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# Primordial black holes from strong first-order phase transitions

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ABSTRACT: We study the formation of primordial black holes (PBHs) in strongly supercooled first-order phase transitions. The mechanism is based on the presence of remnants dominated by the false vacuum that scale slower with the expansion of the Universe than their surroundings where this energy was already converted into radiation. We compute the PBH formation from these remnants including the contribution from the false vacuum and the bubble walls, by estimating the collapse using the hoop conjecture and by considering both regions collapsing immediately when entering the horizon and sub-horizon regions that collapse as their compactness grows. We show that for exponential bubble nucleation rate,  $\Gamma \propto e^{\beta t}$ , the primordial black hole formation implies  $\beta/H \gtrsim 3.8$ , where H denotes the Hubble rate, if the potential energy of the false vacuum is  $\Delta V \lesssim (10^{12} \, \text{GeV})^4$ , as otherwise a too large abundance of long-lived PBHs forms. The observed dark matter abundance can be formed in asteroid mass PBHs if  $\beta/H \simeq 3.8$  and  $10^5 \, \text{GeV} \lesssim \Delta V^{1/4} \lesssim 10^8 \, \text{GeV}$ . Finally, we consider also the effect of the second order correction to the exponential nucleation rate showing that the PBH abundance is mainly determined by the average radius of the true vacuum bubbles.

KEYWORDS: Phase Transitions in the Early Universe, Cosmology of Theories BSM

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#### 1 Introduction

Various processes in the early universe may have led to the formation of black holes (BHs). The cosmological and astrophysical role of these primordial black holes (PBHs) can be very significant. In particular, PBHs in the asteroid mass range can explain all dark matter (DM) [1]. Even if PBHs were so light that they evaporated quickly after their formation [2, 3], they may have affected DM phenomenology [4–11]. Heavier PBHs, around stellar mass and higher, can instead contribute to the LIGO-Virgo gravitational wave (GW) events [12–18] or provide seeds for cosmic structures [19–23].

The standard PBH formation scenarios are based on generation of peaks in the curvature power spectrum during cosmic inflation, which eventually leads to PBH formation as the highly overdense regions re-enter the horizon after inflation [24]. As the resulting PBH abundance is exponentially sensitive to the amplitude of the perturbations, it seems difficult to avoid strong finetuning in such models. Other scenarios, such as PBH formation from collapsing false vacuum bubbles [25–28], may in that regard look more attractive. In this paper, we will focus on PBH formation in first-order phase transitions. This was first suggested in [29, 30] and recently studied further in [31–39].

First-order phase transitions proceed by the nucleation of bubbles of the broken phase in an initial background of the symmetric phase [40–42]. These bubbles then expand until they collide and finish the conversion of the entire Universe. The growth of the bubbles transfers the energy of the false vacuum into the kinetic and gradient energy of the bubble walls. We focus on strong transitions where we can neglect the preexisting radiation. The key feature of such transitions is that the vacuum energy remains constant with the expansion of the Universe while the energy density of both bubble walls and radiation quickly decrease. By the statistical nature of bubble nucleation there is a chance of the existence of large regions filled with the false vacuum that are surrounded by regions in the true vacuum state. Such regions quickly become overdense because of the above-mentioned

scaling with the expansion, and, if the generated overdensity is large enough, these regions may collapse into PBHs.

We perform a detailed scan of the possible PBH formation scenarios involving such a strong transition. We go beyond the state of the art including firstly an additional term in the bubble nucleation rate which allows us to model very strong transitions in which the nucleation peaks and is cut off at later times. We also include the contribution to the energy of the false vacuum coming from the bubble walls which become very energetic in strong transitions. Finally, we include both large false vacuum regions that collapse immediately upon crossing the Hubble horizon and smaller regions that collapse as their compactness grows while they evolve already inside the horizon. We find that overproduction of PBHs constrains the bubble nucleation rate provided that the produced black holes are not light enough to evaporate before Big-Bang nucleosynthesis. We also show the impact of the nucleation history on the PBH mass function. The result is non-trivial as the small regions collapsing within the horizon form an additional peak of lighter PBHs which dominates in cases where the peak of bubble nucleation is reached. The separation between the peaks is, however, only by a factor of  $\approx 2$ , and the PBH mass function we find is always very narrow.

