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Xenon offers stable haemodynamics independent of induced hypothermia after hypoxia–ischaemia in newborn pigs

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Abstract Purpose: To assess the effect of 18 hour (h) 50% xenon (Xe) inhalation at normothermia (NT, 38.5°C) or hypothermia (HT, 33.5°C) on mean arterial blood pressure (MABP), inotropic support and heart rate (HR) following an induced perinatal global hypoxic–ischaemic insult (HI) in newborn pigs. **Methods:** Newborn pigs ventilated under inhalational anaesthesia, following a 45 min HI (inhaled oxygen fraction reduced until amplitude integrated electroencephalogram was less than 7 μ V), were randomised to three Xe ($n = 45$) (50% Xe 18 h with NT, HT 12 h or HT 24 h) or three non-Xe groups ($n = 53$) (0% Xe with NT, HT 12 h or HT 24 h) under otherwise identical conditions. We measured MABP and HR every minute. Hypotension (MABP <40 mmHg) was treated sequentially with 2×10 mL/kg saline, dopamine, norepinephrine and hydrocortisone if required. **Results:** Xe maintained higher MABP during HT (5.1 mmHg, 95% CI 2.34, 7.89), rewarming (10.1 mmHg, 95% CI 6.26, 13.95) and after cessation (4.1 mmHg, 95%

CI 0.37, 7.84) independent of HT, inotropic support and acidosis. Xe reduced the duration of inotropic support by 12.6 h (95% CI 5.5, 19.73). Inotropic support decreased the HR reduction induced by HT from 9 to 5 bpm/°C during cooling and from 10–7 to 4–3 bpm/°C during rewarming. There was no interaction between Xe, HT, inotropic support and acidosis. Xe during HT cleared lactate faster; 3 h post-HI median (IQR) values of (Xe HT) 2.8 mmol/L (0.9, 3.1) vs. (HT) 5.9 mmol/L (2.5, 7.9), $p = 0.0004$. **Conclusion:** Xe maintained stable blood pressure, thereby reducing the inotropic support requirements during and after administration independently of induced HT—current neonatal encephalopathy treatment. Xe may offer haemodynamic benefits in clinical neuroprotection studies.

Keywords Xenon · Hypotension · Inotrope · Induced hypothermia · Hypoxic ischaemia · Pig

Introduction

In newborn infants [1–3] and pigs [4–6] with hypoxic ischaemic encephalopathy (HIE), ischaemic cardiac injury as demonstrated on histological examination manifests as persistent hypotension requiring inotropic support. In HIE

clinical trials, moderate hypothermia (HT) [rectal temperature (T_{rec}) 33–35°C], which improves neurologic outcome, does not alter the incidence of hypotension compared to normothermia [1–3, 7].

Xenon (Xe), an anaesthetic noble gas, which offers additive neuroprotection with HT after hypoxia–

ischaemia in rats and newborn pigs [8–10], also maintains stable arterial blood pressure and reduces heart rate (HR) in human adults during anaesthesia [11–13]. Although short-term haemodynamic effects of Xe have been studied in adult humans and mature animal models, there are no studies with a long enough duration of Xe inhalation after hypoxia–ischaemia (HI) to match that which is suggested as being appropriate for clinical neuroprotection in humans or animals of any age. In neonates, cardiac physiology, haemodynamic response to perinatal global HI and recovery from HI are different from adults. Hypothermia, used for neuroprotection after HIE in newborns, can affect cardiac haemodynamics [14, 15]. It is essential to know the haemodynamic effects of anaesthetic or sub-anaesthetic concentrations of Xe after HIE, and with induced HT before commencing large neuroprotection studies in newborn babies [16] where it is suggested that Xe be administered for at least 18 h in conjunction with cooling—the standard HIE treatment. The neuroprotection effects of the Xe and HT combination from this study have already been published [10]. Here we aimed to determine the effects of Xe and HT on blood pressure, inotropic support and HR after global HI in a newborn pig model, which has cardiovascular physiology [17, 18] and haemodynamic responses similar to asphyxiated newborn babies.

