



# CoNi alloy nanoparticles for cancer theranostics: synthesis, physical characterization, in vitro and in vivo studies

Saman Sargazi<sup>1</sup> · Mohammad Reza Hajinezhad<sup>2</sup> · Abbas Rahdar<sup>3</sup> · Mahwash Mukhtar<sup>4</sup> · Milad Karamzadeh-Jahromi<sup>5</sup> · Mohammad Almasi-Kashi<sup>5,6</sup> · Sima Alikhanzadeh-Arani<sup>6,7</sup> · Mahmood Barani<sup>8</sup> · Francesco Baino<sup>9</sup> 

Received: 7 July 2021 / Accepted: 8 September 2021 / Published online: 19 September 2021  
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## Abstract

Nanomaterials are attracting increasing interest in many biomedical fields, including the fight against cancer. In this context, we successfully synthesized CoNi alloy nanoparticles (NPs) by a simple polyol process. The magnetic characteristics of the products were measured by vibration sample magnometry, which revealed that the samples have soft ferromagnetic behavior. The microstructure and morphology were inspected by X-ray diffraction and scanning electron microscopy, respectively. Human cancer cells derived from the breast (MCF7) and oral cavity (C152) and normal cells derived from human umbilical vein endothelial cells (HUVECs) were treated with increasing concentrations of CoNi NPs, and their cytotoxic effect was measured via MTT and lactate dehydrogenase (LDH) leakage assays. We found that treatments by using 12.5 to 400  $\mu\text{g/mL}$  of Co<sub>0.5</sub>Ni<sub>0.5</sub>, Co<sub>0.6</sub>Ni<sub>0.4</sub>, and Co<sub>0.4</sub>Ni<sub>0.6</sub> NPs were associated with significant concentration-dependent toxicity toward such cell lines and profoundly enhanced LDH leakage following 48 h of exposure ( $P < 0.05$  compared with untreated cells). Besides, a NP dose of 6.25  $\mu\text{g/mL}$  did not affect the survival of HUVECs while leading to marked cell death in MCF7 and C152 cells. In vivo experiments in rats were done to investigate the biochemical and histopathological changes over three weeks, following intraperitoneal administration of Co<sub>0.5</sub>Ni<sub>0.5</sub>, Co<sub>0.6</sub>Ni<sub>0.4</sub>, and Co<sub>0.4</sub>Ni<sub>0.6</sub> NPs (100 mg/kg). As compared with the controls, the exposure to NPs caused significant elevations in aspartate aminotransferase, alanine aminotransferase, blood urea nitrogen, serum creatinine, serum catalase activity, serum superoxide dismutase, and liver malondialdehyde levels. Also, rats treated with Co<sub>0.6</sub>Ni<sub>0.4</sub> NPs showed more severe histopathological changes of the liver and kidney. Our findings represent an essential step toward developing theranostic nanoplatforams for selective cancer treatment.

**Keywords** Nanomaterials · Metallic nanoparticles · In vivo · In vitro · Toxicity · Biomedical applications

## 1 Introduction

Presently, nanostructured alloys are getting attention in different fields because of their tailorable size and ability to retain the individual properties of each metal, which enable their wider use. The transition metal alloys have been widely explored for diagnostic and therapeutic purposes [1] because of their peculiar features, such as high saturation magnetization and good corrosion resistance [2]. Cobalt (Co) and nickel (Ni) are among the most commonly used transition

metals for a range of advanced biomedical applications. Co is well known for its magnetic properties and is used as a contrast agent in magnetic resonance imaging (MRI) to investigate cancer and tumor cells, whereas Ni has potential use in the controlled magnetic hyperthermia of the malignancies [3]. CoNi alloys merge the fundamental characteristics of individual transition metals and, therefore, possess high magnetic properties, high thermal stability, and excellent wear resistance [4].

Nanotechnology has brought a revolution in the pharmaceutical and biomedical sciences. The nanoalloy systems have a high surface-to-volume ratio that can significantly affect the therapeutic or diagnostic functioning [5–11]. Currently, transition bimetallic alloys are gaining popularity due to their enhanced functionalities [12, 13]. Likewise, CoNi alloy nanoparticles (NPs) show suitable magnetic properties that can

✉ Abbas Rahdar  
a.rahdar@uoz.ac.ir

✉ Francesco Baino  
francesco.baino@polito.it

Extended author information available on the last page of the article

enhance the magnetic resonance signals to diagnose and target malignant cells. This enhanced MRI is possible because of the nature of CoNi NPs to overcome the superparamagnetic limit [14]. The existence of Co improves the conductivity of the alloy due to the charge hopping between Co and Ni cations [15]. CoNi nanoalloys have improved physical and chemical characteristics in contrast to elemental Co or Ni nanostructures. The synergy between these transition metals is linked to the enhanced stability with ultra-high-density magnetic imaging, microwave absorption and electromechanical strength [16]. Altogether, CoNi alloy NPs have anti-corrosive, electromagnetic, mechanical, and electrocatalytic functions that can be exploited in the electrical, mechanical and medical fields [17]. CoNi alloy NPs have consistently shown promising results in the hyperthermia treatment of malignant cells [18]. Besides, CoNi alloy NPs have been considered safe in biological applications according to different cell line studies. CoNi NPs have a potential application in reducing the electromagnetic interference problems that pose hazards to human health. This property is due to high microwave absorption intensity and wide bandwidth [19].

Several methods are employed for the synthesis of bimetallic alloy NPs [20, 21]. Different fabrication techniques utilized in the past to develop the CoNi alloy nanocarriers produced various shapes, morphology, and dimensions. The yielded nanocarriers can be categorized into zero-dimensional CoNi NPs, one-dimensional CoNi nanofibers, two-dimensional CoNi nanofilms, and three-dimensional CoNi nanostructures [22–24]. Hence, the development of CoNi alloy NPs with desired attributes, productivity, and surface morphology is a challenging task. In the present work, we used the affordable and easy polyol process to synthesizing CoNi alloy NPs. In this method, the liquid polyols are used as a solvent, reducing agent, or complexing agent for the metallic precursors or cations. The precursor compounds are added to the polyols and heated to solubilize the metallic precursors. After cooling, the nano-crystalline powder is obtained. After producing the nanoalloys, we have explored the concentration-dependent cytotoxicity of the CoNi alloy NPs with varying ratios of Co and Ni. Our study also highlights the differences in the histopathological and biological studies of CoNi alloy NPs in a rat model. The developed CoNi alloy NPs were cytotoxic toward the malignant cells and show promise in medical theranostics for cancer treatment.

