



The BDNF Val68Met polymorphism causes a sex specific alcohol preference over social interaction and also acute tolerance to the anxiolytic effects of alcohol, a phenotype driven by malfunction of BDNF in the ventral hippocampus of male mice

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Abstract

Background The brain-derived neurotrophic factor (BDNF) Valine 66 to Methionine human polymorphism results in impaired activity-dependent BDNF release and has been linked to psychiatric disorders including depression and anxiety. We previously showed that male knock-in mice carrying the mouse Methionine homolog (Met68BDNF) exhibit excessive and compulsive alcohol drinking behaviors as compared to the wild-type Val68BDNF mice.

Objective Here, we set out to determine the potential mechanism for the heightened and compulsive alcohol drinking phenotypes detected in Met68BDNF mice.

Results We found that male, but not female Met68BDNF mice exhibit social anxiety-like behaviors. We further show that male Met68BDNF mice exhibit a preference for alcohol over social interaction. In contrast, alcohol place preference without an alternative social reward, is similar in male Met68BDNF and Val68BDNF mice. Since the Met68BDNF mice show social anxiety phenotypes, we tested whether alcohol relieves anxiety similarly in Met68BDNF and Val68BDNF mice and found that male, but not female Met68BDNF mice are insensitive to the acute anxiolytic action of alcohol. Finally, we show that this acute tolerance to alcohol-dependent anxiolysis can be restored by overexpressing wild-type Val68BDNF in the ventral hippocampus (vHC) of Met68BDNF mice.

Conclusions Together, our results suggest that excessive alcohol drinking in the Met68BDNF may be attributed, in part, to heightened social anxiety and a lack of alcohol-dependent anxiolysis, a phenotype that is associated with malfunction of BDNF signaling in the vHC of male Met68BDNF mice.

Keywords BDNF · BDNF Val/Met polymorphism · Ventral hippocampus · Alcohol

Introduction

Brain-derived neurotrophic factor (BDNF) is highly expressed in the CNS and plays an important role in brain development, synaptic plasticity, learning, and memory (Wang et al. 2022). BDNF is released both pre- and postsynaptically and its release depends on neuronal depolarization (Wang et al. 2022; Vincenti et al. 2019). A single-nucleotide polymorphism (SNP) within the human *BDNF* gene results

in a substitution of valine at position 66 (Val66BDNF) with methionine (Met66BDNF), causing a reduction in the activity-dependent release of the neurotrophic factor and thus to an attenuation of normal BDNF-mediated signaling (Egan et al. 2003; Chen et al. 2004, 2005). The BDNFVal66Met SNP has been linked to multiple neuropsychiatric disorders, including depression and anxiety (Dincheva et al. 2012; Notaras et al. 2015), and several small scale studies have suggested that the BDNFVal66Met SNP is also associated with alcohol use disorder (AUD) (Benzerouk et al. 2013; Grzywacz et al. 2010; Matsushita et al. 2004; Nees et al. 2015; Wojnar et al. 2009; Colzato et al. 2011). In order to evaluate the impact of this BDNF SNP on alcohol-related behaviors, we utilized a knock-in strategy in mice to replace the mouse valine homolog at position 68 (Val68BDNF)

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with methionine (Met68BDNF) and showed that homozygous male Met68BDNF mice consume excessive amounts of alcohol (Warnault et al. 2016). We further demonstrated that the Met68BDNF mice drink despite the addition of quinine suggesting that the Met68BDNF mice consume alcohol compulsively (Warnault et al. 2016). Finally, we reported that overexpression of the wild-type Val68BDNF in the medial prefrontal cortex (mPFC) of Met68BDNF mice converts compulsive, excessive intake to moderate alcohol consumption (Warnault et al. 2016).

AUD is frequently diagnosed in individuals with comorbid neuropsychiatric disorders (Melchior et al. 2014; Sorensen et al. 2018; Preuss et al. 2018; Walters et al. 2018). For example, a global meta-analysis concluded that approximately 20–40% of individuals with major depressive disorder or anxiety also develop AUD (Castillo-Carniglia et al. 2019). One potential explanation for this phenomenon is the so-called “self-medication hypothesis,” which posits that individuals consume increasing quantities of alcohol in order to elicit relief from symptoms of mood disorders including social anxiety (Khantzian 1985, 1997; Turner et al. 2018; Bowen et al. 2022). In fact, 10% of people suffering from AUD also endure social anxiety (Bowen et al. 2022), and subjects who suffer from AUD are 4.5 times more likely to also exhibit social anxiety (Buckner and Turner 2009). Heterozygous (Val/Met) and homozygous (Met/Met) genotypes have been linked with anxiety and specifically social anxiety in humans (Colzato et al. 2011; Li et al. 2021). For instance, in analyzing the Pediatric Imaging, Neurocognition, and Genetics (PING) study (Jernigan et al. 2016), Li and colleagues recently uncovered a significantly higher self-reported social anxiety score in Met66BDNF allele carriers than in individuals with homozygous Val66BDNF allele (Li et al. 2021). The authors further showed that social deficits can be recapitulated in the mouse model of the human allele (Li et al. 2021).

Here, we examined potential underlying causes for the heightened alcohol consumption in Met68BDNF mice, including social anxiety and alcohol-mediated anxiolysis.

Materials and methods

Animals and breeding

Homozygous Val68BDNF (Val/Val) and Met68BDNF (Met/Met) generation (C57BL/6J background) and characterization are described in Warnault et al. (Warnault et al. 2016). Female and male Val68BDNF and Met68BDNF mice were bred separately and were tested at the age of 8–10 weeks. Genotyping was performed as described previously (Warnault et al. 2016). Juvenile female and male C57BL/6J mice (4–6 weeks) were purchased from Jackson Laboratories (Bar Harbor, Maine). Mice were housed using a 12-h light/dark

cycle (lights on 7AM–7PM), with ad libitum access to food and water. All procedures were performed in accordance with guidelines from the University of California, San Francisco Institutional Care and Use Committee.

Materials

AAV1/2-CMV-Val68BDNF-GFP (AAV-Val68BDNF; 10^{12} TU/ml) and AAV1/2-CMV-GFP (AAV-GFP; 10^{12} TU/ml) were produced by the UNC Vector Core (Chapel Hill, NC) and were characterized in Warnault et al. (Warnault et al. 2016). Ethyl alcohol (190 proof) was purchased from ThermoFisher Scientific (Waltham, MA).

Solution preparation

Alcohol solution was prepared from absolute anhydrous alcohol (190 proof) diluted to 20% alcohol (v/v) in 0.9% saline solution.

Behavioral assays

All behavioral analyses, with the exception of the Loss of Righting Reflex (LORR) test, were recorded and analyzed using Noldus Ethovision XT software (Wageningen, the Netherlands). Behavioral testing was performed in a dimly lit room (10–15 lx) during the light cycle, and mice were allowed to habituate to the conditions in the room for at least 1 h before testing commenced. All apparatuses were cleaned first with 70% alcohol and then with water between each animal. Test mice were habituated to experimenter handling, and intra-peritoneal (i.p.) injection by systemically administering saline for at least 3 days prior to the start of experiments. Stranger mice (novel, C57Bl/6 sex-matched, juvenile interaction partners used in social behavior experiments) were only used with one cohort of experimental mice and were group housed. Mice were habituated to the experimental room for at least 1 h prior to beginning experiments and were habituated to wire cages, where applicable, before experiments began.

Three-chamber sociability and social novelty

Three-chamber sociability and social novelty tests were adapted from previous studies (Moy et al. 2004; Kaidanovich-Beilin et al. 2011). The three-chamber apparatus (40 × 60 × 25 cm) was divided into three equal zones (40 × 20 × 25 cm) by acrylic walls, connected by small doors (4 × 4 cm). Prior to the start of experiments, experimental mice were placed in the center chamber and allowed to explore the apparatus for 5 min before being placed in the center chambers with both side doors closed. For the sociability test, a novel, C57Bl/6J, juvenile (4–6 weeks

old), sex-matched mouse (stranger I), was placed in a round wire cage (10 cm diameter) in one of the distal chambers, while an identical, empty cage was placed in the other distal chamber. The experimental mouse was then allowed to freely explore the entire apparatus for 15 min, after which point, the mouse was moved into the central chamber and the doors were closed. Cages were then swapped to opposite distal chambers, and a second new novel C57BL/6J, juvenile (4–6 weeks old), sex-matched mouse (stranger II) was placed inside the previously empty cage, in preparation for the social novelty test. Doors were opened, and the experimental mouse was once again allowed to freely explore the entire apparatus. During both tests, the amount of time spent in each chamber was recorded. Preference for a social partner over an empty cage in the sociability test was indicative of normal sociability. Preference for the stranger I mouse over the stranger II mouse in the social novelty task was interpreted as abnormal social behavior.

