Yukio Hayashi мд,\* Koji Sumikawa мд,† Takahiko Kamibayashi мд,† Atsushi Yamatodani мд,‡ Tadanori Mammoto мд,\* Masakazu Kuro мд,\* Ikuto Yoshiya мд†

Beta<sub>2</sub> as well as beta<sub>1</sub> adrenoceptors have been recognized in the heart of vertebrates. They mediate a positive chronotropic action of catecholamines. We compared the effect of selective beta<sub>1</sub> and beta<sub>2</sub> adrenoceptor antagonists on the genesis of halothaneepinephrine arrhythmias in dogs. The arrhythmogenic dose (AD) of epinephrine was increased in the presence of 1-metoprolol, a selective beta<sub>1</sub> antagonist ( $8.40 \pm 1.13 \ \mu g \cdot kg^{-1} \cdot min^{-1}$ ; mean  $\pm$ SEM), compared with control value ( $2.62 \pm 0.56$ ) (P < 0.05). In contrast, ICI-118,551, a selective beta<sub>2</sub> antagonist, did not change the AD ( $2.36 \pm 0.43$ ). Adding ICI-118,551 to 1-metoprolol did not affect the AD of epinephrine in the presence of 1-metoprolol alone ( $6.34 \pm 0.74 \ vs \ 8.40 \pm 1.13$ ). These results suggest that selective beta<sub>1</sub> blockade is effective in preventing halothane-epinephrine arrhythmias, but selective beta<sub>2</sub> blockade is not.

#### Key words

ANAESTHETICS, VOLATILE: halothane; HEART: arrhythmias; RECEPTOR: beta adrenergic; SYMPATHETIC NERVOUS SYSTEM: catecholamines, epinephrine.

From the \*Department of Anesthesiology, National Cardiovascular Center, 5-7-1 Fujishiro-dai, Suita Osaka 565, Japan, and the †Department of Anesthesiology and the ‡Department of Molecular Physiological Chemistry and Pharmacology, Osaka University Medical School, 2-2 Yamadaoka, Suita Osaka 565, Japan.

Address correspondence to: Dr. Yukio Hayashi, Anesthesiology Service, VA Medical Center, 3801 Miranda Avenue, Palo Alto, CA 94304, U.S.A.

Accepted for publication 2nd June, 1992.

# Selective beta<sub>1</sub> and beta<sub>2</sub> adrenoceptor blockade on epinephrine-induced arrhythmias in halothane anaesthetized dogs

Des récepteurs adrénergiques  $B_2$  autant que les  $B_1$  ont été localisés dans le coeur des vertébrés. Ils transmettent l'action chronotrope positive des catécholamines. Nous avons comparé les effets d'antagonistes adrénergiques sélectifs B<sub>1</sub> et B<sub>2</sub> sur l'initiation des arythmies dues à l'association halothaneadrénaline chez le chien. La dose arythmogène (DA) de l'adrénaline a été accrue en présence de I-métoprolol, un antagoniste sélectif B,  $(8,40 \pm 0,13 \ \mu g \cdot kg^{-1} \cdot min^{-1})$ , moyenne  $\pm$ SEM), en comparaison avec des valeurs contrôle (2,62  $\pm$ 0,56) (P < 0,05). Au contraire, le ICI-118,551, un  $B_2$  antagoniste sélectif n'a pas modifié la DA (2,36 ± 0,43). En ajoutant ICI-118,551 au 1-métoprolol, la DA de l'adrénaline reste semblable à celle déterminée avec le I-métoprolol seul  $(6,34 \pm 0,74 \text{ vs } 8,40 \pm 1,13)$ . Ces résultats suggèrent qu'un bloc sélectif  $B_1$  est efficace pour prévenir les arythmies dues à l'association halothane-adrénaline mais qu'une inhibition  $B_2$ sélective ne l'est pas.

