
Hypothesis

Succinylcholine, cholinceptors and catecholamines: Proposed mechanism of early adverse haemodynamic reactions

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An hypothesis is proposed to account for the occurrence of adverse haemodynamic reactions to succinylcholine. Interaction of succinylcholine with cholinergic receptors is postulated to result in release of endogenous catecholamines (predominantly norepinephrine). The occurrence and the clinical manifestations of the adverse reactions would be dependent on the extent of the release. Based on literature reports of findings in experimental animals with nicotinic and muscarinic agents, a mechanism for the release of norepinephrine is outlined. Interaction of succinylcholine with muscarinic and nicotinic receptors is proposed to result in an initial activation which is followed by a phase of chemical insensitivity. Activation of the presynaptic nicotinic receptors on the postganglionic sympathetic terminals leads to a short-lasting release of norepinephrine. Activation of the presynaptic muscarinic

receptors produces attenuation of the norepinephrine release. In the majority of patients these opposing actions are balanced and the net result is small, variable, and of little clinical importance. An unbalanced response leading to clinical manifestations can be expected if the two types of the presynaptic cholinceptors are differentially activated.

Key words

COMPLICATIONS: arrhythmias, succinylcholine;
NEUROMUSCULAR RELAXANTS: succinylcholine;
SYMPATHETIC NERVOUS SYSTEM: catecholamines,
cholinceptors; PARASYMPATHETIC NERVOUS SYSTEM:
cholinceptors.

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In the vast majority of patients the administration of succinylcholine is not accompanied by clinically significant adverse reactions. In a minority of patients, however, undesired cardiovascular effects of variable magnitude and severity have been observed and recently reviewed.¹⁻⁹ Information about the mechanisms producing these adverse reactions is sparse or lacking.

The purpose of this article is threefold:

- I. To describe briefly the adverse cardiovascular effects of succinylcholine and their reputed causes.
- II. To present the hypothesis that the adverse reactions to succinylcholine are attributable, at least in part, to the interaction between succinylcholine and the specific cholinergic receptors.
- III. To interpret the effects noted under I in terms of the proposed hypothesis.

I. Early adverse cardiovascular effects of succinylcholine

Minor alterations of heart rate and blood pressure are commonly observed after bolus intravenous

administration of succinylcholine ($1 \text{ mg} \cdot \text{kg}^{-1}$).¹⁰ Initial bradycardia is followed by the return of the heart rate to normal (i.e., preinjection) or to slightly higher levels. In infants, bradycardia is observed after the intravenous¹¹ but not after the intramuscular injection of succinylcholine.^{12,13} Bradycardia in adults is more pronounced after the second or subsequent doses of succinylcholine,¹⁴ especially if the time interval between the two doses is in the range of two to five minutes.^{15,16} A slow intravenous infusion of succinylcholine is seldom accompanied by cardiovascular alterations.^{17,18}

The mechanism leading to these cardiovascular effects of succinylcholine is not clear. Most reports attribute bradycardia to the stimulation of the muscarinic receptors present in the sino-atrial node. This can clearly not be the sole explanation since it does not account for the more frequent incidence of bradycardia either in children or after repeated injection. The claim that children are "relatively sympathicotonic individuals"¹⁶ was not substantiated and is not convincing. Neither is the postulate that metabolites of succinylcholine (succinylmonocholine and choline) sensitize the heart to subsequent doses of succinylcholine¹⁹ since intravenous infusion of equal or larger amounts of succinylcholine does not produce such "sensitization." Moreover, this proposal does not provide an explanation for bradycardia in children or for the relatively short time period when the administration of the second dose of succinylcholine is especially apt to cause bradycardia in adults. The fact that atropine, a muscarinic blocking agent, is effective for the prevention of the bradycardic response in clinical practice does not help clarify the pharmacologic problem. Atropine prevents activation of the cardiac muscarinic receptors and thus only permits an unopposed expression of the extant sympathetic activity.

