

References

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Comments to: Tarnow L, Kjeld T, Knudsen E et al. (2000) Lack of synergism between long-term poor glycaemic control and three gene polymorphisms of the renin angiotensin system on risk of developing diabetic nephropathy in Type I diabetic patients. *Diabetologia* 43: 794–799

To the Editor: Chronic hyperglycaemia is the most important risk factor in the development of diabetic complications including diabetic nephropathy. Since not all patients with long-term, poor metabolic control develop nephropathy, interaction between poor metabolic control and putative genetic risk factors for nephropathy is clearly a major contributor to its aetio-pathogenesis. Many of the studies on this interaction could be criticised for using short-term observation of glycated haemoglobin, which might not reflect glycaemic control over several years, let alone over decades.

The recent study of Tarnow et al. [1] showed a significant correlation ($r = 0.74$, $p < 0.001$) between a random and long-term (13.5 years) measurement of glycated haemoglobin within the usual therapeutic range (7–11%) in a large number of adult diabetic patients. This observation, in accordance with an earlier study of Barnas et al. [2] suggests that a single random measurement of glycated haemoglobin offers a valid estimate of glycaemic control during the preceding decade.

No such studies have been carried out in children. We compared a random glycated haemoglobin value with the average of 15 (range 5 to 23) previous measurements (HPLC, Bio-Rad Diamat) made over a period of 5 years in 190 diabetic children and adolescents with a mean duration of diabetes of 9.2 ± 5.6 (SD) years. In this cohort, a significant correlation ($r = 0.75$, $p < 0.001$) was found (Fig. 1). Our observation shows that despite the possibly larger fluctuation in glycaemic control in children compared with adults [3], a significant correlation exists between a recent random measurement and a long-

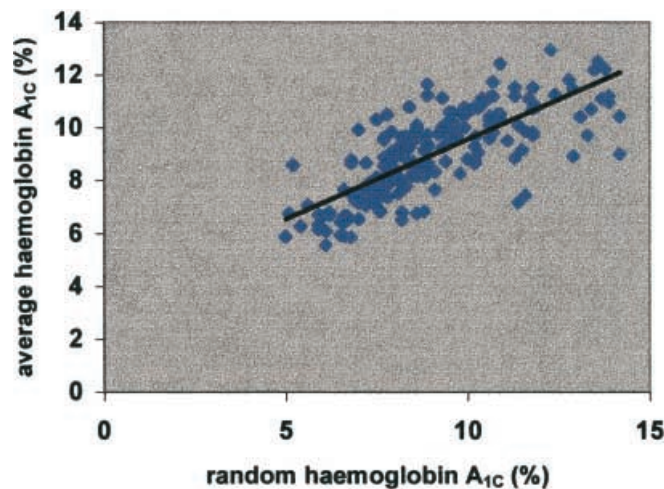


Abb. 1. See text

term measurement of HbA_{1c}. Single random glycated haemoglobin values could therefore be used as surrogate markers for long-term metabolic control in the paediatric age group in retrospective studies similar to that of Tarnow et al.

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