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# Effects of levosimendan and dobutamine in experimental acute endotoxemia: a preliminary controlled study

Received: 1 May 2006 Accepted: 19 December 2006 Published online: 30 January 2007 © Springer-Verlag 2007

This study was solely funded by the Cátedra de Farmacología, Facultad de Ciencias Médicas, Universidad Nacional de La Plata. None of the authors have any financial interests to disclose. This article is discussed in the editorial available at: http:// dx.doi.org/10.1007/s00134-006-520-z.

**Electronic supplementary material** The online version of this article (doi:10.1007/s00134-006-0519-5) contains supplementary material, which is available to authorized users.

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### Introduction

Hemodynamic alterations that occur in sepsis and septic shock are complex, affecting both the heart and the peripheral circulation [1]. Although fluid resuscitation is the cornerstone of hemodynamic management of septic shock, tissue hypoperfusion can occur even after vigorous volume replacement [2], and the infusion

Abstract Objective: To test the hypothesis that levosimendan increases systemic and intestinal oxygen delivery  $(DO_2)$  and prevents intramucosal acidosis in septic shock. Design: Prospective, controlled experimental study. Setting: University-based research laboratory. Subjects: Nineteen anesthetized, mechanically ventilated sheep. Interventions: Endotoxin-treated sheep were randomly assigned to three groups: control (n = 7), dobutamine (10  $\mu$ g/kg/min, n = 6) and levosimendan (100 µg/kg over 10 min followed by 100  $\mu$ g/kg/h, n = 6) and treated for 120 min. Measurements and main results: After endotoxin administration, systemic and intestinal DO<sub>2</sub> decreased ( $24.6 \pm 5.2$ vs  $15.3 \pm 3.4$  ml/kg/min and  $105.0 \pm 28.1$  vs  $55.8 \pm 25.9$  ml/kg/min, respectively; p < 0.05 for both). Arterial lactate and the intramucosal-arterial PCO<sub>2</sub> difference ( $\Delta PCO_2$ ) increased  $(1.4 \pm 0.3 \text{ vs } 3.1 \pm 1.5 \text{ mmHg and})$  $9 \pm 6$  vs  $23 \pm 6$  mmHg mmol/l, respectively; p < 0.05). Systemic

 $DO_2$  was preserved in the dobutamine-treated group (22.3  $\pm$  4.7 vs  $26.8 \pm 7.0$  ml/min/kg, p = NS) but intestinal DO<sub>2</sub> decreased (98.9  $\pm$  0.2 vs  $68.0 \pm 22.9$  ml/min/kg, p < 0.05) and  $\triangle PCO_2$  increased  $(12 \pm 5 \text{ vs})$  $25 \pm 11 \text{ mmHg}, p < 0.05$ ). The administration of levosimendan prevented declines in systemic and intestinal DO<sub>2</sub> ( $25.1 \pm 3.0$ vs  $24.0 \pm 6.3$  ml/min/kg and  $111.1 \pm 18.0$  vs  $98.2 \pm 23.1 \text{ ml/min/kg}, p = \text{NS}$ for both) or increases in  $\triangle PCO_2$  $(7 \pm 7 \text{ vs } 10 \pm 8, p = \text{NS})$ . Arterial lactate increased in both the dobutamine and levosimendan groups  $(1.6 \pm 0.3 \text{ vs } 2.5 \pm 0.7 \text{ and } 1.4 \pm 0.4)$ vs.  $2.9 \pm 1.1$  mmol/l, p = NS between groups). Conclusions: Compared with dobutamine. levosimendan increased intestinal blood flow and diminished intramucosal acidosis in this experimental model of sepsis.

**Keywords** Levosimendan · Dobutamine · Septic shock · Oxygen transport · Lactate · Gastrointestinal tonometry

of vasoactive drugs is usually required. Covert tissue dysoxia may persist even after hemodynamic variables have been normalized. For example, adrenergic agents might stabilize arterial blood pressure and cardiac output but can impair gut perfusion, and so fail to correct intranucosal acidosis [3, 4]. A new therapeutic strategy for the treatment of septic shock that avoids tissue hypoperfusion has been proposed recently, viz. the recruitment of the microcirculation with vasodilators [5].

Levosimendan, a new calcium-sensitizing inotropic drug, has been shown to improve cardiac function and survival in patients with congestive heart failure [6]. Levosimendan also acts as a vasodilator by stimulating (ATP)-sensitive potassium channels in vascular smooth muscle cells [7]. A preliminary report in hypodynamic experimental endotoxemic shock showed that levosimendan improved systemic and intestinal oxygen transport [8]. In addition, recent clinical research has shown that levosimendan improves systemic hemodynamics and regional perfusion in septic patients with cardiac dysfunction unresponsive to dobutamine [9].

We previously reported that high doses of levosimendan improve oxygen transport and prevent the development of intramucosal acidosis in a normodynamic sheep model of endotoxemia. We also noted that systemic hypotension and lactic acidosis developed in these animals, a phenomenon attributed to levosimendan-induced excessive vasodilation [10].