Epinephrine exerts its effects on the heart through adrenergic receptors. Myocardial beta receptors have been considered to be one of the responsible receptors mediating the catecholamine-induced arrhythmias.<sup>1-4</sup> Propranolol, a nonselective beta antagonist,<sup>1</sup> and 1-metoprolol, a selective beta<sub>1</sub> antagonist,<sup>2</sup> have been shown to prevent epinephrine-induced arrhythmia during halothane anaesthesia. Recent reports<sup>5</sup> have described the existence of both beta<sub>1</sub> and beta<sub>2</sub> adrenoceptors in the heart.<sup>5-7</sup> The effect of selective beta2 antagonism on the genesis of the arrhythmias is controversial. Sharma,<sup>3</sup> using H 35/25 as a beta<sub>2</sub> antagonist, reported a weak protective effect against halothane-epinephrine arrhythmias and concluded that this action was attributed to its non-specific effect. On the other hand, we<sup>8</sup> examined the effect of a selective beta, antagonist, ICI-118,551, on the genesis of the arrhythmias provoked by various combinations of phenylephrine and isoproterenol, and showed that ICI-118,551 potentiated isoproterenol-induced arrhythmias in the presence of a low

dose of phenylephrine. The inconsistent results may be because different drugs produce different activation of myocardial adrenergic receptors. Thus, the present study was designed as an extension of our previous work, to compare the effects of beta<sub>1</sub> and beta<sub>2</sub> antagonism on the epinephrine-induced arrhythmias during halothane anaesthesia.

## Methods

The studies were conducted under guidelines approved by the Animal Care Committee of Osaka University Medical School.

Thirty-nine adult mongrel dogs of either sex and weighing 8-11.5 kg were used in the study. Anaesthesia was induced with halothane alone and maintained at an end-tidal concentration of 1.3%, which was monitored continuously by an anaesthetic gas analyzer (Datex AA 102-30-00, Helsinki, Finland). The trachea of each dog was intubated with a cuffed tracheal tube, and the lungs were mechanically ventilated with air (Aika R60, Tokyo, Japan). The PETCO<sub>2</sub> was monitored continuously with an expired gas monitor (Minato 1H 21A, Osaka, Japan) and maintained at 35-40 mmHg. A heating lamp and a circulating water blanket were used to maintain nasal temperature between 37.0 and 38.5° C. Lead II of the ECG was monitored continuously. A femoral artery catheter was inserted for both pressure monitoring and blood sampling. A femoral vein was cannulated for the administration of both epinephrine and a solution of lactated Ringer's solution, infused at a rate of 10 ml  $\cdot$  kg<sup>-1</sup>  $\cdot$  hr<sup>-1</sup>. Serum K<sup>+</sup> concentration was maintained between 3.5 and 4.5 mEq  $\cdot$  L<sup>-1</sup> by infusion of K<sup>+</sup> at a rate of 1–10 mEq  $\cdot$  hr<sup>-1</sup>. Arterial pH, PO<sub>2</sub>, and serum Na<sup>+</sup> concentration were maintained within the range of 7.35-7.45, 85-95 mmHg, and  $135-150 \text{ mEq} \cdot \text{L}^{-1}$ , respectively.

The drugs used in the present study were l-metoprolol as a selective beta<sub>1</sub> antagonist,<sup>9</sup> d-metoprolol, a stereoisomer of l-metoprolol which has membrane stabilization effect but lacks beta<sub>1</sub> antagonistic effect, and ICI-118,551 a selective beta<sub>2</sub> antagonist.<sup>10</sup>

The arrhythmia threshold was achieved when four or more premature ventricular contractions occurred within 15 sec. The arrhythmogenic dose (AD) of epinephrine was defined as the lowest dose that achieved the arrhythmia threshold, as previously reported.<sup>11</sup> The AD of epinephrine was determined in each dog with standardized logarithmically spaced infusions of epinephrine lasting three minutes with 10–30 min recovery periods between infusions. The infusion was started at the minimum dose of 0.67  $\mu g \cdot kg^{-1} \cdot min^{-1}$  and the dose was increased by  $e^{0.4}$  (e = 2.72) until arrhythmias occurred. If arrhythmias did occur at one of these doses, a smaller dose, divided by  $e^{0.2}$ , was tested. The AD of epinephrine was determined under five

different conditions: in the presence of 1-metoprolol (0.4  $mg \cdot kg^{-1}$ ; d-metoprolol (0.4  $mg \cdot kg^{-1}$ ; ICI-118,551 (0.2  $mg \cdot kg^{-1}$ ; and both 1-metoprolol and ICI-118,551; or with no antagonist (control). A 4 ml arterial blood sample was collected to allow measurement of arrhythmogenic plasma concentration (APC) of epinephrine at the time when the criterion for the AD had been satisfied. Plasma epinephrine was determined in a fully automated high-performance liquid chromatography-fluorometric system (model HLC-8030 Catecholamine Analyzer, Tosoh, Tokvo, Japan) using a diphenylethylenediamine condensation method.<sup>12</sup> This assay method has a limit of sensitivity of 10  $pg \cdot ml^{-1}$  for epinephrine. The inter- and intra-assay variations are less than 3%. As there was individual variability in both the AD and APC values, the mean AD and APC values were calculated.

