#### RESEARCH



# Influence of the COVID-19 pandemic on the timing of surgical triage, tumor stage, and therapy of patients with colon carcinoma

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#### Abstract

**Purpose** With the onset of the COVID pandemic in Germany in March 2020, far-reaching restrictions were imposed that limited medical access for patients. Screening examinations such as colonoscopies were greatly reduced in number. As rapid surgical triage after diagnosis is prognostic, our hypothesis was that pandemic-related delays would increase the proportion of advanced colon cancers with an overall sicker patient population.

**Methods** A total of 204 patients with initial diagnosis of colon cancer were analyzed in this retrospective single-center study between 03/01/2018 and 03/01/2022. Control group (111 patients, pre-COVID-19) and the study group (93 patients, during COVID-19) were compared in terms of tumor stages, surgical therapy, complications, and delays in the clinical setting. The data were presented either as absolute numbers or as median for constant data.

**Results** A trend towards more advanced tumor stages (T4a p = 0.067) and a significant increase of emergency surgeries (p = 0.016) with higher rates of ileus and perforation (p = 0.004) as well as discontinuity resections (p = 0.049) during the pandemic could be observed. Delays in surgical triage after endoscopic diagnosis were seen during the 2nd lockdown (02/11/20-26/12/20; p = 0.031).

**Conclusion** In summary, the results suggest delayed treatment during the COVID-19 pandemic, with the infection pattern of COVID appearing to have a major impact on the time between endoscopic diagnosis and surgical triage/surgery. Adequate care of colon cancer patients is possible even during a pandemic, but it is important to focus on structured screening and tight diagnosis to treatment schedules in order to prevent secondary pandemic victims.

Keywords COVID-19 pandemic · SARS-CoV-2 · Colon carcinoma · Endoscopy · Surgical triage

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### Introduction

In the beginning of 2020, the World Health Organization (WHO) declared a pandemic due to the rapid worldwide spread of a new virus: SARS-CoV-2 (severe acute respiratory syndrome coronavirus-2) [1, 2]. In Germany, the pandemic led to far-reaching restrictions, including several complete lockdown periods between March 2020 and May 2021. It has already been shown that there were restrictions on access to medical care during the pandemic. The number of referrals with subsequent timely physician consultations and surgeries decreased [3, 4]. Screenings for a wide variety of cancers declined during the pandemic [5, 6]. This is of enormous importance, especially for colon carcinoma, since screening without clinical symptoms is indispensable. This is further supported by the fact that the incidence of colon cancer in Germany has decreased significantly since the introduction of structured screening [7]. Quality-assured colonoscopy has the highest specificity and sensitivity [8, 9] for detecting early precursor lesions (i.e., adenomas) and is therefore indispensable, even in times of pandemics. Likewise, rapid surgical presentation after confirmation of the diagnosis is decisive for therapy and prognosis. Of concern in this context are the decreasing numbers of colonoscopies and fecal occult blood testing (FOBT) [10, 11], resulting in a delay in the treatment of colorectal cancer [12, 13]. Since during the COVID pandemic the health care system repeatedly reached the limits of its capacity with each wave of the pandemic, and lockdowns as well as individual fear of infection resulted in fewer physician visits, the primary hypothesis of our study is that an accumulation of more advanced tumor stages resulted due to an increase in the time to diagnosis and time from diagnosis to surgical therapy during the pandemic.

# Methods

A total of 204 patients at the Department of General and Visceral Surgery at the Charité University Hospital (Campus Benjamin Franklin, Berlin, Germany) with an initial diagnosis of colon cancer between 01/03/2018 and 28/02/2022 were retrospectively enrolled in the study. Patients for second opinion, appendix, and rectum carcinoma as well as patients younger than 18 years of age were excluded from the analysis. Patients diagnosed and treated at our hospital during the COVID pandemic (01/03/2020–28/02/2022) were assigned to the study group, and patients diagnosed and treated before the pandemic during the inclusion period (01/03/2018–29/02/2020) were assigned to the study group.

A total of 111 patients were included in the pre-COVID-19 pandemic group (control group) and 93 patients were included in the COVID-19 pandemic group (study group). A total of 178 patients underwent surgery—conventional open or laparoscopic resection (93 patients in the control group; 85 patients in the study group). All patients of the study group had been tested for SARS-CoV-2 and none of them had tested positive for coronavirus, neither at the time of diagnosis nor at the time of surgery. Clinicopathological characteristics such as age, sex, and pre-existing disease as well as tumor localization were determined for each patient and are summarized in Table 1. To detect differences in treatment delays, the starting point for both groups was an endoscopically confirmed colon carcinoma. The study design has been reviewed and approved by the Ethics Committee, Charité Universitätsmedizin Berlin (number of proposal EA4/007/23). All study participants gave their written consent to the study.

SPSS 27 (IBM, Armonk, NY) was used for the statistical analysis. Constant data did not show Gaussian distribution and therefore presented as median with lower/upper quartiles. Median gender distribution and age were calculated. Significance levels were calculated using non-parametric tests for non-dependent samples. *p*-values < 0.05 were considered significant.

