## FROM THE INSIDE

# **ICU**

Fiona E. Brown\*

© 2020 Springer-Verlag GmbH Germany, part of Springer Nature



I see you,

Beneath the mask,

Visor, gown

And gloves.

Wearing your new skin.

Protecting yourself.

Protecting me.

I see you,

The redeployed nurse

With panic in your eyes.

Acting like a swan,

Out of your comfort zone.

Role modelling resilience.

I see you,

The domestic staff.

An integral part of the team,

Yet rarely celebrated.

Demonstrating bravery

Whilst going about your work.

Remaining nearly invisible.

I see you,

The junior doctor,

Eyes wide open,

Surveying the situation.

Taking on new responsibilities,

Learning through the pandemic

Or just trying to cope?

I see you,

The registrar

Breaking bad news

Over the telephone.

Dissatisfied with circumstances, Enduring families' emotions As well as your own.

I see you,

The experienced consultant,

Previously infallible,

Now scared of the unknown.

Fearful for the future.

Holding strong for the team.

I see you,

The other patients,

More unwell than I.

Deteriorating.

Is this what I will become?

An entity of lines and tubes.

Hope is necessary

But COVID is cruel.

I see you.

I.C.U.

#### **Funding**

Not applicable.

Compliance with ethical standards

### Conflicts of interest

The authors declare that they have no conflicts of interest.

## **Publisher's Note**

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Received: 7 July 2020 Accepted: 9 July 2020 Published online: 7 August 2020

<sup>\*</sup>Correspondence: fiona.brown17@nhs.net Critical Care Department, James Cook University Hospital, Middlesbrough, UK

