

# Sphingosine kinase 1 participates in insulin signalling and regulates glucose metabolism and homeostasis in KK/Ay diabetic mice

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## Abstract

**Aims/hypothesis** The aim of this study was to determine the potential role of sphingosine kinase 1 (SPHK1), a key sphingolipid metabolic enzyme, in glucose metabolism and homeostasis.

**Methods** SMMC-7721 hepatoma cells and C2C12 myotube cells were used to explore the role of SPHK1 in glucose uptake in vitro. KK/Ay type 2 diabetic mice, which were transfected with adenovirus harbouring the human *SPHK1* gene by i.v. injection, were used to investigate the glucose-lowering effects of SPHK1 in vivo.

**Results** The basal glucose uptake and the insulin-stimulated glucose uptake in both 7721 cells and C2C12 cells were markedly enhanced when *SPHK1* was overexpressed by adenovirus-mediated gene transfer, whereas they were substantially reduced when the expression of *SPHK1* was inhibited or the activity of SPHK1 was blocked. Insulin could activate SPHK1 of both cell lines in a dose-dependent manner. *SPHK1* gene delivery significantly reduced the blood glucose level of KK/Ay diabetic mice, but had no effect on that of normal animals. It also attenuated elevated levels of plasma insulin, NEFA, triacylglycerol, cholesterol and LDL, significantly ameliorated hyperglycaemia-induced injury of liver, heart and kidney, and enhanced phosphorylation of insulin-signalling kinases such as Akt and glycogen synthase kinase 3 $\beta$  in livers of the diabetic animals.

**Conclusions/interpretation** SPHK1 is involved in insulin signalling and plays an important role in the regulation of glucose and fat metabolism; adenovirus-mediated *SPHK1* gene transfer might provide a novel strategy in the treatment of type 2 diabetes mellitus.

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**Keywords** Glucose metabolism · Insulin signalling ·  
Sphingosine kinase 1 · Type 2 diabetes mellitus

## Abbreviations

Ad-*GFP* adenoviral vectors containing green fluorescent protein gene  
Ad-*SPHK1* adenoviral vectors containing FLAG-labelled human sphingosine kinase 1 gene  
ALT alanine aminotransferase  
AST aspartate aminotransferase  
CER ceramide

CK	creatine kinase
DMS	<i>N,N</i> -dimethylsphingosine
GSK3B	glycogen synthase kinase 3 $\beta$
2-D[ <sup>3</sup> H]OG	2-deoxy-[ <sup>3</sup> H]glucose
LDH	lactate dehydrogenase
PI3K	phosphatidylinositol 3-kinase
S1P	sphingosine 1-phosphate
siRNA	small interfering RNA
SP	sphingosine
SPHK1	sphingosine kinase 1

## Introduction

Type 2 diabetes mellitus is a progressive metabolic disorder developing from both environmental and undefined genetic factors, involving defects in all major organs controlling metabolism, such as liver, skeletal muscle, adipose tissue and beta cells. Although the primary factors causing this disease remain unknown, it is clear that insulin resistance plays an important role in the pathogenesis, development and outcome of type 2 diabetes mellitus [1]. Overloading of nutrients to peripheral tissues can lead to the formation of metabolites, such as NEFAs, or to the production of a chronic inflammatory state characterised by elevated circulating levels of inflammatory mediators, such as TNF- $\alpha$  [2–7]. These metabolites and mediators are regarded as the major cause of insulin resistance. It has been documented that ceramide (CER), one of the sphingolipid metabolites, is a key intermediate linking certain nutrients (e.g. NEFAs) and inflammatory cytokines (e.g. TNF- $\alpha$ ) with insulin resistance [8–14].

It is well established that the metabolism of lipid and glucose are closely correlated. As the two main classes of substance associated with energetic metabolism, lipid and glucose can transform reciprocally in vivo. The metabolites of lipid can influence glucose metabolism, or vice versa. For example, NEFAs and CER play important roles in the development of insulin resistance, and even diabetes mellitus, and phosphatidylinositol 3-kinase (PI3K), which is an important lipid kinase in lipid metabolism, has also been proved to be a key component in the insulin-signalling pathway, and thereby plays a vital role in the control of glucose metabolism [15–17]. Sphingolipids are a class of enigmatic lipids and their metabolism leads to the generation of several bioactive products including CER, sphingosine (SP) and sphingosine 1-phosphate (S1P) [18, 19], which are important signalling molecules participating in a variety of important mammalian cell processes including proliferation, differentiation, mobility and apoptosis. More interestingly, the catabolic pathway of sphingolipids is complex with several potential points of regulation and modulation [19].

For example, the dynamic balance between cellular concentrations of CER/SP and S1P determines whether cells survive or die, which is termed ‘sphingolipid rheostat’. Generally, CER and SP, the precursor of S1P, are associated with cell growth arrest and apoptosis, whereas S1P has been implicated in cell proliferation and survival [20–24].

Sphingosine kinase 1 (SPHK1) is a key enzyme in the sphingolipid metabolic pathway and acts as an essential checkpoint in regulating the relative levels of CER/SP and S1P [21]. Moreover, SPHK1 is similar to the above-mentioned PI3K in several aspects: (1) both of them are highly conserved lipid kinases catalysing lipid phosphorylation in phospholipid metabolic pathways; (2) the catalysed products of both kinases act as the second messenger of cellular signalling; and (3) the increase of activity of both kinases is closely related to cell survival and proliferation. Therefore, it is of interest to know whether SPHK1 would be another important lipid kinase involved in glucose metabolism and whether gene transfer of this factor could greatly improve glucose homeostasis in diabetic mice. To answer these questions, we explored the role of SPHK1 in glucose uptake and insulin sensitivity in vitro and further examined the metabolic effects of SPHK1 in vivo by gene delivery using the KK/Ay type 2 diabetic mouse model.