### Results

#### **Demographic data**

Clinicopathological data are summarized in Table 1. In total, 111 patients with initial diagnosis of colon cancer were included in the control group. The median age was 74 years. Thirty-five (31.5%) of them were female. Ninety-three patients with colon cancer were included in the study group with a median age of 72 years. Thirty-three (35.5%) of them were female. No significant differences in comorbidities and tumor localization were found between the groups. Significantly more patients in the control group received their diagnosis endoscopically (p = 0.012).

Ninety-three patients of the control as well as 85 patients of the study group underwent surgery (Table 2). Laparoscopic surgery was performed in 66.7% (control group) respectively 55.3% (study group). Conversion to open surgery was performed in 14% of the patients in the control group and 12% in the study group. No statistical difference between the groups could be found (p=0.661). Significantly more patients received a stoma (p=0.016) in the study group with a higher proportion of terminal stomata (p=0.049). In contrast, there was no difference in creation of protective stomas (p=0.293). Furthermore, no significant differences Table 1 Clinicopathologics of

all patients

|                                    | Control group    | COVID-19 pandemic | <i>p</i> -value |  |
|------------------------------------|------------------|-------------------|-----------------|--|
|                                    | ( <i>n</i> =111) | (n=93)            |                 |  |
| Age                                | 74.0 (22.1–28.3) | 72.0 (57.5–82.5)  | 0.919           |  |
| BMI                                | 25.0 (64.0-79.0) | 24.8 (22.6–27.6)  | 0.737           |  |
| Female sex                         | 35 (31.5%)       | 33 (35.5%)        | 0.552           |  |
| Endoscopic diagnosis               | 101 (91%)        | 73 (78.5%)        | 0.012*          |  |
| Comorbidities                      |                  |                   |                 |  |
| Diabetes mellitus                  | 23 (20.7%)       | 12 (12.9%)        | 0.141           |  |
| Cardiovascular risk factors        | 72 (64.9%)       | 60 (64.5%)        | 0.959           |  |
| COPD, asthma                       | 9 (8.1%)         | 8 (8.6%)          | 0.899           |  |
| Smoking                            | 18 (16.2%)       | 27 (29.0%)        | 0.316           |  |
| Renal failure                      | 12 (10.8%)       | 8 (8.6%)          | 0.584           |  |
| Chronic inflammatory bowel disease | 6 (5.4%)         | 8 (8.6%)          | 0.282           |  |
| Tumor localization                 |                  |                   | 0.857           |  |
| Cecum/ascending colon              | 44 (39.6%)       | 38 (40.9%)        | 0.860           |  |
| Right flexure                      | 2 (1.8%)         | 5 (5.4%)          | 0.163           |  |
| Transverse colon                   | 18 (16.2%)       | 8 (8.6%)          | 0.105           |  |
| Descending colon                   | 6 (5.4%)         | 9 (9.7%)          | 0.245           |  |
| Sigmoid colon                      | 41 (36.9%)       | 33 (35.5%)        | 0.830           |  |

Age and BMI are shown as median with interquartile range in brackets. Remaining data is shown as absolute number with percentages in brackets

BMI body mass index, COPD chronic obstructive pulmonary disease

\*p-values < 0.05 were considered significant

between both groups regarding postoperative complications (Clavien-Dindo [14]) and preoperative morbidity (classified according to the American Society of Anesthesiologists (ASA)) [15] could be found. Overall, more emergency surgeries were performed in the study group with significantly fewer elective surgeries compared to the control group (p=0.016). Moreover, significantly more patients with tumor-related ileus and perforation were treated in the study group (p=0.004). Consequently, significantly more patients in the study group had to be admitted to the intensive care unit postoperatively (p=0.030). In contrast, there was no difference in the overall length of hospital stay (LOS).

#### Timeline between diagnosis and therapy

Table 3 displays the timeline as a median of days between endoscopic diagnosis, first surgical triage, and following surgery in relation to the pandemic situation in Berlin. Significantly more time elapsed between endoscopic diagnosis and surgical triage during the second lockdown compared to the pre-pandemic period (p=0.031). Similarly, a trend toward delay during the second lockdown was evident compared to the pandemic without lockdown (p=0.057). No further significant differences were found between the study group during the three lockdowns and the control group. Likewise, days between endoscopic diagnosis and surgery showed no significant differences (p=0.508).

#### **Tumor characteristics**

Table 4 shows the different tumor stages of both groups (according to the 8th American Joint Committee on Cancer (AJCC)/Union Internationale Contre le Cancer (UICC) Tumor-Node-Metastasis (TNM) staging system) [16–18]. Considering the tumor stage, no significant difference between both groups could be found. But regarding T4 stages, a noticeable trend (p=0.067) towards more T4 stages in the study group is evident. No significant differences regarding the nodal stages could be seen. Considering the UICC stages, a noticeable trend towards early stages in the control group could be seen (p=0.063).

#### Discussion

Early detection of colorectal cancer determines the prognosis of the disease. Therefore, screening colonoscopies and, if necessary, prompt surgical presentations are essential. Due to decreasing numbers of colonoscopies and reduced physician visits, caused by restrictions in the health care system and in social restrictions during the COVID-19 pandemic [3, 10, 11], the number of more advanced tumor stages should have increased.

