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# **Regional distribution of blood volume** within the preterm infant thorax during synchronised mechanical ventilation

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Abstract *Purpose:* Perfusion in healthy adults is gravity-dependent. Little is known about lung perfusion in the preterm infant. The aim of this study was to describe the regional distribution of blood volume within the thorax in preterm infants receiving synchronised volume-targeted mechanical ventilation (SIPPV + TTV) and to compare this to regional distribution of tidal ventilation using electrical impedance tomography (EIT). *Methods:* Stable supine ventilated preterm infants (<32-week gestation) were studied. Three sets of artefact-free 30-s EIT recordings of the right hemithorax were filtered in the cardiac and respiratory frequency domains to differentiate impedance change due to Abbreviations blood ( $\Delta Z_c$ ) and gas volume ( $\Delta Z_v$ ). The distribution of  $\Delta Z_{\rm c}$  and  $\Delta Z_{\rm v}$  in the anterior-to-posterior regions of the right chest were compared. Infants were subdivided by age (<7,

>7 days) and oxygen requirement. *Results:* A total of 5,471 beats were analysed from 26 infants (78 recordings); mean (standard deviation (SD)) gestational age was 26 (2) weeks and mean (SD) postnatal age was 9 (10) days. The median (interquartile range)  $\Delta Z_c$  in the anterior half of the hemithorax was 1.41-fold (0.88-2.11) greater than that in the posterior half. The geometric centre of  $\Delta Z_c$  was located at 46.7% of the anterior-posterior thoracic distance, compared to a more centrally located  $\Delta Z_{\rm v}$  (49.6%; p < 0.0001). The  $\Delta Z_v / \Delta Z_c$  ratio was 1.7 in the anterior third of the chest and 2.2 in the posterior (p < 0.0001). The area under the curve (AUC) analysis showed that  $\Delta Z_c$  was more evenly distributed in infants >7 days of age and not influenced by oxygen requirement. Conclusions: There are gravity dependent differences in the distribution of blood volume and ventilation in the ventilated preterm chest.

#### Keywords Infant · Preterm · Perfusion · Ventilation ·

Lung mechanics · Electrical impedance tomography

BPM	Beats/breaths per
	minute
c.u.	Countless
	impedance units

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EIT	Electrical impedance tomography	SIPPV	Synchronised intermittent positive pressure	$\Delta Z$	Change in thoracic impedance Amplitude of
fEIT	Functional electrical impedance	SIPPV + TTV	ventilation Synchronised volume-targeted	<u> </u>	impedance change in the cardiac frequency domain
F <sub>IO2</sub>	Fraction of inspired oxygen concentration	TTV	positive pressure ventilation Targeted tidal	$\Delta Z_{\rm v}$	Amplitude of impedance change in the respiratory frequency domain
HR PDA	Heart rate Patent ductus arteriosus		volume (volume guarantee)		1 2

# Introduction

Attempts to improve neonatal ventilation have focused on optimising tidal ventilation and minimising ventilatorinduced lung injury [1], but gas exchange is also dependent on lung perfusion [2, 3]. Little is known about lung perfusion and the distribution of blood volume within the preterm lung. The diseased adult lung is particularly prone to ventilation-perfusion mismatching, even when ventilation has been optimised [2]. Understanding lung perfusion and its relationship to ventilation may aid in the respiratory management of preterm infants.

Ventilation and perfusion in adults are not evenly distributed. In healthy upright adults, both ventilation and perfusion have a zonal gravity-dependent distribution from the apex to the base [4]. Regional ventilation-perfusion mismatching is greater in the diseased ventilated adult lung, with over-inflation and under-perfusion predominating in the non-dependent lung regions while the better perfused dependent regions are prone to collapse [2, 5, 6]. In older infants and children, ventilation is preferentially distributed towards the non-dependent lung regardless of disease, which is the reverse of that seen in the healthy adult [7-9], but lung perfusion shows the same gravity-dependent distribution as adults. The result is a reduced ventilation-perfusion ratio in the dependent lung in older infants and children [10]. Whether these differences are present in ventilated preterm infants is unknown.

