Synergistic effect of El Niño and the North Pacific Oscillation on wintertime precipitation over Southeastern China and the East China Sea Kuroshio area

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Abstract

Wintertime precipitation in China is most pronounced over the southeastern area, and the Kuroshio in the East China Sea anchors a prominent precipitation band over the warm side of the sea surface temperature front. Previous studies have suggested that many factors contribute to the interannual variation of the precipitation over southeastern China (SC), whereas less attention has been paid to precipitation variability over the East China Sea Kuroshio (ECSK) area. This study focuses on the interannual variation of wintertime precipitation over the SC and ECSK areas. Empirical orthogonal function analysis reveals a spatially uniform pattern from SC to the ECSK area. Composite analysis shows that an El Niño event intensifies wintertime precipitation over our target region, and this effect is tripled when an El Niño follows a positive North Pacific Oscillation (NPO) event in the previous winter. The positive NPO event in the previous winter intensifies the El Niño event via the Victoria mode ocean bridge and the subsequent Bjerknes feedback. In comparison with single-factor El Niño events, a much weaker Walker cell induced by the joint event induces a much weaker regional Hadley cell through anomalous descending motion over the western tropical Pacific. The weakened regional Hadley circulation over the western Pacific directly enhances the precipitation over the SC and ECSK area. In this study, the synergistic effect of an El Niño event and a positive NPO event indicates that the influence of the El Niño event can be amplified by the positive NPO event in the previous winter.

Keywords Wintertime precipitation · Synergistic effect · El Niño · North Pacific Oscillation

1 Introduction

Wintertime precipitation in China is most prominent over the southeastern area (Gao et al. 2020), where it accounts for ~ 15% of total annual precipitation (Li and Ma 2012), and this proportion has an increasing trend (Sui et al. 2013). Southeastern China (SC) is very vulnerable to changes in precipitation on account of its rapid population growth and economic development (Qin et al. 2015). Precipitation variability over this region has dramatic societal, economic, and

agricultural effects (Easterling et al. 2000; Alexander et al. 2006; Huang et al. 2010; Zhang et al. 2015). It is of great importance to deepen scientific understanding of wintertime precipitation variability over SC and to improve its prediction skill.

El Niño is the most significant air–sea interaction phenomenon over the tropical Pacific Ocean on interannual timescales and has far-reaching influences on precipitation variability (Dai and Wigley 2000; Sun et al. 2015), including boreal wintertime precipitation variability over SC (Zhou et al. 2010; Zhou and Wu 2010; Yuan et al. 2014; Gao et al. 2020). Positive precipitation anomalies occur over SC during the mature phase of El Niño (Wang et al. 2000; Zhang and Sumi 2002; Wu et al. 2003). During an El Niño winter, the weakened Walker circulation triggers anomalous descending motion and an anticyclone over the western North Pacific, which leads to anomalous lower-level southwesterlies and enhances the transport of water vapor from the sea surface to SC. This abundant supply of moisture and the ascending motion induced by a local meridional circulation over East

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Asia result in more winter precipitation over SC (Wu et al. 2010, 2017; Zhou et al. 2010; Duan et al. 2013; Lu et al. 2017; Zhang et al. 2017; Gao et al. 2020).

The most recent study to date has demonstrated that the boreal spring North Pacific Victoria mode (VM) is significantly correlated with the following winter precipitation over the SC, and can be regarded as an effective predictor of wintertime precipitation over the SC about 1 year in advance (Zou et al. 2020). A positive VM is closely linked to the development of El Niño through surface air–sea coupling and evolution of subsurface ocean temperature anomalies (Ding et al. 2015, 2017, 2018, 2019; Pu et al. 2019). The most significant correlation between the VM index and Niño 3.4 index occurs when the VM leads El Niño by 11 months. A strong positive VM in spring notably enhances the wintertime precipitation in SC by triggering an El Niño event in the following winter (Zou et al. 2020).

A positive VM can be forced by a positive North Pacific Oscillation (NPO, Rogers 1981), and acts as an oceanic bridge connecting the wintertime positive NPO event and the subsequent winter El Niño event (Ding et al. 2015). A wintertime positive NPO event is an important extratropical forcing for the development of the subsequent wintertime El Niño event via the seasonal footprinting mechanism (Vimont et al. 2001, 2003a, b; Alexander et al. 2010). Anomalous sea level pressure over the southern NPO lobe can be used to forecast the Niño 3.4 index 12–15 months in advance (Anderson 2007). These results suggest that a positive NPO event may have an effect on wintertime precipitation over the SC by inducing a positive VM that then results in an El Niño event.

