

Evaluation of the Humphrey A.D.E. breathing system

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A new breathing circuit (the Humphrey A.D.E., double lever model) was evaluated in adults to determine (1) the fresh gas flow (FGF) needed to achieve normocapnia during controlled ventilation and to just induce rebreathing during spontaneous ventilation, (2) end-expired CO_2 ($\text{P}\dot{\text{E}}\text{CO}_2$) at those FGF values, (3) the standard deviation of FGF requirements for controlled and spontaneous breathing (reliability of recommended FGF settings) and (4) the magnitude of change in $\text{P}\dot{\text{E}}\text{CO}_2$ produced by varying FGF from the recommended values (sensitivity of the system). The FGFs that provided normocapnia with controlled ventilation and just induced rebreathing with spontaneous ventilation were 67 ± 10 and $52 \pm 7 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ (mean \pm SD), respectively. $\text{P}\dot{\text{E}}\text{CO}_2$ values were 36.0 ± 0.3 and $41.6 \pm 3.9 \text{ mmHg}$ respectively. During controlled ventilation low reliability was offset by low sensitivity so that $\text{P}\dot{\text{E}}\text{CO}_2$ changed little when FGF was raised or lowered from recommended values ($0.2 \text{ mmHg/ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$). In contrast, during spontaneous ventilation low reliability was additive with high sensitivity when using FGFs lower than the mean value that just induced rebreathing. A threshold was reached where lowering FGF from recommended values caused large changes in $\text{P}\dot{\text{E}}\text{CO}_2$ ($1.1 \text{ mmHg/ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$). It is concluded that the FGF recommended by Humphrey for controlled ventilation is satisfactory. However, the FGF recommended by Humphrey for spontaneous ventilation may result in hypercapnia in some patients. This can be prevented either by using a higher FGF of $66 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ routinely in all patients or by using lower flows with CO_2 monitoring.

Key words

EQUIPMENT: ANAESTHETIC BREATHING SYSTEMS: Humphrey A.D.E.; VENTILATION: controlled, spontaneous.

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A new breathing circuit, the Humphrey A.D.E. system,* has been proposed as a low flow, universal anaesthetic breathing system.^{1,2} Results of clinical trials by Humphrey *et al.*¹⁻⁴ and others⁵⁻⁶ provide some support for this proposal. However, several important ventilatory characteristics of the system have not been examined.

With the circuit set for controlled ventilation, Humphrey *et al.* reported that a fresh gas flow (FGF) of $70 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ provided normocapnia in adults when a ventilatory volume of $140 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ was used.^{2,3} However, the FGF requirement for controlled ventilation reported by Humphrey *et al.*^{2,3} has been independently verified in only one preliminary study of five patients.⁵ Further, no data have been reported on the reliability of recommended FGF settings (the variability of the FGF required to produce normocapnia) or the sensitivity of the system (the magnitude of the change in end-expired CO_2 [$\text{P}\dot{\text{E}}\text{CO}_2$] produced by varying the FGF from the recommended value) for controlled ventilation.

With the circuit set for spontaneous ventilation, FGFs ranging from 45.6 ± 14.9 (mean \pm SD) to $56 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ were reported to just induce rebreathing (minimum inspired CO_2 rose from zero to 1-2 mmHg) in anaesthetized adults.^{1,3,5,6} However, the $\text{P}\dot{\text{E}}\text{CO}_2$ at the FGF that just induced rebreathing was reported only in one preliminary study of five patients.⁵ The reliability of FGF settings was reported in two studies,^{1,6} but no data have been reported on the sensitivity of the system for spontaneous ventilation.

The present study was designed to determine (1) the FGF needed to achieve normocapnia during controlled ventilation and to just induce rebreathing (minimum inspired $\text{CO}_2 > 2 \text{ mmHg}$) during spontaneous ventilation, (2) $\text{P}\dot{\text{E}}\text{CO}_2$ at those FGF values, (3) the standard deviation of FGF requirements for controlled and spontaneous breathing (reliability of recommended FGF settings) and (4) the magnitude of change in $\text{P}\dot{\text{E}}\text{CO}_2$ produced by varying the FGF from recommended values (sensitivity of the system). Independent verification of FGF requirements is important because it confirms that the FGF recommendations proposed by Humphrey *et al.*¹⁻⁴ were derived from a representative sample population. The

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reliability of recommended FGF settings is of interest because if the variability of FGF requirements is large, routine use of a mean value for FGF will result in a large proportion of patients being hypo- or hypercapnic. The sensitivity of the system is of interest because if large changes in $\text{P}\ddot{\text{e}}\text{CO}_2$ accompany an alternation of FGF, routine use of a mean value for FGF again will result in a large proportion of patients being hypo- or hypercapnic.