## Materials and methods

**Materials** Antibodies to Akt, Ser473-phosphorylated Akt, glycogen synthase kinase 3 $\beta$  (GSK3B, previously known as GSK-3 $\beta$ ) and Ser9-phosphorylated GSK-3B were purchased from Cell Signaling Technology, Beverly, MA, USA. The adenovirus expression vector kit (AdEasy system) was purchased from Stratagene, La Jolla, CA, USA. S1P, SP, *N,N*-dimethylsphingosine (DMS) and 2-deoxy-[<sup>3</sup>H]glucose (2-D[<sup>3</sup>H]OG) were from Sigma, St. Louis, MO, USA. Lipofectamine 2000 reagent was the product of Invitrogen Life Technologies, Carlsbad, CA, USA.

**Preparation of replication-deficient adenoviral vectors Ad-SPHK1 and Ad-GFP** Replication-deficient (E1, E3 deleted) adenoviral vectors containing FLAG-labelled human sphingosine kinase 1 (Ad-SPHK1) were prepared by using the pAdEasy-1 system following the manufacturer’s instructions. Replication-deficient adenovirus containing green fluorescent protein (Ad-GFP) was similarly obtained as a control. Recombinant adenoviruses were produced in HEK293 cells and then purified by CsCl gradient centrifugation and the final plaque-forming units were determined by titration on 293 cells under an agarose overlay.

**Cell culture and treatment** SMMC-7721 hepatoma cells and C2C12 myotube cells were routinely cultured in

DMEM supplemented with 10% fetal calf plasma and antibiotics (penicillin 100 IU/ml, streptomycin 100 µg/ml) in an atmosphere of 5% CO<sub>2</sub> at 37°C. The cells were infected with Ad-*SPHK1* or Ad-*GFP* as a control at a 100 multiplicity of infection for 24 h, and then the cellular SPHK1 activity and extracellular S1P levels were measured.

**2-D[<sup>3</sup>H]OG uptake in vitro** Cells were seeded in 48-well plates, and 2-D[<sup>3</sup>H]OG uptake assays were performed as described previously [25]. Briefly, after being incubated in serum-free DMEM overnight at 37°C, the cells were infected with a 100 multiplicity of infection of Ad-*SPHK1* for 24 h or stimulated with 0.1, 0.5, 2.5 µmol/l S1P for 30 min and then incubated with 100 nmol/l insulin for 15 min. Glucose uptake was initiated by incubation with 2-D[<sup>3</sup>H]OG at 18.5 kBq/ml for 10 min at 37°C.

**Measurement of SPHK1 activity** Cells were scraped into buffer A (0.1 mol/l Tris-HCl [pH 7.4] containing 20% [v/v] glycerol, 1 mmol/l mercaptoethanol, 1 mmol/l EDTA, 1 mmol/l Na<sub>3</sub>VO<sub>4</sub>, 15 mmol/l NaF, 10 µg/ml leupeptin and aprotinin, 1 mmol/l phenylmethylsulfonylfluoride and 0.5 mmol/l 4-deoxy pyridoxine). Cells were lysed by freezing-thawing three times, and cytosolic fractions were prepared by centrifugation at 13,000×g for 20 min. Tissue homogenates were prepared by homogenising the tissues in buffer A. SPHK1 activity was measured as previously described [26].

**Assay of S1P levels** The assay utilised an alkaline lipid extraction to selectively separate S1P from cell extracts or tissues. Extracted S1P was efficiently converted to SP by alkaline phosphatase treatment. SP thus formed was then quantitatively phosphorylated to <sup>32</sup>P-labelled S1P using recombinant sphingosine kinase and γ-<sup>32</sup>P-labelled ATP. Then S1P levels were measured as described previously [27].

**Small interfering RNA treatment** Inhibition of *SPHK1* expression in 7721 and C2C12 cell lines with *SPHK1*-specific small interfering RNA (siRNA) was performed as described previously [28]. Briefly, 7721 or C2C12 cells were seeded into six-well plates 1 day before the experiment. Scrambled siRNA (5'-AAT TCT CCG AAC GTG TCA CGT dTdT-3' and 5'-ACG TGA CAC GTT CGG AGA A dTdT-3') and *SPHK1*-specific siRNA (5'-GAG CUG CAA GGC CUU GCC C dTdT-3' and 5'-GGG CAA GGC CUU GCA GCU C dTdT-3') were transfected into the cells using Lipofectamine 2000 reagent. siRNA oligonucleotides were synthesised and annealed by a commercial supplier (Sigma-Prologo, The Woodlands, TX, USA).

**Western blot analysis** Tissue extract of livers was subjected to western blot analyses for phosphorylated and

total Akt and GSK3B. All blots were immunoreacted with a primary antibody overnight at 4°C. An ECL system (Amersham Biosciences, Amersham, Bucks, UK) was used to detect signal following the manufacturer's instructions.