Data are expressed as mean  $\pm$  SEM. The results of multiple groups were analyzed by one-way analysis of variance, and comparison between groups was assessed by Scheffe's test. P < 0.05 was considered statistically significant.

## Results

The AD and APC of epinephrine in the presence of various beta antagonists are shown in Figures 1 and 2, respectively. L-metoprolol prevented epinephrine-induced arrhythmias and increased the arrhythmia threshold to 3.2-fold of the control level (P < 0.05), whereas ICI-118,551 did not produce any change in AD and APC. The effect of

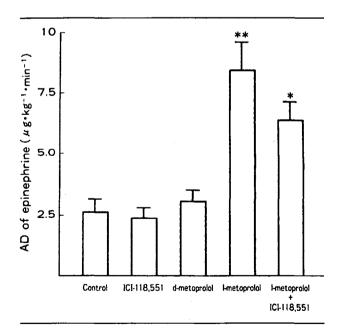


FIGURE 1 The arrhythmogenic dose (AD) of epinephrine required in the presence of various drugs (mean  $\pm$  SEM; number of observations is shown in parentheses). \*P < 0.05, \*\*P < 0.01 compared with control.

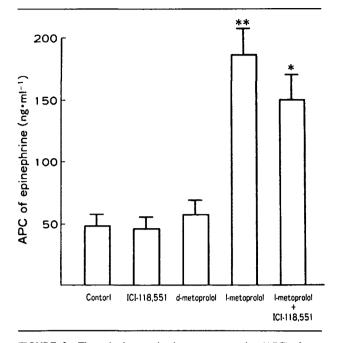


FIGURE 2 The arrhythmogenic plasma concentration (APC) of epinephrine in the presence of various drugs (mean  $\pm$  SEM; number of observations is shown in parentheses). \*P < 0.05, \*\*P < 0.01, compared with control.

d-metoprolol was not also statistically significant. The combined administration of 1-metoprolol and ICI-118,551 increased both AD and APC of epinephrine significantly, but the antiarrhythmic effect of combination of 1-metoprolol and ICI-118,551 was not different from that of 1-metoprolol alone.

Systolic and diastolic arterial pressure and heart rate at the time of the arrhythmias induced by epinephrine in the presence of various antagonists are shown in the Table. Systolic arterial pressure and heart rate did not vary in the presence of various antagonists, whereas diastolic arterial pressure in the presence of 1-metoprolol plus ICI-118,551 was higher than that in control.

## Discussion

Application of new selective adrenoceptor agonists and antagonists has contributed to knowledge of the adrenoceptor mechanism involved in epinephrine-induced arrhythmias.<sup>13</sup> It has been reported recently that beta<sub>2</sub> adrenoceptors are present in the hearts of vertebrates<sup>6,7</sup> and are classified as relatively epinephrine-selective compared with norepinephrine.<sup>14</sup> Therefore, the role of beta, adrenoceptors in the genesis of halothane-epinephrine arrhythmias should be evaluated. The present results show that beta, blockade by I-metoprolol increased AD and APC of epinephrine, whereas beta<sub>2</sub> blockade by ICI-118,551 did not prevent the epinephrine-induced arrhythmia (Figures 1, 2). Furthermore, ICI-118,551, when added to lmetoprolol, did not produce any change in the AD and APC of epinephrine compared with 1-metoprolol alone (Figures 1, 2). Therefore, beta<sub>2</sub> blockade would be of no use in opposing halothane-epinephrine arrhythmias.