Severe haemodynamic crises, including cardiac arrest, have been reported in patients with burns, tetanus, spinal cord transection, or lower motor neuron injury²⁰ and, more recently, in a patient after irradiation.²¹ Increased serum potassium has been observed frequently during these crises.²⁰ Cardiovascular collapse has been conveniently ascribed to this hyperkalaemic response, sometimes even in the absence of documented hyperkalaemia.²² A mechanism leading to hyperkalaemia has been outlined for patients with lower motor neuron lesions (denervation)²⁰ but not for the other clinical situations.

Pretreatment of patients with different pharmacologic agents is employed, with variable benefits, to attenuate adverse reactions to succinylcholine that are not related to the cardiovascular system. For this purpose a small dose of a non-polarizing muscle relaxant,²³⁻²⁵ lidocaine,^{26,27} diazepam²⁸⁻³¹ or succinylcholine itself ("self-taming")³² have been used. Conspicuously, the effects of such pretreatment on the cardiovascular effects of succinylcholine were not tested. A small dose of d-tubocurarine was, however, reported to prevent bradycardia from the second dose of succinylcholine.^{33,34} As an explanation, Mathias *et al.*³⁴ proposed the bradycardia represents the reflex response to stimulation of the baroreceptors by succinylcholine; d-tubocurarine would prevent this stimulation without affecting the heart directly. Nevertheless, this very attractive interpretation still does not explain why the second dose of succinylcholine causes bradycardia more often than does the first nor why bradycardia occurs more frequently in children.

II. Interaction of succinylcholine with cholinergic receptors: the proposed hypothesis

Statement of the hypothesis:

Succinylcholine produces a release of endogenous catecholamines. The interplay among the effects produced by the liberated catecholamines, the anaesthetic agent, and the pronounced hyperkalaemia (if present) determines the occurrence and the clinical pattern of the early adverse haemodynamic reactions.

The presentation of the hypothesis will proceed from the description of the basic pharmacologic information about cholinergic receptors and catecholamines, to the exposition of the hypothesis, and finally, to the interpretation of the previously reviewed clinical observations.

Cholinergic drugs and cholinergic receptors

Succinylcholine causes a failure of neuromuscular transmission by interacting with the postsynaptic nicotinic receptor on the endplate.³⁵ The initial reaction is the depolarization of the endplate (initial stimulation) followed by the inability of the endplate to respond to subsequent stimulation by acetylcholine (muscle paralysis). This sequence of events – an initial stimulation and a subsequent inhibition – is also observed with some other drugs that interact with nicotinic receptors. Nicotine itself

is the best known example of these agents and its very complex pharmacologic and toxic effects are due to such a biphasic reaction of the nicotinic receptors.³⁶ When administered to animals, nicotine produces muscle paralysis, a contracture of denervated skeletal muscles, and alterations in blood pressure and heart rate.³⁶⁻³⁸ The similarity of these responses to those of succinylcholine is obvious. Interaction of nicotine with receptors in the autonomic ganglia and in the striated muscles, facilitation of ganglionic transmission,³⁹ and stimulation of the nicotinic receptors on the sensory terminals of the autonomic afferents³⁷ account for many of these effects. Nicotine also elicits pharmacologic responses in isolated tissues devoid of ganglionic cells: nicotine or acetylcholine (the latter in the presence of atropine) produce both positive chronotropic and positive inotropic effects in isolated heart preparations,^{40,41} contracture of the isolated spleen,⁴² and constriction of the isolated middle ear artery of the rabbit.^{43,44} All of these effects in isolated organs are explained by the nicotine-induced release of catecholamines, predominantly norepinephrine.