Traditional methods of determining lung perfusion, such as radio-nuclide scans, are not feasible in the ventilated neonate [10–12]. Electrical impedance tomography (EIT) is a non-invasive, real-time, radiation-free method of measuring the relative change in impedances within regions of a cross-section of the thorax [13–16] that has been validated in newborn infants [19, 20]. Thoracic electrical impedance is influenced by changes in gas, tissue and blood volumes. Air generates a greater impedance change than blood, and EIT has been used to measure regional ventilation in newborn infants [14, 15, 21–25]. Recent technological advances now enable

isolation of the EIT signal within the cardiac frequency domain [14, 16, 27], thus potentially allowing determination of cyclical changes in blood volume [12, 26–31]. To date, the distribution of perfusion within the lung of ventilated preterm infants has not been described.

The aim of this study was to describe the relative regional distribution in blood volume within the thorax, using EIT, in preterm infants receiving synchronised, volume-targeted intermittent positive pressure ventilation (SIPPV + TTV) and to compare this to the regional distribution of tidal ventilation.

# Methods

## Study population

This study was performed in the neonatal intensive care unit (NICU) of The Royal Women's Hospital, Melbourne from August 2008 to August 2009. The study was approved by the institution's Human Research Ethics Committee, and informed parental consent was obtained.

Stable infants less than 32 completed weeks' gestational age at birth and older than 24 h who were receiving SIPPV + TTV via a BabyLog 8000 ventilator (Dräger, Lübeck, Germany) were eligible. The clinical team chose the ventilator settings. Infants were excluded if they were too unstable for routine handling or had an air leak, evolving abdominal pathology, congenital heart disease, a known chromosomal anomaly, refractory hypotension, or an inspired oxygen concentration ( $F_{IO2}$ ) of >0.9.

#### Measurements

Oxygen saturation (Sp<sub>O2</sub>), heart rate (HR) and respiratory rate were continuously recorded (IntelliVue MP80 Monitor; Philips, Eindhoven, the Netherlands) and saved at 12-s intervals. Change in thoracic impedance ( $\Delta Z$ ) was measured at nipple level using a GoeMF II EIT system [13, 22] (CareFusion, Hoechberg, Germany) sampling at 44 Hz. To prevent electrode-to-electrode contact, the EIT skin electrodes (Kendall Puppydog 1042PTS; Tyco Healthcare, Mansfield, MA) were pre-trimmed to fit the infant's chest. Electrodes were placed during routine nursing handling. Prior to any data recording, the quality of electrode conductance and signal stability were verified using the EIT proprietary software (SciEIT; CareFusion) [13]. Inspiratory pressure was measured by the Dräger ventilator at the proximal endotracheal tube, and the analogue signal recorded directly into the EIT unit.

#### Study methods

At least 30 min after applying the electrodes and while the infant was settled in a supine position, three EIT recordings of 2-min duration were taken approximately 3 min apart. This was repeated 20 min later or when the infant was next settled. During each EIT. the infant's chest was videoed to aid identification of any movement artefact.

#### Data collection and analysis

The unfiltered global EIT and pressure data from each 2-min recording were reviewed off-line. To standardise the analysis, from each set of six recordings we selected the last three with at least 30-s of continuously stable, artefactfree, signal and impedance and pressure data extracted.

High- and low-pass filters were applied to the EIT signal at five cycles per minute above and below the highest and lowest recorded HR in order to differentiate the contribution of  $\Delta Z$  due to blood volume within the chest. Within this frequency domain, the  $\Delta Z$  is likely to be due to relative changes in blood volume [14, 27]. The  $\Delta Z$  due to ventilation was determined by applying a low-pass filter at ten cycles per minute above the respiratory rate. Within each frequency domain, the peaks and troughs were identified for each tidal inflation/beat, and the amplitude of impedance change [expressed in countless units (c.u.)] related to heart beat [cardiac frequency domain ( $\Delta Z_c$ )] and ventilation [respiratory frequency domain  $(\Delta Z_y)$ ] were determined. The recording was excluded if the HR coincided with a harmonic of the respiratory signal (Fig. 1).

