
Book Reviews

Atlas of Pain Management Injection Techniques

Steven D. Waldman. WB Saunders Company, 2000.

376 pages. \$224.00. ISBN 0-7216-8504-8

This very comprehensive reference book appears to be another version of a previous text brought out by the same author entitled *Atlas of Interventional Pain Management*.

The text is comprehensive and covers many areas which are usually not seen in a pain clinic. There are chapters on the wrist, knee and foot which contain conditions which would be unusual to find in a pain clinic and would be more commonly found in the practice of orthopedics, rheumatology and physical medicine. However, as those of us who spend considerable time treating patients with chronic pain know, the odd unusual condition appears from time to time and it is for this reason that this reference book would be very useful.

The layout of each chapter is clear, concise and easy to read. Diagrams are easy to follow and not overly cluttered with excessive detail. My only criticism falls under the heading of "Clinical Pearls" where the author describes many of the techniques as being extremely effective in the treatment of the particular condition being discussed. It has been my experience that many of these conditions are not extremely responsive to injection techniques and have to be treated with concurrent physiotherapy, pharmacology and psychological intervention.

For the difficult to diagnose occasional patient seen in clinics, this represents a quick, easy to follow guide on techniques which most of us have seen very occasionally or sometimes not at all.

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