Methods

Conduct of experiment

This was a factorial randomised trial involving a newborn pig global HI model, which has been previously described [4, 10], conducted under UK Home Office regulation. In brief, after unrestrained anaesthetic induction, newborn pigs intubated with a 3.0 mm cuffed tracheal tube (Mallinckrodt Medical, Athlone, Ireland) were ventilated (SLE 2000, SLE, Surrey, UK) with 1–2% isoflurane, 70% N₂O and 28–29% O₂ maintaining peripheral oxygen saturation (SpO₂) between 95 and 98% and the end tidal CO₂ between 4.5 and 5.5 kPa. Rectal and skin temperature probes calibrated to within $\pm 0.1^\circ\text{C}$ over a temperature range of 20–40°C (Criticool, MTRE, Israel) were inserted 6 cm into the rectum and sited on the ear lobe respectively. Umbilical arterial and venous catheters were inserted allowing continuous monitoring of mean arterial blood pressure (MABP), measurement of blood gases and infusions of maintenance fluids and drugs. Invasive arterial blood pressure was measured with a Hewlett Packard invasive blood pressure unit and single-use disposable transducers (Becton & Dickinson, Oxford, UK) connected to the umbilical arterial catheter by a 0.9% saline-filled non-compliant tube. The pressure transducer was zeroed to the atmospheric pressure at the level of the heart in the mid-axillary line before commencing measurement.

The maximum error with the transducer due to the total effects of nonlinearity, hysteresis and sensitivity variations should then be no more than 2% of the reading or ± 1 mmHg, whichever is greater, over the operating range in keeping with the Association for the Advancement of Medical Instrumentation's performance standard for blood pressure transducers.

Monitoring

HR in beats per min (bpm) and MABP measured from the arterial blood pressure waveform signal (ICM software, University of Cambridge, Cambridge, UK) and T_{rec} were continuously recorded every minute until 36 h after the HI and six hourly thereafter until the end of the experiment.

Blood gases (analysed at 37°C) (Siemens Healthcare Diagnostics, Surrey, UK) and lactate (Lactate ProTM, Arkray, Inc. Kyoto, Japan) were sampled prior to, during and after HI until 72 h, or when clinically indicated.

A single- or two-channel amplitude integrated electroencephalogram (aEEG) (Olympic or Brainz, Natus Medical Incorporated, San Carlos, USA) was continuously recorded.

Insult

The cuff of the tracheal tube was inflated and checked for any leak. Fraction of inspired oxygen (FiO₂) was reduced to 5–7% to depress the background aEEG activity to below 7 μV for 45 min [4, 19]. The duration of low amplitude background activity below 7 μV (LAEEG) in minutes [4] during HI, pH and lactate at the end of HI were markers of insult severity in this model [20].

Stabilisation and randomisation

Pigs randomised immediately after HI by selecting from consecutive sealed envelopes to six treatment groups were initially resuscitated with air post-HI; FiO₂ was adjusted as required via the mechanical ventilator to 30% oxygen to maintain the SpO₂ between 95 and 98%. After HI, inhalation anaesthesia was replaced by intravenous (iv) anaesthesia in all animals; a bolus dose of propofol 4 mg/kg, followed by maintenance infusions of propofol (4–12 mg/kg/h) and remifentanyl (20–80 $\mu\text{g}/\text{kg}/\text{h}$). This iv anaesthesia was adjusted according to HR, MABP and pigs' responsiveness.

Intervention

Thirty minutes after HI, a mixture of Xe/oxygen/nitrogen (Xe 50%, O₂ 30%, N₂ 20%) with concomitant decrease in

propofol for a period of 18 h was delivered using a previously described closed-circuit breathing system to economise on Xe consumption [21]. Target T_{rec} of 33.5°C was reached within 30 min after the HI using manual or servo-controlled whole body cooling equipment. Hypothermia was followed by rewarming to normothermia (NT, T_{rec} 38.5 ± 0.2°C, which is the normal temperature for newborn pigs) [22] at a rate of 0.5°C/h.

