Thomas Murphy MD FRCPC,\* Roderick W. Landymore MD FRCSC,† Richard I. Hall MD FRCPC FCCP<sup>‡</sup>

# Midazolam-sufentanil vs sufentanil-enflurane for induction of anaesthesia for CABG surgery

Purpose: To compare the effects of midazolam-sufentanil (Group I) and sufentanil-enflurane (Group II) anaesthesia on myocardial oxygenation and metabolism in patients with preserved ventricular function undergoing CABG surgery.

**Methods:** Patients randomized to Group I (n = 16) received midazolam 0.3 mg·kg<sup>-1</sup> at induction of anaesthesia, 0.15 mg·kg<sup>-1</sup> after tracheal intubation, followed by an infusion of 2.5-10.0 µg·kg<sup>-1</sup>·min<sup>-1</sup>. Supplemental sufentanil (cumulative maximum of 5  $\mu$ g kg<sup>-1</sup>) was given for adverse haemodynamic responses. Group II (n = 16) received 5 µg·kg<sup>-1</sup> sufentanil at induction. Additional sufentanil (maximum 5 µg·kg<sup>-1</sup>), and enflurane (0-3% inspired concentration) were administered for adverse haemodynamic responses. Haemodynamics, myocardial oxygen consumption (MVO<sub>3</sub>), and lactate extraction were determined at the following times: 1) awake (AWA), 2) after induction (IND), and 3) after tracheal intubation (ETT).

Results: Systemic haemodynamics and myocardial metabolism were similar at AWA. Heart rate response was attenuated and  $MVO_2$  reduced in Group I at IND (P < 0.05). Following AWA, myocardial lactate production (MLP) occurred more frequently in Group II vs Group I patients (9/16 vs 2/16) and at more individual measurement points (Group II: 10/64 vs Group I: 3/64). Myocardial lactate flux demonstrated a deleterious trend in Group II at ETT. Conclusions: Compared with sufentanil-enflurane, midazolam-sufentanil anaesthesia resulted in comparable and

acceptable haemodynamics and myocardial oxygenation in CABG patients.

Objectif : Comparer les effets de l'anesthésie produite avec un mélange midazolam-sufentanil (Groupe I) à celle du mélange sufentanil-enflurane (Groupe II) sur le métabolisme et l'oxygénation du myocarde chez des patients dont la fonction ventriculaire est préservée et qui doivent subir un pontage aortocoronarien.

**Méthode**: Les patients assignés au Groupe I (n = 16) ont recu 0.3 mg·kg<sup>-1</sup> de midazolam lors de l'induction de l'anesthésie, 0,15 mg kg<sup>-1</sup> après l'intubation endotrachéale et une perfusion de 2,5-10,0  $\mu$ g kg<sup>-1</sup>·min<sup>-1</sup>. Du sufentanil supplémentaire a été administré, jusqu'à un maximum cumulatif de 5 µg·kg<sup>-1</sup>, pour contrer les réactions hémodynamiques défavorables. Le Groupe II (n = 16) a reçu 5  $\mu$ g·kg<sup>-1</sup> de sufentanil à l'induction. Du sufentanil additionnel, pour une dose maximale de 5 µg kg<sup>-1</sup> et de l'enflurane (par inhalation, en concentration de 0-3 %) ont été administrés dans le cas de réactions hémodynamiques indésirables. L'hémodynamique, la consommation d'oxygène du myocarde ( $MVO_2$ ) et l'extraction de lactate ont été déterminés aux temps suivants : 1) à l'éveil (ÉVE), 2) après l'induction (IND) et 3) après l'intubation endotrachéale (IET).

