#### ORIGINAL RESEARCH



## Cytotoxic activity of genistein-8-C-glucoside form *Lupinus luteus* L. and genistein against human SK-OV-3 ovarian carcinoma cell line

Agata Antosiak $^1\cdot$  Katarzyna Milowska $^1\cdot$  Katarzyna Maczynska $^1\cdot$  Sylwia Rozalska $^2\cdot$  Teresa Gabryelak $^1$ 

Received: 9 May 2016 / Accepted: 19 September 2016 / Published online: 3 October 2016 © The Author(s) 2016; This article is published with open access at Springerlink.com

**Abstract** Genistein belongs to isoflavones, which are a subclass of flavonoids, a large group of polyphenolic compounds widely distributed in plants. Numerous in vitro studies suggest that isoflavones, particularly genistein, have both chemopreventive and chemotherapeutic potential in multiple tumor types. However, the molecular and cellular mechanisms of genistein effects on human ovarian cancer cells are still little known. In the present study, we investigated anticancer activity of genistein and its natural glucoside, genistein-8-C-glucoside isolated from flowers of Lupinus luteus L. We examined the effects of the two isoflavones alone or in combination on cultured human SK-OV-3 ovarian carcinoma cells. The cells were exposed to genistein and genistein-8-C-glucoside at various concentrations (1-90 µM) for 24 and 48 h. The cytotoxic and apoptotic properties of compounds were studied by the colorimetric 3-[4,5-2-yl]-2-5-diphenyltetrazolium bromide assay and the acridine orange/ethidium bromide staining technique. The morphological features of SK-OV-3 cells were examined by Nomarski differential interference contrast combined with a confocal laser scanning microscope. The level of ROS was evaluated with fluorescence probes: dichlorofluorescein-diacetate by flow cytometry. Changes in mitochondrial membrane potential were determined using 5,5,6,6-tetrachloro-1,1,3,3-tetraethylbenzimidazolcarbocyanine Genisteintreatment and genistein-8-C-glucoside-treatment resulted in the inhibition of cell proliferation, induction of apoptotic cell death and loss of mitochondrial membrane potential. The present data provide the first evidence in vitro that genistein-8-C-glucoside and combination genistein-genistein-8-C-glucoside could be a potential chemotherapeutic candidate for ovarian cancer therapy.

**Keywords** Genistein · Genistein · 8-C-glucoside · Ovarian cancer · Cytotoxicity · Apoptosis

#### **Abbreviations**

G8CG genistein-8-C-glucoside DIC differential interference contrast SK-OV-3 human ovarian carcinoma cells **EGF** epidermal growth factor **PBS** phosphate-buffered saline **DMSO** dimethyl sulfoxide H<sub>2</sub>DCFDA dichlorofluoroscein-diacetate AO acridine orange

AO acridine orange EB ethidium bromide

MTT 3-[4,5-2-yl]-2-5-diphenyltetrazolium bromide JC-1 5,5,6,6-tetrachloro-1,1,3,3-tetraethylbenzimi-

dazolcarbocyanine iodide

CCCP carbonylcyanide *p*-chloromethoxyphenyl

hydrazone

#### Introduction

Epithelial ovarian cancer is the leading cause of death among gynecological malignancies in developed nations. With current protocols, although 70–80 % of patients respond to front-line chemotherapy, the majority relapses



Department of General Biophysics, Faculty of Biology and Environmental Protection, University of Lodz, 141/143 Pomorska St., Lodz 90-236, Poland

Department of Industrial Microbiology and Biotechnology, University of Lodz, 12/16 Banacha St., Lodz 90-237, Poland

and ultimately succumbs to metastatic disease. The successful treatment of ovarian cancer depends greatly upon the effectiveness of cytotoxic anticancer drugs. Chemoresistance is related to relapse to ovarian cancer, but the underlying mechanisms are still poorly understood. Therefore, identification of novel agents against chemoresistant disease is still a major medical problem (Ahn et al. 2004; Hajra and Liu 2004; Gossner et al. 2007).

The flavonoids comprise a class of polyphenolic plant products that possess many biological properties offering possible new strategies for cancer chemotherapy (Lamartiniere 2000; Cooke et al. 2006; Klein and King 2007). Genistein (4′,5,7-trihydroxyisoflavone), a natural isoflavone phytoestrogen present in soybeans, is a potent agent in the prophylaxis and treatment of cancer. Like most isoflavones, genistein usually exists in nature in its 7-glycoside or 8-glycoside form, rather than in its aglycone form. Whether the isoflavones are biologically active in their glycosidic forms or require hydrolysis to their aglycone forms for activity is still a subject of some controversy (Choi et al. 2007).