## 2 Materials and methods

### 2.1 Materials

Dulbecco's Modified Eagle's medium (DMEM), fetal bovine serum (FBS), and RPMI1640 were purchased from

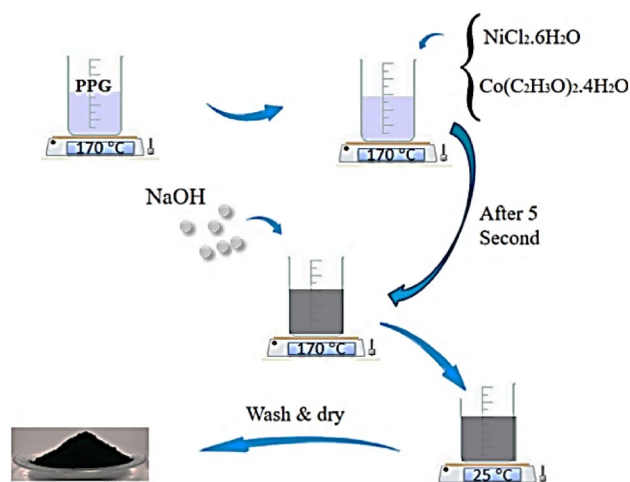
Biochrom (Berlin, Germany). 3-(4, 5-Dimethylthiazol-2-yl)-2, 5-diphenyltetrazolium bromide (MTT), trypan blue, phosphate-buffered saline (PBS), ethylene diamine tetra-acetic acid (EDTA), streptomycin, penicillin, and dimethyl sulfoxide (DMSO) were procured from Sigma-Aldrich (Steinheim am Albuch, Germany and Sigma-Aldrich, St Louis, MO). Plastic materials were provided by Jet-Biofill (Guangzhou, China).

### 2.2 Preparation of NPs

The simple and affordable polyol process was used for synthesizing the CoNi NPs, since this method has been previously proved to be effective for the preparation of metallic particles [25]. According to Fig. 1, 40 mL of propylene glycol (PG) was heated to about 175 °C. Then, the stoichiometric amounts of the precursors,  $\text{NiCl}_2 \cdot 6\text{H}_2\text{O}$  and  $\text{Co}(\text{CH}_3\text{COO})_2 \cdot 4\text{H}_2\text{O}$ , were homogeneously mixed and ground using mortar and pestle. The molar ratio of the metal salts was adjusted for three ratios, i.e., Co:Ni = 40:60, 50:50, and 60:40. The mixed precursors were added to the pre-heated PG. After about 5 s, NaOH pellets were also added, and then the heater was turned off. The solution was then centrifuged twice at 6000 rpm for 10 min with methanol and then with distilled water, and finally dried in an oven at 80 °C overnight.

### 2.3 Characterizations

The hydrodynamic size of the CoNi NPs in Milli-Q water was measured at 25 °C using dynamic light scattering (Malvern, Helix, UK). X-ray diffraction measurements were performed on the synthesized samples with a Rigaku D-max C III, X-ray diffractometer using Ni-filtered Cu K $\alpha$ 1 radiation



**Fig. 1** Scheme illustrating the synthesis process of the CoNi nanoparticles

( $\lambda \approx 1.5418 \text{ \AA}$ ). Microscopic morphology of products was visualized by a LEO 1455VP scanning electron microscope (SEM). Magnetic measurements were carried out on a vibrating sample magnetometer (VSM) (Magnetic Danesh-Pajoh, I. R. Iran).

## 2.4 Cells and culture condition

Three cell lines were used in the current study. Michigan Cancer Foundation-7 (MCF-7) human breast cancer cells and C152 human mouth carcinoma were chosen as appropriate in vitro models for solid cancers. Therefore, these cell lines can be cultivated easily and are well-suited for cytotoxic evaluations on model cancerous cells. Human umbilical vein endothelial cells (HUVECs) were selected as a widely studied non-malignant cell line for cytotoxic evaluation on healthy cells. Cell lines were obtained from the National Cell Bank of Iran (Tehran, Iran) and tested negative for mycoplasma contamination. Cells were routinely cultured in RPMI1640 (MCF7) or DMEM (HUVEC, C152) supplemented with 10% FBS and 100 U/mL penicillin–streptomycin under standard cell culture conditions (humidified atmosphere, 5% CO<sub>2</sub>, 37 °C). After reaching sub-confluency, the monolayer was washed with PBS and harvested using EDTA-Trypsin 0.25%. Then, cells were resuspended in the culture medium and sub-cultured into 75 cm<sup>2</sup> flasks and/or 96-well microplates for toxicity evaluations.

## 2.5 In vitro cytotoxicity evaluation

Cytotoxic effects of the synthesized NPs were assessed via MTT colorimetric assay. Cells were seeded at a density of  $5 \times 10^3$  cells/well in a 96-well microplate and allowed to proliferate for 24 h before treatment. Untreated cells were considered as controls. Then, cells were exposed to increasing concentrations (0, 6.25, 12.5, 25, 50, 100, 200, and 400 µg/mL) of Co<sub>0.5</sub>Ni<sub>0.5</sub>, Co<sub>0.6</sub>Ni<sub>0.4</sub>, and Co<sub>0.4</sub>Ni<sub>0.6</sub> NPs, and incubated at aforementioned culturing conditions. After 48 h incubation, the culture medium was replaced with MTT dye (5 mg/mL) and kept in an incubator for another 3 h. Finally, cell supernatant was discarded, and DMSO was added into each microwell to dissolve formazan crystals completely. The absorbance was read at 570 nm using a SpectraMax multi-plate reader (Molecular Devices, Sunnyvale, CA, USA). The percentage of viable cells was calculated by dividing the absorbance measured for treated cells by the absorbance measured for control cells  $\times 100$ . The GraphPad Prism 7.0Aa (San Diego, CA) software was used to calculate the half-maximal inhibitory concentrations (IC<sub>50</sub>s).

According to the manufacturer's protocol, the release of lactate dehydrogenase (LDH) was measured using a LDH assay kit (Cayman Chemical Co., Ann Arbor, MI). The LDH

leakage (% of positive control) was calculated using the following formula:

$$(OD \text{ test} - OD \text{ blank}) / (OD \text{ positive} - OD \text{ blank})$$

where OD test is the absorbance of control cells, OD positive is the absorbance of the positive control cells or cells treated with increasing concentration of Co<sub>0.5</sub>Ni<sub>0.5</sub>, Co<sub>0.6</sub>Ni<sub>0.4</sub>, and Co<sub>0.4</sub>Ni<sub>0.6</sub> NPs for 48 h, and OD blank represents the absorbance of the wells without cells. The absorption was read at 490 nm using a microplate reader (Spectra Max Gemini®, Molecular Devices Cooperation, Sunnyvale, CA, USA).

## 2.6 Animal treatments and experimental design

Forty male Wistar rats were used in this study. Animals were obtained from the laboratory animal breeding colony of the faculty of veterinary medicine, University of Zabol, Zabol, Iran. Animals were kept in a well-ventilated room at normal temperature (23–25 °C), 40% humidity and 12 h light-12 h dark cycle, and excellent ventilation. The experimental procedure was performed according to the guidelines of care and the use of laboratory rodents NIH publication no. 85–23 and was approved by the Ethical Committee of Zahedan University. Animals were randomly divided into four groups. Rats of the control group received intraperitoneal injections of saline. Animals in the other three groups received intraperitoneal administration of 100 mg of Co<sub>0.5</sub>Ni<sub>0.5</sub>, Co<sub>0.6</sub>Ni<sub>0.4</sub>, and Co<sub>0.4</sub>Ni<sub>0.6</sub> NPs per kilogram body-weight of rats. At the end of the study, blood samples were obtained by the retro-orbital sinus puncture. Samples were centrifuged (5000 rpm for fifteen min), and collected serum samples were kept at – 20 °C until analysis.