The East China Sea Kuroshio (ECSK) area is adjacent to the east coast of SC. Existing studies have focused mainly on precipitation variability over the land, and less attention has been paid to the interannual variation of wintertime precipitation over the ECSK area, which is of significant economic value in supporting heavy shipping, fishing, and oil-drilling activities (Xie et al. 2002). The Kuroshio is a strong western boundary current in the North Pacific, and forms a sharp sea surface temperature (SST) front in the East China Sea. Previous studies have demonstrated that the climate effect of sharp SST fronts can extend to the free atmosphere by inducing deep convection and anchoring a precipitation band over the warm water (Minobe et al. 2008, 2010; Xu et al. 2011; Sasaki et al. 2012). By analyzing high-resolution precipitation observations, Sun et al. (2020) revealed that the variation of wintertime frontal precipitation over the Gulf Stream is related to the North Atlantic Oscillation on interannual timescales. This suggests that the SST frontal-scale precipitation may be modulated by basin-scale atmospheric circulation. In addition, the model simulations of Xu et al. (2019) indicate that SC precipitation is suppressed by heavy frontal precipitation in the ECSK area through anomalous

regional overturning circulation. The relationship between the SC precipitation and ECSK precipitation in the observations remains to be investigated.

Aside from the influences of single factors, the joint effect of two factors is attracting more attention, for the reason that an atmospheric variation usually arises from two or more processes working or interacting together (Li et al. 2019). Synergistic effects between the tropics and the mid to high latitudes are important pathways to influence the East Asian climate (Li et al. 2019). For instance, the synergistic effect of El Niño–Southern Oscillation (ENSO) and the spring North Atlantic Oscillation on the East Asian summer monsoon (EASM) may provide an effective tool for EASM seasonal prediction (Wu et al. 2009). ENSO and Tibetan Plateau snow cover also have a synergistic effect on the EASM (Wu et al. 2012). Moreover, midlatitude atmospheric upstream disturbances and oceanic subtropical SST front intensity variability have synergistic effects on the wintertime western Pacific jet stream (Chen et al. 2020). Thus, it may be more useful to give higher priority to investigating the joint effect of two or more factors than to single factor analysis.

In this study, we reveal the characteristics of interannual variation of wintertime precipitation over SC and the ECSK area by using high-resolution observations of precipitation. The results show that precipitation variation over SC and the ECSK is synchronous and spatially uniform. Previous studies found that the interannual variability of wintertime precipitation in SC may be attributed to many factors, such as El Niño, East Asian winter monsoon intensity, SST anomalies over the South China Sea, Siberian High intensity, and the position of the East Asian Trough (Zhang et al. 2015). Instead of examining single factors, we investigate the joint effect of an El Niño event and a positive NPO event on the variability of wintertime precipitation.

The rest of this paper is organized as follows. Section 2 describes the data and methods. Section 3 presents the wintertime precipitation climatology and interannual variability over SC and the ECSK area. Section 4 investigates the synergistic effect of El Niño and positive NPO events on wintertime precipitation and its associated mechanisms. Section 5 presents conclusions and a discussion.

2 Data and methods

2.1 TMPA

The Tropical Rainfall Measuring Mission (TRMM) Multi-satellite Precipitation Analysis (TMPA, <https://storm.pps.eosdis.nasa.gov/storm/>) combines precipitation estimates from multiple satellites on a $0.25^\circ \times 0.25^\circ$ grid (Huffman et al. 2007). It is capable of revealing the distribution of precipitation over SC and mid-latitude SST fronts in the

Northern Hemisphere (Feng et al. 2017; O'Neill et al. 2017; Chen and Huang 2019; Sun et al. 2020). We use TMPA data from 1999 to 2019 to map the climatology and interannual variability of wintertime precipitation over SC and the ECSK area; the average value from December to February (DJF) is taken as the wintertime mean.

2.2 ERA5

The 10-m wind, horizontal wind, vertical motion, sea level pressure (SLP), SST, moisture flux and moisture convergence are taken from the ERA5 reanalysis data on a $0.25^\circ \times 0.25^\circ$ grid (Copernicus Climate Change Service 2017; Hersbach et al. 2018). The reanalysis precipitation, which is obtained from the forecast fields of ERA5, is used for composite analysis. Though the moisture field in the reanalysis data is unbalanced due to the uncertainties and continual changes in observations (Trenberth et al. 2011), the data from ERA5 appear to be reliable in analyzing frontal precipitation and the related atmospheric fields (Sun et al. 2020).