Taking the isolated rabbit heart preparation as a model, the following phenomena have been observed:

(a) The release of norepinephrine occurs as a burst immediately on exposure to a nicotinic agent. The release is short-lived even though perfusion with the agonist is continued ("explosive release").⁴⁵ Norepinephrine, rather than its metabolic products, constitutes the major fraction of the tritiated compounds released from the rabbit atria prelabeled with ³H-norepinephrine.⁴⁶

(b) The second dose of the same or of another nicotinic agonist shortly after the first dose results in an attenuated or an absent release of norepinephrine.⁴⁷

(c) The release of norepinephrine is inhibited by pretreatment with a ganglionic blocking agent^{45,48} or d-tubocurarine.^{40,49} Hexamethonium, however, does not inhibit norepinephrine release evoked by electrical nerve stimulation.⁵¹

(d) An initial exposure of the isolated tissues to a very small concentration of a nicotinic agonist does not cause a release of norepinephrine and yet it prevents such a release when the same tissues are subsequently exposed to higher concentrations of the agonist.⁴⁵

(e) The release of norepinephrine is dependent on

the presence of ionized calcium in the bathing solution. This is in contradistinction to the calcium-independent release of norepinephrine by tyramine.⁴⁷

(f) Although the release of norepinephrine ceases on continuous exposure to a nicotinic agonist, subsequent electrical stimulation of the postganglionic sympathetic fibres to the isolated heart does produce the release of norepinephrine.⁵¹

Analogous findings have been observed in other isolated tissues.^{44,52-54}

All of these findings in isolated organs and tissues were interpreted by postulating the existence of *presynaptic nicotinic receptors* on the postganglionic sympathetic terminals (Figure 1). Stimulation of these receptors leads to a release of norepinephrine. Their inactivation, however, does not affect the release of norepinephrine evoked by physiologic stimuli traversing the postganglionic sympathetic fibres. The brief duration of norepinephrine release elicited by nicotinic agonists is attributed to a short-lasting activation of the receptors and their subsequent conversion to an inactive state – desensitization. Very small concentrations of nicotinic agonists are postulated to convert the nicotinic receptors from an active (responsive) to a desensitized state without apparent previous activation.⁵⁴

In addition to these presynaptic nicotinic receptors, a large body of evidence has been accumulated to show the existence of *presynaptic muscarinic receptors* on the postganglionic sympathetic fibres.⁵⁵ Activation of these receptors inhibits the release of norepinephrine elicited either by nicotinic drugs⁵⁶ or by electrical stimulation of the postganglionic sympathetic fibres⁵⁷ (Figure 1). Since acetylcholine stimulates both the nicotinic and the muscarinic presynaptic receptors on the sympathetic terminals, pretreatment with atropine is required to elicit the maximal release of norepinephrine.⁵⁶ Atropine by itself has no effect on norepinephrine release elicited by electrical stimulation.⁵⁰ The presynaptic muscarinic inhibitory receptors are activated by a much lower concentration of a cholinergic agonist than are the presynaptic facilitatory nicotinic receptors.⁵⁵ These muscarinic receptors also show a desensitization phenomenon.^{58,59} A direct comparison of durations of desensitizations of the two receptor types is not available; there is some indication that the desensitization of the muscarinic receptors is shorter-lasting.^{58,59}