Since the discovery by Akiyama et al. (1987) that genistein isolated from the fermentation broth of Pseudomonas species, inhibited the tyrosine-specific protein kinases of the epidermal growth factor (EGF) receptor, several in vitro studies have documented that genistein can inhibit the growth of various cancer cell lines: leukemia, lymphoma, prostate, breast, lung, and head or neck (Yoon et al. 2000; Sarkar and Li 2002; Klein and King 2007). It is generally believed that the free genistein aglycone undergoes absorption and exerts numerous biological activities, of which anticancer effects are abundantly proved (Polkowski et al. 2004). These may be mediated through the following mechanisms of action: induction of apoptosis, proteintyrosine kinase induction, G2/M phase cell cycle arrest, inhibition of DNA topoisomerase II, suppression of telomerase activity, and inhibition of angiogenesis (Akiyama et al. 1987; Markovits et al. 1989; Buchler et al. 2003; Polkowski et al. 2004; Baxa et al. 2005). These activities, along with low toxicity, make genistein an important candidate for experimental therapy, as well as a new leadcompound for anticancer drug design. Although genistein's molecular mechanisms of action have been studied in multiple tumor types (cell types), little has been elucidated with regard to its antineoplastic (anticancer) potential in ovarian cancer.

Studies have been made on various applications of genistein showing its high anticancerogenic potential. In spite of numerous therapeutic properties of genistein there are still many limitation, concerning its clinical application. They involve relatively low bioavailability of this compound, which a connection with two-phase action (in human cancer cell lines, genistein acts as a growth

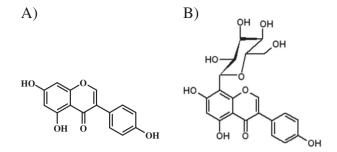


Fig. 1 Chemical structure of genistein (a) and G8CG (b)

stimulator at low concentrations, and as a growth inhibitor at high concentrations) is a main reason why the practical use of genistein in cancer therapy is limited. Therefore, it is important to search for new derivatives of genistein (including other sources than soy) that can possess better physiochemical characterization or exhibit higher anticancerogenic activity. In this study, we investigated and compared the possible cytotoxic effects of genistein and its natural glycosylated derivative, genistein-8-C-glucoside (G8CG; Fig. 1) from Lupinus luteus L. in human SK-OV-3 ovarian carcinoma cells. G8CG-induced cytotoxicity in cancer cell lines has not yet been reported, but accounts of our previous studies (Rucinska et al. 2007; Rucinska and Gabryelak 2009) have suggested that G8CG has a biological activity. Therefore, we sought to determine whether these isoflavones alone or/and in combination exert a cytotoxic activity in ovarian cancer cells.

#### Materials and methods

#### Cell culture

Ovarian carcinoma cell line (SK-OV-3) was purchased from Child Health Centre in Warsaw (Poland). Cells were grown as a monolayer in McCoy's 5a medium supplemented with  $10\,\%$  fetal bovine serum with  $100\,$ units/ml gentamycin. The cultures were incubated at  $37\,^{\circ}$ C in an atmosphere of  $5\,\%$  CO<sub>2</sub> and  $95\,\%$  air with more than  $95\,\%$  humidity. For experiments, exponentially growing cells were used. Cells growing as a monolayer culture were harvested by trypsinisation ( $0.25\,\%$  trypsin +  $0.02\,\%$  EDTA). In our preliminary experiments such culture conditions were found to be optimal for maintaining the best parameters of cell proliferation and viability.

#### Chemicals

Genistein, phosphate-buffered saline (PBS), dimethyl sulfoxide (DMSO), dichlorofluoroscein-diacetate (H<sub>2</sub>DCFDA), acridine orange (AO), ethidium bromide (EB),



3-[4,5-2-yl]-2-5-diphenyltetrazolium bromide (MTT), 5,5,6,6-tetrachloro-1,1,3,3-tetraethylbenzimidazolcarbocyanine iodide (JC-1), carbonylcyanide *p*-chloromethoxyphenylhydrazone (CCCP), were purchased from Sigma (St. Louis, MO, USA).

McCoy's 5a medium, RPMI 1640 medium, trypsin, fetal bovine serum, and gentamycin were obtained from Gibco (BRL). Tissue culture dishes and flasks were purchased from Nunc (Roskilde, Denmark). All other reagents and solvents were of analytical grade.

#### Chemical treatment of cells

G8CG was isolated from flowers of lupine (Lupinus luteus L.) according to the method developed by Laman and Volynets (1974). The isoflavon was subsequently extracted by methanol, ethylacetate, n-butanol and purified using a chromatographic column (3 × 80 cm) packed with polyamine and the column was washed subsequently with 15, 30, 50, and 80 % ethanol. G8CG was eluted by 50 % ethanol. G8CG was a beige powder with a purity of 97.5 % and was stored in a refrigerator (below -4 °C); protected from light, under nitrogen. Genistein and G8CG were taken from stock solution (500 µM) in 1 % DMSO. The concentration of DMSO used in this study as a vehicle had no effect on SK-OV-3 cell viability in our preliminary studies. Genistein or G8CG was added to the suspension of cultured cells to give a final concentration in the range of 1–90 μM. The cells were incubated with the isoflavones alone or in combination for 24 or 48 h at 37 °C. The control cells were treated with PBS (pH 7.4). All the fluorophores were dissolved in DMSO, and stored at -20 °C. JC-1 (1  $\mu M$  final concentration) was added directly to the cell culture medium and incubated at 37 °C for the appropriate time, depending on the fluorophore.