2.3 Synergistic and antagonistic analysis

To examine the combined effect of El Niño and NPO events on precipitation, we employ a 3×3 contingency table (Table 1) and the statistical diagnosis of synergistic or antagonistic effects proposed by Li et al. (2019). An ENSO or NPO event is identified when the corresponding index in DJF exceeds one half of its standard deviation. For two factors (F_1 and F_2), $F_1 \setminus F_2$ and $|y_1|$ denote the case and the composite abnormal value when F_1 only happens without F_2 . $F_2 \setminus F_1$ and $|y_2|$ represent conditions when F_2 only happens without F_1 . $F_1 \oplus F_2$ and $|y_{12}|$ denote conditions when F_1 and F_2 happen simultaneously. The combined effect includes synergistic and antagonistic effects. A synergistic effect is an effect arising from two factors working together to produce an effect greater than each of their individual effects ($|y_{12}| > \max(|y_1|, |y_2|)$). An antagonistic effect is an effect combining two factors that produces an effect less than each of their individual effects ($|y_{12}| < \min(|y_1|, |y_2|)$). We estimate

Table 1 A 3×3 contingency table showing the frequency of ENSO and the NPO for the winters of 1980–2018 based on the DJF Niño 3.4 index and the NPO index in the previous winter

	NPO(−1) ⁺	NPO(−1) ⁰	NPO(−1) [−]	Total
El Niño	6	5	2	13
Neutral	2	3	6	11
La Niña	4	5	6	15
Total	12	13	14	39

The +, 0 and − symbols represent positive, neutral, and negative NPO events, respectively. The bolded are conditions discussed in this study

the synergistic and antagonistic effect on wind vectors by regarding $|y|$ as the corresponding anomalous wind speed.

2.4 NPO index

The effect of a positive NPO event on the subsequent winter El Niño event varies greatly due to different definitions of the NPO index (Chen and Wu 2018). Since the action centers of the NPO are unstable, Chen and Wu (2018) recommended a definition based on the empirical orthogonal function (EOF) technique. The second mode of North Pacific SLP describes the NPO pattern. Following Linkin and Nigam (2008), we regard the standardized second principal component (PC) of SLP from ERA5 over the North Pacific basin (20° – 85° N, 120° E– 120° W) as the NPO index. The SLP anomalies for EOF are detrended and weighted by $(\cos\theta)^{1/2}$, where θ represents latitude, to account for the decrease of grid area toward the pole (Linkin and Nigam 2008). We obtain the wintertime Niño 3.4 index from the NCAR Climate Data Guide (<https://climatedataguide.ucar.edu>).

2.5 Statistical methods

We employ EOF analysis, composite analysis and correlation analysis in this study. A two-tailed t -test is used to obtain the statistical significance. To avoid the influences of autocorrelations, we use the effective degrees of freedom in the significance test (Pyper and Peterman 1998; Li et al. 2013).

3 Wintertime precipitation

3.1 Climatology

Figure 1a shows the observed wintertime climatology of precipitation. The maximum lies on the warm flank of the SST front over the ECSK region, reaching 6 mm day^{-1} . There is a second peak in SC, reaching 4 mm day^{-1} , located south of the Yangtze River. The ERA5 forecast data also reflect the detailed spatial structure of climatological precipitation except the additional peaks to the east of Taiwan island and a region (110° E, 25° N) over the land (Fig. 1b). Note that the precipitation intensity east of Japan is more apparent than that over the SC and ECSK region (Fig. 1a, b). However, there is no evident interannual variability of precipitation over this region, so it is not considered further in this study.

3.2 Interannual variation

We examine the interannual variability of wintertime precipitation by calculating the standard deviation after removing the linear trend (Fig. 1c). A comparison between

Fig. 1 Climatological means (**a** and **b**, shaded, in mm day^{-1}), standard deviations (**c** and **d**, shaded, in mm day^{-1}) on interannual timescales, and leading EOFs (**e** and **f**, shaded, in mm day^{-1}) of DJF pre-

cipitation based on TMPA and ERA5, respectively. Here and in other figures, the black contours are the ERA5 DJF climatological SST at 2°C intervals. Thick lines indicate the 10°C and 20°C SST contours

Fig. 1a, c shows that the magnitudes of precipitation variation over the SC and ECSK region are $\sim 30\%$ of the DJF mean. The greatest variability on the land also lies to the south of the Yangtze River, but is farther south than the climatological peak. Over the ECSK region, the maximum of precipitation climatology lies over the warm flank of the SST front, while the interannual variability peak is right over the SST front.

EOF analysis is applied to the TMPA wintertime precipitation over $20^\circ\text{--}35^\circ\text{N}$, $107^\circ\text{--}145^\circ\text{E}$ after removing the linear trend. The leading EOF (EOF1) is spatially uniform, explaining 40.8% of the variance. The EOF1 maximum covers the SC and ECSK region and has a similar pattern to the standard deviation (Fig. 1c, e). This suggests that EOF1 generally represents the precipitation variance over this area. The leading PC (PC1) is highly correlated with the time series of the averaged anomalous precipitation over $20^\circ\text{--}35^\circ\text{N}$, $107^\circ\text{--}145^\circ\text{E}$ with the correlation coefficient reaching 0.89 (solid lines in Fig. 2).