There were three Xe treatment groups, receiving 50% Xe in combination with NT (Xe NT, $n = 12$), or 12 h HT (Xe 12 h HT, $n = 18$), or 24 h HT (Xe 24 h HT, $n = 15$). Xe HT denotes combined Xe 12 h HT and Xe 24 h HT groups. There were three non-Xe groups (0%Xe), which were NT ($n = 18$), or HT for 12 h (12 h HT, $n = 18$) or 24 h (24 h HT, $n = 17$).

Hypotension management

Hypotension (MABP less than 40 mmHg for at least 10 min) [17], after confirming adequate level of anaesthesia, was managed using a formalised stepwise protocol. A bolus of two separate 10 mL/kg of 0.9% saline was followed by dopamine (5–20 µg/kg/min with increments of 5 µg/kg/min). Norepinephrine (20 ng–1 µg/kg/min with increments of 20 ng/kg/min) was administered when dopamine had reached 20 µg/kg/min. Hydrocortisone (2.5 mg/kg/6 h or stopped earlier if the MABP recovered) was administered when norepinephrine reached 50 ng/kg/min, reflecting standard hypotension management in cooled neonates [23]. Failure to respond to the treatment within 30 min entailed moving to the next step of this protocol. Inotropes were reduced by 25%, whenever the MABP was persistently above 40 mmHg for more than 30 min. Norepinephrine was weaned first followed by dopamine. After a stable 30-min period, inotropes were further weaned by 25%.

Recovery and autopsy

The doses of propofol and remifentanyl received by each pig were calculated during and post-Xe therapy. At the end of the treatment period in each group, iv anaesthetics were weaned. The cuffed tube was deflated after Xe inhalation. Pigs were extubated when able to breathe without support. After 72 h survival, pigs were reintubated and, under deep isoflurane anaesthesia, underwent terminal perfusion fixation of the brain and a full autopsy.

Statistical analysis

Data are given as mean (SD) for normally distributed variables. Skewed variables are summarised as median (range) (SAS, Cary, NC 27513; SPSS v15, Chicago,

Illinois). Effects of Xe, HT and inotropic support (as categorical variables) on MABP and HR were investigated during the following time epochs: HT period (6–12 h of treatment period), rewarming period (12–18 h and 24–30 h), NT (34–42 h of treatment period) and post-Xe period (18–34 h). Multiple linear regression (stepwise method) was used to identify the significant independent variables. An interaction term was included as a potential explanatory variable in this regression (as in ANOVA), but was far from significant at the 5% level. Regression residuals were checked for normality. Regression analysis showed that there was no effect of different durations of HT with or without the presence of 50% Xe on MABP. Therefore, unless specified, the term HT includes those cooled for both 12 and 24 h. A two tailed p value less than 0.05 was considered significant.

Results

There were five main results:

1. Xe improved the MABP during cooling and rewarming independent of induced HT, inotropic support, pH, pCO₂, propofol and remifentanyl doses.
2. Hypothermia (12 h/24 h) with or without Xe did not affect the blood pressure.
3. Xe did not affect the HR.
4. Cooling decreased HR by 9 bpm/°C but this reduction was less (5 bpm/°C) during inotropic support.
5. There was no interaction between the main interventions Xe and HT and other variables such as pH, pCO₂ and inotropic support.

There was no difference between Xe and non-Xe treatment groups in the weight in grams [mean (SD) 1,682 (264) vs. 1,650 (250)], age in hours [median (IQR) 18 (12, 23.5) vs. (15 (12, 24))], sex (females 48% vs. 52%), insult severity (i.e. LAEEG duration in minutes) [mean (SD) 33.7 (7.66) vs. 32.1 (8.46)], lactate at the end of HI in millimoles per litre [mean (SD) 16 (3.26) vs. 16.5 (2.27)] or pre-HI inhalational anaesthesia duration in hours [mean (SD) 5.2 (1.44) vs. 5.2 (1.88)], respectively.