Methods

This study was approved by the Human Subjects Committee of the University of Washington, Seattle. Thirty-three adult patients undergoing elective, non-thoracic surgery and of ASA physical status I or II participated in the study. Patients received either no premedication or diazepam 10 mg PO 90 min prior to induction of anaesthesia. Anaesthesia was induced with thiopentone 3–4 mg·kg⁻¹ IV, the trachea was intubated using succinylcholine 1.5 mg·kg⁻¹ IV to enhance muscle relaxation, and anaesthesia was maintained with isoflurane (1.5 per cent, inspired) and nitrous oxide (60 per cent, inspired) in oxygen. Narcotics were not administered. Pancuronium ≥ 0.1 mg·kg⁻¹ IV was given to maintain muscle relaxation with no visible muscle twitch in response to percutaneous stimulation of the ulnar nerve. During this time ventilation was controlled using the double lever, non-coaxial version of the Humphrey A.D.E. system. A tidal volume of 12–15 ml·kg⁻¹ and a ventilator rate of 9–12 breaths·min⁻¹ were used to achieve the recommended ventilatory volume of 135–140 ml·kg⁻¹·min⁻¹.¹⁻⁴ Flowmeters on the anaesthesia machine were set to deliver a FGF of ≥ 80 ml·kg⁻¹·min⁻¹. To insure the accuracy of FGF delivery, the flowmeters on the anaesthesia machine were calibrated each day to a paediatric turbine-vane flowmeter (Boehringer Laboratories, Wynnewood, PA 19096). Peak end-expired isoflurane concentrations and inspired and expired CO₂ values were determined at 0.5–1.5 min intervals using mass spectroscopy (The Perkin-Elmer Corp., Pomona, CA 91767). Gas samples were obtained from the endotracheal tube at 6 cm distal (relative to anaesthesia machine) from the "Y" of the non-coaxial breathing circuit. At these ventilator settings $\text{P}\ddot{\text{e}}\text{CO}_2$ was < 34 mmHg in all patients.

Controlled ventilation

FGF and $\text{P}\ddot{\text{e}}\text{CO}_2$ values for controlled ventilation were examined in all patients. Values were determined after patients had been receiving isoflurane for ≥ 25 min and after the inspired concentration of isoflurane had been adjusted to provide a stable end-expired concentration of isoflurane of 1.0 per cent. All data were collected during a period of moderate surgical stimulation of deeper

tissues following incision of the skin and surgical exposure.

FGF PROVIDING NORMAL $\text{P}\ddot{\text{e}}\text{CO}_2$

To determine the normocapnic FGF value, ventilatory volume was continued at 135–140 ml·kg⁻¹·min⁻¹ and FGF was decreased from ≥ 80 ml·kg⁻¹·min⁻¹, in 0.25 L·min⁻¹ steps (5–6 min at each setting) until $\text{P}\ddot{\text{e}}\text{CO}_2$ stabilized at 36 mmHg. For the purposes of this study $\text{P}\ddot{\text{e}}\text{CO}_2 = 36$ mmHg was considered to be normocapnia. Arterial blood samples were obtained for blood gas analysis in 8/33 patients to confirm normocapnia. FGF at normocapnia was recorded for each patient and the values averaged to determine the mean FGF needed to provide normocapnia during controlled ventilation for this group. The reliability of the system was determined from the variability (standard deviation) of the FGF values providing normocapnia.

SENSITIVITY OF $\text{P}\ddot{\text{e}}\text{CO}_2$ TO ALTERED FGF

The FGF then was set at +10 and -10 ml·kg⁻¹·min⁻¹ from the normocapnic FGF (8–10 min at each setting), and $\text{P}\ddot{\text{e}}\text{CO}_2$ values recorded. Mean $\text{P}\ddot{\text{e}}\text{CO}_2$ at +10 and -10 ml·kg⁻¹·min⁻¹ from normocapnic FGF was used to calculate the magnitude of the change in $\text{P}\ddot{\text{e}}\text{CO}_2$ produced by varying the FGF from the recommended value during controlled ventilation.