## 2.7 Serum biochemical parameters

The serum levels of blood urea nitrogen (BUN) and creatinine were measured according to Pars Azmoon reagent kits instructions (Pars Azmoon. Co., Tehran, Iran). All biochemical analyses were performed using the Selectra Pro M autoanalyzer (Vital Scientific, Netherlands). A colorimetric assay was used to determine serum aspartate aminotransferase (AST) and alanine aminotransferase (ALT) levels. Serum AST and ALT levels were measured using Pars Azmoon reagent kits (Pars Azmoon, Tehran, Iran). Serum and hepatic activities of catalase enzyme—an antioxidant enzyme—were determined using the Goth method [26].

Serum superoxide dismutase activity in serum samples was measured using the method described by Sun et al., with some modifications [27]. Total serum reduced glutathione (GSH) level was determined according to the protocol of Ellman et al. [28] and modified by Jollow et al. [29]. Liver

malondialdehyde (MDA) contents were determined using the method described by Ohkawa et al. [30].

## 2.8 Histopathological examinations

After three months of oral administration, rats were euthanized by 1.5% pentobarbital sodium (200 mg/kg) followed by cervical dislocation. Liver and kidney specimens were sliced and preserved in 10% neutral buffered formalin for two days to ensure complete tissue fixation. After paraffin embedding and cutting on a rotary microtome, paraffin blocks were cut into 5- $\mu\text{m}$  microslides. The histopathological sections were stained with hematoxylin–eosin and examined under a light microscope (Tokyo, Olympus, Japan). The hepatic and renal lesions were graded from zero (normal histology) to three (severe pathological lesions) for semi-quantitative analysis.

## 2.9 Statistical analysis

Data analysis was done using SPSS statistics software (SPSS Inc, version 23.0), and results were expressed as mean  $\pm$  SD from at least three independent experiments. Significant differences between the adjusted control and test condition were assessed using one-way analysis of variance (ANOVA), followed by post hoc analysis. Differences were considered statistically significant if  $P$ -value  $< 0.05$ .

## 3 Results

### 3.1 Characterization of NPs

Figure 2 shows the typical XRD pattern of the synthesized  $\text{Co}_{0.4}\text{Ni}_{0.6}$ . The presence of three peaks at  $2\theta = 44.47$ ,  $51.74$ , and  $76.19^\circ$  corresponded to the face-centered cubic CoNi crystal structure with reference to JCPDS card No. 89–4307. The crystalline size was calculated to be 32 nm by the Debye–Scherrer equation.

The magnetic characteristics of the synthesized samples are represented in Fig. 3. It can be seen that the samples have the typical behavior of soft ferromagnetic materials. By increasing the amount of Co, the magnetization increased too. The maximum magnetization (about 96 emu/g) belonged to  $\text{Co}_{0.6}\text{Ni}_{0.4}$  NPs. This sample also had a higher coercive field and squareness, of about 140 Oe and 0.12, respectively, compared to the other samples.

Due to the magnetic interaction, the synthesized NPs aggregated in the form of sub-microspheres observed in the SEM images of the prepared samples (Fig. 4). Their tendency to form clusters is consistent with previous observations on magnetic metallic NPs [31]. The particle size distribution histogram was calculated using the Digimizer