**Animals and treatment** Female and male KK/Ay mice (12–14 weeks old) or C57BL/6 mice (6–8 weeks old) were obtained from the Institute of Experimental Animals, Chinese Academy of Medical Sciences. All animals were kept individually in plastic cage at 25°C with illumination for 12 h, and the KK/Ay mice were given a high-fat diet and with water freely available. Animals were injected i.v. with 2×10<sup>9</sup> plaque-forming units of either Ad-*SPHK1* or control Ad-*GFP*. Each group consisted of ten animals. Blood glucose levels were monitored weekly by the gluco-card test (Arkray, Shanghai, Japan). Cardiac and liver functions were evaluated 21 days after gene delivery, and tissues were then processed for biochemical and morphological analyses. All experimental procedures were approved and carried out in compliance with the guidelines of the Institute of Radiation Medicine on the use of animals.

**Metabolic measurements** The levels of serum glucose, insulin, triacylglycerol, NEFA, cholesterol, HDL, LDL, creatine kinase (CK), lactate dehydrogenase (LDH), aspartate aminotransferase (AST) and alanine aminotransferase (ALT) and of liver glycogen and triacylglycerol were measured as previously described [29].

**Glucose tolerance test** The glucose tolerance test was performed after fasting for 16 h. Glucose (2 g/kg) was administered orally, and blood was collected from the tail vein at 0, 30, 60 and 120 min for measurement of serum glucose.

**Histological analysis** Samples of heart and liver were fixed in 10% neutral-buffered formalin, embedded in paraffin, cut and stained with haematoxylin and eosin, and then analysed microscopically and morphometrically. Furthermore, the ultrastructures of heart and kidney of diabetic mice were assessed by electron microscopy, and the morphological features of cardiac tissues in each group were quantified as described previously [30].

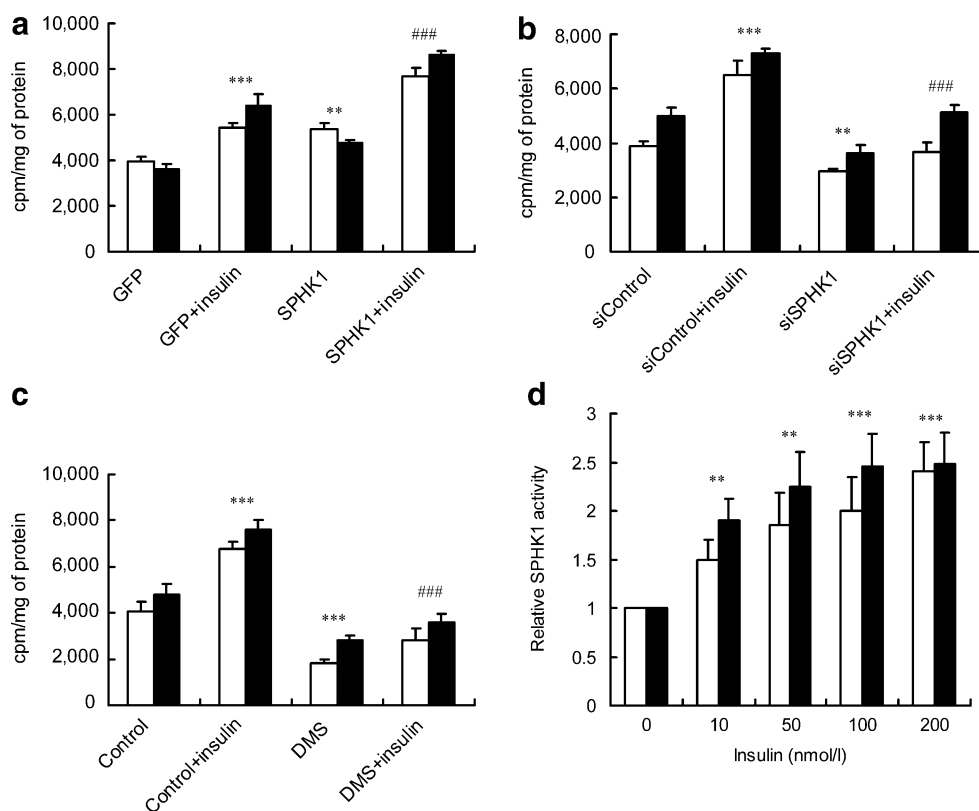
**Statistical analysis** Data are expressed as means±SEM, and *n* indicates the number of experiments. Paired Student's *t* tests were used for comparison between two groups. For multiple comparisons, results were analysed by factorial ANOVA using Statistical Analysis System software (SAS8.00). A value of *p*<0.05 was considered statistically significant.

## Results

**Effects of SPHK1 on glucose uptake and insulin-induced glucose uptake in vitro** We first explored the role of SPHK1 in glucose uptake and insulin sensitivity in vitro. Ad-*SPHK1* infection resulted in a marked increase (about fourfold) in SPHK1 activity in both 7721 and C2C12 cells (Electronic supplementary material [ESM] Fig. 1a), which led to an obvious increase in extracellular S1P levels (ESM Fig. 1b) and the basal and insulin-stimulated uptake of glucose by both cell lines as well (Fig. 1a). Blocking the activity of SPHK1 by DMS, a potent inhibitor of SPHK1, or inhibiting the expression of *SPHK1* by siRNA caused a significant decrease in both the basal and insulin-induced glucose uptake (Fig. 1b,c). S1P also enhanced the basal and insulin-induced uptake of glucose by both cells in a dose-dependent manner (ESM Fig. 2). These results show that SPHK1 plays an important role in glucose uptake. We then determined whether SPHK1 is implicated in insulin signalling. Results showed that insulin could enhance the

SPHK1 activity in both 7721 and C2C12 cell lines in a dose-dependent manner (Fig. 1d), indicating that SPHK1 is involved in insulin signalling.

