# **Cellular basis of diabetic nephropathy: III. In vitro GLUT1 mRNA** expression and risk of diabetic nephropathy in Type 1 diabetic patients

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## Abstract

Aims/hypothesis. Altered glucose transporter expression has been implicated in the pathogenesis of diabetic nephropathy. There is increasing evidence that genetic factors convey risk of, or protection from, diabetic nephropathy and that the behaviour of cultured skin fibroblasts from Type 1 diabetic patients may reflect these genetic influences. This study aimed to compare GLUT1 mRNA expression levels in skin fibroblasts from Type 1 diabetic patients with either rapid ("fast-track", n=25) or slow ("slow-track", n=25) development of diabetic nephropathy and from non-diabetic normal control subjects (controls, n=25). Methods. Skin fibroblasts were cultured in Dulbecco's Modified Eagle's Medium with 25 mmol/l glucose for 36 h. Total RNA was isolated, and GLUT1 mRNA levels were estimated by microarray analysis and RT-PCR. Results. Levels of GLUT1 mRNA expression in skin fibroblasts from "slow-track" patients were greater

than those from "fast-track" patients (p=0.02), as initially detected by microarray. GLUT1 mRNA expression levels were confirmed by RT-PCR to be higher in skin fibroblasts from "slow-track" patients ( $4.59\pm$ 2.04) than in those from "fast-track" patients ( $3.34\pm$ 1.2, p=0.02), and were also higher than in skin fibroblasts from control subjects ( $3.52\pm1.66$ , p=0.03). There was no statistically significant difference between levels of expression in the "fast-track" patients and the control subjects.

*Conclusions/interpretation.* This finding is consistent with the presence of cellular protection factors against diabetic nephropathy in the "slow-track" patients. These factors could be associated with the regulation of the GLUT1 pathway and may be genetically determined.

**Keywords** Cellular marker · Diabetic nephropathy · GLUT1 · mRNA expression · Skin fibroblasts

Received: 31 January 2004 / Accepted: 12 July 2004 Published online: 22 October 2004 © Springer-Verlag 2004

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Abbreviations: DN, diabetic nephropathy  $\cdot$  GBM, glomerular basement membrane  $\cdot$  MES, mesangial expansion score  $\cdot$  NHE-1, sodium-hydrogen transporter 1  $\cdot$  SNP, single-nucleotide polymorphism

# Introduction

Diabetic nephropathy (DN) is the leading cause of end-stage renal disease in the United States [1]. While hyperglycaemia is necessary for the development of DN [1], other variables, especially genetic factors, may strongly influence the response of renal cells to the noxious effects of hyperglycaemia [2, 3]. The clustering of DN in families [4, 5, 6] and the high concordance for glomerular lesions in Type 1 diabetic sibling pairs [7] support the role of genetic factors in the risk of, or protection from, DN. Moreover, Type 1 sibling pairs concordant for DN lesions [7] are also concordant for skin fibroblast sodium-hydrogen transporter 1 (NHE-1) activity [8], a skin fibroblast marker of DN risk [9, 10]. We recently reported that latent TGF- $\beta$  binding protein-1 mRNA levels are decreased in skin fibroblasts from Type 1 diabetic patients with slow development of DN compared with those from patients with fast development and those from control subjects [11]. Moreover, the increase in skin fibroblast antioxidant enzyme mRNA, protein and activity in response to high glucose was blunted in patients with DN [12]. Taken together, these studies suggest that skin fibroblast behaviours may reflect DN risk and are probably genetically regulated.