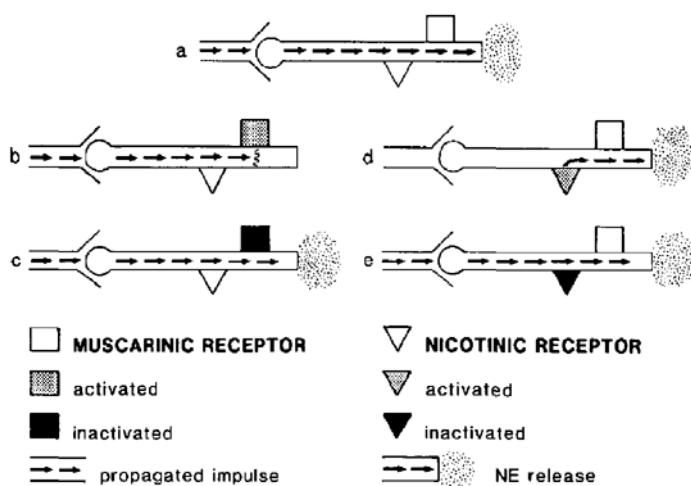


FIGURE 1 Schematic representation of the presynaptic cholinergic receptors on the sympathetic terminals. (a) The physiologic impulse is propagated along the postganglionic sympathetic fibre and liberates norepinephrine at the terminal. Presynaptic cholinergic receptors, one muscarinic and the other nicotinic, are diagrammed. (b) Activation of the presynaptic muscarinic receptor attenuates or abolishes the release of norepinephrine. (c) Inactivated presynaptic muscarinic receptor does not interfere with the release of norepinephrine by the physiologic stimulus. (d) Activation of the presynaptic nicotinic receptor produces a brief release of norepinephrine even in the absence of physiologic stimuli. (e) Inactivated presynaptic nicotinic receptor does not interfere with the release of norepinephrine by the physiologic stimulus. See text for details.

The hypothesis

Taken together, all of these previously reported observations permit a fresh look at the pharmacologic actions of succinylcholine as a cholinergic agent. The hypothesis, explicitly stated earlier, is based on the following postulates:

(1) Succinylcholine is a cholinergic agent that, like acetylcholine, interacts with the muscarinic as well as with the nicotinic receptors. The efficacy of succinylcholine⁶⁰ may be different at different receptor sites.

(2) Succinylcholine initially activates both the postsynaptic and presynaptic receptors of either type. The initial activation is followed by a period of reduced chemosensitivity of the receptors (desensitization).⁶¹

(3) Desensitization of the nicotinic receptors outlasts that of the muscarinic receptors (no experimental proof is presently available).

The hypothesis that succinylcholine releases endogenous catecholamines is diagrammatically presented in Figure 2. Two nicotinic receptors (one postsynaptic on the endplate of the skeletal muscle

and the other presynaptic on the sympathetic nerve terminal) together with two muscarinic receptors (one postsynaptic on or around the sino-atrial node and the other presynaptic on the sympathetic nerve terminal) are simultaneously exposed to succinylcholine which is assumed to have been administered by an intravenous bolus injection. Interaction of all these receptors with succinylcholine produces a very brief activation. The activation is immediately followed by a period of insensitivity to chemical stimulation – most probably desensitization of the receptors. As postulated, the desensitization lasts longer for the nicotinic than for the muscarinic receptors. Clinically, activation of the nicotinic receptors on the end-plate is manifest as a brief period of skeletal muscle activity (fasciculation) and the subsequent period of desensitization as a flaccid paralysis. Interaction of succinylcholine with the cholinergic receptors at the sympathetic terminals leads to a less well defined clinical picture and is clearly dependent on the relative extent of activation and inhibition at these sites. Initial activation of the nicotinic receptors on the sympathetic terminals