Fig. 2 Time series of DJF average precipitation anomalies (black lines in mm day^{-1}) and standardized PC1 (blue lines) over $20^\circ\text{--}35^\circ\text{N}$, $107^\circ\text{--}145^\circ\text{E}$ based on TMPA (solid) and ERA5 (dashed)

ERA5 forecast data also effectively reveal the interannual variability of precipitation over this region. Figure 1d shows the interannual standard deviation of DJF precipitation in ERA5. The distribution of standard deviation over

the land is similar to that for TMPA (Fig. 1c, d). Over the ECSK region, the variability is also obvious over the SST front, but with a smaller magnitude than that of TMPA. The EOF1 of ERA5 precipitation explains 36.3% of the variance and resembles that of TMPA in spatial pattern. Most importantly, the correlation coefficient of precipitation anomalies in TMPA and ERA5 is 0.88, and the PC1s of TPMA and ERA5 are highly correlated, with the correlation coefficient reaching 0.95 (Fig. 2). Since the TPMA dataset is not long enough for composite analysis, and ERA5 forecast precipitation can reproduce well the features of observed DJF precipitation both in the climatology and interannual variability, we employ ERA5 data from 1980 to 2018 for composite analysis in this study.

3.3 Synergistic effect

We employ composite analysis to investigate the joint effect of an El Niño event and a positive NPO event in the previous winter (hereafter referred to as an NPO event for short) on the wintertime precipitation over the SC and ECSK region. We classify winters from 1980 to 2018 into three categories based on the standardized Niño 3.4 index and NPO index in winter (Fig. 3). A joint event is when both El Niño and NPO events exist ($\text{El Niño} \oplus \text{NPO}(-1)$). Here, (-1) indicates the previous winter. In single-factor El Niño events an El Niño event happens without an NPO event ($\text{El Niño} \setminus \text{NPO}(-1)$). In single-factor NPO events an NPO event happens without an El Niño event ($\text{NPO}(-1) \setminus \text{El Niño}$). Table 2 lists winters

Fig. 3 Time series of DJF Niño 3.4 index (solid line) and NPO index (dashed line). The horizontal line is at 0.5

classified into these three categories according to Table 1. There are seven winters classified as $\text{El Niño} \setminus \text{NPO}(-1)$, and six each for $\text{NPO}(-1) \setminus \text{El Niño}$ and $\text{El Niño} \oplus \text{NPO}(-1)$. Note that the wintertime Niño 3.4 index from 1981 to 2018 is not significantly related to the previous winter NPO index, with a correlation coefficient of 0.28.

Figure 4 shows the single and combined effects of an El Niño event and an NPO event on the DJF precipitation over the SC and ECSK area. Positive values ($\sim 0.5 \text{ mm day}^{-1}$) of anomalous ERA5 precipitation extend continuously from the SC to the ECSK area under single-factor El Niño events (Fig. 4a). Figure 4c shows the composite wintertime precipitation anomalies under joint events, and positive precipitation anomalies are more apparent than in single-factor events. The positive values in Fig. 4c extend from 108° to 145°E , which resembles those of Fig. 4a but with a much greater magnitude ($\sim 1.5 \text{ mm day}^{-1}$). The enhanced precipitation in Fig. 4c results from the synergistic effect of the El Niño and NPO events (red grid lines in Fig. 4c) according to the definition of Li et al. (2019). The analysis of Fig. 4a, c reveals that an El Niño event without an NPO event intensifies wintertime precipitation over the SC and ECSK region, and this effect is triply enhanced when an El Niño event is accompanied by an NPO event. A comparison with the single-factor El Niño events, indicates that the additional increase of precipitation originates from the NPO event under joint event conditions.

A closer examination of Fig. 4c shows that the location of the anomalous precipitation band under joint events is farther south than under single-factor El Niño events. Moreover, precipitation anomalies are negative over the middle and lower reaches of the Yangtze River. The El Niño and NPO events have an antagonistic effect over this region (blue grid lines in Fig. 4c). This antagonistic effect is probably a result of the southward shift of the anomalous precipitation band compared with Fig. 4a and the negative anomalies of precipitation over the Yangtze River under single-factor NPO events (Fig. 4b). There is no obvious spatially uniform pattern of precipitation anomalies over our target region when there is an NPO event without an El Niño event (Fig. 4b).