Twelve facilitative glucose transporters have been identified in mammalian cells [13]. GLUT1, which is mainly responsible for non-insulin-dependent glucose transport, is present in almost every tissue and is most abundant in erythrocytes and brain [14]. The GLUT1 XbaI(-) allele has been associated with the risk of DN in Chinese Type 2 diabetic patients [15] and with protection from DN in Caucasian Type 2 diabetic patients [16]. A study of Mediterranean Type 2 diabetic patients found no association between this allele and DN risk [17]. A single-nucleotide polymorphism (SNP) in the putative enhancer region of GLUT1 (enhancer-2 SNP1) was recently reported to modulate DN risk [18]. It was hypothesised that this polymorphism could influence GLUT1 expression in response to hyperglycaemia and perhaps contribute to genetic susceptibility to DN [18]. However, the association between enhancer-2 SNP1 and the risk of DN has not been confirmed as yet. Thus, a clear association between the GLUT1 polymorphism and the risk of DN remains to be fully established. Nevertheless, in vitro studies have shown that glucose transporters may be important in the development of diabetic nephropathy [19]. The induction of GLUT1 overexpression in rat mesangial cells increases glucose uptake and extracellular matrix production and causes these cells to mimic a "diabetic phenotype" in a normal in vitro glucose environment [20]. In the present study we used microarray screening to assess GLUT1 mRNA expression in skin fibroblasts from Type 1 diabetic patients with rapid and slow rates of DN development. We also measured GLUT1 expression levels using RT-PCR in skin fibroblasts from larger groups of Type 1 diabetic patients and non-diabetic control subjects.

# **Subjects and methods**

Study design and patients. Study design and cohort selection have been reported previously [11, 21]. Briefly, 125 patients with Type 1 diabetes for at least 8 years who had both kidney and skin biopsies, whose serum creatinine values were  $\leq$ 176.8 µmol/l and who had no non-diabetic renal disease were included in this study. All study procedures were approved by the Committee on the Use of Human Subjects in Research at the University of Minnesota.

The 125 patients were ranked by mesangial expansion score (MES), which estimates the rate of development of

mesangial expansion [21]. Patients in the highest quintile of the distribution of MES who also had microalbuminuria or proteinuria were classed as "fast-track" patients while those in the lowest MES quintile who were normoalbuminuric were defined as "slow-track". This was done in order to ensure that patients with established DN lesions despite normoalbuminuria were not included in the "slow-track" group. Twelve of the 25 "fast-track" patients received renin–angiotensin system blockade with either angiotensin-converting-enzyme inhibitors (n=9) or angiotensin II receptor blockers (n=3). None of the "slow-track" patients were on these medications. Twenty-five age- and sex-matched kidney transplant donors served as the normal control subjects. Nine of these control subjects had parental histories of hypertension, cardiovascular disease or diabetes.

Ten patients from each of the "fast-track" and "slow-track" groups were used in microarray studies. All 25 subjects in each of the "fast-track", "slow-track" and control groups were included in the study by RT-PCR.

*Kidney structure and function studies.* Measures of AER, HbA<sub>1</sub>c, GFR, blood pressure and renal structural parameters (including glomerular basement membrane [GBM] width, mesangial fractional volume, surface density of peripheral GBM and MES) have been reported previously [21].

*Cell culture.* Skin fibroblasts, obtained from skin biopsy performed at the kidney biopsy site, were cultured and stored as reported previously [11]. Stored cells were thawed and cultured for three passages in DMEM (Gibco-Life Technologies, Grand Island, N.Y., USA) with 25 mmol/l glucose, 20% fetal calf FCS (Hyclone Lab, Logan, Utah, USA), 1.5 mol/l Hepes (Sigma, St Louis, Mo., USA), penicillin (100 U/ml), streptomycin (100 µg/ml) and amphotericin (250 ng/ml). The 4th passage skin fibroblasts were seeded in 75-cm<sup>2</sup> flasks at a density of 10<sup>4</sup> cells per cm<sup>2</sup> and grown in DMEM with 25 mmol/l glucose and 10% FCS for 24 h. After being exposed to serum-deprived DMEM medium for 48 h, skin fibroblasts were cultured for an additional 36 h in the same medium supplemented with 10% FCS.

*RNA isolation.* Total RNA was isolated from cultured skin fibroblasts as described previously [11]. The total RNA yield was measured by UV absorbency at 260 nm, and its integrity was evaluated using an Agilent 2100 Bioanalyzer and a RNA 6000 LabChip kit (Hewlett Packard, Palo Alto, Calif., USA). Any degraded samples were discarded and a new sample isolated. Total RNA isolated from the skin fibroblasts of six control subjects cultured in DMEM with 10% FCS for 72 h were pooled to generate the standard reference RNA for the RT-PCR assay.

