



What is that smell? Hummingbirds avoid foraging on resources with defensive insect compounds

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Abstract

Hummingbirds utilize visual cues to locate flowers, but little is known about the role olfaction plays in nectar foraging despite observations that hummingbirds avoid resources occupied by certain insects. We investigated the behavioral responses of both wild and captive hummingbirds to olfactory cues of hymenopteran floral visitors, including native wood ants (*Formica francoeuri*), invasive Argentine ants (*Linepithema humile*), and European honeybees (*Apis mellifera*). We demonstrate for the first time that hummingbirds use olfaction to make foraging decisions when presented with insect-derived chemical cues under field and aviary conditions. Both wild and captive hummingbirds avoided foraging on feeders with defensive chemicals of *F. francoeuri* and aggregation pheromones of *L. humile*, but showed no response to honeybee cuticular hydrocarbons. Our experiments demonstrate the importance of olfaction in shaping hummingbird foraging decisions.

Significance statement

Recent reviews reveal that avian olfaction is not just limited to vultures and a few taxa. We demonstrate that a very charismatic group, hummingbirds, avoid defensive and aggregatory chemical cues from insects present at nectar resources. Olfactory cues can provide critical information about the presence and potential threat of insect floral visitors. This study raises new questions about the underrated importance of olfaction in avian foraging and specifically, hummingbird foraging.

Keywords Foraging · Context-dependency · Behavioral avoidance · Olfaction

Introduction

How foraging decisions are made remains a key question in ecology (Sutherland et al. 2013). For nectar-feeding organisms, the presence of a floral visitor may indicate that the nectar reward is currently being exploited (Yokoi and Fujisaki 2011). Thus, hummingbirds should avoid visiting flowers empty of nectar to optimize their foraging efficiency and minimize energy expenditure (Hurly 1996; Tello-Ramos

et al. 2019). Hummingbirds utilize their exceptional spatial memory to help identify flowers that they themselves have recently visited (e.g., Hurly 1996; Sandlin 2000; Ornelas and Lara 2015). However, hummingbirds use different sensory modalities when avoiding intra- or interspecific competition for resources.

Incoming floral visitors can use visual, olfactory, or auditory cues to inform their decision to visit a resource (Nordström et al. 2017). Hummingbirds rely primarily on vision and hearing to detect and avoid other avian floral visitors. In hummingbird–hummingbird interactions, additional factors such as behavioral dominance and body size mediate competitive outcomes and resource visitation patterns (Lopez-Segoviano et al. 2018; Marquez-Luna et al. 2018, 2019). However, the drivers of hummingbird–insect interactions at nectar resources are less well-studied. The potential for nectar competition among insects and hummingbirds has been documented (Fig. 1; e.g., Carpenter 1979; Stoaks 2000; Hazlehurst and Karubian 2018). Recent studies have found that hummingbirds avoid feeders with several species

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Fig. 1 Hummingbird visitation to feeders and wildflowers. (A) Costa's hummingbird visiting Cleveland sage. (B) Allen's hummingbird foraging on a flower next to a honey bee. (C) Allen's hummingbird drinking from adjacent port to honey bee on a feeder. (D) Costa's hummingbird drinking from feeder ignoring several honey bees also on a feeder. Photos provided with permission by David Rankin (A, C, and D) and Michael Pazzani (B)



of vespid wasps (Carr and Golinski 2020), and that hummingbirds avoid nectar resources with Argentine ants in them (Rankin et al. 2018). However, no study to date on insect competitors of hummingbirds has identified the underlying mechanisms (e.g., interference, exploitative, or both) of competition.

However, little is known about the cues hummingbirds use to detect and respond to floral arthropods. Bees, wasps, and ants may drain nectar in flowers they visit or aggressively repel hummingbirds from flowers they occupy. Moreover, bees and ants may deposit chemical cues at flowers during foraging and agonistic interactions (Witjes and Eltz 2009; Choe et al. 2012; Touchard et al. 2016). Historically, avian olfaction has been considered relatively unimportant (Balthazart and Taziaux 2009; Avilés and Amo 2018), especially in comparison to mammal or insect olfaction. Moreover, insect- (Wright and Schiestl 2009; Rusch et al. 2016) and mammal-pollinated (Muchhala and Serrano 2015; Wester et al. 2016) plants have strong floral odors, whereas bird-pollinated plants are reported to have little, if any, floral odor (Knudsen et al. 2004). Thus, hummingbirds have been assumed to not use olfaction during

foraging (but see Kessler and Baldwin 2007), and comparatively little is known about the hummingbird's ability to smell (Stong 1960; Goldsmith and Goldsmith 1982).