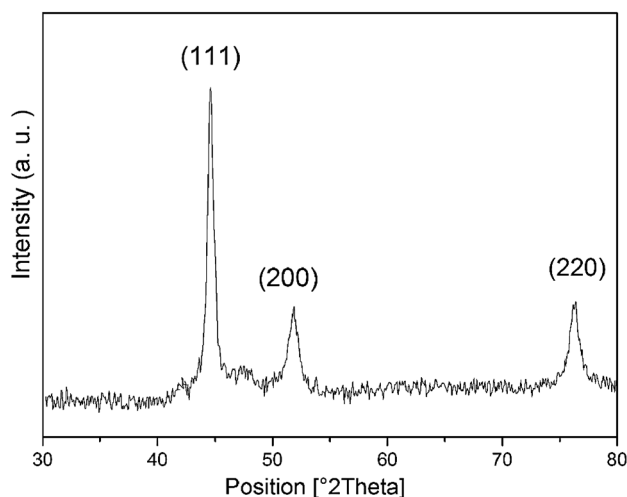


Fig. 2 The XRD pattern of the prepared  $\text{Co}_{0.4}\text{Ni}_{0.6}$  NPs

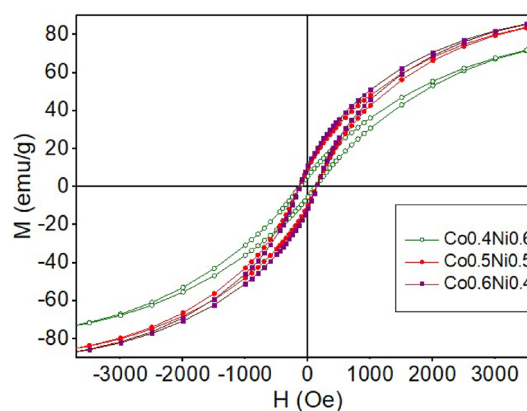


Fig. 3 Hysteresis loops of the prepared samples

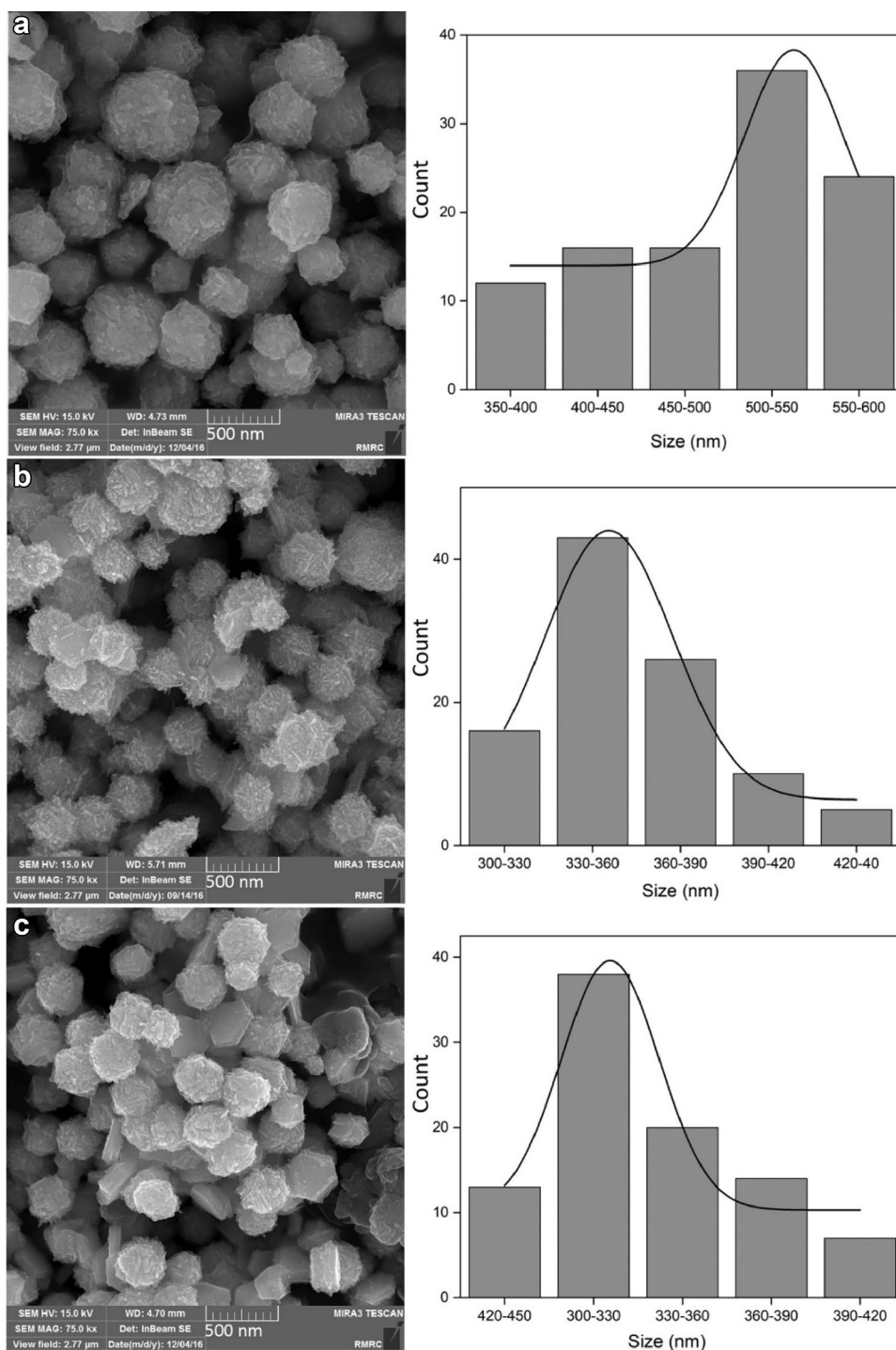
software, as represented in Fig. 4. These results suggest that the diameter of the spheres decreased with the increasing content of Ni.

The NPs were characterized by measuring the hydrodynamic size using DLS, but the shape and particle size of the NPs were studied using SEM. The hydrodynamic size of the  $\text{Co}_{0.5}\text{Ni}_{0.5}$  NPs in Milli-Q water was found to be  $297 \pm 5$  nm (Fig. 5).

### 3.2 Determination of cell sensitivity to NPs

We determined the reduction of MTT and leakage of LDH as reliable hallmarks of mitochondrial function and membrane integrity, respectively. Compared with control cells,  $\text{Co}_{0.5}\text{Ni}_{0.5}$ ,  $\text{Co}_{0.6}\text{Ni}_{0.4}$ , and  $\text{Co}_{0.4}\text{Ni}_{0.6}$  NPs showed concentration-dependent toxicity and a significant decrease in the number of alive MCF7, C152, and HUVEC cells (Fig. 6) ( $P < 0.05$ ). The percentage of non-viable

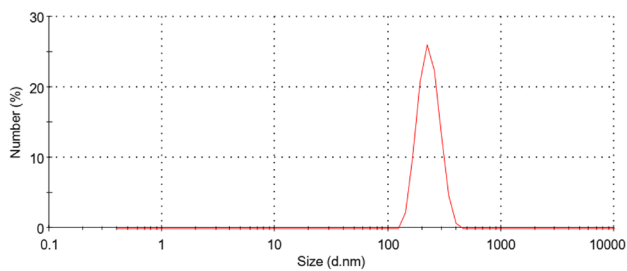
**Fig. 4** The SEM images and size distribution of the prepared samples: **a** Co<sub>0.4</sub>Ni<sub>0.6</sub>, **b** Co<sub>0.5</sub>Ni<sub>0.5</sub>, and **c** Co<sub>0.6</sub>Ni<sub>0.4</sub>



HUVEC cells following 48-h treatment with concentrations 6.25, 12.5, 25, 50, 100, 200, and 400  $\mu\text{g}/\text{mL}$  of Co<sub>0.5</sub>Ni<sub>0.5</sub> NPs was 12.66, 23.08, 25.90, 38.19, 67.33, 89.9 and 90.46%, while these percentages were 5.90, 9.86, 27.88, 64.15, 78.34, 88.37 and 90.62% for Co<sub>0.6</sub>Ni<sub>0.4</sub> NPs and 6.81, 12.36, 40.97, 74.50, 87.34, 90.23 and 90.75% for Co<sub>0.4</sub>Ni<sub>0.6</sub> NPs. IC<sub>50</sub> concentration for treating HUVEC, C152, and MCF7 cells for 48 h with Co<sub>0.5</sub>Ni<sub>0.5</sub> NPs was

54.41, 30.46, and 28.04  $\mu\text{g}/\text{mL}$ , respectively. Interestingly, the three studied cell lines were more sensitive to Co<sub>0.6</sub>Ni<sub>0.4</sub> and Co<sub>0.4</sub>Ni<sub>0.6</sub> NPs.

IC<sub>50</sub> concentration for treatment of cells with Co<sub>0.6</sub>Ni<sub>0.4</sub> and Co<sub>0.4</sub>Ni<sub>0.6</sub> NPs in the given period was 42.63 and 31.41 for HUVEC cells, 22.17 and 18.85 for MCF7, and 18.14 and 14.62  $\mu\text{g}/\text{mL}$  for C152 cells, respectively. Among the studied cell lines, non-malignant HUVEC cells were more resistant