Our present hypothesis is that levosimendan, at doses lower than those used in our previous study, has a salutary effect in sepsis by avoiding elevations in intramucosalarterial PCO<sub>2</sub> difference ( $\Delta$ PCO<sub>2</sub>) through increases in systemic and intestinal oxygen transport without producing hypotension or elevations in lactate. To test this hypothesis, we compared the oxygen transport and hemodynamic responses of an experimental model of septic shock infused with levosimendan or dobutamine. We chose the latter because this inotrope is commonly used to increase tissue perfusion in septic shock. This work has been previously presented in abstract form [11].

### **Materials and methods**

### Surgical preparation

Each of 19 sheep  $(21 \pm 3 \text{ kg})$  were anesthetized with 30 mg/kg of sodium pentobarbital, intubated and mechanically ventilated (Dual Phase Control Respirator Pump Ventilator, Harvard Apparatus, South Natick, Mass, USA) with a tidal volume of 15 ml/kg, a F<sub>I</sub>O<sub>2</sub> of 0.21 and a PEEP of 8 cmH<sub>2</sub>O. The respiratory rate was set to keep the end-tidal PCO<sub>2</sub> at 35 mmHg. Neuromuscular blockade was performed with intravenous pancuronium bromide (0.06 mg/kg). Additional pentobarbital boluses (1 mg/kg/h) were administered as required.

Catheters were advanced through the left femoral vein to administer fluids and drugs, and through the left femoral artery to measure blood pressure and to obtain blood gases. A pulmonary artery catheter was inserted through right external jugular vein (Flow-directed thermodilution fiberoptic pulmonary artery catheter, Abbott Critical Care Systems, Mountain View, CA, USA). An orogastric tube was inserted to allow drainage of gastric contents, followed by a midline laparotomy and splenectomy. An electromagnetic flow probe was placed around the superior mesenteric artery to measure intestinal blood flow. A catheter was placed in the mesenteric vein through a small vein proximal to the gut to draw blood gases. A tonometer was inserted through a small ileotomy to measure intramucosal  $PCO_2$ , and the abdominal wall incision was closed after careful hemostasis.

Measurements and derived calculations

Arterial, systemic, pulmonary and central venous pressures were measured with corresponding transducers (Statham P23 AA, Statham, Hato Rey, Puerto Rico). Cardiac output (Q) was measured by thermodilution with 5 ml of 0 °C saline solution (HP OmniCare Model 24 A 10, Hewlett Packard, Andover, MA, USA). The average of three measurements taken randomly during the respiratory cycle was normalized to body weight. Intestinal blood flow was measured by the electromagnetic method (Spectramed Blood Flowmeter model SP 2202 B, Spectramed, Oxnard, CA, USA) with in-vitro calibrated transducers of 5-7 mm of diameter (Blood Flowmeter Transducer, Spectramed, Oxnard, CA, USA). Occlusive zero was controlled before and after each experiment. Non-occlusive zero was corrected before each measurement. Superior mesenteric blood flow was normalized to gut weight (Qintestinal).

Arterial, mixed venous and mesenteric venous PO<sub>2</sub>, PCO<sub>2</sub> and pH were measured with a blood gas analyzer (ABL 5, Radiometer, Copenhagen, Denmark), and hemoglobin and oxygen saturation were measured with a cooximeter calibrated for sheep blood (OSM 3, Radiometer, Copenhagen, Denmark). Arterial, mixed venous and mesenteric venous contents ( $C_aO_2$ ,  $C_vO_2$  and  $C_{vm}O_2$ , respectively) were calculated as: Hb × 1.34 × O<sub>2</sub> saturation + PO<sub>2</sub> × 0.0031. Systemic and intestinal DO<sub>2</sub> and VO<sub>2</sub> (DO<sub>2</sub>, VO<sub>2</sub>, DO<sub>2i</sub> and VO<sub>2i</sub>, respectively) were calculated as DO<sub>2</sub> = Q ×  $C_aO_2$ ; VO<sub>2</sub> = Q × ( $C_aO_2 - C_vO_2$ ); DO<sub>2i</sub> = Q<sub>intestinal</sub> ×  $C_aO_2$ ; and VO<sub>2i</sub> = Q<sub>intestinal</sub> × ( $C_aO_2 - C_{vm}O_2$ ).

Intramucosal PCO<sub>2</sub> was measured with a tonometer (Tonometrics<sup>®</sup> Catheter, Datex Ohmeda Division, Helsinki, Finland) filled with 2.5 ml of saline solution. Of this quantity, 1.0 ml was discarded after an equilibration period of 30 min, and PCO<sub>2</sub> was measured in the remaining 1.5 ml. Its value was corrected to the corresponding equilibration period and was used to calculate  $\Delta$ PCO<sub>2</sub>.