Spontaneous ventilation

In 19/33 patients the FGF was continued at the high values used for controlled ventilation, and recovery from the effects of pancuronium was permitted. Once full recovery from pancuronium was complete (as assured by a normal muscle response to percutaneous stimulation of the ulnar nerve), patients were allowed to breathe spontaneously until stable $\text{P}\ddot{\text{e}}\text{CO}_2$ values were observed with no rebreathing of CO₂ (minimum inspired CO₂ of near zero). As above, all data were collected during a period of moderate surgical stimulation of deeper tissues and a stable end-expired concentration of isoflurane of 1.0 per cent.

FGF THAT JUST INDUCES REBREATHING

To determine the minimum FGF providing stable $\text{P}\ddot{\text{e}}\text{CO}_2$, FGF was lowered, in 0.25 L·min⁻¹ steps (5–6 min at each setting) until rebreathing occurred (minimum inspired CO₂ > 2 mmHg) without a detectable increase in $\text{P}\ddot{\text{e}}\text{CO}_2$. The mean of these FGF values was considered the minimum for providing stable $\text{P}\ddot{\text{e}}\text{CO}_2$. The reliability of the system was determined from the variability of FGF values that just induced rebreathing.

SENSITIVITY OF $\text{P}\ddot{\text{e}}\text{CO}_2$ TO ALTERED FGF

FGF then was lowered further, in 0.25 L·min⁻¹ steps

TABLE Fresh gas flow, end-expired CO₂ and ventilatory volume, mean \pm SD

	Fresh gas flow ml·kg ⁻¹ ·min ⁻¹	P _E CO ₂ mmHg	Ventilatory volume L·min ⁻¹
Controlled ventilation n = 33	77.4 \pm 10.4	34.8 \pm 0.5*	8.3 \pm 1.6
	67.4 \pm 10.3	36 \pm 0.3 (defined as normocapnia)	8.3 \pm 1.6
	57.4 \pm 10.2	38.8 \pm 0.9*	8.3 \pm 1.6
Spontaneous ventilation n = 19	54.9 \pm 7.2	41.6 \pm 3.8	8.8 \pm 1.7
	51.6 \pm 7.4	41.6 \pm 3.9	10.2 \pm 2.0‡
	48.3 \pm 6.8	45.1 \pm 4.2†	10.3 \pm 2.0‡

*Significantly different from P_ECO₂ at normocapnic FGF, $p < 0.05$.

†Significantly different from P_ECO₂ at FGF ≥ 51.6 ml·kg⁻¹·min⁻¹, $p < 0.05$.

‡Significantly different from ventilatory volume at FGF ≥ 54.9 ml·kg⁻¹·min⁻¹, $p < 0.05$.

(5–6 min at each setting), until P_ECO₂ values rose by more than twice the variability of the values on the mass spectrometer at stable P_ECO₂, i.e., an increase in P_ECO₂ of ≥ 3 mmHg from stable values. The mean of these lower FGF values was considered the FGF at which a significant increase in P_ECO₂ occurred during spontaneous ventilation. Mean P_ECO₂ at this FGF represented the magnitude of the change in P_ECO₂ produced by lowering FGF from the value that just induced rebreathing during spontaneous ventilation. Mean P_ECO₂ at the FGF step just prior to that which just induced rebreathing represented the magnitude of change in P_ECO₂ produced by raising FGF from the minimum value providing stable P_ECO₂. Respiratory rate and tidal volume were recorded for each step change in FGF during spontaneous ventilation. Ventilatory volume at each step change in FGF was determined as the product of respiratory rate and tidal volume.

P_ECO₂ values at altered FGF were compared to P_ECO₂ values at either the FGF providing normocapnia (controlled ventilation) or the FGF that just induced rebreathing (spontaneous ventilation) using Student's *t* test for paired values with the Bonferroni correction. A *p* value less than 0.05 was considered significant.

Results

Patient characteristics (mean \pm SD) were as follows: age = 39.9 \pm 15.8 years, and weight = 60.0 \pm 9.9 kg. There were 9 males and 24 females.

