

Originals

Effect of feeding, fasting, and diabetes on liver glycogen synthase activity, protein, and mRNA in rats

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Summary Hepatic glycogen synthase activity is increased in diabetic animals. However, the relationship between enzymic activity, enzyme protein mass, and mRNA abundance has not been well characterized. In the present study, these relationships were determined in 3- and 8-day diabetic, fed and fasted rats. The results were compared to data obtained in normal fed and fasted animals. In normal rats, total synthase specific activity and protein mass were similar in the fed and fasted state. However, in fed animals, the synthase mRNA abundance was increased 1.7-fold. In 3-day diabetic rats, total synthase specific activity was increased approximately 29% compared to normal controls. It was unaffected by feeding and fasting and was associated with an approximate 15% increase in enzyme mass. Synthase mRNA was increased 1.8 and 2.6-fold in fasted and fed animals, respectively. In 8-day diabetic rats, total synthase specific activity was increased more than 2-fold

compared to controls. However, the enzyme protein mass was decreased by approximately 20%. The mRNA abundance in 8-day diabetic fasted rats was only 30% of controls, while in fed rats it was increased by 40%. These data indicate that feeding and fasting have a major effect on synthase mRNA abundance which is independent of synthase activity, or protein mass, or both, in normal and diabetic animals. Total synthase specific activity increased with duration of diabetes. This was associated with only a modest change in protein mass. Thus, diabetes induces an increase in synthase catalytic efficacy. The specific activity of phosphorylase is decreased in diabetic rats. [Diabetologia (1997) 40: 758–763]

Keywords Glycogen synthase, diabetes mellitus, mRNA, ribonuclease protection assay, Western blotting, rats, phosphorylase, glycogen.

Our laboratory [1], as well as many others [2–8], have reported an increase in total synthase activity in liver from diabetic rats. The increase in hepatic synthase activity could be due to an increased mass of the enzyme or to the presence of a more catalytically efficient form(s) of the enzyme. Akatsuka et al. [5]

reported changes in the M_r of synthase in liver from streptozotocin diabetic rats. They attributed this to an increase in the phosphorylation state of synthase, which in turn resulted in greater total synthase activity. In contrast, in alloxan diabetic rats, Bahnak and Gold [3] reported that the increase in hepatic synthase activity was due to an increased mass of the enzyme. This was associated with an increased synthesis and increased turnover rate. They could not confirm the presence of an altered form of the enzyme [9].

The purpose of the present study was to determine whether the increase in total synthase activity observed previously in diabetic rats was associated with an increase in enzyme protein mass and whether the reported increase in enzyme turnover was associated with an increase in mRNA abundance. Therefore,

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Abbreviations: mRNA, Messenger ribonucleic acid; RPA, ribonuclease protection assay; M_r , relative molecular weight; DTT, dithiothreitol; UTP, uridine triphosphate; ANOVA, analysis of variance.

we have determined the synthase specific activity, mass of synthase protein, and mRNA abundance in liver from diabetic fed and fasted rats. The results were compared to data obtained in normal fed and fasted animals. Part of these data have been presented previously in abstract form [10].

Materials and methods

[¹⁴C]-glucose and [¹⁴C]-glucose-1-phosphate were obtained from du Pont NEN (Boston, Mass., USA). [¹⁴C]-UDPG was prepared in our laboratory [11]. ³²P was purchased from Amersham Corp. (Arlington Heights, IL, USA). Sodium secobarbital (Seconal) was purchased from Eli Lilly (Indianapolis, Ind., USA). Other reagents of the highest possible purity were purchased from Sigma Chemical (St. Louis, Mo. USA). Type III rabbit liver glycogen was passed through a mixed-bed ion-exchange resin before use.

Male Harlan Sprague Dawley rats (150–220 g) were housed in a temperature (22°) and light controlled (12-h cycle) animal facility. Animals were fed rat chow ad libitum. These studies were performed in adherence with the guidelines established in the Guide for the Care and Use of Laboratory Animals (NRC 1985). Animals were housed in facilities accredited by the American Association for the Accreditation of Laboratory Animal Care (AAALAC), and the research protocol was approved by the Animal Study Subcommittee of the Minneapolis VA Medical Center, and the University of Minnesota. Six groups of rats were studied: normal fed, normal 24 h fasted, 3-day diabetic fed, 3-day diabetic 24 h fasted, 8-day diabetic fed, and 8-day diabetic 24 h fasted. Rats, fasted for 24 hours, were made diabetic by intravenous tail vein injection of alloxan (40 mg/kg). Both 3- and 8-day diabetic rats were studied in order to compare our data with those in the literature.