Arterial lactate, sodium, potassium, chloride and serum total proteins were measured with an automatic analyzer (Automatic Analyzer Hitachi 912, Boehringer Mannheim Corporation, Indianapolis, IN, USA). Anion gap was calculated as  $([Na^+] + [K^+]) - ([Cl^-] + [HCO_3^-])$ . Anion gap was corrected according changes in plasma protein concentration [12].

### Experimental procedure

Basal measurements were taken after a stabilization period of no less than 30 min. Then,  $F_1O_2$  was increased to 0.50 and 5 µg/kg of E. coli lipopolysaccharide (Sigma Chemical Co., St. Louis, MO, USA) was infused in 10 min followed by an infusion of  $2 \mu g/kg/h$  for 2 h. The endotoxic sheep were assigned randomly to three groups: (1) Control, n = 7; (2) dobutamine (Eli Lilly, Indianapolis, IN, USA), n = 6 (10 µg/kg/min); (3) levosimendan (Orion Pharma, Espoo, Finland), n = 6 (loading dose of 100  $\mu$ g/kg in 10 min, followed by continuous infusion of  $100 \,\mu g/kg/h$ throughout the rest of the experiment). Drug infusions were started immediately after the loading dose of endotoxin. Dobutamine infusion of  $10 \,\mu g/kg/min$  was chosen because this rate is commonly used, both in clinical and experimental settings, to increase cardiac output. The dose of levosimendan used was half that of our prior study [10]. All groups were infused with the same volume of saline solution (20 ml/kg/h).

Measurements of hemodynamics, oxygen transport and  $\Delta PCO_2$  were performed at 30-min intervals during a period of 120 min from the start of endotoxin administration. Determinations of lactate, sodium, potassium, chloride and serum total proteins were performed hourly.

At the end of the experiment, the animals were killed with an additional dose of pentobarbital and a potassium chloride bolus. A catheter was inserted in the superior mesenteric artery and Indian ink was instilled through it. Dyed intestinal segments were dissected, washed and weighed to calculate gut indexes. Care of animals was in accordance with National Institute of Health guidelines.

### Statistical analysis

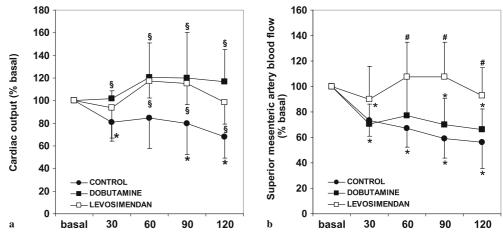
Data were assessed for normality and expressed as mean  $\pm$  standard deviation (SD). Differences within groups were analyzed using repeated measures of ANOVA and Dunnett's multiple comparisons test to compare each time point to basal. One-time comparisons between groups were tested using one-way ANOVA and Newman–Keuls multiple comparison test. The software GraphPad PRISM version 3.02 was used.

### Results

### Hemodynamic effects

All animals survived the experiments. As shown in Table 1 and Fig. 1, in the control group, cardiac output and intestinal blood flow decreased without changes in systemic vascular resistance. Pulmonary vascular resistance increased. Dobutamine maintained cardiac output but intestinal blood flow decreased as in the control group. Levosimendan avoided decreases in both cardiac output and intestinal blood flow. Stroke volume was similar in all groups. Dobutamine and levosimendan both increased heart rate, but this effect was more pronounced in the dobutamine group. Both agents diminished systemic and pulmonary vascular resistances. The fraction of

Fig. 1 Percentage of change from baseline of cardiac output (a) and superior mesenteric artery blood flow (b) after endotoxin administration in control, dobutamine and levosimendan groups. Data are shown as mean  $\pm$  SD, \* p < 0.05vs basal, <sup>§</sup> p < 0.05 vs control, # p < 0.05 vs control and dobutamine