#### Cell proliferation assay

Proliferation of the cells was measured using the method of Mossman (1983). The cells were placed in 96-well microtiter plates at an initial density of  $3 \times 10^4$  cells in 200 µl per well. They were treated with genistein and G8CG (1-90 μM) at 37 °C in a 5 % carbon dioxide—95 % air atmosphere for 24 and 48 h, and recovered by gentle washing with PBS (pH 7.4) twice. After incubation, cell proliferation was determined by the MTT assay. MTT was dissolved in PBS at 5 mg/ml. Briefly, 50 µl of MTT solution was added to each well, followed by 4h of incubation. After the incubation, MTT-containing medium was removed, and 100 µl of DMSO was added to each well to dissolve formazan crystals. Absorbance of the converted dye was measured at 545 nm with a correction at 630 nm using an enzymelinked immunosorbent assay plate reader (Awarness Technology Inc.) Stat Fax Type. Cell viability was calculated as the percent ratio of absorbance of the samples to the referent control.

#### Assessment of apoptosis

The percentage of apoptotic and viable cells was determined by the AO/EB staining technique described by Duke and Cohen (1992). An aliquot of 100 µl cell suspension  $(1 \times 10^6)$  previously exposed to genistein and G8CG at final concentrations in the range of 2.5-90 µM was added to the mixture of AO and EB (AO, 0.13 mM; EB, 0.23 mM) and incubated for 5 min at 37 °C in the dark. Fluorescent microscopy (Olympus IX70, Japan) was used to identify non-viable cells whose nuclei stained bright orange. Viable cells excluded EB and stained bright green. Quantitative assessments were made by determining the percentage of apoptotic cells, whose nuclei are highly condensed or fragmented. Three hundred images were randomly selected from each sample. Morphological evaluation of different stages of apoptosis was also analyzed in Nomarski DIC microscopy combined with confocal laser scanning microscope Pascal (Zeiss) equipped with Axiovert 200 upright microscope. Membrane blebs and condensed or pyknotic nuclei in the cells were regarded as indicators of apoptosis.

#### Detection of mitochondrial membrane potential $(\Delta \psi_m)$

JC-1 is a lipophilic carbocyanine that exists in a monomeric form and is able to accumulate into mitochondria. In the presence of a high mitochondrial membrane potential  $(\Delta \psi_m)$ , JC-1 can reversibly form aggregates which, after excitation at 488 nm, can be detected in the red channel (FL2). On the other hand, cells with low  $\Delta \psi_m$  are those in which JC-1 maintains a monomeric form, showing green fluorescence (FL1). The ratio of red-green JC-1 fluorescence is dependent only on the mitochondrial membrane potential (Cossarizza et al. 1993). Cells were stained with the  $\Delta \psi_m$ -sensitive probe JC-1 used at the final concentration of 1 µM in fresh RPMI 1640 medium for 20 min at room temperature in the dark. The samples were washed twice by centrifuging at 500 g for 5 min with a double volume of PBS, and re-suspended in 0.5 ml of PBS, then immediately analyzed with the flow cytometer. JC-1 was excited at 488 nm, two different signals were collected on FACScan at 525 nm (FL1) and the aggregate signal (red) was analyzed at 590 nm (FL2).

#### **Determination of ROS generation**

The level of reactive oxygen species (ROS) was stimulated with fluorescence probes-H<sub>2</sub>DCFDA by flow cytometry. H<sub>2</sub>DCFDA is a vital fluorescent probe that enters the cell



and is hydrolyzed to dichlorofluorescein (DCF), whose interaction with peroxides gives rise to 2',7'-dichlorofluorescin (Vanden Hoek et al. 1998). H<sub>2</sub>DCFDA was dissolved in DMSO at a concentration of  $20\,\mu\text{M}$  and stored at  $4\,^{\circ}\text{C}$ . The cell suspension  $(1\times10^6)$  was treated with genistein and genistein-8-C-glycoside (from 2.5 to 90  $\mu\text{M}$ ) alone and in combination for 24 h at 37 °C. The cells were then washed twice in PBS (pH 7.4) and then gently re-suspended in RPMI 1640 medium and incubated for 30 min in the presence of  $20\,\mu\text{M}$  H<sub>2</sub>DCFDA. The fluorescence intensity of DCF was detected using flow cytometry (Becton Dickinson, LSR). The excitation and emission wavelengths were set at 488 and 530 nm, respectively.