Effects of Xe and HT on MABP

During the 6–12 h epoch, when all the HT groups underwent cooling, and during rewarming (12 h HT/Xe 12 h HT groups), Xe significantly increased MABP by 5.1 mmHg and 10.1 mmHg respectively. The MABP of pigs receiving inotropes was 3.1 mmHg and 4.2 mmHg lower than the pigs not receiving inotropic support during 6–12 h cooling epoch and rewarming respectively (Table 1). During rewarming in 24 h HT/Xe 24 h HT

Table 1 Effects of intervention on MABP, HR during cooling (6–12 h), rewarming, NT at the end of experiment and post-Xe period (18–34 h) which were independent of remifentanyl, propofol, pH and pCO₂

Time epoch of experiment	Treatment groups	Intervention	MABP mmHg	HR beats/min
6–12 h, during HT	All	Xe	5.1 (2.34, 7.89)	*
		Ino	–3.1 (–6.08, –0.12)	18.0 (4.57, 31.32)
		HT	*	–44.6 (–58.09, –31.10)
Rewarming (12–18 h)	NT, Xe NT, 12 h HT, Xe 12 h HT	Xe	10.1 (6.26, 13.95)	*
		Ino	–4.2 (–8.30, –0.15)	23.5 (8.48, 38.51)
		HT	*	–36.6 (–50.83, –22.46)
Rewarming (24–30 h)	NT, Xe NT, 24 h HT, Xe 24 h HT	Xe	*	*
		Ino	*	26.4 (12.06, 40.76)
		HT	*	–48.5 (–62.17, –4.89)
34–42 h, NT	All	Xe	*	*
		Ino	*	*
		HT	*	–13.8 (–25.11, –2.43)
18–34 h, post-Xe	All	Xe	4.1 (0.37, 7.84)	*
		Ino	*	*
		HT	*	*

There was no interaction between Xe, Ino, HT, pH and CO₂ at all these time points
Xe xenon, *Ino* inotropic support and *HT* hypothermia as categorical variables (yes/no)

* No significant effect ($p > 0.05$)

groups, initial Xe therapy/inotropes did not affect the MABP (Table 1).

There was no effect of Xe or inotropic support on the MABP during the normothermic 34–42 h time epoch at the end of the intervention. Hypothermia with or without Xe did not have any significant effect on MABP.

Effects of Xe and HT on HR

During the 6–12 h epoch, HT decreased HR by 44.6 bpm (9 bpm/°C). Inotropic support increased HR in the normothermic pigs by 18 bpm and significantly reduced the bradycardic effect of HT from 9 to 5 bpm/°C (Table 1).

During rewarming in the 12 h HT/Xe 12 h HT and 24 h HT/Xe 24 h HT groups, prior HT reduced the HR by 36.6 bpm (7 bpm/°C) and 48.5 bpm (10 bpm/°C), and inotropic support decreased the bradycardic effect of HT from 7 to 3 bpm/°C and from 10 to 4 bpm/°C compared with normothermic groups respectively (Table 1).

During the normothermic 34–42 h epoch, HR was 13.8 bpm lower in the HT pigs compared to NT pigs. Inotropic support did not affect the HR. Xe did not have an independent significant effect on HR during cooling, during or after rewarming.

There was no interaction between Xe, inotropic support and HT on MABP and HR at all these time points. The effects were independent of remifentanyl, propofol, pH and pCO₂.

Effect of acidosis on MABP and HR

Xe did not affect pH or pCO₂. Hypothermia exerted statistically significant but negligible effects on pH (–0.1) and pCO₂ (+7 mmHg). However, the negligible influence

of pH and pCO₂ on MABP and HR ruled out an indirect effect of HT through ameliorating acidosis.