In addition, the COVID pandemic has had a general impact on the number of tumor operations performed. For

 Table 2
 Characteristics of the operated patients

|                               | <b>Control group</b> $(n=93)$ | <b>COVID-19 pandemic</b><br>(n=85) | <i>p</i> -value |
|-------------------------------|-------------------------------|------------------------------------|-----------------|
| Laparoscopy                   | 62 (66.7%)                    | 47 (55.3%)                         | 0.121           |
| Open surgery                  | 31 (33.3%)                    | 38 (44.7%)                         |                 |
| Conversion                    | 13 (14.0%)                    | 10 (12.0%)                         | 0.661           |
| Prevalence of stoma           | 29 (31.2%)                    | 42 (49.4%)                         | 0.016*          |
| Terminal stoma                | 14 (15.1%)                    | 23 (27.1%)                         | 0.049*          |
| Protective stoma              | 15 (16.1%)                    | 19 (34.1%)                         | 0.293           |
| Ileus/perforation             | 4 (4.3%)                      | 15 (17.6%)                         | 0.004*          |
| Postoperative ICU             | 26 (28.0%)                    | 37 (43.5%)                         | 0.030*          |
| Days ICU                      | 0 (0.0–1.0)                   | 0 (0.0–3.0)                        | 0.190           |
| Length of hospital stay (LOS) | 8 (6.5–18.5)                  | 9 (6.0–14.5)                       | 0.190           |
| ASA classification            |                               |                                    |                 |
| ASA 1                         | 8 (8.6%)                      | 7 (8.2%)                           | 0.930           |
| ASA 2                         | 45 (48.4%)                    | 37 (43.5%)                         | 0.517           |
| ASA 3                         | 38 (40.9%)                    | 33 (38.8%)                         | 0.782           |
| ASA 4                         | 2 (2.2%)                      | 7 (8.2%)                           | 0.065           |
| ASA 5                         | 0                             | 1 (1.2%)                           | 0.296           |
| N classification              |                               |                                    |                 |
| N0                            | 0                             | 0                                  |                 |
| N1                            | 2 (2.2%)                      | 5 (5.9%)                           | 0.202           |
| N2                            | 4 (4.3%)                      | 10 (11.8%)                         | 0.091           |
| N3                            | 2 (2.2%)                      | 4 (4.7%)                           | 0.347           |
| N4                            | 3 (3.2%)                      | 3 (3.5%)                           | 0.775           |
| N5                            | 82 (88.2%)                    | 63 (74.1%)                         | 0.016*          |
| Clavien-Dindo                 |                               |                                    |                 |
| Ι                             | 5 (5.4%)                      | 8 (9.4%)                           | 0.282           |
| П                             | 5 (5.4%)                      | 1 (1.2%)                           | 0.129           |
| III                           | 11 (11.8%)                    | 6 (7.1%)                           | 0.304           |
| IV                            | 10 (10.8%)                    | 14 (16.5%)                         | 0.239           |
| V                             | 5 (5.4%)                      | 5 (5.9%)                           | 0.853           |

N classification: surgery urgency (N0: immediately, N1 < 1 h, N2 < 6 h, N3 < 12 h, N4 < 24 h, N5 elective); Clavien-Dindo (I: deviation of the normal, II: pharmacological treatment, III: surgical/interventional therapy, IV: life threatening therapy, V: death). Days in ICU as well as LOS are shown as median with interquartile range in brackets. Remaining data is shown as absolute number with percentages in brackets

ICU intensive care unit, ASA Society of Anesthesiologists

\*p-values < 0.05 were considered significant

example, a decrease of up to 40% in rectal cancer surgeries has been observed. It seems that mainly incisional cancers are affected; this is especially true for colorectal cancer [19–22].

This study is designed to assess the impact of the pandemic and lockdowns on the timing of diagnosis and treatment of colon cancer and to analyze changes in the patient population with respect to disease severity and clinical presentation. To our knowledge, this study is the only study at this time to examine the impact of the pandemic, lockdowns, viral variants, and vaccinations over the entire course of the pandemic and in such a large patient population. Indeed, we saw a higher percentage of T4a tumors in the study group, as well as a higher percentage of UICC I stages in the control group. Significant differences were not seen, but a clear trend was recognizable. Raduiovic et al. [23] also saw an increased proportion of T4b tumors and UICC IIC in the pandemic group with an increased proportion of UICC IIA in the control group. Like the Serbian group, we did not see any difference regarding nodal status. The current literature is contradictory here. A Brazilian group detected significant less nodal negative patients in the study group, but higher numbers of T4 tumors without significance. Informative value is low since they analyzed only clinical TNM stages [24]. Still, others saw no difference at all in the TNM classification [25] but analyzed only elective surgery of colorectal cancer. A Korean group around Choi et al. [26] saw no significant differences in TNM stages between the control Table 3 Timeline diagnosis-