## 2 Phase transition dynamics

We adopt the thin-wall approximation to describe the growth of a single true vacuum bubble treating its wall as a boundary of negligible width between the domains of true and false vacuum with a certain surface energy density. Moreover, we consider the case where the interactions of the bubble wall with the surrounding particles can be neglected. This case is realized if the transition is strongly supercooled and the couplings of the particles with the scalar that drives the phase transition are small [43–49]. With these approximations, the bubble is described by the action [28]<sup>1</sup>

$$S = \int d\eta \, a \left[ \frac{4\pi}{3} (aR)^3 \Delta V - 4\pi \sigma (aR)^2 \sqrt{1 - (\partial_{\eta} R)^2} \right] = \int d\eta \, \mathcal{L}(\eta, R, \partial_{\eta} R) \,, \tag{2.1}$$

where  $\eta$  denotes the conformal time, a the scale factor, R the bubble radius,  $\sigma$  the surface tension of the bubble and  $\Delta V$  the vacuum energy difference between false and true vacuum. The corresponding total energy of the bubble is given by

$$E = \frac{1}{a} \frac{\partial \mathcal{L}}{\partial (\partial_{\eta} R)} \partial_{\eta} R - \frac{1}{a} \mathcal{L} = -\frac{4\pi}{3} (aR)^3 \Delta V + 4\pi (aR)^2 \gamma \sigma, \qquad (2.2)$$

where the 1/a factors arise from the inverse metric and  $\gamma = 1/\sqrt{1 - (\partial_{\eta} R)^2}$  is the Lorentz factor of the bubble wall. We identify the second term in (2.2) with the bubble wall energy  $E_w$ , while the first term can be treated as the bubble volume energy.

After the bubble nucleates, its growth is described by the equation of motion resulting from the above Lagrangian:

$$\partial_{\eta}^{2}R + 2\frac{1 - (\partial_{\eta}R)^{2}}{R} \left(1 - \frac{3}{2}\frac{R}{R_{H}}\partial_{\eta}R\right) = \frac{a\Delta V}{\sigma} \left[1 - (\partial_{\eta}R)^{2}\right]^{3/2}, \qquad (2.3)$$

<sup>&</sup>lt;sup>1</sup>We use the natural units  $c = \hbar = 1$  throughout the paper.

where  $R_H = (aH)^{-1} = a/\dot{a}$  denotes the comoving Hubble horizon radius. Given that we have neglected the friction terms, after a short accelerating period the bubble wall velocity approaches the speed of light,  $\partial_{\eta}R \approx 1$ , and the bubble radius increases linearly with the conformal time,

$$R(t_n, t) \approx \eta(t) - \eta(t_n) = \int_{t_n}^{t} \frac{\mathrm{d}t'}{a(t')}, \qquad (2.4)$$

where  $t_n$  is the moment when the bubble nucleates. However, for the computation of the surface energy of the bubble, we need to accurately solve the  $\gamma$  factor. The equation of motion can be rewritten in terms of  $\gamma$  as

$$\frac{\mathrm{d}\gamma}{\mathrm{d}R} + \frac{2\gamma}{R} \left( 1 + \frac{3}{2} \frac{R}{R_H} \sqrt{1 - \frac{1}{\gamma^2}} \right) = \frac{a\Delta V}{\sigma} \,. \tag{2.5}$$

For  $R < R_H$ , using the initial condition  $\gamma(R_n) = 1$ , we get

$$\gamma \sigma \approx \frac{1}{3} \Lambda \Delta V a R$$
,  $\Lambda \equiv \frac{(1+w)a + (1-w)a_n}{(3+w)a - (1+w)a_n}$ . (2.6)

with w being the background equation of state parameter and  $a_n \equiv a(\eta_n)$  the scale factor at the moment of bubble nucleation. We find that without the fitted  $\Lambda$  factor, eq. (2.6) underestimates  $\gamma \sigma$ , e.g. in radiation dominated background by  $\sim 40\%$  when the radius of the bubble reaches the Hubble horizon radius. However, this is a good approximation only for a constant w. In the following, we solve numerically the equation of motion (2.3) as in the case of supercooled phase transitions w changes during the period of bubble evolution.

The bubble nucleation is characterized by the nucleation rate per unit time and physical volume  $\Gamma(t)$ , which, in principle, is calculated using the Euclidean action for the critical bubble in a specific model [40–42]. In order to perform a model independent analysis, we consider a generic bubble nucleation rate  $\Gamma(t) = Ce^{A(t)}$  and expand A(t) to quadratic order around a time  $t_0$ ,  $A(t) = A_0 + \beta(t - t_0) - \zeta^2(t - t_0)^2/2 + \mathcal{O}(t - t_0)^3$ . By defining  $\Gamma_0 \equiv Ce^{A_0}$ , can write the nucleation rate as

$$\Gamma(t) = \Gamma_0 e^{\beta(t-t_0) - \frac{1}{2}\zeta^2(t-t_0)^2}.$$
(2.7)

This approximation is relevant for strongly supercooled phase transitions and  $\beta$  is the usual parameter describing timescale of the transition. The quadratic term in the exponent is introduced to mimic the effect of a temperature independent barrier in the potential that suppresses the bubble nucleation at late times.