Sharma<sup>3</sup> reported that H 35/25, a selective beta<sub>2</sub> antagonist, prevented epinephrine-induced arrhythmias in halothane anaesthetized dogs to some degree. He attributed its inhibitory effect to the nonspecific action. Although our present findings seem to be contrary to his study.<sup>3</sup> and despite similar experimental models, this discrepancy may be due to a difference in beta<sub>2</sub> selectivity between the two antagonists used.<sup>10,15</sup> ICI-118,551 is considered to have a higher degree of beta<sub>2</sub> selectivity and the dose of ICI-118,551, 0.2 mg  $\cdot$  kg<sup>-1</sup> used in the present study was reported to be adequate to block beta<sub>2</sub> adrenoceptors selectively in dogs.<sup>16</sup> On the other hand, the dose of H 35/25 in Sharma's previous report appeared to be so great that a non-specific effect was involved in its antiarrhythmic activity.<sup>3</sup> Therefore, the results of the two studies may be compatible as regards the ineffectiveness of beta, adrenoceptor antagonism.

Membrane stabilization as well as beta<sub>2</sub> blockade could be involved in the effect of 1-metoprolol.<sup>17</sup> In order to rule out the membrane stabilizing effect, we examined

 TABLE
 The haemodynamic data at the time of arrhythmias induced with epinephrine after the various treatments during halothane anaesthesia

	n	SAP (mmHg)	DAP (mmHg)	$HR$ (beats $\cdot min^{-1}$ )
Control D-metoprolol	8	$220 \pm 12.2$	$125 \pm 9.5$	139 ± 14.2
(0.4 mg · kg <sup>-1</sup> ) L-metoprolol	7	244 ± 13.3	$141 \pm 7.5$	135 ± 9.5
(0.4 mg · kg <sup>-1</sup> ) ICI-118,551	9	$263 \pm 8.4$	$146 \pm 6.8$	119 ± 5.5
(0.2 mg · kg <sup>-1</sup> ) L-metoprolol	8	$225 \pm 16.2$	$124 \pm 8.2$	$120 \pm 19.9$
+ICI-118,551	9	$245 \pm 11.4$	161 ± 7.1*	$126 \pm 12.2$

SAP: systolic arterial pressure. DAP: diastolic arterial pressure. HR: heart rate. n = the number of observations. Values, are expressed as mean  $\pm$  SEM. \*P < 0.05 compared with control value.

the antiarrhythmic effect of d-metoprolol, which lacks receptor blocking action but preserves membrane stabilization. The results show that d-metoprolol had no effect on the arrhythmias, indicating that l-metoprolol exerts its antiarrhythmic effect by beta<sub>1</sub> receptor blockade. Maze and Smith<sup>2</sup> examined the effect of d-metoprolol in a similar way and reported that d-metoprolol increased the AD of epinephrine to three-fold of the control. This difference could have to do with the dosage of d-metoprolol, that is, we administered 0.4 mg  $\cdot$  kg<sup>-1</sup> of d-metoprolol as a single dose, whereas they injected 0.5 mg  $\cdot$  kg<sup>-1</sup> of it repeatedly at 30-min intervals.<sup>2</sup> In addition, ICI-118,551 might also have the membrane stabilizing effect, but this effect was reported to be insignificant in the dose range we used.<sup>16</sup>

It is well known that beta<sub>2</sub>-receptors exist on vascular smooth muscle and they exert a vasodilating effect.<sup>5,7</sup> Inhibition of these receptors might enhance the epinephrine-induced arterial pressure elevation resulting in potentiation of its arrhythmogenicity.<sup>8</sup> However, in the present study systolic arterial pressures in each group were not different. Therefore, the effect of beta<sub>2</sub> antagonist was not involved in the modulation of myocardial sensitization by halothane.

Finally, the vulnerability to myocardial sensitization by halothane would vary between dogs and humans because of a species difference.<sup>18</sup> Thus we would like to address limited applicability of the present results to the clinical settings.

In conclusion, beta<sub>2</sub> sympathetic antagonism did not contribute to the prevention of the epinephrine-induced arrhythmias during halothane anaesthesia as did the beta<sub>1</sub> antagonist, 1-metoprolol. Therefore, selective beta<sub>1</sub> antagonists are recommended for the treatment of halothane-epinephrine arrhythmias rather than nonselective beta antagonists, such as propranolol.