therapy

|   | Control          | COVID-19 pandemic | <i>p</i> -value |
|---|------------------|-------------------|-----------------|
|   | ( <i>n</i> =101) | (n=73)            |                 |
| Days endoscopic diagnosis—surgical triage |                  |                   |                 |
| Complete time period                      | 4 (1.0–10.0)     | 6 (2.0–12.5)      | 0.277           |
| No lockdown                               |                  | 5.5 (1.25-10.0)   | vs. 2.LD:0.057  |
| 1.German lockdown 22/03/20-04/05/20       |                  | 7 (1.5–12.5)      |                 |
| 2.German lockdown 02/11/20-26/12/20       |                  | 16 (4.0–18.0)     | vs. C: 0.031*   |
| 3.German lockdown 27/12/20-09/05/21       |                  | 5 (1.75–12.75)    |                 |
|   | (n = 88)         | (n = 68)          |                 |
| Days endoscopic diagnosis—surgery         |                  |                   |                 |
| Complete time period                      | 12 (7.0–21.0)    | 14 (6.0–27.0)     | 0.508           |
| No lockdown                               |                  | 12.0 (5.0-27.0)   |                 |
| 1.German lockdown 22/03/20-04/05/20       |                  | 18.0 (5.0-21.25)  |                 |
| 2.German lockdown 02/11/20-26/12/20       |                  | 21.0 (6.0-31.75)  |                 |
| 3.German lockdown 27/12/20-09/05/21       |                  | 19.0 (4.0-30.0)   |                 |

Data is shown as median with interquartile range in brackets. Lockdown date (dd/mm/yy). \*p-values <0.05 were considered significant. No significant difference was shown between the different lockdown groups. For detailed significance values, see Table 5 in the Appendix

and pandemic groups. However, there were more adherent adjacent organs with significantly more extensive surgery during the pandemic compared to the control time before, as well as a significantly higher number of lymphatic vessel invasions. All in all, this speaks for a more advanced tumor

#### Table 4 TNM/UICC stages

|            | Control       | COVID-10 pandemic | <i>p</i> -value |
|------------|---------------|-------------------|-----------------|
|            | (n = 111)     | ( <i>n</i> =93)   |                 |
| T stage    | <i>n</i> = 91 | n = 82            |                 |
| T1         | 13 (14.3%)    | 9 (11.0%)         | 0.549           |
| T2         | 20 (22.0%)    | 12 (14.6%)        | 0.241           |
| Т3         | 49 (53.8%)    | 46 (56.1%)        | 0.662           |
| T4a        | 5 (5.5%)      | 11 (13.4%)        | 0.067           |
| T4b        | 4 (4.4%)      | 4 (4.9%)          | 0.857           |
| N stage    | n = 92        | <i>n</i> = 83     |                 |
| N0         | 55 (65.5%)    | 47 (56.6%)        | 0.737           |
| N1a        | 7 (8.3%)      | 10 (12.0%)        | 0.312           |
| N1b        | 12 (14.3%)    | 12 (14.5%)        | 0.765           |
| N1c        | 4 (4.8%)      | 2 (2.4%)          | 0.491           |
| N2a        | 6 (7.1%)      | 5 (6.0%)          | 0.907           |
| N2b        | 8 (9.5%)      | 7 (8.4%)          | 0.968           |
| UICC stage | n = 104       | n = 90            |                 |
| UICC 0     | 2 (1.9%)      | 1 (1.1%)          | 0.648           |
| UICC I     | 26 (25.0%)    | 12 (13.3%)        | 0.063           |
| UICC II    | 27 (26.0%)    | 32 (35.6%)        | 0.218           |
| UICC III   | 31 (29.8%)    | 29 (32.2%)        | 0.756           |
| UICC IV    | 18 (17.3%)    | 16 (17.8%)        | 0.96            |

Data is shown as absolute number with percentages in brackets. p-values < 0.05 were considered significant

disease during the pandemic period. It should be noted that all the studies discussed here included colon as well as rectum carcinoma. We consider this to not be a feasible approach in study design since the treatment of rectal cancer follows a completely different time sequence and virus variants, lockdowns, and ICU occupancies during the pandemic could bias the data. Moreover, the observation period in all the studies mentioned above is considerably shorter since those studies had been published before the pandemic was declared over.

Furthermore, we assumed an increase in sicker patients with more postoperative complications. The study group showed a significantly increased rate of stomata in general, and significantly more terminal colostomies in particular. This can be explained by a significantly increased rate of discontinuity resections due to a higher number of emergencies. Significantly more patients had to be operated due to tumor ileus or tumor perforation in our cohort. This also resulted in a higher number of patients requiring postoperative intensive care. Nevertheless, both groups did not differ in terms of overall hospital stay, clinicopathological profile, or ASA. The number of postoperative complications did not increase during the pandemic. In contrast to the present study, the Serbian group did not see any difference to the ostomy appliance [23]. Differences for this are conceivable due to the significantly lower number of included patients in the study group (49 vs. 85) and an unclear proportion of emergency surgeries within those patients. Regarding the surgical procedure (open versus laparoscopic), we saw no differences as well as conversion rates were also not increased under pandemic conditions in our collective. The current literature is divided on this point. Choi et al. [26] saw

