

# Laboratory Investigations

## Dexmedetomidine-induced decrease in cerebral blood flow is attenuated by verapamil in rats: a laser Doppler study

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*This study was performed to examine the changes in local cortical blood flow (CoBF) after simultaneous administration of an  $\alpha_2$  adrenergic agonist (dexmedetomidine) and a calcium channel antagonist (verapamil) to urethane-anaesthetized rats. Dexmedetomidine ( $100 \mu\text{g} \cdot \text{kg}^{-1}$ ) given intraperitoneally alone resulted in decreases in mean arterial blood pressure (MABP) ( $F[27,140] = 3.43$ ;  $P < 0.01$ ) and CoBF ( $F[27,140] = 4.22$ ;  $P < 0.01$ ), whereas the heart rate (HR) was increased ( $F[27,140] = 2.33$ ;  $P < 0.01$ ). Verapamil ( $2.5 \text{mg} \cdot \text{kg}^{-1}$ ) given subcutaneously reduced the MABP ( $F[27,140] = 3.41$ ;  $P < 0.01$ ), but the HR and CoBF were not changed. Combined administration of the drugs decreased MABP ( $F[27,140] = 5.37$ ;  $P < 0.01$ ), with no changes in CoBF and HR. The present*

*data indicate that the calcium channel antagonist verapamil did not potentiate the haemodynamic effects of dexmedetomidine in rats, but rather attenuated the effect of dexmedetomidine on CoBF. This favourable interaction suggests a potential therapeutic role of these agents in maintaining cardiovascular stability during surgical interventions.*

*Cette étude a été réalisée pour évaluer les changements du débit sanguin cortical (DSCo) après l'administration simultanée d'un agoniste  $\alpha_2$  adrénergique (dexmédétomidine) et d'un inhibiteur calcique (vérapamil) à des rat anesthésiés à l'uréthane. La dexmédétomidine seule ( $100 \mu\text{g} \cdot \text{kg}^{-1}$ ) administrée par la voie péritonéale provoque une baisse de la tension artérielle moyenne (TAM) ( $F[27,140] = 3,43$ ;  $P < 0,01$ ) et du DSCo ( $F[27,140] = 4,22$ ;  $P < 0,01$ ), pendant que la fréquence cardiaque (Fc) augmente ( $F[27,140] = 2,33$ ;  $P < 0,01$ ). Le vérapamil ( $2,5 \text{kg}^{-1}$ ) sous-cutané provoque une baisse de la TAM ( $F[27,140] = 3,41$ ;  $P < 0,01$ ). L'administration combinée des deux médicaments diminue la TAM ( $F[27,140] = 5,37$ ;  $P < 0,01$ ), sans modifier le DSCo et la Fc. Ces données indiquent que l'inhibiteur calcique vérapamil n'augmente pas les effets hémodynamiques de la dexmédétomidine chez le rat, mais atténue l'effet de la dexmédétomidine sur le DSCo. Cette enteraction favorable suggère la possibilité d'une l'application thérapeutique de ces agents pour le maintien de la stabilité cardiovasculaire pendant la chirurgie.*

### Key words

BRAIN: blood flow;

BLOOD PRESSURE;

HEART RATE;

MEASUREMENT TECHNIQUES: laser Doppler flowmetry;

SYMPATHETIC NERVOUS SYSTEM:  $\alpha_2$ -adrenergic agonist, dexmedetomidine;

PHARMACOLOGY: verapamil.

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$\alpha_2$ -adrenergic agonists, as novel anaesthetic agents, are currently undergoing wide-ranging investigation. Their effects are exerted by stimulating pre- and post-synaptic  $\alpha_2$ -adrenergic receptors both centrally and peripherally (for an excellent review, see Maze 1992<sup>1</sup>).