Open field social interaction

On the day before the test, mice were habituated for 5 min in the open field apparatus (43 × 43 cm). Mice were then placed in the open field apparatus with a novel, C57BL/6J wild-type, juvenile (4–6 weeks old), sex-matched interaction partner, and their interactions were recorded for 5 min. Cumulative body contact was calculated as time in which the center point of each animal was within 2 cm of the other. Proximity between the experimental mouse and its interaction partner was recorded within a 5 cm radius. Approach behavior was defined as vector movement in the direction of the interaction partner and retreat behavior was defined as movement away from the interaction partner.

Social-alcohol-conditioned place preference/aversion (CPP/CPA)

The social-alcohol CPP/CPA apparatus consisted of two large compartments (20 × 18 × 30 cm) connected by a corridor (20 × 7 × 30 cm) with one compartment consisting of lighter colored walls and mesh flooring, while the other one comprising of darker colored walls and grid rod flooring. On the first day of the experiment, mice were subjected to a pre-test during which they were allowed to freely explore the entire apparatus for 15 min and the time spent in each chamber was recorded. No mice reached the exclusion criteria (spend more than 70% of the time in either chamber during the pre-test). Mice were then pseudorandomly assigned to associate one chamber with social interaction and the other with alcohol (unbiased CPP/CPA). For the next 3 days, mice were conditioned to associate their social-paired chamber with social interaction and an i.p. injection of saline, and to associate the alcohol-paired chamber with an i.p. injection

of alcohol (2 g/kg). Specifically, during the morning of each conditioning day, each mouse received an i.p. injection of saline before being placed in their assigned social interaction-paired chamber with a sex-matched, juvenile C57BL/6J mouse (4–6 weeks old) for 10 min. In the afternoon of each conditioning day, each mouse received an i.p. injection of 20% alcohol (2 g/kg) before being placed in their assigned alcohol-paired chamber for 10 min. A post-test was performed on day 5, in which mice were once again allowed to freely explore the entire apparatus for 15 min. The time spent in each chamber during the pre-test and post-test were recorded and quantified.

Alcohol-conditioned place preference

Alcohol CPP was adapted from Laguesse et al. (2017). Specifically, the apparatus consists of two chambers (17 × 13 × 25 cm) connected by a central door. One chamber consisted of lighter colored walls and mesh flooring, while the other was made of darker colored walls and grid rod flooring. The first day of the experiment was considered a pre-test, during which test mice freely explored the entire apparatus for 15 min and time spent in each chamber was recorded. Using a biased design, alcohol treatment was paired with the less-preferred chamber, and the saline treatment paired with the more-preferred chamber. The following six experimental days were split into alternating days of saline or alcohol conditioning. On saline conditioning days (days 2, 4, 6), mice received an i.p. injection of saline immediately before placement in the saline-paired chamber for 5 min. On alcohol conditioning days (days 3, 5, 7), mice received an i.p. injection of alcohol (2 g/kg) before being placed in the alcohol-paired chamber for 5 min. Day 8 of the experiment consisted of a post-test, during which test mice freely explored the apparatus for 15 min. The time spent in each chamber during the pre-test and post-test were recorded and quantified.

Loss of righting reflex (LORR)

LORR was conducted as described previously (Yaka et al. 2003). Mice received an i.p. injection of a hypnotic dose of alcohol (4.0 g/kg) before being placed in a clean plexiglass cage. The amount of time it took each animal to lose its' righting reflex (latency) was recorded. At this point, mice were returned to their home cage and placed on their backs. The amount of time it took for each mouse to regain its' righting reflex, e.g., the time that it took mice to right themselves from their backs 3 times in one minute (duration) was measured.

Elevated plus maze (EPM)

EPM assay was adapted from Walf and Frye (2007). Specifically, mice were injected with either saline or alcohol

(1.25 g/kg) and 10 min later were placed on the central platform (5 × 5 cm) of an apparatus elevated 40 cm above the floor, facing one of two closed arms (30 × 5 × 15 cm), which are perpendicular to two open arms (30 × 5 cm). Mice were allowed to freely explore the apparatus for 5 min, and the total amount of time each mouse spent exploring the open arms, and the distal portion of both open arms (outer 15 cm), was recorded and quantified.

Stereotaxic surgery

Met68BDNF mice (8–10 weeks old) underwent stereotaxic surgery as described in Warnault et al. (2016); Ehinger et al. (2021) targeting the vHC (Franklin and Paxinos stereotaxic atlas, 3rd edition). Specifically, mice were anesthetized by vaporized isoflurane, and were placed in a digital stereotaxic frame (David Kopf Instruments, Tujunga, CA). Two holes were drilled above the site of the injection and the injectors (stainless tubing, 33 gauges; Small Parts Incorporated, Logansport, IN) were then slowly lowered into the vHC (AP: −3.0, ML: ±3.0, DV: −3.55, infusion at −3.5 from bregma). The injectors were connected to Hamilton syringes (10 µl; 1701; Harvard Apparatus, Holliston, MA), and infusion of 1 µl of virus was controlled by an automatic pump at a rate of 0.1 µl/min (Harvard Apparatus, Holliston, MA). The injectors remained in place for an additional 10 min to allow the virus to diffuse and were then gently removed. Mice were allowed to recover in their home cages for at least 3 weeks before further testing to allow for maximal overexpression of Val68BDNF (Warnault et al. 2016).

Confirmation of viral expression

Characterization of infection and overexpression was performed as described previously (Warnault et al. 2016; Ehinger et al. 2021). At the end of experiments animals were euthanized by cervical dislocation, and the brains were removed. Brain regions were isolated from a 1-mm-thick coronal section dissected on ice, and a green fluorescence (GFP) signal was visualized and recorded using an EVOS FL tabletop fluorescent microscope (ThermoFisher Scientific; Waltham, MA).

Data analysis

Graphpad Prism 9 was used for statistical analysis. D'Agostino–Pearson normality test was used to verify the normal distribution of variables. Data were analyzed using two- or three-way ANOVA, with or without repeated measures, and Student's *t*-test, where appropriate. For two- and three-way ANOVAs, significant main effects or interactions

were calculated using Šidák's multiple comparisons test. *p* value cutoff for statistical significance was set to 0.05.

Results

Male but not female Met68BDNF mice exhibit aberrant social behavior

Male Met68BDNF mice consume alcohol excessively and compulsively (Warnault et al. 2016); however, the underlying cause of this phenotype is unknown. Humans carrying the Met66BDNF allele show increased social anxiety (Li et al. 2021). Stress and anxiety including social anxiety are thought to be major contributors to AUD (Castillo-Carniglia et al. 2019; Bowen et al. 2022). Thus, to determine if the mouse BDNFVal68Met polymorphism increases susceptibility for social anxiety in female and male mice, we first measured sociability and social novelty behaviors using a three-chamber social interaction paradigm (Moy et al. 2004; Kaidanovich-Beilin et al. 2011). In the sociability test phase, mice freely explored an apparatus containing, in one distal chamber, a novel, juvenile, sex-matched, C57Bl/6 J mouse, identified as “stranger I.” The other distal chamber contained an empty cage (Fig. 1A, left). Next, in the social novelty test phase, the chambers were swapped, and a new juvenile, sex-matched, C57BL/6J social interaction partner identified as “stranger II,” was placed inside the previously empty cage (Fig. 1A, right), and interaction time was recorded. We found that female and male Val68BDNF and Met68BDNF mice spent a similar amount of time in a chamber containing the stranger I mouse (Fig. 1B–F, Two-way ANOVA; interaction effect, $F(1,53) = 1.495$, $p = 0.2268$; main effect of genotype, $F(1, 53) = 0.8987$, $p = 0.3474$; main effect of sex, $F(1, 53) = 58.83$, $p < 0.0001$) suggesting that sociability per se is not affected by the SNP. Specifically, although mice from all test groups spent more time in a chamber containing a stranger I mouse than they did in an empty chamber, a significant sex difference between male and female mice was detected (Fig. 1B and C, Three-way ANOVA; main effect of chamber, $F(1, 53) = 44.90$, $p < 0.0001$; main effect of genotype, $F(1, 53) = 0.0001945$, $p = 0.9889$; main effect sex, $F(1, 53) = 169.4$, $p < 0.0001$; chamber × genotype × sex, $F(1, 53) = 2.259$, $p = 0.1388$; male Val68BDNF empty vs. male Val68BDNF stranger I: $p = 0.04$, male Met68BDNF empty vs. male Met68BDNF stranger I: $p < 0.0001$, female Val68BDNF empty vs. female Val68BDNF stranger I: $p = 0.0186$, female Met68BDNF empty vs. female Met68BDNF stranger I: $p = 0.05$). In the social novelty paradigm in which mice could choose between spending time with the familiar mouse (strange I) or a novel mouse (stranger II), female Val68BDNF and Met68BDNF spent