Animals were anaesthetized with Seconal, 50 mg/kg, intraperitoneally 15 min before they were killed. Only well-anaesthetized, non-cyanotic animals were used. An abdominal incision was made. Two samples of liver were clamped in situ using liquid nitrogen cooled clamps designed in our laboratory for this purpose. One sample was wrapped in aluminum foil and stored in liquid nitrogen until assayed later the same day for synthase and phosphorylase. A second sample of frozen liver was stored at -70° for RNA extraction. Fresh, i.e. non-frozen, liver was obtained for Western blotting.

Frozen tissue was homogenized in 100 mmol/l KF, 10 mmol/l EDTA, pH 7.0, 1:9, w:v at 0–4°. The homogenate was filtered through cheese cloth. The resulting filtrate was used for assay of glycogen synthase [12], and phosphorylase [13] as previously described.

Plasma glucose was determined on a Beckman glucose analyser using an O₂ electrode. Protein was determined by the colorimetric method of Zak and Cohen [14] using bovine serum albumin as standard. Glycogen was determined by the method of Carr and Neff [15] using rabbit liver glycogen as standard.

Protein mass was determined by Western blotting. The protein mass is implicitly equated with immunoreactivity as conventionally accepted. Fresh tissue was homogenized in 50 mmol/l β-glycerophosphate, 5 mmol/l EDTA, 2 mmol/l EGTA, 100 mmol/l NaF, 10 mmol/l DTT, 0.5 mmol/l phenylmethyl sulfonyl fluoride, 0.1 mg/ml soybean trypsin inhibitor, 1 μg/ml leupeptin, 0.2 mmol/l tosyllysine chloromethyl ketone, 0.2 mmol/l tosylphenyl chloromethyl ketone, pH 7.0, 1:10, w:v. Endogenous glycogen in the liver homogenate was digested

with amyloglucosidase (0.5% in citrate buffer) for 24 h before running the gel. Samples, 15 μg protein/lane, were separated on 7.5% acrylamide resolving, 4.5% acrylamide stacking gels. A single liver sample from a normal fasted rat was included in each gel as an internal control. Gels were run at 200 volts for approximately 45 min. The proteins were electro-transferred to nitrocellulose membranes at 100 volts for 1 h 15 min. Antibody was anti-rat liver synthase prepared in chicken (IgY). The second antibody was anti-chicken IgG (Sigma). Bio Rad avidin alkaline phosphatase conjugate (Hercules, CA, USA), para-nitroblue tetrazolium chloride, and 5-bromo-4-chloro-3-indolyl phosphate were used to develop the blot.

RNA was isolated from liquid nitrogen frozen tissue which had been stored at -70°C using a modification of the method of Chomczynski [16, 17] with TriReagent (a commercial phenol/guanidine thiocyanate combination produced by Molecular Research Center, Inc., Cincinnati, Ohio, USA). mRNA was quantified using a ribonuclease protection assay kit manufactured by Ambion (RPA II, Austin, TX, USA). RNA isolated from a single normal, fasted rat liver was included repeatedly as an internal control in each assay. The ribonuclease protection assay has been reported to be 10 times more sensitive than Northern blotting for detection of mRNA [18]. The hybridizing probe was prepared from a cDNA of rat liver glycogen synthase [19]. A 443 nucleotide transcript was synthesized with SP6 RNA polymerase and labelled with α-³²P UTP.

Total synthase activity referred to in the text, represents the sum of synthase R and synthase D, i.e. the activity measured at a saturating concentration of the substrate, UDP-glucose, and the modifier, glucose 6-phosphate, at pH 8.5 which represents maximal activity [12].

Statistical analysis. Statistics were determined by analysis of variance (ANOVA) with least significant difference, or by Student's *t*-test, as appropriate, using the Statview 512 program for the Macintosh computer. The criterion for significance was $p < 0.05$.