While hummingbirds are not thought to rely on olfaction for floral location (Knudsen et al. 2004), to our knowledge, no study to date has investigated hummingbird olfaction in any context other than associative learning of odor with nectar rewards (e.g., Goldsmith and Goldsmith 1982; Ioale and Papi 1989) or response to floral associated odors (Kessler and Baldwin 2007). The importance of avian olfaction in non-food discovery contexts is gaining recognition (Caro and Balthazart 2010; Apps et al. 2015; Avilés and Amo 2018). Recent studies have revealed the importance of chemosignaling in avian reproduction (Caro et al. 2015), as well as predator avoidance in some passerine (Amo et al. 2008; Roth et al. 2008) and game birds (Mahr and Hoi 2018). Yet, no study to date has investigated hummingbird olfaction in the context of potential insect competitors. We designed a series of experiments to examine hummingbird responses to insect-associated chemical cues that they may encounter at a floral resource: cuticular hydrocarbons (associated with honeybee foraging), formic acid (*Formica* ant defense

chemical), and (Z)-9-hexadecenal (Argentine ant aggregation pheromone).

Methods

We conducted choice tests with free-foraging wild hummingbirds and individual hummingbirds in aviaries. In both situations, hummingbirds were exposed to a series of insect-derived chemicals that they may encounter at flowers at field-realistic levels, such that at least one insect equivalent of the odor was present at the end of each trial (Fig. S1). Specifically, we tested wild and captive hummingbird responses to cuticular hydrocarbons (CHCs) of European honey bees (*Apis mellifera*); formic acid, a defensive compound produced by *Formica* ants; and (Z)-9-hexadecenal, which is an aggregation pheromone of Argentine ants (*Linepithema humile*). Our experimental design excluded visual cues (Fig. S2); thus, all observed behaviors were responses to chemical cues. It was not possible to record data blind because our study involved focal animals in the field.

Cuticular hydrocarbons of European honeybees We removed all legs from honeybees (*Apis mellifera*) and placed them into 100 μ L of hexane per bee. After incubating at room temperature for 5 min, the liquid was pipetted from the vial and placed into a new glass vial with a teflon sealed cap until used in choice tests. We used hexane as the control solution. Because hexane dissipates rapidly in the field conditions and previous studies found hexane was no longer detectable by insect floral visitors 20 min after application (Sidhu and Wilson Rankin 2016), we began trials 20 min after the solutions were applied. The 100 μ L represents one bee equivalent; given that CHCs can persist for up to 24 h (Witjes and Eltz 2009), this meant that 1 bee equivalent would have persisted throughout the entire trial.

Formic acid of *Formica francoeuri* Formic acid (Sigma-Aldrich, St. Louis, MO) was diluted in water to 60% concentration, to represent the concentration of the formic acid sprays of *Formica* ants (O'Rourke 1950). Water was used as the control solution in all formic acid trials. Observations began immediately after solutions were applied. While formic acid is very volatile, it was still detectable on the filter papers up to 30 min after application (Fig. S1). The 100 μ L represents 21–30 ant equivalents of formic acid (O'Rourke 1950; Löfqvist 1977; Morgan 2008); a higher level of ant equivalents was used in this experiment due to the high volatility of formic acid and to ensure that at least 1 ant equivalent was present at the end of the trial.