Controlled ventilation

The FGF providing normocapnia (P_ECO₂ = 36 mmHg) for controlled ventilation was 67.4 \pm 10.3 ml·kg⁻¹·min⁻¹ (mean \pm SD, Table). "Normocapnic FGF" was lower in females (63.8 \pm 10.5 ml·kg⁻¹·min⁻¹, $n = 24$) than in males (76.9 \pm 9.9 ml·kg⁻¹·min⁻¹, $n = 9$). Arterial blood samples obtained when P_ECO₂ = 36 mmHg (8/33 patients) confirmed normocapnia, with all PaCO₂ values

equalling 39–40 mmHg. At FGF +10 ml·kg⁻¹·min⁻¹ above normocapnic FGF, P_ECO₂ was 34.8 \pm 0.5 mmHg, a fall in P_ECO₂ of 1.2 mmHg from normocapnia. At FGF -10 ml·kg⁻¹·min⁻¹ below normocapnic FGF, P_ECO₂ was 38.8 \pm 0.9 mmHg, a rise in P_ECO₂ of 2.8 mmHg from normocapnia. The calculated mean P_ECO₂ change for alteration of FGF was 0.2 mmHg/ml·kg⁻¹·min⁻¹.

Spontaneous ventilation

During spontaneous ventilation P_ECO₂ was 41.6 \pm 3.9 mmHg when FGF was still set at high values. As FGF was lowered, rebreathing of CO₂ (minimum inspired CO₂ > 2 mmHg) without a detectable increase in P_ECO₂ occurred when FGF reached 51.6 \pm 7.4 ml·kg⁻¹·min⁻¹ (Table). "Rebreathing FGF" was lower in females (49.1 \pm 7.3 ml·kg⁻¹·min⁻¹, $n = 14$) than in males (59.1 \pm 7.4 ml·kg⁻¹·min⁻¹, $n = 5$). Significant increase in P_ECO₂ occurred when the FGF was further reduced to 48.3 \pm 6.8 ml·kg⁻¹·min⁻¹. Thus, the minimum FGF providing stable P_ECO₂ for spontaneous ventilation was 51.6 \pm 7.4 ml·kg⁻¹·min⁻¹. At the lower FGF, P_ECO₂ was 45.1 \pm 4.2 mmHg. The calculated mean P_ECO₂ change for reduction of FGF was 1.1 mmHg/ml·kg⁻¹·min⁻¹.

Ventilatory volume increased as FGF was lowered to the value where minimum inspired CO₂ exceeded 2 mmHg. However, ventilatory volume rose no higher as FGF was lowered below the value that just induced rebreathing and P_ECO₂ increased. That ventilatory volume did not increase when FGF was reduced to this low value identifies a potential hazard should any further reduction of FGF or increase of CO₂ production occur.

Discussion

When the Humphrey A.D.E. System is used, elimination of CO₂ from the lung is determined by two factors, namely ventilatory volume and FGF. During controlled ventilation there is a reciprocal relationship between these

two determinants so that as ventilatory volume is reduced FGF must be increased to maintain $\text{P}\ddot{\text{e}}\text{CO}_2$ constant and vice versa. During controlled ventilatory volume is set to a fixed high value. As FGF is lowered from high values, $\text{P}\ddot{\text{e}}\text{CO}_2$ increases until normocapnia is achieved. In our study we observed that a FGF of $67.4 \pm 10.3 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ provided normocapnia. Our results confirm the FGF value recommended by Humphrey for controlled ventilation ($70 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$).^{2,3} Our results also are in good agreement with a recent preliminary publication by Shulman and Brodsky who examined five patients during controlled ventilation and reported that normocapnia was achieved with a FGF of $70 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$.⁵ In both our study and the previous ones the ventilatory volume was set at $135\text{--}140 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$. That the mean FGF required for females was lower than for males is consistent with a previous report by Romano *et al.*⁷

Our results indicate that the variability of the FGF required to produce normocapnia for controlled ventilation is large (SD = 15 per cent of mean FGF). Only part of this variability can be accounted for by the magnitude of the step changes in FGF used here ($0.25 \text{ L}\cdot\text{min}^{-1}$). The step changes in FGF used here are similar to those used in previous studies ($0.1\text{--}0.5 \text{ L}\cdot\text{min}^{-1}$).^{2,3,6}