The bubble nucleation begins roughly when  $\Gamma = H^4$ . We assume that before this, the false vacuum energy,  $\rho_v = \Delta V$ , starts to dominate over the radiation energy density  $\rho_r$ . The Hubble rate H then reaches a constant value

$$H_I^2 = \frac{\Delta V}{3M_P^2} \,, (2.8)$$

where  $M_P \equiv 8\pi/\sqrt{G}$  denotes the reduced Planck mass. After the bubble nucleation begins, the transition typically proceeds relatively quickly and therefore we choose the time  $t_0$ 

around which the nucleation rate is expanded as the time when  $\Gamma = H^4$ . Moreover, without loss of generality, we choose  $t_0 = 0$  so that  $\Gamma_0 = H_I^4$ . The rate (2.7) has a maximum at  $t = \beta/\zeta^2 \equiv t_*$ , and exchanging  $\zeta^2$  for  $t_*$  we can write the rate as

$$\Gamma(t) = H_I^4 e^{\beta t \left[1 - \frac{t}{2t_*}\right]}. \tag{2.9}$$

The progression of the transition is characterized by the probability of finding a given point in the false vacuum [50, 51]

$$P(t) = e^{-I(t)}, I(t) = \frac{4\pi}{3} \int_{-\infty}^{t} dt_n \Gamma(t_n) a(t_n)^3 R(t_n; t)^3. (2.10)$$

When the bubble nucleation begins, the vacuum energy density starts to decrease,  $\rho_v = P(t)\Delta V$ , as the bubbles convert the vacuum energy into energy of the bubble walls  $\rho_w$ . We can find how the wall energy scales with the expansion of the Universe using the continuity equation

$$\frac{\mathrm{d}}{\mathrm{d}t} \frac{E}{a^3} + 3(1+w)H \frac{E_w}{a^3} = 0, \qquad (2.11)$$

where E is the bubble energy given in eq. (2.2),  $E_w$  the contribution of the bubble wall on E and we have used the fact that  $E - E_w$  scales as vacuum energy. Using the equation of motion (2.3) and neglecting the initial bubble size, we get w = 1/3. Therefore, the energy density of the bubble wall scales as radiation,  $\rho_w \propto E_w/a^3 \propto a^{-4}$ . The behavior of the scale factor is then determined by the Friedmann equations:

$$H^{2} = \frac{1}{3M_{P}^{2}} \left( \rho_{v} + \rho_{r} + \rho_{w} \right) ,$$

$$\frac{d(\rho_{r} + \rho_{w})}{dt} + 4H(\rho_{r} + \rho_{w}) = -\frac{d\rho_{v}}{dt} .$$
(2.12)

We label the initial values with I and, as in eq. (2.8), assume the initial radiation density can be neglected,  $\rho_r^I = 0$ .

In figure 1 we show an example of the evolution of these quantities and the decay rate for various values of the time at which nucleation rate peaks normalised to the initial value of the Hubble parameter,  $H_I t_*$  (see eq. (2.9)). For values close to unity the decay proceeds in a way similar to the usual case of pure exponential decay while smaller values cut the decay rate much faster and lead to slower conversion of the vacuum energy which might lead to problems with finishing the transition. The problem arises because patches of false vacuum undergo inflation. We have to require that the physical volume of false vacuum decreases for the transition to finish successfully [51–53]

$$V_f^{-1} \frac{\mathrm{d}V_f}{\mathrm{d}t} = 3H - \frac{\mathrm{d}I}{\mathrm{d}t} < 0,$$
 (2.13)

where I(t) is given in eq. (2.10). In the following we check that this condition is satisfied at late times.

<sup>&</sup>lt;sup>2</sup>This confirms earlier estimates based on lattice evolution of bubbles [52].

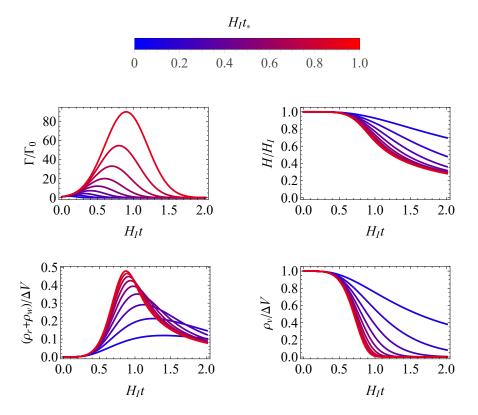


Figure 1. Quantities demonstrating dynamics of the transition including the vacuum decay rate, Hubble rate, energy density of walls and radiation and vacuum energy density. In this example we fixed  $\beta/H_I = 10$ , where  $H_I$  is the initial value of Hubble parameter and varied  $H_I t_*$  defining the peak of the nucleation rate.