(Z)-9-hexadecenal pheromone of *Linepithema humile* (Z)-9-hexadecenal pheromone (Bedoukian Research Inc.,

Danbury, CT) was diluted with ethanol as a solvent to give a concentration of 1 ng/ μ L. Based on Choe et al. (2012), we estimate that this represents 4.3 ant-equivalents. Ethanol was used as the control solution in all (Z)-9-hexadecenal pheromone trials. Observations began immediately after solutions were applied. Previous work by Miner (2018) showed that 46% of the pheromone was still detectable on the filter paper after 30 min and that at least 1 ant equivalent was present at the end of the trial.

Behavioral assays (wild, free-foraging birds) To assess hummingbird responses in an unrestricted manner, we presented wild Allen's (*Selasphorus sasin sasin*), Anna's (*Calypte anna*), and Costa's (*Calypte costae*) hummingbirds with two feeders (First Nature, Rogers, AR) hung 1.5 m off the ground and 0.5 m apart in Moreno Valley, CA, USA. One feeder was a control, the other the treatment feeder. Each feeder contained 20% sucrose solution and had filter paper circles (50 mm diameter, GE Life Sciences, Chicago, IL) surrounding 3 of the 8 ports; all remaining ports were blocked. Filter paper circles on the control feeder were treated with 100 μ L water or the appropriate solvent, and filter paper circles on the treatment feeder were treated with 100 μ L of the insect-derived chemical of interest at field-realistic levels (see [electronic supplementary material](#)). Because large numbers of wild hummingbirds were accustomed to visiting the feeders, it was impossible to distinguish the identity of individual hummingbirds. Therefore, because wild hummingbirds often feed every 20–30 min (Wethington et al. 2005; Rankin et al. 2018), trials were 10 min in duration to limit the chance of repeat visits by the same bird during a trial. All trials with wild birds were conducted between 7:00 am and 9:00 am to maximize bird visitation. For each trial, we noted the ambient temperature and recorded the number and duration of every feeding visit to each feeder. Feeder positions were switched after each trial to avoid any bias in feeder position. We considered a feeding visit to occur when a bird inserted its bill into the feeder and fed for > 1 s. For each chemical, we conducted four trials with wild birds.

To confirm that hummingbirds responded to the odors presented and were not just avoiding novel odors, we tested wild hummingbird responses to ethyl butyrate, a food additive that has been used to test olfactory learning and discrimination in a diversity of animal systems (e.g., Goldsmith and Goldsmith 1982; Angely and Coppola 2010; Cunningham et al. 2016; Lee et al. 2017; Stuhl 2020) including hummingbirds. Using the same setup as described above, wild hummingbirds were presented with ethyl butyrate diluted to a 5% (v/v) solution with ethanol as the solvent, a concentration comparable with that of Goldsmith and Goldsmith (1982). Six trials were conducted using the same methods as described above providing wild birds with the choice

between control feeder (ethanol solvent only) and the 5% ethyl butyrate feeder.

Behavioral assays (individual birds) To assess the choices of individual birds in a controlled setting, we repeated the choice experiments in aviaries with 11 wild-caught Black-chinned (*Archilochus alexandri*), Costa's, and Anna's x Costa's hybrid (*Calypte anna x costae*) hummingbirds following the methods of Rankin et al. (2018). All birds were wild-caught; two birds (the Anna's x Costa's hybrids) were being held in captivity long term, while the recent captives ($N=9$) were allowed to acclimate to the aviary prior to assays and released after participation. Because birds in the aviaries were captive, experiments were conducted between 7:00 am and 4:00 pm depending on individual bird activity. In each choice experiment, two 10 mL syringes spaced 16 cm apart were presented to a hummingbird, one treated with an insect olfactory cue (as above) and one control. Each syringe contained 20% sucrose solution and had a circular piece of filter paper 50 mm in diameter surrounding the tip of each syringe. Individual birds were observed for 15 min (formic acid) to 1 h (CHCs and (Z)-9-hexadecenal) after application depending on the volatility of the chemical cue being tested to ensure that one-bee or one-ant equivalent of the chemical persisted through the end of the trial. Half-way through each trial, we switched the position of the syringes to avoid any spatial bias (Rankin et al. 2018). Data collection was the same as described above for wild hummingbirds. Each bird participated in four to five trials per chemical tested.