Results

The plasma glucose concentration was significantly higher in the diabetic rats compared to the normal rats, as expected. It also was significantly higher in the fed rats compared to the fasted rats in each group (Fig. 1, top).

In the diabetic fed animals, the glycogen concentration was only approximately 50% of that in the normal fed animals and it was only slightly higher than in the diabetic fasted animals. Thus, the glycogen concentration was higher in the diabetic fasted rats compared to normals, and lower in the diabetic fed rats compared to normals.

Synthase R specific activity was significantly lower in fed rats compared to fasted rats in each group as we reported previously [12, 20–24]. The mechanism remains unknown. Total synthase specific activity was modestly greater (~29%) in liver from 3-day diabetic rats compared to the normal animals. It was 2-times greater in liver of 8-day diabetic rats compared to normal rats (Fig. 2, top). The total synthase specific activity was unaffected by fasting or feeding in each group.

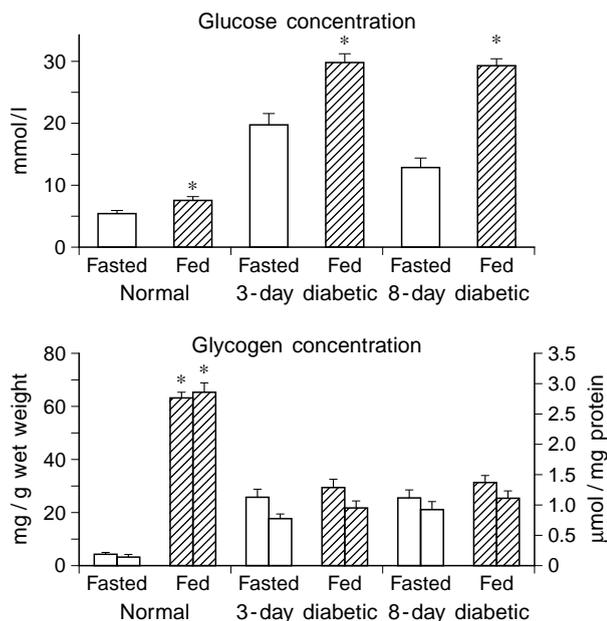


Fig 1. Plasma glucose (top) and hepatic glycogen concentration (bottom) in normal, 3-day diabetic, or 8-day diabetic rats ($n > 6$). □ Fasted rats; ▨ fed rats. In the bottom panel, the left hand bar of the pair represents data as mg/g wet weight; the right hand bar of the pair represent data as $\mu\text{mol/mg protein}$. * Statistical difference (Student's *t*-test) between fed and fasted animals

Phosphorylase a specific activity was significantly greater in fed animals compared to fasted rats in each group. Total phosphorylase specific activity was significantly greater in normal fed rats compared to normal fasted animals (Fig. 2, bottom). The total phosphorylase specific activity was significantly lower in 3- and 8-day diabetic animals, whether fed or fasted, compared to normal fed or fasted animals. Total phosphorylase specific activity was slightly, but not statistically significantly higher, in fed compared to fasted diabetic rats. Total soluble protein was 142 in normal fasted rats; 166 in normal fed; 204 in 3-day diabetic fasted; 192 in 3-day diabetic fed; 174 in 8-day diabetic fasted and 172 mg/g wet weight in 8-day diabetic fed rats.

Synthase protein mass, determined by Western blotting, was similar in liver extracts from fasted and fed rats in each individual group (Fig. 3, top). The protein mass was slightly ($\sim 15\%$), but significantly greater in 3-day diabetic fasted rats. It was significantly less ($\sim 20\%$) in 8-day diabetic fasted compared to normal fasted. It also was significantly less in 8-day diabetic fed compared to normal fed animals.