Clonidine, a well-known  $\alpha_2$ -adrenergic agonist, has been shown to reduce narcotic and volatile anaesthetic requirements during surgery, to reduce plasma catecholamine levels, to improve haemodynamic stability, and to display potent analgesic properties.<sup>1-6</sup>

Dexmedetomidine has been demonstrated to be a highly selective  $\alpha_2$ -adrenergic agonist. In receptor binding experiments, its  $\alpha_2/\alpha_1$  selectivity ratio was found to be 1620, compared with 220 for clonidine.<sup>7,8</sup> Similarly to clonidine, dexmedetomidine decreases the anaesthetic requirements and also produces sedation, anxiolysis and analgesia.<sup>1,9-13</sup> Dexmedetomidine has been shown to alter the cardiovascular functions via the peripheral and central nervous systems.<sup>12</sup> It reduces both the heart rate (HR) and the mean arterial blood pressure (MABP). A decrease in cerebral blood flow in dogs as a consequence of dexmedetomidine treatment has also been reported.<sup>14,15</sup>

Calcium channel blockers are widely used as antiarrhythmics and antihypertensives in cardiovascular therapy. The action of these agents is attributed to a selective inhibition of the calcium influx into the cardiac and smooth muscle cells, which results in vascular smooth muscle relaxation and vasodilatation, inhibition of cardiac automaticity and conduction and a reduction of myocardial contractility.<sup>16,17</sup> Calcium channel blockers can be involved in pharmacological interactions when used concurrently with other drugs.

It has been reported that calcium antagonists increase the potency of various anaesthetic and analgesic drugs in animals and humans.<sup>18-25</sup> We have recently shown that verapamil, a widely used calcium channel blocker, potentiates the anaesthetic efficacy of dexmedetomidine, while the calcium channel activator BAY K 8644 decreases it.<sup>26</sup>

Interestingly, few studies have been published on the haemodynamic interactions of calcium channel blockers and  $\alpha_2$  agonists.<sup>27-29</sup>  $\alpha_2$ -adrenoreceptor-mediated vasoconstriction is effectively antagonized by calcium channel blockers both *in vivo* and *in vitro*; this action is therefore primarily attributed to the facilitated influx of extracellular calcium ions.<sup>28</sup> Bloor has shown that nifedipine attenuates the haemodynamic changes induced by intravenous dexmedetomidine in isoflurane-anaesthetized dogs.<sup>29</sup>

The present investigation was designed to characterize further the possible haemodynamic and cerebral microcirculatory interactions between dexmedetomidine and verapamil in urethane anaesthetized rats.

## Methods

Male Wistar rats ( $n = 18$ ) weighing 250–300 g were used in the study, which had been approved by Animal In-

vestigation Committee of Albert Szent-Györgyi Medical University. The animals were anaesthetized with intraperitoneally (*ip*) injected urethane ( $1.2 \text{ g} \cdot \text{kg}^{-1}$ ). The trachea was cannulated to allow the animal to breathe spontaneously. The femoral artery was cannulated for continuous measurement of the MABP via a pressure transducer (Statham P23DB). Body temperature was kept at  $37.0 \pm 0.5^\circ\text{C}$  by a heating pad. The HR was derived from the ECG.

Cortical blood flow (CoBF) was measured with a laser Doppler flowmeter (LDF): the PeriFlux PF3 (Perimed, Stockholm, Sweden). This technique measures the shift in frequency of laser light (632.8 nm, 2 mW) reflected from red cells moving along microvessels, and the number of moving red cells. This is considered to be a flux measurement. This device continually records the tissue perfusion, which allows an assessment of the dynamic responses of the local cortical microcirculation. The measurement volume is approximately  $1 \text{ mm}^3$ .<sup>30-32</sup> All measurements were performed with a frequency cut-off at 20 kHz and a time constant of 0.2 sec.

For placement of the LDF flow probe on the cortex, the heads of the rats were secured in a stereotaxic frame and a hole was drilled into the skull 2 mm lateral from the midline and just caudal to the coronal suture (cortical frontal 2 area).<sup>33</sup> After a stable flow signal had been obtained, the flow probe was kept in a fixed position on the cortex throughout the experiment. Since the LDF does not provide information from absolute values of CoBF the perfusion values are expressed as a percentage value of the baseline perfusion units.