Effect of Xe on MABP post-HI

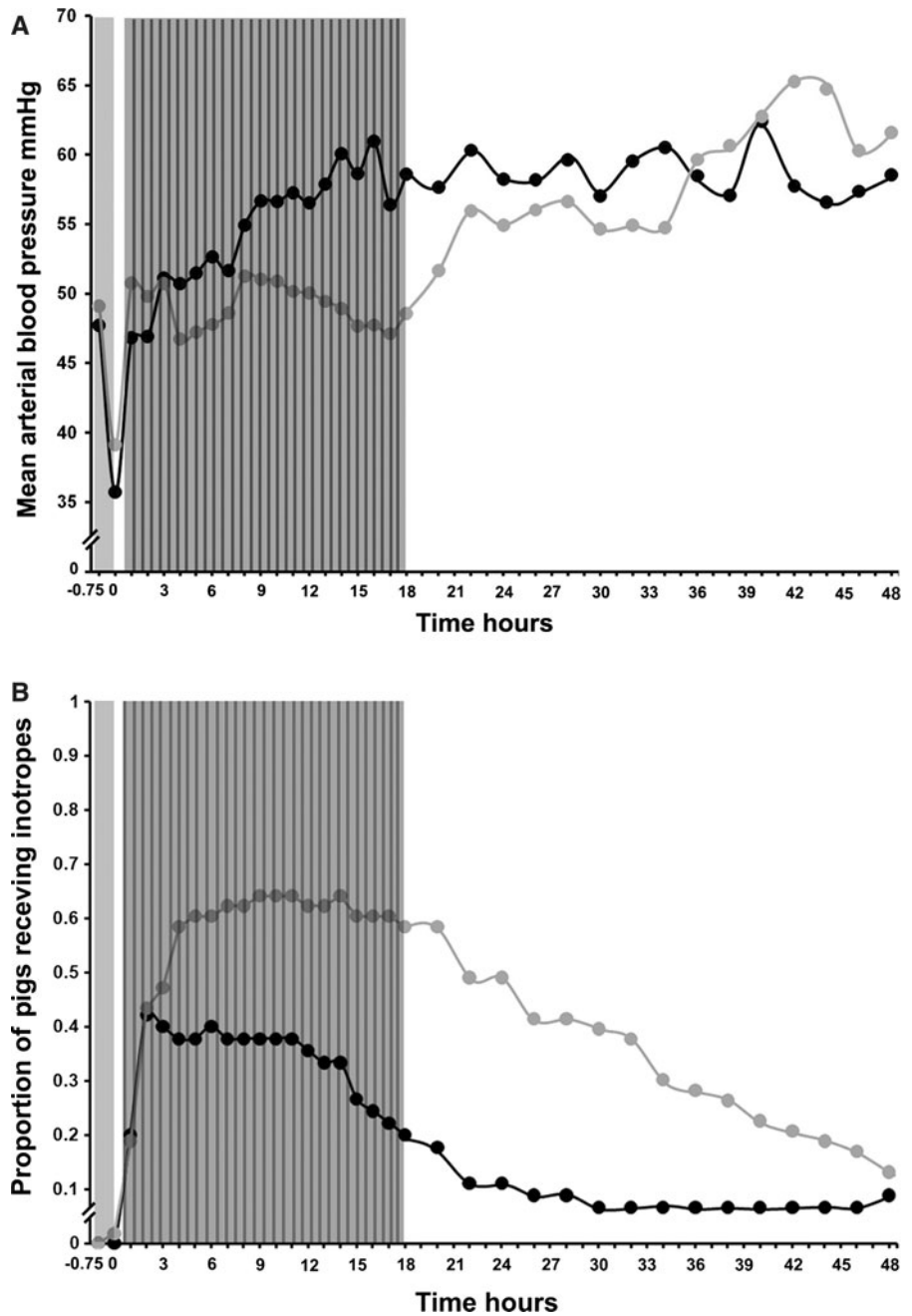
Figure 1a shows the difference in MABP between the Xe and non-Xe pigs, both during and after Xe inhalation. The MABP decreased during the HI insult and normalised after resuscitation. The Xe groups maintained a higher MABP than the non-Xe groups both during Xe inhalation (3–18 h) by 4.5 mmHg [95% confidence interval (CI) 2.38, 6.71] and after Xe cessation (18–34 h) by 4.1 mmHg (95% CI 0.37, 7.84) independent of HT, acidosis, propofol and remifentanyl (Table 1). A significantly higher proportion of pigs needed inotropes in the non-Xe group compared to Xe group (62.7% vs. 37.3%, $p = 0.016$) (Fig. 1b). The onset and duration of inotropes in individual animals of six groups are shown in Fig. 2 (a–c, non-Xe groups; d–f, Xe groups). Xe combined with either HT or NT significantly reduced the duration of inotropic support by 12.6 h (95% CI 5.5, 19.73) or the need for more than one inotrope, odds ratio (OR) 0.24 (95% CI 0.06, 0.98) and none of the Xe animals needed hydrocortisone.

