Elevation of PetCO, after submucosal epinephrine

To the Editor:

A 14-yr-old boy with chronic sinusitis presented for a Caldwell-Luc procedure, ethmoidectomy, and antrostomy. Induction of anaesthesia was accomplished with thiopentone and pancuronium followed by uneventful tracheal intubation and was maintained with isoflurane 0.75%, nitrous oxide 60%, and fentanyl. The surgeon injected 6 ml lidocaine (1%) with 1:100,000 epinephrine submucosally. Approximately 20 sec later PetCO2 increased from 32 to 40 mmHg and remained elevated for three minutes. The continuous CO2 wave form analysis was measured by infrared spectrometry and verified with mass spectrometry every two minutes. Minute ventilation had remained constant. Increases in heart rate, blood pressure (130/60 to 170/90 mmHg), and oesophageal temperature (36.1° to 36.4°) accompanied the CO₂ elevation. After three minutes the PETCO2 returned to 32 mmHg without any changes in ventilation. Similar changes followed two subsequent injections of 1% lidocaine with epinephrine.

Barber¹ studied the haemodynamic and plasma catecholamine response to perianal injection of lidocaine 0.5% with 1:200,000 epinephrine and noted a rise in serum epinephrine levels without appreciable changes in heart rate or blood pressure. Chernow² observed similar results in dental patients given 1.8 ml lidocaine 2% with 1:100,000 epinephrine. Increases in serum epinephrine levels occured without changes in blood pressure or heart rate. In our case, the increase of blood pressure and heart rate following submucosal injection of lidocaine and epinephrine may have been due to injection into inflamed, vascular sinuses where rapid vascular absorption occurred in close proximity to the heart.

Epinephrine may increase exhaled CO₂ through several mechanisms. Bronchodilation could increase alveolar dead space thereby reducing effective ventilation; increased cardiac output may increase CO₂ returned to the lungs without changing metabolic rate; peripheral vaso-constriction might increase central blood volume and pulmonary blood flow; lung zone characteristics may be altered to convert Zone 1 to Zone 2 or 3 with a decrease in dead space and an increase in exhaled CO₂; and epinephrine may increase metabolic rate.

We observed an increase in PETCO₂ after submucosal injection of epinephrine. We feel this was related to the rapid systemic absorption of epinephrine from the site of injection. The patient suffered no ill effects. Nevertheless, close attention should be given to the concentration, volume, and location when using epinephrine-

containing solutions. Since submitting this report, we have observed this phenomenon in one additional patient.

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REFERENCES

- 1 Barber WB, Smith LE, Zaloga GP, et al. Haemodynamic and plasma catecholamine responses to epinephrinecontaining perianal lidocaine anesthesia. Anesth Analg 1985: 64: 924-8.
- 2 Chernow B, Balestrieri F, Ferguson CD, Terezhalmy GT, Fletcher JR, Lake CR. Local dental anesthesia with epinephrine. Minimal effects on the sympathetic nervous system or on hemodynamic variables. Arch Intern Med 1983; 143: 2141-3.

Laryngoscope design

To the Editor:

I would like to make some comments on "An analysis of laryngoscope blade shape etc," by Drs. Marks, Hancock and Charters - in the March 1993 issue of the CJA. The primary purpose of this very stimulating study was to describe a novel laboratory method of evaluating existing and future larvngoscope blades. The results also have important, immediate clinical implications. The superiority of the larger Macintosh (Penlon) blades over straight blades is clearly demonstrated. This is no surprise; these blades are preferred by the majority of anaesthetists since their inception 50 yr ago. Another more important finding is not given the prominence it deserves. According to the measurements the Macintosh #4 blade is superior to #3 blade - even at 12 cm and much more so at 15 cm. Unfortunately, no clinical deductions were made by the authors. In fact the two blades are often grouped together as "larger Macintosh blades".

Clinical teachers will be able to refer residents to this study when arguing in favour of the larger blade. Some other clinical observations in the operating room may also convince the resident of the superiority of the #4 blade.

1 Looking at the lateral (outside or left) surface of both blades with their tips aligned, the tallest portion of the vertical flange of the #3 blade will lie very likely between the teeth of an adult whereas the tallest portion of the #4 blade will be well outside the mouth.