**Effects of SPHK1 gene delivery on serum glucose and lipid profiles in KK/Ay diabetic mice** Ad-*SPHK1* was injected i.v. into KK/Ay diabetic mice to determine glucose-lowering effects of SPHK1 in vivo. The mice injected with Ad-*SPHK1* showed a dramatic reduction in blood glucose levels, which lasted for at least 3 weeks. However, the diabetic mice injected with Ad-*GFP* showed no significant change in blood glucose level (Fig. 2a). Oral glucose tolerance tests showed that *SPHK1* gene transfer resulted in an improved glucose tolerance with lower glucose level at all the time points after glucose loading (Fig. 2b). High serum insulin level, which is a result of insulin resistance, was markedly lowered by administration of Ad-*SPHK1* (Fig. 2c) and high serum NEFA, which is a major cause of insulin resistance, was substantially reduced by Ad-*SPHK1* injection (Fig. 2d). The effect of SPHK1 on blood fat

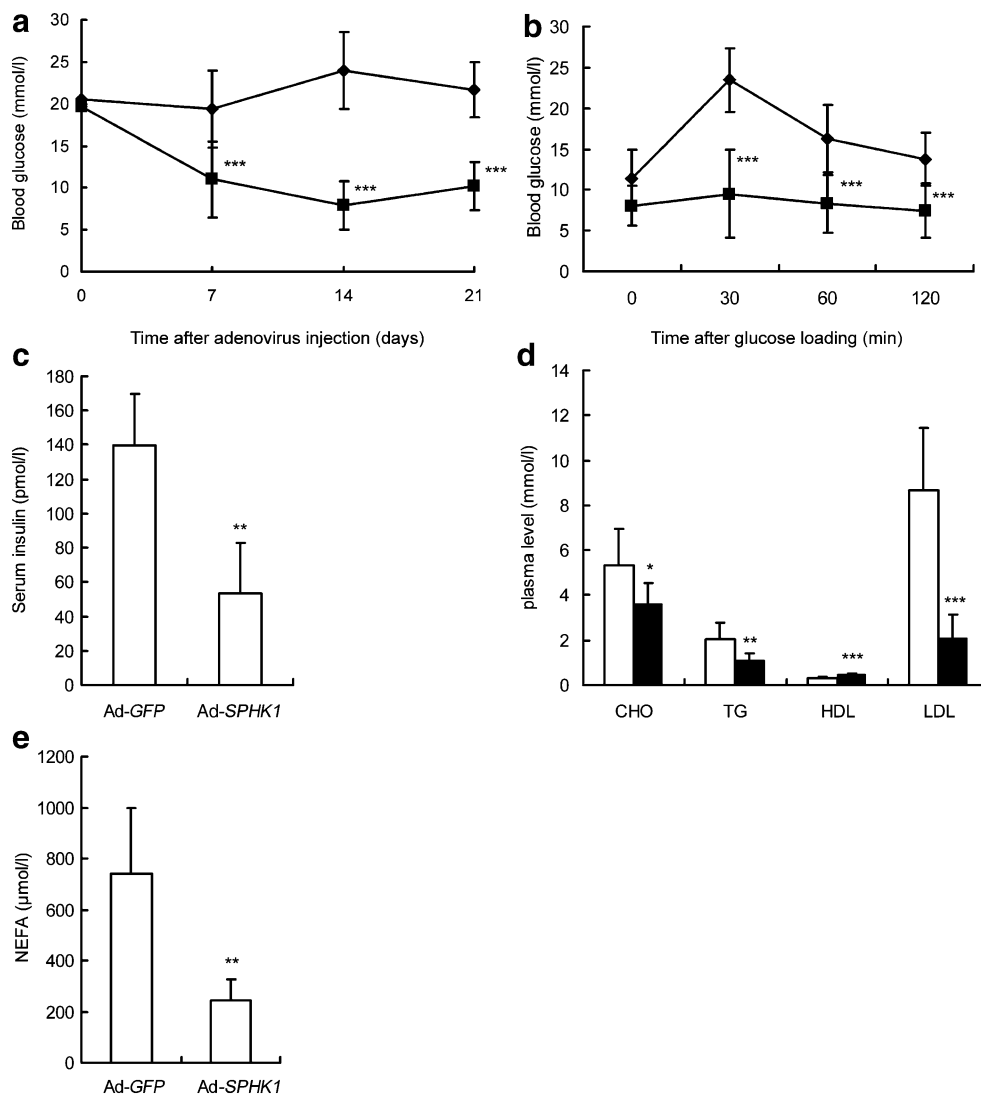


**Fig. 1** SPHK1/S1P participates in insulin signalling and enhances cell glucose uptake. **a** Ad-*SPHK1* infection enhances the basal and insulin-stimulated uptake of glucose by 7721 and C2C12 cell lines. The cells were infected with Ad-*SPHK1* for 24 h, and then the uptake of glucose by cells was determined. **b, c** Inhibition of *SPHK1* expression by RNA interference (si) or blockage of SPHK1 activity by DMS reduced the basal and insulin-induced uptake of glucose by both 7721 and C2C12

cells. Three independent experiments were performed, producing similar results. Results are shown as means±SEM of triplicates of one experiment. \*\* $p$ <0.01, \*\*\* $p$ <0.001 vs control group. ### $p$ <0.001 vs plus insulin control group. **d** Insulin enhances SPHK1 activity in both C2C12 and 7721 cells in a dose-dependent manner (indicated concentrations of insulin for 2 h). Data are means±SEM ( $n$ =3). \*\* $p$ <0.01, \*\*\* $p$ <0.001 vs control. Black bars 7721 cells, open bars C2C12 cells