### 3 Trapped false vacuum domains

Due to statistical fluctuations, there are regions of the Universe in which the transition into the true vacuum phase is postponed. At sufficiently late times, these regions may become so overdense that they experience gravitational collapse and become PBHs. In this section, following the reasoning described in ref. [30], we present a way to find distribution of such false vacuum domains (FVDs).

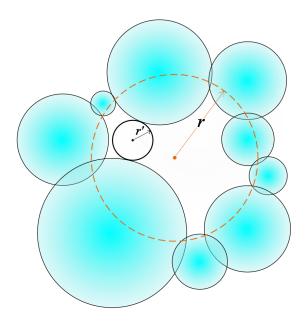
We denote the radius of the smallest sphere that encloses the FVD by r, as illustrated in figure 2, and assume that the volume of the FVD is

$$V(r,t) = \frac{4\pi}{3}a(t)^3 r^2 (r - r_0(t)), \qquad (3.1)$$

where  $r_0(t) \ge 0$  parametrizes the non-sphericity of the FVD. This also indicates that there are no FVDs of radius  $r < r_0(t)$ . Furthermore, we introduce the function  $dn_{\text{FVD}}(r,t)$ , which gives the number density of FVDs whose radius is in the range (r, r + dr) at time t.

We can relate  $dn_{FVD}(r,t)$  with the probability P(r',t) of a spherical domain of coordinate radius r' to be filled completely with the false vacuum at time t,

$$P(r',t) = \exp\left\{-\frac{4\pi}{3} \int_{-\infty}^{t} dt_n \Gamma(t_n) a(t_n)^3 \left[r' + R(t_n,t)\right]^3\right\}.$$
 (3.2)



**Figure 2**. An schematic picture of a FVD. The quantities r and r' represent the radius of the FVD and the radius of a sphere that is completely filled with false vacuum.

After the percolation time  $t_p$ , defined in the usual way as  $P(t_p) = 1/e$ , any sphere of coordinate radius r', that is filled completely with false vacuum, has to be contained inside some FVD. We must require that the center of the FVD is no further away from the center of the sphere than the coordinate distance r - r'. Also, r' necessarily has to be smaller than the coordinate width  $r - r_0(t)$  of the FVD, hence  $r > r' + r_0(t)$ . With these in mind, we come up with the following relation:

$$P(r',t) = \frac{4\pi}{3}a(t)^{3}\epsilon(t)\int_{r'+r_{0}(t)}^{\infty} dr \, (r-r')^{3} \frac{dn_{\text{FVD}}(r,t)}{dr} \,. \tag{3.3}$$

The factor  $\epsilon(t)$  appearing here is introduced to take into account the non-sphericity of the FVDs. Eq. (3.3) has been solved using the Laplace transform in ref. [30]. Here we give only the result:

$$\frac{dn_{\text{FVD}}(r)}{dr} = \frac{1}{\epsilon a^3} \frac{3}{4\pi} \frac{\Theta(r - r_0)}{r_0^3} \left[ -\frac{dP(r - r_0)}{dr} - \frac{3}{r_0} P(r - r_0) + \frac{1}{r_0^2} \int_0^\infty d\zeta P(r + \zeta - r_0) \left\{ \lambda e^{-\lambda \zeta/r_0} + \omega e^{-\omega \zeta/r_0} + \bar{\omega} e^{-\bar{\omega}\zeta/r_0} \right\} \right],$$
(3.4)

where  $\lambda$ ,  $\omega$  and  $\bar{\omega}$  are the roots of the polynomial  $x^3 - 3x^2 + 6x - 6$  and we have dropped off the time arguments for brevity. The function  $r_0(t)$  is determined by requiring that  $dn_{\text{FVD}}(r,t)/dr$  is continuous at  $r = r_0(t)$  and the function  $\epsilon(t)$  by enforcing that the total volume fraction of false vacuum expressed with the use of  $dn_{\text{FVD}}(r,t)/dr$  coincides with P(t):

$$P(t) = \int_{r_0}^{\infty} dr \, V(r, t) \frac{dn_{\text{FVD}}(r, t)}{dr}, \qquad (3.5)$$

where the volume of the false vacuum inside the FVD of radius r is given by eq. (3.1).

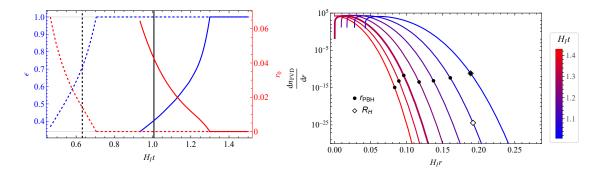


Figure 3. The left panel shows the non-sphericity parameters  $r_0$  and  $\epsilon$  as a function of time for two benchmark points:  $\beta/H_I=5$ ,  $H_It_*=1.25$  (solid lines) and  $\beta/H_I=50$ ,  $H_It_*=0.175$  (dashed lines). Black vertical lines denote the time  $t_\times$  at which the hoop conjecture begins to be satisfied for regions smaller than the horizon radius  $R_H$ . The right panel shows the FVD distribution at different times after  $t_\times$  (blue line). Thicker line represents the distribution at the time when sphericity of FVDs is reached. The black markers indicate the value of distribution for collapsing regions of radius  $r_{\rm PBH}$  (circles) or  $R_H$  (diamonds). The parameters in this benchmark case are  $\beta/H_I=5$ ,  $H_It_*=1.25$ .