# **Fig. 2** Cell proliferation after 24 or 48 h exposure of SK-OV-3 cells to: **a** genistein; **b** G8CG; **c** genistein-G8CG. The data are expressed as a percentage of the control value (value obtained for untreated cells). Each result represents mean $\pm$ SD, n=4, \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001

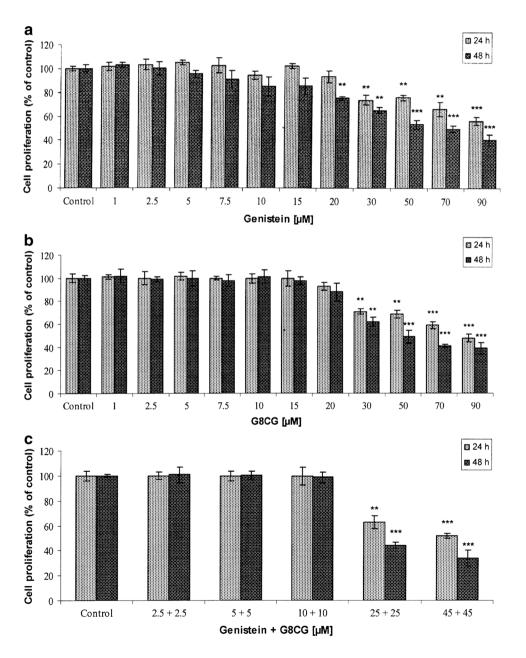
#### Statistical analysis

Data are presented as means $\pm$ SD from at least five sets of measurements. The statistical difference between the control and treated groups was evaluated by the Student's *t*-test. p < 0.05 and below was accepted as statistically significant.

#### **Results**

#### Antiproliferative activity of genistein and G8CG

The effects of genistein and G8CG either alone or in combination on the proliferation of SK-OV-3 cells were

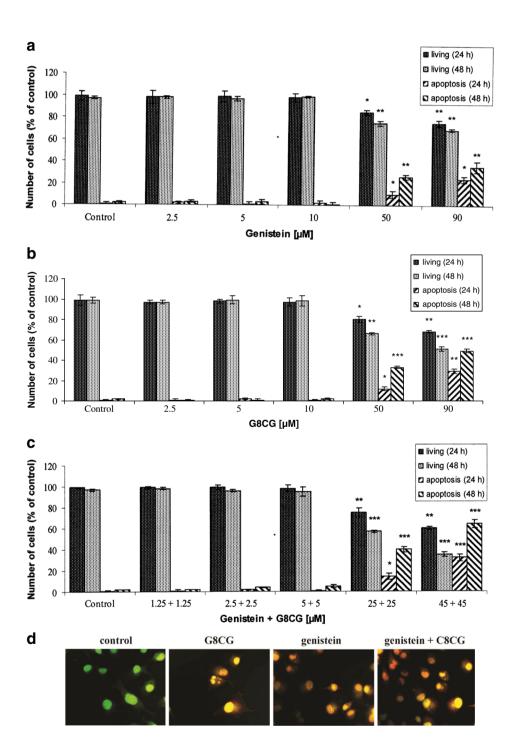




assessed by the MTT method. Genistein and G8CG significantly decreased cell proliferation after 24 or 48 h of exposure in a dose-dependent and time-dependent manner (p < 0.05, p < 0.01, p < 0.001, Figs. 2a, b). Treatment of SK-OV-3 cells with genistein and G8CG (1–20  $\mu$ M) for 24 h did not affect cell proliferation, but the growing concentrations (>20  $\mu$ M) decreased cell viability. Treatment with 90  $\mu$ M G8CG inhibited cell proliferation by up to 52 % (24 h) and 61.1 % (48 h)

compared to the control. When cells were treated with a combination of genistein and G8CG at 50 or 90  $\mu$ M each, proliferative cell growth was blocked considerably (p < 0.01, p < 0.001, Fig. 2c). A 66.3 % (48 h) reduction in cell viability was observed for the 90  $\mu$ M combination, which is similar to the decrease observed with 90  $\mu$ M G8CG alone (61.1 %). Our results show that the tested compound demonstrates cytotoxic properties on estrogen-dependent SK-OV-3 cells.

Fig. 3 Induction of apoptosis after 24 or 48 h exposure of SK-OV-3 cells to: a genistein; b G8CG; c genistein-G8CG. The number of cells in individual experiments was 300. Each result represents mean  $\pm$ SD, n = 4, \*p < 0.05, \*\*p <0.01, \*\*\*p < 0.001. Cells were treated with genistein, G8CG and genistein-G8CG combination (50 µM) for 24 h. The apoptosis was detected by AO/EB reaction technique, 400X; fluorescent microscopy and Nomarski DIC, CLSM, scale bar 20 µM (d)



