# Effect of cocaine on the contracture response to 1% halothane in patients undergoing diagnostic muscle biopsy for malignant hyperthermia

Two case reports have cited the recreational use of cocaine as possible trigger of a malignant hyperthermia (MH) crisis. We evaluated whether toxic concentrations of cocaine altered the in vitro muscle response to halothane during contracture tests for MH. Twenty-two patients were studied. Muscle biopsies were obtained and first tested for MH susceptibility with 3% halothane and caffeine contracture testing. Ten patients were diagnosed as MH-susceptible and 12 as MH non-susceptible, in accordance with the North American Malignant Hyperthermia Group protocol. Then, muscle strips were exposed to 1% halothane in the presence and absence of 0.1 mmol  $\cdot L^{-1}$  cocaine. Cocaine alone did not affect baseline muscle tension in either group. With 1% halothane, MH non-susceptible muscle showed no contracture with or without cocaine. In contrast, in the presence of 1% halothane, MH-susceptible muscle showed either no change in contracture (six patients), an increase (two patients), or a decrease (two patients) when exposed to cocaine. However, the overall effect of cocaine on muscle contracture in the presence of 1% halothane was insignificant in both groups. We conclude that cocaine, even at toxic levels,

#### Key words

ADDICTION: cocaine; ANAESTHESIA, LOCAL: cocaine; HYPERTHERMIA: malignant.

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does not have a direct effect on skeletal muscle contractility and thus is safe for MH-susceptible patients.

Deux observations ont déjà mentionné l'usage illégal de la cocaïne comme cause déclenchante de crises d'hyperthermie maligne (HM). Nous recherchons si des concentrations toxiques de cocaïne pourraient changer in vitro la réponse des tests de contracture musculaire à l'halothane 1% spécifiques pour l'HM. L'étude porte sur vingt-deux patients. Des biopsies musculaires sont d'abord prélevées et soumises à l'épreuve de contracture à l'halothane 3% et à celle de la caféine. Chez dix patients on diagnostique une susceptibilité à l'HM en conformité avec le protocole nord-américain du groupe d'HM alors que 12 patients sont déclarés normaux. Les lambeaux musculaires sont ensuite exposé à l'halothane 1% en présence ou non de cocaïne 0,1 mmol  $\cdot L^{-1}$ . L'exposition à la cocaïne seule ne change pas la tension musculaire initiale dans les deux groupes. Avec halothane 1%, le muscle non susceptible à l'HM ne présente pas de contracture que ce soit avec ou sans cocaïne. Par contre, avec l'halothane 1%, le muscle susceptible à l'HM en présence de cocaïne montre aucun changement (six patients), une augmentation (deux patients) ou une diminution de la contracture (deux patients). Cependant, en général, l'effet de la cocaïne sur la contracture musculaire en présence de cocaïne 1% est négligeable pour les deux groupes. Nous concluons que la cocaïne, même à concentrations toxiques, n'a pas d'effets directs sur la contractilité du muscle squelettique et ainsi ne présente pas de danger pour les patients susceptibles à l'HM.

Loghmanee and Tobak<sup>1</sup> reported a case of cocaineinduced fatal MH in a 20-yr-old man after an evening of recreational cocaine and ethanol abuse. Furthermore, Britt<sup>2</sup> reported a family in which a variety of factors triggered MH reactions. One member died from MH that developed after ingestion of both alcohol and cocaine. Britt suggested that cocaine, ethanol, and emotional excitement contributed to the development of the MH crisis. She also suggested that large doses of cocaine may not be safe for MH-susceptible patients because cocaine may elevate body temperature by potentiating the responses of sympathetically innervated organs, by increasing muscle activity, and by modulating the temperature regulation centre.<sup>2</sup>

Exposure to triggering agents induces MH; often the triggers are anaesthetic drugs, but heat stress and emotional excitement have been implicated.<sup>3</sup> Halothane- and succinylcholine-induced MH crisis is well-known in clinical anaesthesia practice. Other anaesthetics, such as enflurane,<sup>4,5</sup> isoflurane,<sup>6,7</sup> and sevoflurane,<sup>8,9</sup> may also cause an MH crisis. In general, opioids, barbiturates, and the local anaesthetics, including cocaine, have been accepted as safe for MH-susceptible patients.<sup>10</sup>

Given the above case reports and that cocaine has been considered to be safe for MH-susceptible patients, we investigated whether cocaine changed the contracture sensitivity of muscle strips in MH-susceptible patients. We evaluated the effects of cocaine on 1% halothane-induced muscle contracture in patients undergoing diagnostic muscle biopsy for MH.