As shown in the left panel of figure 3,  $r_0(t)$  decreases and  $\epsilon(t)$  increases with time. Eventually,  $r_0(t)$  vanishes and  $\epsilon(t)$  reaches 1. This means that the FVDs are enclosed by so many true vacuum bubbles, that the false vacuum regions are approximately spherical. In this limit, the formula for the distribution  $dn_{\text{FVD}}(r,t)/dr$  takes a simplified form:

$$\frac{\mathrm{d}n_{\text{FVD}}(r,t)}{\mathrm{d}r} = a(t)^{-3} \frac{1}{8\pi} \partial_r^{(4)} P(r,t) \,. \tag{3.6}$$

We show the distribution  $dn_{\text{FVD}}(r,t)$  at different times in the right panel of figure 3 in a benchmark case. We see that the large-r tail of the distribution falls faster than  $\propto e^{-H_I r}$ . We will discuss this plot more in the end of the next section.

## 4 Collapse into black holes

We determine whether certain FVDs collapse to BHs by the hoop conjecture.<sup>3</sup> Since a uniform, constant density does not exert any net gravitational force, it plays no role in the collapse. We define the excess mass as the difference between total mass inside the sphere, m(r,t), and the average mass of the region of the same size:

$$\delta m(r,t) \equiv m(r,t) - \frac{4\pi}{3} r^3 a(t)^3 \rho_B(t) ,$$
 (4.1)

where  $\rho_B(t)$  is the background energy density, which by the Friedmann equations (2.12) is given by

$$\rho_B(t) \equiv \rho_v(t) + \rho_r(t) + \rho_w(t) = \Delta V \left[ P(t) - \int_{-\infty}^t dt' \, \frac{dP}{dt'} \left( \frac{a(t')}{a(t)} \right)^4 \right]. \tag{4.2}$$

<sup>&</sup>lt;sup>3</sup>In an expanding background the hoop conjecture is slightly modified [54], but these modifications have been shown to be insignificant [55].

The mass m(r,t) consists of the following three contributions:

1. Mass of the false vacuum region occupying the fraction  $\epsilon$  of FVD:

$$m_1(r,t) = \frac{4\pi}{3}\epsilon(t)a^3(t)r^3(t)\Delta V$$
. (4.3)

2. Mass of bubble walls:

$$m_2(r,t) = 4\pi a^2(t)r^2(t)\sigma\bar{\gamma}(t),$$
 (4.4)

where  $\bar{\gamma}(t)$  denotes the average Lorentz factor of the true vacuum bubble walls.

3. Mass of true vacuum region:

$$m_3(r,t) = \frac{4\pi}{3} (1 - \epsilon(t)) a^3(t) r^3(t) \rho_B(t).$$
 (4.5)

We approximate the contribution (4.4) from the bubble walls using the surface area of the smallest sphere enclosing the FVD. We thus do not fully include the real shape of the FVD which is composed of fragments of walls of true vacuum bubbles of different radii. We estimate  $\bar{\gamma}(t)$  by solving numerically eq. (2.3) with initial condition  $\gamma(R_0) = 1$  at the nucleation time of a bubble whose radius (evaluated using (2.4)) at time t equals the weighted average bubble radius<sup>4,5</sup>

$$\bar{R}(t) = \frac{\int_{-\infty}^{t} dn(t_n, t) R(t_n, t)^3}{\int_{-\infty}^{t} dn(t_n, t) R(t_n, t)^2},$$
(4.6)

where  $dn(t_n, t)$  denotes number density of true vacuum bubbles that nucleated within the time range  $(t_n, t_n + dt_n)$ ,

$$dn(t_n, t) = \frac{a^3(t_n)}{a^3(t)} P(t_n) \Gamma(t_n) dt_n.$$
(4.7)

We sum up all the contributions listed above,  $m(r,t) = m_1(r,t) + m_2(r,t) + m_3(r,t)$ , and arrive to the following formula for the excess mass of the FVD:

$$\delta m(r,t) = \frac{4\pi}{3} a^3(t) r^3 \epsilon(t) \left( \Delta V - \rho_B(t) \right) + 4\pi r^2 a^2(t) \sigma \bar{\gamma}(t) . \tag{4.8}$$