### Acknowledgments

The authors acknowledge Ciba-Geigy Ltd. (Tokyo, Japan) for supplying l-metoprolol and Imperial Chemical Industries (England) for supplying ICI-118,551. This study was supported in part by Grant-in-aid for Scientific Research from the Minister of Education, Science and Culture, Japan. They also thank N. Nitaki, K. Ishida, T. Konishi, M. Kobayashi and T. Uemura for their assistance throughout this study.

#### References

- Sharma PL. Effect of propranolol on catecholamineinduced arrhythmias during nitrous oxide-halothane anaesthesia in the dog. Br J Anaesth 1966; 38: 871-6.
- 2 Maze M, Smith SM. Identification of receptor mechanism mediating epinephrine-induced arrhythmias during halothane anesthesia in the dog. Anesthesiology 1983; 59: 323-6.

- 3 Sharma PL. Selective adrenergic beta-receptor blocking in the prevention of adrenaline-evoked ventricular arrhythmias in dogs anaesthetized with halothane in oxygen. Br J Anaesth 1969; 41: 481–8.
- 4 Hayashi Y, Sumikawa K, Tashiro C, Yoshiya I. Synergistic interaction of alpha<sub>1</sub>- and beta-adrenoceptor agonists on induction arrhythmias during halothane anesthesia in dogs. Anesthesiology 1988; 68: 902–7.
- 5 Land AM, Arnold A, McAuliff JP, Lunduana FP, Brown RC. Differentiation of receptor systems activated by sympathomimetic amines. Nature 1967; 214: 597-8.
- Brown J, McLeod A, Shand D. Evidence for cardiac beta<sub>2</sub>-adrenoceptors in man. Clin Pharmacol Ther 1983; 13: 424–8.
- 7 Stile GL, Caron MG, Lefkowitz RJ. β-Adrenergic receptors: biochemical mechanisms of physiological regulation. Physiol Rev 1984; 64: 661–743.
- 8 Hayashi Y, Sumikawa K, Kuro M, Fukumitsu K, Tashiro C, Yoshiya I. Roles of beta<sub>1</sub>- and beta<sub>2</sub>-adrenoceptors in the mechanism of halothane myocardial sensitization in dogs. Anesth Analg 1991; 72: 435–9.
- 9 Koch-Wesser J. Drug therapy: metoprolol. N Engl J Med 1979; 301: 698-703.
- 10 Donnell SR, Wanstall JC. Evidence that ICI 118,551 is a potent highly beta<sub>2</sub>-selective adrenoceptor antagonist and can be used to characterize beta-adrenoceptor population in tissues. Life Sci 1980; 27: 671–7.
- 11 Hayashi Y, Sumikawa K, Yamatodani A, Kamibayashi T, Kuro M, Yoshiya I. Myocardial epinephrine sensitization with subanesthetic concentrations of halothane in dogs. Anesthesiology 1991; 74: 134–7.
- 12 Nohta H, Mitsui A, Okura Y. Spectrofluorimetric determination of catecholamines with 1,2-diphenylethylenediamine. Anal Chim Acta 1984; 165: 171–5.
- 13 Atlee JL, Bosnjak ZJ. Mechanisms for cardiac dysrhythmias during anesthesia. Anesthesiology 1990; 72: 337-74.
- 14 Stene-Larsen G, Ask JA, Helle KB, Fin R. Activation of cardiac beta<sub>2</sub> adrenoceptors in the human heart. Am J Cardiol 1986; 57: 7F-10F.
- 15 Belski AJ, Halliday SE, Fitzgerald JD, Wale JL. The pharmacology of a beta<sub>2</sub>-selective adrenoceptor antagonist (ICI 118,551). J Cardiovasc Pharmacol 1983; 5: 430–7.
- 16 Hohnloser SH, Verrier RL, Lown B. Influence of beta<sub>2</sub>adrenoceptor stimulation and blockade on cardiac electrophysiologic properties and serum potassium concentration in the anesthetized dog. Am Heart J 1987; 113: 1066–70.
- 17 Evangelista S, Maggi CA, Meli A. The role of local anesthetic properties of β adrenoceptor blocking agents in antagonizing CaCl<sub>2</sub>-induced arrhythmias in the rat. Br Pharmacol 1981; 73: 725–7.
- 18 Sumikawa K, Ishizaka N, Suzuki M. Arrhythmogenic plasma levels of epinephrine during halothane, enflurane, and pentobarbital anesthesia in the dog. Anesthesiology 1983; 58: 322-5.