A functional EIT (fEIT) image was generated from each recording using the standard deviation (SD) of the impedance time course of each individual pixel within the 32 (anterior to posterior)  $\times$  32 (left to right) matrix for  $\Delta Z_{\rm c}$  and  $\Delta Z_{\rm v}$  [14, 32, 33]. To minimise the possible effect of the heart and major blood vessels, we analysed  $\Delta Z$  only in the  $32 \times 16$  pixels encompassing the right hemithorax [34]. For the purpose of determining relative gravitydependent distribution of  $\Delta Z_c$  and  $\Delta Z_v$ , the values for In total, data from 5,520 beats in the right anterior chest each parameter in the 16 fEIT pixels within each of the 32 and 5,422 beats in the right posterior chest were analysed.

anterior-to-posterior rows of the right hemithorax were summated [23, 25]. The magnitude of  $\Delta Z_v$  and  $\Delta Z_c$  within the anterior and posterior halves of the right hemithorax were compared using area under the curve (AUC) analysis [23, 25]. The anterior-to-posterior geometric centres of  $\Delta Z_{\rm v}$  and  $\Delta Z_{\rm c}$  within the right hemithorax were also calculated [13, 25]. To determine the relative regional relationship between the respiratory and cardiac signals, we calculated the  $\Delta Z_v / \Delta Z_c$  ratio for each pixel. The pooled  $\Delta Z_{\rm v} / \Delta Z_{\rm c}$  ratios within each third of the right hemithorax were compared to aid interpretation. The frequency distribution of all  $\Delta Z_v / \Delta Z_c$  ratios within each region was also calculated.

As no previous data were available to determine a sample size, a convenience sample of 30 infants was recruited. As both postnatal growth and respiratory disease may influence regional lung development, we performed a sub-group analysis based on age (<7 vs. >7 days) and respiratory illness severity (air vs. supplemental oxygen). Statistical analysis was performed using GraphPad Prism ver. 4.02 for Windows (Graphpad software, San Diego, CA), and a p value of <0.05 was considered to be significant.

### Results

#### Infant demographics

During the study period there were 63 eligible infants, of whom 30 were recruited. No data were obtained on four infants due to faulty equipment (2 infants), infant death prior to study enrollment (1 infant), and incomplete data (1 infant). We evaluated 78 EIT recordings from 26 infants with a mean (SD) gestational age of 26 (2) weeks. Sixteen infants were studied at  $\leq 7$  days and 14 required supplementary oxygen.

All infants were stable on the day of study. The mean (SD) age was 9 (10) days; weight, 889 (309) g;  $F_{IO2}$ , 0.27 (0.10); positive end-expiratory pressure (PEEP), 5.6 (0.8) cm H<sub>2</sub>O; targeted tidal volume (TTV), 4.0 (0.6) mL/kg; HR, 154 (13) BPM. The HR in infants >7 days of age was statistically—but not clinically—significantly greater than that in those <7 days, with a mean difference of 10.3 [95% confidence interval (95% CI) 8.6-12.0] BPM (t test). A detailed description of the study population is available in the Electronic Supplemental Material (ESM Table1). Eight infants had or were receiving indomethacin for patent ductus arteriosus (PDA).