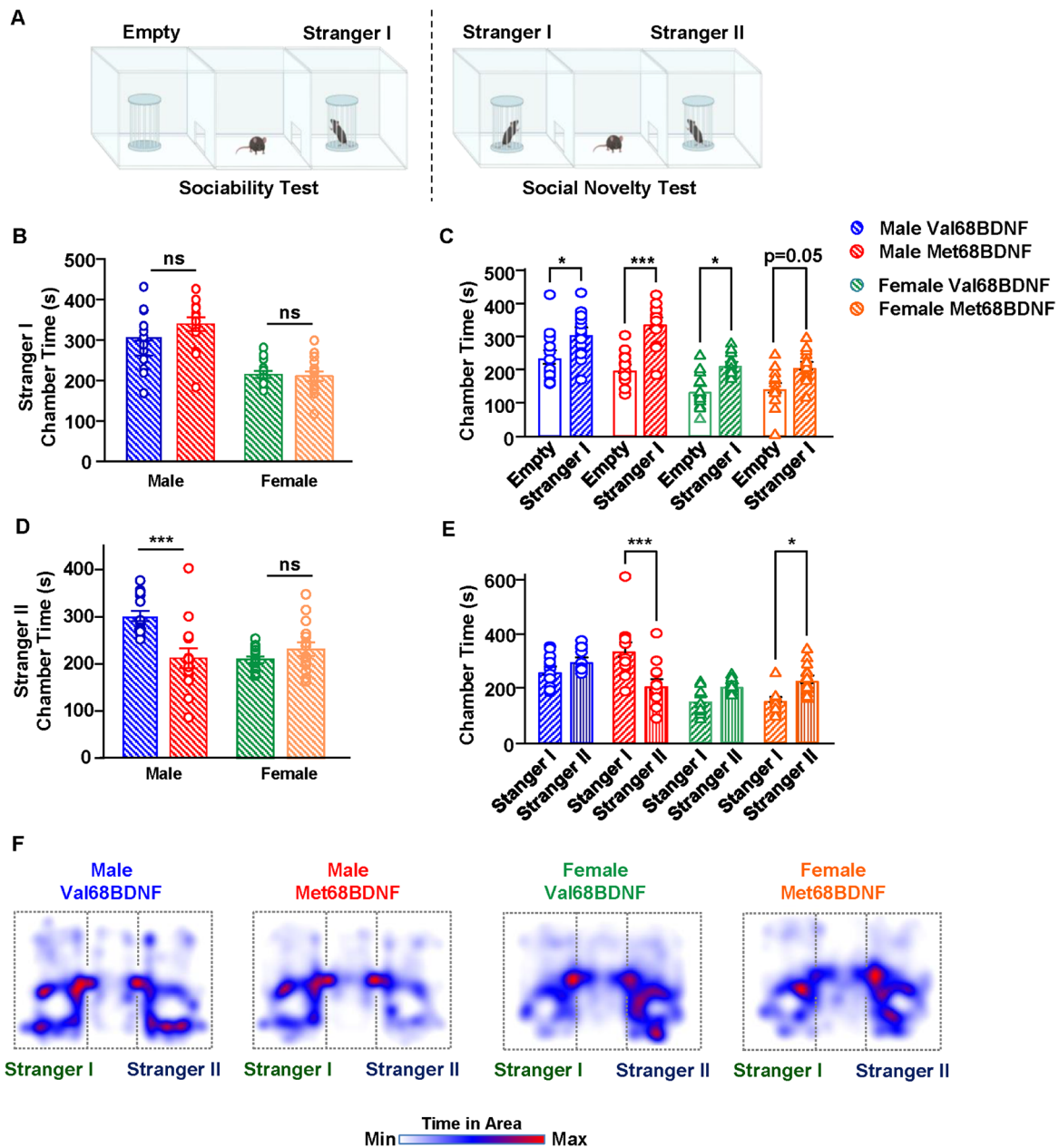


Fig. 1 Male Met68BDNF mice exhibit social anxiety-like behaviors. **A** Three-chamber sociability and social novelty paradigms. *Sociability test* (left). The distal chamber contained an empty cage, and the other chamber contained a sex match juvenile C57Bl/6 J mouse (stranger I). Female (green) and male (blue) Val68BDNF, and female (orange) and male (red) Met68BDNF mice were allowed to interact with the stranger I mouse for 15 min, and the time a mouse spent with stranger I mouse was recorded and quantified. *Social novelty test* (right). Stranger I was relocated to the distal chamber, and a sex-matched novel juvenile C57Bl/6 J mouse (stranger II), was placed in the other chamber. Female (green) and male (blue), Val68BDNF and female (orange) and male (red) Met68BDNF mice were allowed to interact with stranger I or stranger II for 15 min, and the time a mouse spent with stranger I or stranger II was recorded and quantified. **B** Female and male Val68BDNF and Met68BDNF mice spent about the same amount of time interacting with the stranger I mouse during the sociability test. **C** Male Met68BDNF mice and male and female Val68BDNF mice spent significantly more time in the cham-

ber containing the stranger I mouse than they do in an empty chamber. **D** Male Met68BDNF mice spent significantly less time interacting with a stranger II mouse in the social novelty test as compared to male Val68BDNF mice. Female Val68BDNF and Met68BDNF mice spent a similar amount of time interacting with a stranger II mouse. **E** Male Met68BDNF mice spent significantly more time in a chamber containing the more-familiar stranger I than they do in a chamber containing stranger II. Female Met68BDNF mice spent significantly more time in the chamber containing stranger I. **F** Heatmaps of mean mouse position of male and female Val68BDNF and Met68BDNF mice during the social novelty test shown in (C, E). Stranger I mice are shown on the left of each heatmap, and stranger II are shown on the right side. Dotted lines indicate the approximate position of apparatus walls. All data are represented as mean ± SEM. *** $p < 0.001$, * $p < 0.05$; ns, non-significant. Female Val68BDNF: $n = 15$, all other experimental groups: $n = 14$

an equal amount of time interacting with stranger II mice and female Met68BDNF mice spent significantly more time interacting with the stranger II mouse than they did with the stranger I mouse (Fig. 1D–F; two-way ANOVA, interaction effect, $F(1, 54) = 16.57, p = 0.0002$, main effect of sex, $F(1, 54) = 7.237, p = 0.0095$, main effect of genotype, $F(1, 54) = 5.633, p = 0.0212$; female Val68BDNF vs. female Met68BDNF: $p = 0.403$, male Val68BDNF vs. male Met68BDNF: $p < 0.0001$). Male Val68BDNF mice spent an equal amount of time interacting with “stranger I” and “stranger II” mouse (Fig. 1E–F, three-way ANOVA; main effect of chamber, $F(1, 53) = 0.4522, p = 0.5042$; main effect of genotype, $F(1, 53) = 0.1209, p = 0.7294$; main effect sex, $F(1, 53) = 155.3, p < 0.0001$; chamber \times genotype, $F(1, 53) = 6.852, p = 0.0115$; chamber \times genotype \times sex, $F(1, 53) = 11.35, p = 0.0014$; male Val68BDNF stranger I vs. male Val68BDNF stranger II: $p = 0.5585$, male Met68BDNF stranger I vs. male Met68BDNF stranger II: $p < 0.0001$, female Val68BDNF stranger I vs. female Val68BDNF stranger II: $p = 0.2204$, female Met68BDNF stranger I vs. female Met68BDNF stranger II: $p = 0.0315$). In contrast, male Met68BDNF mice spent significantly less time interacting with the “stranger II” mouse as compared to their wild-type Val68BDNF counterparts (Fig. 1D, F) and significantly more time interacting with the stranger I mouse than the stranger

II mouse (Fig. 1E–F). These findings suggest that male Met68BDNF exhibit social anxiety-like behavior or a diminished rewarding sensation due to social novelty.