The hoop conjecture then implies that if the radius r of the FVD smaller than the Schwarzschild radius of the excess mass  $\delta m$ , the FVD will collapse to a BH:

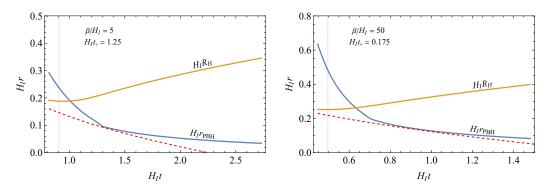
$$r < r_s(\delta m) = \frac{\delta m(r, t)}{4\pi a(t)M_P^2}.$$
(4.9)

Using eq. (4.8), the condition (4.9) can be recast as a lower bound on r:

$$r > r_{\rm PBH}(t) \equiv 2R_H \sqrt{\frac{\rho_B(t)}{\Delta V}} \left[ \sqrt{3} \frac{\sigma \bar{\gamma}(t)}{M_P \sqrt{\Delta V}} + \sqrt{4\epsilon(t) \left(1 - \frac{\rho_B(t)}{\Delta V}\right) + 3 \frac{\sigma^2 \bar{\gamma}(t)^2}{M_P^2 \Delta V}} \right]^{-1}, (4.10)$$

 $<sup>^4</sup>$ The weighting by  $R^2$  arises from the assumption that the contribution from each bubble to the surface of the FVD scales with its surface area.

<sup>&</sup>lt;sup>5</sup>This way of estimating  $\bar{\gamma}(t)$  matches well with the more direct computation by  $\bar{\gamma}(t) \propto \int_{-\infty}^{t} dn(t_n, t) R(t_n, t)^2 \gamma(t_n, t)$ , but is numerically less expensive.



**Figure 4.** Evolution of lower bound on radius of collapsing regions (blue curve) and comoving Hubble radius (orange curve) during the transition. The dashed red curves show the radius of a false vacuum domain that at one moment reaches  $r_{\rm PBH}$  but never becomes larger than it. The vertical gray line indicates the percolation moment,  $t = t_p$ .

where  $R_H(t) = 1/(a(t)H(t))$  is the comoving Hubble radius. We note that  $\epsilon(t)$ , and the fractions  $\rho_B(t)/\Delta V$  and  $\sigma \bar{\gamma}(t)/\sqrt{\Delta V}$  are independent of  $\Delta V$ ,<sup>6</sup> so also the fraction  $r_{\text{PBH}}(t)/R_H(t)$  is independent of  $\Delta V$ .

As shown for two representative benchmark cases in figure 4,  $r_{\rm PBH}$  decreases with time and becomes smaller than the horizon radius  $R_H$  soon after percolation time  $t=t_p$ . We denote the Hubble crossing moment by  $t_{\times}$ , ie.  $r_{\rm PBH}(t_{\times})=R_H(t_{\times})$ . After that moment, all false vacuum regions entering the Hubble horizon will collapse to PBHs. In addition, any subhorizon regions that reach  $r>r_{\rm PBH}$  can collapse to PBHs. We remark, that as shown in ref. [56], interactions of the walls with the surrounding particles whose mass increases in the phase transition can prevent the PBH formation from sub-horizon false vacuum bubbles as the increasing density of the particles can eventually stop the wall. This does not, however, affect the regions that are sufficiently overdense already when entering the Hubble horizon.

The red dashed curves in figure 4 show the radius of a false vacuum domain that at one moment reaches  $r_{\rm PBH}$  but never becomes larger than it, computed assuming that it is a sphere bounded whose radius increases according to eq. (2.4) and neglecting possible bubble nucleation inside it. In order to limit double counting, we neglect the part of blue line for which the slope is less steep than the slope of red line, since these cases are expected to correspond regions that have already collapsed.

We show the distribution of the FVDs,  $dn_{\text{FVD}}/dr$ , at times after  $t_{\times}$  in a benchmark case in the right panel of figure 3. The circles along each of the curves indicate  $r_{\text{PBH}}$  and the diamonds  $R_H$ . At  $t = t_{\times}$  (blue curve) these coincide. We see that the PBHs form from very rare FVDs, far in the large-r tail of the distribution.

$$\left[\frac{\mathrm{d}}{\mathrm{d}x} + \frac{2}{x}\left(1 + \frac{3}{2}\sqrt{\frac{\rho_B}{\Delta V}}ax\right)\right]\frac{\sigma\gamma}{M_P\sqrt{\Delta V}} = 3a\,.$$

<sup>&</sup>lt;sup>6</sup>Using  $x \equiv H_I R$ , the equation of motion (2.5) can be written for  $\gamma \gg 1$  as

<sup>&</sup>lt;sup>7</sup>The kink in the  $r_{PBH}$  curve seen in both cases after the Hubble crossing corresponds to the moment when the false vacuum domains become spherical,  $\epsilon(t) = 1$  (cf. figure 3).