Following the surgical procedure, the baseline MABP, HR and CoBF levels were recorded on a strip chart (Boveri-Brown, Austria) continuously for about one hour after drug administration.

## Experimental protocol

Only rats with a MABP of  $\geq 90 \text{ mmHg}$  were used for the tests. The drugs were administered to three groups, with six animals in each group. The route of administration and doses were the same as described in our earlier experiments.<sup>26</sup>

In Group I,  $100 \mu\text{g} \cdot \text{kg}^{-1}$  dexmedetomidine was administered *ip* and saline subcutaneously (*sc*); in group II,  $2.5 \text{ mg} \cdot \text{kg}^{-1}$  verapamil *sc* and saline *ip*; in group III,  $100 \mu\text{g} \cdot \text{kg}^{-1}$  dexmedetomidine *ip* and  $2.5 \text{ mg} \cdot \text{kg}^{-1}$  verapamil *sc* simultaneously. The drugs were dissolved in saline.

## Drugs

Dexmedetomidine.HCl was a generous gift from Farnos-Group Ltd. (Turku, Finland); verapamil.HCl was purchased from Orion (Helsinki, Finland).

TABLE Baseline levels of heart rate (HR), cortical blood flow (CoBF, as percentage of the mean value of a 5 min period prior to the drug administration) and mean arterial blood pressure (MABP) before drug administration in the treatment groups (mean  $\pm$  SEM)

	DEX	VER	DEX + VER
HR (bpm)	207.0 $\pm$ 18.9	209.8 $\pm$ 9.3	204.6 $\pm$ 14.2
CoBF (%)	97.5 $\pm$ 1.9	102.7 $\pm$ 2.9	102.0 $\pm$ 3.7
MABP (mmHg)	107.5 $\pm$ 5.8	100.3 $\pm$ 5.3	108.7 $\pm$ 4.9

### Statistics

Changes of variables over time were evaluated by one-way analysis of variance. Moreover, haemodynamic measurements were analysed for statistical significance by using two-way analysis of variance.<sup>34</sup> The main effects tested were drug treatment (group) and time. A probability level  $<0.05$  was considered significant. The data are expressed as mean  $\pm$  SEM.

In the result section F-values are given, and degrees of freedom indicated in parentheses together with the level of significance.

### Results

There were no differences between the groups with respect to the baseline values of MABP, HR and CoBF (Table).

Figure 1 shows original recordings after administration of dexmedetomidine (A), verapamil (B), or the two drugs simultaneously (C). All the variables were stabilized in five to ten minutes after drug administration and a new steady state was achieved.

Intraperitoneal injection of dexmedetomidine at a dose of  $100 \mu\text{g} \cdot \text{kg}^{-1}$  resulted in decreases in MABP ( $F[27,140] = 3.43$ ;  $P < 0.01$ ) and CoBF ( $F[27,140] = 4.22$ ;  $P < 0.01$ ), whereas the HR was increased ( $F[27,140] = 2.33$ ;  $P < 0.01$ ).

Verapamil reduced the MABP ( $F[27,140] = 3.41$ ;  $P < 0.01$ ), but the HR and CoBF were not changed.

The combined drug administration of the drugs decreased MABP ( $F[27,140] = 5.37$ ;  $P < 0.01$ ), while the changes in CoBF and HR were not significant.

In Figure 2, the changes in HR after the different drug administrations are compared. The effects of the administration of the two drugs separately or in combination display differences with time ( $F[2,445] = 18.0$ ;  $P < 0.01$ ). Dexmedetomidine increased HR, while the combined drug administration diminished the tachycardic effect of the *ip* injection of dexmedetomidine.