However, the low reliability of the recommended FGF setting for controlled ventilation is offset by the low sensitivity of the system when FGF is not set exactly at the normocapnic FGF. Varying the FGF by $\pm 10 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ from the mean FGF that provided normocapnia resulted in clinically insignificant changes in $\text{P}\ddot{\text{e}}\text{CO}_2$ ($1\text{--}3 \text{ mmHg}$). That low reliability was offset by low sensitivity is consistent with comments made about use of the Bain system for controlled ventilation.⁸

During spontaneous ventilation with the Humphrey A.D.E. system CO_2 elimination from the lung still is determined by ventilatory volume and FGF. However, ventilatory volume is not set at a fixed value but instead is determined by the patients' own respiratory rate and tidal volume. Respiratory rate and tidal volume also vary with surgical stimulation and depth of anaesthesia.⁹ In attempt to control these variables, data were collected only after a stable end-expired concentration of isoflurane had been achieved and when a moderate level of surgical stimulation was present. We observed that as FGF was lowered from high values patients initially maintained a stable $\text{P}\ddot{\text{e}}\text{CO}_2$ by increasing their ventilatory volume. As FGF was lowered further patients were unable to proportionately increase their ventilatory volume and rebreathing of CO_2 (defined as minimum inspired $\text{CO}_2 > 2 \text{ mmHg}$) occurred at a FGF of $51.6 \pm 7.4 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$. This value is consistent with previous reports of the FGF at which rebreathing occurs during spontaneous ventilation

with the Humphrey A.D.E. system during anaesthesia with halothane^{1,3,6} or isoflurane⁵ (range of 45.6 ± 14.9 to $56 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$). Based on the "rebreathing FGF" of about $52 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ determined in this study, the calculated FGFs to just induce rebreathing in 84 per cent (1 SD) and 97.5 per cent (2 SD) of patients are 59 and $66 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$, respectively. That the mean FGF required for females was lower than for males is consistent with a previous report by Romano *et al.*⁷

For the determination of "rebreathing FGF" in the present study, minimum inspired CO_2 was recorded during the inspiratory phase and rebreathing was defined as minimum inspired $\text{CO}_2 > 2 \text{ mmHg}$. It is possible that as FGF was lowered from high values, CO_2 was present in inspired gases at times other than when minimum inspired CO_2 occurred. CO_2 in inspired gases may stimulate ventilatory volume causing little change in $\text{P}\ddot{\text{e}}\text{CO}_2$ so long as patients are able to increase ventilatory volume. Had rebreathing been defined relative to mean inspired CO_2 , the FGF at which rebreathing occurred would have been higher than that reported here.

In the present study $\text{P}\ddot{\text{e}}\text{CO}_2$ at the FGF that just induced rebreathing was $41.6 \pm 3.9 \text{ mmHg}$. A previous preliminary study reported higher $\text{P}\ddot{\text{e}}\text{CO}_2$ ($49.6 \pm 3.7 \text{ mmHg}$) at the FGF that just induced rebreathing.⁵ However, in that preliminary study patients received meperidine $1 \text{ mg}\cdot\text{kg}^{-1}$ IM preoperatively. Thus, narcotic-induced respiratory depression may have contributed to the higher $\text{P}\ddot{\text{e}}\text{CO}_2$ reported in that preliminary study.

Our results indicate that the variability of the FGF that just induced rebreathing for spontaneous ventilation is large (SD = 14 per cent of mean FGF), indicating low reliability of the recommended FGF setting for controlled ventilation. This large variability in the FGF requirement is consistent with previous reports (SD = $10\text{--}33$ per cent of mean FGF).^{1,6} Further, the sensitivity of the system is high at FGFs ten per cent below the mean, although at FGFs ten per cent above the mean sensitivity falls to zero, i.e., $\text{P}\ddot{\text{e}}\text{CO}_2$ cannot be further reduced by increasing the FGF. That the sensitivity of the Humphrey A.D.E. system during spontaneous ventilation was high during low FGF but fell to zero at high FGF is consistent with a recent report by Jonsson on the sensitivity of the Lack system.¹⁰ The Lack system functions identically to the Humphrey A.D.E. system set in its "A" mode for spontaneous ventilation.³ Jonsson reported high sensitivity at low FGF and sensitivity of zero at $\text{FGF} > 5 \text{ L}\cdot\text{min}^{-1}$ with the Lack system. In contrast, in the same study high sensitivity at low FGF and moderate sensitivity at high FGF was reported with the Bain system.¹⁰