Correlation analysis further verifies the synergistic effect between El Niño and NPO events on wintertime precipitation over the SC and ECSK region (Fig. 5). Note that the effective number of degrees of freedom is not used

Table 2 Winters classified into three categories according to Table 1

Category	Winter
$\text{El Niño} \setminus \text{NPO}(-1)$	1987/88 1994/95 2002/03 2004/05 2006/07 2009/10 2018/19
$\text{NPO}(-1) \setminus \text{El Niño}$	1980/81 1981/82 1984/85 2005/06 2010/11 2011/12
$\text{El Niño} \oplus \text{NPO}(-1)$	1982/83 1986/87 1991/92 1997/98 2014/15 2015/16

$\text{El Niño} \setminus \text{NPO}(-1)$, $\text{NPO}(-1) \setminus \text{El Niño}$, and $\text{El Niño} \oplus \text{NPO}(-1)$ indicate single-factor El Niño events, single-factor positive NPO events and joint events, respectively. The bolded indicates EP El Niño

Fig. 4 Composite DJF precipitation anomalies (shaded, in mm day^{-1}) for the three categories in Table 2. **a** Single-factor El Niño events, **b** single-factor events of positive NPO in the previous winter, and **c** joint events. The grid lines in **c** indicate synergistic (red) or antagonistic (blue) effects on precipitation. The white solid (dashed) contour indicates the 95% (90%) confidence level

for the significance test in this section because the years selected for correlation analysis are not continuous. For all El Niño events, the wintertime precipitation anomalies from 1980 to 2018 are significantly related to the Nino 3.4 index in both SC and the ECSK area (Fig. 5a). When an El Niño event occurs without an NPO event, the Nino 3.4 index is positively correlated with the precipitation over SC but over a more limited area of significance, and the correlation becomes negative over the ECSK area (Fig. 5b). When an El Niño event coexists with an NPO

event, the correlation coefficients are significant over both SC and the ECSK area (Fig. 5c). This means that an El Niño event has a clear relationship with the precipitation anomalies over SC and the ECSK area (Fig. 5a). The linkage mainly results from the years when both El Niño and NPO events happen, especially over the ECSK area (Fig. 5c). Taking both El Niño and NPO events into consideration when analyzing and predicting the wintertime precipitation over the SC and ECSK area makes sense.

4 Synergistic effect between El Niño and NPO on wintertime precipitation and its associated mechanisms

4.1 Atmospheric circulation and moisture conditions

We investigate the anomalous atmospheric circulation related to the enhanced wintertime precipitation under both single-factor El Niño and joint events. When an El Niño event occurs without an NPO event, southeasterlies and southwesterlies prevail over the SC and ECSK area at 700 hPa and 500 hPa (Fig. 6a, c), respectively. The pattern of upward motion at 700 hPa resembles that of anomalous precipitation (Figs. 4a, 6c). The distribution of upward motion anomaly at 500 hPa is similar to that at 700 hPa, but with a slight northward shift (Fig. 6a).

Upward motion influenced by joint events also has similar patterns to the corresponding anomalous precipitation (Fig. 6b, d). The El Niño and NPO events enhance the upward motion synergistically at both 700 and 500 hPa (red grid lines in Fig. 6b, d). Southeasterlies occupy our target area, and almost all of the wind vectors are synergistically influenced by joint events (red vectors in Fig. 6b, d). The horizontal winds are accelerated with cyclonic circulation at 700 and 500 hPa, contributing to the moisture advection and convergence over our target area.

Under single-factor El Niño events, the northeastward moisture flux in Fig. 7a indicates that adequate water vapor for precipitation over SC and the ECSK area comes from the South China Sea and warm flank of the Kuroshio SST front, respectively (Fig. 7a). The synergistic effect of northeastward moisture flux under joint events is obvious over our target area (red vectors in Fig. 7b). Spatial patterns of vertically integrated moisture convergence under both single-factor El Niño and joint events resemble those of enhanced precipitation (Figs. 4, 7). Thus, the NPO event adds additional precipitation via intensified upward motion, cyclonic circulation, northeastward moisture flux and vertical integrated moisture convergence.

Fig. 5 **a** Correlation coefficients (shaded) between DJF precipitation anomalies and Niño 3.4 index for all El Niño events. **b** As in **a** but for single-factor El Niño events. **c** As in **a** but for joint events. Dots indicate statistical significance at the 95% confidence level

4.2 Effect of the positive NPO event in the previous winter on El Niño

To clarify the relationship between NPO and El Niño events, we examine the evolution of seasonally averaged anomalies of SST and surface atmospheric circulation under joint events from the previous winter DJF(−1) to the current

winter DJF(0). The results in Fig. 8 resemble the conclusions of Ding et al. (2015, 2018). A meridional tripole-like SST anomaly pattern is clearly seen in the North Pacific (Fig. 8a), which closely resembles the spatial pattern of the positive VM (Bond et al. 2003). An anomalous positive SST band extends from off California to the western Bering Sea, and an anomalous negative SST band extends from the center of