Statistical analyses

All data were analyzed using linear mixed models with the *lmer* function from package “lme4” (Bates et al. 2013) in R v.3.6.2 (R Core Team 2021). Means are reported \pm standard errors. For wild birds, we analyzed feeding visit duration, and number of feeding visits per trial, where chemical treatment, Z-standardized ambient temperature, interaction of treatment and Z-standardized temperature, and trial were fixed effects, and date were random effects. To assess treatment effects, we compared the full model with a model with treatment removed using the *anova* function. Because aviary trials were repeated observations on the same individuals and analyses revealed no species effect, we followed the same approach; however, we included species and bird identity as random effects. For all experiments, we observed no effects of temperature nor were any effects of trial ($p > 0.05$) detected in post-hoc Tukey tests, indicating individual hummingbirds responded consistently across trials (Table S1). To compare visitation effect sizes across chemical cue types and between wild and aviary birds, we calculated the log response ratio (lnRR) by calculating the natural log of

the visit frequency to chemical cue at a feeder divided by the visit frequency to the control feeder ($\ln(\text{experimental/control})$), following the approach of Holt et al. (2008). We assessed preference or avoidance of a chemical by whether these log ratios with their 95% CI were greater or less than 0 (Wilson-Rankin 2014). We also calculated the effect size of Pearson r correlation using the package “effectsize” (Ben-Shachar et al. 2020) and categorized the strength of the effect size (e.g., small, moderate, or large) following the recommendations of Gignac and Szodorai (2016).