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	Group	Basal	Endotoxemia 30 min	60 min	90 min	120 min
Central temperature	Control	$39.4 \pm 0.9$	$39.5 \pm 1.0$	$39.8 \pm 1.1^{*}$	$39.9 \pm 1.1$ *	$40.2 \pm 1.3^{*}$
(°C)	Dobutamine Lanceimenden	$39.3 \pm 0.5$	$39.5 \pm 0.4$	$39.7 \pm 0.5^{*}$	$39.9\pm0.5*$	$40.1\pm0.7*$
Heart rate	Control	29.0 ± 0.4 172 ± 19	$39.1 \pm 0.4$ $140 \pm 30$	$141 \pm 33$	$156 \pm 26$	$39.0 \pm 0.0$
(beats/minute)	Dobutamine	$165 \pm 19$	$234 \pm 20^{*\$}$	$225\pm12^{*\$}$	$234\pm16^{*\$}$	$233\pm7^{*\$}$
	Levosimendan	$156\pm16$	$199\pm48^{*\$}$	$183 \pm 35^{*\#}$	$202 \pm 32^{*\$}$	$192 \pm 28^{*8\#}$
Mean arterial blood pressure	Control	$97 \pm 11$	$91 \pm 23$	$79 \pm 26^{*}$	$76 \pm 24^{*}$	$79 \pm 26^{*}$
(mmHg)	Dobutamine I arrestmender	$96 \pm 9$	$70 \pm 9^{*}$	$69\pm16^*$	$58 \pm 11^{*}$	$58 \pm 10^{*}$
Mean pilmonary pressure	Control	22 + 4 22 + 4	$37 + 4^{*}$	28 + 5*	$29 \pm 7*$	$32 \pm 5*$
(mmHg)	Dobutamine	$\frac{23}{23} \pm 1$	$29 \pm 5^{\$}$	$\frac{-5}{25} \pm 2$	$28 \pm 5$	$27 \pm 4$
	Levosimendan	$20\pm3$	$38 \pm 4^{*\#}$	$22 \pm 3^{\$}$	$25 \pm 5$	$23 \pm 5^{\$}$
Pulmonary artery wedge pressure	Control	$8\pm 1$	$9\pm 2$	$9\pm 2$	$10\pm 2$	$10\pm 2$
(mmHg)	Dobutamine	$10\pm 2$	$10\pm 1$	$10\pm 2$	$12 \pm 2$	$10\pm 2$
	Levosimendan	$8\pm 2$	$11 \pm 2$	$7 \pm 2^{8\#}$	$8\pm 2^{\#}$	$8\pm 2$
Central venous pressure	Control	$8\pm 1$	$8\pm 2$	$7 \pm 3$	$8\pm 2$	$8\pm 2$
(mmHg)	Dobutamine	8 <del>+</del> 2 - 2	$8 \pm 2$	$10\pm 2$	$10\pm 2$	$9\pm 1$
	Levosimendan	$0 \pm 2$	$9\pm 3$	8 ± 5 5 + 5		$9\pm 2^{*}$
Cardiac output	Control	180 ± 40	$141 \pm 19^{\circ}$	$140 \pm 40$	$1.39 \pm 44$	$118 \pm 29^{\circ}$
(ml/kg/min)	Dobutamine	$c7 \pm cc1$	$53 \pm 33$	$183 \pm 39$	$182 \pm 54$	$1/8 \pm 33^{\circ}$
•	Levosimendan	$172 \pm 22$	$160 \pm 42$	$203 \pm 38^{8}$	$201 \pm 52^8$	$172 \pm 51^{8}$
Stroke volume	Control	$1.0 \pm 0.2$	$1.0 \pm 0.2$	$1.0 \pm 0.2$	$0.9 \pm 0.2$	$0.8 \pm 0.3$
(ml/kg/beat)	Dobutamine	$0.9 \pm 0.1$	$0.7 \pm 0.2^{*}$	$0.8 \pm 0.2$	$0.8 \pm 0.2$	$0.8 \pm 0.2$
- - - - - - - - - - - - - - - - 	Levosimendan	$1.1 \pm 0.2$	$0.8 \pm 0.2^{*}$	$1.1 \pm 0.2$	$1.0 \pm 0.2$	$0.9 \pm 0.2$
Superior mesenteric artery blood flow	Control	72 ± 145	542 土 113* 481 土 146*	$501 \pm 145^{\circ}$	$455 \pm 162^{*}$	$429 \pm 109^{\circ}$
(IIII/IIIII/Kg)			401 H 140	$320 \pm 203$		440 H 12/ ·
Superior mesenteric artery blood flow/	Levosimendan Control	$764 \pm 118$ 0 17 + 0 07	$676 \pm 182$ 0 17 + 0 02	$812 \pm 181^{8\pi}$ 0 17 + 0 07	$807 \pm 187^{8\pi}$ 0 17 + 0 07	$707 \pm 186^{8\pi}$ 0 17 + 0 07
cardiar outmit	Dohutamine	$0.16 \pm 0.02$	$0.11 \pm 0.02$ $0.11 \pm 0.04$ *§	$0.12 \pm 0.05$	$0.10 \pm 0.02$	$0.00 \pm 0.02$
curate output	Levosimendan	$0.20 \pm 0.05$	$0.18 \pm 0.05^{*}$	$0.17 \pm 0.03$	$0.17 \pm 0.03^{*}$	$0.17 \pm 0.05^{*}$
Systemic vascular resistance	Control	$2017 \pm 334$	$2274 \pm 492$	$1880 \pm 239$	$1950 \pm 533$	$2327 \pm 588$
(dynes.s/cm <sup>5</sup> )	Dobutamine	$2116 \pm 475$	$1448 \pm 330^{*\$}$	$1147 \pm 108^{*\$}$	$1233 \pm 200^{*\$}$	$1288 \pm 139^{*\$}$
•	Levosimendan	$2288\pm540$	$1973 \pm 844^{*}$	$1426\pm597^*$	$1295\pm477^{*\$}$	$1502 \pm 477^{*\$}$
Pulmonary vascular resistance	Control	$309 \pm 46$	$812 \pm 214^{*}$	$488\pm104^{*}$	$575\pm186^{*}$	$723\pm156*$
(dynes.s/cm <sup>5</sup> )	Dobutamine	$310\pm55$	$446 \pm 51^{*\$}$	$293\pm36^{\$}$	$343 \pm 91^{\$}$	$356\pm 64^{\$}$
	Levosimendan	$326\pm92$	$853\pm438^*$	$289\pm 63^{\$}$	$360\pm138^{\$}$	$382\pm178^{\$}$
Data are expressed as mean $\pm$ SD. * $n < 0.05$ vs hasal						
$^{\$} p < 0.05$ vs control						
$^{\#}p < 0.05$ vs dobutamine						

cardiac output directed to the intestine was lower in the Metabolic effects dobutamine group than in the control and levosimendan groups.