Impedance change within cardiac frequency domain



Fig. 1 Representative unfiltered and filtered functional electrical impedance tomography (fEIT) images from an infant. **a** Unfiltered relative impedance change ( $\Delta Z$ ) over 20 s illustrating the difference in  $\Delta Z$  synchronous with the slower respiratory (*peaks* marked by *solid horizontal line*) and faster heart rate (HR; *peaks* marked by *horizontal dashed line*). **b** Frequency content of unfiltered signal. *X*-axis Frequency (cycles per minute), *Y*-axis relative weighting of frequency. *Solid red lines* (0 and 65 cycles per minute) Filtered respiratory domain [respiratory rate 55 beats per minute) (BPM)], *dashed red lines* (175 and 185 cycles per minute) filtered cardiac

Some beats were not suitable for analysis in one region.  $\Delta Z_c$  was greater in the anterior (non-dependent) hemithorax than in the posterior (dependent) hemithorax (also see ESM Table 2). The median  $\Delta Z_c$  in the anterior region was 1.41-fold [interquartile range (IQR) 0.88–2.11] greater than the paired  $\Delta Z_c$  in the posterior region. This difference was more apparent in infants >7 days of age, with an anterior-to-posterior  $\Delta Z_c$  ratio of 1.62 (IQR 0.98–2.33), and in those needing supplemental oxygen (median 1.59, IQR 0.98–2.47) compared to infants  $\leq 7$  days in age, with an anterior-to-posterior  $\Delta Z_c$  ratio of 1.29 (IQR 0.82–1.92), and those needing air (median

unfiltered EIT signal. *Colour* indicates range of relative impedance change (*dark blue*  $\Delta Z$  minimum, *red*  $\Delta Z$  maximum). **d** fEIT image of the EIT signal filtered to respiratory domain, demonstrating ventilation within the right and left chest corresponding with the lungs. **e** fEIT image of the EIT signal filtered to the cardiac domain, demonstrating impedance change in the chest corresponding with the location of the heart (*upper centre*) and lungs. Each fEIT image is individually scaled to use the entire colour range

tory signal. c fEIT image [standard deviation (SD) of  $\Delta Z$ ] of the

1.24, IQR 0.81–1.78); both sub-group differences were p < 0.0001 (Mann–Whitney test).

Regional distribution of  $\Delta Z_{\rm c}$  and  $\Delta Z_{\rm v}$ 

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**Table 1** Distribution of  $\Delta Z_c$  (c.u.) within the right chest

Distribution	Total	$\leq$ 7 days	>7 days	p value <sup>a</sup>	Air	Oxygen	p value <sup>a</sup>
Total Anterior Posterior p value <sup>b</sup>	6.4 (3.9–11.1) 3.3 (2.2–4.9) 2.8 (1.2–4.8) 0.0002	4.5 (2.7–9.1) 2.5 (1.5–4.6) 1.7 (0.9–4.0) 0.0222	8.9 (6.3–12.5) 4.1 (3.2–6.1) 4.4 (2.8–5.7) 0.0036	0.0004 0.0005 0.0003	7.2 (4.3–11.0) 3.5 (2.4–5.3) 3.2 (1.6–5.6) 0.0001	5.9 (3.6–11.2) 3.2 (1.7–4.6) 2.4 (0.9–4.6) NS	NS NS NS

p values are according to Mann–Whitney test<sup>a</sup> or Wilcoxon rank All data are test<sup>b</sup> as appropriate and expression and expression and expression and expression are the statement of the state

 $\Delta Z_c$  amplitude of impedance change in the cardiac frequency domain, *c.u.* countless impedance units, *NS* not significant

All data are for the area under the curve values for region of interest and expressed as the median and inter-quartile range (in parenthesis)



(non-dependent) hemithorax, at a mean (SD) of 46.7 (5.0)% of the anterior-to-posterior thoracic distance. The geometric centre of  $\Delta Z_c$  was a mean of 2.9% (95% CI 1.9–3.8) (paired *t* test) more anterior than the centrally located  $\Delta Z_v$  [mean 49.6 (3.9)% of the anterior-to-posterior thoracic distance].