Liver synthase mRNA was greater in fed compared to fasted rats in each group. This increase was 1.7-fold in normal rats, 2.5-fold in 3-day diabetic and 7.8-fold in 8-day diabetic rats. The synthase mRNA was increased 1.8-fold in 3-day diabetic fasted rats, but was decreased 3.4-fold in 8-day diabetic-fasted rats compared to normal fasted animals. The quantity

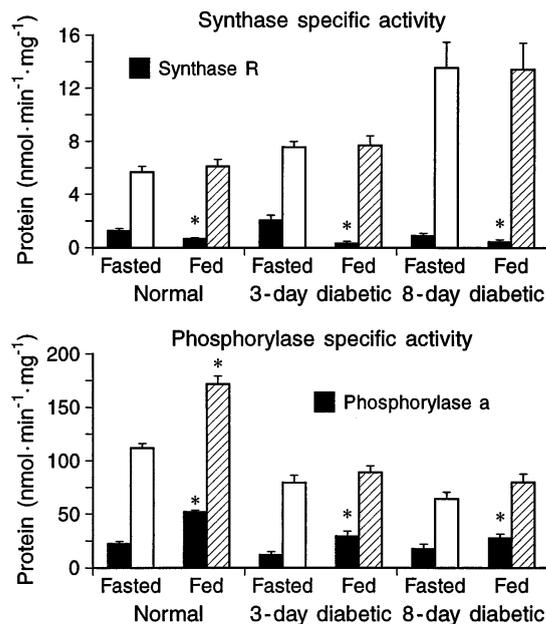


Fig 2. Total hepatic synthase (top) and phosphorylase (bottom) specific activity in normal, 3-day diabetic, or 8-day diabetic rats ($n > 6$). □ Fasted rats; ▨ fed rats, ■ active form(s) of the enzyme. * Statistical difference (Student's *t*-test) compared to the respective fasted animals

of synthase mRNA was greatest in liver from fed, 3-day diabetic rats; it was least in liver from 8-day diabetic-fasted rats. Examples of Western blots and RPA blots are shown in Figure 4.

Discussion

In diabetic animals, total synthase activity has been reported to be increased by a number of laboratories [2–8], including our own [1]. Bahnak and Gold reported the activity to be greater at 8 days of diabetes than at 3 days, but the differences were not as great as noted in the present study. They also reported that the increased synthase activity was due to an increase in mass of the enzyme protein as determined by immunotitration [3]. However, Akatsuka et al. [5] reported it was due to an increase in catalytic efficiency. The latter was attributed to the synthase being phosphorylated differently in diabetic animals than in normals. In this regard, we found that liver synthase from diabetic rats was a relatively poor substrate for synthase phosphatase [25].

Bahnak and Gold [3] also reported a progressive increase in the turnover rate of synthase with time after rats were made diabetic using alloxan. In these animals the synthesis rate was increased 2.5-fold compared to normal rats, and there was little difference between 2, 5, and 8 days of diabetes. The degradation rate also was increased in the diabetic rats

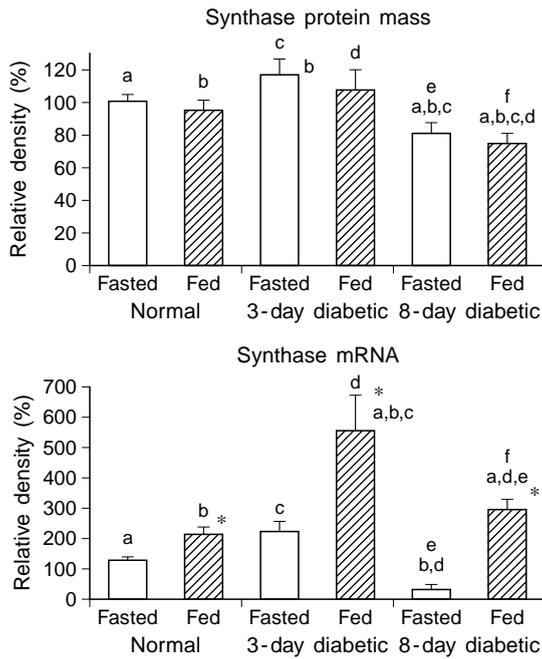


Fig. 3. Hepatic synthase protein mass (top) and synthase mRNA (bottom) in normal, 3-day diabetic, or 8-day diabetic rats ($n > 6$). □ Fasted rats; ▨ fed rats. * Statistical difference (Student's *t*-test) compared to the respective fasted data. Bars sharing a common letter are significantly different (AN-OVA). An identical amount of soluble protein was loaded onto the gel when Western blotting was performed. An internal control was included with each Western blot and ribonuclease protection assay. The density of each sample was compared to that internal control to obtain consistency between experiments

and continued to increase over the 8 day period. Their turnover data [3] can explain the small increase in synthase mass observed at 3 days and the small decrease at 8 days in the present experiments. They attributed the increase in titratable synthase to an increased synthesis rate. However, since the synthesis rate remained increased and stable, but the degradation rate continued to increase with time, a decrease in synthase mass by 8 days would be anticipated, as observed in the present studies. Although not indicated, presumably fed animals were used in their studies.