lower rates of laparoscopic resections compared to the time before the pandemic due to more extensive surgeries with higher rates of affected neighboring organs. In contrast, like our findings, Raduiovic et al. did not see increased rates of open resections [23]. In both studies, as already mentioned, the proportion of emergencies is unclear. In addition, the proportion of laparoscopic resections for colorectal cancer varies widely worldwide. Therefore, it is possible that at hospitals that generally operate less laparoscopically, the step to conversion or the decision to perform primarily open surgery is taken rather quickly [27]. In contrast, the probability of open surgery, even for locally advanced carcinomas, is significantly lower in hospitals with a high level of laparoscopic expertise [28, 29]. Our clinic has a high level of expertise in laparoscopic colon surgery, which is why even locally advanced carcinomas are primarily approached laparoscopically if at all possible.

Since a delay in the course of treatment of colorectal cancer during the COVID-19 pandemic could be detected [3, 13], we analyzed our patient population with respect to delayed surgical treatment by determining the time between endoscopic diagnosis, surgical triage, and surgery. Since we only saw a significant delay during the 2nd lockdown (Table 3), we took a closer look at the pandemic conditions such as vaccination, COVID variants, and ICU occupancy over time (Fig. 1). With the onset of the pandemic in March 2020, there was an overall increase in median days between endoscopic diagnosis and surgery (Table 3). Changes during the pandemic due to changes in viral variants with increasing numbers of cases [30], available vaccine, and ICU occupancy [31] also affected the time between diagnosis and

therapy. The longest delays between diagnosis and therapy could be attributed to the change of virus variants. According to our data, it appears that the infection pattern of the COVID-19 pandemic has more influence on the delay of the diagnostic and treatment than imposed lockdowns. As ICU occupancy increases, the time between endoscopic diagnosis and surgical triage appears to lengthen in our data. Nevertheless, we could not see compelling effects on time from surgical triage to surgery. An explanation could be the overload with other patients in other departments of our clinic. Also conceivable could be a delayed communication on the part of the gastroenterology respectively the internal medicine due to strongly increasing numbers of internal patients and altogether high staff shortage rates due to infections with COVID-19 themselves, especially during alteration of virus variants with changes in the pandemic event. The extended time between endoscopic diagnosis, surgical triage, and surgery, especially at the end of 2021 and beginning 2022, can also be attributed to postponed elective surgery for other diseases, which caused an increased workload.

Limitations of the present study include the nature of retrospective collected data as well as the lack of analysis of actual colonoscopies performed in and especially outside our institution during the pandemic. Since the Charité was the backbone of the corona care in Berlin and the surrounding states, it is possible that more colon carcinomas were operated on at smaller hospitals, which had transferred the care of corona patients to a large extend to the Charité. This could have led to a shift of more severe cases at our institution but is rather unlikely, since the distribution of intensive care beds was organized centrally and all patients requiring intensive care were distributed among all available beds in

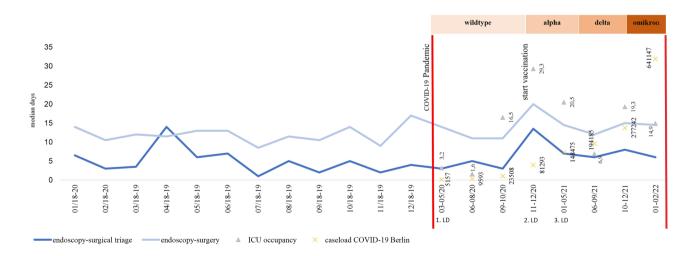


Fig. 1 Timeline diagnosis-therapy. Timeline as median days between endoscopic diagnosis and surgery as well as endoscopic diagnosis and first surgical triage. Red bar indicates begin and end of the COVID-19 pandemic. Black bars indicate lockdowns 1–3. Start of vaccination was 12/2020. Triangle shows caseload in Berlin. Variant

of coronavirus over time (RKI, Statista 2022) [30]. Data on intensive care capacity and case load in Berlin during the COVID-19 pandemic according to LAGeSo (Landesamt für Gesundheit und Soziales Berlin) [31]

the Berlin area and neighboring states. Still, not all patients require intensive care postoperatively. This is especially true for patients with low tumor stages and few comorbidities that possibly could be operated on in a higher frequency in smaller institutions. Nevertheless, staff shortages and bed reductions in peripheral wards affected all hospitals. Therefore, we do not think that our data is biased in respect to the severity of disease and that the data considering the shift toward more advanced stages and more emergency resections are valid. Still, since we do not know how many colonoscopies were performed as outpatient and inpatient procedures during the pandemic, we are not able to make a direct statement about the impact of the pandemic on colon carcinoma screening in general.

Establishment of action strategies for future pandemics is in demand. For example, it has been shown that broad, standardized COVID-19 screening ensures timely patient care while minimizing risk to staff and preventing infection of patients within the hospital [32]. Continuous selfassessment by hospitals using scoring systems could also contribute to better preparation for future pandemics [33].