### Effects on oxygen transport

As shown in Fig. 2, endotoxin reduced systemic and intestinal DO<sub>2</sub>. Dobutamine preserved systemic DO<sub>2</sub> but intestinal DO<sub>2</sub> fell; levosimendan maintained systemic and intestinal DO<sub>2</sub>. Changes from baseline mixed venous and mesenteric venous oxygen saturation following changes in systemic and intestinal  $DO_2$  are shown in Fig. S1 of the electronic supplementary material (ESM).

### Effects on $\triangle PCO_2$

As shown in Fig. 3,  $\triangle PCO_2$  increased in control and dobutamine groups. Levosimendan precluded the elevation of  $\Delta PCO_2$ . Changes from baseline are shown in Fig. S2 of the ESM.

As shown in Table 2, a similar degree of metabolic acidosis developed in all groups. This was explained by equivalent proportions of hyperchloremia (increased [Cl<sup>-</sup>]/[Na<sup>+</sup>] relationship) and increased anion gap. Hyperlactatemia appeared in the three groups. Despite the lack of statistical significance, hyperlactatemia was somewhat higher in control and levosimendan groups. Changes in anion gap were only partially explained by the elevations in lactate. Changes from baseline arterial base excess, anion gap, lactate and [Cl<sup>-</sup>]/[Na<sup>+</sup>] relationship are shown in Fig. S3.

### Effects on pulmonary oxygenation

As shown in Table 2 and Fig. 4, endotoxin induced a severe derangement in pulmonary oxygenation, which was prevented by either dobutamine or levosimendan. Pulmonary and extrapulmonary determinants of arterial PO<sub>2</sub> were more severely compromised in the control group than in the dobutamine and levosimendan groups.

