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The title of this publication is misleading, since it gives the impression of a simple cookbook designed to answer the basic dilemmas of an ophthalmology resident. This book, however, is a user-friendly comprehensive source crammed with lots of useful information, discussion, and pearls of wisdom for the practicing ophthalmologist. It is published in paperback, and is edited by Robert C. Kerstyn and Timothy McCulley, both of whom are internationally recognized figures in oculoplastic surgery. The book is divided into ten sections dealing with the subjects of upper and lower lid malpositions, eyelid neoplasm, miscellaneous questions, orbital inflammation and infection, orbital neoplasm, trauma, evisceration, enucleation and the anophthalmic socket, lacrimal drainage system, and finally cosmetic oculoplastic facial surgery. Each of the ten sections is subdivided into several questions dealing with oculoplastic problems, and each question is answered by a different distinguished expert in the field. The table of contents is clear and well-designed, and the index is easily found and comprehensive. Overall, there are 49 questions in the book, and most answers are complemented by numerous pictures and illustrations or graphics. Tables appear where pertinent throughout each section. Preoperative, intraoperative, and postoperative pictures are plentiful and clinically relevant. The English language used is clear and easy to comprehend. A brief list of suggested reading is given at the end of most

questions, although in my opinion the list of sources is somewhat disappointing, and could be far more enlightening in some answers.

The content contains lots of great discussion dealing with various dilemmas, and management approaches to disease, addressing the benefits and pitfalls of each approach. In the section on cosmetic oculofacial plastic surgery, there is a very pertinent question dealing with how to manage the unhappy cosmetic patient. The discussion following is very relevant, and gives lots of good advice for an ophthalmologist not used to dealing with this stressful common problem. Current conceptions of oculoplastics are emphasized in this book, and allow a deeper understanding of various relevant issues. For example, the question dealing with the general treatment guidelines for Graves ophthalmopathy is packed with important information, classifications of the disease, and dilemmas of types and timing of treatment. This is essential for the intended audience of practicing ophthalmologists, although, any oculoplastic surgeon will benefit from reading this source of personal experience and wisdom from some of the world's finest physicians.

The declared aim of this publication is to have a current, concise, credible, and clinically relevant book for the practicing ophthalmologist, presenting personal viewpoints of the authors. The contributors cover most controversial issues in an original and practical way in order to achieve the best patient care and outcome. They have succeeded in their endeavors, by creating an interesting and enjoyable book which will accurately reflect our current thinking and conceptions in the years to come. In my opinion, this book is one of the best publications of its type and is a real beacon of light. It is a great teaching tool, with a well-earned place in any ophthalmologist's library.

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