#### Methods

#### Patients

Diagnostic muscle biopsies were performed in 22 patients under medical request. The remaining muscle tissue that would otherwise be discarded was used to test for the effects of cocaine. Informed consent to use the remaining tissue for research studies and to publish the results were obtained from each patient. All patients had a personal or family history of MH. No patient was taking any medication known to influence skeletal muscle contractility.

## Muscle biopsy

The muscle biopsy procedure and the muscle contracture tests were carried out according to the NAMHG protocol.<sup>11</sup> For the muscle biopsy, vastus lateralis muscle was obtained using a femoral and lateral femoral cutaneous nerve block with chloroprocaine and tetracaine. Intravenous sedation was provided by fentanyl and midazolam.

### Measurement

Muscle bundles were suspended isometrically, with one end fixed to the bottom of a tissue bath and the other attached to a force displacement transducer (Grass FT 03C, Quinsy, MA). A Krebs-Ringer solution at 37°C was used for the bath and was aerated with carbogen  $(95\% O_2 \pm 5\% CO_2)$ . Muscle tension was measured before and after addition of pharmacological agents with a Gould Recorder and Transducer Amplifier System (Gould 2200S, Cleveland, OH). Muscle strip viability was verified by the response to a 5 msec, supramaximal electrical stimulation at a frequency of 0.2 Hz. Electrical stimulations were generated by a stimulator (Grass S44, Quinsy, MA) using a pair of parallel-flanking platinum electrodes.

## Diagnosis

For the diagnosis of MH susceptibility, six muscle strips were tested: the 3% halothane contracture test was done on three strips, and the caffeine dose-response contracture test was done on the three remaining strips. The criteria for a positive diagnosis were in accordance with the NAMHG recommendations:<sup>11</sup>

- 1 contracture  $\geq 0.7$  g after exposure to 3% halothane;
- 2 tension  $\ge 0.2$  g at 2 mmol  $\cdot$  L<sup>-1</sup> caffeine, or a caffeinespecific concentration (CSC) < 4 mmol  $\cdot$  L<sup>-1</sup> caffeine, or an increase of >7% of maximal tension above the baseline at 2 mmol  $\cdot$  L<sup>-1</sup> caffeine.

Patients were diagnosed as MH-susceptible even if only one of his or her muscle strips demonstrated an abnormal contracture response after exposure to either 3% halothane alone or caffeine alone.<sup>11</sup>

## 1% halothane contracture test

If enough tissue remained following the diagnostic tests, a 1% halothane contracture test was performed on two additional strips (one in the presence of 0.1 mmol  $\cdot$  L<sup>-1</sup> cocaine and the other in the absence of cocaine) to determine whether cocaine potentiates the halothane response. The test sequence was as follows:

- 1 addition of 0.1 mmol  $\cdot$  L<sup>-1</sup> cocaine followed by a tenminute recording interval.
- 2 addition of 1% halothane followed by ten-minute recording interval.

The halothane contracture test without cocaine was performed in the same sequence except that cocaine was not added. Baseline change during administration of 1% halothane was measured as evidence of the effects of halothane. The maximum time from muscle excision to testing was 4.5 hr. Cocaine hydrochloride was diluted with double-distilled water and was made fresh daily.

#### Data analysis

Data from the MH-susceptible and MH-non-susceptible groups were analyzed and compared by the following methods: chi-square test to study the sex distribution, Student's t test to compare age distribution and the % decrease of twitch height induced by cocaine. Kruskal-Wallis one-way analysis of variance followed by the Wil-