### 5 Results

We perform numerical computations scanning the parameter space with  $1 < \beta/H_I < 100$  and  $0.03 < H_I t_* < 10$ . At each point we first check whether the percolation condition (2.13) is satisfied. If so, we proceed to the computation of PBH formation. The mass function of the PBHs consists of two parts, horizon size regions that collapse at horizon entry and sub-horizon regions that cross the threshold:

$$\frac{\mathrm{d}n_{\mathrm{PBH}}(t)}{\mathrm{d}m} = \int_{t_{\times}}^{t} \mathrm{d}t' \left[ \frac{a(t')}{a(t)} \right]^{3} \left[ \frac{\mathrm{d}R_{H}}{\mathrm{d}t'} \frac{\mathrm{d}n_{\mathrm{FVD}}(R_{H}, t')}{\mathrm{d}r} \delta(m - m(R_{H}, t')) + \frac{\mathrm{d}r_{\mathrm{PBH}}}{\mathrm{d}t'} \frac{\mathrm{d}n_{\mathrm{FVD}}(r_{\mathrm{PBH}}, t')}{\mathrm{d}r} \delta(m - m(r_{\mathrm{PBH}}, t')) \right].$$
(5.1)

The total PBH energy density  $\rho_{PBH}$  and their mass function  $\psi(m)$ , normalized so that  $\int dm \, \psi(m) = 1$ , are then given by

$$\rho_{\text{PBH}} = \int dm \, m \frac{dn_{\text{PBH}}}{dm}, \qquad \psi(m) = \frac{m}{\rho_{\text{PBH}}} \frac{dn_{\text{PBH}}}{dm}, \qquad (5.2)$$

and the present day fraction of DM in PBHs, assuming they don't evaporate by today, is given by  $f_{\rm PBH} = \rho_{\rm PBH}/\rho_{\rm DM}$ , where  $\rho_{\rm DM}$  denotes the DM abundance. We remark that  $f_{\rm PBH}$  depends on  $\Delta V$  only through the expansion of the Universe, that leads to the scaling  $f_{\rm PBH} \propto \Delta V^{1/4}$  as the temperature after the transition is  $T_{\rm reh} \propto \Delta V^{1/4}$ .

The resulting  $f_{\text{PBH}}$  is shown as a function of  $\beta/H_I$  and  $H_I t_*$  in figure 5. By comparing the colored curves with the black ones, we see that the abundance does not show a strong dependence of  $\beta$  and  $t_*$  separately, but is mainly determined by  $R_p H_p$  where  $H_p = H(t_p)$  is the Hubble rate at the percolation time and  $R_p$  is the mean bubble radius [53]

$$R_{p} = \left[ \int_{-\infty}^{t_{p}} dt \, \frac{a(t)^{3}}{a(t_{p})^{3}} \Gamma(t) P(t) \right]^{-1/3}. \tag{5.3}$$

A significant abundance of PBHs can be formed if the mean bubble radius is large,  $R_pH_p \simeq 0.5$ . We show the result both with and without the collapse of sub-horizon regions, and the real result lies somewhere between these approximation as the inclusion of the subhorizon regions may include double counting. We find, however, that the PBH abundance changes rapidly with  $R_pH_p$  and therefore a small change in  $R_pH_p$  can compensate the uncertainty in  $f_{\rm PBH}$  arising from this double counting.

The value  $R_pH_p\simeq 0.5$  corresponds to  $\beta/H=3.8$  for approximately exponential bubble nucleation rate. Ref. [33] found the threshold to be  $\beta/H\approx 9$  for the same conditions corresponding to  $\alpha\gg 1$ . It was, however, shown in [39] that they overestimated the survival probability of the false vacuum patches. The latter reference found the threshold to be  $\beta/H=2.5$  for  $\alpha\sim 1$ . We find higher PBH formation efficiency because we consider  $\alpha\gg 1$  and also collapse of subhorizon regions. In [57], that appeared after our paper, the threshold was found to be  $\beta/H\approx 7$ . The main difference compared to our work is that they consider the collapse of patches that can include true vacuum bubbles.

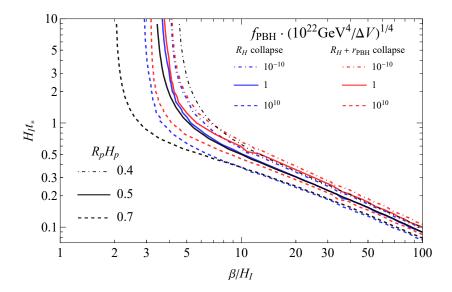


Figure 5. The PBH abundance today normalised to that of DM,  $f_{\text{PBH}}$ , as a function of the bubble nucleation parameters  $\beta$  and  $t_*$ . The blue lines include only large regions collapsing immediately on horizon crossing while the red ones also include the population of smaller regions collapsing as their compactness grows. The black lines show the average bubble radius normalised to the horizon radius,  $R_p H_p$ .