In each group, the MABP decreased significantly relative to the baseline level (Figure 3), although the curves denoting the responses to different drug administrations displayed no significant differences ( $F[2,501] = 2.3$ ). It

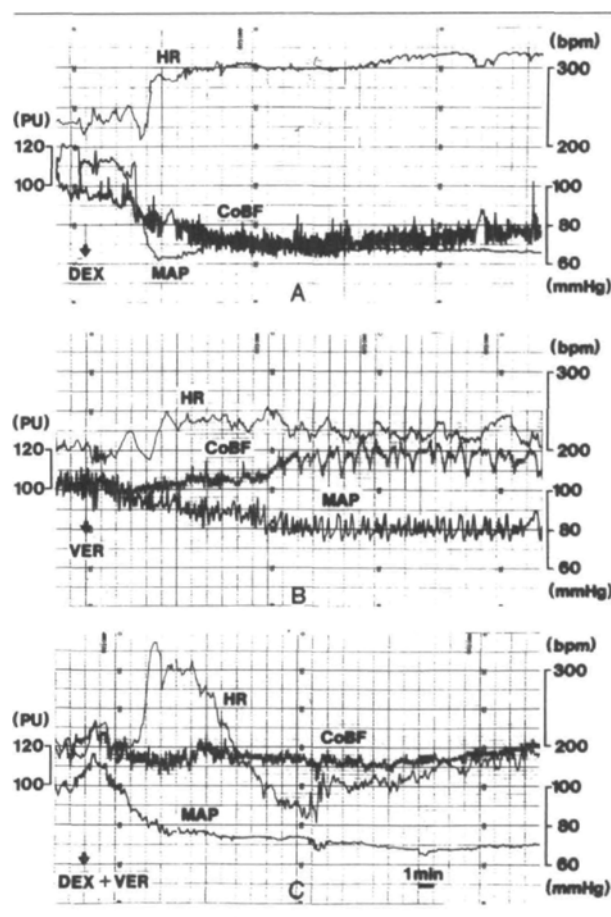


FIGURE 1 Representative recordings of physiological variables in rats after dexmedetomidine (A) ( $100 \mu\text{g} \cdot \text{kg}^{-1}$ ; *ip*), verapamil (B) ( $2.5 \text{ mg} \cdot \text{kg}^{-1}$ ; *sc*) and simultaneous, combined dexmedetomidine ( $100 \mu\text{g} \cdot \text{kg}^{-1}$ ; *ip*) and verapamil ( $2.5 \text{ mg} \cdot \text{kg}^{-1}$ ; *sc*) (C) administration. Abbreviations: CoBF - cortical blood flow, HR - heart rate, MAP - blood pressure, PU - perfusion unit (arbitrary units). Abscissa denotes time in minutes.

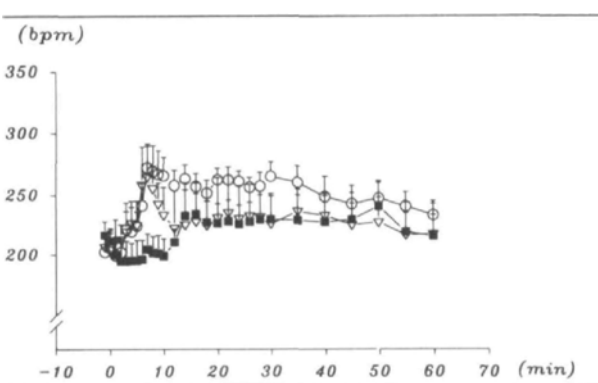


FIGURE 2 Changes in heart rate in rats after dexmedetomidine (○), verapamil (■) and simultaneous combined dexmedetomidine and verapamil (△) administration. Heart rate is expressed in beats per minute (bpm) units. Results are expressed as mean  $\pm$  SEM.