*Microarray screening.* Affymetrix microarray analyses (Santa Clara, Calif., USA) were carried out following the manufacturer's protocol as described previously [22]. Briefly, total RNA was isolated using Trizol Reagent followed by the RNeasy Mini Kit (Qiagen, Valencia, Calif., USA). Double-stranded cDNAs were prepared from equal amounts of purified total RNA, and biotinylated cRNA was synthesised from the purified cDNA. These cRNA were hybridised to a HuLF 6800 Genechip (containing 6800 genes) using the GeneChip Instrument System (Affymetrix). Normalisation was used in the expression analysis settings to allow comparison between array experiments and groups.

Quantitative RT-PCR. One-step TaqMan real-time RT-PCR was performed as described previously [11] to measure the

Characteristic	"Slow-track" patients	"Fast-track" patients	Control subjects	<i>p</i> value
Age (years)	36.9±10.6	36.9±7.4	41±8	NS
Age of onset (years)	15.5±8.3	13.4±7.3		NS
Sex (F/M)	14/11	15/10	11/14	NS
HbA <sub>1</sub> c (%)	8.2±1.3	9.4±1.7		< 0.01
	(6.0–10.6)	(6.5–13.6)		
Systolic BP (mm Hg)	118±12	131±13		< 0.001
Diastolic BP (mm Hg)	69±7	76±8		< 0.005
Hypertension (yes/no)	3/22	23/2		< 0.001
AER (µg/min)	5.3	432		NA
	(0.4–17)	(25-4630)		
GFR (ml·min <sup>-1</sup> ·[1.73 m <sup>2</sup> ] <sup>-1</sup> )	113±12	80±26		< 0.001
	(85–133)	(42–143)		
GBM width (mm)	438±80	745±148		< 0.001
	(329–669)	(437–1021)		
Vv(Mes/glom)	0.21±0.03	$0.54 \pm 0.11$		< 0.001
	(0.17-0.25)	(0.33 - 0.82)		
SV(PGBM/glom)	0.122±0.014	0.053±0.024		< 0.001
	(0.099–0.152)	(0.014 - 0.086)		
MES	0.01±0.12	$1.49 \pm 0.48$		NA
	(-0.211-0.197)	(0.7-2.4)		

Table 1. Demographic, clinical and glomerular structural characteristics of "fast-track" and "slow-track" Type 1 diabetic patients and control subjects

Data are means  $\pm$  SD (ranges), except those for AER, which are medians (ranges). NA, not applicable (different by study design); Sv(PGBM/glom), surface density of peripheral GBM; Vv(Mes/glom), mesangial fractional volume

expression levels of GLUT1. Primers and probes were designed by Primer Express version 1.5 (Applied Biosystems, Warrington, UK), to produce an amplicon spanning an intron. The sequences of the probe and the forward and reverse primers used for the study were: 5'-TGGAGCAACTGTGTG-GTCCCTACGTCT-3', 5'-GTGGGCATGTGCTTCCAGTA-3' and 5'-ACAGAACCAGGAGCACAGTGAA-3' respectively. The probe was labelled with 6-carboxyfluorescein (6-FAM) at the 5' end and 6-carboxy-tetramethyl-rhodamine (TAMRA) at the 3' end.

The 50 µl RT-PCR reaction contained 1× TaqMan Buffer A, 5.5 mmol/l MgCl<sub>2</sub>, 300 µmol/l dNTP, 0.025U/µl AmpliTaq Gold DNA Polymerase, 0.25 U/µl MultiScribe Reverse Transcriptase, 200 nmol/l forward and reverse primers, 0.2 U/µl RNase inhibitor and 0.1 µg total RNA. After 30 min at 48 °C and 10 min at 95 °C, the amplification reaction was carried out through 40 cycles at 95 °C for 15 s and 55 °C for 60 s. Target mRNAs in unknown samples were quantitated as detailed previously [11]. Briefly, a set of dilutions of the reference total RNA isolated from the skin fibroblasts of six control subjects was used to construct a standard curve and the expression levels of unknown samples were calculated by interpolating their threshold cycle into the regression equation for the standard curve. The relative value of target mRNA in 0.1 µg of unknown total RNA sample was expressed as fold changes based on the concentration of target mRNA in 0.1 µg of reference total RNA. Multiple quality control strategies for these mRNA measurements, as described earlier, were used [11].