**Fig. 2** *SPHK1* gene delivery reduces blood glucose and improves the plasma lipid profiles in KK/Ay diabetic mice.

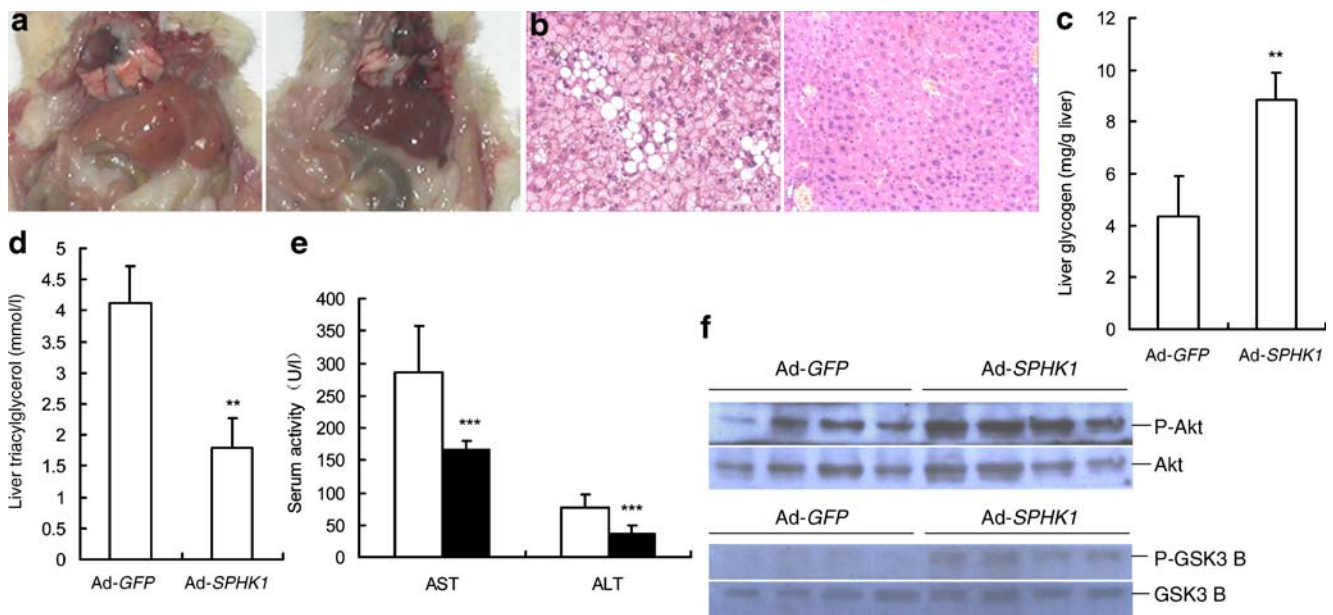
**a** Blood glucose concentrations of KK/Ay mice injected i.v. with adenovirus encoding GFP or *SPHK1* at indicated times after adenovirus injection. **b** Blood glucose concentration during oral glucose tolerance tests of KK/Ay mice injected with adenovirus encoding GFP or *SPHK1*. *Squares* *SPHK1*, *diamonds* GFP. **c** Serum insulin concentration of KK mice injected with Ad-GFP or Ad-*SPHK1* at the endpoint of the study. **d** Triacylglycerol (TG), cholesterol (CHO), HDL and LDL levels. *Open bars* GFP, *black bars* *SPHK1*. **e** NEFA levels. Data are means±SEM ( $n=10$ ). \* $p<0.05$ , \*\* $p<0.01$ , \*\*\* $p<0.001$  vs GFP group



metabolism was also evaluated. Significantly, high serum triacylglycerol, cholesterol and LDL levels were decreased, and HDL was increased in Ad-*SPHK1* injected mice (Fig. 2e). All these findings suggest that *SPHK1* has a potent hypoglycaemic effect and can improve lipid profiles in type 2 diabetic mice. We further investigated the in vivo effects of *SPHK1* on blood glucose levels of normal non-diabetic mice. As shown in ESM Fig. 3, i.v. injection of Ad-*SPHK1* had no effect on blood glucose levels and oral glucose tolerance of normal animals. The results indicate that adenovirus-mediated *SPHK1* gene transfer might provide a novel and promising strategy to treat type 2 diabetes mellitus.

*Effects of SPHK1 gene delivery on liver function and glycogen synthesis in KK/Ay diabetic mice* Hepatic insulin resistance is an important pathophysiological feature of type 2 diabetes mellitus and the metabolic syndrome. Previous studies in rodents indicated that systemic infusion of recombinant adenovirus resulted in a preferential target-

ing of the transgene to the liver [31]. We then evaluated the metabolic and functional effects of *SPHK1* on livers of diabetic mice. Liver weights of mice injected with Ad-*SPHK1* were substantially decreased (Fig. 3a, ESM Table 1). Microscopically, the livers of Ad-*SPHK1* injected mice showed markedly reduced steatosis compared with the Ad-GFP control mice (Fig. 3b). Further metabolic measurements showed that *SPHK1* gene delivery caused a marked increase in hepatic glycogen content and a significant reduction in the hepatic triacylglycerol content (Fig. 3c,d). Liver enzymes such as AST and ALT were reduced in Ad-*SPHK1*-injected mice compared with Ad-GFP control mice (Fig. 3e). Next, we investigated hepatic insulin-signalling proteins. Phosphorylation of molecules involved in insulin signalling such as Akt and GSK3B were enhanced (Fig. 3f) when hepatic *SPHK1* activity was increased in Ad-*SPHK1*-infected mice (ESM Fig. 4). These results indicate that *SPHK1* gene transfer resulted in activation of Akt, inactivation of GSK3B, and then an increased glycogen accumulation.