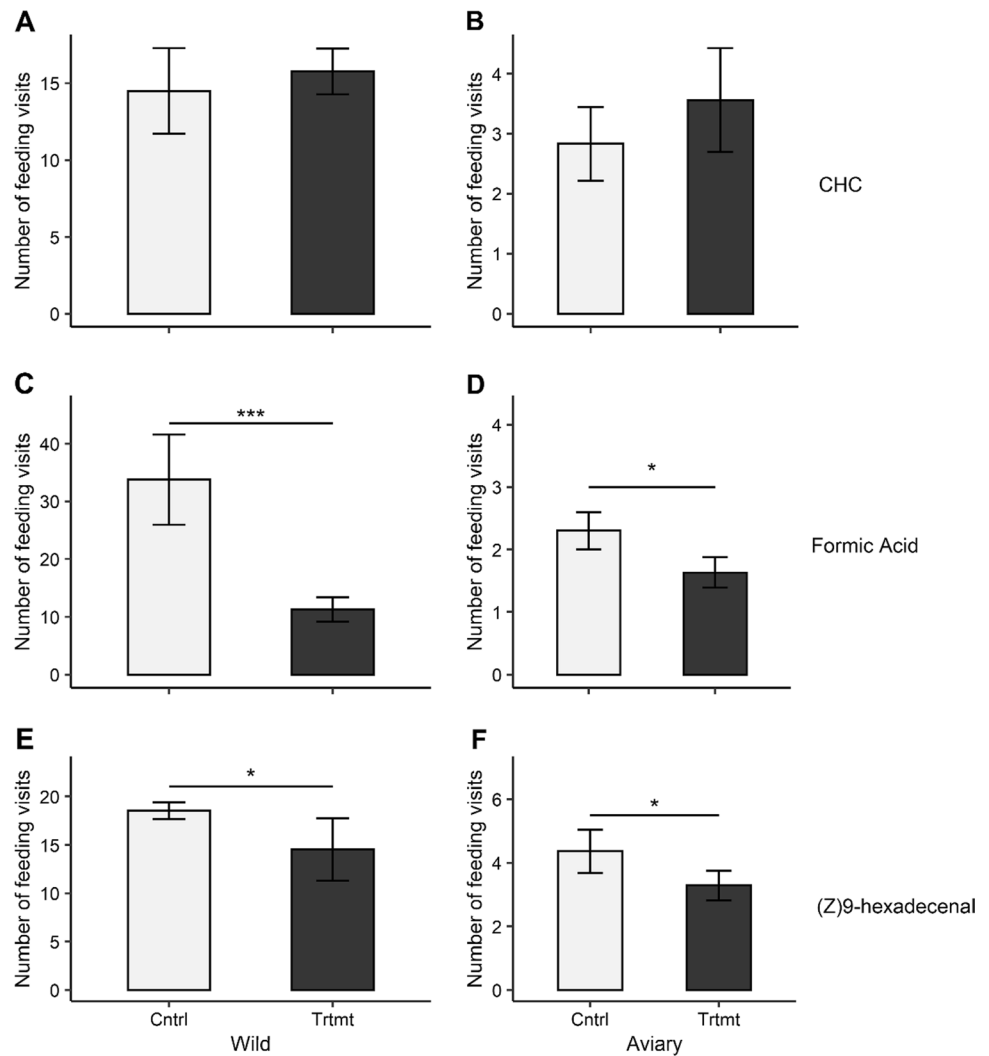
Results

Cuticular hydrocarbons of European honeybees Hummingbirds showed no response to honeybee cuticular hydrocarbons by any of our metrics. No hummingbird discriminated between feeders treated with honeybee CHC extracts and control feeders in terms of visitation frequency (Fig. 2A, B: wild: $X^2_1 = 0.295$, $p = 0.86$; aviary: $X^2_2 = 2.394$, $p = 0.12$) or average visit duration (wild: $X^2_1 = 0.24$, $p = 0.62$; aviary: $X^2_1 = 0.0071$, $p = 0.93$).

Formic acid of *Formica francoeuri* Hummingbirds strongly avoided feeders treated with formic acid, which is a defensive compound found in venoms of many Formicine ants (Touchard et al. 2016), including *F. francoeuri*. As this was a very volatile compound and all experiments were conducted outdoors, we limited observations to the first ~15 min after applying formic acid to filter paper. Hummingbirds consistently visited the control feeder 200% more often in the wild (Fig. 2C: $X^2_1 = 10.9$, $p = 0.001$) and 40% more often in the aviaries (Fig. 2D: $X^2_1 = 4.610$, $p = 0.032$) than the formic acid-treated feeder. However, individual visits were similar in duration to both feeders for wild hummingbirds (formic acid: 5.0 ± 0.7 s vs control: 5.7 ± 0.5 s; $X^2_1 = 3.31$, $p = 0.07$) and captive hummingbirds (formic acid: 7.2 ± 1.2 s vs control: 6.8 ± 0.9 s; $X^2_1 = 1.047$, $p = 0.31$).

(Z)-9-hexadecenal pheromone of *Linepithema humile* We further observed that hummingbirds exhibited avoidance of (Z)-9-hexadecenal, an aggregation pheromone found in Argentine ants (Choe et al. 2012, 2014). Hummingbirds consistently visited the control feeder 28% and 33% more often than the ant-pheromone treated feeder for wild and captive birds, respectively (Fig. 2E: wild: $X^2_1 = 4.98$, $p = 0.026$; Fig. 2F: aviary: $X^2_1 = 5.79$, $p = 0.016$). Yet hummingbirds spent similar durations feeding during individual visits to both feeders for both wild ((Z)-9-hexadecenal: 7.7 ± 0.9 s vs control: 7.3 ± 0.8 s; $X^2_1 = 0.052$, $p = 0.82$) and captive birds ((Z)-9-hexadecenal: 6.2 ± 0.8 s vs control: 5.6 ± 0.5 s; $X^2_1 = 0.25$, $p = 0.62$).

Fig. 2 Insect-derived chemicals alter hummingbird visitation to sugar resources in wild and captive hummingbirds. Top: effect of honey bee cuticular hydrocarbons on feeder visitation rate in (A) wild and (B) aviary. Middle: effect of formic acid on feeder visitation rate in (C) wild and (D) aviary. Bottom: effect of (Z)-9-hexadecenal on feeder visitation rate in (E) wild and (F) aviary. Error bars indicate standard error. * $p < 0.05$. ** $p < 0.01$. *** $p < 0.001$



Comparison of effect sizes across insect-derived chemical cues

While birds did not respond to ethyl butyrate in any metric analyzed (Table S2), we observed consistent responses to each insect-derived chemical cue across a variety of effect size measures (Table 1). Wild birds appeared to exhibit a stronger avoidance to formic acid than captive birds. While all birds avoided (Z)-9-hexadecenal (Table 1), the strength of this avoidance may have been stronger in wild birds, although log response ratios did not differ. In contrast, the effect sizes between wild and captive birds in response to CHCs did not vary (Table 1).