### Conclusion

The COVID pandemic had a significant influence on the diagnostic and therapeutic process of colon cancer. We saw a trend toward more advanced tumor stages and a significant increase of emergency surgeries with higher rates of discontinuity resections during the pandemic. A delay in surgical triage after endoscopic tumor detection was exclusively seen in the 2nd lockdown. It appears that the infection pattern of the COVID-19 pandemic has more influence than imposed lockdowns. In summary, adequate care of patients with colon cancer was possible in our hospital even under pandemic conditions but in similar situations in the future, a special focus must be imposed on tumor screenings, and tight diagnostic-to-treatment schedules have to be followed in order for those patients not to become secondary pandemic victims.0.004\*0.003\*

## Appendix

 Table 5
 Overview and comparison between the lockdown phases

|                       | Total 1 | numbers |       |                |              | <i>p</i> -values |                 |                          |                           |                 |                          |                        |                          |                        |                              |
|-----------------------|---------|---------|-------|----------------|--------------|------------------|-----------------|--------------------------|---------------------------|-----------------|--------------------------|------------------------|--------------------------|------------------------|------------------------------|
|                       | 1. LD   | 2. LD   | 3. LD | no LD<br>Covid | Pre<br>Covid | 1. vs. 2.<br>LD  | 1. vs. 3.<br>LD | 1. vs.<br>no LD<br>Covid | 1. LD<br>vs. pre<br>Covid | 2. vs. 3.<br>LD | 2. vs.<br>no LD<br>Covid | 2. vs.<br>pre<br>Covid | 3. vs.<br>no LD<br>Covid | 3. vs.<br>pre<br>Covid | no LD Covid<br>vs. pre Covid |
| Laparoscopy           | 2       | 3       | 5     | 37             | 62           | 0.575            | 0.529           | 0.234                    | 0.100                     | 1.0             | 0.681                    | 0.407                  | 0.606                    | 0.296                  | 0.314                        |
| Open<br>surgery       | 4       | 3       | 5     | 26             | 31           | 0.575            | 0.529           | 0.234                    | 0.100                     | 1.0             | 0.681                    | 0.407                  | 0.606                    | 0.296                  | 0.314                        |
| Conversion            | 0       | 1       | 1     | 8              | 13           | 0.317            | 0.439           | 0.357                    | 0.328                     | 0.705           | 0.784                    | 0.855                  | 0.811                    | 0.728                  | 0.819                        |
| Prev. stoma           | 2       | 2       | 5     | 33             | 29           | 1.0              | 0.529           | 0.376                    | 0.927                     | 0.529           | 0.376                    | 0.927                  | 0.889                    | 0.241                  | 0.009*                       |
| Term. stoma           | 2       | 1       | 2     | 18             | 14           | 0.523            | 0.564           | 0.807                    | 0.241                     | 0.873           | 0.536                    | 0.915                  | 0.575                    | 0.683                  | 0.041*                       |
| Prot. stoma           | 0       | 1       | 3     | 15             | 15           | 0.317            | 0.150           | 0.180                    | 0.288                     | 0.873           | 0.694                    | 0.972                  | 0.675                    | 0.275                  | 0.234                        |
| Ileus/<br>perforation | 1       | 0       | 3     | 11             | 4            | 0.280            | 0.756           | 0.988                    | 0.125                     | 0.179           | 0.249                    | 0.611                  | 0.566                    | 0.004*                 | 0.003*                       |
| ASA classific         | ation   |         |       |                |              |                  |                 |                          |                           |                 |                          |                        |                          |                        |                              |
| ASA 1                 | 0       | 0       | 3     | 4              | 8            | 1.0              | 0.150           | 0.528                    | 0.456                     | 0.150           | 0.528                    | 0.456                  | 0.019*                   | 0.038*                 | 0.606                        |
| ASA 2                 | 3       | 2       | 1     | 31             | 45           | 0.575            | 0.083           | 0.971                    | 0.939                     | 0.262           | 0.460                    | 0.476                  | 0.021*                   | 0.021*                 | 0.920                        |
| ASA 3                 | 2       | 4       | 5     | 22             | 38           | 0.269            | 0.529           | 0.938                    | 0.717                     | 0.529           | 0.128                    | 0.217                  | 0.362                    | 0.579                  | 0.456                        |
| ASA 4                 | 1       | 0       | 1     | 5              | 2            | 0.317            | 0.705           | 0.472                    | 0.045*                    | 0.439           | 0.477                    | 0.718                  | 0.826                    | 0.163                  | 0.088                        |
| ASA 5                 | 0       | 0       | 0     | 1              | 0            | 1.0              | 1.0             | 0.758                    | 1.0                       | 1.0             | 0.758                    | 1.0                    | 0.690                    | 1.0                    | 0.224                        |
| N classification      | on      |         |       |                |              |                  |                 |                          |                           |                 |                          |                        |                          |                        |                              |
| N1                    | 1       | 0       | 0     | 4              | 2            | 0.317            | 0.197           | 0.355                    | 0.045*                    | 1.0             | 0.528                    | 0.718                  | 0.416                    | 0.641                  | 0.182                        |
| N2                    | 0       | 0       | 2     | 8              | 4            | 1.0              | 0.257           | 0.444                    | 0.728                     | 0.257           | 0.444                    | 0.728                  | 0.485                    | 0.049*                 | 0.095                        |
| N3                    | 0       | 0       | 1     | 3              | 2            | 1.0              | 0.439           | 0.587                    | 0.718                     | 0.439           | 0.587                    | 0.718                  | 0.502                    | 0.163                  | 0.365                        |
| N4                    | 0       | 0       | 0     | 3              | 3            | 1.0              | 1.0             | 0.752                    | 0.657                     | 1.0             | 0.752                    | 0.657                  | 0.684                    | 0.566                  | 1.0                          |
| N5                    | 5       | 6       | 7     | 45             | 82           | 0.317            | 0.564           | 0.536                    | 0.726                     | 0.150           | 0.130                    | 0.374                  | 0.927                    | 0.113                  | 0.009*                       |
| Clavien               |         |         |       |                |              |                  |                 |                          |                           |                 |                          |                        |                          |                        |                              |
| Classification        |         |         |       |                |              |                  |                 |                          |                           |                 |                          |                        |                          |                        |                              |
| Ι                     | 0       | 0       | 2     | 6              | 5            | 1.0              | 0.257           | 0.424                    | 0.562                     | 0.257           | 0.424                    | 0.562                  | 0.350                    | 0.082                  | 0.295                        |
| II                    | 0       | 0       | 0     | 1              | 5            | 1.0              | 1.0             | 0.754                    | 0.562                     | 1.0             | 0.754                    | 0.562                  | 0.686                    | 0.454                  | 0.234                        |
| III                   | 0       | 0       | 1     | 5              | 11           | 1.0              | 0.439           | 0.469                    | 0.374                     | 0.439           | 0.469                    | 0.374                  | 0.850                    | 0.865                  | 0.472                        |