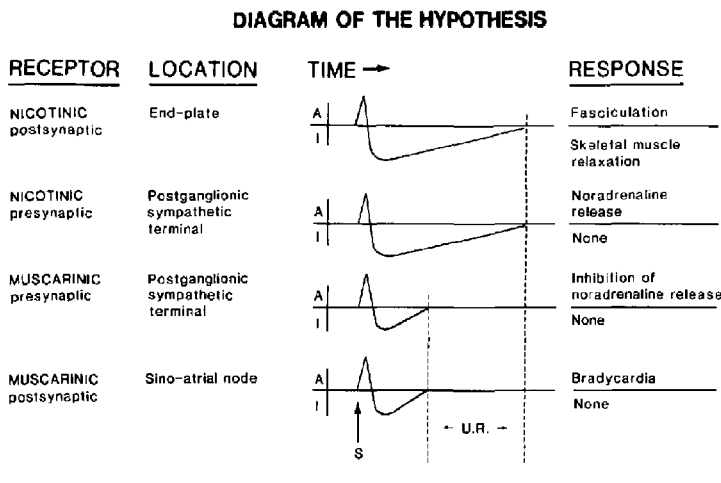


FIGURE 2 Diagrammatic representation of the hypothesis. A = Activation, I = Insensitivity to stimulation by a cholinergic agonist, U.R. = Proposed period of unbalanced response when the second administration of succinylcholine can activate the muscarinic but not the nicotinic receptors, S = IV administration of succinylcholine. Response refers to the pharmacologic response produced by activation or insensitivity, above and below the horizontal line, respectively, of the corresponding receptors.

in the myocardium, and elsewhere, causes the release of norepinephrine. Initial activation of the postsynaptic muscarinic receptors at the sino-atrial node produces bradycardia. The bradycardia is brief due to the counter-action of norepinephrine released by the activation of the presynaptic nicotinic receptors. The release of norepinephrine is, however, opposed by the activation of the presynaptic muscarinic receptors on the sympathetic terminals. Due to the mutually opposing effects resulting from the activation of these cholinergic receptors by succinylcholine, the net effect is small and variable.

In other words, succinylcholine usually produces *balanced* and clinically inconspicuous cardiovascular effects. If for whatever reasons — premedication, pharmacologic inhibition or anatomical underdevelopment of the individual receptors — one group of receptors is activated more than the other, an *unbalanced* and clinically manifest cardiovascular response to succinylcholine results.

Clinical correlates

Specific examples of the unbalanced haemodynamic responses to succinylcholine can now be given. It will be seen that these situations corre-

spond to those described in the Introduction when succinylcholine was noted to produce adverse reactions.

(a) A second intravenous bolus injection of succinylcholine might be expected to lead to an unbalanced response if succinylcholine is administered during the interval when (1) the muscarinic receptors have already recovered their full chemo-reactivity, and (2) the desensitization of the nicotinic receptors still persists. The expected result is bradycardia (Figure 2). Such a "window" for the bradycardic effect of the second injection of succinylcholine is consistent with clinical observations. The bradycardic response can be attributed to the activation of the postsynaptic muscarinic receptors around the sino-atrial node and of the presynaptic muscarinic receptors on the sympathetic terminals. The latter effect would attenuate the release of norepinephrine even when such were to be elicited by physiologic regulatory mechanisms. This interpretation offers a plausible explanation for the observation that the intramuscular or intravenous administration of atropine before anaesthesia "did not protect against bradycardia or cardiac arrest after the second dose of suxamethonium."⁶²

(b) The bradycardic response to succinylcholine

in infants and children indicates a deficient nicotinic response. The anatomic basis for this deficiency is seen in the lag of the development of the sympathetic terminals in the myocardium of newborn and young animals.⁶³⁻⁶⁵ Whereas the parasympathetic fibres to, and the postsynaptic muscarinic receptors of, the heart develop early, sympathetic terminals develop later; morphologic and pharmacologic studies^{66,67} are in full conformity on this point. Norepinephrine stores in the heart during foetal development are present only in the "preterminal nerve trunks" that do not penetrate into the ventricular myocardium.⁶⁶ The mature type of sympathetic innervation and pharmacologic reactivity to agents that release norepinephrine from the sympathetic terminals are first seen at different postnatal intervals in different species.^{63,68}

(c) The so-called "self-taming" effect of succinylcholine³² can be easily understood as an onset of desensitization of the cholinergic receptors without an apparent antecedent activation. This explanation accounts also for the minimal haemodynamic effects observed when succinylcholine is administered by slow infusion or by intramuscular injection rather than as a bolus intravenously. Both of these methods of succinylcholine administration result in a slow rate of interaction of succinylcholine with the cholinergic receptors and, therefore, only minimal activation or none at all; the inactivation of the endplate receptors and, hence, muscle relaxation remain unaffected.