To further explore the extent of aberrant social behavior in male Met68BDNF mice, female and male Val68BDNF and Met68BDNF mice were subjected to an open field social interaction paradigm. In this assay, test mice were paired with a novel, juvenile, sex-matched, C57Bl/6 J partner in an empty open field apparatus (Fig. 2A). Male Met68BDNF mice spent significantly less time in physical contact with a novel juvenile male mouse than male Val68BDNF mice (Fig. 2B, two-tailed Student’s *t*-test, $p < 0.01, t = 2.947, df = 17$). Additional analysis of male Met68BDNF mice during open-field social interaction did not reveal any one particular aspect of aberrant social interaction, however, as nose-to-nose, nose-to-tail, approach, and retreat interactions trended lower than those seen in male Val68BDNF mice but were not statistically significant (Supplemental Fig. 1, unpaired *t*-test, $t = 1.589, df = 17, p = 0.1305$; 1B, unpaired *t*-test, $t = 1.608, df = 17, p = 0.1263$; 1C, unpaired *t*-test, $t = 1.345, df = 17, p = 0.1964$; 1D, unpaired *t*-test, $t = 0.9802, df = 17, p = 0.3407$; 1E, unpaired *t*-test, $t = 1.504, df = 17, p = 0.1508$; 1F, unpaired *t*-test, $t = 1.596, df = 17, p = 0.1289$; 1G, unpaired *t*-test, $t = 1.304, df = 17, p = 0.2098$; 1H, unpaired *t*-test, $t = 1.018, df = 17, p = 0.3228$; 1I, unpaired

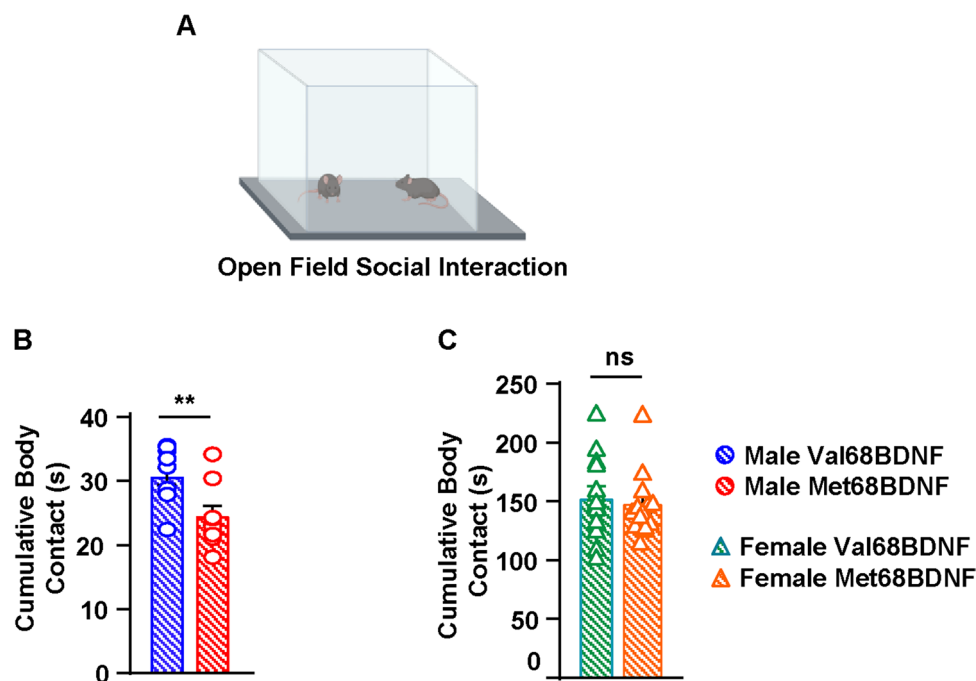


Fig. 2 Male Met68BDNF mice exhibit aberrant social interaction. **A** Open field social interaction paradigm. Male (blue) and female (green) Val68BDNF and male (red) and female (orange) Met68BDNF mice were placed in an open field apparatus with a novel sex-matched juvenile C57BL/6J mouse for 10 min and body contacts were recorded. **B** Male Met68BDNF mice spent significantly

less time in contact with a novel interaction partner than male Val68BDNF. **C** There was no significant difference in total body contacts with a novel interaction partner between female Val68BDNF and Met68BDNF mice. ** $p < 0.01$; ns, non-significant. **B** Male Val68BDNF: $n = 10$, male Met68BDNF: $n = 9$, **C** female Val68BDNF and Met68BDNF $n = 14$

t-test, $t = 1.294$, $df = 17$, $p = 0.2131$; 1 J, unpaired *t*-test, $t = 0.8372$, $df = 17$, $p = 0.4141$). In contrast, female Val68BDNF and Met68BDNF mice spent equal amounts of time in physical contact with a juvenile, female, C57Bl/6 J mouse (Fig. 2C, two-tailed Student's *t*-test, $t = 0.5858$, $df = 26$, $p = 0.5631$). Together, these data unravel a sex-specific, genotype-dependent impairment in social behaviors in Met68BDNF mice suggestive of social anxiety.

Male Met68BDNF mice exhibit social aversion and alcohol preference in a social-alcohol-conditioned place preference/aversion test

Social anxiety is a risk factor for AUD (Bowen et al. 2022; Buckner and Turner 2009), and previous research demonstrated that humans carrying at least one Met66BDNF allele report higher levels of social anxiety (Li et al. 2021). Since male Met68BDNF mice exhibit a social anxiety phenotype, we examined the possibility that mice carrying the mutation prefer alcohol over social interaction. To test this possibility, we conducted a social-alcohol-conditioned place preference/conditioned place aversion (CPP/CPA) paradigm. Mice were conditioned to associate one distinct chamber with social interaction with a novel C57BL/6J male juvenile partner each morning for 3 days, and a second distinct chamber with an acute alcohol administration (2 g/kg) each afternoon for 3 days (Fig. 3A). We then compared the time each mouse spent freely exploring each chamber following conditioning (post-test) with the amount of time mice spent exploring the same chambers prior to conditioning (pre-test). We found that male Val68BDNF mice found alcohol and social interaction equally rewarding, as evidenced by the amount of time mice spent exploring the social-paired and alcohol-paired chambers in the post-test, compared with during the pre-test (Fig. 3B–C, three-way ANOVA; main effect of conditioning, $F(1, 20) = 7.826$, $p = 0.0111$; main effect of reward, $F(1, 20) = 0.1998$, $p = 0.6596$; main effect of genotype, $F(1, 20) = 0.01176$, $p = 0.9147$; conditioning \times reward \times genotype, $F(1, 20) = 7.076$, $p = 0.0150$; pre/social Val68BDNF vs. post/social Val68BDNF: $p = 0.2406$, pre/alcohol Val68BDNF vs. post/alcohol Val68BDNF: $p = 0.9528$, pre/social Met68BDNF vs. post/social Met68BDNF: $p = 0.0002$, pre/alcohol Met68BDNF vs. post/alcohol Met68BDNF: $p = 0.0028$). In contrast, male Met68BDNF mice exhibited a significantly lower preference for the social interaction chamber and a higher preference for the alcohol-paired chamber (Fig. 3B–C). These data are indicative of a simultaneous social aversion and alcohol preference, potentially due either to a devaluation of social reward, a hypervaluation of alcohol reward or both.

Next, to determine whether male Met68BDNF mice prefer the alcohol chamber over social interaction because

they find alcohol more rewarding, we used an alcohol CPP paradigm (Supplemental Fig. 2A). In the post-test, male Val68BDNF and Met68BDNF mice spent significantly more time in the alcohol-paired chamber following conditioning and less time in the saline-paired chamber in the post-test, compared to the pre-test (Supplemental Fig. 2B, two-way ANOVA; interaction effect, $F(1, 24) = 0.09766$, $p = 0.7574$; main effect of genotype, $F(1, 24) = 1.052$, $p = 0.3153$, main effect of conditioning, $F(1, 24) = 19.68$, $p = 0.0002$; pre Val68BDNF vs. post Val68BDNF: $p = 0.0144$, pre Met68BDNF vs. post Met68BDNF: $p = 0.0036$). These results demonstrate that Met68BDNF mice experience the rewarding effects of alcohol to a similar degree as Val68BDNF mice, suggesting that Met68BDNF mice prefer the alcohol-associated chamber because of social anxiety and/or devalued social rewards, and not because of amplified alcohol rewards.