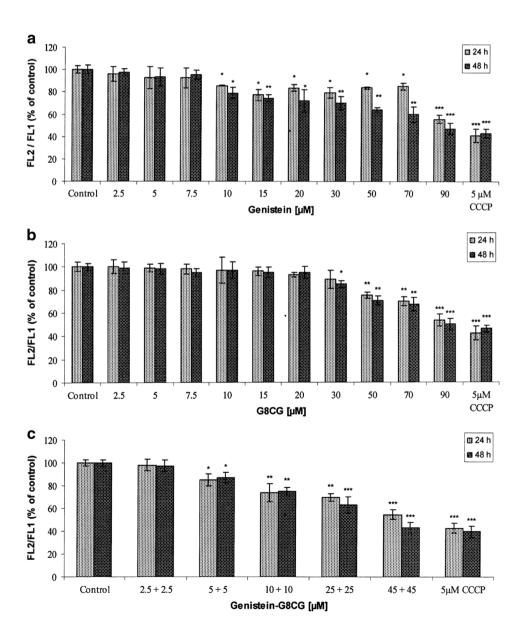


#### Apoptotic effect of genistein and G8CG

The percentage of apoptotic cells detected by the AO/EB staining technique after treatment with genistein and G8CG either alone or in combination (2.5–90  $\mu$ M) for 24 and 48 h was evaluated. Lower, physiological concentrations of genistein and G8CG (2.5–10  $\mu$ M, 24–48 h) did not induce apoptotic cell death. The analysis indicated that the exposure to high concentrations of genistein and G8CG (50 or 90  $\mu$ M) significantly affected apoptosis in a dose-dependent and time-dependent manner (p < 0.05, p < 0.01, p < 0.001, Figs. 3a, b). However, the apoptotic effect of genistein is weaker than that of G8CG at the same concentrations. Treatment with 90  $\mu$ M G8CG increased the number of apoptotic cells by approximately 29 % (24 h)

and 49 % (48 h) compared to untreated cells. A more pronounced, dose-dependent effect was observed after 48 h exposure to 50 or 90 µM genistein-G8CG combination; 40 and 64 % of apoptotic cells, respectively (p < 0.001, Fig. 3c). Apoptosis was also visualized by fluorescent microscopy (AO/EB assay) and confocal laser scanning microscopy (Contrast of Nomarski). The treatment of cells with genistein, G8CG, and genistein-G8CG combination (50 µM, 24 h) caused nuclei to become highly fragmented. Morphological condensed typical of apoptosis: gigantic cells with cytoplasmic bridges, nuclear condensation or fragmentation, membrane blebbing, and cytoplasmic granularity were also observed (Fig. 3d).

Fig. 4 Loss of mitochondrial membrane potential ( $\Delta \Psi_{\rm m}$ ) after 24 and 48 h exposure of SK-OV-3 cells to: a genistein; b G8CG; c genistein-G8CG. The calculated ratio of FL2 vs. FL1 of each sample is depicted. The data are expressed as a percentage of the control value (value obtained for untreated cells). Each result represents mean $\pm$ SD, n=4, \*p<0.05, \*\*p<0.01, \*\*\*p<0.001





### Genistein and G8CG induce mitochondrial membrane depolarization

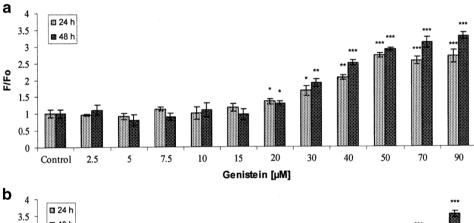
Changes in mitochondrial membrane potential ( $\Delta \Psi_{m}$ ) were determined by staining cells with the mitochondria-specific probe, JC-1. Genistein and G8CG significantly reduced  $\Delta\Psi_{\rm m}$  after 24 or 48 h of exposure in a dose-dependent and time-dependent manner (p < 0.05, p < 0.01, p < 0.001,Figs. 4a, b). Treatment of SK-OV-3 cells with lower, physiological concentrations of genistein and G8CG for 24 and 48 h did not cause changes in the mitochondrial membrane potential. However, the exposure to high concentrations of genistein (≥10 µM) and G8CG (≥30 µM) strongly induced depolarization of  $\Delta \Psi_{m}$ . Genistein and G8CG (90  $\mu M$ ) reduced mitochondrial membrane potential by 52.7 and 49 % (48 h), respectively. A more dramatic drop in the red fluorescence was observed after 48 h exposure to 50 or 90 µM genistein-G8CG combination; 36.8 and 56.8 %, respectively (p < 0.01, p < 0.001, Fig. 4c). These findings suggest that mitochondria could be a primary target for

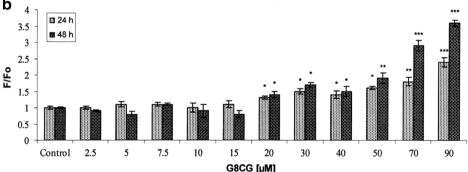
**Fig. 5** ROS production after 24 and 48 h exposure of SK-OV-3 cells to: **a** genistein; **b** G8CG; **c** genistein-G8CG. ROS production was measured as DCF fluorescence. Each result represents mean $\pm$ SD, n = 4, \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001

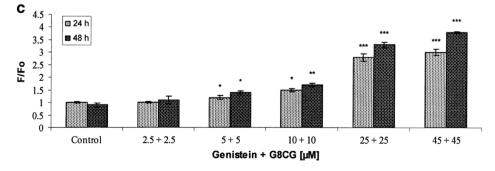
genistein-induced and G8CG-induced apoptosis and that loss of  $\Delta\Psi_m$  is an early event in the process.