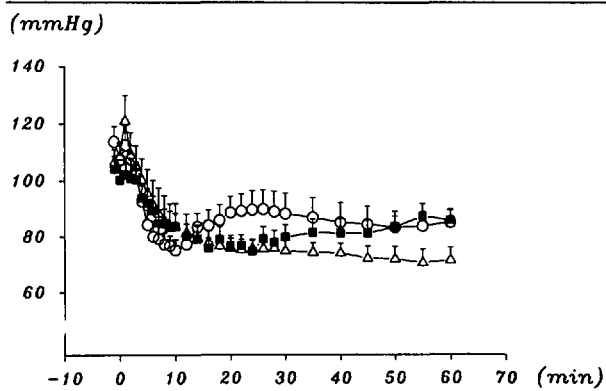


FIGURE 3 Changes in cortical blood flow after dexmedetomidine (O), verapamil (■) and simultaneous combined dexmedetomidine and verapamil (Δ) administration. Cortical blood flow is expressed as a percentage of baseline flow. Results are expressed as mean  $\pm$  SEM.

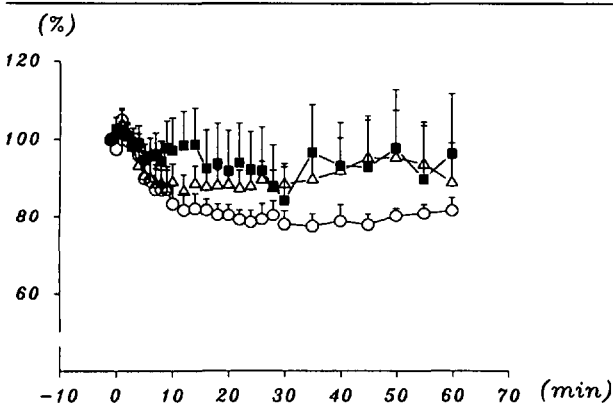


FIGURE 4 Changes in mean arterial blood pressure after dexmedetomidine (O), verapamil (■) and simultaneous combined dexmedetomidine and verapamil (Δ) administration. Results are expressed as mean  $\pm$  SEM.

seems that the type of interaction was not of an additive pharmacodynamic nature.

There were differences between the effects on CoBF when dexmedetomidine and verapamil administered separately ( $F[1,334] = 27.7$ ;  $P < 0.01$ ). Differences were also found between the effect of dexmedetomidine and that of the co-administered drugs ( $F[1,334] = 18.1$ ;  $P < 0.01$ ), but not between those of verapamil and the binary combination (Figure 4).

### Discussion

These results provide novel information with respect to the interaction between verapamil and dexmedetomidine on cardiovascular variables and cortical blood flow in rats. Our main finding was that a combined use of verapamil and dexmedetomidine reduced undesirable cardiovascular effects during anaesthesia. The hypotensive

interaction of the two drugs is not additive; furthermore, verapamil attenuates the reduction of CoBF caused by dexmedetomidine administration.

The cardiovascular effects caused by systemic administration of  $\alpha_2$  agonists and calcium channel blockers are well documented.<sup>1,16</sup> The  $\alpha_2$  agonists exert powerful hypotensive and bradycardic effects. The site of action of these effects is considered predominantly to be in the rhombencephalon, and especially the nucleus tractus solitarius.<sup>35,36</sup> The mechanism whereby they elicit central cardiovascular effects has been related to the stimulation of central  $\alpha_2$ -adrenoceptors, leading to reduced sympathetic drive that causes a decrease in blood pressure and bradycardia as well.<sup>37,38</sup> It is also apparent that  $\alpha_2$  agonists act more caudally via the spinal cord.<sup>39</sup> Furthermore,  $\alpha_2$  agonists reportedly decrease noradrenaline release at the sympathetic neuron terminals that is attributed to a presynaptic action.<sup>3</sup> Intravenous administration of  $\alpha_2$  agonists results in a transient increase in MABP due to peripheral vasoconstriction mediated by postsynaptic  $\alpha_2$ -adrenoceptors on vascular smooth muscle. This action can be antagonized effectively by calcium channel blockers, and could therefore be in conjunction with the influx of extracellular calcium.<sup>27,28</sup>