**Fig. 5** The characterization of Co<sub>0.5</sub>Ni<sub>0.5</sub> NPs by DLS

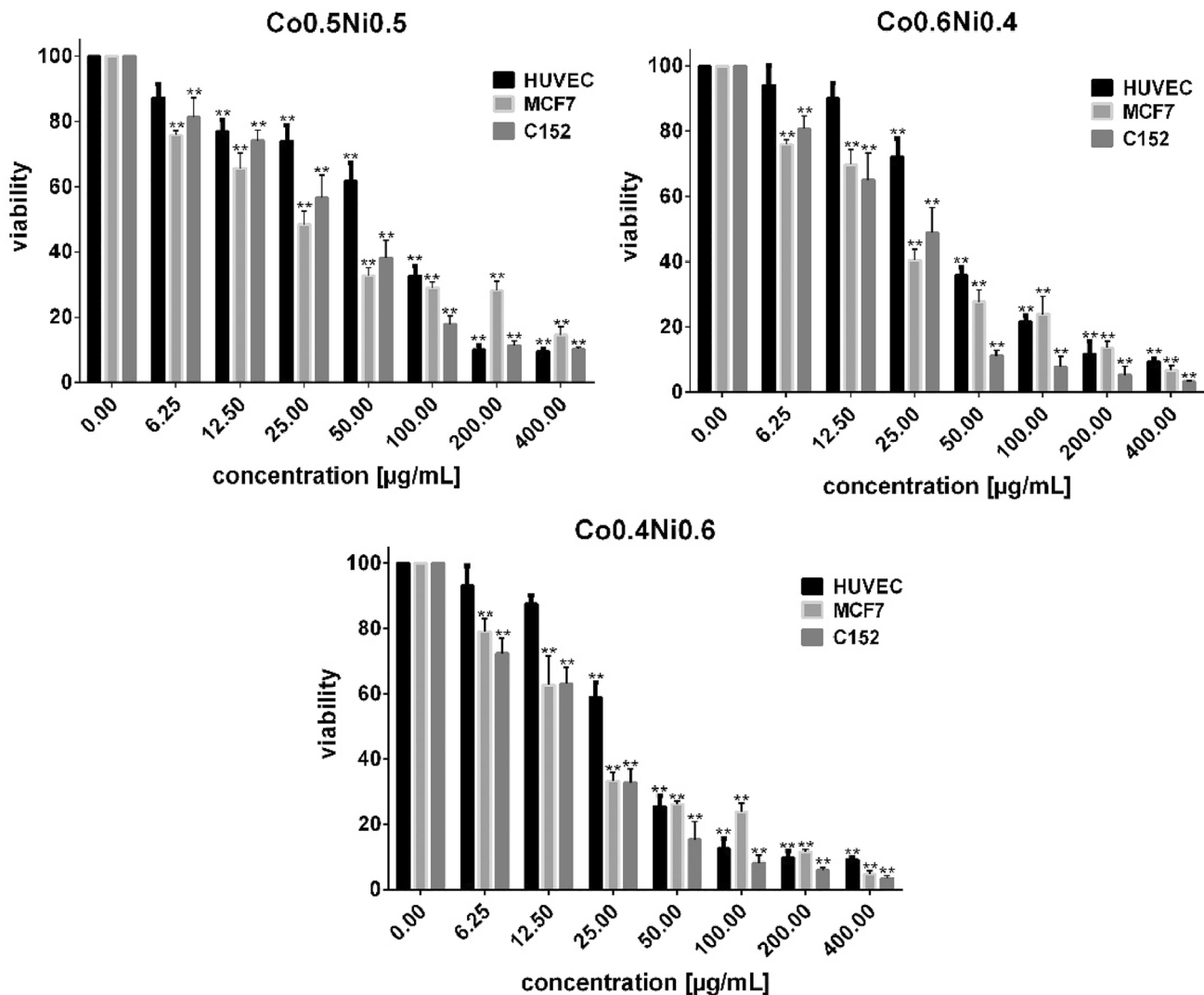
to the synthesized NPs, whereas the malignant C152 cells were more sensitive to CoNi NPs.

We assessed LDH leakage in HUVEC, C152, and MCF7 cells treated with increasing concentrations of CoNi NPs.

Compared with control cells, treatment of HUVEC cells with 6.25  $\mu\text{g/mL}$  of Co<sub>0.5</sub>Ni<sub>0.5</sub>, Co<sub>0.6</sub>Ni<sub>0.4</sub>, and Co<sub>0.4</sub>Ni<sub>0.6</sub> NPs did not enhance LDH leakage ( $P > 0.05$ ). Nevertheless, compared to untreated cells, a significant increase in LDH leakage was noticed when HUVEC cells were exposed to a higher concentration of CoNi NPs ( $P < 0.05$ ) (Fig. 7). Exposure of MCF7 and C152 cells to Co<sub>0.5</sub>Ni<sub>0.5</sub>, Co<sub>0.6</sub>Ni<sub>0.4</sub>, and Co<sub>0.4</sub>Ni<sub>0.6</sub> NPs resulted in a significant decrease in cell viability even at the lowest concentration ( $P < 0.05$  compared with control cells) (Fig. 7).

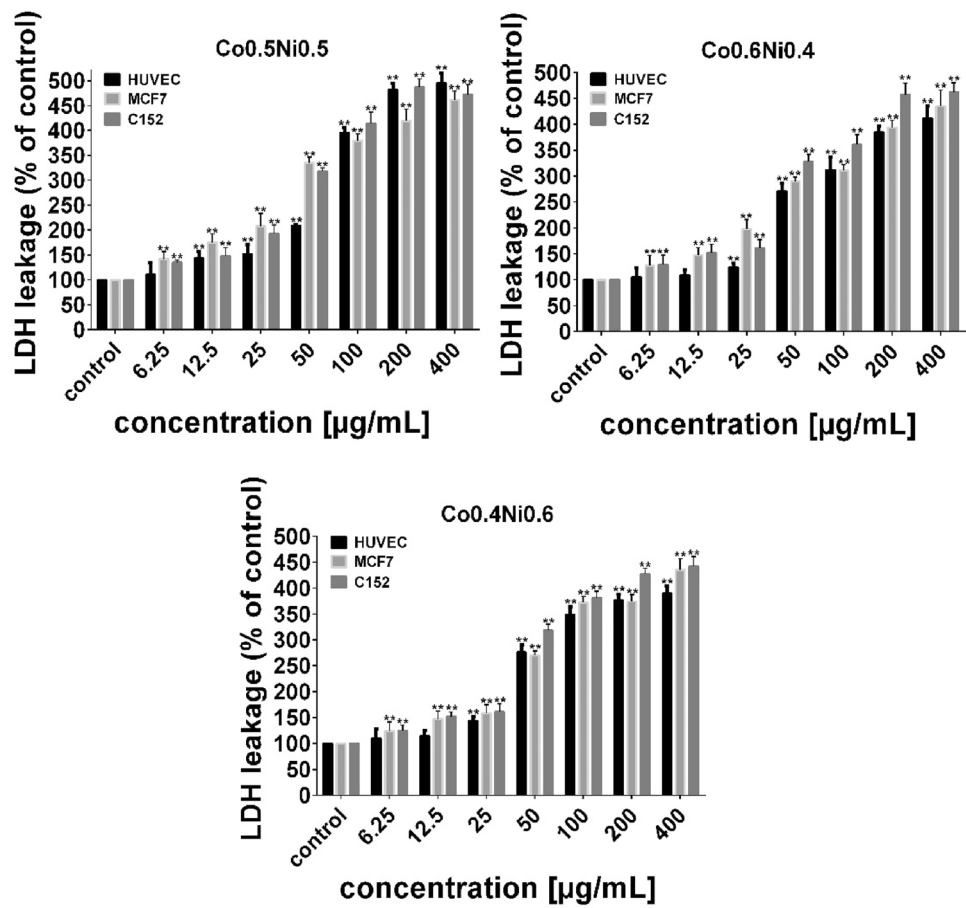
### 3.3 Biochemical results

As shown in Table 1, control rats had normal serum BUN, serum creatinine, and serum liver enzyme levels. Serum AST and ALT levels of rats treated with Co<sub>0.5</sub>Ni<sub>0.5</sub> were