*Statistical analysis.* The Student's *t* test was used to compare the demographic, clinical and structural continuous variables between groups, while chi square tests were used for categorical measures. All the investigators except for the statisticians were blinded to the grouping of patients for the gene expression studies. Skin fibroblast mRNA expression levels among the three groups were compared using ANOVA. Comparisons between "fast-track", "slow-track" and control subjects were

made using Fisher's Least Significant Differences procedure only if the overall F-test from the ANOVA was significant at a p value of less than 0.05 [23]. To correct for the non-normal distribution of skin fibroblast mRNA levels, the values were logarithmically transformed prior to performing ANOVA.

## Results

All three groups were similar with respect to age and gender, and there were no significant differences in diabetes duration between the 25 "fast-track" and 25 "slow-track" patients (Table 1). "Fast-track" patients had higher HbA<sub>1</sub>c, AER and blood pressure, and lower GFR than "slow-track" patients. "Fast-track" patients had more advanced glomerular lesions, including increased GBM width and mesangial fractional volume and decreased surface density of peripheral GBM (Table 1).

Gene mRNA expression microarray profiling of skin fibroblasts from 10 "fast-track" and 10 "slow-track" patients showed that GLUT1 mRNA expression levels were 1.5 times higher in the "slow-track" group ( $835\pm334$  vs  $541\pm88$ , Student's *t* test *p*=0.02). RT-PCR revealed differences between the levels of GLUT1 mRNA expression in the skin fibroblasts from the three groups (ANOVA *p*=0.04). Expression levels in the "slow-track" patients ( $4.59\pm2.04$ ) were 1.4 and 1.3 times higher than those in the "fast-track" patients ( $3.34\pm1.2$ , *p*=0.02) and controls ( $3.52\pm1.66$ , *p*=0.03) respectively. There was no statistically significant difference between expression levels in the "fast-track" patients and control subjects (*p*=0.89) (Fig. 1).



**Fig. 1.** GLUT1 mRNA expression levels in skin fibroblasts from "fast-track" patients, "slow-track" patients and control subjects. The horizontal bars indicate the mean value for each group. \* p=0.02 vs "slow-track" patients; \*\* p=0.03 vs "slow-track" patients

There was no statistically significant difference in skin fibroblast GLUT1 mRNA expression levels between the subgroups of "fast-track" patients who did or did not receive renin–angiotensin system blockade medications (p=0.83). There was no statistically significant relationship between GLUT1 mRNA expression and HbA<sub>1</sub>c levels within the "fast-track" (r=0.04, p=0.83) or "slow-track" groups (r=0.07, p=0.77).

Similar GLUT1 mRNA expression levels were found in skin fibroblasts from the control subjects whose parents did ( $3.96\pm1.58$ ) or did not ( $3.26\pm1.7$ , p=0.11) have histories of hypertension, cardiovascular disease or diabetes.

#### Discussion

Why some Type 1 diabetic patients do not develop DN despite long survival is not completely understood [24, 25]. Recent studies show that, in addition to better glycaemic control, genetic factors probably play crucial roles in the risk or prevention of DN, and these genetic factors may be reflected by the behaviour of cultured cells [8, 9, 10, 11, 12]. Most previous studies of this type have grouped patients into those with or without clinical findings of DN (i.e. proteinuria). Although patients selected on the basis of proteinuria alone would probably have characteristics similar to our "fast-track" group [26], this may not be the case with our "slow-track" group where both the slow development of DN lesions and normoalbuminuria were required for selection. These criteria were used because several studies have demonstrated that normoalbuminuric patients may have advanced lesions [21, 27, 28, 29] and, despite a long duration of Type 1 diabetes, are still at risk of progression to microalbuminuria and proteinuria [30]. The two groups of Type 1 patients, "fast-track" and "slow-track", included in this study represent the extremes (upper and lower quintiles) of the structural change rate in the 125 research subjects from which they were selected. Thus, by selection, despite similar age and Type 1 diabetic duration, the two groups differed with respect to AER. All "slow-track" patients were normoalbuminuric, while four of 25 "fast-track" patients were microalbuminuric and 21 were proteinuric. This strategy of partitioning patients into very high and very low risk and rates of progression of DN lesions was developed in order to maximise the ability of these studies to identify discriminating cellular variables.