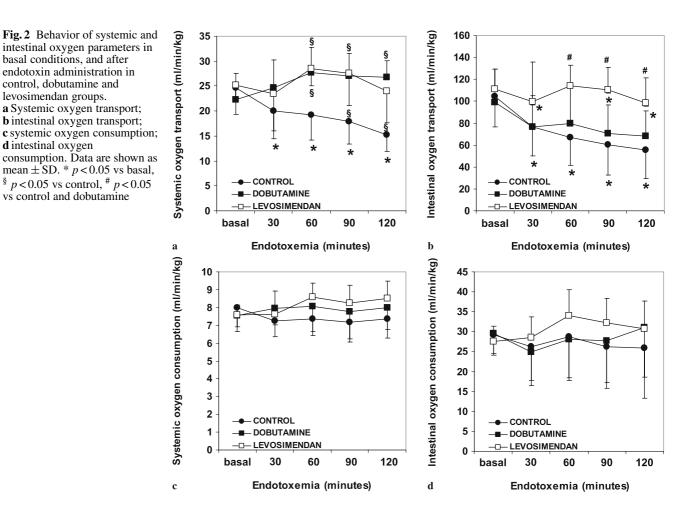


Table 2 Acid-base and metabolic parameters in basal		as and after endotoxin	conditions and after endotoxin administration in control, dobutamine and levosimendan groups	rol, dobutamine and le	vosimendan groups	
	Group	Basal	Endotoxemia 30 min	60 min	90 min	120 min
Hd	Control Dobutamine	$7.43 \pm 0.06$ $7.40 \pm 0.04$	$7.39 \pm 0.09$ $7.32 \pm 0.05*$	$7.38 \pm 0.03^{*}$ $7.32 \pm 0.04^{*8}$	$7.35 \pm 0.11*$ $7.32 \pm 0.04*$	$7.32 \pm 0.12*$ $7.31 \pm 0.04*$
PCO <sub>2</sub> (mmHg)	Levosimendan Control Dobutamine	$7.39 \pm 0.06$ $37 \pm 4$ $35 \pm 2$	$7.26 \pm 0.07^{*\$}$ $39 \pm 6$ $39 \pm 5$	$7.26 \pm 0.06^{8\%}$ $39 \pm 7$ $37 \pm 3$	$7.28 \pm 0.05*$ $40 \pm 8$ $36 \pm 4$	$7.27 \pm 0.03*$ $39 \pm 7$ $35 \pm 3$
PO <sub>2</sub> (mmHg)	Levosimendan Control Dobutamine	$38 \pm 3$ $72 \pm 10$ $78 \pm 4$	$46 \pm 7*$ 122 $\pm 60$ 204 $\pm 35*^{\$}$	47 土 6* <sup>8#</sup> 118 土 74 212 土 27* <sup>8</sup>	$42 \pm 4^{*\#}$ 111 ± 68 221 ± 23*§	$44 \pm 3*$ # 114 $\pm 73$ 220 $\pm 36*$ §
HCO <sub>3</sub> (mmol/l)	Levosimendan Control Dobutamine	75±5 24±2 22±1	$144 \pm 69$ $24 \pm 3$ $20 \pm 1*$ §	$177 \pm 53*$ 22 $\pm 3*$ 20 $\pm 1*^{\$}$	$173 \pm 47*$ $20 \pm 3*$ $18 \pm 1*$	$192 \pm 39^{*\$}$ $24 \pm 3^{*}$ $18 \pm 1^{*}$
Base excess (mmol/l)	Levosimendan Control Dobutamine	$23 \pm 2$ $1 \pm 3$ $-2 \pm 2$	$21 \pm 1*$ $0 \pm 5$ $-5 \pm 1*$	$21 \pm 1$ *8 -2 ± 4* -6 ± 1*8	20 ± 1 ∗ −4 ± 5 ∗ −7 ± 2 ∗	$20 \pm 1 * -5 \pm 5 * -8 \pm 2 *$
Anion gap (mmol/l)	Levosimendan Control Dobutamine	$-1 \pm 3$ 14 ± 6 12 ± 4 2 ± 4	-6±3*§	$-7 \pm 2^{*8}$ 16 \pm 5 14 \pm 6	-7 ± 2*	$-7 \pm 2*$ 17 ± 2* 16 ± 5*
[CI]/[Na <sup>+</sup> ]	Levosimendan Control Dobutamine	$14 \pm 3$ 0.76 $\pm 0.04$ 0.79 $\pm 0.03$		$13 \pm 3$ $0.77 \pm 0.03$ $0.80 \pm 0.04*$		$10 \pm 3^{\circ}$ $0.77 \pm 0.03^{\circ}$ $0.80 \pm 0.03^{\circ}$
Lactate (mmol/l)	Levosimendan Control Dobutamine	$0.71 \pm 0.03$ $1.4 \pm 0.3$ $1.6 \pm 0.4$		$0.78 \pm 0.03^{\circ}$ $2.0 \pm 0.6^{\circ}$ $2.0 \pm 0.3^{\circ}$		$0.79 \pm 0.03^{\circ}$ $3.1 \pm 1.5^{\circ}$ $2.5 \pm 0.7^{\circ}$
Mixed venous oxygen saturation (%)	Levosimendan Control Dobutamine	$1.4 \pm 0.4$ $63 \pm 4$ $61 \pm 6$	$59 \pm 12$ $68 \pm 7$	$2.6 \pm 1.5$ $54 \pm 16$ $70 \pm 11$	$52 \pm 14*$ $71 \pm 10^{\$}$	$2.9 \pm 1.1^{\circ}$ $45 \pm 15^{\circ}$ $70 \pm 1^{\circ}$
Mesenteric venous oxygen saturation (%)	Levosimendan Control Dobutamine Levosimendan	66 ± 5 67 ± 7 64 ± 6 69 ± 6	$63 \pm 15$ $61 \pm 15$ $67 \pm 11$ $67 \pm 13$	$70\pm 5^{\$}$ $50\pm 14^{*}$ $63\pm 12$ $70\pm 2^{\$}$	$70\pm 5^{\$}$ $49\pm 16^{*}$ $61\pm 11$ $71\pm 5^{\$}$	64±7 <sup>%</sup> 46±16 55±11* 70±5 <sup>%#</sup>
Data are showed as mean + SD						

Data are showed as mean  $\pm$  SD. \* p < 0.05 vs basal \$ p < 0.05 vs control # p < 0.05 vs dobutamine.

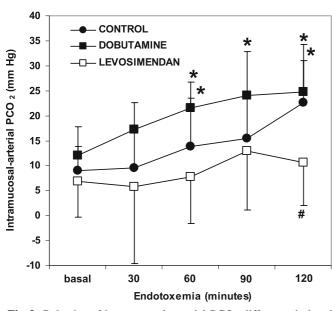
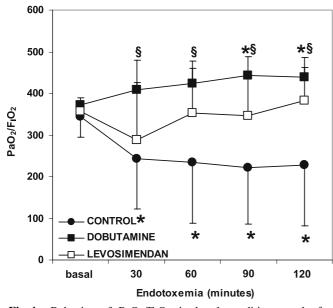


Fig. 3 Behavior of intramucosal–arterial PCO<sub>2</sub> difference in basal conditions and after endotoxin administration in control, dobutamine and levosimendan groups. Data are shown as mean  $\pm$  SD. \* p < 0.05 vs basal, # p < 0.05 vs control and dobutamine



**Fig.4** Behavior of  $PaO_2/F_1O_2$  in basal conditions, and after endotoxin administration in control, dobutamine and levosimendan groups. \* p < 0.05 vs basal, <sup>§</sup> p < 0.05 vs control

At 120 min, venous admixtures were  $25 \pm 21$ ,  $7 \pm 3$  and  $9 \pm 6\%$ , respectively (p < 0.05) and mixed venous PO<sub>2</sub>  $32 \pm 5$ ,  $51 \pm 11$  and  $47 \pm 8$  mmHg, in control, dobutamine and levosimendan groups respectively (p < 0.05).