(d) Clinical situations most frequently associated with early haemodynamic crises after the administration of succinylcholine share an altered state of the sympathetic nervous system as their common denominator. The hypermetabolic state of a burned patient is attributed to the increased sympathetic activity⁶⁹ which, if extensive and prolonged, may lead to a complete exhaustion of the adrenergic system.⁷⁰⁻⁷² In patients with tetanus, hypertensive crises and the frequent occurrence of arrhythmias indicate an increased activity of the sympathetic nervous system.⁷³ As expected, the hyperreactivity is alleviated by appropriate use of adrenergic blockers and sedation.⁷⁴ Tetraplegic and, less so, paraplegic patients show supersensitivity to circulating adrenergic agonists.^{75,76} This supersensitivity may be ascribed to the absence of functionally active postganglionic sympathetic fibres (sympathetic denervation). In addition, in these patients the control of the sympathoadrenal system is postulated to occur

"through reflex spinal mechanisms uninhibited by supraspinal centers."⁷⁷ Activation of the sympathetic nervous system was also observed in massively traumatized patients.^{78,79} Finally, irradiation has been shown to increase the demand for catecholamines and to deplete markedly their stores in the adrenal medulla.⁸⁰

The administration of succinylcholine to patients suffering from the conditions described can be assumed to lead to the release of endogenous catecholamines which might be very much different from that observed in normal patients. The two extremes, either an abnormally high release or an absent response, could easily lead to clinical crises. The following findings make it obvious that the interaction between the increased levels of catecholamines on one side and the increased levels of extracellular potassium and the anaesthetic agents on the other, is multifaceted:

(1) Catecholamines, especially epinephrine, cause an initial, brief hyperkalaemia followed by prolonged hyperkalaemia.⁸¹⁻⁸⁵

(2) In dogs anaesthetized with pentobarbitone, adverse haemodynamic effects of toxic doses of potassium given by infusion are ameliorated by catecholamines.^{86,87}

(3) In dogs during cyclopropane anesthesia ("myocardial sensitization") epinephrine does not produce ventricular tachycardia if the concomitant hyperkalaemic response to epinephrine is prevented,⁸⁸ co-administration of potassium and epinephrine in these dogs, however, does produce cardiac irregularities.

Obviously, hyperkalaemia is but one biochemical change accompanying the administration of succinylcholine. As postulated, catecholamines released by succinylcholine might either produce effects on their own or modify the response to hyperkalaemia. It is the unbalanced interaction of succinylcholine with the cholinergic receptors and the responses elicited by catecholamines that lead to occasional haemodynamic crises in exceptional clinical situations.

III. Discussion

Any attempt to explain the events leading to haemodynamic crises after the administration of succinylcholine has to account for the following clinical observations: (a) Mild haemodynamic reactions or life-threatening crises occur only during the initial several minutes after the IV injection. (b) Clinically significant haemodynamic adverse effects

occur after the intravenous administration of customary doses of succinylcholine (about $1 \text{ mg} \cdot \text{kg}^{-1}$ IV). The apparent lack of the dose-response relationship for these complications is well illustrated by considering patients with deficient or aberrant pseudocholinesterase: these patients are exposed to high blood levels of succinylcholine for prolonged periods of time and yet there are no reports about clinically detrimental haemodynamic effects of succinylcholine during the prolonged apnoea. The absence of such effects has not been stressed in the past. (c) Succinylcholine does not inevitably cause haemodynamic crises in all patients deemed to be at risk. So, for example, several reports document uneventful use of succinylcholine in burn patients⁹⁰⁻⁹² and others document only an increased frequency of adverse reactions when compared to the control population.⁹³ Clearly, additional factors have to be considered as contributory in the occasional production of cardiac arrest.