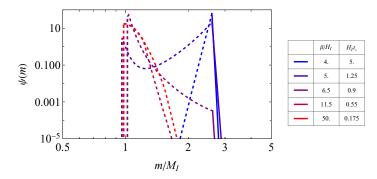


Figure 6. The normalised PBH mass function produced for a set of transitions with different values of the bubble nucleation rate parameters  $\beta$  and  $t_*$ . The examples here are chosen to lay along the  $f_{\rm PBH}=1$  line for  $\Delta V=10^{22}\,{\rm GeV}^4$ .

The PBH mass function is shown in figure 6. The mass scale of the produced PBHs is given by the horizon mass:

$$M_I = \frac{4\pi}{3} H_I^{-3} \Delta V = 4\sqrt{3}\pi M_P^3 \Delta V^{-1/2} \approx 0.09 M_{\odot} (\Delta V/\text{GeV}^4)^{-1/2}.$$
 (5.4)

We see that in particular the low mass part of the mass function, that arises from the collapse of subhorizon regions, changes with  $\beta$  and  $t_*$  and can include two peaks. The PBH mass function is, however, in every case very narrow, ranging at most from  $m \approx M_I$  to  $m \approx 3M_I$ . In the case with  $t_* \gg 0$ , where  $\Gamma \approx H_I^4 e^{\beta t}$ , the mass function is approximately a delta function at  $m \approx 2.6 M_I$ .

From figure 5 we see that in part of the parameter space  $f_{\rm PBH} > 1$ . It is evident that in case of supercooled transitions, overproduction of PBHs becomes a strong condition which has to be taken into account. This bound can be avoided if the PBHs are sufficiently light and evaporate much before the Big-Bang nucleosynthesis (BBN). By requiring that the lifetime of a non-spinning BH of mass m [2, 3]  $\tau \approx 0.4 \, {\rm s} \, (m/10^9 {\rm g})^3$ , is less than a second, we find that the bound from PBH overproduction can be avoided for  $\Delta V^{1/4} \gtrsim 10^{12} \, {\rm GeV}$ . However, the evaporation products and possible remnants can play the role of DM. On the other hand, in the asteroid mass range,  $10^{-16} \lesssim m/M_{\odot} \lesssim 10^{-12}$ , PBHs can constitute all DM [1]. PBHs in that mass window can be generated in a strongly supercooled phase transition if  $10^5 \, {\rm GeV} \lesssim \Delta V^{1/4} \lesssim 10^8 \, {\rm GeV}$ .

## 6 Conclusions

We have estimated the population of PBHs produced in a strongly supercooled first-order phase transition. We have included both the contribution coming from large false vacuum regions which collapse upon crossing the Hubble horizon and the collapse of smaller subhorizon regions. We have modeled the transition with the decay rate that involves the standard exponential decay rate described by the usual  $\beta/H_I$  term as well as the second order correction that produces a peak in the decay rate at some later time  $H_I t_*$ . This has allowed us to probe the parameter space of models realizing a very strong transition where purely exponential decay might not give an accurate description.

We have shown that the abundance of PBHs produced in the transition can roughly be approximated through the average bubble radius normalised to the horizon size. The abundance is very sensitive to  $R_pH_p$ , with  $R_pH_p\approx 0.5$  resulting in a sizeable PBH abundance. In particular, for approximately exponential bubble nucleation rate the observed DM abundance in PBHs is produced for  $\beta/H_I\approx 3.8$ .

The mass scale of the produced PBHs is given by the horizon mass at the beginning of the transition which is determined for strongly supercooled transitions by the potential energy difference  $\Delta V$ . We have shown that the overproduction of PBHs constraints the parameter space if  $\Delta V < (10^{12} \text{GeV})^4$ , as in this case the PBHs don't evaporate before the Big-Bang nucleosynthesis and that the observed DM abundance can be formed in asteroid mass PBHs if  $10^5 \text{ GeV} \lesssim \Delta V^{1/4} \lesssim 10^8 \text{ GeV}$ .

The shape of the bubble nucleation rate affects the final PBH mass function. Large regions collapsing immediately upon horizon crossing give rise to the steep high mass slope of the final spectrum while the shape at lower masses is dictated by the smaller false vacuum remnants crossing the collapse threshold as they shrink. The latter contribution becomes particularly relevant if the bubble nucleation rate has a maximum soon after reaching the Hubble rate. For approximately exponential bubble nucleation rate we have found a very narrow PBH mass function peaked at mass  $0.23(\Delta V/\text{GeV})$ .

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