**Fig. 6** Cytotoxicity assessment of Co<sub>0.5</sub>Ni<sub>0.5</sub>, Co<sub>0.6</sub>Ni<sub>0.4</sub>, and Co<sub>0.4</sub>Ni<sub>0.6</sub> NPs on HUVEC, C152, and MCF7 cells NPs following 48 h of exposure (\*\* $P < 0.05$  compared with control cells)

**Fig. 7** LDH leakage caused by Co<sub>0.5</sub>Ni<sub>0.5</sub>, Co<sub>0.6</sub>Ni<sub>0.4</sub>, and Co<sub>0.4</sub>Ni<sub>0.6</sub> NPs after 48-h treatment



significantly higher compared to the control rats ( $P < 0.001$ ) (Table 1). There was also a significant increase in serum BUN and creatinine levels in rats treated with Co<sub>0.5</sub>Ni<sub>0.5</sub> ( $P < 0.001$ ). Rats of this group also had higher liver MDA levels when compared to the healthy control group ( $P < 0.001$ ). Treatment with Co<sub>0.6</sub>Ni<sub>0.4</sub> at the dose of 100 mg/kg also increased ALT and AST levels compared to the normal control rats. The statistical analysis showed a statistically significant difference in serum BUN and serum creatinine levels of rats treated with a 100 mg/kg dose of Co<sub>0.6</sub>Ni<sub>0.4</sub> compared to healthy rats ( $P < 0.001$ ). There was also a statistically significant difference in serum AST, ALT, BUN, and creatinine levels of rats treated with Co<sub>0.4</sub>Ni<sub>0.6</sub> (100 mg/kg) compared to the control rats ( $P < 0.001$ ). Liver

MDA levels also significantly increased in rats receiving the 100 mg/kg dose of Co<sub>0.4</sub>Ni<sub>0.6</sub> compared to the normal control rats, whereas liver MDA levels of rats receiving the 100 mg/kg of Co<sub>0.4</sub>Ni<sub>0.6</sub> were significantly higher than the normal control rats.

### 3.4 Histopathological results

Histopathological examination of kidney micrographs of control rats revealed normal renal glomerule and tubules, normal bowmen space, and healthy renal vascular system (Fig. 8a). The haematoxylin & eosin staining of the liver of rats treated with 100 mg/kg dose of Co<sub>0.5</sub>Ni<sub>0.5</sub> showed intensive glomerular changes and glomerule sclerosis

**Table 1** Effects of CoNi NPs on hematological parameters, biochemical parameters, and liver MDA content of different experimental groups

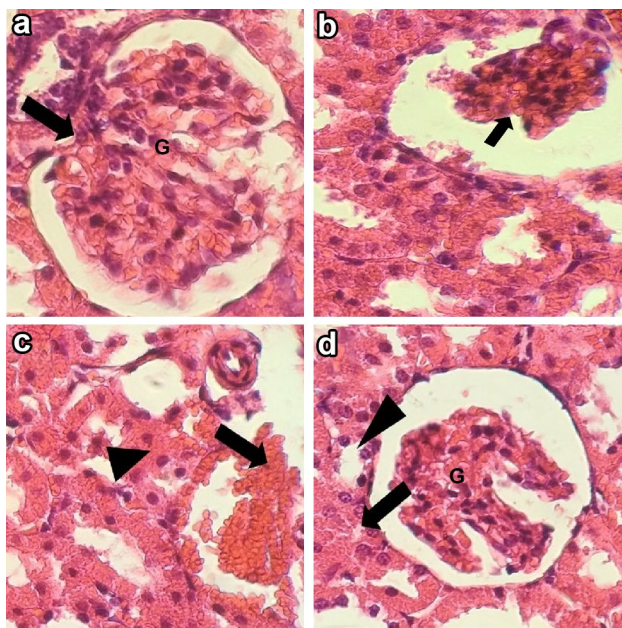
Parameter	Control	Co <sub>0.5</sub> Ni <sub>0.5</sub> (100 mg/kg)	Co <sub>0.6</sub> Ni <sub>0.4</sub> (100 mg/kg)	Co <sub>0.4</sub> Ni <sub>0.6</sub> (100 mg/kg)
MDA (nmol/mg)	141.9 ± 37.0	211.0 ± 13.6	242.0*** ± 25.1	222.2*** ± 48.7
AST (U/L)	110.3 ± 23.9	145.6 ± 32.4	181.4* ± 19.7	205.6*** ± 13.7
ALT (U/L)	55.5 ± 19.7	118.5*** ± 30.0	171.5*** ± 80.0	178.5*** ± 44.0
BUN (mg/dL)	12.1 ± 2.0	20.2*** ± 3.6	22.0*** ± 2.6	25.1*** ± 3.7
Creatinine (mg/dL)	0.88 ± 0.15	1.26*** ± 0.30	1.75*** ± 0.40	1.70*** ± 0.44

(Fig. 8b). Renal histopathological changes of rats receiving the 100 mg/kg dose of Co<sub>0.6</sub>Ni<sub>0.4</sub> showed more severe histological changes, including extensive parenchymal hemorrhage (Fig. 8c). The kidney section of rats treated with 100 mg/kg dose of Co<sub>0.4</sub>Ni<sub>0.6</sub> showed extensive morphological changes of renal tubules (narrowing) and cytoplasmic vacuolation (Fig. 8d).

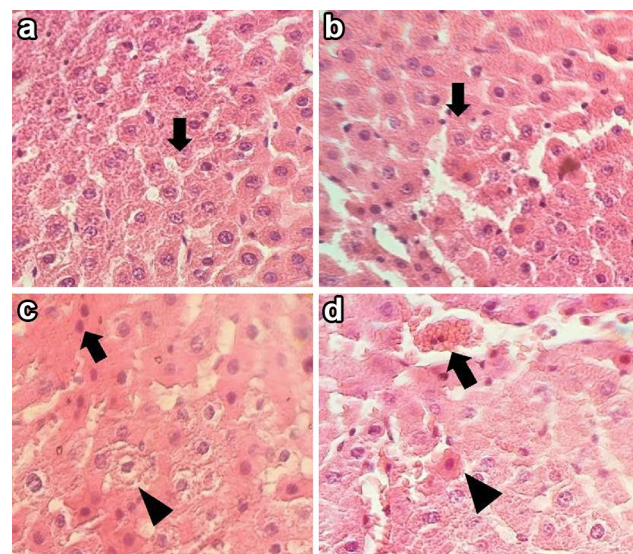
Histopathological section of the healthy rats' kidneys showed normal structure, normal hepatocytes, and well-arranged lobule sinusoids (Fig. 9a). Histopathological investigation of a liver micrograph of rats treated with Co<sub>0.5</sub>Ni<sub>0.5</sub> showed slight disarrangement of sinusoids (Fig. 9b). Liver histological micrograph of rats received 100 mg/kg dose of Co<sub>0.6</sub>Ni<sub>0.4</sub> mg/kg, and arrow showed hepatocyte necrosis, vacuolation of hepatocytes, and nuclear pyknosis (Fig. 9c). Histopathological micrograph of liver of rats treated with 100 mg/kg dose of Co<sub>0.4</sub>Ni<sub>0.6</sub> showed hemorrhage and hepatocyte pyknosis (Fig. 9d).