Male Met68BDNF mice are resistant to alcohol-induced sedation

Alcohol tolerance has been associated with increased propensity to develop AUD (Schuckit 1985; Schuckit et al. 2019; Elvig et al. 2021). We therefore examined the possibility that the BDNFVal68Met polymorphism alters male mice sensitivity to the acute actions of alcohol. To explore this possibility, we tested whether male Met68BDNF mice exhibit an abnormal response to an acute sedative dose of alcohol as compared to male Val68BDNF mice. Specifically, we utilized a loss of righting reflex (LORR) paradigm and measured how long it took mice to lose their righting reflex after receiving a systemic administration of a hypnotic dose (4 g/kg) of alcohol, and how long the LORR lasted in each animal. We found that it took male Met68BDNF mice significantly longer to lose their righting reflex as compared to male Val68BDNF mice (Supplemental Fig. 3A, two-tailed Student's *t*-test, $t = 2.439$, $df = 13$, $p < 0.05$). Furthermore, following LORR onset, male Met68BDNF mice also exhibited a significantly quicker recovery from the sedative effects of alcohol, as indicated by a group mean LORR duration being less than half as long as the mean duration for male Val68BDNF mice (Supplemental Fig. 3B, two-tailed Student's *t*-test, $t = 3.736$, $df = 13$, $p < 0.01$). Together, these results suggest that male Met68BDNF exhibit tolerance to the acute effects of a hypnotic dose of alcohol.

Male Met68BDNF mice exhibit acute tolerance to the anxiolytic action of alcohol

Next, we examined whether acute alcohol tolerance is more generalized and also whether alcohol is potentially perceived differently in the two genotypes. To do so, we evaluated the acute anxiolytic properties of alcohol in male Met68BDNF

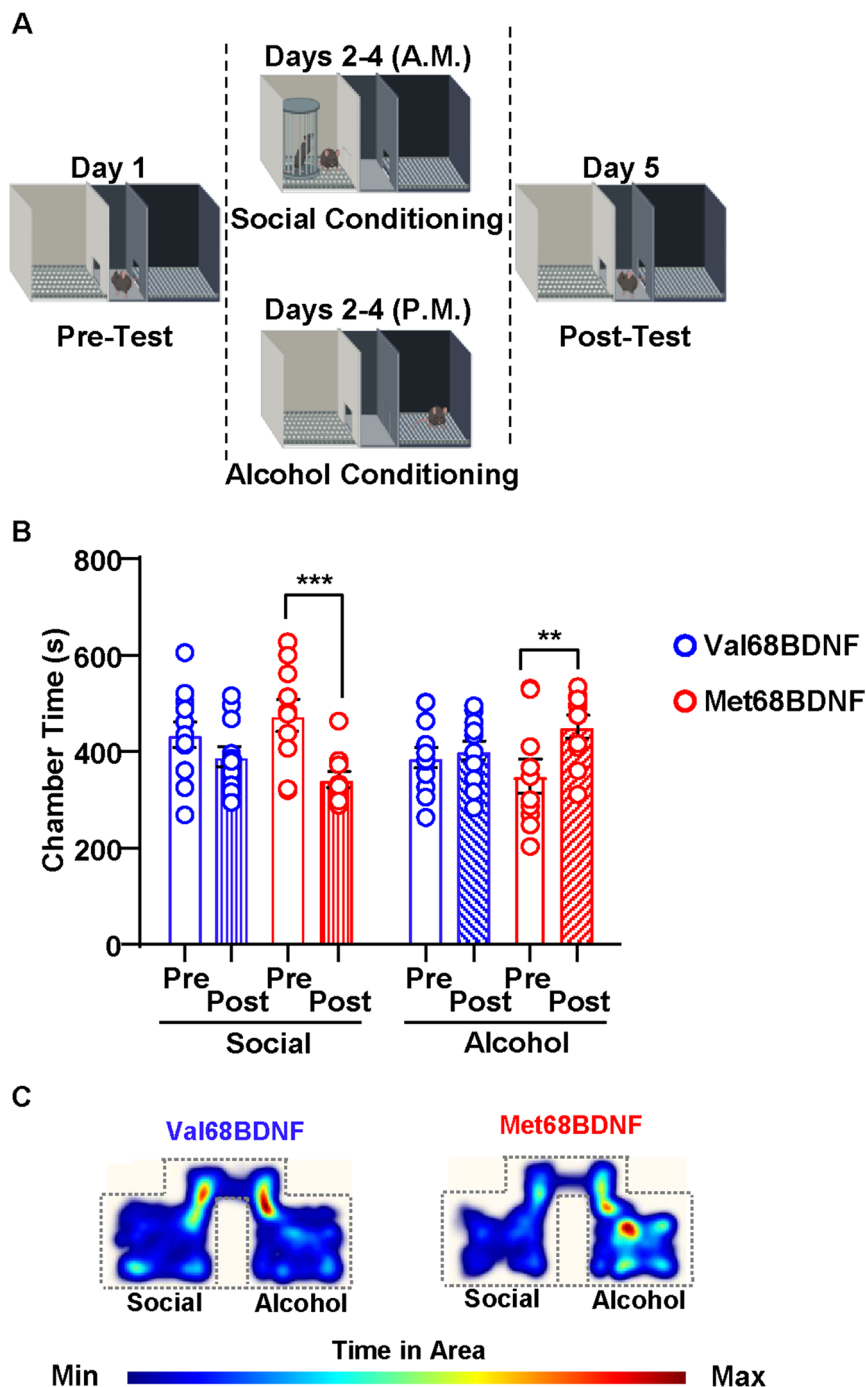


Fig. 3 Male Met68BDNF mice demonstrate social aversion and alcohol preference in a social-alcohol place conditioning test. **A** Outline of the social-alcohol place preference/aversion test. On day 1, mice explored the entire apparatus for 15 min. In the morning of days 2–4 conditioning days, mice received an i.p. injection of saline before a 10-min social interaction period in the social assigned chamber. In the afternoon of days 2–4 mice received an i.p. injection of 2 g/kg of alcohol prior to being placed in the alcohol-paired chamber for 10 min. On day 5, mice were allowed to freely explore the entire apparatus for 15 min and the time spend in the social and alcohol chambers were recorded and quantified. **B** Male Met68BDNF mice (red) spent significantly less time in the social-paired chamber

in the post-test than they did in the pre-test, and significantly more time in the alcohol-paired chamber in the post-test compared to the pre-test. Male Val68BDNF mice (blue) do not exhibit place preference or aversion. **C** Representative heatmaps of mouse position of Val68BDNF and Met68BDNF cohorts during the social-alcohol CPP/CPA shown in (B). The social chamber is depicted on the left and the alcohol chamber is depicted on the right for each heatmap. The upper portion of the heatmap represents the connecting hallway between chambers. Dotted lines indicate the approximate position of apparatus walls. All data are represented as mean \pm SEM; ** $p < 0.01$, *** $p < 0.001$. Val68BDNF: $n = 12$, Met68BDNF: $n = 10$