Patient	3% Halothane contracture test Contracture $\geq 0.7 \text{ g}$			Caffeine contracture test								
				$CSC < 4 mmol \cdot L^{-1}$			Contracture at 2 mmol $\cdot$ L <sup>-1</sup> > 0.2 g			Change in response > 7% at 2 mmol $\cdot L^{-1}$		
	Strip 1	Strip 2	Strip 3	Strip 1	Strip 2	Strip 3	Strip 1	Strip 2	Strip 3	Strip 1	Strip 2	Strip 3
Si	0.5	0.3	0.7*	5.4	6	4.8	0	0	0	0	0	0
S2	0.5	0.5	1*	3.7*	4.3	9.5	0	0.2	0	0	5.5	0
S3	1.8*	1.9*	1*	3*	2.4*	3.4*	0.5*	0.9*	0.3*	8.8*	16.3*	5.4
S4	1.4*	1.5*	0.6	2.9*	2.9*	3.6*	0.5*	0.6*	0.5*	11.6*	12.2*	15.1*
S5	l*	0.3	0.3	5.2	4	5	0	0	0	0	0	0
S6	2.4*	1.2*	1*	4.4	3.6*	3.6*	0.1	0.2	0.4*	2.4	3.9	9.5*
S7	4.1*	5.5*	1.9*	2.3*	2.2*	2.3*	0.6*	0.8*	0.7*	5.7	14.8*	8.4*
S8	1.1*	1*	1.6*	5.8	7	9	0.1	0	0	3.8	0	0
S9	1.9*	1.9*	0.9*	1*	2*	0.75*	1.8*	1*	2.4*	18*	10.9*	31.2*
S10	0.4	0.4	0.9*	3.8*	5.6	3.4*	0	0	0	0	0	0
N1	0.1	0.1	0	5.6	12.5	4.4	0	0	0	0	0	0
N2	0	0	0	12	7.4	5.4	0	0	0	0	0	0
N3	0	0	0	8	8	5.3	0	0	0	0	0	0
N4	0.1	0	0	6.5	6	5.6	0	0	0	0	0	0
N5	0.1	0.1	0.1	5	6	5.4	0	0	0	0	0	0
N6	0	0.1	0.1	11.5	9.5	6.5	0	0	0	0	0	0
N7	0	0	0	15	11	13	0	0	0	0	0	0
N8	0	0	0	4.3	6	14	0	0	0	0	0	0
N9	0	0	0	5	7	11.5	0	0	0	0	0	0
N10	0	0	0	5	7	5.8	0	0	0	0	0	0
N11	0.2	0	0.1	18	11	18	0	0	0	0	0	0
N12	0.1	0.2	0	9.5	5.4	7.2	0	0	0	0	0	0

TABLE Results of 3% halothane contracture test and caffeine contracture test

\*Meet NAMHG criteria.

CSC = Caffeine specific concentration; S = Patients diagnosed as MH-susceptible; N = Patients diagnosed as MH non-susceptible.

coxon rank-sum test was applied to compare the effect of cocaine on baseline tension in MH-susceptible and MH non-susceptible patients. A P value <0.05 was considered statistically significant.

## Results

### Diagnosis

The 3% halothane and caffeine contracture tests indicated that ten patients were MH-susceptible. Twelve patients were diagnosed as MH-non-susceptible (Table). Sex did not differ between groups: six men and four women were MH-susceptible and seven men and five women were MH-non-susceptible. Age also did not differ between groups: MH-susceptible, 25.3  $\pm$  10 yr; MH-nonsusceptible, 29.8  $\pm$  9.8 yr (mean  $\pm$  SD).

#### 1% halothane contracture test

Cocaine alone did not change baseline tension in any of the muscle strips in either group. However, it markedly decreased the twitch response (Figure 1). The % decrease of twitch height did not differ between groups: MH-susceptible,  $49 \pm 15\%$ ; MH non-susceptible,  $55 \pm 15\%$  (mean  $\pm$  SD).

Cocaine had virtually no effect on baseline tension during administration of 1% halothane (Figure 2). However, in the presence of 1% halothane alone, strips from two MH-susceptible patients showed strong contractures that decreased when cocaine was added. Strips from two other MH-susceptible patients showed strong contractures when 1% halothane was added after cocaine but showed no contracture with 1% halothane alone. Eight other muscle strips from MH-susceptible patients showed no response to 1% halothane in either the presence or absence of cocaine (Figure 2A). No muscle strips from MHnon-susceptible patients showed contracture in response to 1% halothane in either the presence or absence of cocaine (Figure 2B). The responses to 1% halothane of MH-susceptible patients were larger than that of MHnon-susceptible patients both in the presence and absence of cocaine (without cocaine, P = 0.01; with cocaine, P = 0.047).