ROS generated by genistein and G8CG

Generation of ROS was verified by the measurement of changes in fluorescent intensity of  $H_2DCFDA$  resulting from intracellular probe oxidation. Fluorescence intensity can be easily measured and it is the basis of the popular cellular assay for oxidative stress. The effects of genistein and G8CG either alone or in combination on  $H_2DCFDA$  fluorescence is shown in Figs. 5a–c, respectively (p < 0.05, p < 0.01, p < 0.001). The results show that high concentrations of genistein or G8CG ( $\geq 20 \, \mu M$ ) and genistein-G8CG combination ( $\geq 10 \, \mu M$ ) increased DCF fluorescence, which suggests that these isoflavones can cause DCF oxidation by generating reactive species, in particular  $H_2O_2$ . In contrast, after the treatment with lower concentrations of the compounds (2.5–20  $\mu M$ ), the rate of ROS generation was not different from the rate observed in normal cells. The









obtained results show that the treatment of SK-OV-3 cells with genistein and G8CG generates ROS, including  $H_2O_2$ , suggesting that these flavonoids can induce ROS-dependent apoptosis.

#### **Discussion**

Epithelial ovarian cancer is a very common malignancy in industrialized nations and is highly chemoresistant to currently available chemotherapeutic agents. In a large screening, in vitro studies have documented that numerous isoflavonoids could prevail over the resistant capacity and display effective antiproliferative activities in various cancer cell lines. Dietary relevant sources of isoflavonoids, represented by genistein, are soybeans and soy derived foodstuffs. The interest in genistein originated from epidemiological findings indicating that it may provide protection against chronic diseases such as hormone-dependent cancers (Lee et al. 1991; Adlercreutz et al. 1993) and disorders of cardiovascular system (Setchell and Cassidy 1999). Subsequent studies revealed that genistein exhibits multiple pharmacological effects, so at present the isoflavone is emerging as an active ingredient for nutraceuticals or as a prospective drug candidate for anticancer therapy (Polkowski and Mazurek 2000; Dixon and Ferreira 2002; Popiołkiewicz et al. 2005). The estrogenic activity of genistein and its subsequent modulation of cellular processes in tumorigenic ovarian cells are not well characterized.

In the present study, we were the first to investigate anticancer activity of free aglycone genistein and its natural glucoside, G8CG isolated from flowers of Lupinus luteus L. in cultured human SK-OV-3 ovarian carcinoma cells. We examined the effect of the two isoflavones alone or in combination in various concentrations (2.5-90 µM, 24 or 48 h) on cell proliferation, induction of apoptotic cell death, mitochondrial membrane potential and the level of ROS in cells. It has been reported that low-dose concentrations of genistein, comparable to physiological levels achieved with dietary intake of isoflavones including genistein, produce a stimulatory effect on estrogen-dependent human breast cancer cells in vitro and in vivo (Allred 2001; Ju 2001). To determine whether this effect was also seen in ovarian cancer cells, SK-OV-3 cells were treated with physiological concentrations of genistein and G8CG (1-10 μM) for 24-48 h. In our studies, low-dose genistein and G8CG treatment did not result in proliferation of ovarian cancer cells when compared to the control. We demonstrated that high doses of genistein significantly decreased cell proliferation, which was consistent with previously published reports indicating that genistein may be an effective agent against cancer. Genistein has been reported to inhibit the proliferation of several cancer cell lines. Our observations are in agreement with in vitro results in several ovarian tumor cells: A2780, CaOV3, ES2, and SK-OV-3 (Choi et al. 2007; Gossner et al. 2007), which indicated that high, supraphysiological concentrations (>10 µM) of genistein exhibit a cytotoxic activity. Like genistein, G8CG and a combination of genistein-G8CG at high concentrations inhibited proliferation of SK-OV-3 cells, suggesting that G8CG possesses an antiproliferative effect similar to that of non-glycosylated genistein. Recently, our research provided direct evidence that G8CG from *Lupinus luteus* L. is able to inhibit proliferation of hamster ovary CHO cells and mouse NIH 3T3 cells in vitro (Rucinska et al. 2007, 2008).

Inhibition of cell proliferation has been associated with induction of apoptosis in other cell types (Allred 2001). In epithelial cells, apoptosis is an early response to cell death. Although genistein has been shown to induce apoptosis in a variety of human cancer cells, its mechanism of action is not fully known. Some recent works provide evidence that genistein can induce not only apoptosis, but also autophagic cell death, in overlapping or parallel scenarios. Gossner et al. (2007) observed that the mechanism of genisteininduced cell death involves both apoptosis and autophagy. Because autophagy is typically an adaptive response to nutrient starvation, scientists hypothesized that genistein could induce a starvation-like signaling response. We have now demonstrated that the treatment of SK-OV-3 cells with genistein and G8CG (50 or 90 µM, 24 or 48 h) induced apoptotic cell death in a dose-dependent and timedependent manner, which was consistent with the literature. We also postulate that genistein and G8CG combined are more effective than genistein alone. It is possible that apoptosis induction by G8CG may have a different pathway than genistein. This apoptotic effect may be explained by difficult concentrations; i.e., high doses of isoflavones may produce a deleterious effect (Leopold et al. 1976; Setchell et al. 1987) and induce apoptosis through mitochondrialdependent pathways. Yoon et al. (2000) demonstrated that genistein (90 µM, 24 h) induced cytochrome c release, caspase-3 activation, nuclear condensation and DNA fragmentation by reducing the mitochondrial membrane potential. Lower, but not quite physiological concentrations of genistein (15–60 µM) induced apoptosis in murine T-cell lymphoma cell lines via mitochondrial depolarization (Baxa et al. 2005). In recent years, numerous studies have demonstrated that most, if not all, cells experience a collapse of their mitochondrial membranes as a prelude to nuclear DNA degradation and apoptosis (Ravagnan et al. 2002). Indeed, mitochondria are now thought to act as key coordinators of apoptosis (Green and Reed 1998). In agreement with this, we have shown here that, in SK-OV-3 cells, genistein and G8CG alone or in combination