mice as compared to male Val68BDNF. We also determined the anxiolytic action of alcohol in female Val68BDNF and Met68BDNF mice. To do so, we used an elevated plus maze paradigm (EPM) in which mice received a systemic dose of alcohol (1.25 g/kg) or saline and 10 min later were placed in the center of an elevated plus maze apparatus, which is composed of two enclosed arms and two open arms that do not have barriers on their perimeters (Fig. 4A). Administration of alcohol (1.25 g/kg) significantly increased the time mice of all test groups spent in the open arms (Fig. 4B–F, three-way ANOVA; main effect of alcohol treatment, $F(1, 75) = 64.07$, $p < 0.0001$, main effect of sex, $F(1, 75) = 21.56$, $p < 0.0001$, main effect of genotype, $F(1, 75) = 0.9477$, $p = 0.3334$, treatment \times sex, $F(1, 75) = 2.391$, $p = 0.1263$, treatment \times genotype, $F(1, 75) = 0.09304$, $p = 0.7612$), and specifically in the distal portion of the open arms compared with mice receiving saline, suggesting an anxiolytic response to alcohol (Fig. 4C–F, three-way ANOVA; main effect of alcohol treatment, $F(1, 75) = 44.25$, $p < 0.0001$, main effect of sex, $F(1, 75) = 36.33$, $p < 0.0001$, main effect of genotype, $F(1, 75) = 0.00053$, $p = 0.9817$, treatment \times sex, $F(1, 75) = 7.033$, $p = 0.0098$, treatment \times genotype, $F(1, 75) = 0.2250$, $p = 0.6366$; saline male Val68BDNF vs. alcohol male Val68BDNF: $p = 0.0051$). We found a significant difference of the effect of alcohol between male and female mice (Fig. 4B–C, F). We also observed a phenotypic difference in male Met68BDNF vs. Val68BDNF mice that was not captured in the statistical analysis of open arm time due to differences in baseline levels between the male Val68BDNF and Met68BDNF mice. Therefore, we performed an additional analysis in which we normalized the time spent in open arms after alcohol treatment to the time spent in open arms of the saline group (Fig. 4D–E). We found that male Met68BDNF mice exhibit a significant resistance to the anxiolytic effects of alcohol, as acute systemic administration of 1.25 g/kg of alcohol did not significantly alter male Met68BDNF mice's exploration time in the open arm (Fig. 4D; two-way ANOVA interaction effect, $F(1, 52) = 8.233$, $p = 0.0059$, main effect of alcohol treatment, $F(1, 52) = 35.17$, $p < 0.0001$; main effect of genotype, $F(1, 52) = 8.233$, $p = 0.0059$; saline male Val68BDNF vs. alcohol male Val68BDNF: $p < 0.0001$, saline male Met68BDNF vs. alcohol male Met68BDNF: $p = 0.075$) or distal open arm (Fig. 4E; two-way ANOVA interaction effect, $F(1, 52) = 8.651$, $p = 0.0049$, main effect of alcohol treatment, $F(1, 52) = 17.94$, $p < 0.0001$; main effect of genotype, $F(1, 52) = 8.651$, $p = 0.0049$; saline male Val68BDNF vs. alcohol male Val68BDNF: $p < 0.0001$, saline male Met68BDNF vs. alcohol male Met68BDNF: $p = 0.6064$) as compared to male saline-treated male Met68BDNF mice. The difference in the male Met68BDNF mice was not due to changes in locomotion in response to alcohol administration (Supplemental Fig. 4). Overall, these data demonstrate a sex-specific,

genotype-dependent impairment in alcohol-mediated anxiolysis (Fig. 4). Our data further show that male mice carrying the Met68BDNF allele exhibit tolerance to the acute actions of alcohol.

Overexpression of Val68BDNF in the ventral hippocampus of male Met68BDNF mice restores the anxiolytic effects of alcohol

The ventral hippocampus (vHC) plays a role in anxiety-like behaviors in rodents (Ciocchi et al. 2015; Felix-Ortiz and Tye 2014; Jimenez et al. 2018; Kjelstrup et al. 2002; Padilla-Coreano et al. 2016; Kheirbek et al. 2013), as well as in anxiolysis (Parfitt et al. 2017). We therefore hypothesized that BDNF in the vHC plays a role in dampening anxiety-like behaviors and in promoting alcohol-dependent anxiolysis. We further hypothesized that malfunction of BDNF signaling in the vHC manifests in behaviors such as resistance to the anxiolytic actions of alcohol. To test this possibility, the vHC of male Met68BDNF mice was infected with adeno-associated virus (AAV) expressing either wild-type Val68BDNF or a GFP control (Fig. 5A). Three weeks later, a timepoint in which viral infection is maximal, mice received systemic administration of saline or alcohol (1.25 g/kg) 10 min prior to placement on the EPM apparatus. Similar to results reported in Fig. 4, male Met68BDNF infected with AAV-GFP in the vHC were resilient to the anxiolytic effects of alcohol and spent a similar amount of time in the open arms (Fig. 5B, D, two-way ANOVA; interaction effect, $F(1, 38) = 5.644$, $p = 0.0227$; main effect of alcohol treatment, $F(1, 38) = 28.34$, $p < 0.0001$; main effect of virus, $F(1, 38) = 2.964$, $p = 0.0933$; AAV-GFP saline vs. AAV-GFP alcohol: $p = 0.0769$, AAV-BDNF saline vs. AAV-BDNF alcohol: $p < 0.0001$), and in their distal portions following saline or alcohol administration (Fig. 5C, D, two-way ANOVA, interaction effect, $F(1, 38) = 3.204$, $p = 0.0814$, main effect of alcohol treatment, $F(1, 38) = 31.08$, $p < 0.0001$; main effect of virus, $F(1, 38) = 4.126$, $p = 0.0493$; AAV-GFP saline vs. AAV-GFP alcohol: $p = 0.0542$, AAV-BDNF saline vs. AAV-BDNF alcohol: $p < 0.0001$). In contrast, male Met68BDNF mice infected with Val68BDNF in the vHC spent significantly more time in the open arms and distal open arms following alcohol administration (Fig. 5B–D). Importantly, the rescue of alcohol-dependent anxiolysis was not due to alterations in locomotion (Supplemental Fig. 5, two-way ANOVA; interaction effect, $F(1, 38) = 0.03114$, $p = 0.8609$; main effect of alcohol treatment, $F(1, 38) = 10.64$, $p = 0.0023$; main effect of virus, $F(1, 38) = 0.2184$, $p = 0.643$). Together, these data imply that deficits in BDNF/TrkB signaling in vHC circuitry in carriers of the Met68BDNF allele contribute to impaired alcohol-mediated anxiolysis and to the development of acute tolerance.

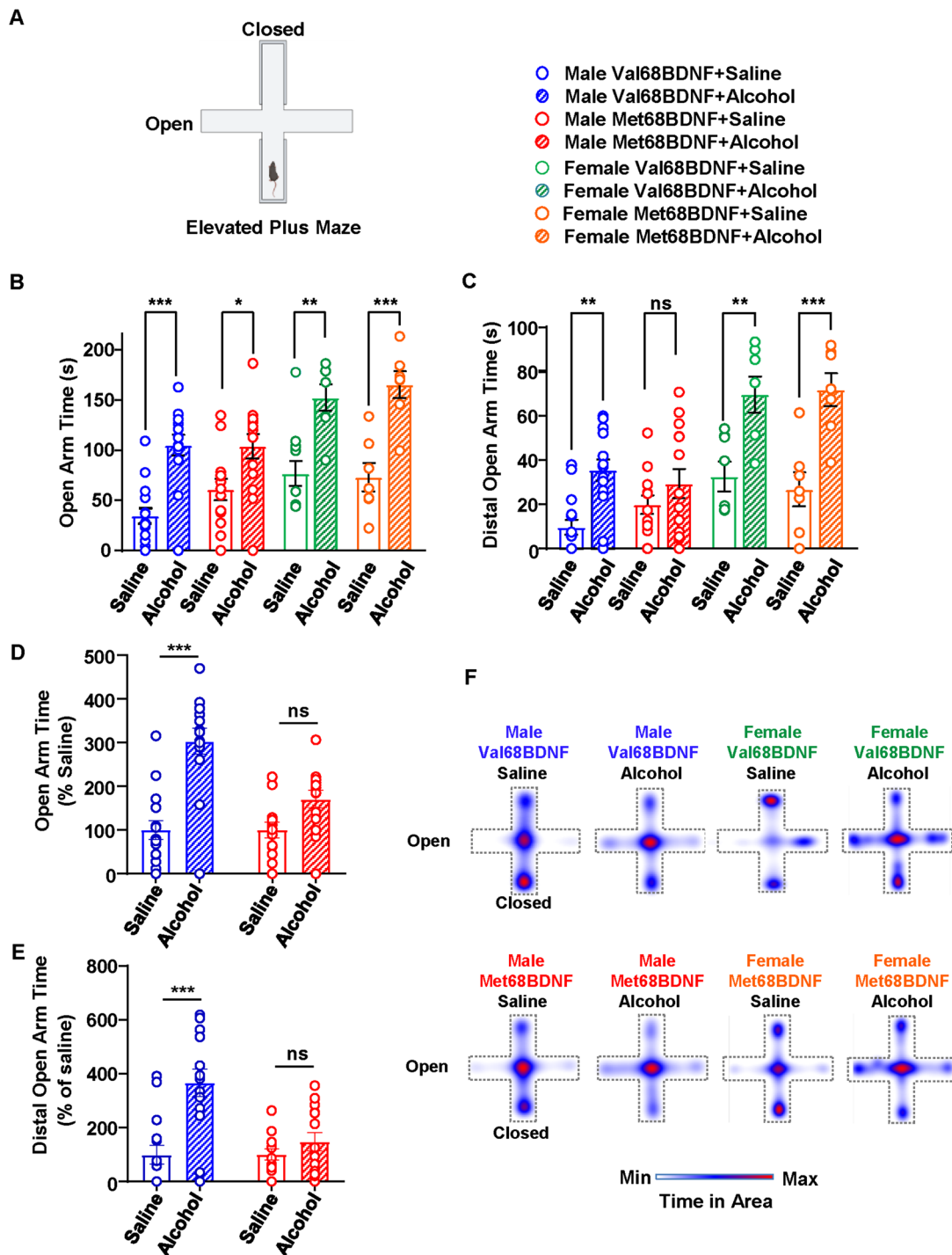


Fig. 4 Male Met68BDNF exhibit acute tolerance to the anxiolytic action of alcohol. **A** Ten minutes following i.p. injection of saline or alcohol (1.25 g/kg), mice were placed in the center of the elevated plus maze and allowed to freely explore the apparatus. The time mice spent in the open arm and in the distal portion of the open arms was measured. **B–C** Following an i.p. administration of alcohol (hatched bars), female and male mice spent significantly more time in the open arm (**B**) and the distal portion of the open arm (**C**) than upon receiving an injection of saline (open bars). Male Met68BDNF mice (red) exploration time in the open arm (**B**) and the distal portion of the open arm (**C**) was unaltered following a systemic administration of alcohol (hatched bars) or saline (empty bars). **D–E** Additional