Fig. 6 Composite DJF upward motion anomalies (shaded, in $-10^{-2} \text{ Pa s}^{-1}$) and anomalous horizontal wind velocities (vectors, in m s^{-1}) at 500 hPa (**a**, **b**) and 700 hPa (**c**, **d**). **a** and **c** represent single-factor El Niño events. **b** and **d** represent joint events with

the gridded areas and colored vectors indicating synergistic (red) or antagonistic effect (blue) on upward motion and horizontal wind, respectively

Fig. 7 Same as Fig. 6, but for anomalous vertically integrated moisture convergence (shaded, in kg m^{-2}) and moisture flux (vectors, in $20 \text{ kg m}^{-2} \text{ s}^{-1}$) with the gridded areas and colored vectors indicat-

ing synergistic (red) or antagonistic (blue) effects on moisture convergence and flux, respectively

the North Pacific to the coast of Asia. So the positive VM appears with an anomalous circulation resembling the positive NPO during the previous winter DJF(-1). Figure 8b shows that the VM continues into spring MAM(0), and the NPO-related atmospheric circulation almost disappears. Meanwhile, the warmer SST band in the eastern subtropical North Pacific extends toward the central and eastern

equatorial Pacific. Anomalous atmospheric circulation associated with the VM also extends to the entire equatorial Pacific (Fig. 8b). Low pressure anomalies occur over the subtropical North Pacific (contours in Fig. 8b), inducing anomalous westerly winds in the western equatorial Pacific.

Westerly anomalies and southeasterlies in the tropical eastern Pacific induce convergence in the central

Fig. 8 Composite anomalies of SST (shaded, in K) and 10-m wind (vectors, in m s^{-1}) under joint events. **a** Previous winter. **b** Spring. Dashed contours at 0.2 hPa intervals indicate anomalously low sea level pressure. **c** Summer, **d** Autumn, **e** Winter. **f** is the difference

between single-factor El Niño and joint events in winter. The dotted areas and red vectors indicate statistical significance at the 95% confidence level based on the Student *t*-test

equatorial Pacific and in turn favor the development there of positive SST anomalies (Fig. 8b). The positive feedback of air–sea interaction in turn amplifies the zonal wind and SST anomalies along the equator (Bjerknes 1969), driving the development of El Niño from summer to autumn (Fig. 8c, d). During DJF(0), 1 year after the NPO event, a warming SST pattern is well developed in the eastern equatorial Pacific (Fig. 8e). The central to eastern equatorial Pacific under joint events is significantly warmer than under single-factor El Niño events (Fig. 8f). The positive NPO event enhances the El Niño intensity via the ocean

bridge of VM and the resulting anomalous Bjerknes feedback. The mean Niño 3.4 index of single-factor El Niño events and joints events are 0.9 and 1.73, respectively.

Note that the relationship between positive NPO event and El Niño intensity still works during 1949–1979. We calculate the NPO index from National Centers for Environmental Prediction (NCEP), and check the relationship between El Niño intensity and positive NPO event for the period of 1949–1979 (Table 3). The mean Niño 3.4 index of single-factor El Niño events and joints events are 0.81 and 1.35, which verifies the robustness of this relationship.

Table 3 Winters of single-factor El Niño events and joint events for the period of 1949–1979 based on the DJF Niño 3.4 index and the NPO index in the previous winter

Category	Winter	Niño 3.4 index
El Niño\NPO(-1)	1953/54, 1958/59, 1969/70, 1972/73, 1976/77, 1977/78, 1979/80	0.8, 0.6, 0.5, 1.8, 0.7, 0.7, 0.6
El Niño $\oplus$ NPO(-1)	1957/58, 1963/64, 1965/66, 1968/69	1.8, 1.1, 1.4, 1.1

4.3 Weakened Walker cell and regional Hadley cell

The zonal SST contrast in the equatorial Pacific is closely related to the thermally driven Walker cell (Bjerknes 1969). Walker circulation variability is associated with the inter-annual phenomenon of El Niño (e.g., Philander 1990; McCreary and Anderson 1991). We examine the wintertime Walker cell in terms of the zonal-vertical circulation (u and $-\omega$) averaged between 5° S and 5° N. Figure 9a shows that the climatological wintertime Walker circulation cell is characterized by ascending motion in the equatorial western Pacific, eastward flow in the upper troposphere, downward motion in the equatorial eastern Pacific, and flow toward the equatorial western Pacific in the lower troposphere (Walker 1923, 1925; Bjerknes 1969).

Under single-factor El Niño events, anomalous upward motion dominates the troposphere from 170° E to 150° W, with the largest anomaly located over the central tropical Pacific (Fig. 9b). Meanwhile, downward motion anomalies appear in the entire troposphere from 120° to 150° E. Under joint events, anomalous ascending motion is strengthened from 170° E to 90° W, and the largest anomaly also lies on the central tropical Pacific (Fig. 9c). The descending motion from 120° to 150° E is also more apparent than in single-factor El Niño events. The El Niño and NPO events have a synergistic effect on reversing the zonal-vertical circulation (red vectors in Fig. 9c). Thus, both the intensified upward motion over the central to eastern tropical Pacific and the anomalous downward motion

over the western tropical Pacific are especially remarkable when the wintertime El Niño event follows an NPO event.