Table 5 (Continued)

|                                 | Total r      | umbers   | 5       |                  |              | <i>p</i> -values |                 |                          |                           |                 |                          |                        |                          |                        |                              |
|---------------------------------|--------------|----------|---------|------------------|--------------|------------------|-----------------|--------------------------|---------------------------|-----------------|--------------------------|------------------------|--------------------------|------------------------|------------------------------|
|                                 | 1. LD        | 2. LD    | 3. LE   | D no LD<br>Covid | Pre<br>Covid | 1. vs. 2.<br>LD  | 1. vs. 3.<br>LD | 1. vs.<br>no LD<br>Covid | 1. LD<br>vs. pre<br>Covid | 2. vs. 3.<br>LD | 2. vs.<br>no LD<br>Covid | 2. vs.<br>pre<br>Covid | 3. vs.<br>no LD<br>Covid | 3. vs.<br>pre<br>Covid | no LD Covic<br>vs. pre Covic |
| IV                              | 1            | 3        | 1       | 9                | 10           | 0.241            | 0.705           | 0.901                    | 0.657                     | 0.083           | 0.033*                   | 0.006*                 | 0.691                    | 0.942                  | 0.462                        |
| V                               | 1            | 0        | 1       | 3                | 5            | 0.317            | 0.705           | 0.250                    | 0.264                     | 0.439           | 0.581                    | 0.562                  | 0.521                    | 0.555                  | 0.901                        |
| T stage                         |              |          |         |                  |              |                  |                 |                          |                           |                 |                          |                        |                          |                        |                              |
| T1                              | 0            | 1        | 1       | 7                | 13           | 0.317            | 0.439           | 0.384                    | 0.331                     | 0.705           | 0.710                    | 0.847                  | 0.892                    | 0.737                  | 0.670                        |
| T2                              | 1            | 2        | 2       | 7                | 20           | 0.523            | 0.873           | 0.710                    | 0.789                     | 0.564           | 0.137                    | 0.492                  | 0.456                    | 0.925                  | 0.117                        |
| Т3                              | 4            | 2        | 4       | 36               | 49           | 0.269            | 0.317           | 0.717                    | 0.491                     | 0.796           | 0.229                    | 0.374                  | 0.264                    | 0.468                  | 0.401                        |
| T4a                             | 1            | 0        | 3       | 7                | 5            | 0.317            | 0.564           | 0.710                    | 0.259                     | 0.150           | 0.384                    | 0.564                  | 0.121                    | 0.006*                 | 0.163                        |
| T4b                             | 0            | 0        | 0       | 4                | 4            | 1.0              | 1.0             | 0.521                    | 0.608                     | 1.0             | 0.521                    | 0.608                  | 0.408                    | 0.508                  | 0.528                        |
| N stage                         |              |          |         |                  |              |                  |                 |                          |                           |                 |                          |                        |                          |                        |                              |
| N0                              | 3            | 5        | 5       | 34               | 55           | 0.241            | 1.0             | 0.789                    | 0.661                     | 0.197           | 0.194                    | 0.242                  | 0.737                    | 0.579                  | 0.677                        |
| N1a                             | 1            | 0        | 0       | 9                | 7            | 0.317            | 0.197           | 0.901                    | 0.428                     | 1.0             | 0.316                    | 0.488                  | 0.197                    | 0.371                  | 0.152                        |
| N1b                             | 1            | 1        | 2       | 8                | 12           | 1.0              | 0.873           | 0.809                    | 0.792                     | 0.873           | 0.809                    | 0.792                  | 0.5565                   | 0.536                  | 0.970                        |
| N1c                             | 0            | 0        | 0       | 2                | 4            | 1.0              | 1.0             | 0.655                    | 0.606                     | 1.0             | 0.655                    | 0.606                  | 0.564                    | 0.506                  | 0.749                        |
| N2a                             | 1            | 0        | 2       | 2                | 6            | 0.317            | 0.873           | 0.133                    | 0.347                     | 0.257           | 0.655                    | 0.523                  | 0.035                    | 0.130                  | 0.387                        |