Direct support for the presented hypothesis was recently obtained in anaesthetized patients.⁹⁴ Following induction of anaesthesia with thiopentone and maintenance with nitrous oxide and halothane, succinylcholine was injected intravenously and ventilation controlled using a mask and reservoir bag. Plasma levels of norepinephrine in arterial blood started to rise immediately after the injection of succinylcholine, peaked at three minutes and subsequently declined to preinjection levels (tenth minute). Elevation of plasma levels of epinephrine was less marked. The data are in agreement with the notion that succinylcholine activates the presynaptic nicotinic receptors on the postganglionic sympathetic terminals. Their activation results in a sudden but brief release of norepinephrine. Since the major portion of the liberated norepinephrine is disposed of locally by the uptake into neuronal and extraneuronal tissues, plasma levels reflect only the overflow.^{95,96} The wash-out from the tissues accounts for the relatively delayed appearance of the peak levels of norepinephrine in plasma. Once in the circulation, however, levels of norepinephrine decrease rapidly due to its very short initial half-life in plasma (about 2 minutes).⁹⁶ Since norepinephrine is released locally in the tissues, it is clear that the plasma levels of the catecholamine would not necessarily show a direct quantitative relationship to the magnitude of its effects. This point becomes very important if one considers that succinylcholine might cause

release of norepinephrine directly in the myocardium.

Many lines of evidence, both clinical and experimental, support the hypothesis that the release of endogenous catecholamines contributes significantly to the adverse effects of succinylcholine. In clinical practice, cardiac arrest, rather than the collapse of the peripheral circulation, is the principal finding. If resuscitative measures (cardiac massage) are applied early, the crisis can usually be terminated after only a brief effort (e.g.²²). The sudden but brief release of norepinephrine by succinylcholine and the very short half-life of the liberated catecholamine(s) are consistent with the underlying events in most situations. If, however, activation of the nicotinic receptors does not occur and, hence, there is no release of catecholamines, direct stimulation of the post-synaptic muscarinic receptors by succinylcholine may lead to pronounced bradycardia and even cardiac arrest in asystole (as has been observed in infants). It is important to note that similar changes in the electrocardiographic T-wave can be produced by catecholamines as well as by hyperkalaemia.⁹⁷⁻⁹⁹ Adverse effects of catecholamines can be expected to be more pronounced in the presence of hypoxia, hypercarbia and inhalational anaesthetic agents that "sensitize" the myocardium to catecholamines. In addition, laryngoscopy, tracheal intubation (e.g.¹⁰⁰) and the transfer of the patient to the operating table soon after intubation^{92,93} represent further sympathetic stimulation. Premedication with large doses of antimuscarinic drugs (atropine and glycopyrolate) has been shown to increase the incidence of dysrhythmias after succinylcholine-facilitated intubation.¹⁰¹ This finding is easily understandable in terms of the proposed interaction of succinylcholine with presynaptic muscarinic and nicotinic receptors on the sympathetic terminals: blockade of the muscarinic receptors by atropine leaves the activation of the presynaptic nicotinic receptors unopposed and consequential. Clearly, many factors influence the clinical picture of the adverse reactions to succinylcholine either by causing an additional liberation of, or altering the response to, the catecholamines.

Several experimental studies are also in full concordance with the proposed hypothesis. In agreement with a previous report,¹⁰² Tucker and Munson¹⁰³ found that the threshold arrhythmogenic dose of epinephrine in dogs under halothane anaes-

thetia is markedly decreased by a preceding bolus injection of succinylcholine. The authors concluded only that succinylcholine "increases the arrhythmogenicity of epinephrine" during halothane anaesthesia. A different interpretation can now be offered. If, as presently hypothesized, succinylcholine releases endogenous catecholamines, it is to be expected that the arrhythmogenic dose of exogenous epinephrine will be proportionately reduced. Lack of arrhythmogenic effects of succinylcholine reported by Wong *et al.*¹⁰⁴ is most likely due to the different mode of succinylcholine administration (infusion).