Lactate clearance

Baseline blood lactate median (IQR) of 2.9 mmol/L (2.15, 3.61) rose to 16.7 mmol/L (14.8, 18.3) at the end of HI. Lactate cleared faster in both Xe HT compared to both HT groups; median (IQR) 3 h post-insult lactate was 2.8 mmol/L (0.9, 3.1) vs. 5.9 mmol/L (2.5, 7.9) respectively, $p = 0.0004$.

Cumulative (area under the curve) lactate values from the end of HI until 24 h were significantly less in the Xe

Fig. 1 Mean difference in MABP during Xe inhalation and after Xe cessation between Xe (black circles) and non-Xe (grey circles) groups (a) and the proportion of pigs receiving inotropes during Xe inhalation and after Xe cessation (b) between Xe (black circles) and non-Xe (grey circles) groups. HI is indicated by light grey background and the duration of Xe inhalation is indicated by grey shaded rectangle with vertical lines



HT 57.35 (15.85, 176.7) compared to the HT groups, 74.6 (15, 360), $p = 0.04$ (Fig 3).

Discussion

Xe inhalation improved the cardiac dysfunction in newborn pigs following a global HI insult; this improvement occurred during cooling, rewarming and for 16 h post-inhalation, independently of induced HT, acidosis,

inotropic support and intravenous anaesthesia. This is demonstrated by maintenance of stable blood pressure, reduction in the need for inotropic support, and rapid clearance of lactate. Cooling to 33.5°C with or without Xe did not have any significant independent effect on blood pressure. Xe did not affect the HR, while the physiological reduction in HR of HT (decrease of 9 bpm/°C) was significantly reduced by the inotropes to 5 bpm/°C.

Cardiac dysfunction following global HI presents clinically as persistent hypotension and is treated in accordance with the current neonatal practice [23, 24] with initial fluid