The present data indicate the synthase mRNA abundance was increased 2.6-fold in 3-day and 1.4-fold in 8-day diabetic fed rats compared to data from normal fed animals. This increased mRNA abundance is compatible with the increased synthesis rate of synthase protein reported previously [3].

In fasted animals the mRNA was increased 1.8-fold in 3-day diabetic animals. However, at 8 days it was decreased dramatically. To our knowledge data regarding synthase synthesis rates and turnover have not been determined in diabetic fasted animals. The decreased mRNA suggests that the protein synthesis rate is likely to be considerably diminished by 8 days.

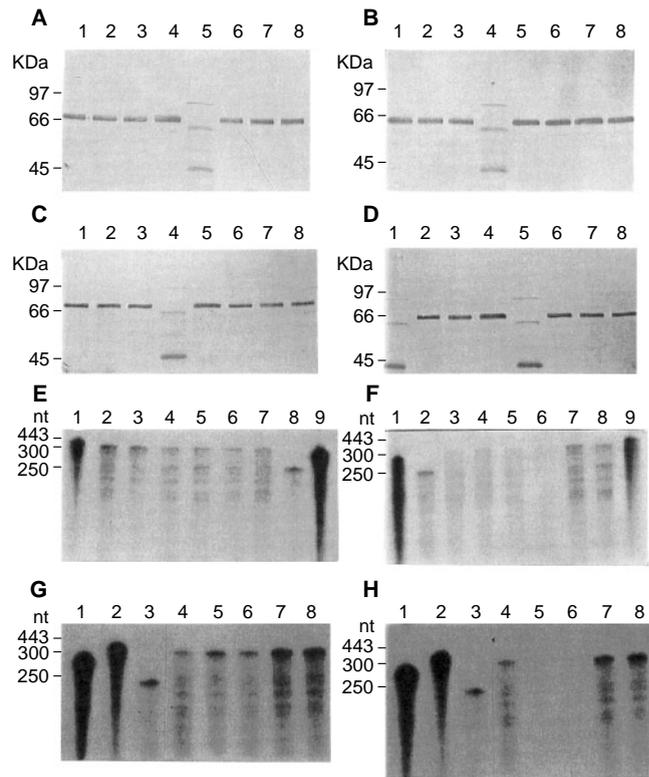


Fig 4 A-H. Representative Western (A-D) and RPA (E-H) blots. **A** Lanes 1-4 Normal fasted, Lane 5 Standard, Lanes 6-8 3-day diabetic fasted; **B** Lane 1-3 3-day diabetic fed; Lane 4 Standard, Lane 5 Normal fasted, Lanes 6-8 Normal fed; **C** Lanes 1-3 8-day diabetic fasted, Lane 4 standard, Lane 5 Normal fasted, Lanes 6-8 8-day diabetic fed; **D** Lane 1 Standard, Lanes 2-3 8-day diabetic fed, Lane 4 Normal fasted, Lane 5 Standard, Lanes 6-8 8-day diabetic fasted; **E** Lane 1 443 nt control, Lanes 2-3 Normal fed, Lanes 4-7 Normal fasted, Lane 8 250 nt control, Lane 9 300 nt control; **F** Lane 1 300 nt control, Lane 2 250 nt control, Lanes 3-4 Normal fasted, Lane 5 3-day diabetic fasted, Lane 6 8-day diabetic fasted, Lane 7 3-day diabetic fed, Lane 8 3-day diabetic fed, Lane 9 443 nt control; **G** Lane 1 300 nt, Lane 2 443 nt, Lane 3 250 nt, Lane 4 Normal fasted, Lanes 5-6 3-day diabetic fasted, Lanes 7-8 3-day diabetic fed; **H** Lane 1 300 nt control, Lane 2 443 nt control, Lane 3 250 nt control, Lane 4 Normal fasted, Lanes 5-6 8-day diabetic fasted, Lanes 7-8 8-day diabetic fed