**Fig. 3** *SPHK1* gene delivery decreases liver steatosis and improves hepatic function in KK/Ay diabetic mice. **a** Livers of KK/Ay mice injected with Ad-GFP (left) and Ad-SPHK1 (right). **b** Histological analysis of livers of KK/Ay mice injected with Ad-GFP (left) and Ad-SPHK1 (right). **c, d** Hepatic concentrations of glycogen and triacylglycerol from mice infected with Ad-GFP or Ad-SPHK1 at the

endpoint of the study. **e** Serum AST and ALT activities in Ad-GFP- or Ad-SPHK1-injected animals at the endpoint of the test. Open bars GFP, black bars SPHK1. **f** Protein levels of insulin-signalling molecules examined by immunoblotting in livers of KK/Ay mice infected with Ad-GFP or Ad-SPHK1. Data are means±SEM ( $n=10$ ). \*\* $p<0.01$ , \*\*\* $p<0.001$  vs GFP group. P, Phosphorylated

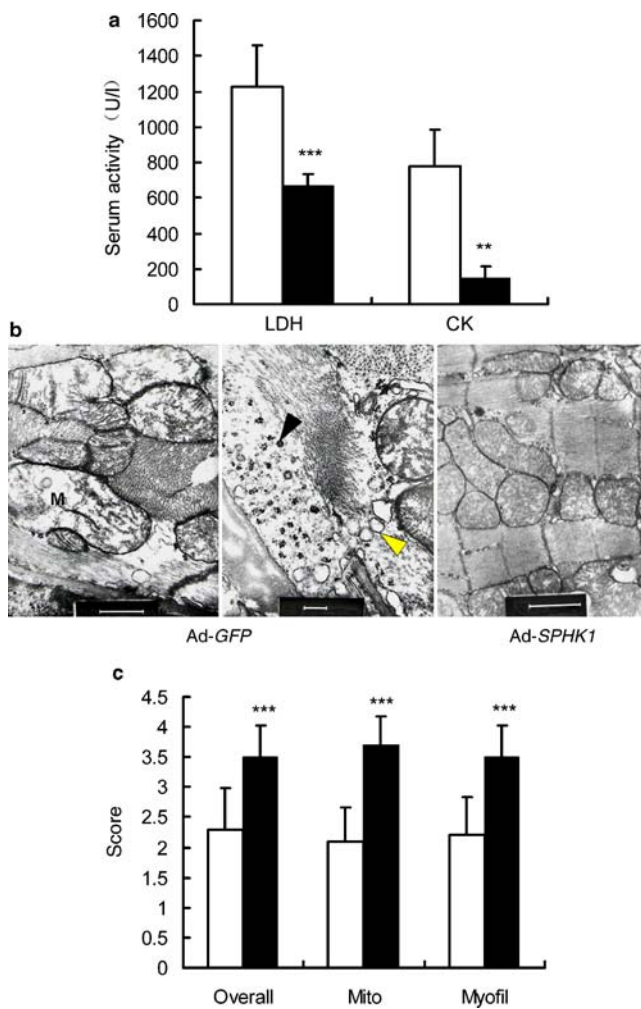
*SPHK1* gene transfer prevents diabetes-induced cardiac injury in KK/Ay diabetic mice To determine whether i.v. injection of adenovirus encoding SPHK1 protects against hyperglycaemia-induced cardiac myocyte injury, the serum levels of LDH and CK were assayed at the endpoint of the study. As shown in Fig. 4a, total LDH and CK activities in the serum of Ad-SPHK1-injected mice were significantly decreased. By means of electron microscopy, we found that significant ultrastructural differences existed in the heart between Ad-GFP- and Ad-SPHK1-treated animals (Fig. 4b,c). The hearts of mice in the GFP group displayed an obviously disorganised array of the myocardial structure, myofibrillar discontinuation and universal mitochondrial damage (swelling and disrupted cristae). The myofibrillar disruption and mitochondrial damage were significantly prevented in the heart of Ad-SPHK1-infected mice. In addition, only the heart of mice in the GFP group showed many lipid droplets (yellow triangle) and glycogen particles (black triangle) around or inside mitochondria.

*SPHK1* gene transfer prevents diabetes-induced renal structural changes in KK/Ay diabetic mice Diabetic nephropathy is one of the most common and lethal complications of diabetes mellitus. In general, diabetic nephropathy advances from the glomerular hyperfiltration stage to the glomerular sclerotic stage with reduced glomerular filtration. It has been proposed that SPHK1/S1P contributes to the early stages of diabetic nephropathy

as diabetes enhances SPHK1 activity, which results in an increased mesangial cell proliferation, a key event in pathogenesis of the disease [32, 33]. To determine whether Ad-SPHK1 infection could exacerbate the diabetes-induced renal structural damage or not, we observed the renal structural changes in both groups. Renal glomeruli were obviously small in Ad-SPHK1-injected mice compared with Ad-GFP control mice (Fig. 5a). Under the transmission electron microscope, characteristic diabetic lesions, such as remarkable thickening of glomerular basement membrane, extensive fusion and detachment of podocyte foot processes (solid arrow), were observed in the GFP group, but not in the SPHK1 group (Fig. 5b). These observations indicated that diabetes-enhanced renal SPHK1 activity at the early stage of diabetic nephropathy could not be the cause of the disease. On the contrary, the increase of SPHK1 activity may be a spontaneous and protective response to diabetic nephropathy and the persistent increase in SPHK1 activity (Ad-SPHK1 transfer) can even decrease the incidence of diabetic nephropathy.