Discussion

Known for their visual acuity, hummingbirds in this study exhibited the ability to use olfaction to make foraging decisions, and this is the first study to demonstrate the response

of hummingbirds to insect-derived chemicals in a foraging context. Because our experimental design did not provide any visual cues (Fig. S2), the reported behaviors were

Table 1 Comparison of effect sizes across chemical cues for visitation rates of wild and captive birds. Effect size is represented by the mean log response ratio (lnRR) \pm 95% CI and strength of association by r (also known as the binomial effect size display). ^{n.d.}The 95% CI crosses 0 (no effect); [†]95% CI < 0 (avoidance of chemical); [‡]95% CI > 0 (preference for chemical); * indicates moderate effect size and ** large effect size following the recommendations of Gignac and Szodorai (2016)

	Wild		Aviary	
	lnRR	r	lnRR	r
Cuticular hydrocarbons	$0.12 \pm 0.26^{\text{n.d.}}$	0.139	$0.17 \pm 0.45^{\text{n.d.}}$	0.12
Formic acid	$-1.41 \pm 0.47^{\dagger}$	-0.70^{**}	$-0.36 \pm 0.32^{\dagger}$	-0.27^*
(Z)-9-hexadecenal	$-0.33 \pm 0.30^{\dagger}$	-0.39^{**}	$-0.42 \pm 0.32^{\dagger}$	-0.20^*

solely in response to chemical cues. Both wild and aviary hummingbirds avoided foraging on feeders with defensive chemicals of *F. francoeuri* (Fig. 2C, D) and aggregation pheromones of *L. humile* (Fig. 2E, F). Because of their high responsiveness to visual-based floral cues, little attention has been paid to hummingbirds' ability to smell in foraging (but see Goldsmith and Goldsmith 1982; Ioale and Papi 1989; Kessler and Baldwin 2007) and no study has examined other ecological contexts such as response to floral-visiting insects. This general omission has further been magnified by studies ignoring these original reports, or an erroneous assumption that the lack of floral odor in many hummingbird-pollinated plants indicates a lack of olfaction ability. Through a series of choice tests under field and aviary conditions, we found that hummingbirds distinguished between untreated feeders and those treated with insect defensive compounds or ant aggregation pheromones. Due to the volatility of the insect compounds tested and the subsequent short-lived nature of the cues, hummingbirds may use the presence of these chemicals as an indicator of the presence of ant competitors at a nectar resource.

We observed that the strongest aversion was to formic acid, a defensive compound of Formicine ants presented at field-realistic levels. Floral-visiting *Formica* species (Wagner and Kay 2002; Galen 2005; Li et al. 2008; Schiestl and Glaser 2012) occur on plants that hummingbirds visit in the area and may interact with hummingbirds at floral resources. Such competition among hummingbirds and nectar-thieving ants is common in a diversity of systems (McDade and Kinsman 1980; Willmer and Corbet 1981; Lach 2005; Stacey 2011). However, there are serious, potentially fatal effects of such exposure if sufficient amounts of formic acid are consumed or enter the bloodstream (Bennett et al. 1996). Our experimental setup, however, prevented the hummingbirds from contacting the formic acid directly or with their tongue and thus were able to assess the birds' response to its odor alone.

In addition to dangerous chemicals, hummingbirds may encounter aggressive insects at flowers. Argentine ants have been documented to harass pollinators (e.g., Hanna et al. 2015), leading to ant avoidance by bees (Cembrowski et al. 2014; Sidhu and Wilson Rankin 2016) and hummingbirds (Stacey 2011; Rankin et al. 2018). Here, we found that hummingbirds visited the control feeder more often as compared to the (Z)-9-hexadecenal pheromone-treated feeder. While not known to be associated with defense (Welzel et al. 2018), (Z)-9-hexadecenal is associated with foraging *L. humile* ants (Choe et al. 2014), and the number of ants present correlates with the strength of the (Z)-9-hexadecenal pheromone. As Argentine ants are capable of severely depleting floral resources in hummingbird visited flowers (Stacey 2011), avoidance may decrease nectar competition. Moreover, because our experimental setup prevented direct

contact with (Z)-9-hexadecenal, it is not surprising that we observed avoidance responses that were less extreme than those observed when gustatory cues of Argentine ants are experienced by hummingbirds (Rankin et al. 2018).