Norepinephrine may be released from its stores by mechanisms other than stimulation of the presynaptic nicotinic receptors. Independent of the nature of the release mechanism, however, the cardiac manifestations during halothane anaesthesia should be similar. This notion has been confirmed. Experiments of Condouris *et al.*^{97,105,106} demonstrate that the initial release of norepinephrine produced by tyramine, bretylium or guanethidine precipitates ventricular arrhythmias in cats during halothane anaesthesia. Plasma potassium levels were not determined.

There are two clinical areas in which the hypothesis may lead to reinterpretation of available data. First, the release of norepinephrine from the sympathetic terminals induced by activation of the presynaptic nicotinic receptors can be attenuated by a number of drugs.⁴⁷ In the context of the present discussion, inhibition produced by opiates,¹⁰³ barbiturates,¹⁰⁸ and by local and inhalational anaesthetic agents¹⁰⁹⁻¹¹¹ is noteworthy. These findings indicate that the induction of anaesthesia with ultra-short acting barbiturates and the maintenance of anaesthesia with inhalational anaesthetic agents may not only attenuate the hyperkalaemia response to succinylcholine^{112,113} but may also decrease the succinylcholine-induced release of catecholamines. Since all the modalities used to reduce the succinylcholine-induced fasciculation have also been shown to attenuate the release of norepinephrine elicited by stimulation of the nicotinic receptors *in vitro*, a similar response might be expected *in vivo* under clinical conditions. The recently presented clinical findings on the effects of precurarization on the prolongation of the QT interval produced by succinylcholine¹¹⁴ can now be explained using the proposed model. Second, catecholamines produce responses

on the denervated muscles^{115,116} as well as on the extraocular muscles¹¹⁵ which are akin to those observed clinically after succinylcholine. Whether the effect of succinylcholine on these structures is a direct one or one indirectly facilitated by catecholamines remains to be examined.

Concluding remarks

The presented hypothesis offers an explanation for many clinical observations that have been difficult to understand. In pharmacologic terms, the hypothesis presents succinylcholine as a rather unique drug. The singularity of succinylcholine, as discussed here, is based on its transient activation and subsequent desensitization of the presynaptic cholinergic receptors on the sympathetic nerve terminals; no other drug in clinical use today is known to act similarly. Thus far, all published discussions of the interaction between succinylcholine and the nicotinic receptors have been limited to the consideration of the postsynaptic receptors localized either at the endplate or in the autonomic ganglia.¹¹⁷ The novel model proposed here – interaction between succinylcholine and the presynaptic cholinergic receptors on the sympathetic terminals – is strongly supported by data from experiments in animals; direct support in humans under clinical conditions is necessary but may be difficult to obtain.

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Résumé

On propose une hypothèse pour expliquer les réactions hémodynamiques indésirables à la succinylcholine: l'interaction de la succinylcholine avec les récepteurs cholinergiques amènerait le larguage de catécholamines endogènes (surtout la norépinéphrine). Les manifestations cliniques de cette interaction dépendraient de l'importance du larguage. En se basant sur des données publiées de l'expérimentation animale avec des agents muscariniques et nicotiniques, on propose un mécanisme pour ce larguage de norépinéphrine. L'interaction de la succinylcholine avec le récepteur nicotinique ou muscarinique provoque une activation initiale suivie d'une phase d'insensibilité chimique. L'activation des récepteurs pré-synaptiques nicotiniques dans la terminaison sympathique post-ganglionnaire amène une libération brève de norépinéphrine. L'activation des récepteurs muscariniques pré-synaptiques produit l'effet opposé. Chez la majorité des patients, ces actions opposées sont balancées et le résultat final est de peu d'importance clinique. Une réponse non équilibrée amenant des manifestations cliniques peut survenir si les deux types de cholinoccepteurs sont activés différemment.