| N2b                             | 0            | 0        | 1       | 6                | 8            | 1.0              | 0.439           | 0.424                    | 0.456                     | 0.439           | 0.424                    | 0.456                  | 0.987                    | 0.882                  | 0.795                        |
| UICC stage                      |              |          |         |                  |              |                  |                 |                          |                           |                 |                          |                        |                          |                        |                              |
| UICC0                           | 0            | 1        | 0       | 0                | 2            | 0.355            | 1.0             | 1.0                      | 0.733                     | 0.733           | 0.002*                   | 0.052                  | 1.0                      | 0.616                  | 0.266                        |
| UICCI                           | 0            | 3        | 2       | 7                | 26           | 0.079            | 0.323           | 0.365                    | 0.163                     | 0.187           | 0.034*                   | 0.300                  | 0.763                    | 0.446                  | 0.046*                       |
| UICCII                          | 3            | 1        | 3       | 25               | 27           | 0.181            | 0.253           | 0.531                    | 0.201                     | 0.648           | 0.235                    | 0.493                  | 0.341                    | 0.823                  | 0.132                        |
| UICCIII                         | 2            | 1        | 4       | 22               | 31           | 0.435            | 0.913           | 0.980                    | 0.855                     | 0.429           | 0.295                    | 0.382                  | 0.831                    | 0.943                  | 0.583                        |
| UICCIV                          | 1            | 1        | 4       | 10               | 18           | 0.909            | 0.528           | 0.934                    | 0.968                     | 0.429           | 0.939                    | 0.838                  | 0.190                    | 0.244                  | 0.744                        |
|                                 | Median (IQR) |          |         |                  |              | <i>p</i> -values |                 |                          |                           |                 |                          |                        |                          |                        |                              |
| Endoscopic                      | 7.0          | 16       | .0      | 5.0              | 5.5          | 4.0              | 0.129           | 0.887                    | 0.786                     | 0.698           | 0.087                    | 0.057                  | 0.031*                   | 0.908 (                | 0.693 0.638                  |
| Diagnosis<br>surgical<br>triage | (1.5–2.:     | 5) (4.0  | 0–8.0)  | (1.75–2.75)      | (1.25-0.0)   | (110.0           | ))              |                          |                           |                 |                          |                        |                          |                        |                              |
| Endoscopic                      | 18.0         | 21.      | .0      | 19.0             | 12.0         | 12.0             | 0.334           | 0.506                    | 0.987                     | 0.709           | 0.667                    | 0.474                  | 0.399                    | 0.591 (                | 0.526 0.771                  |
| Diagnosis<br>surgery            | (5.0–1.2     | 25) (6.0 | 0–1.75) | (4.0-0.0)        | (5.0–7.0)    | (7.0–1.0         | ))              |                          |                           |                 |                          |                        |                          |                        |                              |

Data is shown as absolute numbers or as median with interquartile range (IQR) in brackets. Bold print indicates a trend. Lockdown (LD) in germany: 1. LD = 1. lockdown (22/03/20-04/05/20); 2. LD = 2. lockdown (02/11/20-26/12/20); 3. LD = 3. lockdown (27/12/20-09/05/21); no LD Covid = COVID-19 pandemic outside lockdown times; pre-covid = period before the covid pandemic in Germany (01/03/2018-29/02/2020)

\* p-values < 0.05 were considered significant

Author contribution Fiona Speichinger and Christian Schineis contributed to the study conception and design. Material preparation, data collection, and analysis were performed by Fiona Speichinger and Christian Schineis. Resources: Ann-Kathrin Berg, Ani Stoyanova, Ioannis Pozios, and Florian Loch. Supervision was provided by Nadia Slavova, Johannes C. Lauscher, and Katharina Beyer. The first draft of the manuscript was written by Fiona Speichinger and all authors commented on previous versions of the manuscript. All authors read and approved the final manuscript.

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**Data availability** The dataset of the study is available from the corresponding author on reasoned request.

**Code availability** Not used in the study.

#### **Declarations**

**Ethics approval** The study has been reviewed and approved by the Charité's Ethics Committee, Universitätsmedizin Berlin (number of proposal EA4/007/23).

**Consent to participate** No special patient consent is required for a retrospective study in Germany. In Germany, we can collect and evaluate the data of the patients we operate on. Upon admission to our hospital, patients must agree to general patient consent.

Consent for publication Not necessary here.

**Competing interests** The authors declare no competing interests.

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