 $\Delta Z_{\rm c}$  and  $\Delta Z_{\rm v}$  increased with age within all thoracic regions (Fig. 2b). Age  $\leq 7$  days resulted in a more anterior distribution of  $\Delta Z_{\rm c}$ , with the geometric centre of  $\Delta Z_{\rm c}$ 

**Fig. 2** a The profiles of the amplitude of impedance change in the cardiac frequency domain ( $\Delta Z_c$ ; open diamonds) and amplitude of impedance change in the respiratory frequency domain ( $\Delta Z_v$ ; closed circles) for all 32 anterior-to-posterior slices of the right chest, expressed as distance from the anterior (sternum; 0%) to the posterior (vertebra; 100%) chest wall. The overall magnitude of  $\Delta Z_{v}$ was greater than that of  $\Delta Z_c$ ; median [interquartile range (IQR)] area under the curve (AUC) 21.1 (10.9-28.7) vs. 6.4 (3.9-11.1) c.u., respectively; p < 0.0001 (Wilcoxon signed-rank test).  $\Delta Z_c$  was distributed towards the anterior half of the right chest (p = 0.0002, Wilcoxon signed-rank test) with the mean (SD) geometric centre of  $\Delta Z_c$  (dashed line) being located at 46.7 (5.0)% of the anterior-toposterior thoracic distance. There was no difference in the distribution of  $\Delta Z_{\rm v}$  within the right chest, which was centrally located at 49.6 (3.9)% (solid line; p < 0.0001, paired t test). **b** Profile of  $\Delta Z_{c}$  (*diamonds*) and  $\Delta Z_{v}$  (*circles*) for infants  $\leq 7$  days old (*open symbols*) and >7 days old (*closed symbols*). Both  $\Delta Z_c$  and  $\Delta Z_{\rm v}$  increased with age. The distribution of  $\Delta Z_{\rm c}$  was more anterior in infants  $\leq 7$  days old. **c** Profile of  $\Delta Z_{c}$  (*diamonds*) and  $\Delta Z_{v}$  (*circles*) for those infants ventilated in air (open symbols) and supplemental oxygen (closed symbols). For both  $\Delta Z_c$  and  $\Delta Z_v$ , the need for supplemental oxygen did not alter the distribution of impedance. All symbols are mean and standard error

being located at a mean (SD) 45.5 (5.1)% in infants  $\leq 7$  days compared to 48.7 (4.1)% in those infants >7 days (mean difference -3.2, 95% CI -5.4 to -1.0). The distribution of  $\Delta Z_v$  was not influenced by age. The mean (SD) geometric centre of  $\Delta Z_v$  was 49.3 (3.7)% and 50.0 (4.1)% for those infants  $\leq 7$  and >7 days, respectively. The need for supplemental oxygen did not significantly alter the regional distribution of  $\Delta Z_c$  or  $\Delta Z_v$ (Fig. 2c), with the geometric centre of  $\Delta Z_c$  being at 46.9 (3.0) and 46.6 (5.8)% for air and oxygen, respectively, compared to 49.0 (3.5) and 50.1 (4.1)% for  $\Delta Z_v$ 

### $\Delta Z_{\rm v} / \Delta Z_{\rm c}$ ratio

The closest  $\Delta Z_v$  to  $\Delta Z_c$  matching occurred in the anterior right hemithorax. Within this region, the median (25–75% IQR)  $\Delta Z_v / \Delta Z_c$  ratio was 1.7 (1.3–2.2) compared to 1.8 (1.4–2.3) and 2.2 (1.7–2.9) in the middle and posterior thirds (p < 0.0001, Kruskal–Wallis test).

Figure 3 shows the regional differences in  $\Delta Z_v/\Delta Z_c$  ratios by sub-group. In all sub-groups, the  $\Delta Z_v/\Delta Z_c$  ratio increased with increasing gravity dependency (all p < 0.0001, Kruskal–Wallis test). There was a non-significant trend towards a lower  $\Delta Z_v/\Delta Z_c$  ratio within the posterior region for those infants in air compared to oxygen. This result may suggest that ventilation-perfusion approaches a more even distribution in this sub-group. ESM Fig. 1 shows the relative frequency of the  $\Delta Z_v/\Delta Z_c$  ratios within each region.