Résultats : L'hémodynamique générale et le métabolisme du myocarde ont été similaires à l'ÉVE. La réaction de la fréquence cardiaque a été atténuée et MVO, réduit dans le Groupe I à l'IND (P < 0,05). Après le réveil, la production de lactate myocardique (PLM) est survenue plus souvent chez les patients du Groupe II que chez ceux du Groupe I (9/16 vs 2/16) et selon des points de mesure plus individuels (Groupe II : 10/64 vs Groupe I : 3/64). Le flux de lactate myocardique a démontré une tendance à la nocivité dans le Groupe II au moment de l'IET.

Conclusion : L'anesthésie à base d'une combinaison de sufentanil et d'enflurane et celle qui utilise du midazolam et du sufentanil présentent une hémodynamique et une oxygénation myocardique comparables et acceptables chez les patients qui subissent un pontage aortocoronarien.

From the Department of Anaesthesia,\* Division of Cardiac Surgery,† and Department of Pharmacology and Surgery,‡ Maritime Heart Centre, Queen Elizabeth II Health Sciences Centre and Dalhousie University, Halifax, Nova Scotia, Canada.

Address correspondence to: Dr. Richard I. Hall, Department of Anaesthesia, Queen Elizabeth II Health Sciences Centre, Halifax Infirmary Site, 1796 Summer Street, Halifax, Nova Scotia, B3H 3A7 Canada. Presented in part at Canadian Anaesthetists' Society Annual meeting, Montreal, June 1991.

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LTHOUGH commonly used in cardiac anaesthesia,<sup>1,2</sup> midazolam is a potent vasodilator<sup>2,3</sup> and may impair coronary vascular autoregulation.<sup>4</sup> Studies employing the ECG<sup>1</sup> and transoesophageal echocardiography<sup>1,5</sup> have not demonstrated increased risk of myocardial ischaemia with midazolam. Myocardial lactate production (MLP) (i.e. coronary venous lactate concentration > systemic arterial lactate concentration) is a sensitive indicator of the development of myocardial ischaemia.<sup>6</sup> Utilizing MLP as a measure of ischaemia, the effect of midazolam-sufentanil anaesthesia (Group I) on myocardial oxygenation, metabolism and systemic haemodynamics was compared with that of sufentanilenflurane anaesthesia (Group II).

### Methods

With IRB approval and written informed consent, 32 patients with preserved ventricular function undergoing primary elective CABG were studied. As premedication, patients received 0.2 mg·kg<sup>-1</sup> morphine *im* and 0.5 mg·kg<sup>-1</sup> promethazine *im*. Following placement of a coronary sinus catheter, studies were performed at the following times: 1) awake (AWA); 2) after induction (IND); and 3) after tracheal intubation (ETT). Study measurements, calculations, and coronary sinus blood flow (CSBF) methodology have been described previously.<sup>7</sup> Myocardial lactate production was defined as myocardial lactate flux (MLF, µmol·min<sup>-1</sup>), as the product of CSBF and the coronary arteriovenous lactate concentration difference.

Baseline heart rate (HR) and mean arterial pressure (MAP) were recorded the day before operation. An adverse haemodynamic response was defined as a HR > 115% of baseline HR or an absolute limit of 115 bpm or a MAP >120% of baseline MAP of >60 sec duration.

Following AWA measurements, Group I received 0.3 mg·kg<sup>-1</sup> midazolam *iv* over three minutes. Induction measurements were made, followed by tracheal intubation and ETT measurements. Immediately after ETT, 0.15 mg·kg<sup>-1</sup> midazolam was infused over 15 min, followed by a variable-rate infusion of midazolam (2.5-10.0  $\mu$ g·kg<sup>-1</sup>·min<sup>-1</sup>) adjusted to maintain control of haemodynamic responses. Supplemental sufentanil (maximum 5  $\mu$ g·kg<sup>-1</sup> cumulative dose) was administered for adverse haemodynamic response. Patients randomized to Group II received 5  $\mu$ g·kg<sup>-1</sup> sufentanil at induction of anaesthesia. After ETT, adverse haemodynamic responses were treated with sufentanil (maximum 5  $\mu$ g·kg<sup>-1</sup> cumulative dose) and enflurane (0-3% inspired). All patients received 0.1 mg $\cdot$ kg<sup>-1</sup> pancuronium to facilitate tracheal intubation and muscle relaxation.