To depict simply the intensity of the Walker circulation, we define the zonal-vertical circulation index as the difference of zonal wind between 200 and 850 hPa ($U_{200}-U_{850}$), with a positive (negative) value indicating intensified (weakened) Walker circulation. The anomalous Walker cell indexes under single-factor El Niño and joint events are negative over the tropical Pacific, indicative of weakened Walker cells (Fig. 10a, b). When the El Niño event is accompanied by an NPO event, the El Niño intensity is enhanced and the Walker circulation weakens by a larger magnitude over the central and eastern tropical Pacific (Fig. 10d).

The Hadley circulation cell, located in the tropics and subtropics, is also thermally forced. Heated tropical air rises and flows aloft toward the subtropics, where it cools, sinks, and flows back to the tropics (Trenberth et al. 2000). The wintertime meridional-vertical circulation (v and $-\omega$) averaged between 110° and 140° E over the northwestern Pacific has a similar pattern to the typical Hadley circulation (Fig. 11a). When a wintertime El Niño event occurs without an NPO event, the anomalous meridional-vertical circulation is characterized by downward and upward motion over 0° – 15° N and 25° – 35° N, respectively (Fig. 11b). Under joint events there is a similar pattern, but with a larger magnitude and a more southerly location (Fig. 11c). The greater weakening of the Walker circulation (Fig. 9c) indicates that the El Niño event and NPO

Fig. 9 Zonal-vertical circulation showing DJF u (in m s^{-1}) and $-\omega$ (in $10^{-2} \text{ Pa s}^{-1}$) between 5° S and 5° N, with leftward and upward arrows indicating easterly and upward motion, respectively. **a** DJF climatol-

ogy, **b** composite anomalies under single-factor El Niño events, and **c** joint events. The colored vectors in **c** indicate synergistic (red) or antagonistic (blue) effects on the circulation

Fig. 10 Composite anomalies of DJF zonal-vertical circulation index under **a** single-factor El Niño events and **b** joint events. The grid lines in **b** indicate a synergistic (red) or antagonistic effect (blue) on the circulation index

event also have a synergistic effect on reversing the zonal-vertical circulation (red vectors in Fig. 11c).

Similarly, we define the regional meridional-vertical circulation index as the difference of meridional wind between 200 and 850 hPa ($V_{200} - V_{850}$), with the positive (negative) values indicating intensified (weakened) regional Hadley circulation. The anomalous meridional-vertical circulation indexes of single-factor El Niño and joint events are negative over the South China Sea, indicative of weakened regional Hadley cells (Fig. 12a, b). The anomalous regional Hadley circulation under joint events is weaker than under single-factor El Niño events due to the correspondingly much weaker Walker circulation (Fig. 10d).

Under single-factor El Niño events, warmer SST over the central to eastern tropical Pacific and colder SST over the western tropical Pacific induce a reversed Walker circulation, with anomalous descending motion over the western

tropical Pacific. The anomalous descending motion then triggers a reversed regional Hadley circulation over the northwestern Pacific. The reversed regional Hadley cell has downward motion over the Philippine Islands and upward motion over the SC and ECSK region (Figs. 6, 11). Moreover, the enhanced low-level northeastward flow of the reversed regional Hadley cell transports more water vapor to the SC and ECSK region (Figs. 7, 11). More precipitation then falls over the SC and ECSK region owing to the anomalous upward motion and moisture induced by the weakened regional Hadley circulation. The NPO event largely facilitates the above process by intensifying the El Niño event, which results in a much weaker Walker cell, a much weaker Hadley cell, and more precipitation over the SC and ECSK region.

5 Conclusions and discussion

Wintertime precipitation in China is most pronounced over SC, and the Kuroshio in the East China Sea anchors a prominent precipitation band over the warm side of the SST front. Previous studies have suggested that many single factors are responsible for interannual variation of the precipitation intensity over SC, whereas less attention has been paid to the precipitation variability over the ECSK area at interannual timescale. This study focuses on the interannual variation of precipitation over the SC and ECSK region from the perspective of joint effect. The results show that the wintertime precipitation exhibits strong variability over both SC and the ECSK SST front.