The results of this study showed that skin fibroblasts from "slow-track" patients had significantly increased GLUT1 mRNA expression compared with those from "fast-track" patients and normal control subjects, while there was no significant difference between the latter two groups. The differences between the "slow-track" and "fast-track" groups were first identified in microarray studies performed in a small number of subjects from each group and were later confirmed in a larger group of patients by RT-PCR, diminishing the likelihood of chance findings. These observations are unlikely to be related to different in vivo environment effects since skin fibroblasts were cultured under identical high glucose conditions for several passages. Moreover, no relationships were observed between GLUT1 mRNA expression and renin-angiotensin system blockade medications or HbA<sub>1</sub>c levels, suggesting that these in vivo conditions cannot explain the observed differences in GLUT1 mRNA expression.

Multiple studies [8, 10, 12, 31, 32] have outlined skin fibroblast cellular markers for Type 1 diabetic patients at increased risk of DN. The present study, along with our previous findings of decreased latent TGF- $\beta$  binding protein-1 mRNA expression levels in "slow-track" Type 1 diabetic patients compared with "fast-track" patients and control subjects [11], indicates that there are also in vitro cellular behaviours associated with protection from DN. There are no other reports of cellular markers for patients at low risk of DN. The lack of similar findings may be due to the fact that the other studies used less restrictive classification criteria to define the groups investigated. Microalbuminuria is a strong marker for established kidney lesions in Type 1 diabetic patients [30]. However, normoalbuminuric long-standing Type 1 diabetic patients may also have well-established DN lesions and may even have reduced GFR or hypertension [30, 33]. Moreover, approximately 40% of all patients that progress to proteinuria are normoalbuminuric at initial screening, despite many years of diabetes [30]. "Slowtrack" patients in the present study were selected not only on the clinical basis of normoalbuminuria, but also on the basis of little or no changes in diabetic glomerulopathy in their kidney biopsy tissue as measured morphometrically and adjusted for diabetic duration. Our "slow-track" patients may, therefore, more truly represent the population of patients at very low risk of

DN, thus increasing the probability of identifying cellular characteristics associated with protection from this condition.

Although this study suggests a possible role of GLUT1 in susceptibility to DN in Type 1 diabetic patients, it is puzzling that skin fibroblasts from the "slow-track" patients have increased GLUT1 expression. Increased GLUT1 expression and GLUT1 activity have been associated with changes in rat mesangial cell functions similar to those induced by high glucose [20, 34, 35]. Our findings might appear to contradict these results; however, it should be noted that our studies do not address GLUT1 protein expression or activity, which may not correspond to gene expression levels. Thus, further studies, including measurements of skin fibroblast GLUT1 protein and activity levels, GLUT1 regulation in renal cells and GLUT1 concordance in sibling pairs concordant for DN risk, could be of substantial interest.

In summary, increased levels of skin fibroblast GLUT1 mRNA expression are associated with protection from DN in Type 1 diabetic patients. Regardless of its pathogenetic significance, this finding could contribute to the development of clinically useful markers for DN risk.

Acknowledgements. C. Huang was supported by a mentorbased research fellowship from the American Diabetes Association. M. L. Caramori was initially supported by the Foundation for the Coordination of Higher Education and Graduate Training (CAPES) from the Brazilian Government and subsequently by a research fellowship grant from Juvenile Diabetes Foundation International. This work was supported by grants from the National Institutes of Health (DK 13083 and DK 54638), the National Center for Research Resources (M01-RR00400) and the Viking Children's Fund (Eden Prairie, Minn., USA). We are especially grateful to P. Walker for his help with the RT-PCR. We also thank J. Basgen and T. Groppoli for performing the morphometric studies, K. Pinkham for the cell culture, M. Watrin for patient recruitment and S. Kupcho-Sandberg for AER measurements.

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