#### Statistical analysis

Repeated-measures ANOVA was used to determine between-group differences in haemodynamic, myocardial oxygenation, and metabolism data with post hoc analysis using Student t tests with Bonferroni correction. Power analysis determined that 16 patients per group were required to detect a 30% difference between groups in MLE with  $\alpha = 0.05$  and  $\beta = 0.80$ .

#### Results

Thirty-two patients were enrolled in the study. Study group demographics were comparable (Table I).

#### Pharmacological interventions

One Group I patient required sufentanil at IND. Three Group II patients required enflurane at IND and one required nitroglycerine. Total supplemental sufentanil dose was 2.5  $\mu$ g·kg<sup>-1</sup> (range: 1-5) in Group I and 1.2  $\mu$ g·kg<sup>-1</sup> (range: 0-5) in Group II. More Group I patients (14/16 vs 5/16) received prebypass sufentanil. Five Group II patients required no additional sufentanil supplementation after induction.

#### Systemic haemodynamics and myocardial oxygenation

Differences were confined to IND (Table II). Compared with Group II, Group I demonstrated lower MAP and Cardiac Index (CI), an attenuated HR response, a reduction in myocardial oxygen extraction (MOE) and myocardial oxygen consumption ( $MVO_2$ ) without a decrease in CSBF. The LVSWI was lower in Group I than in Group II.

TABLE I Patient Demographics. All results mean ± SD.

	GROUP I n = 16	GROUP
Age (yr)	63 ± 7	61 ± 10
Gender (M/F)	14/2	13/3
Weight (kg)	$83 \pm 14$	83 ± 12
LVEDP (mmHg)	$12 \pm 4$	$12 \pm 4$
Ejection Fraction (%)	68 ± 8	70 ± 8
Beta-Blocker	10	14
Calcium Channel Blocker	12	13
Previous MI	9	7
History of Hypertension	8	4
Diseased Vessels (n)	$2.5 \pm 0.63$	$3.0 \pm 0.34$

Group I = Midazolam - Sufentanil

Group II = Sufentanil - Enflurane

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TABLE II Haemodynamics and myocardial oxygenation. Results are mean  $\pm$  SEM. \*P < 0.05 vs SE.

	STUDY TIMES			
	Group	AWA	IND	ETT
HR (bpm)	I	59 ± 2.1	52 ± 1.9*	72 ± 2.5
	11	59 ± 2.5	68 ± 3.3	69 ± 3.4
MAP (mmHg)	I	95 ± 3.3	69 ± 2.6*	88 ± 3.3
	II	92 ± 2.3	84 ± 4.5	82 ± 3.8
CI (l·min <sup>-1</sup> ·m <sup>-2</sup> )	I	$3.06 \pm 0.19$	$2.64 \pm 0.11*$	$3.21 \pm 0.12$
	II	$2.89 \pm 0.15$	$3.31 \pm 0.20$	$3.23 \pm 0.19$
SVRI (dynes-sec				
·cm <sup>-5</sup> ·m <sup>-2</sup> )	I	$2289 \pm 108$	1836 ± 80	$2022 \pm 109$
	II	$2343 \pm 123$	1779 ± 100	$1812 \pm 100$
LVSWI				
(g·m·m <sup>-2</sup> ·bcat <sup>-1</sup> )	I	84 ± 4.3	50 ± 3.0*	65 ± 3.5
	II	75 ± 4.3	66 ± 5.4	63 ± 4.6
MVO <sub>2</sub> (ml·min <sup>-1</sup> )	I	15.5 ± 2.3	$10.8 \pm 1.2^{*}$	$12.5 \pm 1.5$
-	II	13.2 ± 1.7	$13.4 \pm 1.5$	11.9 ± 1.7
CSBF (ml·min <sup>-1</sup> )	I	151 ± 21	129 ± 14	141 ± 18
	II	124 ± 52	$133 \pm 14$	118 ± 14
MLF				
(mol⋅min <sup>-1</sup> )	I	49 ± 12	43 ± 11	55 ± 16*
	II	48 ± 7	47 ± 13	26 ± 10
MOE (%)	I	57 ± 16	48 ± 1.3*	54 ± 1.5
	II	57 ± 2.0	56 ± 2.2	57 ± 1.7
MLP (n)	I	1	0	1
	II	1	2	2