analysis on male mice was performed in which the time in open arms or distal arms after alcohol treatment was normalized to the time in open arm or distal arms of the saline group. **F** Heatmaps representing mean relative position of animals in each group. Open arms are represented horizontally, and closed arms extend vertically from the center. Dotted lines indicate the approximate position of apparatus walls/ledges. Data are represented as mean \pm SEM; * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$. Male Val68BDNF + saline: $n = 15$, male Val68BDNF + alcohol: $n = 14$, male Met68BDNF + saline: $n = 13$, male Met68BDNF + alcohol: $n = 14$, female Val68BDNF + saline: $n = 6$, female Val68BDNF + alcohol: $n = 7$, female Met68BDNF + saline: $n = 7$, female Met68BDNF + alcohol: $n = 7$

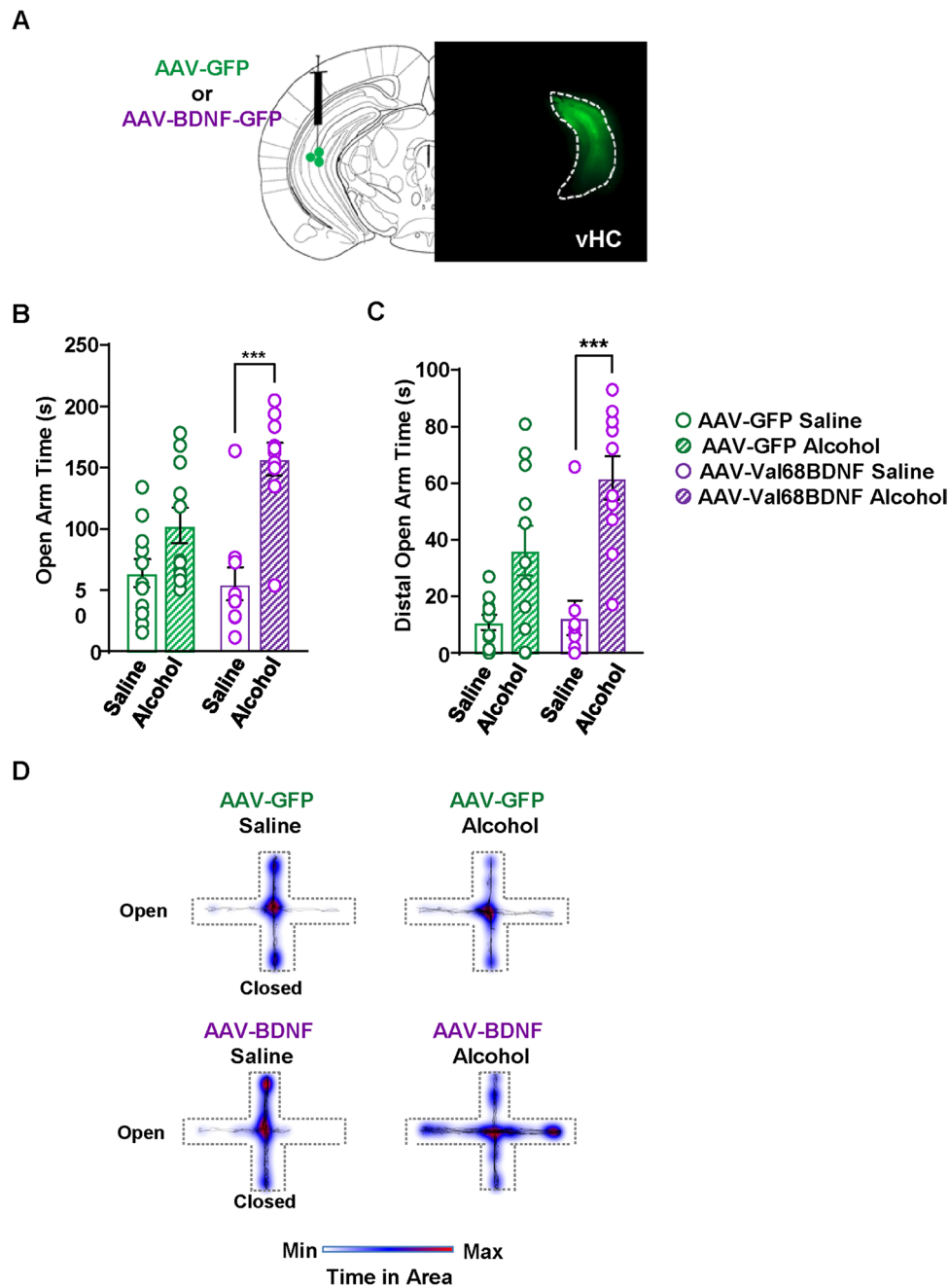


Fig. 5 Overexpression of Val68BDNF in the vHC of male Met68BDNF rescues the anxiolytic effect of alcohol. **A** Confirmation of Val68BDNF overexpression. Image (10×) depicts GFP signal in the vHC of a Met68BDNF mouse that received AAV-Val68BDNF in the vHC. **B–C** Male Met68BDNF that received AAV-GFP (green) in the vHC spent similar time in both the open arm (**B**) and the distal open arm (**C**) following i.p. injection of alcohol (1.25 g/kg) (hatched bars) or saline (open bars). Met68BDNF mice that received AAV-Val68BDNF (purple) in the vHC spent significantly more time in

the open arm (**B**) and the distal open arm (**C**) following a systemic administration of alcohol (hatched bars) than they did following saline administration (open bars). **D** Heatmaps of group mean position on the elevated plus maze. Open arms are horizontal, and closed arms extend vertically from the center. Dotted lines indicate the approximate position of apparatus walls/ledges. Data represented as mean ± SEM; *** $p < 0.001$. Male Met68BDNF + AAV-GFP: $n = 11$, Male Met68BDNF + AAV-Val68BDNF: $n = 10$

Discussion

In this study, we provide evidence to suggest that male carriers of the Met68BDNF allele exhibit social anxiety, alcohol preference over social interaction, and acute tolerance to the sedative and anxiolytic actions of alcohol. We further show that overexpression of the wild-type Val68BDNF in the vHC of the Met68BDNF mice restores normal anxiolytic responses to alcohol suggesting that proper BDNF signaling in the vHC is required for alcohol-dependent anxiolysis.