## 4 Discussion

The combination of imaging and therapeutics provides excellent control over the efficacy of current cancer treatments [32]. Besides having adequate biocompatibility and



**Fig. 8** **a** Histopathological section of a kidney of a control rat showing (G) normal glomeruli; **b** Kidney sections of a rat treated with Co<sub>0.5</sub>Ni<sub>0.5</sub> showing glomerular sclerosis (arrow); **c** Kidney section of a rat received 100 mg/kg dose of Co<sub>0.6</sub>Ni<sub>0.4</sub> mg/kg, arrow shows hemorrhage, arrowhead showing deformation of renal tubules.; **d** Kidney section of a rat treated with 100 mg/kg dose of Co<sub>0.4</sub>Ni<sub>0.6</sub>, morphological changes of renal tubules (arrowhead) and cytoplasmic vacuolation (arrow), H&E staining ( $\times 40$ )



**Fig. 9** **a** Histopathological section of liver of a control rat showing (G) normal hepatocytes and hepatic sinusoids; liver micrograph of a rat treated with Co<sub>0.5</sub>Ni<sub>0.5</sub> showing sinusoidal disarrangement (G); **c** Liver histological micrograph of a rat received 100 mg/kg dose of Co<sub>0.6</sub>Ni<sub>0.4</sub> mg/kg, and arrow shows necrosis, arrowhead showing vacuolation of hepatocytes; **d** Histopathological micrograph of liver of a rat treated with 100 mg/kg dose of Co<sub>0.4</sub>Ni<sub>0.6</sub>, hemorrhage (arrow) and hepatocyte pyknosis (arrowhead), H&E staining ( $\times 40$ )

small nanoscale size, magnetic NPs provide a unique platform for theranostic uses [33]. However, one of the most critical challenges in employing magnetic NPs is their safety in healthy cells [34].

In the current study, we aimed to prepare small-size CoNi NPs and investigate their biological activities using *in vitro* and *in vivo* models. Interestingly, we found that magnetic Co<sub>0.5</sub>Ni<sub>0.5</sub>, Co<sub>0.6</sub>Ni<sub>0.4</sub>, and Co<sub>0.4</sub>Ni<sub>0.6</sub> NPs tended to agglomerate forming clusters with Ni-dependent size, exhibited concentration-dependent toxicity, and disrupted the membrane integrity of normal and malignant cells to different extents. In this context, it can be concluded that the synthesized CoNi NPs exert beneficial cell-killing effects against malignant cells. In contrast, normal human cells were less affected during 48-h treatment. It might be a promising outcome, as we found a safe dose for the synthesized NPs to be employed in further biomedical applications without creating any harmful effects in humans.

A substantial limitation inherent to various traditional anti-tumor agents is their lack of tumor selectivity and inability to enter the core of tumors, leading to impaired treatment with decreased dose and low survival rate [35, 36]. It has been previously shown that small-size metallic NPs can passively accumulate in cancerous cells due to the enhanced permeation and retention (EPR) effect [37, 38]. The EPR effect is the property by which specific sizes of molecules (i.e., NPs) accumulate more in tumor tissues than in normal



tissues, therefore lowering the systematic toxicity of these molecules [38]. On the other hand, the accumulation of a high amount of some metallic NPs in cancerous cells/tissues increases cell death in these cells [39]. For instance, the accumulation of silver NPs causes cell death via the generation of reactive oxygen species and inducing DNA damage [40]. This might be the rationale for the higher cytotoxicity of CoNi NPs against cancer cells compared to normal cells.

Over the past few years, the toxicity of metal oxide NPs has aroused major concerns. Still, it is unclear whether their toxicity comes from the NPs themselves or the released ions [41]. Magaye et al. demonstrated that intravenous injection of Ni NPs (50 nm) through the dorsal penile vein of rats caused severe spleen, liver, and cardiac toxicity and lung inflammation [42]. Gornati and coworkers investigated the cytotoxicity of Co and Ni NPs on SKOV3 (ovarian cancer) and U87 (human primary glioblastoma) cells. Their findings revealed that Ni NPs released a much smaller amount of ions in the medium than Co NPs. Both NPs have shown cytotoxic effects in cancer cells. However, interestingly, the *HSP70* gene encoding a heat shock protein was only upregulated in SKOV3 by both NPs. This suggests that metallic NPs alter the expression of genes involved in cellular stress response (i.e., *HSP70*, *MT2A*, *SDHB1*, and *MLL*) or apoptotic cell death (*caspase3*) on a case-by-case basis, and their growth-inhibitory effects should be investigated in different in vitro models [43]. In a similar study, Ibrahim and colleagues synthesized superparamagnetic Ni NPs with spherical shapes and assessed their possible toxicity against non-cancerous fibroblastic cells and cancerous prostate cancer cells. In contrast with previous findings, they observed that these NPs exhibit no acute toxicity in the studied cell lines, proposing that the prepared magnetic Ni NPs are considerably biocompatible in vitro and might have potential biomedical applications [44].

Furthermore, metallic NPs might exert synergistic effects when combined with anticancer drugs [45–47]. Guo et al. showed that Ni NPs significantly enhance the permeability of cancerous SMMC-7721 hepatocellular carcinoma cells and increase the accumulation of quercetin in these cells [48]. In another study, Guo's research team examined the effects of Ni NPs on improving cellular uptake of daunorubicin, and found a synergistic interaction between these two agents on efficient growth inhibition of leukemia cancer cells [49]. In 2020, Zhang and colleagues developed a multifunctional platform for cancer therapy by synthesizing polyethylene glycol (PEG) modified cobalt carbide NPs via a high-temperature thermal decomposition method. The prepared NPs acted as a theranostic agent for imaging modalities and photothermal therapy and demonstrated excellent efficacy for cancer management both in vitro and in vivo [50]. Ahamed et al. investigated the effects of Ni-ferrite NPs on the growth of MCF7 breast cancer and HepG2 liver cancer

cells and observed that MCF7 cells were slightly more sensitive to the prepared NPs than HepG2 cells. Moreover, the anti-apoptotic gene *bcl-2* was down-regulated following treatment of cancer cells with Ni-ferrite NPs [51]. Magaye et al. suggested that metallic Ni NPs may exhibit higher anti-cancer activities than fine particles in JB6 cells [52]. Lei et al. suggested that optimizing Ni-based photoabsorbers using near-infrared light can be a promising strategy for cancer photothermal therapy [53]. Magnetic liposomes based on Ni-ferrite NPs have also introduced as innovative nanocarriers for cancer therapy [37]. These observations were in agreement with the findings of the current study, suggesting that small-sized metallic NPs with unique biochemical activity can selectively target cancer cells and, thus, provide an opportunity for targeted cancer therapy.

