

FROM THE INSIDE

Chrysalis

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Chrysalis

I've always liked butterflies.
They're free, just like me.
Until now.

I'm spinning. I can't move.
Weaving my cocoon.
Captive, through lines of silk.

I'm not alone, I know.
I'm brave, they say.
And I'm not afraid of the dark.

Times have changed.
Time has come.
For metamorphosis.

Cracks, at last.
And through the gaps.
I see light.

My senses transcend.
Antennae on my bald scalp.
Guide me through obscurity.

I feel them growing through my spine.
Wrapping tenderly around my scars.
No more pain.

Weightlessness.
An explosion of colors.
Radiance through the dusk.

Look at me.
Pale and lucent skin.
Alive again.

My eyes are closed but I'm flying.
Don't worry, mommy and daddy.
I am ready.

Chrysalis is inspired by a true story about a loving mother and her terminally ill son. She helped him to understand his sickness using the metaphor of the butterfly, which undergoes a transformative period of immobility and physical change to become mobile and free. Near the end of his life, the child truly felt that he was metamorphosing into a butterfly and verbalized that he was feeling his wings grow until he was ready to "leave".

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