Li et al. showed that male human and mouse carriers of the Met66BDNF allele show social anxiety phenotypes (Li et al. 2021), and we obtained similar data in male mice carrying the Met68BDNF allele. Li et al. suggested that the social deficits in the male Met66BDNF mice are caused by reduced function of BDNF in a medial orbitofrontal cortical (mOFC) to basolateral amygdala (BLA) circuit during development (Li et al. 2021). Li et al. further showed that these deficits can only be rescued when wild-type Val66BDNF is overexpressed during a peri-adolescent developmental window of Met66BDNF mice but not during adulthood (Li et al. 2021). Although we did not specifically examine whether social anxiety can be rescued in the adult Met68BDNF mice, we were able to rescue compulsive alcohol drinking phenotype by overexpressing Val68BDNF in the mPFC of adult Met68BDNF mice (Warnault et al. 2016), and here we show that alcohol-dependent anxiolysis can be restored by overexpressing Val68BDNF in the vHP of adult Met68BDNF mice. These data suggest that malfunction of BDNF during development does not play a role in all tested behaviors. Another important difference between the two mouse lines is that we did not observe a baseline anxiety differences in mice carrying the Val68BDNF and Met68BDNF alleles ((Warnault et al. 2016) and data herein), whereas mice generated by Li and colleagues carrying the human Met66BDNF allele, show heightened basal anxiety levels (Chen et al. 2006). Furthermore, Vandenberg et al. compared the behaviors of Met66BDNF and Met68BDNF mice as well as their wild-type counterparts in a battery of cognitive paradigms and found numerous additional differences between the two mouse lines (Vandenberg et al. 2018). It is important to note that our knockin mouse line and Li and colleagues knockin mouse line are different. For example, Chen et al. kept a Histidine tail at the C-terminal of the BDNF protein (Chen et al. 2006), whereas our mouse line did not contain additional amino acids (Warnault et al. 2016). This difference is of importance as a Histidine tag can produce non-physiological changes to the function of the endogenous protein. First, the addition of multiple histidines was shown to increase protein stability (Khan et al. 2012), and also to change the conformation and activity of recombinant proteins (Wu and Filutowicz 1999; Panek et al. 2013). Thus, differences in Met66BDNF and Met68BDNF

half-life and/or confirmation could play a role in the behavior of the mouse. It is also plausible that because one or all of these differences, Chen et al. mice (Chen et al. 2006) have developmental deficits (Li et al. 2021), whereas ours do not. More studies are required to clarify why mice carrying the Val66/68MetBDNF alleles show such differences in neurobehavioral phenotypes.

We found that male Met68BDNF exhibited aversion to a social-paired chamber and a preference for an alcohol-paired chamber in a social-alcohol CPP/CPA test. However, alcohol place preference was normal in Met68BDNF mice suggesting that social deficits and not increased alcohol reward are the primary driving factor of mice preferring the chamber that was associated with alcohol and not the chamber that was associated with social interaction. Ten percent of subjects suffering from AUD also endure social anxiety (Buckner et al. 2008), and those who suffer from AUD are 4.5 times more likely to also exhibit social anxiety (Bowen et al. 2022; Buckner and Turner 2009; Buckner et al. 2008; Buckner and Heimberg 2010). In addition, social anxiety disorders are strongly correlated with increased risk for heavy alcohol use (Buckner et al. 2008; Buckner and Heimberg 2010; Blumenthal et al. 2016; Villarosa-Hurlocker and Madison 2020). Furthermore, social stress during adolescence increases alcohol intake in male and female C57Bl/6 mice (Caruso et al. 2018), and predicts alcohol intake in humans (Simons et al. 2017). Together, these reports show that social anxiety is a risk factor for heavy alcohol use. We previously showed that male Met68BDNF mice consume alcohol both excessively and compulsively (Warnault et al. 2016). Several human studies report higher average alcohol consumption in Met66BDNF allele carriers (Wojnar et al. 2009; Colzato et al. 2011). Thus, it is plausible that subjects carrying the BDNF SNP consume alcohol excessively in part to alleviate social anxiety. It would be of great interest to determine whether social anxiety and AUD are correlated in human carriers of the Met66BDNF allele.

We observed that male Met68BDNF mice are resistant to the acute sedative and anxiolytic actions of alcohol suggesting that this mutation leads to the development of acute alcohol tolerance. It is unlikely, that the acute tolerance to alcohol is due to enhanced alcohol metabolism for two reasons: First, blood alcohol concentration was the same in Val68BDNF and Met68BDNF mice 90 min after receiving a dose of 2.5 g/kg of alcohol (Warnault et al. 2016), and second, since overexpression of wild-type Val68BDNF in the vHC of Met68BDNF mice was sufficient to rescue alcohol-dependent anxiolysis. Acute tolerance is a well-known characteristic of AUD (Elvig et al. 2021), and classic longitudinal studies by Schuckit and colleagues showed that heightened acute alcohol tolerance, coincides with an increased risk for AUD (Schuckit 1985; Schuckit et al. 2019). Not much is known about the mechanisms underlying

alcohol tolerance (Elvig et al. 2021). Thus, acute tolerance as shown herein, and compulsive alcohol consumption as shown in Warnault et al. (2016) may be linked and are due to a malfunction of a single gene and its downstream signaling.

Sex differences in social behavior have been widely described (Becker and Koob 2016; Paletta et al. 2022; Bredewold and Veenema 2018; Li and Dulac 2018; Knoedler et al. 2022; Kopachev et al. 2022), and we observed sex differences in social behaviors between the male and female Met68BDNF mice. Specifically, disruption in BDNF function does not seem to affect the social behavior phenotypes in female Met68BDNF, and in contrast male Met68BDNF mice exhibit social anxiety. In line with our findings, human data indicates for example that male, but not female Met-66BDNF allele carriers experience higher incidences of major depressive disorder (Verhagen et al. 2010). We also observed that, whereas male Met68BDNF mice are resistant to the anxiolytic action of alcohol, female Met68BDNF mice are not, as they show a similar pattern of behavior as Val68BDNF female and male mice. These data suggest that sex differences may be more generalized in mice carrying the Met68BDNF allele. Interestingly, although we did not compare them directly, female Val68BDNF and Met-68BDNF mice exhibited divergent open-field social interaction behavioral phenotypes, compared to their male counterparts. Because this sex difference exists in both genotypes, it is unlikely to be related to BDNF. However, further studies are needed to determine whether BDNF in female mice plays a role in other behaviors, including gating alcohol use, which is mediated, in part, via corticostriatal circuitries in male mice (Warnault et al. 2016; Jeanblanc et al. 2009, 2013).

We establish that BDNF in vHC neurons, plays a critical role in mediating alcohol-induced anxiolysis. BDNF acts both in an autocrine and a paracrine manner. Specifically, BDNF is released in an activity-dependent manner postsynaptically, and more commonly through axonal terminals (Wang et al. 2022; Vincenti et al. 2019). Thus, it is plausible that BDNF synthesized in the vHC is released postsynaptically and activates TrkB receptors in dendrites of the same neurons or presynaptically by targeting other neurons within the vHP. Alternatively, and more likely, BDNF produced in vHC neurons and released in target regions may influence behaviors via signaling in those brain regions. For example, the vHC extends neuronal projections to, and receives them from, the BLA and the mPFC, and connections between these three brain regions are linked with anxiety and specifically with social anxiety-like behaviors in rodents (Felix-Ortiz and Tye 2014; Parfitt et al. 2017; Liu et al. 2020; Qi et al. 2018; Adhikari et al. 2010). Furthermore, vHC neurons projecting to the lateral septum (LS) were shown to suppress anxiety-like behavior (Parfitt et al. 2017), whereas vHC to mPFC circuits promote anxiety (Padilla-Coreano et al. 2016; Parfitt et al. 2017). In contrast, vHC neurons that project

to the nucleus accumbens (NAc) (Okuyama et al. 2016) or mPFC (Sun et al. 2020) were shown to drive social reward memory. In rats, alcohol dependence has been reported to specifically increase synaptic excitability in the vHC (Ewin et al. 2019), and inactivation of a projection from the ventral subiculum of the hippocampus to the NAc shell decreases context-induced alcohol relapse (Marchant et al. 2016). Moreover, we previously found that overexpressing wild-type BDNF in the mPFC of Met68BDNF mice is sufficient to reverse compulsive alcohol consumption in adult mice (Warnault et al. 2016), which raises the possibility that overexpression of wild-type BDNF in the mPFC mimics the endogenous BDNF in vHC to mPFC circuit. Future studies are required to map vHC BDNF neurons and their target regions and to determine whether BDNF in these circuits plays a role in other alcohol-related phenotypes including social anxiety phenotypes, alcohol preferences vs. social interaction, and compulsive alcohol drinking.

In summary, in this study we demonstrate that male Met-68BDNF mice exhibit social anxiety-like phenotypes and are resistant to the acute behavioral effects of alcohol. The present study and Warnault et al. (Warnault et al. 2016) suggest that BDNF is crucially involved in gating excessive and compulsive alcohol intake (Warnault et al. 2016), in dampening social deficits including social aversion in the context of alcohol place preference as well as in promoting alcohol anxiolysis. However, whether these behavioral phenotypes overlap is as of yet unknown and need to be further explored. Our data also bring forward the importance of BDNF-expressing neurons in the vHC in the anxiolytic actions of alcohol, and additional research is needed to identify the mechanism by which BDNF regulates the behavior.

Supplementary Information The online version contains supplementary material available at <https://doi.org/10.1007/s00213-022-06305-3>.

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Declarations

Competing interest The authors declare no competing interests.

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