### Discussion

The main finding of this study is that both levosimendan and dobutamine preserved cardiac output and systemic oxygen transport in this model of septic shock. However, levosimendan alone was able to prevent the reduction in intestinal blood flow and diminished the development of intramucosal acidosis. On the other hand, dobutamine decreased the fraction of cardiac output directed to the gut.

### Hemodynamic effects

As previously described [13], the more evident effect of endotoxin in the control group was the development of a low-flow state with a marked increase in pulmonary vascular resistance. Systemic vascular resistance did not increase despite decreased cardiac output, perhaps because of the relaxing endotoxin effect on vascular tone [13].

As there were no changes in stroke volume, the beneficial effects of levosimendan and dobutamine on cardiac output may be related to an induced tachycardia, a response that may not be optimal from a myocardial energy metabolism point of view. Preservation of cardiac output, with reduction in systemic and pulmonary pressures and resistances, imply that both drugs behaved as systemic and pulmonary vasodilators.

The effects of levosimendan on cardiac output are usually ascribed to enhanced contractility, and, additionally, to systemic and pulmonary vasodilation, although stroke volume did not improve in our experiments. In a previous study, levosimendan could not restore depressed cardiac output to basal levels after endotoxin administration, yet cardiac output remained at higher levels than in endotoxemic controls [8]. In a study in endotoxin-exposed guinea pigs, levosimendan failed to reverse left ventricular dysfunction [14]. In earlier experiments using a higher dose, levosimendan also failed to increase stroke volume [10]. A possible explanation for these effects is that acidosis may have blunted the inotropic effect of levosimendan [15]. In addition, a study in normal dogs showed that levosimendan increased cardiac output by tachycardia, without changes in stroke volume [16].

Dobutamine is the recommended drug for septic patients whose cardiac output remains low despite adequate fluid resuscitation [17]. In our experiments, its effects on cardiac output were similar to those of levosimendan. On the other hand, dobutamine infusion resulted in greater tachycardia, greater arterial hypotension and more blood flow redistribution from the gut than were found with levosimendan. Although dobutamine was thought to be a relatively selective  $\beta_1$  receptor agonist, it is now clear that its pharmacological effects are complex. In the formulation available for clinical use, dobutamine is a racemic mixture of a (–) isomer that acts as a  $\alpha_1$  receptor agonist, able to cause marked pressor responses, and a (+) isomer that behaves as a  $\alpha_1$  antagonist that can block the preceding effects. In animals, rates of administration of 2.5–15 µg/kg/min increase cardiac output with minor changes in systemic vascular resistance [18]. In septic patients, dobutamine might cause arterial hypotension. In a controlled study, the use of dobutamine to increase oxygen transport was associated with higher requirements for noradrenaline (1.2 vs 0.23 µg/kg/min) [19], so dobutamine might behave as a systemic vasculator in sepsis. In addition, its effects on pulmonary vasculature are controversial [20].

As a consequence of levosimendan- and dobutamineinduced vasodilation, relative hypovolemia might be present in this experimental design. However, central venous and pulmonary wedge pressures did not decrease in either group. Notwithstanding this, a more aggressive fluid resuscitation could have induced different hemodynamic effects.

### Effects on oxygen transport and tissue perfusion

Parallel to changes in cardiac output and intestinal blood flow, endotoxin decreased systemic and intestinal  $DO_2$ . Although systemic and intestinal  $VO_2$  remained unchanged, there was evidence of tissue dysoxia and hypoperfusion, evidenced by the development of metabolic acidosis of a comparable magnitude in all groups. Approximately half of base excess reduction might be attributed to hyperchloremia probably caused by saline administration [21], as implied by the increased [Cl<sup>-</sup>]/[Na<sup>+</sup>] relationship [22]. The elevation in the anion gap accounted for the remaining component. Increased aerobic glycolysis [23], pulmonary production of lactate [24], increase of unmeasured anions of unknown source [25], or disturbed energetic metabolism in sepsis, so-called cytopathic hypoxia [26], are all possible underlying mechanisms. The failure of dobutamine- and levosimendan-induced increases in cardiac output to prevent metabolic acidosis and hyperlactatemia supports the conclusion that these metabolic manifestations of dysoxia are not solely related to systemic hypoperfusion but rather to some of the mechanisms previously discussed.