EOF analysis is applied to analyze the interannual variation of precipitation over the SC and ECSK region. EOF1s based on TMPA and ERA5 depict the characteristics of precipitation variation over our target area, and have synchronous and spatially uniform patterns from SC to the ECSK area (Figs. 1, 2). Composite analysis shows that an El Niño

Fig. 11 Same as Fig. 9, but for meridional-vertical circulation with DJF v (in m s^{-1}) and $-\omega$ (in $10^{-2} \text{ Pa s}^{-1}$) averaged between 110° and 140° E , with leftward and upward arrows indicating northerly and upward motion, respectively

Fig. 12 Same as Fig. 10, but for the meridional-vertical circulation index

event intensifies wintertime precipitation over the SC and ECSK region, and this effect is tripled when an El Niño event coexists with a positive NPO event in the previous winter (Fig. 4). This means that El Niño and NPO events have a synergistic effect on the enhancement of wintertime precipitation over the SC and ECSK region.

We reveal how the precipitation is intensified under joint events from the perspective of dynamics and moisture conditions. The results show that compared with single-factor El Niño events, the additional anomalous upward motion, cyclonic circulation (Fig. 6), northeastward moisture flux and vertical integrated moisture convergence (Fig. 7) over the SC and ECSK region originate from the NPO event. The additional upward motion and northeastward flow result from a more significantly weakened regional Hadley cell over the northwestern Pacific.

Then, we interpret the linkage between the NPO event and the significantly weakened Hadley cell. The regional Hadley circulation is associated with the Walker cell, which is thermally forced by the zonal SST contrast in the equatorial Pacific Ocean (Bjerknes 1969). Single-factor El Niño events weaken the Walker circulation by reducing the equatorial Pacific SST gradient (Figs. 9, 10). The weakened Walker circulation has anomalous descending motion over the western tropical Pacific, which triggers a reversed regional Hadley circulation over the northwestern Pacific (Figs. 11, 12). Under joint events, the NPO event intensifies the existing El Niño event, and results in a much weaker Walker cell than with the single-factor event of El Niño. The much weaker Walker cell then triggers a much weaker regional Hadley cell through descending motion over the

western tropical Pacific. The greatly reduced Hadley circulation directly enhances the wintertime precipitation over the SC and ECSK region.

To verify the intensification of an El Niño event by an NPO event, we examine the evolution of seasonally averaged anomalies of SST and surface atmospheric circulation under joint events from the previous winter DJF(−1) to winter DJF(0) (Fig. 8). A positive VM forms in the North Pacific with an anomalous circulation resembling the NPO developing during the previous winter DJF(−1). A warmer SST band and corresponding atmospheric circulation anomalies in the eastern subtropical North Pacific extend toward the central and eastern equatorial Pacific in boreal spring. The sea level pressure is then anomalously low over the subtropical North Pacific in summer, inducing anomalous westerly winds in the western equatorial Pacific. Westerly anomalies induce convergence in the central equatorial Pacific and help to develop the higher SST there. Positive feedback from air–sea interaction amplifies the zonal wind and SST anomalies over the equator (Bjerknes 1969), driving the development of El Niño. In comparison with single-factor El Niño events, the central to eastern equatorial Pacific is much warmer under joint events (Fig. 8f). Thus, the positive NPO event in the previous winter enhances the El Niño intensity via the VM ocean bridge and the subsequent anomalous Bjerknes feedback.

Since the extratropical circulation that roots from the tropical Pacific not only depends on the El Niño intensity but also its spatial diversity (Zhang et al. 2019a, b; Zhang and Wu 2021). We further examine the anomalous SST distributions of single-factor El Niño events and joint events, and

find that the spatial diversity of El Niño events also works. According to the method of Ren and Jin (2011), we divided the El Niño events into eastern-Pacific (EP) El Niño and central-Pacific (CP) El Niño based on the warm-pool index and cold-tongue index. Six out of seven El Niño events are CP types under single-factor El Niño events, and five out of six El Niño events are EP types under joint events (Table 2). This indicates that a wintertime strong positive NPO event favors a strong EP El Niño event a year later. The El Niño diversity can explain the phenomenon that the location of the anomalous precipitation band under joint events is farther south than under single-factor El Niño events (Fig. 4). This coincides with the result of Wang et al. (2019) that the precipitation influenced by CP El Niño is farther north than that influenced by EP El Niño. The relationship between positive NPO event and El Niño diversity still needs further investigation.

This study indicates that a positive NPO event in the previous winter favors the development of a wintertime El Niño event, which is the most prominent air–sea interaction phenomenon over the tropical Pacific Ocean at interannual timescales. El Niño events have remarkable influences on global weather and climate, agriculture, and human health (Hansen et al. 1998; Chiang and Sobel 2002; Kovats et al. 2003; McGregor and Ebi 2018). The synergistic effect of an El Niño and an NPO event in this study indicates that the influences of the El Niño event are amplified by the NPO event. The linkage between a positive NPO event in the previous winter and the additional influence on precipitation offers the possibility of improvement of prediction skill.

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