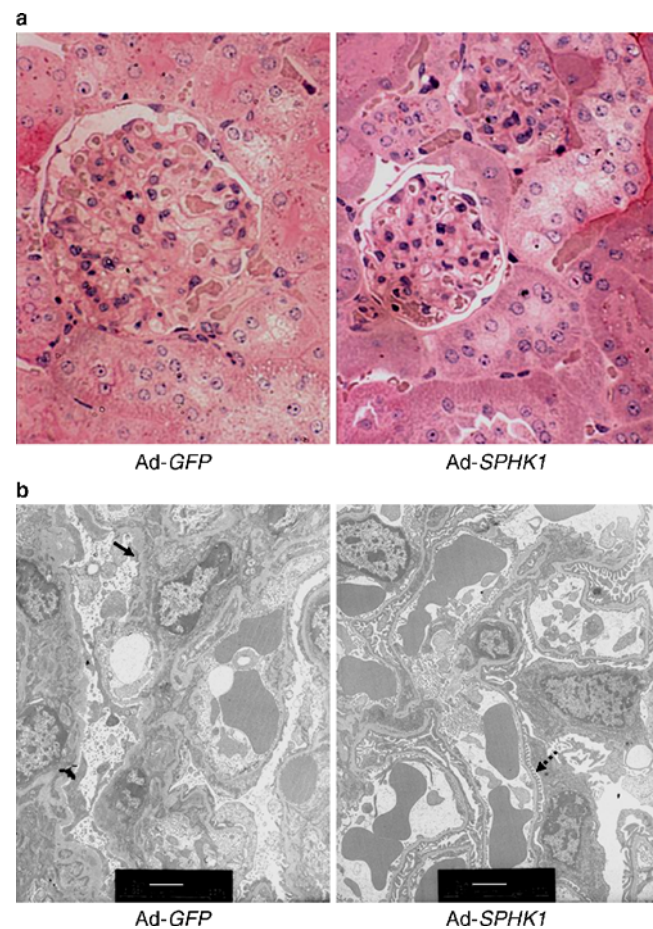
## Discussion

Research has indicated that the metabolites of lipids can act as important signal transduction molecules. Sphingolipids, in particular, have emerged as key components of various



**Fig. 4** *SPHK1* gene transfer prevents diabetes-induced cardiac ultrastructural changes and serum LDH and CK increase. **a** Serum LDH and CK activities of KK/Ay mice injected with adenovirus encoding GFP (open bars) or SPHK1 (black bars) at the endpoint of the test. **b** Cardiac ultrastructures of mice injected i.v. with adenovirus encoding GFP or SPHK1. Only the heart of mice in the GFP group showed many lipid droplets (yellow arrowhead) and glycogen particles (black arrowhead) around or inside mitochondria. M Mitochondria. The white bar indicates 500 nm, 200 nm and 1 μm in the panels from left to right, respectively. **c** Quantification of cardiac morphology. Two blind observers rated ultrastructural features of myocardial tissues in 10–15 randomly selected electron micrographs from each group ( $n=3$ ). The parameters used for the overall ratings and ratings for mitochondria (*Mito*) and myofilaments (*Myofil*) have been described previously [30]. Data are means±SEM ( $n=10$ ). \*\* $p<0.01$ , \*\*\* $p<0.001$  vs GFP group

cellular responses. SPHK1 is a key enzyme in the sphingolipid metabolic pathway. Accumulated evidence suggests that SPHK1 is implicated in a variety of important biological processes, such as inflammation, atherosclerosis and angiogenesis [28, 34, 35]. In this study, we investigated the potential role of SPHK1 in glucose metabolism and homeostasis. The in vitro study showed that SPHK1 is



**Fig. 5** *SPHK1* gene delivery prevents diabetes-induced renal structural changes. **a** Renal structures of mice injected i.v. with Ad-GFP or Ad-*SPHK1*. Enlarged glomerulus and thickened basal membrane in mice of the GFP group are shown. **b** Renal ultrastructures of mice injected with Ad-GFP or Ad-*SPHK1*. Characteristic diabetic lesions, such as remarkable thickening of glomerular basement membrane, extensive fusion and detachment of podocyte foot processes (solid arrow), were observed in the GFP group, but not in the SPHK1 group (dotted arrow). The white bar indicates 2 μm

implicated in the insulin-signalling pathway and plays a role in insulin-stimulated glucose uptake by both 7721 hepatoma cells and C2C12 myotube cells. In vivo studies indicated that *SPHK1* gene delivery markedly reduced blood glucose level and greatly improved lipid profiles in KK/Ay diabetic mice. Interestingly, the blood glucose level in normal, non-diabetic animals was not affected by Ad-*SPHK1* administration. These results show that SPHK1 would be another important lipid kinase involved in glucose metabolism, and that adenovirus-mediated *SPHK1* gene transfer would be a promising strategy to treat type 2 diabetes mellitus.