It is important to note that the responses to insect-associated cues documented in this study are *not* simply the avoidance of a novel stimulus. When presented with this novel but neutral odor (ethyl butyrate) that lacks biological relevance, wild hummingbirds failed to avoid treated feeders (Table S2) although hummingbirds have been shown to distinguish 5% ethyl butyrate in learning trials (Goldsmith and Goldsmith 1982).

In contrast to defensive chemicals and aggregation pheromones of locally encountered ant species, hummingbirds exhibited no response to cuticular hydrocarbons of a commonly encountered floral-visitor, the European honeybee (*A. mellifera*). Foraging hummingbirds may have been unable to detect honeybee CHCs or did not use these CHCs as cues. CHCs, which are incidentally deposited by all insects while walking and visiting flowers (Lockey 1988; Witjes et al. 2011) are relatively non-volatile, lasting for several (Eltz 2006) to 24 h after deposition (Witjes and Eltz 2009). Because many hummingbird-pollinated flowers contain nectar that may be partially or wholly inaccessible to relatively shorter-tongued honeybees, hummingbirds may not view the recent presence of honeybees at a floral resource as a reason to avoid (Fig. 1). In general, bees are also far more visually obvious around flowers compared to ants and will harass hummingbirds in the air prior to landing or accessing a floral resource (Gill et al. 1982); thus, a lack of visual cues may trump chemical cues in the context of hummingbird-honeybee interactions.

In this study, we observed consistent responses across hummingbird species in both the wild and the aviaries to defensive and pheromonal ant chemicals, although the strength of avoidance was greater for wild birds. This may be in part due to the fact that free-foraging birds in the wild had the option of feeding elsewhere on flowers or other feeders in the local environment, while captive birds were limited just to the two presented feeders. While other studies have found hummingbirds can learn to associate some odors with food rewards and they may avoid extremely strong floral-derived odors, there are only a handful of studies examining hummingbird olfaction and this is the first to explicitly test and document hummingbird response to insect odors alone. Our findings correspond with another recent study examining hummingbird responses to interacting with live Argentine ants (Rankin et al. 2018). Hummingbirds must deal with both exploitative and interference competition from floral visiting arthropods, and using chemical cues may be one mechanism by which they avoid ant competitors. The use of olfactory cues by hummingbirds to make foraging decisions may be more widespread than previously recognized.

Future studies are needed to investigate the olfactory threshold required to elicit the observed avoidance behavior as well as to examine how learning or habituation influences an individual hummingbird's response to non-floral olfactory cues encountered while foraging. This study provides new insights into how hummingbirds respond to insect chemical cues and the role of olfaction in shaping hummingbird foraging decisions may be more expansive than previously recognized.

Supplementary Information The online version contains supplementary material available at <https://doi.org/10.1007/s00265-021-03067-4>.

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Author contribution EWR and AYK conceived the study, AYK and DTR conducted aviary research, DTR and EWR conducted wild hummingbird experiments, EWR conducted statistics, and all authors contributed to writing the manuscript.

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Data availability The datasets generated during and/or analyzed during the current study are available in the Dryad repository (<https://doi.org/10.6086/D1Q378>).

Code availability Not applicable.

Declarations

Ethics approval All applicable national and/or institutional guidelines for the use of animals were followed. This study followed protocols approved by the University of California, Riverside Institutional Animal Care and Use Committee (IACUC protocol #20160039). All hummingbirds in aviary studies were captured and banded under USFWS Bird Banding permit #23516 and CA Fish and Wildlife Permit #SC-006598.

Consent to participate Not applicable.

Consent for publication All authors have approved this manuscript submission.

Conflict of interest The authors declare no competing interests.

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