Another important consequence of endotoxemia was intramucosal acidosis. The mechanisms responsible for increases in  $\Delta PCO_2$  in sepsis are controversial. In some experimental models, intramucosal acidosis reflects low blood flow and tissue dysoxia [27, 28]. On the other hand, VanderMeer et al. found that intramucosal acidosis developed despite preservation of blood flow and tissue PO<sub>2</sub> in endotoxemic pigs, a phenomenon attributed to cytopathic hypoxia [29]. Vallet et al. [30] and Dubin et al. [31, 32] showed that hypoperfusion is a key factor

in the development of venous and tissue hypercarbia, and, in this way, an increase in blood flow was shown to prevent intramucosal acidosis in sheep endotoxemia [33]. In addition, Tugtekin et al. showed an association between increased  $\Delta PCO_2$  and diminished villi microcirculation in endotoxemic pigs [34]. The findings of this study reinforces that  $\Delta PCO_2$  is mainly dependent on perfusion. On the other hand, hyperlactatemia seems to be a metabolic expression unresponsive to increased blood flow.

By increasing systemic blood flow, and/or by a direct, local vasodilatory effect, levosimendan may reduce the increase in  $\Delta PCO_2$ . This effect on regional perfusion has been reported in septic patients with myocardial depression unresponsive to dobutamine [9], and in endotoxemic sheep [10]. Schwarte et al. have recently reported that levosimendan increased microvascular gastric mucosal oxygenation in normal dogs, without significant changes in oxygen transport, and that dobutamine produced similar effects only after striking elevations of cardiac output [16]. However, in another study, levosimendan could not correct intramucosal acidosis despite increased gut blood flow [8].

In the present study, dobutamine had no effect on  $\Delta PCO_2$ , in agreement with its actions on intestinal blood flow. These findings contradict clinical and experimental studies showing beneficial effect of dobutamine on intestinal perfusion and intramucosal acidosis [4, 35, 36]. Conversely, other investigators have shown that dobutamine might decrease mesenteric perfusion. Heino et al. demonstrated that dobutamine worsens splanchnic tissue perfusion during partial superior mesenteric artery occlusion [37]. Hiltebrand et al. showed that dobutamine fails to increase intestinal blood flow in pigs with fecal peritonitis [38]. In addition, clinical studies by Lebuffe et al. [39] and Morelli et al. [9] showed that dobutamine, in septic patients, does not improve  $\triangle PCO_2$  significantly. Discrepancies between studies might be due to different clinical or experimental situations, or to the presence of hypovolemia. Because hypovolemia has a strong vasoconstricting stimulus, especially for the splanchnic bed, it could add to the  $\alpha$ -adrenergic effects of dobutamine in subjects that have not been adequately resuscitated with fluids [37]. The slightly lower baseline cardiac output and intestinal blood flow suggest that dobutamine-treated sheep could be hypovolemic. Indeed, a more aggressive resuscitation regimen with fluids might have produced different results. Neviere et al. [40] and De Backer et al. [41] have also studied the effects of dobutamine in endotoxemic shock but, differently to our experiments, the animals were more aggressively resuscitated. In both studies, dobutamine increased mesenteric blood flow compared with saline alone. Nevertheless, despite the improvement in intramucosal acidosis, dobutamine failed to normalize intramucosal pH, which remained considerably lower than basal values. Different effects of dobutamine and levosimendan on intestinal perfusion and  $\Delta PCO_2$  can be ascribed to their effects on flow redistribution.

### Effects on pulmonary oxygenation

As expected, endotoxin caused lung injury with severe compromise of gas exchange and pulmonary hypertension [13]. This lesion is mediated by inflammatory and hydrostatic factors [42]. Levosimendan and dobutamine might have increased venous admixture because of their hemodynamic effects [43], but in fact it was reduced, probably due to lowered capillary pulmonary pressure and edema formation. As mixed venous  $PO_2$  increased, the final result was a rise in arterial PO<sub>2</sub>. In addition, dobutamine might have induced a decrease in pulmonary edema because of its beta-adrenergic stimulation of alveolar epithelial sodium and fluid transport [44]. Levosimendan, however, increased arterial  $PCO_2$ , as a probable consequence of increased deadspace fraction, which is a well-known risk factor for death in acute respiratory distress syndrome [45].

## Limitations of this study

This study has some important limitations. The model was a short-term endotoxin infusion that resulted in a hypodynamic state. Long-term endotoxin infusion may produce a different hemodynamic profile that more adequately resembles human septic shock [34]. In addition, the administration of levosimendan and dobutamine for a longer period of time after endotoxin might have produced different results. The administration of drugs just after endotoxin administration does not represent medical practice. Consequently, neither the model nor the timing of drug administration adequately approach human septic shock. In addition, the lack of intraabdominal pressure measurements might be another limitation of this study. Intraabdominal hypertension is likely in this model and an imbalance between groups might affect intestinal blood flow and its response to drugs [46]. Finally, small sample size might mask some differences between the groups.

### Conclusions

In this experimental model of sheep endotoxemia, levosimendan prevented the decreases of systemic and intestinal oxygen transport and diminished the development of intramucosal acidosis. In addition, it corrected pulmonary hypertension. These results justify further clinical trials to assess the use of levosimendan in septic shock.

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