Insulin-stimulated glucose uptake and utilisation by peripheral tissues, such as liver, muscle and fat, is crucial for maintaining normal blood glucose level. We first

examined the role of SPHK1 in basal and insulin-stimulated glucose uptake in vitro. *SPHK1* overexpression led to a marked increase in basal glucose uptake and an enhancement in insulin-stimulated glucose uptake as well, whether in 7721 cells or C2C12 cells. Consistent with this, glycogen contents in liver and muscle (data not shown) of Ad-*SPHK1*-treated diabetic mice were also significantly increased. These results suggest that stimulating glucose uptake in peripheral tissues might be a major cause of the hypoglycaemic effect of SPHK1. Surprisingly, DMS, a potent SPHK1 inhibitor, completely abrogated insulin effects. This inhibitory effect of DMS on insulin signalling can not only be explained by its blockage of SPHK1 activity, because DMS has also been shown to inhibit protein kinase C [36] and to affect muscarinic M3 responses by mechanisms other than sphingosine kinase inhibition [37]. In a recent study, it was shown that insulin has no effect on SPHK1 enzyme activity in vitro in vascular endothelial cells [38]. We showed here that insulin could enhance SPHK1 activity in both 7721 and C2C12 cell lines. The results indicate that insulin may activate SPHK1 in a cell-specific manner.

Type 2 diabetes mellitus is characterised by an impaired insulin sensitivity and resultant dysregulation of glucose and lipid metabolism. KK/Ay mice exhibit morbid obesity and metabolic abnormalities such as hyperglycaemia, glucose intolerance and hyperinsulinaemia, and are known to serve as an excellent model of type 2 diabetes mellitus [39]. The high serum insulin levels of KK/Ay mice, which are a result of insulin resistance, were markedly lowered by administering Ad-*SPHK1*, and so were high serum NEFA levels, which are a major cause of insulin resistance. These findings suggest that decreasing the insulin resistance by SPHK1 would be a major mechanism for its hypoglycaemic activity, and if insulin is involved in the action of SPHK1 in vivo it induces an increase in insulin sensitivity rather than insulin release. Because hepatic steatosis in patients with hypertriglycerolaemia is linked to a decrease in insulin sensitivity [40], the insulin-sensitising effect of SPHK1 was further supported by the following results: Ad-*SPHK1* injection activated the insulin-signalling kinases such as Akt and GSK3B in livers, alleviated the fatty liver, and reduced the serum triacylglycerol and cholesterol. Currently, the mechanism of action of SPHK1 in lipid metabolism and management is still unclear and needs to be further explored.

It is of interest to note that the body weight of Ad-*SPHK1*-treated mice was markedly decreased (ESM Table 1). It is well known that insulin resistance is very often accompanied by obesity. Obesity not only increases the chance of developing type 2 diabetes, but is also associated with insulin resistance and other morbidity [41]. In obese patients with type 2 diabetes, insulin resistance is significantly worse than that in non-obese

diabetic individuals [42]. Other studies have shown that insulin sensitivity in type 2 diabetes patients improved with weight loss [43]. We indicated here that Ad-*SPHK1* infection alleviated the fatty livers and reduced the fat and glycogen accumulation in the myocardium of KK/Ay diabetic mice. Thus, Ad-*SPHK1* would be particularly beneficial for treatment of diabetes, especially obese diabetic patients, and improving glucose utilisation and reducing fat deposition in peripheral tissues might be potential mechanisms of the effects of Ad-*SPHK1* infection on body weight. In a recent study, we showed that SHP-2 tyrosine phosphatase interacts with SPHK1 directly and plays a crucial role in regulating the basal and hepatocyte growth factor-stimulated SPHK1 activity [44]. Interestingly, a prominent phenotype of the *Shp2* mutant mice was the development of early-onset obesity, with increased serum levels of leptin, insulin, glucose and triacylglycerol [45]. These results thereby indicate that SPHK1 might be an important molecule in the control of body weight and energy metabolism.

Diabetes mellitus of long duration is associated with several complications, such as diabetic cardiomyopathy, diabetic neuropathy and nephropathy. Increased accumulation of glycogen in the myocardium is a typical feature in diabetic animal models [46], and can finally lead to diabetic cardiomyopathy. As shown in Fig. 4b, there are many lipid droplets and glycogen particles in the hearts of Ad-*GFP*-infected KK/Ay diabetic mice but not in Ad-*SPHK1*-treated animals; serum LDH and CK enzymatic activity in Ad-*SPHK1*-treated mice were also markedly reduced. These results showed that SPHK1 plays a potential role in overcoming the impairment in glycogenolysis, improving the use of myocardial glycogen and preserving the heart function. With diabetic patients often having impaired cardiac function and heart failure, these data suggest a new role for SPHK1 in this debilitating disease. Moreover, the whole diabetic phenotype of liver and kidney was markedly reversed in Ad-*SPHK1*-treated mice. Except for improving the blood glucose level by Ad-*SPHK1* injection, other possible explanations for this result are as follows: (1) SPHK1, as a survival factor, might protect cardiomyocytes, hepatocytes and renal cells against hyperglycaemia-induced death; (2) SPHK1 might have a potential anti-inflammatory function, for a recent report showed that S1P acts as an immunosuppressant by modifying lymphocytic migration [47]; and (3) SPHK1/S1P is involved in the regulation of vascular tone and could increase the resistance of endothelial cells and enhance barrier integrity [48]. Whether the above potential mechanisms are involved in the recovery of the diabetic phenotype by *SPHK1* gene delivery needs to be further verified.

In conclusion, regardless of the above-mentioned multiple mechanisms for SPHK1 action, our findings suggest that SPHK1 is a novel molecule in the regulation of glucose



and fat metabolism and may be used as a favourable therapeutic target of type 2 diabetes mellitus.

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