When FGF was lowered by $0.25 \text{ L}\cdot\text{min}^{-1}$ from the value that just induced rebreathing, patients did not increase their ventilatory volume and a detectable in-

crease in $P\dot{E}CO_2$ occurred. Lowering FGF by only $3 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ increased $P\dot{E}CO_2$ by 4 mmHg. That patients appeared to have reached maximum ventilatory volume for their level of anaesthesia suggests that further reduction of FGF would cause even greater, proportionate increases of $P\dot{E}CO_2$.

As regards clinical practice, our results suggest that, for controlled ventilation, using the recommended FGF ($70 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) with a ventilatory volume of $140 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ should prove satisfactory for usual adult patients (though perhaps not for patients with fever, sepsis or increased dead space to tidal volume ratios). It should not be necessary to monitor $P\dot{E}CO_2$ because of FGF of $70 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ provides normocapnia ($P\dot{E}CO_2$ of $36 \pm 0.3 \text{ mmHg}$) for > 95 per cent of patients. Though the variability of the FGF providing normocapnia for controlled ventilation was large ($SD = \pm 10 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$), varying the FGF by $\pm 10 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ resulted in clinically insignificant changes in $P\dot{E}CO_2$ (1–3 mmHg). However, for spontaneous ventilation $P\dot{E}CO_2$ was sensitive to reduction of FGF values below $51 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$. Lowering FGF by only $3 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ increased $P\dot{E}CO_2$ by 4 mmHg. Because patients appeared to reach maximum ventilatory volume by the time FGF was lowered to just induce rebreathing, any further reduction of FGF or increase of CO_2 production should proportionately increase $P\dot{E}CO_2$. Therefore for spontaneous ventilation a higher FGF of $66 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ should be used, or some measurement of adequacy of ventilation should be used, such as blood gas sampling, or monitoring $P\dot{E}CO_2$ or transcutaneous CO_2 .

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Résumé

Un nouveau circuit respiratoire (le Humphrey A.D.E., modèle à double levier) a été évalué chez l'adulte afin de déterminer 1) le débit de gaz frais (DGF) nécessaire pour atteindre un normocapnie durant la ventilation contrôlée et afin d'induire, à peine, la réinspiration durant une ventilation spontanée, 2) le CO_2 de fin d'expiration ($P\dot{E}CO_2$) à ces valeurs du DGF, 3) la déviation normale des exigences en DGF pour une respiration contrôlée et spontanée (la fiabilité des réglages recommandés du DGF) et 4) l'importance du changement dans la $P\dot{E}CO_2$ produite par la variation des valeurs de DGF recommandées (sensibilité du système). Les DGF produisant une normocapnie avec une ventilation contrôlée et une réinspiration à peine induite avec une ventilation spontanée étaient de 67 ± 10 et $52 \pm 7 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ (moyenne \pm SD) respectivement. Les valeurs de la $P\dot{E}CO_2$ étaient de 36.0 ± 0.3 et $41.6 \pm 3.9 \text{ mmHg}$, respectivement. Durant la ventilation contrôlée la faible fiabilité était contrebalancée par la faible sensibilité de telle sorte qu'il se produisait peu de changement dans la $P\dot{E}CO_2$ lorsque le DGF était plus élevé ou plus bas que les valeurs recommandées ($0.2 \text{ mmHg/ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$). Par contre, durant la ventilation spontanée la faible fiabilité s'ajoutait à la sensibilité élevée quand on utilisait des DGF allant au-dessous de la valeur moyenne qui induisait à peine la réinspiration. Un seuil était atteint quand le DGF se trouvant au-dessous des valeurs recommandées causaient des changements importants dans la $P\dot{E}CO_2$ ($1.1 \text{ mmHg/ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$). En conclusion, le DGF recommandé par Humphrey pour la ventilation contrôlée est satisfaisant. Cependant, le DGF recommandé par Humphrey pour la ventilation spontanée peut aboutir en hypercapnie chez certains patients. Ce résultat peut être prévenu en utilisant un DGF plus élevé à $66 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ de façon habituelle chez tous les patients ou en utilisant des débits plus faibles avec monitoring du CO_2 .