Group I=Midazolam-Sufentanil; Group II=Sufentanil-Enflurane; HR=Hcart Rate; MAP=Mean Arterial Pressure; CI=Cardiac Index; SVRI=Systemic Vascular Resistance Index; LVSWI=Left Ventricular Stroke Work Index; MVO<sub>2</sub>=Myocardial Oxygen Consumption; CSBF=Coronary Sinus Blood Flow; MLF=Myocardial Lactate Flux; MOE=Myocardial Oxygen Extraction; MLP=Myocardial Lactate Production.

#### Myocardial ischaemia

One patient in each group exhibited MLP at AWA (Table II). Two myocardia became net lactate producers for the first time at IND (both in Group II). The solitary Group I patient with MLP at AWA ceased production at IND. Individual prebypass MLP incidence was 12.5% (2/16) in Group I patients and 57% (9/16) in Group II patients (P = NSD). Excluding the AWA study, MLP prevalence was 4.7% in Group I patients and 16% in Group II patients (3/64  $\nu$ s 10/64 measurements) (P = NSD). The MLF showed a trend to myocardial ischaemia at ETT in Group II.

For comparison, ECG changes indicative of ischaemia were detected in 6/12 Group I and 4/12 Group II patients.

#### Discussion

## Systemic haemodynamics and myocardial oxygenation

The reduction in MAP (-27%) at IND in Group I (vs -9% in Group II) was associated with a decrease in cardiac work (CI and LVSWI), MOE, and MVO<sub>2</sub>, beneficial changes prior to myocardial revascularization. The HR decrease in Group I at IND was unexpected. A moderate increase in HR with midazolam has been documented in other studies.<sup>4,8</sup> The use of an opioidphenothiazine premedicant may explain this differ-

## Myocardial lactate production and myocardial lactate flux

The MLF at ETT in Group I was more than twice that of Group II (55 vs 26 µmol·min<sup>-1</sup>), suggesting that Group II hearts were metabolizing less lactate, indicative of the development of myocardial ischaemia. The MLP, a well-accepted method for the detection of global myocardial ischaemia,<sup>6</sup> was not different between groups. The absence of MLP does not exclude ischaemia, but its presence in the context of this investigation assures it.

#### Sufentanil interventions

ence in the current study.9

Eighty-eight percent of Group I patients (14/16) required prebypass sufentanil interventions to treat adverse haemodynamic responses, suggesting that the doses of midazolam employed in this study would be incapable of controlling autonomic responses if used alone in patients with preserved ventricular function.

#### Limitations

We chose MLP as the criterion for the diagnosis of myocardial ischaemia. While MLP may underestimate the incidence of *regional* ischaemia, when present MLP provides conclusive proof of clinically important burdens of myocardial ischaemia.<sup>6</sup> The MLP was defined stringently with MLE <0%, rather than a more positive value (e.g. 10%) in order to eliminate false-positives.

We chose to concentrate our report and discussion on the period surrounding induction of anaesthesia and tracheal intubation to avoid the confounding effects of surgical stimulation, cardiopulmonary bypass, and surgical revascularization on interpretation of the results. Our findings may be only applicable to patients with preserved ventricular function.

In conclusion, utilizing MLP as a measure of the development of myocardial ischaemia, our study suggests that, when combined with sufentanil, midazolam is a safe and effective induction agent for coronary patients with preserved ventricular function.

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