induce depolarization of the mitochondrial membrane potential. Lower concentrations of isoflavones ( $<10\,\mu\text{M}$ ) did not induce mitochondrial depolarization. It is questionable, whether genistein would have any effect on mitochondrial-dependent apoptosis at physiologically relevant levels (Klein and King 2007). Our data let us suggest that mitochondria could be one of the targets for the action of genistein and its derivative.

Increasing evidence suggests that ROS can also induce apoptotic cell death and can act as a target for anticancer strategy. In this study, the data showed that genistein and G8CG (>20 µM, 24 and 48 h) induced a significant increase in ROS production and loss of  $\Delta\Psi_{m}$ . Because ROS are well recognized to act as secondary messengers in diverse intracellular signaling cascades, they may be the main molecules responsible for the observed cytotoxic effects (Yeh et al. 2007). Cao et al. (1997) proposed a reaction sequence for ROS production by flavonoids, whose first step requires the oxidized state of involved transition metal, which is decreased by reacting with the flavonoids in a reduced form. Mitochondrial DNA is particularly susceptible to damage by ROS because of its close proximity to the electron transport chain and its lack of protective histones. Prolonged dissipation of  $\Delta \Psi_m$  might be attributed to this susceptibility to mitochondrial DNA damage. Taken together, the data suggest that an interaction with mitochondria might partially explain the apoptotic cell death during a long-term exposure to genistein or G8CG.

In summary, our studies demonstrated that genistein and/ or G8CG exerted multiple suppressive effects on SK-OV-3 cells, including proliferation inhibition, induction of apoptosis, collapse of mitochondrial membrane potential, and generation of ROS. Most importantly, our data provide the first evidence that G8CG and genistein-G8CG combination could be potential candidates for ovarian cancer therapy. These findings provided a basis for further investigation on genistein and G8CG for the treatment and prevention of ovarian cancer.

**Acknowledgment** This work was supported by a research grant of the Polish Ministry of Sciences and Higher Education (grant No. IP2010 035870).

#### Compliance with ethical standards

**conflict of interest** The authors declare that they have no conflict of interest.

**Open Access** This article is distributed under the terms of the Creative Commons Attribution 4.0 International License (http://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made.



- Adlercreutz H, Markkanen H, Watanabe S (1993) Plasma concentrations of phyto-oestrogens in Japanese men. Lancet 342:1209–1210
- Ahn HJ, Kim YS, Kim JU, Han SM, Shin JW, Yang HO (2004) Mechanism of taxol-induced apoptosis in human SKOV3 ovarian carcinoma cells. J Cell Biochem 91:1043–1052
- Akiyama T, Ishida J, Nakagawa S, Ogawara H, Watanabe S, Itoh N, Shibuya M, Fukami Y (1987) Genistein, a specific inhibitor of tyrosine-specific protein kinases. J Biol Chem 262:5592–5595
- Allred CD (2001) Soy diets containing varying amounts of genistein stimulate growth of estrogen-dependent tumors in a dose dependent manner. Cancer Res 61:5045–5050
- Baxa DM, Luo X, Yoshimura FK (2005) Genistein induces apoptosis in T lymphoma cells via mitochondrial damage. Nutr Cancer 51:93–101
- Buchler P, Gukovskaya AS, Mouria M, Buchler MC, Buchler MW, Friess H, Pandol SJ, Reber HA, Hines OJ (2003) Prevention of metastatic pancreatic cancer growth in vivo by induction of apoptosis with genistein, a naturally occurring isoflavonoid. Pancreas 26:264–273
- Cao G, Sofic E, Prior RL (1997) Antioxidant and prooxidant behavior of flavonoids: structure-activity relationships. Free Radic Biol Med 22:749–760
- Choi EJ, Kim T, Lee M (2007) Pro-apoptotic effect and cytotoxicity of genistein and genistein in Human ovarian cancer SK-OV-3 cells. Life Sci 80:1403–1408
- Cooke PS, Selvaraj V, Yellayi S (2006) Genistein, estrogen receptors, and the acquired immune response. J Nutr 136:704–708
- Cossarizza A, Baccarani-Contri M, Kalashnikova G, Franceschi C (1993) A new method for the cytofluorometric of mitochondrial membrane potential using the J-aggregate forming lipophylic cation probe 5,5',6,6'-tetrachloro 1,1',3,3'-tetraethylbenzimidazol carbocyanine iodide (JC-1). Biochem Biophys Res Comm 197:40–45
- Dixon RA, Ferreira D (2002) Genistein. Phytochemistry 60:205–211
  Duke RC, Cohen JJ (1992) Morphological and biochemical assays of apoptosis. In: Coligan JE, Kruisbeak AM (eds) Current protocols in immunology. John Wiley & Sons, New York
- Gossner G, Choi M, Tan L, Fogoros S, Griffith KA, Kuenker M, Liu JR (2007) Genistein-induced apoptosis and autophagocytosis in ovarian cancer cells. Gynecol Oncol 105:23–30
- Green DR, Reed JC (1998) Mitochondria and apoptosis. Science 281:1309–1312
- Hajra KM, Liu JR (2004) Apoptosome dysfunction in human cancer. Apoptosis 9:691–704
- Ju YH (2001) Physiologic concentrations of dietary genistein stimulate dose-dependently growth of estrogen-dependent human breast cancer (MCF-7) tumor implanted in athymic nude mice. J Nutr 131:2957–2962
- Klein CB, King AA (2007) Genistein genotoxicity: Critical considerations of in vitro exposure dose. Toxicol Appl Pharmacol 224:1–11
- Laman NA, Volynets AP (1974) Flavonoids in ontogenesis of *Lupinus luteus* L. Plant Physiol (Rus) 21:737–745
- Lamartiniere CA (2000) Protection against breast cancer with genistein: a component of soy. Amer J Clin Nutr 71:1705–1709
- Lee HP, Gourley L, Duffy SW, Esteve J, Lee J, Day NE (1991) Dietary effects on breast-cancer risk in Singapore. Lancet 337:1197–1200
- Leopold AS, Erwin M, Oh J, Browning B (1976) Phytoestrogens: adverse effects on reproduction in California quail. Science 191:98–100