## Discussion

The calcium agonist, BAY K 8644, potentiates the halothane-induced contracture of malignant hyperthermic muscle fibres.<sup>12,13</sup> Calcium channel blockers, such as verapamil, diltiazem, and nifedipine suppress



FIGURE 1 Representative tracings of contractures during 1% halothane administration in muscle strips from a MH non-susceptible patient (A,B) and a susceptible patient (C,D). Cocaine administration reduced the twitch height in both patients. However, no apparent change was observed in the baseline tension in either group after cocaine administration (B,D). Furthermore, 1% halothane also showed no contracture in the presence (B,D) or absence (A,C) of cocaine in both patients.



FIGURE 2 Change in baseline tension after administration of 1% halothane in the absence (without cocaine) and presence (with cocaine) of cocaine in MH susceptible patients (A, n = 10) and non-susceptible patients (B, n = 12). The box plot shows the interquartile range, with the middle line representing the median. The bottom and top of the bar represents 10% and 90% respectively.

halothane-induced contractures in MH-susceptible patients.<sup>14.15</sup> The effects of these drugs on calcium release and uptake mechanisms in the muscle cell appear to play an important role in their effects on muscle strips from MH-susceptible patients.

Cocaine at concentrations  $< 0.1 \text{ mmol} \cdot \text{L}^{-1}$  causes coronary and aortic smooth muscle contraction, which may be mediated by increases in intracellular calcium.<sup>16,17</sup> Therefore, in the MH susceptible patient, it has been speculated that cocaine further deranges the already abnormal handling of calcium. Combining the two case reports cited in the introduction and the effect of cocaine on calcium handling discussed above, we expected that cocaine might potentiate the baseline tension and/or the contracture induced by 1% halothane. However, in our experiment cocaine affected neither the baseline tension nor the muscle contracture induced by 1% halothane. Therefore, cocaine does not have effects on the skeletal muscle of MH-susceptible patients.

In our study, the direct effects of cocaine on skeletal muscle were observed with the preparations under baseline tension and in the presence of 1% halothane. We used 1% halothane as a "weak trigger" to verify if cocaine could have any additive or synergistic effect. Because 3% halothane causes strong contractures in muscle from MH-susceptible patients it would be difficult to evaluate the effect of weak triggers in its (3% halothane) presence. Indeed, because the caffeine contracture test alone may have a high false-negative rate, some laboratories use caffeine in the presence of 1% halothane.<sup>18</sup> Furthermore, Britt *et al.*<sup>19</sup> used only 0.8% halothane in their study that compared the combined effects of several inhalational anaesthetics on caffeine-induced contractures of muscle from normal and MH-susceptible patients.

Escobedo et al.<sup>20</sup> reported that subjects who died after smoking crack (chemically purified, very potent cocaine in pellet form which is smoked through a glass pipe) or free-base cocaine had lower blood cocaine levels at autopsy than subjects who died as a result of using cocaine hydrochloride. They also reported that blood cocaine hydrochloride concentrations were >0.1 mmol  $\cdot$  L<sup>-1</sup> at autopsy. The concentration of cocaine hydrochloride used in our experiments is equivalent to the plasma concentrations in these patients with cocaine intoxication.

It was previously thought that amide local anaesthetics were contraindicated in MH-susceptible patients<sup>10</sup> because they enhance contraction coupling of skeletal muscle.<sup>21</sup> However, in MH-susceptible pigs, high doses of intravenous lidocaine caused systemic toxicity but no evidence of a MH crisis.<sup>22</sup> Indeed, mepivacaine and lidocaine, both amide anaesthetics, have been used successfully in MH-susceptible patients and swine.<sup>23,24</sup> Amide local anaesthetics have proved safe for MH-susceptible patients.<sup>10</sup> Our results suggest that cocaine, one of the ester local anaesthetics, also is safe for MH-susceptible patients.

Our results show that cocaine, even in toxic levels, does not affect the baseline tension and response to 1% halothane in muscle strips from MH-susceptible patients. These results indicate that cocaine may not trigger MH crisis directly at skeletal muscle and that cocaine can be used for MH-susceptible patients in clinical practice.

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