Ansari et al. showed that Co NPs induced mild growth inhibitory effects toward A2780cp cisplatin-resistant ovarian cancer cells while exhibited no toxicity against normal human cells [54]. Based on MTT results, we observed that treatment of normal human cells with 6.25 µg/mL of Co<sub>0.5</sub>Ni<sub>0.5</sub>, Co<sub>0.6</sub>Ni<sub>0.4</sub>, and Co<sub>0.4</sub>Ni<sub>0.6</sub> NPs did not induce any significant toxicity. Still, Co<sub>0.4</sub>Ni<sub>0.6</sub> seemed to be more toxic than the other two CoNi NPs due to lower IC<sub>50</sub>s in all three cell lines. Previously, Peymani–Motlagh and colleagues assessed the growth-inhibitory effects of Co<sub>0.5</sub>Ni<sub>0.5</sub>Pr<sub>0.1</sub>Fe<sub>1.9</sub>O<sub>4</sub> magnetic NPs on A549 human lung cancer cells and reported no significant cytotoxicity at concentrations of up to 500 µg/mL following treatment for 24 h [55]. Unlike their results, we found concentration-dependent toxicity for the synthesized NPs toward cancer cells. Still, the synthesized CoNi NPs exerted negligible or no non-cytotoxic effects at 6.25 µg/mL.

As regards in vivo tests, the group treated with Co<sub>0.6</sub>Ni<sub>0.4</sub> had more severe histopathological and biochemical changes. In the former studies, both Co and Ni NPs showed nephrotoxicity, cardiotoxicity, and hepatotoxicity in laboratory mice and rats [56, 57]. Our results showed nephrotoxicity and hepatotoxicity of Co<sub>0.5</sub>Ni<sub>0.5</sub>, Co<sub>0.6</sub>Ni<sub>0.4</sub>, and Co<sub>0.4</sub>Ni<sub>0.6</sub> NPs. There was no significant difference in serum biochemical parameters of rats treated with different Ni- and Co-based NPs; however, histopathological results showed that Co<sub>0.6</sub>Ni<sub>0.4</sub> could induce more undesirable effects. Earlier review articles demonstrated that Co NPs have more severe side effects compared to Ni NPs. Previous studies have also shown that NPs consisting of two different elements could have different biological effects than each NP alone. It is not fully understood how Ni- and Co-based NPs could induce histopathological changes in the liver and kidney. Increased lipid peroxidation, decreased antioxidant enzyme function, and atherosclerotic changes may play significant roles in the hepatotoxicity and nephrotoxicity of Ni- and Co-based NPs. Also, the use of machine learning and molecular dynamic simulation can

help for better understand and function of NPs [58–61]. Altogether, we have found that the prepared CoNi NPs could induce in vitro cytotoxic effects. However, the safety profile of these metallic NPs against normal human cells should be further studied.

## 5 Conclusion

Through performing in vitro cytotoxicity assessments, we observed that the Co<sub>0.5</sub>Ni<sub>0.5</sub>, Co<sub>0.6</sub>Ni<sub>0.4</sub>, and Co<sub>0.4</sub>Ni<sub>0.6</sub> NPs with the dose of 6.25 µg/mL did not induce undesirable effects against normal human cells, while eliciting marked cell death in cancerous cells. This can be due to the EPR effects explaining that small-sized CoNi NPs accumulate more selectively in cancerous cells than in normal cells. Similarly, all the three forms of CoNi NPs showed toxic effects on rats, with Co<sub>0.6</sub>Ni<sub>0.4</sub> NPs showing the highest toxic effects. Our findings represent an essential step toward developing theranostic nanoplatforams for cancer treatment. Still, further investigations are required to elucidate the toxicity/benefit ratio associated with the prepared NPs for selective potential applications in clinics.

**Funding** Open access funding provided by Politecnico di Torino within the CRUI-CARE Agreement. This study received funding from Zahedan University of Medical Sciences (Project. 10267).

**Availability of data and material** Data are included within this article.

## Declarations

**Conflicts of interest** The authors declare no conflict of interest.

**Ethics approval** The in vitro part of the study protocol was approved by Zahedan University of Medical Sciences (Ethical code: IR.ZAUMS.REC.1399.517).

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## Authors and Affiliations

Saman Sargazi<sup>1</sup> · Mohammad Reza Hajinezhad<sup>2</sup> · Abbas Rahdar<sup>3</sup> · Mahwash Mukhtar<sup>4</sup> ·  
Milad Karamzadeh-Jahromi<sup>5</sup> · Mohammad Almasi-Kashi<sup>5,6</sup> · Sima Alikhanzadeh-Arani<sup>6,7</sup> · Mahmood Barani<sup>8</sup> ·  
Francesco Baino<sup>9</sup> 

Saman Sargazi  
sgz.biomed@gmail.com

Mohammad Reza Hajinezhad  
hajinezhad@uoz.ac.ir

Mahwash Mukhtar  
mukhtar.mahwash@pharm.u-szeged.hu

Milad Karamzadeh-Jahromi  
milad71karamzade@yahoo.com

Mohammad Almasi-Kashi  
almac@kashanu.ac.ir

Sima Alikhanzadeh-Arani  
s.alikhanzadeh@cfu.ac.ir

Mahmood Barani  
mahmoodbarani7@gmail.com

<sup>1</sup> Cellular and Molecular Research Center, Research Institute of Cellular and Molecular Sciences in Infectious Diseases, Zahedan University of Medical Sciences, 98167-43463 Zahedan, Iran

<sup>2</sup> Basic Veterinary Science Department, Veterinary Faculty, University of Zabol, P. O. Box. 98613-35856, Zabol, Iran

<sup>3</sup> Department of Physics, University of Zabol, P. O. Box. 98613-35856, Zabol, Iran

<sup>4</sup> Faculty of Pharmacy, Institute of Pharmaceutical Technology and Regulatory Affairs, University of Szeged, Szeged 6720, Hungary

<sup>5</sup> Department of Physics, University of Kashan, 87317–51167 Kashan, Iran

<sup>6</sup> Institute of Nanoscience and Nanotechnology, University of Kashan, 87317–51167 Kashan, Iran

<sup>7</sup> Farhangian University, Tehran, Iran

<sup>8</sup> Medical Mycology and Bacteriology Research Center, Kerman University of Medical Sciences, 76169-13555 Kerman, Iran

<sup>9</sup> Institute of Materials Physics and Engineering, Department of Applied Science and Technology, Politecnico di Torino, Turin, Italy