#### Discussion

Premature infants with respiratory failure represent a clinical challenge. Understanding the effect of blood flow,



**Fig. 3**  $\Delta Z_v / \Delta Z_c$  ratio within the anterior (*white*), middle (*grey*), and posterior (*black*) thirds of the right chest for infants  $\leq 7$ , >7 days old, ventilated in air, and requiring supplementary oxygen. In all sub-groups, the  $\Delta Z_v / \Delta Z_c$  ratio increased with increasing gravity dependency (all p < 0.0001, Kruskal–Wallis test;  $p < 0.01^+$  anterior vs. middle and <sup>‡</sup>middle vs. posterior thirds, Dunn's multiple comparison post test). There was a non-significant trend towards a more even distribution in those infants >7 days old and ventilated in air. All data are given as the median and IQR

and its relationship with tidal ventilation, within the diseased lung may help in optimising oxygenation while minimising the harmful effects of ventilation [3, 35]. The importance of lung perfusion is frequently overlooked There is increasing awareness that the distribution of ventilation within the diseased neonatal lung is inhomogeneous [36]. This is the first study to describe regional blood volume changes within the preterm lung and correlate them with ventilation. Our data suggest that pulsatile changes in impedance within the cardiac domain vary within the newborn chest. Impedance change and, by assumption, change in blood volume, was greater in the non-dependent half of the right hemithorax.

Electrical impedance tomography is a new non-invasive technique that has been validated in neonates, though mainly for studying ventilation [14–20, 24]. Our study demonstrates that describing impedance change within different frequency domains is possible, even in the small neonatal chest. Technological advances that enable the complex EIT signal to be filtered has allowed assessment of impedance change due to pulmonary blood flow in adults and animal models [12, 26–30]. Compared to the adult, when the HR is closer to respiratory rate, delineation of the harmonics of the respiratory and cardiac frequencies may be simpler in the neonate.

The effect of cardiac structures on the impedance signal is uncertain [26]. It is possible that impedance changes within the cardiac domain are due to transmitted waveforms or impulses from the heart and major blood vessels, and not to blood volume change within the lung itself. Despite limiting our analysis to the right hemithorax, this possibility may explain our finding of an increased frequency of  $\Delta Z_v / \Delta Z_c$  ratios <1.0 within the anterior third of the chest, although it does not account for the majority of  $\Delta Z_v / \Delta Z_c$  ratios being >1.0. In adults, impedance changes measured by EIT within the cardiac

domain do represent reproducible fluctuations in perfusion within the lung rather than changes in cardiac output [26, 28]. Smit and co-workers [28] identified that impedance change filtered to the cardiac domain was affected by the size of the pulmonary microvascular bed rather than by stroke volume or changes in cardiac output. Regional perfusion measured by EIT correlates well with computed tomography imaging and radio-nuclide scanning [37, 38].

Some infants had a PDA considered to be significant by the clinicians. As echocardiography was not part of the study and some of the infants with a PDA were undergoing treatment, conclusions about the potential effect of a PDA on  $\Delta Z_c$  cannot be made. More detailed studies in this area are indicated.

In our study, the  $\Delta Z_c$  was increased in the non-dependent region of the chest and less centrally distributed than ventilation. The traditional view that perfusion is distributed towards gravity-dependant regions of the lung [4] has recently been disputed [39, 40]. Regional differences in lung perfusion are variable and may be influenced by heterogeneity of the pulmonary vascular anatomy, regional variations in vascular tone and resistance and hydrostatic pressure differences within the chest [39, 40]. These causes would better explain the more even distribution of perfusion noted in adults after prone positioning [5, 6, 34].