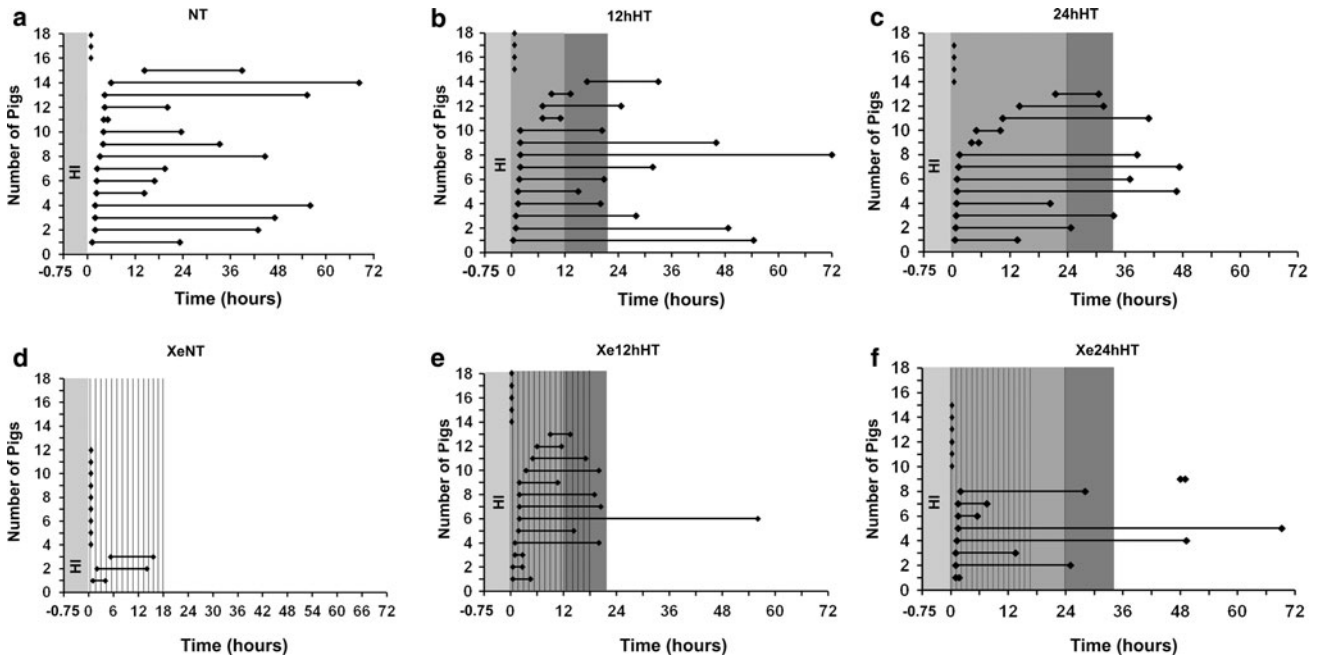


Fig. 2 Time of initiation and cessation of inotropic support in individual pigs. Three non-Xe groups are shown on the top panel (a–c) and three Xe groups are shown on the bottom panel (d–f). Pigs which did not need inotrope support are each indicated by an unconnected filled diamond. Time 0 corresponds to end of the HI.

Light grey boxes indicate 45 min of HI insult, medium grey boxes indicate HT, dark grey boxes indicate rewarming and vertical lines indicate Xe inhalation (linked filled diamonds indicate the duration of inotropic support)

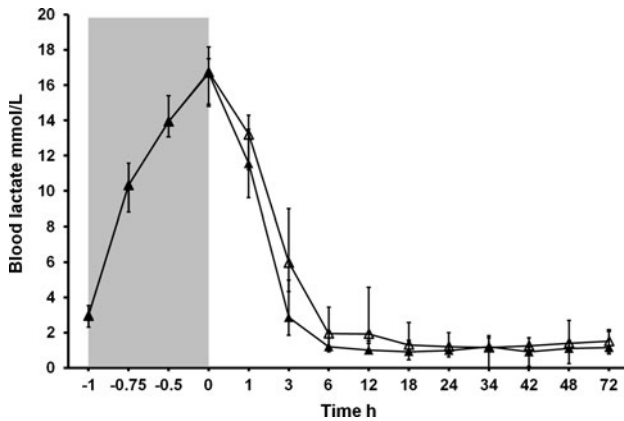


Fig. 3 Blood lactate (mmol/L) in the combined HT group (12 h HT_{33.5°C} and 24 h HT_{33.5°C}) (open triangles) and combined Xe hypothermia group (18 h Xe_{50%} 12 h HT_{33.5°C} and 18 h Xe_{50%} 24 h HT_{33.5°C}) (filled triangles). Time –1 corresponds to baseline and time –0.75 until 0 corresponds to HI insult (grey box)

boluses followed by inotropic support and corticosteroids. Xe_{60%} anaesthesia for approximately 2 h in adults with no cardiovascular risk compared to isoflurane/nitrous oxide reduced the use of inotropes [13]. There are no similar data available either in asphyxiated neonates with cardiac dysfunction, given a prolonged duration of sub-anaesthetic 50% Xe, or where Xe was combined with induced HT, which is now standard HIE treatment. We followed a

protocolised neonatal approach in commencing treatment for persistent hypotension and weaning the inotropes in all animals. This eliminated any likelihood of overestimating the duration of inotropic support in non-Xe animals. Pigs receiving inotropic support maintained MABP lower than that of pigs not receiving inotropic support indicating that our protocol of initiation and weaning of inotropic support did maintain the MABP in the target range. Xe groups maintained the MABP within the normal range rather than inflating the MABP and hence the difference in MABP between Xe and non-Xe groups reflects a genuine improvement in cardiac function. Xe_{50%} maintained a stable MABP, 5.1 mmHg higher than pigs that did not receive Xe independently of induced HT, propofol and remifentanyl; this accounted for the reduction in the duration of inotropic support. A higher MABP has been reported in pigs anaesthetised with Xe_{50%} [25] and in adults both with and without coronary artery disease undergoing elective non-cardiac surgery under NT [13, 26].