We did not observe a bradycardic effect of *ip* injection of dexmedetomidine, but rather a tendency to tachycardia. This finding is compatible with other reports involving the same experimental methods.<sup>40</sup> There is recent evidence that anaesthesia induced by *ip* urethane reduces the bradycardic response consequent to administration of  $\alpha_2$ -adrenoceptor agonists. The hypothesis has been advanced that urethane anaesthesia interferes with the prejunctional  $\alpha$ -adrenoceptors located on cardiac sympathetic nerves.<sup>41</sup> In urethane-anaesthetized rats, the prejunctional  $\alpha$ -adrenoceptors could be maximally activated because of the elevated plasma levels of adrenaline (for a review see, Maggi<sup>40</sup>).

Since laser Doppler flowmetry is a continuous, fast-reacting and long-term stable method of blood flow measurement, it is suitable to detect blood flow changes in the cortical microvascular bed. The method is based on the direct detection of the velocity and number of red blood cells flowing through microvessels.<sup>30,31</sup> In our recent study, CoBF as well as systemic cardiovascular variables, were found to be stable during a long-lasting urethane anaesthesia.<sup>32</sup>

In line with the  $\alpha_2$  agonist effects detailed above, we observed a decrease in CoBF after dexmedetomidine administration to rats, similar to that described in dogs, and humans after clonidine.<sup>14,15,42-44</sup> The decrease in CoBF was probably due to an increase in cerebral vascular resistance, mediated through postsynaptic  $\alpha_2$ -adrenoceptors.<sup>45</sup> Although the physiological role of sym-

pathetic innervations has been seriously doubted, it has been established that stimulation of the sympathetic nervous system by hypovolaemic hypotension may result in cerebral vasoconstriction via activation of  $\alpha_2$ -adrenergic receptors.<sup>46</sup>

Calcium channel blockers are widely used in the treatment of hypertension and cardiac disturbances. The mechanism of MABP reduction produced by calcium channel blockers is usually ascribed to relaxation of the vascular smooth muscle, due to decreased entry of calcium into the cell via voltage-dependent channels.<sup>47,48</sup> Messing *et al.* have shown that small precapillary arterioles play an important role in the vasodilator action of calcium channel antagonists.<sup>49</sup> Thus, the antihypertensive effect of calcium antagonists may be based upon a diminution of vascular tone maintained by postsynaptic  $\alpha_2$ -adrenoceptors.<sup>49,50</sup> It has recently been reported that calcium channel blockers decrease blood pressure after their administration into the nucleus of the solitary tract or into the intracerebroventricular space, indicating a central mechanism of action for calcium antagonists in blood pressure regulation.<sup>51,52</sup> Blockade of calcium channels in the heart results in negative chronotropic, dromotropic and inotropic effects.<sup>16,53</sup> Calcium channel blockers are also potent cerebral arterial dilators (Reves<sup>54</sup>). Cerebral arteries appear to be very sensitive to calcium antagonists, and a direct vasoconstrictor effect to calcium agonists has been observed in isolated cat and human cerebral arteries.<sup>55,56</sup>

Thus, it seems that calcium channel blockers and  $\alpha_2$  agonists have opposite effects on cerebral vessels. Calcium channel blockers induce vasodilatation, while  $\alpha_2$  agonists vasoconstriction, and these effects may be exerted directly on the cerebral blood vessels through alteration in calcium flux.

This consideration may explain our main finding that the calcium channel antagonist verapamil did not potentiate the haemodynamic effects of the  $\alpha_2$ -adrenoceptor agonist, but rather attenuated the effect of dexmedetomidine on the CoBF. Our results are in line with earlier reports that calcium entry blockers attenuate the acute haemodynamic changes and reverse the coronary constrictor effect of dexmedetomidine.<sup>29,57</sup>

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