The relative regional distribution of blood volume and tidal ventilation differed in the infants studied. Compared to  $\Delta Z_{\rm v}$ , the anterior-to-posterior distribution of  $\Delta Z_{\rm c}$  was more variable. This difference was expressed in the frequency distribution of the  $\Delta Z_v / \Delta Z_c$  ratios. In the posterior region, there was an overall increase in the  $\Delta Z_v / \Delta Z_c$  ratio compared to the other regions, implying an increase in areas of ventilation-perfusion mismatching. As one might expect, there was a trend to a more even distribution of the  $\Delta Z_{\rm v} / \Delta Z_{\rm c}$  ratio in those infants not requiring supplemental suggesting improved ventilation-perfusion oxygen, matching. Regional differences in perfusion have been similarly documented in adults with lung disease [6]. In this population, the gravity-dependent variation in ventilation-perfusion is reduced with turning from supine to prone [5, 6, 34]. Clinically prone positioning is used to improve ventilation-perfusion matching and oxygenation while avoiding potentially harmful increases in applied positive pressure during acute respiratory failure in adults [3, 5, 6]. Ventilated preterm infants are frequently nursed in different positions. Investigating the influence of position on the distribution of ventilation and blood flow in premature infants is therefore warranted.

The  $\Delta Z_c$  among our patients became more evenly distributed with increasing postnatal age, with a resultant reduction in the difference between the geometric centres and regional magnitudes of  $\Delta Z_c$  and  $\Delta Z_v$ . In animal models of the healthy neonatal lung, postnatal growth results in a temporary adaption in perfusion towards the non-dependent (dorsal) region of the lung [39]. Ventilation strategies that aggressively recruit the dependent lung to maximise gas exchange [36] therefore may be less effective in early neonatal life.

Caution should be exercised when extrapolating our understanding of the healthy adult lung to the preterm. The diseased ventilated preterm lung, chest wall and circulatory system differ from those of the healthy, nonventilated newborn, child or adult. For this reason, our findings were not compared to a non-ventilated neonatal population. The infants in this study were stable and recovering from the acute phase of surfactant-deficiency, explaining the evenly distributed  $\Delta Z_v$ . This study could aid future studies of premature infants with severe respiratory failure in whom the interaction between ventilation and lung perfusion is likely to be of greater importance.

Our study has a number of limitations. Calibration of the impedance signals to a known parameter is not possible, limiting the EIT to an assessment of relative changes. Consequently, caution should be exercised in the interpretation of raw impedance values between subjects. Normalisation to a global parameter does not necessarily overcome this limitation. However, the reproducibility of the distribution of the beat-to-beat and  $\Delta Z_c$  data within our population is reassuring and suggests that the EIT may have a role in assessing changes within a patient over time. Generating fEIT images from the standard deviation of the impedance time course is common practice and allows researchers to compare the regional distribution of  $\Delta Z$  between subjects [16]. This technique, which quantifies the relative magnitude, but not the direction, of impedance change, may be misleading to inexperienced operators [41]. Lead placement was difficult in the extremely preterm newborn due to the small chest circumference. The potential for electrode contact and subsequent artefact is high, even when the leads are trimmed. In addition, small changes in the lead placement

may result in relatively large changes in the region of lung examined by the EIT. In adults, the intra-operative reproducibility of EIT has been found to be high [29]. The NICU is an electrically rich environment and the potential for interference high. Despite these limitations, the EIT assessment of thoracic impedance changes was both feasible and well-tolerated. Finally, while this study is the largest of its kind performed to date, the sample size was relatively small, limiting sub-group analysis to arbitrary groups. A larger study of preterm infants involving a diverse range of disease severity and ventilation approaches is justified.

#### Conclusion

This is the first study to describe the relationship between ventilation and blood volume changes within the mechanically ventilated preterm lung. Regional blood volume changes were greater in the non-dependent lung and influenced by age. These findings suggest that lung perfusion may be distributed towards the non-dependent lung and that it differs from the distribution of ventilation. This study has shown that the EIT is feasible, and well tolerated, in preterm infants.

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**Conflict of interest** The authors declare that there are no competing interests.

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