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Anxiety in Sports

The construction of a questionnaire for measuring the trait anxiety in sports is described. The questionnaire consists of 39 items describing situations in sports which touch off anxiety. Three factors are identified by means of factor analysis. Interpreted psychologically, they are seen to contain three separate dimensions of anxiety; interpreted from a motoric standpoint, they are representative of three essentially different sport disciplines. The results of reliability estimates and also of a validity study are presented. The sport questionnaire can be considered as a reliable diachronic measuring device for the comprehension of the construct anxiety in sports. The trait of anxiety in sports seems to be a specific, stable characteristic.

Tagungen und Kongresse

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|-----------------|---|
| 25.—26. 4. 1980 | Jahrestagung der Arbeitsgemeinschaft für Sportpsychologie (ASP), Marburg.
Kontaktadresse: E. Hahn, BISp, Hertzstraße 1, 5000 Köln 40. |
| 30.—31. 5. 1980 | Tagung der Sportsoziologen der Bundesrepublik Deutschland, Göttingen.
Kontaktadresse: J. Fischer, Soziologisches Seminar, Universität Göttingen. |
| 1.—6. 6. 1980 | 2. Int. Seminar on the Fitness Evaluation of European Children.
Kontaktadresse: Dept. of Physical Education, University of Birmingham, U. K. |
| 21.—23. 6. 1980 | 1. Wissenschaftliches Symposium: Sport an der Grenze menschlicher Leistungsfähigkeit, Kiel.
Kontaktadresse: Deutscher Sportärztekongress, Handschuhsheimer Landstraße 55, 6900 Heidelberg 1. |
| 23.—27. 6. 1980 | International World Congress of Rehabilitation, Winnipeg, Canada.
Kontaktadresse: Canadian Rehabilitation Council for the Disabled, Winnipeg, Manitoba, Canada. |
| 4.—8. 7. 1980 | „Women and Sport“, Internationaler Kongreß in Rom.
Kontaktadresse: Organisationskomitee, Plaza Mignanelli 4, 00187 Rom, Italien. |
| 6.—8. 7. 1980 | Metabolic and Functional Changes during Exercise. The XXVIII International Congress of Physiological Sciences.
Kontaktadresse: Prof. Dr. V. Seliger, Ujzed 450, 11807 Praha, Czechoslovakia. |
| 6.—9. 7. 1980 | Kongreß der „International Philosophic Society for the Study of Sport“, Karlsruhe.
Kontaktadresse: ISSW der Universität Karlsruhe. |