- Markovits J, Linassier C, Fosse P, Couprie J, Pierre J, Jacquemin-Sablon A, Saucier JM, Le Pecq JB, Larsen AK (1989) Inhibitory effects of the tyrosine kinase inhibitor genistein on mammalian DNA topoisomerase II. Cancer Res 49:5111–5117
- Mossman T (1983) Rapid colorimetric assay for cellular growth and survival: application to proliferation and cytotoxicity. J Immunol Methods 65:55–63
- Polkowski K, Mazurek AP (2000) Biological properties of genistein. A review of *in vitro* and *in vivo* data. Acta Pol Pharm 57:135–155
- Polkowski K, Popiołkiewicz J, Krzeczyński P, Ramza J, Pucko W, Zegrocka-Stendel O, Boryski J, Skierski JS, Mazurek AP, Grynkiewicz G (2004) Cytostatic and cytotoxic activity of synthetic genistein glucosides against Human cancer cell lines. Cancer Lett 203:59–69
- Popiołkiewicz J, Polkowski K, Skierski JS, Mazurek AP (2005) In vitro toxicity evaluation in the development of new anticancer drugs-genistein glucosides. Cancer Lett 229:67–75
- Ravagnan L, Roumier T, Kroemer G (2002) Mitochondria, the killer organelles and their weapons. J Cell Physiol 192:131–137
- Rucinska A, Gabryelak T (2009) Effect of genistein-8-C-glucoside from *Lupinus luteus* on DNA damage assessed using the comet assay *in vitro*. Cell Biol Int 33:247–252
- Rucinska A, Kirko S, Gabryelak T (2007) Effect of the phytoestrogen, genistein-8-C-glucoside on Chinese hamster ovary cells *in vitro*. Cell Biol Int 31:1371–1378

- Rucinska A, Roszczyk M, Gabryelak T (2008) Cytotoxicity of the isoflavone genistein in NIH 3T3 cells. Cell Biol Inter 32: 1019–1023
- Sarkar FH, Li Y (2002) Mechanisms of cancer chemoprevention by isoflavone genistein. Cancer Met 21:265–280
- Setchell KD, Cassidy A (1999) Dietary isoflavones: biological effects and relevance to human health. J Nutr 129:758S–767S
- Setchell KD, Gosselin SJ, Welsh MB, Johnston JO, Balistreri WF, Kramer LW, Dresses BL, Tarr MJ (1987) Dietary estrogens-a probable cause of infertility and liver disease in captive cheetahs. Gastroenterology 93:225–233
- Vanden Hoek TL, Becker LB, Shao Z, Schumacker PT (1998) Reactive oxygen species released from mitochondria during hypoxia induce preconditioning in cardiomyocytes. J Biol Chem 273:18092–18098
- Yeh TC, Chiang PC, Li TK, Hsu JL, Lin CJ, Wang SW, Peng CY, Guh JH (2007) Genistein induces apoptosis in human hepatocellular carcinomas via interaction of endoplasmic reticulum stress and mitochondrial insult. Biochem Pharmacol 73:782–792
- Yoon HS, Moon SC, Kim ND, Park BS, Jeong MH, Yoo YH (2000) Genistein induces apoptosis of RPE-J cells by opening mitochondrial PTP. Biochem Biophys Res Com 276: 151–156