The precise mechanism by which MABP is maintained is not clear. Xe_{60%} has been associated with better left ventricular performance [26] and systolic function [27] in patients with moderate cardiovascular risk [26] and ischaemic heart disease [27], respectively. Other possible mechanisms for maintaining stable MABP may be due to the preservation of the systemic vascular resistance and myocardial contractility following inhalation of Xe_{50–70%} in pigs [25], Xe_{63%} in dogs [28], and Xe_{15–53%} in humans

who underwent coronary artery bypass grafts [29]. This could explain Xe's ability to maintain MABP 10.1 mmHg higher during rewarming, when the systemic vascular resistance is likely to fall [30]. Systemic vascular resistance has been shown to increase with Xe_{50–60%} in myopathic hearts, associated with increase in the left ventricle isovolumetric relaxation time constant [31], which can occur in cardiac impairment post-asphyxia.

Xe's ability to counteract hypotension may account for rapid lactate clearance by maintaining better tissue perfusion. Xe demonstrated a declining 'persistent effect' on MABP by maintaining higher blood pressure, hence reducing the duration of inotropic support for 16 h after cessation of Xe delivery. The precise mechanism behind Xe's long-term stabilising effect on blood pressure is not known. The global HI insult in our model results in multiple sub-endocardial ischaemic lesions [5]. Xe_{70%} commenced during early reperfusion (15 min) following coronary artery occlusion in rabbits reduced the infarct size [32]. In our study, 18 h Xe_{50%} commenced within 30 min of HI may protect the heart by improving the contractility of the ischaemic myocardium.

Core temperature reduction by 5°C did not have any independent significant hypotensive effect similar to the neonatal clinical trials [2, 3] of whole body cooling, where core temperature was reduced by 3.5°C. Hypothermia decreased the HR by reducing metabolic rate [30]. Chronotropic effect of inotropes altered the intensity of HR reduction by HT, thereby invalidating the use of HR as a stress marker. Hypothermic groups continued to maintain a lower HR compared with normothermics even after rewarming, implying a persistent effect on metabolism. Xe

did not alter the effect of HT in reducing the HR. In adult studies, Xe_{60%} has been shown to reduce the HR by the end of anaesthesia [13] like other inhalation anaesthetics. The lack of Xe's effect on HR might be due to the large rate reduction effect of HT, where the core temperature was reduced by 5°C and 50% Xe being less than half the minimal anaesthetic concentration (MAC) value in pigs. There was no interaction between HT, Xe, inotropic support and acidosis. This excludes the indirect cardiac effect from optimal pH.

There were certain limitations to our study. Objective measures of assessing anaesthetic depth like bispectral index, though valid during HT [33], could not be used as the pigs' EEG showed effects of recovery from global HI with varied levels of depression; also bispectral index is unreliable with Xe [34]. Hence, we relied on total dose of anaesthetics. Xe_{50%} was commenced at 30 min after HI along with remifentanyl, while propofol was reduced/stopped. Although propofol is not routinely used in newborns, animal legislation demands deep levels of sedation influencing our choice of drugs. Also, from a design point of view, those without Xe needed an anaesthetic, hence all animals received propofol and remifentanyl. The inevitable delay before onset of Xe and necessary use of sedatives like morphine in clinical situations may alter the haemodynamic findings.

In conclusion, after global HI in newborn pigs, 18 h Xe_{50%} independently of induced HT, acidosis, intravenous anaesthesia maintained a stable MABP, thereby reducing the duration of inotropic support and expediting the clearance of lactate. This stable haemodynamic effect of Xe persisted long (16 h) after cessation of Xe.

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