In summary, total synthase specific activity increased progressively with length of diabetes. This occurred in both fed and fasted rats. The modest increase in total synthase specific activity in 3-day diabetic rats compared to controls could be due to a modest increase in protein mass and an increased synthesis rate which was greater than the increased degradation rate. This was associated with an increase in synthase mRNA abundance. However, in neither fed nor fasted 8-day diabetic rats, can the increase in activity be explained by an increase in protein mass. The mass was actually decreased modestly compared to normal rats. The decreased protein in 8-day diabetic fasted rats was associated with a marked decrease in synthase mRNA abundance

suggesting that the synthesis and turnover rate are likely to have been reduced. In 8-day diabetic fed rats, this was not the case. The same protein mass was associated with an increase in mRNA compared to normal controls. Thus, the synthesis and degradation of synthase protein is regulated differently in fed and fasted diabetic rats. Overall, the data also indicate that the increased synthase enzyme activity in both fed and fasted diabetic animals is due to an increase in synthase catalytic efficiency. The latter is likely to be due to a post-translational modification or the presence of tightly bound effectors.

The increase in synthase activity was limited to the D form of the enzyme. Thus, the post-translational modification or presence of tightly bound effectors also must be affecting only this form of the enzyme. It generally is considered that the glucose 6-phosphate dependency is related to the total phosphorylation state of the enzyme, thus the increased synthase D observed could be due to an increase in total amount of phosphate present. However, it also may be due not to a difference in total phosphorylation, but rather to a difference in site specific phosphorylation.

In rats made diabetic with streptozotocin and studied 3 weeks later, synthase activity and synthase mRNA have been reported to be similar to control animals [26]. The reason for the discrepancy between the current data and the previously reported data is not clear. It may be due to the length of time the rats were diabetic as well as a difference in the severity of diabetes in the two studies.

Total phosphorylase specific activity was decreased in liver of 3- and 8-day diabetic rats in the present study. A decrease in total phosphorylase activity has been reported previously in streptozotocin diabetic rats [26, 27]. Also, recently this was reported to be associated with a 45% decrease in phosphorylase mRNA abundance but no change in transcription rate [26].

In normal fed and 24 h fasted rats, total synthase specific activity in liver changed little. In addition, the mass of synthase protein, determined by Western blotting, was similar as has been reported previously [28]. However, the mRNA abundance was increased approximately 1.7-fold in normal fed compared to 24 h fasted rats. Since the total enzyme protein was unchanged in the presence of increased mRNA, either translation was inhibited or turnover was increased.

In this regard, Wititsuwannakul and Kim [29] reported that the half-life was increased from 4.2 h in fasted rats to 8.5 h in fed rats, i.e. just opposite of what one would expect with an increase in mRNA and a subsequent increase in translation rate. Therefore, translation most likely is inhibited.

In 72-h fasted, normal rats Nur et al. [30] reported a 60% decrease in total synthase specific activity, a

64% decrease in synthase protein mass, and no change in mRNA abundance. They speculated that the change in protein mass also may have been due to a change in efficiency of synthase mRNA translation. Shorter periods of starvation were not studied. Thus, their data cannot be compared with those in the present study.

The physiological significance of a change in synthase turnover rate, synthesis rate, and mRNA abundance, without a change in synthase total activity or mass is not apparent. However, a change in synthesis rate could be playing a role in regulation of the enzyme which is not evident from the catalytic kinetics. Liver synthase is a very highly phosphorylated protein containing 14–17 phosphoryl groups/subunits [31]. Six of these turn over with a half-life of about 30 min and are important in determining the kinetic characteristics of the enzyme [32]. They also are important in the rapid regulation of activity by a phosphorylation-dephosphorylation mechanism *in vivo* [15]. The remaining phosphoryl groups have been considered to be constitutive. However, it is possible that these phosphorylated amino acids are playing a subtle and as yet poorly understood role in regulation. In order to alter phosphorylation at these sites, turnover of the enzyme itself may be required. An increased turnover as observed in fasted rats would allow more rapid regulation of these sites on the enzyme. For example, they could determine the affinity for different forms of glycogen substrate, affect location in the cell [33], or the substrate suitability for synthase phosphatase [25].

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