://doi.org/10.2147/idr.S246318
- Sóki J (2013) Extended role for insertion sequence elements in the antibiotic resistance of *Bacteroides*. World J Clin Infect Dis 3:1–12. https://doi.org/10.5495/wjcid.v3.i1.1
- Litterio MR, Cejas D, Gutkind G, Radice M (2017) Identification of *CfiA* coding genes in *Bacteroides fragilis* isolates recovered in Argentina. Inconsistencies in *CfiA* organization and nomenclature. Anaerobe 48:257–261. https://doi.org/10.1016/j.anaerobe.2017. 10.003
- Székely E, Eitel Z, Molnár S, Szász IÉ, Bilca D, Sóki J (2015) Analysis of Romanian *Bacteroides* isolates for antibiotic resistance levels and the corresponding antibiotic resistance genes. Anaerobe 31:11–14. https://doi.org/10.1016/j.anaerobe.2014.09. 001
- 51. Sóki J, Wybo I, Hajdú E, Toprak NU, Jeverica S, Stingu CS, Tierney D, Perry JD, Matuz M, Urbán E, Nagy E (2020) A Europewide assessment of antibiotic resistance rates in *Bacteroides* and *Parabacteroides* isolates from intestinal microbiota of healthy subjects. Anaerobe 62:102182. https://doi.org/10.1016/j.anaerobe.2020.102182
- Kierzkowska M, Majewska A, Mlynarczyk G (2020) Trends and impact in antimicrobial resistance among *Bacteroides* and *Parabacteroides* species in 2007–2012 compared to 2013–2017. Microb Drug Resist 26:1452–1457. https://doi.org/10.1089/mdr. 2019.0462
- Hansen KCM, Schwensen SAF, Henriksen DP, Justesen US, Sydenham TV (2017) Antimicrobial resistance in the *Bacteroides fragilis* group in faecal samples from patients receiving broadspectrum Antibiotics. Anaerobe 47:79–85. https://doi.org/10. 1016/j.anaerobe.2017.04.013
- 54. Ho PL, Yau CY, Ho LY, Chen JHK, Lai ELY, Lo SWU, Tse CWS, Chow KH (2017) Rapid detection of cfia metallo-βlactamase-producing *Bacteroides fragilis* by the combination

of MALDI-TOF MS and Carba NP. J Clin Pathol 70:868–873. https://doi.org/10.1136/jclinpath-2017-204335

 Hashimoto T, Hashinaga K, Komiya K, Hiramatsu K (2023) Prevalence of antimicrobial resistant genes in *Bacteroides* spp. isolated in Oita Prefecture. Japan J Infect Chemother 29:284–288. https:// doi.org/10.1016/j.jiac.2022.11.011 **Publisher's Note** Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.